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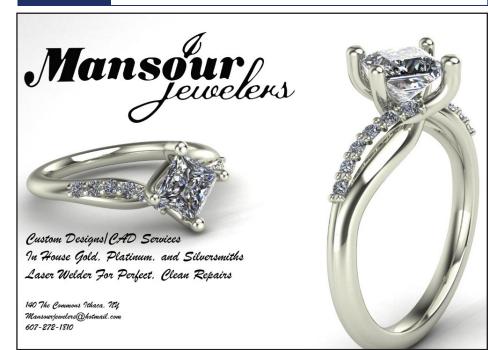














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WELCOME TO OUR BRIDAL, SUPER BOWL & TAX TIME ISSUE

The Cortland Area Tribune, nicknamed The CAT is published and distributed every other Wednesday. Look for it at 100's of area businesses in Cortland, Dryden, Whitney Point, Groton, Homer, Marathon, Moravia, Ithaca, Tully & LaFayette. Here's some upcoming issues for you to look forward to!

February 12 - Valentine's Day Issue

Deadline 2/7

February 26 - Senior Citizen (Discounts & Care Facilities) Issue

Deadline 2/21

March 11 - Spring Antiques & St. Patrick's Day Issue

Deadline 3/6

March 25 - Spring Home Improvement, Real Estate, Think Spring & Fishing Issue

Deadline 3/20

April 8 - Spring Motorcycle/Car Care, 50th CNY Maple Fest & Easter Issue

PLUS Spring/Summer Travel Guide Deadline 4/3

April 22 - Pre-Mother's Day, Lawn & Garden Issue

Deadline 4/17

May 6 - Mother's Day, Pre-Memorial Day & Airbnb Issue

Deadline 5/1

May 20 - Memorial Day & Dairy Days Issue

Deadline 5/15

June 3 – Summer Car Care, Local Race Tracks & Pre-Grad/Dad Issue

Dea dline 5/29

June 17 — Grad/Dad, Summer Music, 4th of July & Local Wine/Brewery Issue

Deadline 6/12

July 22 – BBQ & Outdoor Recreation & HOT Weather Car Care Issue

Deadline 7/17

August 5 - Need for "Speed" (Motorcycles/Cars/Race Tracks) Issue

Deadline 7/31

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TRIVIA QUESTIONS

See if you know the answer without looking it up! Answers in the back.

- 1. Who was the MVP of the first Super Bowl?
- 2. What was the first wild-card team to win a Super Bowl?
- 3. What player holds the record for most rushing yards in a single Super Bowl?
- 4. How much were the most expensive tickets to Super Bowl I?

CHECK OUT THE BUSINESS SERVICE GUIDE!

Easily accessible at the back of the paper! Growing with every Issue! Take this handy pull-out 4 page directory with you in your car and leave it in your glove box for quick reference! Area businesses are listed alphabetically by services. When you patronize the businesses listed in the directory, please tell them you saw them listed in The CAT! Shop local and save gas!

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Visit our newspaper online! Each issue is posted online, along with additional content we couldn't squeeze into the printed issue! Also find us on Facebook and Twitter (@tcatribune)!

BUMPER STICKER OF THE ISSUE I LOVE CATS...IT'S PEOPLE THAT ANNOY ME

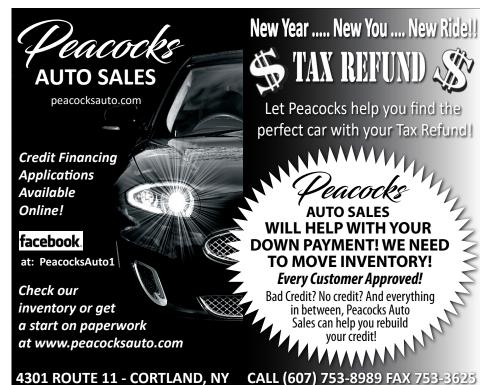
Have you ever seen a clever bumper sticker on someone's car in front of you at the red light or fast food drive-thru and thought, "That's a good one"! Do you have one on your car that's worth sharing?! The newest addition to The CAT is quotes from Bumper Stickers! If you have one to share with our $readers, please\ email\ it\ to\ tcatribune@gmail.com\ or\ call\ them\ in\ to\ 607-844-8228$





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Can't make it in to visit us in our Cortland or Ithaca office? We can do a video call through our Zoom application. The rest we can handle through Liscio. Convenient, effective, efficient. Clients who have used Liscio in the past year love the experience and so do we.



How can you get started? Go to our website at EquusCPA.com and and click on the "Get in Touch" button at the top right of

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NANCY'S BRIDAL & EVENINGWEAR

TANCY'S BRIDAL AND EVENINGWEAR LOCATED at 17 Main Street in Cortland is the place to go for upcoming formal needs. Nancy offers a nice selection of Prom dresses for the area girls to choose from. Nancy offers layaway for the girls dresses and as soon as they put a deposit on their choice, the dress doesn't get resold to another girl from that school. For brides, Nancy's offers a selection of dresses from size 6-30 for trying on. Most dresses can be reordered in size 0-34. Her bridesmaids have a wide selection to choose from with dresses from 8 different companies many of which have a large selection of colors. Whether you are looking for 1 shoulder, strapless, short sleeve or with a jacket, Nancy's Bridal and Eveningwear is the place to check out with over 1000 dresses in stock! For Nancy's customers she offers alterations, free pressing and of course layaway on every purchase. You can check out Nancy's facebook page for specials, hours etc. or call her at 607-662-



DRYDEN WINE & SPIRITS CELEBRATES 24 YEARS

TALLE VASSE, OWNER OF DRYDEN Wine and Spirits is celebrating 24 years of service to the Dryden area. Dryden Wine and Spirits offers a huge selection of foreign and domestic wines and spirits, as well as a large selection of New York State Wines and an expanding selection of New York State Spirits! We always provide free gift wrapping and a 15% case discount on wines which can be mixed and matched any way you would like including different sizes.

