

THE CORTLAND AREA TRIBUNE $\mathbf{02}$ December <u>5</u>–18, 2018

WELCOME TO OUR CHRISTMAS ISSUE

The Cortland Area Tribune, nicknamed The CAT is published and distributed every other Wednesday. Look for it at 100's of area businesses in Cortland, Dryden, Whitney Point, Groton, Homer, Marathon, Moravia, Ithaca, Tully & LaFayette. Here's some upcoming issues for you to look forward to!

> December 19 – Happy New Year & Health/Fitness Issue Deadline 12/14

January 9 - Cold Weather Car Care Issue Deadline 1/4

- January 23 Bridal, Pre-Super Bowl & Tax Time Issue Deadline 1/18
 - February 6 Valentine's Day & Super Bowl Issue Deadline 2/1

February 20 – Senior Citizen Issue

Deadline 2/15

March 6 – Spring Antiques & St. Patrick's Day Issue

Deadline 3/1

March 20 – Spring Home Improvement, Real Estate & Think Spring Issue Deadline 3/15

TRIVIA QUESTIONS

See if you know the answer without looking it up! Answers in the back.

- 1. What Christmas Ballet is the most famous of all?
- 2. Where was Mommy kissing Santa Claus?
- 3. What color is the Grinch?
- 4. What is Frosty the Snowman's nose made of?

FREE HAPPY ADS!

Share a birthday or anniversary wish for free, include a photo! Email to tcatribune@gmail.com, or mail it to The CAT, P.O. Box 67, Dryden, NY 13053. Deadline is 6 pm on Friday, November 30th for the next Issue.

BUMPER STICKER OF THE ISSUE BE NICE TO YOUR KIDS... THEY WILL PICK OUT YOUR NURSING HOME.

.....

Have you ever seen a clever bumper sticker on someone's car in front of you at the red light or fast $food\ drive-thru\ and\ thought,\ ``That's\ a\ good\ one"!\ Do\ you\ have\ one\ on\ your\ car\ that's\ worth\ sharing?!$ The newest addition to The CAT is quotes from Bumper Stickers! If you have one to share with our readers, please email it to tcatribune@gmail.com or call them in to 607-844-8228

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Want more timely local news & community events? Search for us: **"The Cortland Area Tribune"**

New words-only, 1/32nd page ad — 50-word maximum. Single font at a single size. \$20 for one-time run. 4 for \$75 - run consecutively, no changes. Payment must be included. No exceptions! Great for classifieds or businesses on a budget! Call 607-844-8228 or email tcatribune@gmail.com today to place your ad!

CHECK OUT THE BUSINESS SERVICE GUIDE!

Easily accessible at the back of the paper! Growing with every Issue! Take this handy pull-out 4 page directory with you in your car and leave it in your glove box for quick reference! Area businesses are listed alphabetically by services. When you patronize the businesses listed in the directory, please tell them you saw them listed in The CAT! Shop local and save gas!

CORTLANDAREATRIBUNE.COM

Visit our newspaper online! Each issue is posted online, along with additional content we couldn't squeeze into the printed issue! Also find us on Facebook and Twitter (@tcatribune)!

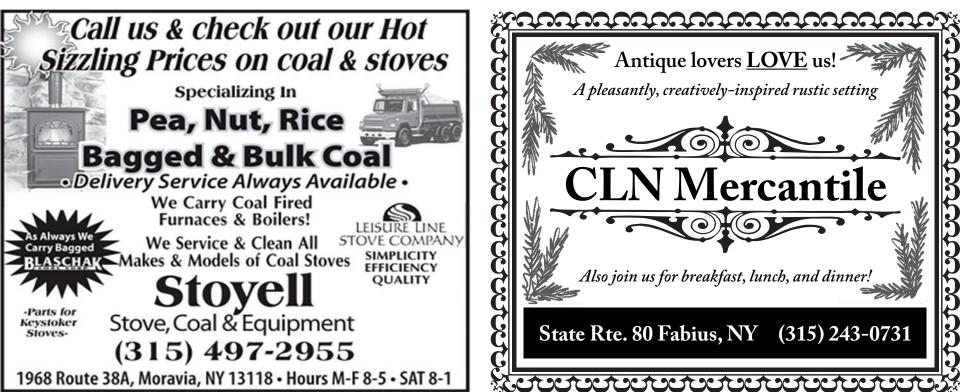
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THE CORTLAND AREA TRIBUNE 02 December 5-18, 2018



Sales of all sizes Blaschak Coal, DryCreek Super premium Pellets/ PA pellets by DryCreek Authorized Dealer of Keystoker and Alaska Stove Co. stocking most parts

Monday-Friday 3-5:30pm - Saturday 9-12pm - Other Hours by Appointment - Route 13 & Gulf Hill Road in Dryden





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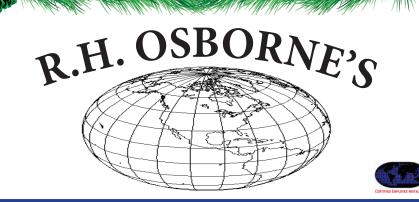
Friday & Saturday 10–4, by chance or appointment BLACKCATANTIQUES.WEBS.COM – (607) 898-2048 RTE. 38 – 1-1/2 miles South of Groton, 9 miles Southwest of Cortland







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line, with CFMOTO you just plain get more so you can get out and experience more together.



