

WELCOME TO OUR SPRING HOME IMPROVEMENT, THINK SPRING & GO FISHING ISSUE

The Cortland Area Tribune, nicknamed The CAT is published and distributed every other Wednesday. Look for it at 100’s of area businesses in Cortland, Dryden, Whitney Point, Groton, Homer, Marathon, Moravia, Ithaca, Tully & LaFayette. Here’s some upcoming issues for you to look forward to!

April 5 – Spring Motorcycle/Car Care & Easter Issue
PLUS 51ST ANNUAL CNY MAPLE FEST
Deadline 3/31

April 19 – Pre-Mother’s Day, Lawn & Garden Issue
PLUS SPRING & SUMMER TRAVEL GUIDE
Deadline 4/14

May 3 – Mother’s Day, Pre-Memorial Day & Airbnb Issue
Deadline 4/28

May 17 – Memorial Day & Dairy Days Issue
Deadline 5/12

May 31 – Summer Car Care, Local Race Tracks & Pre-Grad/Dad Issue
Deadline 5/26



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“The Cortland Area Tribune”

BUMPER STICKER OF THE ISSUE

JUST BURNED 2,000 CALORIES. THAT’S THE LAST TIME I LEAVE BROWNIES IN THE OVEN WHILE I NAP.





Have you ever seen a clever bumper sticker on someone’s car in front of you at the red light or fast food drive-thru and thought, “That’s a good one”! Do you have one on your car that’s worth sharing?! The newest addition to The CAT is quotes from Bumper Stickers! If you have one to share with our readers, please email it to tcatribune@gmail.com or call them in to 607-844-8228

The Cortland Area Tribune

P.O. Box 67 • Dryden, NY 13053

(607) 844-8228 • tcatribune@gmail.com

cortlandareatribune.com • @tcatribune



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TRIVIA QUESTIONS

See if you know the answer without looking it up!
Answers in the back.

1. What projects will help make your home more secure, according to experts?
2. What home improvement project recouped the largest percentage of its cost at resale?
3. What is the name of the building material that is made of concrete but painted to emulate stone?
4. If you add a fireplace in a new addition, you will need to add a way to expel the exhaust or gases. What is the name of the pipe or duct you should install?

CHECK OUT THE BUSINESS SERVICE GUIDE!

Easily accessible at the back of the paper! Growing with every Issue! Take this handy pull-out 4 page directory with you in your car and leave it in your glove box for quick reference! Area businesses are listed alphabetically by services. When you patronize the businesses listed in the directory, please tell them you saw them listed in The CAT! *Shop local and save gas!*

CORTLANDAREATRIBUNE.COM

Visit our newspaper online! Each issue is posted online, along with additional content we couldn’t squeeze into the printed issue! Also find us on Facebook and Twitter (@tcatribune)!

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51st Annual

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CNY Maple Festival

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2023

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1/4 pg	3.9" wide x 4.8" tall	BLACK & WHITE \$225 COLOR \$275
1/8 pg	3.9" wide x 2.325" tall	BLACK & WHITE \$125 COLOR \$160
1/16 pg	3.9" wide x 1.075" tall	BLACK & WHITE \$65 COLOR \$85

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A Bit About The Cortland Area Tribune...

The Cortland Area Tribune, nicknamed The CAT, is a free bi-weekly newspaper offering affordable advertising rates since 2002. 24 to 32 pages per issue! Distributed every other Wednesday in Cortland, Tully, Lafayette, Groton, Homer, Dryden, Marathon, Whitney Point, Moravia and Ithaca. Each issue has a new theme to go with the season or suggested topics - such as DAD/GRAD, EASTER, CHRISTMAS, NEED FOR SPEED, PAMPER YOUR PETS, CAR CARE MONTH, BRIDAL and more!

The CAT's popular 4 pg pull-out biz/service guide only \$99/3 months per listing. Includes 1 FREE 1/16th pg black & white ad inside with new and/or renewed listings! Plus discounted advertising rates while listed in the biz/service guide. Biz are listed alphabetically by services. Full color ads also available!

FREE online classifieds (articles for sale only) e-mailed - a gift to our readers!

Community events, local happenings, business profiles & more are featured in The CAT.

Front page advertisements include a FREE article and pictures printed inside about their biz! It's like getting 2 ads for the price of one!

Don't miss out! Inform the community about YOUR business! Folks are curious about what's inside The CAT - call or email for a rate brochure plus upcoming dates and deadlines.

