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# WELCOME TO OUR FALL HOME IMPROVEMENT, FALL IS FOR PLANTING & LABOR DAY ISSUE

The Cortland Area Tribune, nicknamed The CAT is published and distributed every other Wednesday. Look for it at 100's of area businesses in Cortland, Dryden, Whitney Point, Groton, Homer, Marathon, Moravia, Ithaca, Tully & LaFayette. Here's some upcoming issues for you to look forward to!

**September 11 – Fall Bridal & The Cortland Area Tribune's 22nd Anniversary**Deadline 9/6

September 25 - Get Ready for Fall, Fall Antiques, Columbus Day & Fire Prevention Week

Deadline 9/20

October 9 - Fall/Winter Car Care & Halloween PLUS Fall & Winter Travel Guide

Deadline 10/4

October 23 - Restaurant & Catering Guide

Deadline 10/18

**November 6 - Pre-Thanksgiving & Black Friday** 

Deadline 11/1

November 20 – Thanksgiving, Black Friday & Get Ready for Winter

<u>PLUS</u> Last Minute Gift Guide Insert

Deadline 11/15

**December 4 - Christmas** 

Deadline 11/29



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# THE DESPAIR IS NEVER-ENDING, YET I REMAIN SILLY

Have you ever seen a clever bumper sticker on someone's car in front of you at the red light or fast food drive-thru and thought, "That's a good one"! Do you have one on your car that's worth sharing?! The newest addition to The CAT is quotes from Bumper Stickers! If you have one to share with our readers, please email it to tcatribune@gmail.com or call them in to 607-844-8228

# The Cortland Area Tribune P.O. Box 67 • Dryden, NY 13053 (607) 844-8228 • tcatribune@gmail.com cortlandareatribune.com • Est. 2002



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#### TRIVIA QUESTIONS

See if you know the answer without looking it up! Answers in the back.

- 1. What is the most common type of roofing in the US?
- 2. What is the name of the useful extra counter space that isn't connected to a wall?
- 3. What does US code require for the maximum spacing between spindles on a deck rail?
- 4. You just installed a shower and there is a gap between the shower and the wall. What would use to seal this joint?

#### **CHECK OUT THE BUSINESS SERVICE GUIDE!**

Easily accessible at the back of the paper! Growing with every Issue! Take this handy pull-out 4 page directory with you in your car and leave it in your glove box for quick reference! Area businesses are listed alphabetically by services. When you patronize the businesses listed in the directory, please tell them you saw them listed in The CAT! Shop local and save gas!

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VISA DISCOVER



#### FREEDOM FARMS

By Jaxyn Boyce

Established in 2020, Freedom Farms sits on 180 acres of land and continues to expand. The owners, Dana Cavalea, a former New York Yankees World Strengthening and Conditioning Coach, and his wife Lauren, a former Executive Assistant for ABC News, demonstrate the passion for hard work and the American dream. Freedom Farms represents proud patriotism and dedication to preserving the American

For example, they commit to providing quality and safe foods. While continuing, to build a community and sanctuary from the stress of a problematic food system and believe the food system is a problem as food-related illnesses or diseases continue to rise resulting from commercial farming and fertilizers with chemical sprays with bioengineered foods. Freedom Farms instead offers natural, healthy foods to its

In total, they own 150 cattle and hundreds of pigs, plus goats, sheep, ducks, and chickens. During the Thanksgiving season, they also raise turkeys. Now, they deliver to customers nationwide. Their vans showcase their logo for local deliveries in the tri-state area, Long Island, Westchester, and Connecticut.

Annually, they host Freedom Fest in September as an appreciative thank you to all customers. The event is on September 14th of this year. Raising animals naturally in a pasteurized environment sets them apart from competitors. Their beef is grass-fed, the pork is pasture-raised, and the chickens, as well as, turkeys, roam freely. Located at 237 Ott Road, in Greene, NY, their phone number is (631)-793-5633. Freedom Farms also has a website, wearefreedomfarms. com, and can be contacted by email at wearefreedomfarms@ gmail.com. Finally, Freedom Farms stands by its products and continues to stand by the American way.