When you walk into Dryden Wine and Spirits, you will be greeted by a spacious and warm atmosphere and will be attended by a friendly, knowledgeable staff; both of which

contribute to a fun shopping experience. They will serve you in a personable, courteous manner and assist you in matching the most appropriate wine or spirits to your needs.

Dryden Wine and Spirits is located at 23 W. Main Street in Dryden; with parking on West Main Street plus there is ample parking in the back with access to their rear entrance. What more can you ask for when you can pull your vehicle around to the rear and Dryden Wine and Spirits staff will help you in loading cases or large quantities!

Gift sets are always available, so stop in and pick up the perfect gift set for that someone special. You can also inquire about any special orders, and we will do our best to meet your

Dryden Wine and Spirits is open from 10:15am to 9:30pm Monday through Thursday; 10:15am to 10pm on Friday and Saturday, and from 12noon to 5pm on Sunday. Stop in or call Dryden Wine and Spirits at (607) 844-8135 with any questions you may have. Help Dryden Wine and Spirits celebrate by letting them serve you! Check out our Facebook page for FREE tasting event. As always we appreciate your

On your way out the back door grab some peanuts for our resident squirrel "Murphy" she will thank you!

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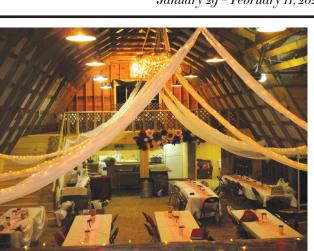
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ARLINGTON ACRES AN OLD BARN GETS A NEW LIFE

THEN KATIE JEROME GOT ENGAGED and said that she wanted to get married in her grandpa's barn, her fiance and family thought she was crazy. Hundreds of bales of hay were stacked from floor to ceiling; parts of the floor hadn't been uncovered in 50 years; wind and rain blew through the walls, and horses were still living downstairs. The barn hadn't been painted in decades, and years of hard farming had left



numerous patches and repairs. Standing on a family farm that was originally settled by family ancestors in 1862, the barn has weathered the test of time and remains a testament to the strength of love and family.

It was all-hands on deck to transform the barn into a venue fit for such a special day. This massive undertaking became a family affair, with parents, aunts, uncles and the engaged couple all contributing elbow grease. Between the 2015 engagement and the couple's wedding on June 11, 2016 the family restored the barn to its former glory. After a massive cleanout, the exterior was stained, and repairs were made. Instead of renovations, the family focused on restoration and gave new life to original features-- the granary was transformed into a bar topped with a slab of butternut found on the property; the original watering trough became a cocktail hour site and real stairs were added to the upper hayloft for additional seating and an incredible view of the



As the barn was transformed, the family thought perhaps others would be interested in holding their weddings there too. A simple Facebook page was created, and without any advertising, the interest was overwhelming. Arlington Acres hosted 10 weddings in its first year, 35 over the last two seasons, is nearly full for 2019--and already has bookings for

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The venue was named Arlington Acres in honor of the family's patriarch, Arlington Garrett, who was the last to operate the farm as a dairy until his unexpected death in 1977. Arlington was a respected and active community leader--serving 25 years as the Town Justice of Fabius, President of the Tully Masonic Lodge, deacon at the Apulia Station Methodist Church, and active volunteer fireman.

"Every time I walk into the barn I smile," says Nancy Hatch, Arlington's daughter, who grew up on the farm. "I know my dad would just love that his farm is home again to so many happy memories."

Arlington Acres continues its 150-year family-run tradition. Katie and her husband run the business side of things and coordinate the weddings, her parents give tours, maintain the grounds and staff the events. You're also likely to meet one of the many aunts, uncles, cousins and family members that stop by frequently and support the venue as well.

The sense of rustic comfort is a central theme throughout Arlington Acres Wedding Barn. Golden string light garlands wrapped around wooden beams and jumbo white paper lanterns lend the barn an air of festive magic. Above the polished butternut bar hang electric Ball jar lanterns, and the bar stools are repurposed and updated tractor seats. The ivory-clothed tables are adorned simply with burlap runners and polished wooden slabs, upon which sit fairy-lighted mason jars. The rustic down-home feeling is completed by framed historical black and white photos of different sizes that decorate the walls.

The high ceilings and the wide-open doors opposite one another on each side of the barn create a generous, clean airflow on a pleasantly breezy day; and the doors can be closed against the elements on cold winter days, where the inside of the barn stays pleasantly warm. We just completed a beautiful addition that adds a bridal suite and handicap-accessible

Outside, at the top of a nearby knoll, against the majestic backdrop of Labrador Mountain, stands a wedding arch, waiting to be decorated according to the couple's wishes. Wooden church pews acquired from Habitat for Humanity are available as outdoor seating for guests to observe the wedding ceremony. If the weather is inclement, the nuptials can be moved inside the barn and performed there, instead.

Wooden barrels with lawn chairs provide continuity to the rustic, wooden theme, bringing the inside of the barn out into the spacious green lawns of Arlington Acres. Wooden barrels and chairs are set up outside, so that guests can enjoy the stunning country views and relax beneath the stars.

Another feature unique to Arlington Acres is that the venue only books one event per weekend from June through the end of October. This gives the couple plenty of time to set up and enjoy their special day, without being rushed out of the event venue. Having the entire weekend also allows the couple to clean up on Sunday instead of Saturday night, on the tail-end of high-spirited festivities.