Judy Kilmer, Publisher

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TRAVEL GUIDE WILL ALSO BE ONLINE AT CORTLANDAREATribune.COM



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**Helping your loved ones reclaim all that life has to offer.
Caring for the ones who cared for you.**

Hope, connectedness, purpose, and joy. These are all qualities that we want to maintain throughout our lives. But as our loved ones begin to age, it can quickly become apparent that, in order for them to experience all that life has to offer, they may require some additional help. Choosing to find care for your loved ones doesn't have to be negative – but it's important that you find someone you can trust. We're here to help you do that.

Initiating a conversation. Positive and productive.
These are the two words to keep in mind when discussing your loved ones' need for care. Instead of approaching it as "The Conversation," treat it as an ongoing series of chats. Remember to address one issue at a time rather than trying to resolve everything at once. Below are additional tips for starting discussions:

- Begin early when your parents' health allows them to fully share their wants, needs, and preferences.

- Choose a time and place that makes everyone comfortable. Avoid special family occasions or events with time constraints so that you can have a relaxed, unhurried conversation.
- Make the experience non-threatening by letting your parents know you're concerned for their wellbeing and want to help.
- Offer options, not advice. Pose questions, listen, and offer more than one acceptable solution.

Maintaining peace, joy, and comfort at home.

It's normal if your first thought is to move your loved ones to a facility. But it's important to know that moving seniors against their wishes can lead to frustration and depression. Formerly independent adults suddenly find themselves in unfamiliar and stressful environments, forced to comply with pre-set schedules. By contrast, helping them remain in their homes allows them to feel better and live fuller, happier lives. Aging in place has other benefits, not the least of which is cost savings. For those who already own their homes, growing old is often much less of a financial burden. Residence in an assisted living facility can cost hundreds of dollars per day. On the other hand, with the help of a caregiver or private duty nurse, care dollars stretch much further.

What to look for in a care provider.

With so many reputable care providers across the U.S., it can be hard to weigh the right choices for you and your family. For some agencies, caring is a job—but for others, it's a calling. How do you tell the difference?

Here are a few questions to ask:

1. How do you provide care that is geared toward physical as well as mental and emotional wellbeing?
2. How many years have you been in business?
3. How do you keep the family informed and engaged in care?
4. Do you have a method to match a caregiver to my needs?
5. Does your agency have liability coverage?
6. Are caregivers bonded and insured for theft?
7. Do your employees go through national and local background and driving checks?
8. Are all of your caregivers employees of your company (not contract workers), and are they covered by workers' compensation?

9. What is your system for tracking when caregivers arrive and leave a client's home?

10. Does your agency have a physical location where I can meet your staff and is there 24/7 phone service?

All caregivers are screened for Covid, insured and bonded. Please contact us for additional information and rates: teresanix@comfortkeepers.com.

CORTLAND HARVEST, CORTLAND COUNTY'S AGRICULTURE BRAND

CORTLAND HARVEST IS THE NEW brand highlighting locally grown and produced food and agriculture products here in Cortland County. A collaboration between Seven Valleys Health Coalition, local producers and farmers, Cornell Cooperative Extension of Cortland County, and Cortland Area Chamber of Commerce, has led to this new brand, allowing residents to easily identify when they're purchasing a locally made product.

"Cortland County has an incredible amount of locally made and grown products. We want folks buying food and other products to know that their purchases of Cortland Harvest goods are supporting their neighbors and community," said Kate Downes, project coordinator with Seven Valleys Health Coalition. "We're proud of everything that Cortland County has to offer, and we see this as an opportunity to support and feature our community."

"Cortland County is overflowing with unique assets, and it is no different when it comes to the agriculture scene. These days, travelers want to experience a 'local way of life' and trying food grown and produced food in this area is largely connected with that cultural experience. Sampling products unique to Cortland County is one of the easiest and tastiest ways to get a feel for our County, its history and traditions," said Michelle Enright, Executive Director for Cortland County Convention & Visitors Bureau. "Cortland Harvest will make it easier for individuals to find those products and help foster a greater appreciation and awareness for our local producers. The Cortland County CVB is very excited to promote this wonderful initiative and continue encouraging visitors and locals to support our farmers and producers."

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Buying Cortland Harvest labeled products supports farms, local jobs and local economies. Agriculture supports more than 250,00 jobs across the state and is integral to rural communities like Cortland County.

Cortland Harvest makes it easy to identify products that are grown and made right here.

Cortland has a rich history of supporting entrepreneurs and farmers – Cortland Harvest celebrates that history and acknowledges the importance of these businesses.