#### TIOGA COUNTY RABIES **VACCINATION CLINIC AUGUST 29**

Rawley Park, Richford 5:30pm -7:30pm

PLEASE VISIT PH.TIOGACOUNTYNY.GOV TO PRE-REGISTER for all Tioga County Public Health Rabies Vaccination Clinics

#### **CROWN CITY MURALFEST** SEPTEMBER 6 & 7

Cortland Corset Building 75 E. Court St. Cortland, NY

NOME ONE, COME ALL!! To the 3rd annual Crown City Mural igcup Fest. This is a FREE event (suggested \$5 donation) The event will include: Art Gallery, music, food vendors, live painting by local and regional artists, petting zoo, creative community engagement activities. The event will begin on Friday, Sept 6 with a specially curated First Friday art gallery opening on the 1st floor space from 5pm-8pm featuring artists who currently reside and make artwork in the historic Cortland Corset Building. The main event is being held outside in the space behind the building with artisans inside on the 1st floor. Let's get creative Cortland.

First Friday Cortland Corset Artist Group Exhibition Friday, Sept. 6 from 5 PM - 8 PM. Crown City Mural Fest kicks off on First Friday at the Cortland Corset Building Gallery on the 1st floor with an exhibition featuring artists and creatives with studios in the CCB. Light refreshments will be provided.

3rd Annual Crown City Mural Fest, Saturday, Sept. 7 from noon - 5 PM. Learning More & Get Involved: https://linktr. ee/crowncitymuralfest This project is made possible through

the CNY Arts Grants for Regional Arts and Cultural Engagement program thanks to a New York State Senate Initiative supported by the NYS Legislature, the Office of the Governor and administered by the New York State Council on the Arts.

#### **DRYDEN SENIOR CITIZENS LUNCH** SEPTEMBER 9

THE DRYDEN SENIOR CITIZENS WILL meet on Monday, f L September 9, 2024 at the Dryden Veterans Memorial Home, Route 13, Dryden. Lunch is served at 12:15 p.m. with announcements and a meeting starting at 11:45 a.m. The menu will be Stuffed Shells, tossed salad, Italian bread, corn, and Angel Food cake with strawberries. The meal cost is \$8.00 for members and \$9.00 non-members. The speaker will be Shirley Price of the Dryden Historical Society. She will talk about the history of the town of Dryden where she was born and raised.

The yearly DSC membership is \$10.00 and we meet on the 2nd and 4th Monday of each month. Anyone in the area 55 or older is welcome to join this great group for a delicious meal, exciting programs, and wonderful camaraderie.

Join us and bring a friend!



#### 31ST ANNUAL POTATO FEST SEPTEMBER 21

13261 Route 38, Richford

THE RICHFORD HISTORICAL SOCIETY WILL host the 31st Annual  $3\mathrm{pm}.$  Come check out the new display cases in the old graded schoolhouse and we have some great entertainment lined up. We are still accepting vendors to set up in the schoolyard. If you or someone you know is interested in a space, contact Tammy Sherwood at (607) 223-9429 for information. Come on down for a spud-tacular time! Follow us on Facebook for





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Nightingale's

## **TULLY LAKES HARDWARE**





#### **TACKLE FALL PROJECT'S WITH TULLY LAKES HARDWARE**

ROM WINTERIZATION PROJECTS TO BACKYARD cleanup—Autumn is a busy time to get both indoor and outdoor projects done before the snow starts flying!

#### Fall Decorating

Nightingale's has locally grown Fall mums and flowers ready to go- perfect for decorating your entryway or adding some seasonal curb appeal to your front lawn. Fall mums may be left in their pot if watered regularly, or re-potted into a larger container using a potting soil amended with some garden fertilizer. Special end-of-the-season sales on flower pots will be available as long as mums are in stock! Mums can also be planted directly into the ground, and depending on the site conditions and severity of the winter can return next year as a tender perennial.

#### Winter Readiness

As Fall temperatures arrive, keep your home warm and comfortable-Nightingale's has everything you need to weatherize your windows and doors to better insulate your home for winter weather. Hardwood Stove Pellets are stocked and available by the ton and by the bag. Nightingale's is currently carrying DryCreek pellets and offers the option for home delivery. Call for current pellet pricing and delivery options. As colder weather sets in, you can also find the latest styles in winter boots from Dry Shod, energy-efficient space heaters, humidifiers, bagged firewood, fireplace and woodstove supplies, and winter gloves!

Stop in and let Nightingale's friendly staff help you tackle all your Fall projects! Located in the Village Plaza, next to the Tully Post Office. Nightingale's is open seven days a week. Monday-Friday 8am-7pm, Saturday 8am-5pm, Sunday 9am-4pm.





