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WELCOME TO OUR FALL HOME IMPROVEMENT, FALL IS FOR PLANTING & LABOR DAY ISSUE

The Cortland Area Tribune, nicknamed The CAT is published and distributed every other Wednesday. Look for it at 100's of area businesses in Cortland, Dryden, Whitney Point, Groton, Homer, Marathon, Moravia, Ithaca, Tully & LaFayette. Here's some upcoming issues for you to look forward to!

September 13 – Fall Bridal & The Cortland Area Tribune's 21st Anniversary Issue

Deadline 9/8

September 27 – Get Ready for Fall, Fall Antiques, Columbus Day & Fire Prevention Week Issue

PLUS Fall & Winter Travel Guide Deadline 9/22

October 11 – Fall/Winter Car Care & Halloween Issue Deadline 10/6

October 25 – Restaurant Guide/Catering & Pre-Thanksgiving Issue Deadline 10/20

November 8 – Thanksgiving & Black Friday Issue Deadline 11/3

November 22 – Get Ready for Winter, Winter Sports Enthusiasts & "For Kids" Holiday Issue

PLUS Last Minute Gift Guide Insert Deadline 11/17

December 6 – Annual Christmas Issue Deadline 12/1

December 20 – Merry Christmas, Happy New Year & Health/Fitness Issue

Like us on Facebook Want more timely local news & community events? Search for us: "The Cortland Area Tribune"

BUMPER STICKER OF THE ISSUE SURELY AFTER A MILKSHAKE HAS BEEN SHAKEN, SHOULDN'T IT BE CALLED A MILKSHOOK?

Have you ever seen a clever bumper sticker on someone's car in front of you at the red light or fast food drive-thru and thought, "That's a good one"! Do you have one on your car that's worth sharing?! The newest addition to The CAT is quotes from Bumper Stickers! If you have one to share with our readers, please email it to tcatribune@gmail.com or call them in to 607-844-8228

The Cortland Area Tribune P.O. Box 67 • Dryden, NY 13053 (607) 844-8228 • tcatribune@gmail.com cortlandareatribune.com • @tcatribune

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TRIVIA QUESTIONS

See if you know the answer without looking it up! Answers in the back.

1. What's a popular alternative to real hardwood flooring?

2. What's one important thing your contractor should have?

3. In construction cost surveys, how much money is the average small kitchen remodel?

4. What part of a home remodel can you do without much experience to save a little money?

CHECK OUT THE BUSINESS SERVICE GUIDE!

Easily accessible at the back of the paper! Growing with every Issue! Take this handy pull-out 4 page directory with you in your car and leave it in your glove box for quick reference! Area businesses are listed alphabetically by services. When you patronize the businesses listed in the directory, please tell them you saw them listed in The CAT! *Shop local and save gas*!

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Visit our newspaper online! Each issue is posted online, along with additional content we couldn't squeeze into the printed issue! *Also find us on Facebook and Twitter (@tcatribune)*!

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THE CORTLAND AREA TRIBUNE August 30 – September 12, 2023 Dog Hollow Christmas TreeFarm FALL CREEK UPHOLSTERY JOYCENKIRK@GMAIL.COM SEPTEMBER 9 **JOYCE 607-844-9983** Horse Drawn Wagon Rides by **CNY CARRIAGE COMPANY** WALT 607-229-2129 Wagon Rides...\$10 Many Crafts & Artisans! Call for appointment 袮 Food & Drinks available! **PM** Banjo music by Justin Goodband from 1-3pm! Horseback Trail Rides! 607-844-9983 See our Facebook page 5932 DOG HOLLOW ROAD | CUYLER, NY | 607-345-6881 for more information! **DIESCHER FARMS** or Reall CORTLAND, NY Good BBQ **Growers of sweet corn** for wholesale and retail "We sell the market for over 60 years!