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GRANDMA'S PRETTIES ANTIQUES & COLLECTIBLES

Get a JUMP START ON your holiday shopping and take advantage Grandma's Pretties Winter Sale! Buy now while selectin is at its best. Thousands of items in the 50% category. Stop in to appreciate the volume of items! Trains and Moser Glass 0% Off. Gold and silver 20% Off! Lighting and furniture 40% Off! All Else 50% OFF! Due to Grandma's Pretties losing their storage space - they are having an inventory reduction sale! Sale continues until major inventory reduction is achieved. Browse through their PEZ dispensers, marbles, lamps, clocks, beads, buttons, models of vintage aircraft, records, 500+ dolls (great gift for your daughter/granddaughter), 1,000's of earrings, vintage Boyd's Bears, furniture, glassware, paintings, Pyrex, baking dishes, jewelry, and a vast array of other items that are on display.

Grandma's Pretties is open from 10am to 5pm Wednesday through Sunday and is closed Monday & Tuesday. Cash, checks, and credit cards are all welcome.



Grandma's Pretties is located at 3 Railroad Street in Whitney Point. No vendors or cosigners, the store is a one owner owned shop with a 25+ year history and is owned by Marlene Pittsley.

Grandma's Pretties buys merchandise, such as jewelry, clocks, glassware, furniture, and miscellaneous items. View their website <u>www.grandmaspretties.com</u> and Like them on Facebook and watch for sale info. Call (607) 862-9795, or visit the handicapped accessible shop: take a right on to Main Street by the Speedway station, and take a left onto Railroad Street before you reach the railroad tracks.

Ed and Marlene want to thank everyone very much for all your support and wish everyone a Merry Christmas and Happy New Year.

Here are some reviews Grandma's Pretties has received!

"Just happened upon this shop with my husband today! What a treasure shop! Give yourself time to shop because there is so much to see! Owners are so friendly!"

"Just stopped in for the first time and I was very impressed! So many beautiful items and they are having a huge sale! I think this is the cleanest, well organized antique store I've ever seen."











CENTER LISLE DINER

TO ALL OF YOU WHO know the Center Lisle Diner, it is located on the corner of Route 79 and Caldwell Hill Road in Lisle, the address is 1453 Caldwell Hill Road, Lisle NY 13797 for those of you using GPS. Yes we have suffered some major setbacks, being family owned and operated Restaurant the loss of Jo's husband and Joanne's father, and James' sonin-law the diner took a real hard hit. We are not asking for sympathy, just understanding as to why we were closed while we mourned the loss of our loved one. Our Diner has not changed except for the loss of Jo while she is still mourning the loss of her husband.

We still have the same great food, Pizza and Wings, made with fresh ingredients, and homemade pizza dough (if you want to call and order to go the number is 607-849-4900) we also still



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NIGHTINGALE'S

6 ELM STREET, TULLY OPEN 7 DAYS (315) 238-7050

 THE CORTLAND AREA TRIBUNE
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 December 5–18, 2018
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have a full menu the same as before this hardship we suffered. The daily specials are

Sunday: Pizza and wings, Subs and sandwiches, French Fries, Chicken strips, anything cooked in the Fryer.

Monday: Pot Luck or Rotating specials meaning if someone request something we will try to make on a Monday.

Tuesday: Homemade Chicken and Biscuits with Mashed Potatoes



Wednesday: Pizza and wings, Subs and sandwiches, French Fries, Chicken strips, anything cooked in the Fryer.

Thursday: All you can eat Spaghetti

Friday: Fish Dinner with choice of side Salad or New England clam chowder, French Fries or Homemade Mac & Cheese and a vegetable.

<u>Saturday</u>: Pizza and wings, Subs and sandwiches, French Fries, Chicken strips, anything cooked in the Fryer, with the full menu offered also.