If you are planning your wedding, wouldn't you prefer fresh air and wide open spaces to a limited reception center adjoining a concrete parking lot? Set up a tour and book your event at the beginning of your planning process, because dates fill up fast!

Arlington Acres also hosts non-wedding events, such as graduation parties, family reunions and showers. To learn more, visit <u>www.arlingtonacresevents.com</u> or find them on Facebook at facebook.com/arlingtonacresevent.

MIKE'S FISH TANK CYCLE

THIS IS THE TIME OF year when a lot of people have fish $oldsymbol{\perp}$ tanks/aquariums for the first time. Here is some info that should help all the new fish tank owners. Keep in mind this information is basically for 10 gallon tanks and up. Any tank

under 10 gallons is very hard on fish. The reason being it is very hard to get a decent filter or heater for those small tanks.

You will probably hear the word CYCLE the tank often.

What it means when we say a tank has to cycle. There is a good bacteria that forms when fish are put into an aquarium. The bacteria that grows lives off the urine the fish produce, also known as ammonia. This bacteria eats the ammonia and converts it to nitrites. There is another bacteria that eats the nitrites, it is commonly referred to as nitrifying bacteria. That bacteria produces nitrates. The ammonia and the nitrites are the two things that are bad for fish.

The nitrates are not as bad and those you get rid of by doing a water change. Siphoning the bottom of your fish tank is important. 20% or so once a month will help keep nitrates in check. Doing too many water changes can actually be bad because you are disturbing the growth of the beneficial bacteria. That is also why it's a bad idea to completely clean everything in the tank. You will kill that nitrifying bacteria and you do not want to do that. Overfeeding your fish can cause higher loads of ammonia if the food sits on the bottom of the tank and decays. That can affect your good bacteria too.

Ammonia and nitrites can kill fish if they are too high. That is why it is so important to go easy on how many fish you put in a newly set up tank. For example if you put 12 fish in a newly setup 10 gallon tank, thats 12 fish producing ammonia and with no good bacteria in your tank yet, they are swimming in high concentrations of ammonia. It also causes your tank to be cloudy. Do just a few fish until the ammonia eating bacteria has grown, then go slow until your nitrite eating bacteria has grown. all in all I tell people it's going to take 4 to 6 weeks until your tank is cycled and you have all the beneficial bacteria you need.Go to our website and there are starting a tank care sheets. They will give you more helpful hint.



Pets A Plenty is located in the Blockbuster Video Plaza, Rte 281 Cortland, 753-9213. Open 7 days a week. We now have a website. WWW. PETSAPLENTY.BIZ. check it out. I post care sheets, coupons, new animal arrivals, contests and more. Any questions, email me at friskyy@hotmail.com

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CAYUGA HEALTH & THE SHOPS AT ITHACA MALL TO PROVIDE **WALK FOR WELLNESS PROGRAM**

AYUGA HEALTH (CH) AND THE Shops At Ithaca Mall have teamed up to provide Walk for Wellness, a new walking program at the Ithaca Mall. To make it fun and easy, foot decals have been installed throughout the Mall to help keep walkers on track while walking their way to health. One time around the inside of the Ithaca Mall is approximately one mile.







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"We met with the Cayuga Health team last year to discuss how we could remind the public how beneficial mall walking can be," states Gina Speno, General Manager, The Shops at

"Cayuga Health really stepped up by providing foot decals and a branded kiosk in the mall to assist in promoting mall walking. We are excited to launch this program - just in time for the change in weather."

Mall walking hours will be:

Monday - Saturday: 8am - 10am, Noon - 2pm, 5pm - 9pm

Sunday: 8 am - 10am [Dog walking allowed from 8-10am, must have updated shot records and be on a leash], 10am - noon,

"Walking is an excellent form of physical activity and has been shown to have numerous health benefits, states Dr. Martin Stallone, Chief Executive Officer of Cayuga Medical Center and Cayuga Health. "These include but are not limited to lowering the risk of heart disease, stroke and type 2 diabetes; having a positive impact on depression, weight, and fall risk. In addition, walking (and subsequent increased physical activity) has been shown to delay and reduce symptoms related to cognitive decline and dementia. This finding may be because malls' enclosed environments, safe walking surfaces, places to rest, convenient rest rooms, and absence of traffic offer fewer distractions to those who are cognitively challenged. A walking program allows a person who is inactive or unfit to increase their physical activity safely."

"We encourage walkers to grab a friend and walk in a safe, warm, indoor atmosphere," adds Speno. "Get a great low

impact workout, meet new friends and 'window shop' as you walk. We have free water bottles and pedometers available for anyone who wants to participate in the program. Simply register at Cayugamed.org/walk-for-wellness and pick up at The Mall Management Office, Monday through Friday 9am

The Walk for Wellness program encourages walkers to go at their own pace and as far as they feel comfortable when they first begin. Then walkers can gradually increase speed and

distance to build strength and stamina over time. Cayuga Health also offers a Blood Pressure machine located near the entrance of the movie theater. Walkers are able to test their blood pressure and check in on their health as they participate. Just get out there and follow the footpath to wellness!

About Cayuga Health Cayuga Health (CH) has two hospitals, Medical Center Schuyler Hospital, as well as a multi-specialty group, Cayuga Medical Associates. employment, Combined including affiliated organizations, is over 2,200 employees. CHS is clinically linked to Mayo Medical Laboratories, Rochester Regional Health for cardiac services, Roswell Park for cancer services, and the University of Rochester for neurosciences. It has also teamed up with Family Health Network of Central New York to enhance care in the region. For additional information, visit cayugahealthsystem.org.

About The Shops at Ithaca Mall The Shops at Ithaca Mall are located at 40 Catherwood Road, Ithaca, NY. For additional information, visit theshopsatithacamall.com.