One-of-a-kind businesses are an integral part of the distinct character of our county – they are what distinguishes Cortland County from other rural areas.

Farms and businesses are owned by neighbors, friends, or family members who are invested in building their base here. Cortland Harvest celebrates the pride we have for these producers who support a strong tax base, support strong schools and emergency services.

Cortland Harvest also helps recognize the unique businesses and farms we have here in the county. With a variety of businesses and farms attracting diverse employees, they are helping to build a strong community.

“Buying local makes sense in every way. Local producers are supporting our local economy, paying local taxes, and employing local people. Buying locally can save on shipping and storage. And, buying locally grown and produced food tastes better, without the producer worrying about extending the food’s shelf life,” said Bob Haight, President and CEO, Cortland Area Chamber of Commerce.

Keep an eye out at local shops for the Cortland Harvest label! Cortland Harvest: Rooted in our land, growing our community. To find where you can buy local products, check out the Local Foods Map! <https://www.sevenvalleyshealth.org/cortland-county-local-foods-map>

If you are interested in learning more about having the Cortland Harvest label in your store or on your product, contact Kate Downes at Seven Valleys Health Coalition, kate@sevenvalleyshealth.org for more information.

DRYDEN SENIOR CITIZENS LUNCH MARCH 27

THE DRYDEN SENIOR CITIZENS WILL meet on Monday, March 27, 2023 at the Dryden Veterans Memorial Home, Route 13, Dryden. Lunch is served at 12:15 p.m. with announcements and a meeting starting at 11:45 a.m. The menu will be Chicken and Biscuits, tossed salad, squash, and lemon bars. The meal cost is \$8.00 for members and \$9.00 non-members. The entertainment will be John Harrington from Lafayette, NY singing a variety of oldie songs to thrill our souls.

The yearly DSC membership is \$5.00 and we meet on the 2nd and 4th Monday of each month. Anyone in the area 55 or older is welcome to join this great group for a delicious meal, exciting programs, and wonderful camaraderie.

Join us and bring a friend!



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GROWING UP IN THE SMALL town of Newfield, Justin began mowing for several neighborhood locals and slowly falling in love with the art of lawn care maintenance. There was just something about taking a yard and turning it into his own personal masterpiece that he found so satisfying. He slowly began dreaming up an idea for his own personal lawn care business, but was still in college for another few years. Once he graduated from college he returned to Newfield where he would begin the planning of Evergrown! After finally getting the business setup and running it part-time on the side of his full-time job for about a year, he met his future best friend and business partner, Josh. Justin and Josh both shared a

deep love and appreciation for the lawn care and landscaping trade, so it did not take long for these two gentlemen to realize that they were meant to do this together. Now both men are determined to provide the absolute best, top notch services for their communities, all while building quality, long-lasting relationships with their clients.

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Creature Feature

NORTHERN SAW-WHET OWL

THE NORTHERN SAW-WHET OWL is one of the world’s smallest owl species, measuring just 7 - 8.5 inches tall. It has mottled brown and white plumage, a round head that appears too large for its body, a grey facial disk, and a pale “Y” between its eyes. This little owl occupies dense coniferous and hardwood forests throughout North America but is rarely detected due to its nocturnal nature and cryptic coloration.

The Saw-whet is one of just a few owl species that migrate seasonally, heading south in autumn and returning to its breeding range in spring. It is one of our most frequently banded owls – it flies low during migration and along narrow flight corridors, resulting in a concentration of Saw-whets within a small area. Licensed banders trap the bottlenecked birds in fine-mesh nets, then take various measurements before releasing them. The data helps increase our understanding of Saw-whets.

Silently roosting by day, the Saw-whet stirs at dusk to hunt mice and other small creatures with impressive accuracy. Prey is often cached, and in winter, the owl sits on frozen food to thaw it out. It nests in natural tree cavities and holes excavated by woodpeckers and squirrels. The female handles

incubating and brooding, while the male does the hunting. Soon enough, he becomes a single dad, because when the owlets are around 18 days old, their mother departs and rarely, if ever, returns to care for them. Father Saw-whet remains devoted and feeds his young for at least one month after they fledge.