Sunday - Tuesday: 11am - 8pm

Wednesday: 5pm - 8pm

Thursday -Saturday: 11am – 8pm

On our Menu is a wide variety of choices our 8 oz Hamburgers to a Bacon Cheeseburger made the way you like it, Chicken fried Steak to a nice juicy T-Bone also cooked the way you want it. We have hot and cold subs and sandwiches, with your

choice of lettuce, tomatoes, olives, onions, banana peppers, and more, chicken strips, patty melt, Toss or Chef salad, daily soups, and Dinners from Fried chicken to pork Chops and the juicy Steaks and still more. Our dinners are served with potato, salad or soup and a vegetable. We also have a kids menu available for the children

Santa and Mrs. Clause will be visiting us at The Center Lisle Diner, so bring the children in to see Santa and Mrs. Clause tell them what they want for Christmas and enjoy some hot cocoa and homemade cookies as well (no purchase necessary) bring your cameras and take pictures. Santa will be here on December 14, 2018 from 4pm to 8pm. Center Lisle Diner will also be taking order for pies for

Christmas; we offer a wide variety of pies from Pumpkin to Apple and Lemon Meringue, and more. We will be accepting orders until December 18th 2018 all orders must be picked up December 23 2018 before close. We will also be offering Gift Certificates.

Center Lisle Diner will be closed December 24^{th} , 25^{th} , 26^{th} in observance of Christmas.

And to those of you who do not understand what has happened to my family or want to try to hurt or take advantage of us while we are down please keep in mind we which you no harm and a prosperous new year

So stop in and see us enjoy some good home cooking, and to all we wish a Merry Christmas and a Happy New Year!



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New words-only, 1/32nd page ad — 50-word maximum. Single font at a single size. \$20 for one-time run. 4 for \$75 — run consecutively, no changes. Payment must be included. No exceptions! Great for classifieds or businesses on a budget! Call 607-844-8228 or email tcatribune@gmail.com today to place your ad!



Join the NYS Workforce As a Direct Support Assistant (DSA)!

Salary range: \$32,325 - \$44,311

The New York State Office for People With Developmental Disabilities (OPWDD) is seeking to fill Direct Support Assistant (DSA) positions.

adolescents in a residential treatment center. 5 day work week. High School diploma or GED, and a valid NYS Drivers license required.

<u>COOK</u>: A full-time position, working with adolescents in a residential treatment center. 4 day work week. High school diploma or GED and a valid NYS Driver's license required.

<u>DRIVER</u>: A Part-Time position, working with adolescents in a residential treatment center. High school diploma or GED and a valid NYS Driver's license required.

Full benefit package available. Apply online at: wgaforchildren.org; or send resumes to: The William George Agency, 380 Freeville Rd, Freeville, NY 13068 EOE. Fax to: 607-844-4998.

To download an application and for complete job description please see our website at: <u>www.wgaforchildren.org</u>

"Every kid is one caring adult away from being a success story" —Josh Shipp

- DSAs perform a wide variety of person-centered supports and services for people with developmental disabilities, which include advocating for, encouraging, guiding, and teaching individuals to express personal choice, developing daily living skills and habits, taking care of their personal needs, assuring community integration, ensuring their health and safety, and maintaining a healthy, safe home environment.
- The supports and services DSAs perform depend upon the specific abilities of the person(s) being served and the nature of the setting where the activities are performed.

Minimum Qualifications:

The minimum qualifications are taking a Civil Service exam, possessing a High School Diploma, GED or Direct Support Professional (DSP) Certificate, and a having a valid license to operate a motor vehicle in New York State and to meet physical, medical, and agility standards.

For more information:

Central New York DDSO Office of Human Resources (315) 473-6980 or <u>CNY.JOBS@opwdd.ny.gov</u>

NYS Office for People With Developmental Disabilities (OPWDD) Office of Human Resources Central New York DDSO, 187 Northern Concourse, North Syracuse, NY 13212

An Affirmative Action/Equal Opportunity Employer

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FRENCH DISTILLERS & ALCHEMISTS

E RECENTLY DISCOVERED THAT MANY people celebrate V Repeal Day. On December 5th, 1933 Prohibition came to an end in the United States with the passage of the 21st Amendment to the US Constitution. Enough history for now. So how does one celebrate Repeal Day?

We're always looking for ways to have fun and, stay warm this time of the year. We decided to visit French Distillers & Alchemists, our local distillery in Lisle. It turns out they are

the first and only legal distillery in Broome County since Prohibition. Contrary to popular belief, it is illegal to distill without a Federal License.

This is a NY Farm Distillery, meaning they use 75% or more NY State ingredients. All of their grains are sourced from local farms. They also age in NY oak barrels.

The name, French Distillers & Alchemists (FDA), does not refer to any type of French method to make their spirits. The name actually comes from the founder and owner Phil French, who one might say has simply expanded a family legacy. Published in 1651, "The Art of Distillation" was authored by a distant relative. This was the first how-to book



on the subject available in the English language. Today, Phil's son and brother are key crew members.