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New this year is the energy tax credit you can qualify for by choosing our Enlightened Style cellular shades. There are guidelines you have to meet which are not difficult to meet. Call for an appointment and I'll go through the process with you. You can get a rebate of up to \$1200.00.

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# "Who Get's Grandma's Yellow Pie Plate?"

Join us at the Age Well Center 165 Main St., Cortland September 12th from 3-4pm

Presented by Susan Kerr, retired Washington University Professor

This presentation gives strategies on how to protect your family relationships when passing on personal possessions. Few families escape making decisions about passing on personal possessions. While it may seem simple, decisions about personal property can be challenging and lead to serious family conflicts.



Call Cortland County Office for Aging at 607-753-5060 to register

The Cortland County Office for Aging is sponsored by the Cortland County Legislature in conjunction with the New York State Office for the Aging under Title III of the Older Americans Act of 2020, as amended.

# NEW YORK STATE Draft Horse Club Sale

**October 4, 2024** 

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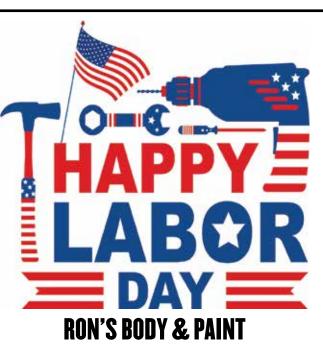


607-753-0300



5356 US Route 11 Homer, New York

Wishing Everyone a Safe & Happy Labor Day!



PLANNING A ROAD TRIP FOR Labor Day weekend?! Schedule your vehicle for new tires and a tune up or an oil change before you hit the road! Call Ron's Body & Paint in Cortland for all of your automotive services at 362 Route 13 to schedule your appointment at the Cortland location 607-662-4543. Since 1989, Ron Stanley and family have been offering the absolute finest in contemporary automotive services at their one-stop vehicle service center in Marathon at 31

Cortland Street (607-849-6898) and both locations are providing the same great services Ron's Body & Paint has been known for. They are also a Tesla Certified Repair Shop! Why would you ever need to call Ron's Body & Paint? Here are five reasons to call!

One: they are the largest body shop in the area, and the place to call for body and paint work done using a state-of-the-art downdraft paint booth and waterborne paint. Plus, loaner cars are available.

Two: they are a full-service center that handles everything from brakes, inspections, and oil changes.

Three: 24-hour towing for all vehicles, tractors, and heavy and light vehicles. Complete with AAA roadside service.

Four: they have 35+ years of experience, featuring mechanics who are all licensed.

Five: because they are a locally-owned business with 2 locations to serve you. Ron's Body & Paint, on Cortland Street in Marathon, and on Route 13, across from Elm Tree Golf Course in Cortland.

And of course, your satisfaction is always guaranteed. ASK RON ABOUT A LOANER CAR WHILE YOUR COLLISION REPAIR WORK IS DONE!

Follow them on Facebook! Check out their specials on their website <u>ronsbodyandpaint.com</u>



## CORTLAND COUNTY TRIVIA FROM THE CORTLAND COUNTY HISTORICAL SOCIETY

In the Last Issue of the CAT, we asked if you knew which of the towns in Cortland County is named after a Roman poet. If you guessed Virgil, you are correct.

Cortland County is part of the Military Tract which was land given to soldiers after the American Revolution as payment for their service in the war. The Military Tract was surveyed and parceled out into towns which were then broken into lots of about 600 acres each. Soldiers were given 600 acres or more, depending upon their rank. Many of the names used for towns in the Military Tract were taken from famous Greeks and Romans, like Virgil, the poet whose major works included the Bucolics (or Eclogues), the Georgics, and the Aeneid.

How many years has the Homer Fire Department been in





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#### **DECORATE YOUR HOME. GARDEN & PORCH FOR FALL**

ND THERE IS NO BETTER time or place to do it than during fall at Valley View Gardens and The Cinnamon Apple Cottage We have loads of lovely plants to spruce up your garden and porches. Many items on sale in the nursery including fruit trees, hydrangea, shrubs, boxwoods, and more!