Article by Margie Manthey
Photo by Rob Julien



APRIL 15 & APRIL 16, 2023

THE CNY MAPLE FESTIVAL is located in one of America’s best small Towns-MARATHON! The 2023 Maple Festival will celebrate the Marathon Community’s 51st Maple Festival! The Maple Festival is a long standing testimony to the Community’s willingness to work together. The Festival has become a spring time tradition not only in the Marathon Community but it has become a tradition for the thousands of guests who look forward to being in Marathon each spring. From the earliest settlers collecting sap in wooden buckets to the modern producers using a tap line, the customs, stories, and traditions of making maple syrup will be shared on Maple Festival weekend. With two generations of Maple Festivals now under their belt, the Marathon Community has achieved some customs of their own. If it is spring time, it is time to be in Marathon, to enjoy one of nature’s sweetest gifts. From pancakes dripping with the sweetness of maple syrup to maple bacon infused with that goodness, don’t miss this annual event. All things maple lead to Marathon, where folks will be welcoming you!



CORTLAND COUNTY TRIVIA

FROM THE CORTLAND COUNTY HISTORICAL SOCIETY

IN THE LAST ISSUE of the CAT, we asked if you knew the name of a Homer native who served as the New York Secretary of State. Homer born Horatio Ballard was a lawyer, and he not only served at the New York Secretary of State from 1862-1863, but he also served as a member of the New York State Assembly in 1867.

Ballard was born in Homer in 1803 but lived most of his adult life in Cortland where he died in 1879. Horatio Ballard received some of his education from the Cortland Academy, and he later studied law with Judge Henry Stephens of Cortland. After passing his bar exam, he partnered with Judge Stephens in Cortland.

Ballard was the author of a series of newspaper reminiscences that recalled the early history of Cortland County. Ballard was an important ally for the city of Cortland when there was a push to bring a New York State Normal School to the city. Horatio Ballard was able to use his influence as a former New York Secretary of State to help ultimately win a normal school for Cortland. Ballard had an ally for this endeavor. There was another former New York Secretary of State from Cortland, and they worked together on this goal. That gentleman’s name was Henry Stephens Randall.

What was the original name of Floral Avenue?

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SEVEN VALLEYS HEALTH COALITION TO HOST GO TO MARKET SERIES FOR FARMERS & PRODUCERS

AS A WAY TO HELP local producers and farmers grow their farm and food ventures, Seven Valleys Health Coalition (SVHC) and the Center for Agricultural Development & Entrepreneurship (CADE), have partnered to host a five-part series starting in April. Often the process of bringing a value-added product to market is filled with multiple barriers - marketing know-how, time, etc. This series, boasting both virtual and in person components, will help participants start the branding and marketing process. The learning series starts on April 6, and commences May 30.

Join CADE staff for a deep dive into your go to market strategy. Covering topics in the branding and marketing world this five-part course will prepare students to strategize their marketing plan to ensure it speaks to the brand, provides diversity (a-hem...resiliency), room for growth and sustainability. Students will leave the course with a comprehensive marketing plan that supports your goals and that can take you to market -- wherever that is for you.

The series, taught both via Google classroom and in-person will allow participants to share their experiences and learn from each other and CADE staff. In-person discussions will happen every two weeks, with individual work averaging about three-hours each week, outside class/discussion time.

Every participant who completes the entire series, including attending all sessions, will receive a certificate of completion, and a Cortland Harvest kit. Cortland Harvest is the new Cortland County brand highlighting locally grown and produced food and agriculture products.

Register for the class here (<https://forms.gle/SWQ9Xq9akYAapJXJ9>). Registration closes April 3.

The Center for Agricultural Development and Entrepreneurship (CADE) is a 501(c)3, not-for-profit organization whose mission is to increase the number and diversity of successful farm enterprises and related businesses in upstate New York. CADE seeks to build a vibrant food system in which locally owned agricultural businesses

thrive and consumers are nourished by healthy, sustainably produced food. Visit our website at cadefarms.org and sign up for our mailing list to stay informed about our workshops and other CADE activities.

To learn more about Cortland Harvest, or other Seven Valleys Health Coalition projects, visit www.sevenvalleyshealth.org. For any questions, contact Kate Downes, kate@sevenvalleyshealth.org or call 607-756-4198.

MAPLE SUGARIN' DAY AT LIME HOLLOW MARCH 25

9AM to 1PM
Lime Hollow Nature Center
338 McLean Road, Cortland

LOVE MAPLE SYRUP!? LOVE PANCAKES!? Want to know more about the process of making delicious syrup from trees right here in Cortland!? Join us for a family-friendly, outdoor pancakesyrup-alooza! We'll taste sap running right out of the tree, sample delicious jack wax in our own Sugar Shack, and enjoy delicious pancakes with local syrup! We'll stay warm with hot chocolate and local coffee from Coffee Mania. Educational programming with be provided by the OCM BOCES New Visions Environmental Science class who have spent the last few months tapping trees, making syrup, and learning all about the maple sugaring process! PLEASE NOTE: THIS IS A 100% OUTDOOR EVENT. Food served: 9am to 1pm. Syrup demonstrations: 9am to 2pm. Members: Individuals \$6. \$15 for a family of 3 or more. Nonmembers: Individuals \$8. \$20 for a family of 3 or more. Phone/Fax: 607-662-4632 OR email info@limehollow.org.