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We invite you to try our service center at 233 Elmira Road in Ithaca. Our hours are Monday through Friday 8AM to 5PM and Saturday 8AM to 12PM. We proudly serve the surrounding communities including Ithaca and Cortland. Gift certificates available. A great idea for the hard-to-buy for person.

Stop by and say HI to the team at the front desk – Steve, Tom and John! Check us out on the web – <u>www.willcoxtirecenter.</u> com and like us on Facebook! Or give them a call 607-273-6310.

GALLERY BALLROOM

The Gallery Ballroom on the main floor is flooded with natural light. Its contemporary feel and neutral tones allow your wedding color palette to shine. Up to 200 guests can be seated comfortably inside, though the large open terrace will cause many to linger outside and enjoy to view of Seneca Lake.

FOR SMALLER EVENTS, SPACE ON THE LOWER LEVEL IN OUR NEW GRAND ROOM CAN BE RESERVED FOR GROUPS FROM 20-125.

PARTNERSHIPS

We are proud to work with local and international vendors to craft your fairy tale festivities through coordinating ceremony, rehearsal dinner, bridal shower, bachelorette party, spa retreats and area excursion connections.

The tiniest details are more than accounted for through the relationships we have with our wedding event partners. These partnerships have created a highly acclaimed team of designers, florists and musicians who work meticulously to assemble your desired atmosphere.

RESERVATIONS & INQUIRIES PLEASE CALL 607. 546. 6606 OR VISIT US AT <u>WWW.LOGANRIDGE.COM</u>.



designers, we can turn your most creative custom ideas into reality right onsite. From diamond stud earrings, one-of-a-kind pendants and rings, vintage estate jewelry, to fully restoring a precious family heirloom, we are always here to serve you. Our goal has always been, not only to help you find the perfect piece for you and your loved one, but to make the buying process easy, comfortable, and most of all, enjoyable.

Located on the beautiful Ithaca Commons, David Abdulky, his family and staff of professionals have been serving the community for nearly 40 years. Our team has always strived to educate our customers to build trust in both ourselves and our product. At Mansour's, we value your business and strive to go beyond your expectations. Building lasting relationships, based on trust and commitment, is our ultimate goal. Come visit us and let our family help yours find the perfect piece of fine jewelry for you.





WILLCOX SERVICE & TIRE CENTER ALL TIRES ON SALE

TEED TIRES?! CALL WILLCOX SERVICE and Tire and schedule an appointment for new tires to help you get through the New York snow – ask for details about rebates available.

Every car requires care throughout its life, from regular maintenance to diagnostics and repairs. That means you need a dependable service provider who you know you can count on. At Willcox Service and Tire, it's been our family's mission to be that provider since 1971. Three generations of



LOGAN RIDGE ESTATES AN ELEGANT BACKDROP AT THE FOREFRONT OF UPTOWN

OUR VOW TO YOU

Every marriage begins with the promise of "I do" - a vow to love and to cherish, from this day forth. Every wedding at Logan Ridge Estates begins the same.

We promise to honor your wishes and to cherish your dreams. We vow to care for every detail and to nourish your every wish. We commit to celebrating your commitment with the elegance and style it deserves.

At Logan Ridge Estates, we've elevated stylish weddings to a fine art. The Estate melds elegance, sophistication and warm hospitality to create unrivaled moments. To plan and to host a celebration that is both uniquely you and everything you've ever dreamed.







FLUTE TRIO MUSIC FOR ANY OCCASION

TRIO PRESTO, FROM CORTLAND, NY, is a serious (but fun!) trio lacksquare of local flute players that enjoy playing the classics, while also adding in some contemporary pieces. The trio has been playing together for many years in other groups such as the Cortland Old Timers Band, the Cortland Area Flute Ensemble (CAFÉ), and Espressivo flute quartet. They decided to branch off in 2017 to do a few concerts as a trio, and have been playing for various local events ever since. The musicians in the trio are Jane Hunter (who is a nurse for St. Joseph's Hospital by day), Terry Mingle (who is employed with both Cornell University and the National Audubon Society's "Project Puffin"), and Jeanine Rose (who is a professional mathematics tutor/supplemental instruction coordinator at SUNY Cortland). All three have been playing the flute for decades, and enjoy performing in their "spare" time. They incorporate into their performances a variety of woodwind instruments in the flute family, including the piccolo, C flute, Alto flute, and Bass flute. If you'd like to book the group, learn more about them, or see where they might be playing next, please visit them online at: tmingle08.wixsite.com/ trioprestocortland for more information. You can also look them up on Facebook: facebook.com/TrioPrestoCortland they are reasonably-priced, and would love to hear from you!

Attention Business Owners

Would you like to have an article with photos printed about your business?! Call Judy Kilmer at 607-227-0606 or email tcatribune@gmail.com to find out how!



ITHACA'S 22ND ANNUAL CHILI COOK-OFF FEBRUARY 8

Saturday, February 8 at 11:30AM to 4PM Downtown Ithaca, Ithaca, NY 14850

THE ANNUAL CHILI COOK-OFF WILL feature over 40 chili's prepared by 30+ restaurants from across the region as the restaurants compete for the titles of Best Meat/Overall Chili, Best Vegetarian/Vegan Chili, and People's Choice Chili. Patrons will also have the opportunity to sample and buy complementary food items, baked goods, sweets, and cornbread. This annual foodie festival also features a farmers market with local wineries, breweries, cideries and farmers sampling their goods, plus lively entertainment like the annual Beard and Mustache competition and fun activities for all ages. The Chili Cook-Off takes place on the Ithaca Commons and surrounding streets including Aurora Street, Cayuga Street and out in front of Moosewood Restaurant at the Dewitt Mall. While recyclable and compostable sampling containers and utensils are provided, patrons are encouraged to bring their own reusable container and spoon to help reduce what is sent to the landfill. Festive, chili hats and costumes also encouraged! Advance tickets are now on sale!! Visit https://www.downtownithaca.com/chili-cookoff/. Check our Facebook page the first week of February for a complete list of participating restaurants and schedule of entertainment.