Dedicated to making small batch, hand-crafted whiskeys, FDA uses corn, rye, wheat and malted barley. We were excited to see that the entire small batch process of mashing, distilling, aging, and bottling is done on-site unlike many distillers who purchase their spirits from factory distilleries. These guys are the real deal, and it's clear they take pride in their craft.

They have a variety of whiskeys, the NY Rye, was our favorite. Their NY Bourbon is their most popular. FDA products are increasingly available in a growing number of area liquor





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stores, as well. Different size bottles make for great gifts. All in all they make a nice pour.

Open every day of the week, from 10 a.m. until 5 p.m.. You can visit, sample, purchase, and view the art of the process at the French Distillers & Alchemists Still-House and Tasting Room, 10 Walker Ave, Lisle, NY.



MANSOUR JEWELERS

Show your loved ones how much they mean to you with a gift from Mansour Jewelers this holiday season. Finding the perfect present is hassle-free with the help of our knowledgeable and attentive staff. Using our CAD/CAM software, ability to fabricate fine gold, platinum and silver jewelry by hand, and our artistic designers, we can turn your most creative, custom ideas into reality right onsite. From diamond stud earrings, one of a kind pendants and rings, vintage estate jewelry, to fully restoring a precious family heirloom, we are always here to serve you. Our goal has always been, not only to help you find the perfect present, but to make the buying process easy, comfortable, and most of all, enjoyable.

Located on the beautiful Ithaca Commons, David Abdulky, his family and staff of professionals have been serving the community for nearly 40 years. Our team has always strived to educate our customers to build trust in both ourselves and our product. At Mansour's, we value your business and strive to go beyond your expectations. Building lasting relationships, based on trust and commitment, is our ultimate goal. Come visit us this holiday season and let our family help yours create or find the perfect gift for your loved ones.

We wish you a wonderful holiday and a very happy new year!

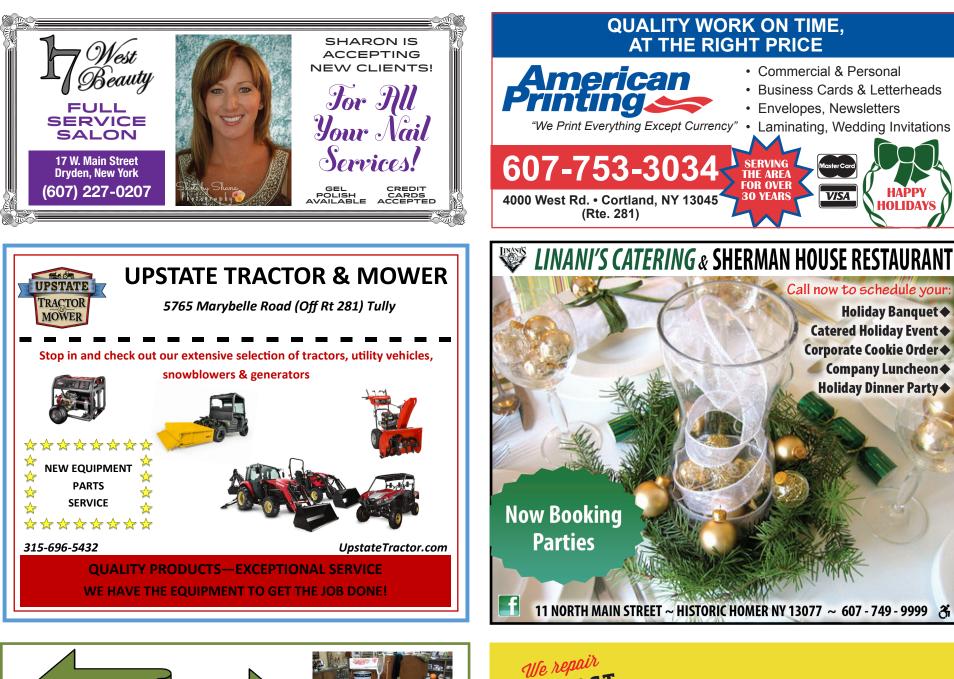
Our holiday hours:

- Monday Friday 9:30am 7:00pm
- Saturday 9:30am 5:00pm
- Sunday 11:00am 4:00pm

Website: <u>Mansourjewelers.com</u> Email: <u>mansourjewelers@hotmail.com</u> Phone: 607-272-1810 Check us out on Facebook and Instagram!