Trails are open dawn to dusk daily and accessible from several trailheads. Visitor Center is open Monday-Friday, 10am-5pm & on select weekends. Providing year-round environmental education and recreation opportunities through the utilization and protection of the natural and cultural resources of the Lime Hollow area. Register for this event at limehollow.org Register Now!



CORTLAND REPERTORY THEATRE DOWNTOWN HOSTS TRIVIA NIGHT

CORTLAND REPERTORY THEATRE DOWNTOWN, LOCATED at 24 Port Watson Street in Cortland, is hosting "Third Thursday Trivia" on Thursday, April 20 at 7PM. This monthly "mini fundraiser" has been a staple on CRT's schedule for a number of years and is open to all ages. Hosted by CRT's Producing Artistic Director Kerby Thompson, the night consists of six rounds of five questions each in a variety of categories. Teams are comprised of not more than 4 people each, with an admission price of \$5 per person. A beer/wine cash bar is available, and free popcorn is offered at each table. Prizes are offered for each round with a grand prize for the winning team of the night.

CRT encourages patrons to visit www.cortlandrep.org to see the list of upcoming shows and events this spring at CRT Downtown, and the list of the summer productions scheduled for the Little York Pavilion in Preble. CRT is currently selling 5-show summer subscriptions along with 5- or 6- pack Flex Passes. The 5-show subscription allows the patron to see all 5 summer productions; the Flex Passes allow the purchaser to choose the shows they'd like see. Special pricing is available for Youth (22 and under) Flex Passes. CRT's new Gift Cards are available for any dollar amount and have no expiration date. Individual summer tickets will go on sale starting May 22, at the CRT Box Office. Discounts on summer tickets will be available for seniors (62 and up), military/veterans and first responders. Current box office hours are Mon-Fri, 9-4; summer hours will be extended starting on May 22 to Mon-Fri 9 - 6, Saturdays noon-6. For more information or to purchase tickets, call 800-427-6160.



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A FAMILY TREE WITH DEEP ROOTS

SHUTE'S WATER SYSTEMS AND SHUTE'S LaFayette Well Drilling has been a family-run business serving Central New York for more than 50 years, drilling wells, installing pumps and treating problem water.

Originally known as LaFayette Well Drilling, established in 1963 by Howard Shute, and brother-in-law, Warren Shetler,



both the business and their reputation grew over the years. Shute continued on with the business after Shetler decided to pursue other interests.

Shute was then joined by his sons, Mark, Neil and Scott. Howard Shute retired at nearly 80 years of age while his sons continued the family tradition of providing safe and pure water to the community.

Today, Shute's Water Systems is run by Scott Shute and Matt Farkas, and Shute's Excavation is run by Todd Shute. Scott's wife Becky runs the office with Mark Shute's daughter Jill. The family attributes the majority of its continued success from recommendations it receives from satisfied customers.

Shute said many municipal water systems contain calcium and magnesium, which as "hard" substances, form scale and create problems in water heaters, dish washers and plumbing systems.

Water purification can include the removal of iron, sulfur, chlorine and bacteria in a chemical-free process. Softening the water is also important and has many benefits, not only for family members, but for plumbing systems and appliances too.

"Uncontaminated water is essential for good health," Shute said. "Foul-smelling or unusual odors from your water should make you question your water's quality and safety."

Many families throughout Central New York use well water as a source of drinking water and for all its household needs. Unfortunately, water containing hydrogen sulfide gas has a distinctive "rotten egg" odor which is especially noticeable when running hot water.

Shute said the danger lies in a gradual chemical reaction

"Hydrogen sulfide gas will corrode plumbing metals such as iron, steel, copper and brass, and the exposed metal parts in appliances such as dish washers and washing machines" Shute said. "Also, corrosion of iron and steel pipes from ferrous sulfide, or 'black water,' that can darken everyday tableware, discolor copper and brass utensils and alter the appearance and taste of cooked foods."

Additionally, Shute said, sulfur water can make washing clothes more difficult.