CREATURE FEATURE THE PILEATED WOODPECKER

THE PILEATED WOODPECKER IS QUITE large (crow-sized) making it easy to distinguish from our other resident cappers. It's mostly black, with zebra-like facial stripes and a bright red crest. The male has a red forehead and red "moustache." This bird prefers unbroken swaths of older forests with plenty of decaying wood, where it uses its powerful, dagger-like bill to chisel and pry the bark off rotting trees. It then plunges its long, barbed tongue into the holes to snag carpenter ants and beetle larvae. It also eats other insect pests, fruits and nuts. If you notice a big pile of wood chips at the base of a tree or stump, or large, deep rectangular holes in a tree, these are classic signs of pileated activity. Listen for its call, a sharp "kuk-kuk-kuk!" or the deep hammering sound that is produced when it drums forcefully on trees. It mates for life; and once the female lays her eggs within a deep nest cavity - often excavated within a large tree or a standing dead tree -- both parents help to incubate and protect the eggs from predators, like tree-climbing snakes. They may even move the eggs to a new spot if the nest is no longer safe. You can support the pileated woodpecker by leaving standing deadwood "snags" on your property, which provide both food sources and nesting sites.

Article & Photo by Margie Manthey



J DALE (DALE HARRINGTON) IS a mobile disc jockey (DJ) in the Finger Lakes Region of New York. He has been specializing in weddings and karaoke for 25 plus years. DJ Dale, a native of Groton, NY began his career in entertainment at the age of 5 when he first performed in a regional theater performance. Since then Dale was heavily involved in all aspects of theater, being both on stage and working behind the scenes. While attending Ithaca College, he became involved with radio productions and worked as an on-air personality for various radio stations. After graduating from IC, Dale began working for a mobile DJ company. He eventually took over the operations and is now a renowned Wedding DJ and Karaoke host. DJ Dale has won awards for his karaoke shows (Ithaca Times Best Karaoke) and recently was acknowledged as an outstanding wedding DJ in both The Knot (Best of Wedding Winner) and Wedding Wire (Couples Choice Award). These accolades represent the highest and most rated wedding professionals as reviewed by real couples, their families and wedding guests. DJ Dale is a true entertainer and provides outstanding service for your event.

WHAT LOVE FEELS LIKE

Shana Karn Shots by Shana Photography 129 North St. Dryden (607) 345-9697

THERE ARE A HANDFUL OF times in our lives that we will feel love so pure and so deep that it will feel as though our hearts are bursting right out of our chests.

 $First \, or \, Young \, Love... \, Sure \, to \, be \, the \, most \, innocent \, love \, of them \, constant \, and \, constant \, co$

all, a first love is the rush of excitement and feeling of breathlessness that truly happens once in a lifetimepartly because first love is innocent and somewhat naive. Often, when someone falls in love for the first time, they associate their feelings with "walking on air," or "head in the clouds," or "butterflies" in their stomach. Unfortunately, first loves rarely last - not to say that they cannot, but the sad truth is that young love is more often a shortlived fairytale of youth and doesn't "last forever." Once in awhile though, your first love IS the love of a lifetime...

Walking down the aisle... The decision to get married is a big one and filled with so much energy and excitement that brides and grooms easily are swept into a whirlwind planning— choosing locations, venues, caterers, dresses/tuxes, bridesmaids and groomsmen- and, of course, a photographer. The stress that comes with planning a wedding is often like no other and, if not handled with great care can cause more anxiety than necessary. But the big day eventually arrives and, surrounded by friends and family, you walk down the aisle and pledge your love to the man/woman of your dreams. Weddings are by far one of my favorite events to photograph because it is one

of only a handful of times when it is so easy to capture pure love, joy and emotions. *Side note: Recruiting members of your tribe to alleviate some of the stress/work is key. Find a planner, a caterer, a floral designer and a photographer who will listen to you and with whom you feel comfortable and confident in—ultimately, these folks can help in more ways than one!

Birth of Your Baby/Newborns... The love you feel when your baby is born is perhaps the most fierce love you will ever feel—ecstatic and excited and protective. You will take one look at your baby and feel every emotion. Photographing the birth of a baby and the raw emotions of everyone at the birth captures the true magic of the moment for new parents. Like wedding photography, births are exciting and emotional—even for me. I haven't attended a birth session yet that hasn't resulted in me wiping away my own tears.

Holding Your Grandchild for the First Time... I have heard this repeatedly and am not sure I was invested in it as "truth" until last month, when my first grandchild was born. Much like the fierce love you feel when you have your own baby(s), but accompanied by incredible, heart-bursting pride— in your now adult child as well as a beautiful new baby!! Photographing my grandson has been nothing short of incredible! I now understand what all of those grandparents were talking about when they shared news of a grandchild and I can assure you it is better than you will ever dream it could be.

As a photographer, it is my goal to not shoot just what love "looks like;" but more so, what it "feels like."





THE CORTLAND FLOWER SHOP

11 North Main Street, Cortland, NY 13045 (607) 756-7569

Traditional, Modern and Trendy, Soft and Romantic or Unusual and Offbeat... At THE CORTLAND FLOWER SHOP, We Customize Designs with You in Mind! Conveniently located on Main Street in Cortland, our shop was established.