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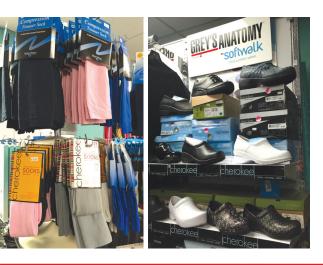
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THE CORTLAND AREA TRIBUNE December <u>5</u>–18, 2018



SCRUBS "R" US

A RE YOU A NURSE OR KNOW SOMEONE in the health profession that wears scrubs to work on your Christmas shopping list?! Stop in to Scrubs "R" Us located at 223 Elmira Road in Ithaca near Pudgies Pizza, next to Budget Truck Rental in the Hunts plaza. Pick up a new pair of comfortable shoes, a new scrub top or scrub pants for your health care worker or yourself! Be sure to stop in to Scrubs "R" Us located at 223 Elmira Road in Ithaca near Pudgies Pizza, next to Budget Truck Rental in the Hunts plaza. Pick up a new pair of comfortable shoes, a new scrub top or scrub pants for your health care worker or yourself! Scrubs "R" Us is open Monday thru Friday from 10am to 6pm and on Saturday from 9am to



Noon. Scrubs "R" Us offers the best products and service in Ithaca. They have a wide variety of uniforms and accessories with brand names including Skechers, bio, Cherokee, Nurse Mates, Dickies, Koi, Littmann, Grey's Anatomy and more. Also, choose from stethoscopes, medical instruments, socks, watches, ID holders, etc. for both men and women! Like them on Facebook and check out their website for more info scrubsrus2011.com. Come in and pick out a new top or pants at Scrubs "R" Us today or call them today 607-241-3333 to special order or for any questions! They genuinely care about your satisfaction! Come try it on and let Scrubs "R" Us earn your business! Layaway and gift certificates are available.



VISIT OR SHOP AT THE CNY LIVING HISTORY CENTER FOR THE HOLIDAYS

THE CNY LIVING HISTORY CENTER is a great family outing! L There are special activities and a huge variety of exhibits that appeal to the whole family, from children to senior citizens. We have three special events this month. On



December 8 from 10 am - 3 pm, we'll be hosting a Model Train Day with some train sets that visitors can operate plus storytelling, face painting and crafts. We'll host the White Chapel Bell Ringers and the Crown City Brass led by Mark Baxendell on December 14 from 6 - 8 pm. This event is free and open to the public! Finally, on December 15, we'll be hosting a Holiday Craft Fair from 10 am – 3 pm.

The center is composed of 3 separate museums. The Brockway Museum has a diverse collection of trucks on exhibit, which change out every May. They also have exhibits on the Brockway family and factory, plus a children's play area. The Homeville Museum has sections on military



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ELEBRATING OUR TH SKHDOO (EAR WI SATURDAY, DEC. 15 · 10am-57m BOPEN 4019 Rt. 281 | Cortland , NY *HOUSE* 607-753-1263 Mon, Wed, Fri 9-6 • Tue & Thur 9-7 • Sat 9-3 www.dougspowersports.net 22121212 UNLIMITED Drinks • Refreshments • Door Prizes • Raffles FULL GEAR PACKAGES HUGE BLOWOUT! Last Season's Riding Gear 60% OFF! **JACKETS, BIBS & HELMETS OR BOOTS** Excludes already discounted items 25% ACCESSORIES PREVIEW 2019 PRODUCTS! Oil & Lubes JACKET & BIB COMBO 20% Off Excludes Bulk C JACKETS, TEESHIRTS 25

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history, model trains & railroads and local history. Tractors of Yesteryear has an extensive tractor collection plus a section of farm family home life.

Our gift store has an extremely varied inventory. Most people expect Brockway logo items, but last year we significantly expanded our collection of hand crafted items, including: prints, notecards, soaps, jewelry and local food items. We've also expanded the children's section to include more stuffed animals, in addition to our very popular trucks, trains and airplanes. Did you know we have a Brockway Truck book, written specifically for kids? We have a large variety of Brockway logo Carhartt jackets, hats, T-shirts, coffee mugs, calendars and collector items. Remember our December 15th Craft Show for additional gift options!

An excellent gift for the History Lover would be an annual CNY Living History Center membership. They'll get 12 months of unlimited admission, including special events, for \$40 for an Individual or \$70 for a Household (up to 4 members). Members also receive a 10% discount off Gift Store purchases.

The CNY Living History Center is located at 4386 US Rt 11, Cortland. We're open Tues – Sat from 10 am to 5 pm. Call us at (607) 299-4185 or visit <u>cnylivinghistory.org</u>.



MIKE'S FISH TANK BETTAS

A LOT OF CUSTOMERS ASK me about super delta bettas and half moon bettas. Delta tail betta fish are single tailed bettas.

Their tails have sharp, straight edges but they have a span of about 130 degrees or less. They are often mistaken for Halfmoons but Halfmoon betta fish have a 180-degree span.

Delta tail bettas have a delta or triangular shape, which explains their name. This type of betta fish also has symmetrical tails.