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O **THE CORTLAND AREA TRIBUNE** August 30 – September 12, 2023

CORTLAND COUNTY TRIVIA FROM THE CORTLAND COUNTY HISTORICAL SOCIETY

IN THE LAST ISSUE OF the CAT, we asked you if you knew what year the fountain was added to Courthouse Park in Cortland. The fountain in Courthouse Park was installed in 1986 at a cost of \$37,500. The idea of adding a fountain to the park was floated for more than a decade before it came to fruition. The Cortland Beautification Council and the Bicentennial Committee proposed a new fountain in Courthouse Park that would pay homage to the original fountain that graced the grounds of the Cortland Normal School. The Normal School occupied the space where the Cortland County Courthouse stands today, and the original fountain was likely built in 1867 when the school was constructed.

The proposed new fountain was designed by Cortland architect Carl H. Wendt and reflected the hills and valleys of Cortland County in its graceful design. Streams of water were to rise 10-12 feet above the base which was to be made of natural native stone.

Fundraising efforts fell short, and the project remained in limbo until an anonymous donation of \$10,600 reinvigorated the discussion. Efforts to find additional information to detail the journey from this large donation to completion of the fountain project were unsuccessful. We would be happy to learn more if you have additional documentation of the construction of this popular water feature in downtown Cortland. Please be sure to drop us a note at info@cortlandhistory.org if you would like to share information.

Do you know what group of Cortland siblings worked in vaudeville together?



VARNA VOLUNTEER FIRE COMPANY Celebrates its 70th year

By Jaxyn Boyce

The Varna Volunteer Fire Company celebrates its 70th year, being established in 1953. The fire department covers or assists other areas like; Ellis Hollow, the Hamlet of Varna, and nearby communities. These dedicated firefighters are often the first on the scene with an approximate response time of five to ten minutes.

Varna first responders provide both interior and exterior fire rescue. Similarly, they provide Basic Life Support (BLS), along with any medical assistance resulting from non-firerelated calls. An example of this would be a car accident. Other services include; roadway assistance, hazardous material calls, meaning smoke or gas, and flooding support using pumps to remove excess water. Search and rescue can happen during a fire or a nature-related incident.

Most volunteers are New York State Emergency Medical Service (EMS) accredited and all members have more training than the minimum Federal Emergency Management Agency training. There are educational opportunities open to the public such as; CPR, First Aid, and BLS certification. In the past, this company has participated in a citizen preparedness course to educate how to respond during an emergency. Also, there is an annual open house open to the public where they can learn more about the hardworking members who serve to protect the community. Recently, this department was awarded \$121,000 to purchase new equipment, and funded by FEMA. Varna Fire Department is in constant need of support to upkeep the quality they provide to locals.

As an outreach program for future firefighters, they help support the Dryden Summer Fire Academy Camp. Their purpose is to educate the public and possibly provide the information that may help save a life. However, there is also a dunk tank event that occurs in Ellis Hollow. These devoted firefighters have saved and continue to save its residents for over 70 years. The Varna Volunteer Fire Company is located at 14 Turkey Hill Road. For more information, their website is <u>varnafire.org</u>, and their Facebook page is listed as Varna Volunteer Fire Co. They can also be reached at the number (607) 273-2407.

MARATHON'S 1890 UNION FAIR SEPTEMBER 9

$Downtown\,Marathon$

MARATHON'S 1890 UNION FAIR IS a quaint small town fair reminiscent of a bygone era. Complete with vendors, baked goods, antique & quilt displays, produce, jam and flower contest, horse-drawn parade, live auction, music, and an oldfashioned horse pull. The Peck library host its bi-annual book sale and the shops on Main Street all join in on the festivities. No admission. It's a wonderful event, perfect for the whole family.