Shute's Water Systems can assure customers that these hazards and more can be avoided or remedied using its time-tested, ecological systems

Shute's offers a free water analysis that will help lead to great-tasting and healthy water from the tap. Located in LaFayette, Shute's Water Systems can be reached at (315) 677-5552, or visit ShutesWaterSystems.com.

See its ad on the front page of this edition of the Cortland Area Tribune.



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absolute finest in contemporary automotive services at their one-stop vehicle service center in Marathon at 31 Cortland Street (607-849-6898) and both locations are providing the same great services Ron's Body & Paint has been known for. They are also now a Tesla Certified Repair Shop! Why would you ever need to call Ron's Body & Paint? Here are five reasons to call!

One: they are the largest body shop in the area, and the place to call for body and paint work done using a state-of-the-art downdraft paint booth and waterborne paint. Plus, loaner cars are available.

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And of course, your satisfaction is always guaranteed. ASK RON ABOUT A LOANER CAR WHILE YOUR COLLISION REPAIR WORK IS DONE!

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SPRING HAPPENINGS AT NIGHTINGALE'S TULLY LAKES HARDWARE

AT NIGHTINGALE'S TULLY LAKES HARDWARE, the arrival of baby chicks into the store is a sure sign that Spring is just around the corner. This year, Nightingale's will offer a special opportunity for Ace Rewards Members to come into the store on Saturday April 1st between 10am-2pm to have their children's portraits taken with baby chicks. A digital photograph will be sent to them following the portrait day.

Current Ace Rewards customers can just stop in between 10am-2pm to see the baby chicks and have a photo taken. Not a rewards member yet? It's easy to sign up and enrolling in the program only takes a minute. Rewards customers enjoy earning coupons as they shop, instant rebates on many of the top brands, special customer perks—like photos with baby chicks!



Nightingale's Tully Lakes Hardware store in the Village of Tully carries a wide variety of Spring necessities for home and garden. We have everything you need for raising poultry—including supplies, Nutrena and Keystone Feeds and more! Also Spring seeds are here along with starter pots, soils and garden tools! We also carry the best brands in outdoor power equipment- like Husqvarna, Ego, Milwaukee, Craftsman and more. Sister store of family-owned Nightingale Mills, which has operated in Marcellus for generations, Tully Lakes Hardware seeks to offer the local community a wide variety of home improvement and country living needs that go beyond just hardware.

Spring Portrait Day



Ace Rewards Customers Can Get a Spring Portrait with Baby Chicks!

Sat April 1st 10am-2pm

NEW CHICK checklist

Tips for getting started with new chicks!

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	BEDDING		LIVING QUARTERS





HOMER FIRE STATION

By Jaxyn Boyce

FOUNDED IN 1873 THROUGH TRIUMPH Hose number one, it has continued to grow, adding two additional companies: Tioughnioga Hose Co. No. 2, and West Side Co. No. 3. The building that now stands in the center of town has served as the official site since 1941. Including Homer, it also serves Scott, Summerville, and the center of Cortlandville. In an upcoming event, this community symbol will be celebrating its 150th anniversary. Among other things, this department has also held field days featuring bands and tow trucks. It can also be seen in the well-known Homer parades. They often hold fundraisers, like the chicken barbecue, to continue helping citizens.

Before the upcoming spring season, they want to alert the public to some common safety reminders. For example, during this snowy and rainy season be careful when driving and avoid icy weather. However, when spring does approach they want people to remember to check their carbon monoxide and smoke alarms, making a note to replace any old batteries that could affect their function. Starting March 16th, a fire ban will be in place to prevent wildfires, with a limited window of fire approval.

Most commonly, Homer Fire station sees medical emergencies ranging from a heart attack to an assortment of other illnesses. With their great service and dedication to the community, the number of annual fires has significantly decreased from previous years. They can be heard by the blasting horn that alerts everyone that they're responding to an emergency. Homer Fire Department stands for trust, commitment, and loyalty to protect and serve its people.

New words-only, 1/32nd page ad — 50-word maximum. Single font at a single size. \$20 for one-time run. 4 for \$75 — run consecutively, no changes. Payment must be included. No exceptions! Great for classifieds or businesses on a budget! Call 607-844-8228 or email tcatribune@gmail.com today to place your ad!