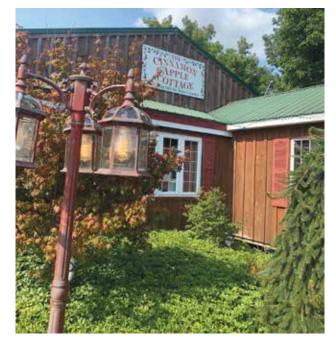
Valley View Gardens and The Cinnamon Apple **Cottage** are a must see for your Fall Landscaping and Home Decorating projects! Gorgeous mums are arriving soon and we are stocked with a wonderful selection of Ornamental Trees, Shrubs and perennials! Our shade trees are gorgeous! Flowering Hydrangeas like "Limelight" "and "Pinky Winky" are in flower and will make lovely dried flower arrangements to decorate inside your home all fall and winter long! Many perennials and Ornamental grasses are in full flush - favorites for their late summer and early fall blossoms!

#### Landscaping

Planning a family reunion or an end of the season backyard barbeque? Create a refreshing new look for that garden party by adding our beautiful, large 9" & 12" Jumbo Mums! Something new! Large Tri-color mums are available to give striking color to your autumn landscape! Valley View Gardens Nursery is abounding in luscious plant materials waiting to be planted such as flowering Lilacs, Crab-apples, Spireas, Weigela, Nine-bark, Ornamental Pear trees and so much more! Evergreens, such as White Pine, Hemlock, Spruce, Juniper and Cypress are available now!

The fall is a perfect time to landscape your home! The cool Fall season, followed by a gentle Spring season will guarantee your plants become established by next summer. Valley View Gardens can increase the value of your home with an eyecatching landscape design and installation. We have been providing professional landscaping service and quality plant material in the Central New York area for almost 30 years. Your satisfaction is our standard.

If you prefer to do-it-yourself, Valley View Gardens has a wide selection of trees, plants, and shrubs to meet all of your landscape needs and the expertise to guide you along the way. Our selection is quite diverse, ranging from a variety of





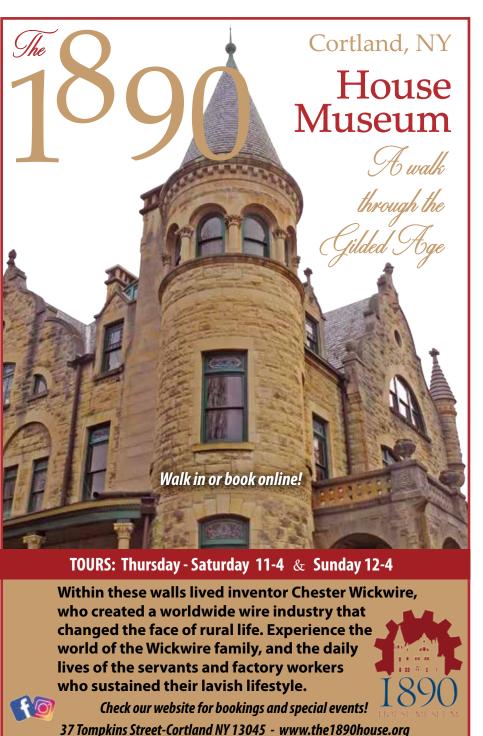
shrubbery, Topiaries, Maples, Oaks, Weeping Ornamental Trees, Fruit Trees and for a splash of color, you can add Ornamental Grasses, Hosta, Daylilies, Perennials, Mums, Ornamental Cabbage and Kale!

#### **Home Decor**

Enchanting gifts abound at the Cinnamon Apple Cottage Gift Shop. Do some early shopping for Autumn Decor and Christmas presents! Design that 'unique' gift that reflects the 'personal' touch: a basket of assorted jams and baked goods; and quaint and comforting gifts for that special someone!

The old fashioned "General Store" filled with a selection of Amish jams, salsas, as well as, framed art, inspirational plaques, luscious candles, as well as an assortment of lovely wreaths, garlands, potpourri and handmade gifts fill every room. The Cinnamon Apple Cottage contains a special section with gifts for the outdoors-man and nature lover, the home decorator and those who are looking for inspirational décor or gifts. Check out our child giftware! Your loved ones will love the unique items that are chosen for them! Or, better yet, choose something for yourself! An enchanting gift shopping experience awaits you at The Cinnamon Apple Cottage!