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CROWN CITY MURALFEST 2023 SEPTEMBER 1 & 2

Sept 1 5PM - 8PM Sept2 1PM - 6PM Cortland Corset Building 75 E. Court St. Cortland, NY FREE event (suggested \$5 donation)

The event will include:

- Art Gallery
- Music
- Artisan Vendors
- Food vendors
- · Live painting by local and regional artists
- Petting zoo
- Creative community engagement activities

The event will begin on Friday, Sept 1st with a specially curated First Friday art gallery opening on the 1st floor space from 5pm-8pm featuring artists who currently reside and make artwork in the historic Cortland Corset Building. Light refreshments will be provided. The main event is being held outside in the space behind the building with artisans inside on the 1st floor. We have been working hard for the last 6 months to transform the yard space and install an art park completely and we cannot wait to welcome you to be involved in the process! We are looking for volunteers, donations, artists and creative enthusiasts. Let's get creative together, Cortland! Crown City Mural Fest is a continued effort to engage the community through community arts cultivation. For information on how you participate please flow this link: https://linktr.ee/ crowncitymuralfest

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9AM - 1PM

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'MUMS' THE WORD! DECORATE Your Home, garden & Porch for Fall!

AND THERE IS NO BETTER time or place to do it than during September at Valley View Gardens and The Cinnamon Apple Cottage We have loads of lovely plants to spruce up your garden and porches. Many items on sale!

<u>Mums</u>

Valley View Gardens and The Cinnamon Apple Cottage are a must see for your Fall Landscaping and Home Decorating projects! Gorgeous mums have arrived and we are stocked with a wonderful selection of Ornamental Trees, Shrubs and perennials! Our shade trees are gorgeous! Flowering Hydrangeas like "Limelight" "and "Pinky Winky" are in flower and will make lovely dried flower arrangements to decorate inside your home all fall and winter long! Many perennials and Ornamental grasses are in full flush - favorites for their late summer and early fall blossoms!

<u>Landscaping</u>

Planning a family reunion or an end of the season backyard barbeque? Create a refreshing new look for that garden party by adding our beautiful, large 9" & 12" Jumbo Mums! Something new! Large Tri-color mums are available to give striking color to your autumn landscape! Valley View Gardens Nursery is abounding in luscious plant materials waiting to be planted such as flowering Lilacs, Crab-apples, Spireas, Weigela, Nine-bark, Ornamental Pear trees and so much more! Evergreens, such as White Pine, Hemlock, Spruce, Juniper and Cypress are available now!

The fall is a perfect time to landscape your home! The cool Fall season, followed by a gentle Spring season will guarantee your plants become established by next summer. Valley View Gardens can increase the value of your home with an eyecatching landscape design and installation. We have been providing professional landscaping service and quality plant material in the Central New York area for twenty eight years. Your satisfaction is our standard.

DIY

If you prefer to do-it-yourself, Valley View Gardens has a wide selection of trees, plants, and shrubs to meet all of you landscape needs and the expertise to guide you along the way. Our selection is quite diverse, ranging from a variety of shrubbery, Topiaries, Maples, Oaks, Weeping Ornamental Trees, Fruit Trees and for a splash of color, you can add Ornamental Grasses, Hosta, Daylilies, Perennials, Mums, Ornamental Cabbage and Kale!



Home Decor

Enchanting gifts abound at the Cinnamon Apple Cottage Gift Shop. Do some early shopping for Autumn Decor and Christmas presents! Design that 'unique' gift that reflects the 'personal' touch: a basket of assorted jams and baked goods; and quaint and comforting gifts for that special someone!



The old fashioned "General Store" filled with a selection of Amish jams, salsas, as well as, framed art, inspirational plaques, luscious candles (with scents like "Hot Apple Pie" and "Butter and Maple Syrup") as well as an assortment of lovely wreaths, garlands, potpourri and handmade gifts fill every room. The Cinnamon Apple Cottage contains a special section with gifts for the outdoors-man and nature lover, the home decorator and those who are looking for inspirational décor or gifts. Check out our child giftware! Your loved ones will love the unique items that are chosen for them! Or, better yet, choose something for yourself! An enchanting gift shopping experience awaits you at The Cinnamon Apple Cottage!

Hours are Monday through Friday 9-5 and Saturday 9-4. We are closed on Sundays. If you have any questions, please call us at 607-749-3130. Help us celebrate "Fall" at Valley View Gardens Nursery and the Cinnamon Apple Cottage Gift Shop! Gift certificates are available! Start your holiday shopping now and save! We are closed Monday, September 4th, Labor Day.