Super Delta betta are an enhanced version of the Delta. They are one step closer to the Halfmoon variety.

Be mindful though, of keeping bettas together in the same tank, as they are known to be very aggressive fish. They are available in various colors and color-mixes that are quite eyecatching when on display in any aquarium.

A lot of people do not think you can put a betta with other fish, but it's ok as long as you do not have any fish that will go after their big tails. Bettas usually only fight with other bettas. They rarely fight with other fish.

Although you can put female bettas together, they usually get along fine.

Bettas build bubble nests, which the male does. Betta breeders tell me it can be hard to get a male and female to pair up.

Sometimes they go through several females before mating starts. And I have been told when the babies hatch,the baby males will start to fight even at that young age. One breeder says he has all these baby food jars everywhere with tiny baby male bettas in them. How crazy is that.

Pets A Plenty is located in the Blockbuster Video Plaza, Rte 281 Cortland, 753-9213. Open 7 days a week. We now have a website. WWW. PETSAPLENTY.BIZ. check it out. I post care sheets, coupons, new animal arrivals, contests and more. Any questions, email me at friskyy@hotmail.com

TODAY IS ALL THAT MATTERS "YOU ARE WHAT YOU SEEK"

TF YOU FEEL LOST, GO within. The map and the treasure reside within you already. It is your own voice that speaks the language of your soul and it will provide you with direction. If you seek purpose, and want to experience a sense of wholeness, find your own voice. Knowledge, wisdom and growth are not shiny objects to seek out, but rather are hidden relics inside you to be dusted off and polished.

Deep silence can help open the channel to your own consciousness, your own being in the awareness. What you hear in your own heart and what your feel in your bones, is your truth and is the wisdom you seek. No Ph.D is necessary. You are unique and as you know and honor yourself you find that your voice is just as important as the most famous teacher, celebrity or politician.

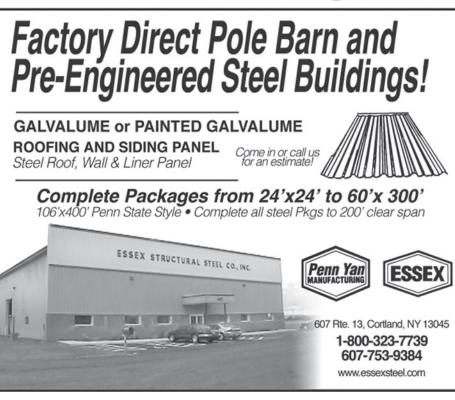
With discipline and practice you can peel back the layers of illusion and the stories that cloud and clutter your access to your own personal truth-voice.

You have an important part to play in the world. The closer you become to being who you really are, the more valuable your voice will become. Have you ever experienced speaking from your heart as it was filled with pure love, trust and enthusiasm? Have you ever written down your thoughts and feeling and afterwards thought, "Where did that come from?" Your voice is the key to action and expression. Using your authentic voice is action in and of itself.

Speak your truth; know that you are worthy. What you seek is right inside you already, and it has been there since the day you were born.

Take time to really focus on and cultivate your relationship with your authentic voice. Make friends with the teacher that resides inside you.

Written by Jeannie O'Neill, Director of Development for the School For Radiant Living at Yoga Farm. For more information about self care practices, visit <u>www.RadiantLiving.us</u>.



Ο



5325 Rte. 281 Homer, NY 13077

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HICKS





THE CORTLAND AREA TRIBUNE

December <u>5</u>–18, 2018



RON'S BODY & PAINT

ver the river and through the snow to grandma's house we go for the holidays! Get your vehicle ready with new tires and a tune up from Ron's Body & Paint! Contact the auto body and paint experts - Ron's Body & Paint in Cortland for all of your automotive services at 362 Route 13 to schedule your appointment at the Cortland location 607-662-4543. Since 1989, Ron Stanley and family have been offering the absolute finest in contemporary automotive services at their one-stop vehicle service center in Marathon at 31 Cortland Street (607-849-6898) and both locations are providing the same great services Ron's Body & Paint has been known for.





Why would you ever need to call Ron's Body & Paint? Here are five reasons to call!

One: they are the biggest body shop in the area, and the place to call for body and paint work done using a state-of-the-art down draft paint booth and waterborne paint. Plus, loaner cars are available.

Two: they are a full-service center that handles everything from brakes, inspections, and oil changes for only \$19.95. 4-wheel alignments to deals like a 10% discount with the purchase of 4 tires. Makes a great gift – gift certificates available!

Three: 24-hour towing for all vehicles, tractors, and heavy and light vehicles. Complete with AAA roadside service.

Four: they have almost 30 years of experience, featuring mechanics who are all licensed.