We hope you enjoy your online shopping experience with secure 24-hr ordering at your fingertips. <u>cortlandflowershop.</u> <u>com</u> If preferred, you may call us to place orders direct at 607-756-7569.

We're a family owned local florist delivering courteous, professional service and the highest quality floral and gift items around. Our experienced designers can create floral designs that will complement any occasion and meet your budget and style expectations as well. We also offer daily delivery service to all local funeral homes and hospitals.

When it's time to shop for a gift for any occasion:

Call or stop by our shop. Choose from our nice selection of Green Plants, Blooming Plants, Dish Gardens, Fruit Baskets, Gourmet Baskets and Gift Baskets.

We also offer theses, Baby Gifts, Candy, Greeting Cards, Home Decor, Colonial Scented Candles, Silk Flowers, Stuffed Animals, Knick Knacks, Gifts for pet lovers, Novelty Arrangements and more!

When it's time to send funeral flowers:

You can always depend on us to help you with ordering flowers after a friend or loved one passes. We will design and deliver flowers that beautifully convey your expressions of sympathy and serve as a lovely tribute to the deceased.

When it's time to plan a wedding, party or event:

Our beautiful selection of high-quality flowers and eye-catching design styles are sure to bring rave reviews on your wedding day or at any festive occasion.

Once you have chosen a date, call our shop in advance at 607-756-7569 to schedule your consultation.

Call or visit us today... we look forward to meeting you!





w/ 2 sides







New words-only, 1/32nd page ad — 50-word maximum. Single font at a single size. \$20 for one-time run. 4 for \$75 — run consecutively, no changes. Payment must be included. No exceptions! Great for classifieds or businesses on a budget! Call 607-844-8228 or email tcatribune@gmail.com today to place your ad!

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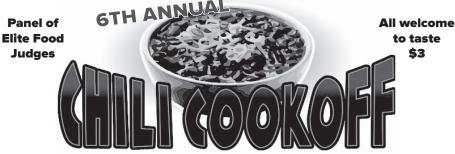


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A Victorian Valentine's Day Dinner

Brought to you by Aiello's Restaurant and The 1890 House Museum

Chef Vincenzo Aiello of Aiello's Restaurant in Whitney Point will be preparing a 5-course Valentine dinner to be served in the enchanting surroundings of The 1890 House Museum.

When: Saturday, February 15th

Seatings at 5:30pm and 8pm

Where: The 1890 House Museum, 37 Tompkins Street, Cortland, NY 13045 Price: \$50 per person

Tickets available online at www.http://the1890house.org/events/ or at The 1890 House Museum in advance. Reservations only.

Menu

<u>Pistachio Arugula Salad</u>

Fresh arugula salad topped with crasins, pears, crumbled goat cheese, and topped with homemade pistachio dressing

Seafood Stuffed Mushrooms

Stuffed with a medley of crab meat, shrimp, and clams, topped with mozzarella

Penne alla Marinara

Main Course Choice:

Pork Osso Buco served with root vegetables

Lobster Tail Franchese with roasted red potatoes and broccoli rabe

All dinners come with one complementary glass of White Due Uve Pinot Grigio

Red Folie a Deux Pinot Noir

Dessert

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Bridal Show and Venue Viewing at Waterman's Distillery



February 29, 2020 12:00pm- 4:00pm

6172 State Route 434, Apalachin, NY 13732





Waterman's distillery will be hosting our first Bridal Show and Venue Viewing. Joining us, a variety of local vendors, arranged in our unique tasting room, who will be sharing their expertise. Waterman's very own Event Coordinator will be available to assist you with booking your Bridal Shower, Bachelorette Party, Rehearsal Dinner or Wedding, in our tasting room, situated in a 1800's historical barn. Enjoy sipping on our 607 spirits, or purchase a delicious Waterman's Mimosa's, or a variety of NYS Wines! Admission is FREE! Discounted rental fee for any event booked with deposit, the day of the show. Join us for this very special event!

For Event details, contact Cristina @ 607-223-9132

events@watermansdistillery.com

https://www.watermansdistillery.com/waterman-room

The Dryden Rotary Club & Acme Mystery Co.

invite y'all to join them for the

13th Annual Dryden Rotary Mystery Dinner Theater:

"DEATH TAKES A CRUISE?"

Pack your costume, grab your party hat, and come aboard our venerable riverboat, The Mississippi Mistress and head down the Big Muddy" for Mardi Gras! But watch out for some suspicous passengers -Someone might not make it to the "Big Easy" alive.

Sliced Ham, Chicken with Gravy, Mashed Potatoes, Jambalaya, Toss Salad, Creole Green Beans, Rolls (Provided by Texas Road House), Coffee Tea & Soda

Dryden Veteran's Memorial Home

2272 Dryden Rd, Dryden NY 13053

February 1, 2020

6 PM till done. Doors open at 5 Dinner Served at 7:30

Tickets \$45.00

Tickets available from Dryden Rotarians and





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Now available through PayPal on the Club's website

https://rotaryclubofdryden.org

Join us for "Food, Fun, and ... Murder!"

For more information, call **607-838-3656** or email sanfordimail@gmail.com



Napoleon

January 29 – February 11, 2020

New words-only, 1/32nd page ad — 50-word maximum. Single font at a single size. \$20 for one-time run. 4 for \$75 — run consecutively, no changes. Payment must be included. No exceptions! Great for classifieds or businesses on a budget! Call 607-844-8228 or email tcatribune@gmail.com today to place your ad!



Studio 34 NVNY – 9 N Main Street – Newark Valley – (607) 642-3535

We are looking to add to our talented team at Studio 34 at our newly updated booth rental salon that offers a wide array of services. Candidates are licensed cosmetologists, must also provide booth rental license and insurance before start date. Day to day or weekly rental options, make your own hours!