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Saturday, March 25th, 2023

**Halves or Full Dinner.
From 11:00 am until gone!**

Prices:
* **Dinner - Mac Salad, Salt Potatoes, Cole Slaw & Roll.....\$12.00**
or
* **Chicken Halves only.....\$8.00**

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Cortland Country Music Park & Campground
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Cortland, N.Y. 13045
First come, first serve 607-753-0377

10th ANNUAL 3k WALK / RUN



SATURDAY MARCH 25th, 2023

Administered by the HOMER ELKS LODGE #2506
Race starts at 9:00 a.m.
at Homer Elks Lodge
82 Cortland St. Homer, NY 13077

- Entries received before March 6th are \$20 & guaranteed a T-shirt
- Entries received after March 6th are \$20 (Shirts first come, first served until gone)
- **RACE DAY ENTRIES ARE WELCOME UNTIL 8:40 a.m & WILL BE \$30**

FACILITIES: Restrooms are available at the Homer Elks

RACE PACKETS: Packets picked up at the Homer Elks on the morning of the race from 8:00 a.m. - 8:40 a.m.

CONTACT: Mike Browngardt - homerelks3k@yahoo.com
www.homerelks3k.com

CAT

PUZZLES & GAMES



WORD FIND

Find the ‘Home Improvement’ related words below! Can you find them all? Good luck! Check our next issue for the solution!

c	n	c	o	d	o	w	h	c	c	s	f	o	m	e	l
c	r	a	a	n	i	m	p	r	o	v	e	m	e	n	t
b	l	a	d	d	e	r	t	s	n	n	n	e	m	a	r
l	r	o	e	t	a	m	i	t	s	e	c	c	c	i	e
u	n	l	s	n	n	t	o	e	t	l	e	r	s	l	m
h	o	u	s	e	f	n	p	h	r	a	u	n	e	s	o
g	i	s	e	m	t	a	o	s	u	o	o	l	r	t	d
n	t	e	l	e	c	t	r	i	c	i	a	n	u	i	e
i	i	l	m	s	i	e	r	u	t	c	u	r	t	s	l
b	d	g	d	a	b	l	g	a	i	a	b	t	x	u	u
m	d	n	o	b	s	r	v	r	o	t	l	c	i	s	m
u	a	i	s	l	o	o	t	t	n	p	b	u	f	l	b
l	t	h	e	u	n	c	n	i	d	o	o	r	s	b	e
p	e	s	t	e	e	g	a	r	a	g	i	w	n	n	r
d	d	e	r	l	a	p	c	s	y	t	e	p	e	p	i
s	d	r	e	d	l	i	u	b	l	e	o	e	g	r	w

doors • basement • estimate • renovations • tools • fence • garage • closet
structure • addition • remodel • landscape • plumbing • construction • lumber
electrical • paint • ladder • nails • masonry • builder • fixtures • grout • tile
power • home • concrete • insulation • house • improvement • shingles • shed • electrician

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		2	7	9			1	4
			1					
1	5		2				7	9
				7			4	6
		7				9		
6	9			5				
4	3				1		8	5
					9			
8	2			4	7	6		

LAST ISSUE'S

PUZZLES



SUDOKU

2	3	6	8	7	1	4	5	9
5	4	8	9	3	2	7	6	1
9	1	7	4	6	5	3	8	2
3	7	2	1	5	9	6	4	8
4	6	9	2	8	7	1	3	5
8	5	1	3	4	6	2	9	7
1	8	3	5	2	4	9	7	6
6	9	4	7	1	8	5	2	3
7	2	5	6	9	3	8	1	4

THIS ISSUE’S TRIVIA ANSWERS

1. Projects that can improve home security:
fortifying locks, installing a locked mailbox and
investing in a security system
2. Garage door replacement
3. Faux stone, or stone veneer, is made from
concrete molds and painted to look like natural
stone
4. A flue helps to expel gases to the outdoors
from units such as a fireplace, stove, or boiler

WORD FIND

e	v	c	s	e	n	i	e	s	g	d	c	c	h
b	a	i	c	p	k	e	k	y	e	o	y	d	k
g	k	n	u	a	h	c	e	r	p	e	l	r	e
s	a	i	n	t	o	k	i	r	n	o	u	d	n
d	c	a	s	r	s	c	n	r	g	r	c	e	l
m	b	o	m	i	g	a	a	f	e	e	k	d	e
m	r	a	h	c	o	l	o	e	c	m	y	u	e
s	h	w	c	k	b	t	b	c	b	e	i	b	e
s	c	s	n	w	o	b	n	i	a	r	i	l	h
t	r	y	i	p	s	l	i	t	e	a	k	i	s
o	a	i	p	r	e	v	o	l	c	l	i	n	i
n	m	m	u	s	i	c	a	e	s	d	i	r	w
e	o	t	k	i	p	n	i	c	l	o	v	e	r
e	r	p	a	d	d	y	a	u	c	i	g	a	m

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Ithaca – East Hill Plaza • Wegman’s • TOPS Market

Lansing – Mirabito Convenience Store corner of Triphammer/Rt 34

Groton – Groton Pizzeria • Bun Appetit Bakery & Cafe • Gas Station

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SAT APRIL 1 • 10 AM

Bagged dinner to include non-perishable items (box scalloped potato, vegetable, dessert), refrigerated rolls and certificate for fresh ham.