Five: because they are a locally-owned business with 2 locations to serve you. Ron's Body & Paint, on Cortland Street in Marathon, and on Route 13, across from Elm Tree golf course in Cortland.

And of course, your satisfaction is always guaranteed. ASK RON ABOUT A LOANER CAR WHILE YOUR COLLISION REPAIR WORK IS DONE!

> Like them on Facebook! Or on the web ronsbodyandpaint. com.

Wishing Our Friends, Family and Our Customers a Safe and Happy Holiday from Ron, Mary and everyone at Ron's Body & Paint.



CREATURE FEATURE EASTERN COYOTE

ANY PEOPLE ARE SURPRISED TO learn that the Eastern ∠coyote is a hybridized wild canine of mixed parentage, with DNA from Western coyotes, wolves and even domestic dogs. They're opportunistic feeders, eating what's easily available and in abundance. This includes both animal and plant matter, and their diet changes with the passing of each season. They provide excellent vermin control and also scavenge road kills. Coyote pairs mate for life. Both parents care for the pups, which are born in the spring. Unlike wolves, coyotes don't run in extended packs. Rather, the parents and that year's offspring form a family unit, staying together until the pups learn to fend for themselves. The youngsters usually disperse by late fall or winter to seek out their own territory, sometimes traveling 50-100 miles away. You may hear Eastern coyotes' evening concerts, filled with enthusiastic yapping and "yiphowling." While some people find these vocalizations disturbing, others enjoy knowing that there is diversity in the natural world around them.

Article & Photo by Margie Manthey





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Pick up a brochure at local merchants FULL SCHEDULE: www.homerwinterfest.org



SKICNY.COM



EAST SIDE BAKERY

TRAVEL TO THE EAST SIDE of Cortland to 122 Elm Street and you'll smell the delicious aromas of fresh baked bread, cakes, cookies and pastries. Come inside and you will find a small, family owned place appropriately named The East Side Bakery. Tim and Christine Armstrong, owners and operators since the spring of 2005, love to cook and bake, and there is nothing more fun than sharing that love with family and friends. "The East Side is our second home, so everyone who comes into the bakery becomes like a second family to us." Says Christine. Besides baking Fresh Italian Breads everyday the "old school way", Tim makes 12 grain wheat, rolls, and specialty breads such as Olive Ciabatta, Focaccia, and Garlic Braids. They have a full line of Made from Scratch Cookies and Pastries, made fresh daily, as well as Specialty Cakes to order. Tim and Christine would not be able to do all of these things without help, and that help includes Tim's right hand man, Dakota, and his Mom, Beverly. They are the best employees ever!

Are you looking for something different for dinner? Thursday and Fridays are "Pizza Night" at the East Side, where you can order a home style Pizza, Oven Baked Chicken Wings, Calzones, or a great Antipasto Salad. Tim makes delicious Italian Sausage and House Smoked Pepperoni, as well as Breakfast Sausage and our House Cured and Smoked BACON. Pick up one of the many varieties of Homemade Pasta and you'll have the perfect Italian Feast! The East Side Bakery also offers an assortment of Quality Italian Meats and Cheeses. Do you have a special event coming up? Let East Side take care of all of your catering needs.

The Bakery is open Tuesday and Wednesday from 7am-5:30pm, Thursday and Friday from 7am-7pm, and Saturdays from 8am-1pm. Check out our website eastsidebakerycortland.com for more info! Also, visit us on Facebook at "East Side Bakery." Holidays are



a special time for the Bakery, come in and you'll find the whole East Side Family working overtime to bring you amazing treats for your celebrations. You might even catch little Asher putting the sprinkles on the cookies! We hope to see you soon, come in and become a part of our East Side family. Merry Christmas and have a very Happy New Year!



K & H MOTOR SPORTS CELEBRATES 50 YEARS OF "MAKIN' LIFE FUN"

By Shannon Myers

FROM ITS INNOCUOUS BEGINNINGS IN 1968 with "two bikes and a bucket of parts", K & H Motor Sports has undergone continuous change, merging customer service with technological advances to step forward into the 21st century.

Originally conceived by Mike Niswender at the age of 15, K & H Motor Sports was a family affair from the start. Mike's father, Ken, provided the space for the venture, and their family friend, Hank Halstead, assisted with financial support; thus the name "K & H" was coined.

The name of the venture has evolved along with the evolution of the industry itself, founded as "K & H Hodaka". The Hodaka franchise boasted the Enduro product line, which included off-road dirt bikes. From this, the name evolved into "K & H Kawasaki"; and eventually landed on its current moniker, "K & H Motor Sports"; the umbrella name which illustrates the extent to which the business has expanded to encompass more recreational vehicle styles.