Looking forward to serving you at Valley View Gardens Nursery and the Cinnamon Apple Cottage this Fall!



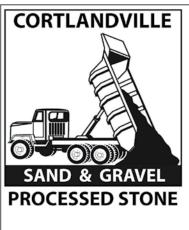
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THE CORTLAND AREA TRIBUNE August 30 – September 12, 2023



WELCOME IN FALL AT NIGHTINGALE'S TULLY LAKES ACE HARDWARE

▼ ETTING READY FOR COOL FALL days and autumn projects? **J**Tully Lakes Hardware has everything you need and the best brands from Ace!

From giving tired summer planters a fresh Fall makeover, to winterizing your house, stocking up on wood pellets or end of season work on your lawn & gardens - Nightingale's can help you get started.

Fall grilling, tailgating and campfire season is here and Tully Lakes Ace Hardware is your place for the best brands in barbecue! We carry a big selection of grills from Weber, Traeger, Blackstone and more, plus all the fuel and accessories you need and great bonus deals for Ace Rewards members. If you're thinking of replacing an old grill or just wanted to expand your outdoor cooking with a smoker or pizza oven- stop by the grill department to see the expansive selection of options and newest technology in outdoor barbecue. Or even better, see some grills in action and taste the possibilities at one of Nightingale's Flavor Fest Demo days!

Do you have other projects to freshen up your house with a new color or clean coat of paint? Nightingale's carries a full line of Benjamin Moore paints, including Regal, Aura and Element Guard , and Ben. So choose one of their 3500 colors and give your house a new look.

Keep your yard and garden looking their best with a beautiful selection of flowering mums, ornamental corn and kale, fall flowers, and decorative grasses.

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THE CORTLAND AREA TRIBUNE \mathbf{OO}

August 30 – September 12, 2023



MCBRIDE, BACON AND COMPANY

By Jaxyn Boyce

THE MCBRIDE, BACON AND COMPANY, is a successful excavation company, with family ties since the 1960's. It is currently owned by Cal Bacon and Teddy McBride. Dedicated to the Cortland community, McBride, Bacon and Company represents skilled experience and the "We get the job done" motto.

They provide a range of services like; excavation, septic installation and repairs, and snow removal. In addition, other services include; driveway maintenance, small scale site work, and drain tile installation. Also, mulch, gravel, and topsoil can be delivered. Their topsoil is known as the best in the county. McBride, Bacon and Company appreciate their customers and recognize the client's needs to get the job done.

Both veterans and law enforcement can receive ten percent off their purchase as a thank you for their service. This year excavation jobs booked by the end of this year also receive ten percent of their total purchase. The company supports community events and has sponsored the local scholastic and the kid's rodeo events. Their participation and sponsorship are youth oriented, however, McBride, Bacon and Company share the passion for helping locals. Located on 1349 Fisher Ave., in Cortland, they are open from nine a.m. to five p.m. every day, except Sunday. To learn more, the Facebook page is listed as the McBride, Bacon & Company LLC. For other information, they can be reached at (607) 591-1306, or (607) 345-1030. McBride, Bacon and Company is committed to helping out, and are the new sheriffs in town for all demolition and excavation needs.

Attention Business Owners

Would you like to have an article with photos printed about your business?! *Call Judy Kilmer at 607-227-0606 or email tcatribune@gmail.com to find out how!*



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A FAMILY TREE WITH DEEP ROOTS

Shute's Water Systems and Shute's LaFayette Well Drilling has been a family-run business serving Central New York for more than 50 years, drilling wells, installing pumps and treating problem water.

Originally known as LaFayette Well Drilling, established in 1963 by Howard Shute, and brother-in-law, Warren Shetler, both the business and their reputation grew





over the years. Shute continued on with the business after Shetler decided to pursue other interests.

Shute was then joined by his sons, Mark, Neil and Scott. Howard Shute retired at nearly 80 years of age while his sons continued the family tradition of providing safe and pure water to the community.