COMMUNITY

January 29 - Free Rabies Clinics for Dogs, Cats & Ferrets

6pm to 8pm Tompkins County SPCA 1640 Hanshaw Road, Ithaca (Pet Adoption Center) (607) 274–6688 Sponsored by: Tompkins County Health Department. Bring your pet's most recent vaccination certificate as proof of prior vaccination. Vaccinations received at our clinic expire in 3 years IF you bring a certificate of prior vaccination. Vaccinations received at our clinic expire after only 1 year if you do not bring proof of prior vaccination. Rabies tags are not acceptable proof of prior vaccination. All ferrets MUST be vaccinated annually.

February 1 – Fabius Historical Society Meeting

FABIUS HISTORICAL SOCIETY will meet at the Fabius Community Center (7786 Main St., Rt. 80). Craig Riker, chief engineer at Channel 9, will talk about the history of the ty station. Free and open to the public. Refreshments will follow the program. Please join us.

February 2 - Pancake Breakfast

8AM to 11AM Cortland Elks Lodge 748 9 Groton Ave, Cortland Join us for a heaping

portion of pancakes and sides! Tickets are available at the Lodge, through one of your friendly Elks or through Fb/Eventbrite (but they cost a little more that way). This is a fundraiser for our lodge and the funds will go to help cover costs of being active in our order at the state and national level along with upgrades to our building. All are welcome to buy a ticket and get to know why we do what we do, oh and there are pancakes...Tickets by Eventbrite \$8

February 8 - Annual Chocolate Fest with Wine Pairings

10AM - 1PM Presented by the Etna Community Association at our community center, "Houtz Hall" , 2 Lower Creek Road in Etna. Locals donate their homemade chocolate creations for sale. Raffle for merchandise and gift certificates donated by over $20 \, local \, merchants, and \, FREE$ wine tasting by Six Mile Creek Winery. We are nonprofit and all proceeds help $maintain\, the\, Etna\, community$ hall and Children's Park and Playground.

February 8 – Downtown Ithaca's 22nd Annual Chili Cook-Off

12PM to 4PM Downtown Ithaca, Ithaca The Chili Cook-Off will showcase chili prepared by 40+ restaurants from across the region as

they compete for the titles of Best Meat/Overall Chili, Best Vegetarian/Vegan Chili, and People's Choice Chili. In addition to chili, there are other chili-related food items. This popular food festival will also feature a farmers market with vendors and local wineries, breweries, and farmer's sampling their goods. All activities will take place on the Ithaca Commons and surrounding streets. MORE DETAILS TO COME!!! Follow us on Facebook

February 8 – A Taste of Chocolate

9:30 am-12:00 pm Columbian Presbyterian Church Session Building. The church is located on the corner of rtes. 11 & 20, Lafayette. This is a food-sampling event where you can purchase samples of dozens of home-made goodies with one thing in common: Chocolate! Choose from white, dark, or milk chocolate in cookies, muffins, candies. breads & more! Samples are only \$.50, or 22 samples for \$10! 50% of the proceeds will be donated to Lafayette Outreach (our local food pantry). Taste some treats here, then fill a box for your sweetheart. Info/ questions: 315-677-3293, cpresbyt@twcny.rr.com

February 9 – Bingo Fundraiser

1PM to 5PM Dryden VFW 2272 Dryden Rd, Dryden

Presale tickets on sale now, \$20 for your set of bingo sheets (10 games, 3 chances to win per each game!). Only 100 bingo seats, be sure to get your tickets soon! Additional bingo sheets can be purchased at the door as well. The set of initial game sheets will be \$25 at the door if we are not sold out before. Also at the event! 50/50, Raffles, Bale Sale, VFW cash bar will be open. Doors open at 1pm. Bingo will begin at 2pm. To purchase presale tickets email us at trebell as dance @gmail.comor stop in during office hours at the studio trebellasdance. com/contact

February 10 – Dryden Senior Citizens Lunch

The Dryden Senior Citizens Lunch will meet on Monday, Feb. 10, 2020 at the Dryden Veterans Home just outside of the Dryden Village toward Ithaca on Route 13. Lunch is served at 12:15 pm with announcements starting at 11:45 am. Table service is provided. The meal cost for members is \$7.00 and \$8.00 for non-members. The meal will be Chicken Parmesan. pasta, green beans, tossed salad, and brownies. Our

entertainment will be Mike McWilliams, "Singing at the River Songs.

February 22 - Mardi Gras & **Casino Night Fundraiser**

6PM to 9PM Cortland Elks Lodge 748 9 Groton Ave. Cortland

Cost is only \$22 per person, including dinner! The Cortland Elks Lodge, in association with the JazzHappensBand, will be hosting an exciting evening of dancing, music and food! The Cortland Elks would like to invite our family, friends and the public to come to this Mardi Gras themed Celebration at the Cortland Elks Lodge, 9 Groton Avenue, Cortland, NY 13045. JazzHappensBand will be playing live for the enjoyment of all. Dinner included! Fat Tuesday Drink Specials as well as full bar selection available. For more information on any of the organizations involved please visit: Cortland Elks Lodge #748: http://www. cortlandelkslodge.com JazzHappensBand: http:// www.jazzhappensband. com/ Tickets: events.r20. constantcontact.com

February 24 - Dryden Senior Citizens Lunch

The Dryden Senior Citizens Lunch will meet on Monday,

February 24, 2020 at the Dryden Veterans Home just outside of the Dryden Village toward Ithaca on Route 13. Lunch is served at 12:15 pm with announcements starting at 11:45 am. Table service is provided. The meal cost for members is \$7.00 and \$8.00 for non-members. The meal will be macaroni and cheese, applesauce, tossed salad, beets, and peach cobbler. Our speaker will be Sara Warden from Syracuse, NY, who will speak about Hospice and Pallatative Care

March 9 – Dryden Senior Citizens Lunch

The Dryden Senior Citizens will meet for lunch on Monday, March 9, 2020 at the Dryden Veterans Home just outside the Dryden Village toward Ithaca on Route 13. Lunch is served at 12:15 pm with announcements starting at 11:45 am. Table service is provided. The meal cost for members is \$7.00 and \$8.00 for non-members. The meal will be corned beef and cabbage, boiled potatoes, carrots. onions. tossed salad, roll and sherbet. Our entertainment will be Mr. Aaron Karpalla who will sing a variety of songs including love, gospel and standard songs.