Hours are Monday through Friday 9-5 and Saturday 9-4. We are closed on Sundays. If you have any questions, please call us at 607-749-3130. Help us celebrate "Fall" at Valley View Gardens Nursery and the Cinnamon Apple Cottage Gift Shop! Gift certificates are available! Start your holiday shopping now and save! We are closed Monday, September 2nd, Labor



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By Jaxyn Boyce

HUTE'S WATER SYSTEM AND WELL Drilling has been a family-Operated business since 1963, when Howard Shute and his brother-in-law, Warren Shetler, first opened the business. Originally named Lafayette Well Drilling, Howard Shute carried the business alongside his sons; Mark, Neil, and Scott, and its reputation for many years until Howard Shute officially retired at almost 80 years. Scott Shute and Matt Farkas continue the effort of providing safe and clean water. The office is run by Scott's wife, Becky, and Mark Shute's daughter, Jill. Satisfied customer recommendations and glowing reviews are attributed to Shute's Water Systems and Well Drilling's success.

Now serving the CNY's areas, including Syracuse, Baldwinsville, Cortland, Cazenovia, Chittenango, Canastota, Fayetteville, Auburn, Tully, Lafayette, Marcellus, Manilus, Camillus, and Skaneateles. Scott Shutes mentions, "With years of experience, our team will assess your needs and create a custom water system plan or repair that's right for you."There are tests to determine the specific needs of a customer, and the basic water analysis of hard metals is free. For a more detailed survey, called the Water quality indicators (WQI), there is the option to test for microorganisms and bacteria. Shute's Water Systems conducts the test, and the results are then sent to a lab. They stress the importance of well-testing as the lasting effects can lead to health problems.

There are a few things to keep in mind when determining the quality or purity of the water. Examples are; recent





construction, location, maintenance, the water source, and any septic floods that could cause leakage into the well. These area contaminants vary upon location as well. Shute's Water systems have Ultraviolet filters, Chlorination and Filtration setup, and Carbon and Sediment filters. If water is determined to be hard, there are also conditioning treatments available, like; reverse osmosis, salt-based or salt-free, dual water tank softener, or a magnetic water descaler.

Shute's Water Systems can provide installation and maintenance on water pumps and storage systems. Any brand is available and can be maintained. However, a brand manufactured in the Auburn and Seneca area, Goulds, is a popular choice. In addition, Shute's Well Drilling is a fourgeneration business, with Mark and his son Jeff overseeing. Both experienced and reliable, the benefits of private well water can provide financial benefits, as well as cleaner water overall. Free from water bills, and the toxins public water can carry, Shute's Well Drilling installs quality wells for its customers. Their slogan is, "Quality Water From Your Well To Your Faucet!" Shute's Well Drilling is located on Highway 20, in Lafayette. They can be reached at (315) 952-4113. Shute's Water System is also located in Lafayette on 5684 Route 20. To schedule an appointment, they can be reached at (315) 677-5552.



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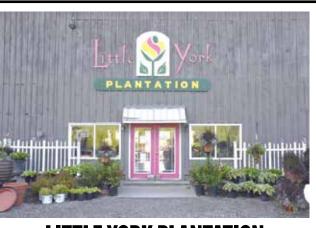
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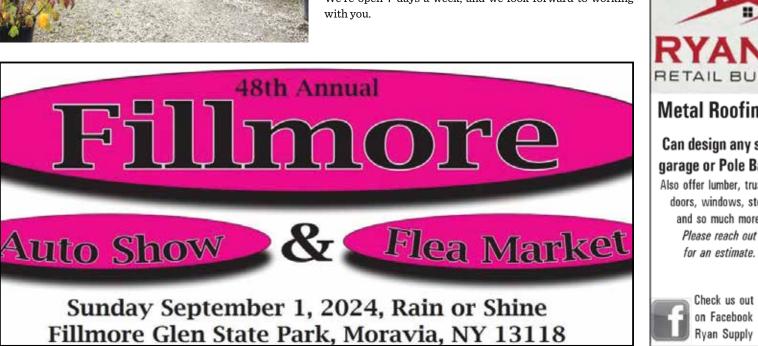
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# PUZZLES & GAMES

### **WORD FIND**

Find the 'Home Improvement' related words below! Can you find them all? Good luck! Check our next issue for the solution!