Today, Shute's Water Systems is run by Scott Shute and Matt Farkas, and Shute's Excavation is run by Todd Shute. Scott's wife Becky runs the office with Mark Shute's daughter Jill. The family attributes the majority of its continued success from recommendations it receives from satisfied customers.

Shute said many municipal water systems contain calcium and magnesium, which as "hard" substances, form scale and create problems in water heaters, dish washers and plumbing systems.

Water purification can include the removal of iron, sulfur, chlorine and bacteria in a chemical-free process. Softening the water is also important and has many benefits, not only for family members, but for plumbing systems and appliances too.

"Uncontaminated water is essential for good health," Shute said. "Foul-smelling or unusual odors from your when running hot water.

Shute said the danger lies in a gradual chemical reaction

"Hydrogen sulfide gas will corrode plumbing metals such as iron, steel, copper and brass, and the exposed metal parts in appliances such as dish washers and washing machines" Shute said. "Also, corrosion of iron and steel pipes from ferrous sulfide, or 'black water,' that can darken everyday tableware, discolor copper and brass utensils and alter the appearance and taste of cooked foods."

Additionally, Shute said, sulfur water can make washing clothes more difficult.

Shute's Water Systems can assure customers that these hazards and more can be avoided or remedied using its time-tested, ecological systems

Shute's offers a free water analysis that will help lead to great-tasting and healthy water from the tap. Located in LaFayette, Shute's Water Systems can be reached at (315) 677-5552, or visit <u>ShutesWaterSystems.com</u>.

See its ad on the front page of this edition of the Cortland Area Tribune.



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water should make you question your water's quality and safety."

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Stacy Salanger, DNP, FNP-C, CCRN

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Mon Ami Aesthetics



FALL IS FOR PLANTING LITTLE YORK PLANTATION

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E ALL GET EXCITED WHEN Spring comes. The snow banks melt away. The warm days bring rebirth. We are ready to plant something...ANYTHING in the garden. We are starved for lush green foliage and beautiful colors. We can hardly wait to get to the garden center and purchase the most beautiful plant on the shelves.

After everything is planted and tended for a few weeks, the long hot and sometimes dry days of summer lull us into taking for granted the lush foliage and the colorful flowers that inspire us in spring. The busy activities of summer entice us into forgetting the hard work put into all those beautiful plants that we took home in May.

In August we notice things are beginning to change. Some of the leaves of our plants are not as bright and lush as they were when we brought them home. Even the trees on the hillsides have a different cast to the leaves. We are woefully reminded that winter is coming and it's time to stop focusing on our gardens.

But OH! Wait! FALL is the VERY BEST TIME of year to plant AND the VERY BEST TIME to prepare your garden for the coming spring. FALL IS FOR PLANTING...And that's a FACT!

So why is Fall the VERY BEST time of year to plant?

1. The roots are preparing for winter, storing energy and gaining strength to support the new growth that will inspire us in the coming spring. Fall plantings gain almost a full season of root growth and prepare the plant to withstand the hot, dry conditions of the coming summer. Spring plantings require



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the plant to spend its first 6-8 weeks just concentrating on developing that root system.

- 2. The air is cooler in the fall yet the soil temps are still very warm encouraging that root growth. The roots continue to grow as long as the soil is not frozen and in some years that's well into January.
- And where did all the insects go? Fall is ordinarily a time when there are very few insects stressing the plant. They are also preparing for winter. FALL garden cleanup is extremely important to help prevent insects the next season.
- Fall ordinarily brings natural rains, lessening your burden to water. Pay close attention to newly planted evergreens. They prefer to go into winter with enough moisture to sustain their leaves during the winter months.
- 5. And most of all, it's fun to get out in the brisk air and warm soil

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doors • basement • estimate • architect • renovate • hammer • screwdriver drill • fence • garage • closets • remodel • landscape • plumbing • construction lumber • electrician • paint • ladder • plaster • masonry • tile • weld • concrete insulation • roofing • bathroom • kitchen • nails • fabrication • fence • deck • porch