FOR A COMPLETE LISTING OF UPCOMING EVENTS:

CORTLANDAREATRIBUNE.COM TWITTER.COM/TCATRIBUNE



HAVE A COMMUNITY EVENT TO SHARE?

Please send all pertinent information, including a date, location, time, price, and a brief description to us at tcatribune@gmail.com, and we'll be happy to help inform the public!



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3/22 KATHY MATTEA

4/4 THE BURNS SISTERS 4/23 ALASDAIR FRASER + NATALIE HAAS

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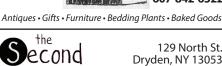
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PUZZLES & GAMES

WORD FIND

Find the '**Wedding**' related words below! Can you find them all? Good luck! Check our next issue for the solution!

а	p	r	b	е	е	d	0	а	f	u	I	р	f	V	е
r	е	W	0	h	S	m	a			a	е	r	е	u	W
W	S	t	u	t	h	S	V	n	S	r	h	n	m	е	S
g	t	е	q	g	0	0	g	0	C	у	u	0	a	n	g
W	h	n	u	d	r	а	p	u	n	е	g	i	a	g	r
b	C	а	е	S	p	0	S	0	W	k	n	t	d	а	t
h	r	X	t	m	r	h	0	t	S	V	i	р	n	p	h
W	u	i	a	р	е	m	h	m	i	t	S	е	a	m	
t	h	h	d	r	у	g	C	t	S	r	S	C	b	а	d
S	С	е	1	е	b	r	a	t	е	m	е	е	S	h	n
	d	0	n	а	S	t	k	g	p	а	a	r	u	C	0
е	W	0	0	а	i	m	е	d	n	n	a	n	h	g	a
р	h	0	t	0	g	r	a	р	h	е	r	е	g	0	p
а	S	g	n	i	r	е	a	i	h	0	f	I	0	W	0
h	m	а	r	r	i	а	g	е	d	i	a	m	0	n	d
C	n	f		0	W	е	r	S	W	0	V	r	p	0	е

diamond • proposal • bouquet • toast • vows • celebrate • shower • wife husband • honeymoon • dance • cake • favors • guests • tuxedo • gown • bridesmaid rehearsal • chapel • church • venue • rings • champagne • engagement • reception flowers • marriage • photographer • champagne • usher • invitation • groomsman

SUDOKU

It's easy to play Sudoku! Simply fill every column, row and 3.3 box so they contain every number between 1 and 9. Don't go too fast! The game is easy to play but difficult to master!

					2	3		
2	6					1	8	
		3	1				6	5
		7			1		5	
6				4				3
	3		6			8		
9	1				7	6		
	2	6					3	8
		5	8					

LASTISSUE'S PUZZLES

SUDOKU

4	1	9	8	7	3	2	5	6
7	8	5	9	2	6	4	3	1
6	2	3	4	1	5	7	8	9
2	7	6	1	3	8	5	9	4
3	9	1	5	4	7	8	6	2
5	4	8	6	9	2	1	7	3
1	6	7	3	8	4	9	2	5
9	5	2	7	6	1	3	4	8
8	3	4	2	5	9	6	1	7

THIS ISSUE'S TRIVIA ANSWERS

- 1. Bart Starr
- 2. Oakland Raiders
- 3. Rookie running back Timmy Smith
- 4. Tickets for the very 1st Super Bowl topped out at \$12

WORD FIND



DROP OFFS SEE

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Whitney Point - Aiello's • McDonald's • Midway Sales

Cortland/Ithaca - TOPS Market

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Fabius - Fabius Country Store

Tully - Kinney Drugs • Nightingales

Virgil - Hope Lake Lodge • Virgil Country Store

Ithaca - East Hill Plaza • Wegman's • Lansing Market

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Guthrie Cancer Center



Guthrie Welcomes Oncology Team in Cortland

Michael Fallon, MD, and **Margaret Boufal, DO**, have joined the Guthrie Oncology team and are continuing to provide outstanding care to patients in Cortland. Together they offer seamless treatment for all types of cancers.

Dr. Fallon received his medical degree from Stony Brook University, The State University of New York, Stony Brook, N.Y., and completed his radiation oncology residency at Emory University in Atlanta, Ga. He was the medical director for radiation oncology at Radiation Oncology Services for over 15 years.

Dr. Boufal received her medical degree from Philadelphia College of Osteopathic Medicine in Philadelphia, Pa. and completed her Internal Medicine residency at Pennsylvania Hospital. She is also fellowship-trained in Hematology/Oncology at the Hahnemann University Medical College of Pennsylvania.

Guthrie Cortland Medical Oncology – 607-756-3130 134 Homer Avenue, Cortland, N.Y.

Guthrie Cortland Radiation Oncology – 607-758-2360 1088 Commons Avenue, Cortland, N.Y.

Appointments: For Hematology/Oncology, call 607-756-3130. For Radiation Oncology, call 607-758-2360.







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