b	е	S	а	0	r	S	i	е	S	d	0	g	i	I	S	а
h	u	е	I	I	i	V	m	t	r	е	n	u	d	е	d	d
r	r	i	d	а	W	g	а	a	W	i	d	0	t	d	0	i
n	a	S	I	n	a	i	n	m	ı	i	0	a	i	0	a	0
а	r	n	i	d	r	W	g	i	a	W	V	t	r	m	r	m
е	n	0	n	S	е	е	а	t	r	0	i	p	S	е	n	m
n	0	i	t	C	u	r	t	S	n	0	C	n	t	r	r	i
g	m	t	b	a	S	е	m	е	n	t	0		d	е	I	a
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	p	S	g	m	a	S	0	n	r	y	r	S	i	r	r	C

basement • estimate • renovate • hammer • screwdriver • drill • fence • garage addition • remodel • landscape • plumbing • construction • lumber • electrician paint • ladder • plaster • masonry • engineer • builder • fabricator • welder concrete • insulation • stairs • railing • saw • windows • wood • flooring

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4	6						1	
		3			9		8	
1	7			5				
			9					6
			8	4	2			
9					3			
				8			9	1
	2		1			8		
	9						3	4

# LASTISSUE'S PUZZLES

#### **SUDOKU**

2	4	9	1	7	6	3	5	8
5	8	7	9	3	2	1	6	4
3	6	1	5	8	4	7	2	9
6	1	4	3	9	8	2	7	5
8	3	2	6	5	7	4	9	1
9	7	5	4	2	1	6	8	3
1	5	6	7	4	9	8	3	2
4	9	8	2	6	3	5	1	7
7	2	3	Я	1	5	g	1	6

#### THIS ISSUE'S TRIVIA ANSWERS

- 1. Asphalt Shingles
- 2. Island
- 3. 4"
- 4. Caulking

## **WORD FIND**



# DROP OFFS

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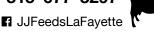
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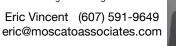
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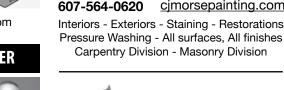
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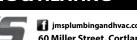
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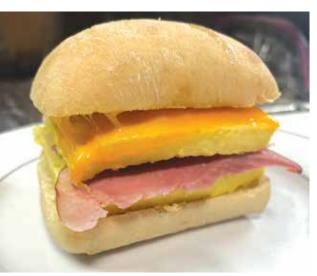




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# CREATURE FEATURE OH BOY-OR GIRL!?

OME FOLKS CLAIM THAT WHITE-TAILED deer fawns can be sexed based on the arrangement of their spots—specifically, that

male fawns have straight lines of spots along their backs, while females have either scattered or zigzag patterning. Funny enough, there is also an old verse conveying the exact opposite advice: "Spots in a row, it may be a doe. Spots all amuck, it's likely a buck." So which is correct?

Turns out neither, as both are merely myths and completely inaccurate. While deer savvy folks may discern fawn gender with some degree of accuracy based on head shape—males typically have boxy shaped skulls, while females have rounded (photo shows male fawn on the right)—the surest way to identify the gender of young fawns is to look between their hind legs.

It is possible, however, to determine the sex of *older* fawns by looking between their ears! Let me explain.

When male fawns are around 2 months old, small, fur-covered bumps, called 'pedicels,' begin growing on the frontal bone of their skulls. These are not true antlers but will form the base from which the antlers will grow when the deer are approximately one year old. Meanwhile, at around 6 months of age, these cute nubbin-topped young 'uns are called "button bucks."

Article by Margie Manthey Photo by Yvette Barnes

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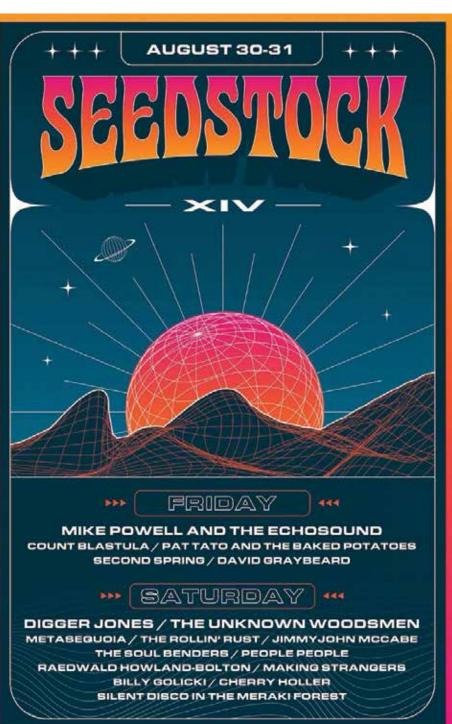
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