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SUDOKU

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7	2	4	3	5	1	9	8	6			

THIS ISSUE'S TRIVIA ANSWERS

- 1. Laminate wood flooring
- 2. A license

3. A small size kitchen around 200 square feet costs an average of \$19,000

4. Demolition

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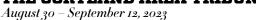
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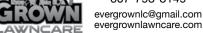
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SUMMERHILL BREWING LLC

14408 NY 90, Locke (607) 591-6148 summerhillbrewing.com

UMMERHILL BREWING, LLC CELEBRATES 7 years of beer this Nyear on Saturday September 16th. The craft brewery opened their tasting room door on September 16, 2016 in the owner's garage. The family-owned farm brewery expanded to their current location (14408 NYS 90) in May of 2019. The expansion included a kitchen, increased seating and plenty of outdoor space with a tent and covered 3 season porch. It is an easy drive and located between Locke and Homer on scenic NYS Route 90 in the historic Town of Summerhill. Summerhill Brewing brews a variety of small batch craft ales and has an amazing line up of fine local wines, hard ciders and soft drinks. The kitchen serves house made artisan pizzas and soft pretzels with their beer cheese or maple Dejon mustard

69% average decline in wildlife populations since 1970, says new World Wildlife Fund report. See the report with Google search: 69% average decline WWF Endangered Animals



on Fridays and Saturdays. Tacos, nachos and taco salad are available on Thursdays with beer pint specials. An award-winning brunch is a real treat on Sundays with their delicious beer and wine cocktails. There is free live music yearround on the outdoor stage. under the tent or in the tasting room. Summerhill Brewing was again voted Finger Lakes Favorite Best Brewery this year. They also received Best Brunch this year. The Brewery also hosts a variety of events and if you or your group is looking for a place to meet, give them a call. The owners and staff provide a fun, warm and welcoming atmosphere for customers to relax, rewind and renew with others and the community. Check out their website for hours, schedules, beers, menus, events, and story at summerhillbrewing.com. You can also find them on Facebook and Instagram. Summerhill Brewing, LLC is definitely "Worth the Trip Up the Hill" and only 10 minutes from Homer, Cortland, Groton and Moravia areas; 20 minutes from Lansing; 30 minutes from Ithaca and Auburn; and 45 minutes from Syracuse and Binghamton.



CREATURE FEATURE BEAUTY QUEEN

TROLL ALONG ANY RURAL ROAD this month and you'll likely Nspy Queen Anne's Lace, a classic summer wildflower. Queen Anne's Lace is also called Wild Carrot, Bishop's Lace, and Bird's Nest Flower. Its blooms are comprised of frothy clusters of tiny white flowers that curl inward after the plant goes to seed, forming a shallow cup resembling a bird's nest.

Despite its familiarity, Queen Anne's Lace is not native to North America but to Afghanistan and adjacent regions where it spread to parts of Europe. European settlers then brought the plant to North America for use as a medicinal herb. Historically, it's been used in traditional Chinese medicine and by different Native American tribes, and was also used to treat wounded soldiers during the Civil War. Today, herbalists still use teas, extractions, and infusions made from various parts of the plant. However, using Queen Anne's Lace without proper knowledge can be dangerous. Allergic reactions like blisters and dermatitis have been reported. Also, the plant looks similar to other members of the carrot family that are highly toxic, including Poison Hemlock and Water Hemlock, which can cause paralysis and death.

Legends differ as to how this wildflower got its regal name. One traces the moniker back to Saint Anne, the maternal grandmother of Jesus and the patron saint of lace-makers. Another points to Britain's Queen Anne [1574 - 1619] who often wore lacy medallion patterns reminiscent of its showy blooms. Supposedly, during the 18th century, Queen Anne II challenged her ladies-in-waiting to tat pieces of lace more exquisite than the flower - but none could match the Beauty of Mother Nature's original.

Article & photo Margie Manthey

Tully Community Day

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