Supplies for caregivers to make baskets: baskets, grass, books, small toys, candy.

HOMER CONGREGATIONAL CHURCH

28 S. MAIN ST, HOMER

ENTER FROM REAR PARKING LOT

WHILE SUPPLIES LAST

NO SIGN-UP REQUIRED

FOR MORE INFO CALL 607-749-2604

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EASTER EGG HUNT

SATURDAY, APRIL 1ST
10:00 AM @ SUGGETT PARK

'APRIL' FOOL'S DAY


HOMER SECOND SATURDAY FARMERS MARKETS

9:30am - 12:30pm
outside Phillips Free Library
June through September




Free Giveaways!
farm fresh and affordable
Family Activities and fun!

In partnership with
the Room to Grow! Cortland Project
Cortland Collective Impact Initiatives



For Vietnam Veterans & Their Families Only
(Not open to the general public)

Vietnam Veterans Remembrance Day
Sponsored by the Homeville Museum



Wednesday, March 29, 2023
10:30 AM – 3:00 PM

Central New York Living History Center
4386 US Route 11, Cortland

Free, informal gathering to honor Vietnam Veterans.
Enjoy fellowship and learn about services for veterans.

Lunch Provided – No Charge

RSVP for lunch, if possible, by March 24
homevillemuseumboard@gmail.com; 607-299-4185

Schedule:

10:30-3:00 Vendor Showcase
Visit with Cortland County VA Office, Cortland County Area Agency on Aging, Seven Valleys Health Coalition, health care providers, veterans' agencies, and more....


11:30-12:30 Welcome Ceremony
Keynote Address by Cortland County's Own Joe Sheridan
Vietnam Veteran and Author of *Angel in the Cockpit*

12:30-1:00 Book signing, Discussion, Vendor Showcase
1:00-2:00 Light Buffet Lunch
2:00-3:00 Informal Conversation, Vendor Showcase

A Vietnam memoir in tribute to Loach, Cobra, Slick, Dustoff, Crane, Chinook and Bird Dog pilots ...and 11 Bravo grunts and CREW CHIEFS...

On Amazon Books:
Angel In the Cockpit
ISBN # 9798367893915
Hard Cover, Paperback, and Kindle

Tour the Homeville Museum to see new Vietnam War displays.



Pen Friends



a program by the
Cortland County Area Agency on Aging

Dear Friends,

The Cortland County Area Agency on Aging has some great news during this stressful time! We have been accepting ideas and thinking of new ways to connect with seniors in the community. One common theme came up, a pen pal program and we are pleased to announce the creation of our new Pen Friend program! Matches will be randomized.

We hope you are excited as we are to join in and become a Pen Friend today! For more information, please contact the Area Agency on Aging at 607-753-5060.

Kind regards,

SIGN UP TODAY!!

The Cortland County Area Agency on Aging is sponsored by the Cortland County Legislature in conjunction with the New York State Office for the Aging under Title III of the Older Americans Act of 2016, as amended.

Cortland and Guthrie: Connected by Commitment

From 1891 to 2019, the people of Cortland turned to the Regional Medical Center for the best in medical care. Cortland and Guthrie joined in 2019, aligned with both a shared history of patient-centered care and a focus on the future, through:

Education

Cortland Medical Center offered a school for nurses in the early 1900s and launched a nurse residency program in 2009. Guthrie continues to offer training in nursing and other health careers, and our medical education program offers advanced training for physicians.

Growth

Cortland's first hospital had six beds and two staff members. After years of investment in new facilities, including a mental health unit and nursing home, the Regional Medical Center had more than 200 beds when it joined Guthrie in 2019. Likewise, Guthrie has grown from its roots in Sayre, Pa., to serve communities in 12 counties across New York and Pennsylvania.

We are proud of Cortland and Guthrie's shared commitment to quality care and innovation, and we look forward to building upon our histories to create the future of health care in Cortland.

Learn more about Guthrie and its history at www.Guthrie.org/connections.



Cortland Hospital on Homer Avenue
opened in 1911

CONNECTIONS



Renzi Cancer Center at Guthrie Cortland
Medical Center opened in 2021

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