In 1978, Mike married his wife, Joan, and brought her into the business around the same time that Kawasaki was brought into the enterprise. The beginning of Mike and Joan's relationship ran parallel to the beginnings of a 40-year relationship with Kawasaki recreational vehicles, including snowmobiles, street motorcycles, cruiser bikes, sport bikes, ATVs, and the Jet Ski, which was an original Kawasaki product. In the 1980s K & H began a relationship with Polaris of Minnesota, their first in-house United States recreational vehicle company. Throughout the years to follow, Polaris became instrumental in expanding the motor sports industry.

Born in 1981, the Niswenders' son, Jeff, grew up with the business. He did not initially intend to become involved with his parents' business. Around 2003, he and his father discovered that his education and experience with computer and internet technology would be a positive addition to the business. Jeff's career at K & H Motor Sports started with a part-time position in the parts

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department. After becoming comfortable with that element of the business, he became more involved on the sales floor.

Another fortuitous change came with the appearance of Corey Maxson, a college intern who came in to work with the webpage and other internet avenues. His skills proved so valuable to the business that the Niswenders hired him as a permanent employee. Jeff and Corey became the new generation of K & H management that would solidify the union of front- and back-end sales with the partnership between computer/internet technology and the longvalued practice of extending warm and friendly customer service. This union, utilizing social media outreach and online marketing through platforms and websites such as Facebook, Craigslist, EBay, and other online outlets, assisted in ushering K & H Motorsports into the modern day, strengthening and broadening the business like never before.

Though online business can often have the effect of depersonalizing the relationship between business and customer, K & H Motor Sports has kept customer service a continued value throughout all of their business dealings, making sure to extend this value into all electronic communications – whether they are email inquiries or Facebook messages.

"We want to make sure that our customers get the vibe that we care about them, not that we are trying push to products," Jeff said.

Through the years, various economic shifts, some of which were impacted by world events, including natural disasters in Japan, resulted in Polaris developed into a dominant in the off-road market. Japanese recreational vehicle lines became limited, enabling Polaris to move forward and attack the market smartly with good deals, pricing, rebates, and development of newer product lines.

K & H Motorsports has most recently expanded their off-road division again, bringing in an additional off-road franchise, CF MOTO. K & H experienced a successful first year in business with this franchise, which continues to flourish with a family of products in the off-road segment.

This year, K & H Motor Sports is holding a Polaris holiday sales event, offering great deals throughout the holiday season, in tandem with a CF MOTO sales event to celebrate the close of their successful first year in business together and to usher in 2019.

If you are in the market for some off-road fun or know someone who is an off-road enthusiast, you should stop in and check out all that K & H Motor Sports has to offer! They have a plethora of vehicles on display, from ATVs and dirt bikes to versatile, familyfun-friendly UTVs and ultra cool open-air Polaris Slingshot threewheel roadster motorcycles.

K & H Motor Sports is located at 1318 Little York Crossing Road (connecting Route 281 and Route 11) in Little York, NY. They are open from 9 am to 5:30 pm Mon-Tues and Thurs-Fri; and 9 am-2 pm on Saturday. They are closed Wednesdays and Sundays. You can connect with them on Facebook and check out their offerings at <u>www.knhmotorsports.com</u>, and give them a call at 1-800-628-1215 or (607) 749-2821 with any questions you may have. Best yet, you can stop in and browse their selection and wish them a happy anniversary and thank them for their last 50 years of "Makin' Life Fun"!



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THE CORTLAND AREA TRIBUNE 12

December <u>5</u>–18, 2018



R.H. OSBORNE'S WORLD OF FLOOR COVERINGS A COMMUNITY BUSINESS WITH LONGEVITY

Bu Shannon R. Muers

F YOU HAVE SPENT ANY chunk of time in the Cortland area, you have seen businesses come and go. These have been a mix of new businesses that just didn't make it and businesses that have been operating for decades, whose owners have

opted to change directions with the rapid advent of new technologies and internet offerings. Still, there are many Cortland businesses that continue to weather the changes and withstand the trends that drive the economy. One of these is

R.H. Osborne's World of Floor Coverings.

R.H. Osborne's had humble beginnings over 50 years ago, when the original owner. Richard Osborne, traveled with samples in his car and performed installations. In 1978, he opened a small store on Homer Avenue. Now located on West Road in Cortland, R. H Osborne's survived a fire in November, 2007. Subsequently,



has the appearance of hardwood or ceramic tile. The business

has expanded into an area rug showroom which today supplies the largest stock of vinyl flooring in almost all of New York State, which includes over 120 different styles (carpet and vinyl). In addition, R.H. Osborne's World of Floor Coverings

PRODUCTS

IN-STOCK

offers complete lines of ceramic tile. wood, laminate, and carpet, including commercial brands such as Mannington, Armstrong, Tarkett , and Shaw, as well as domestic product. It is also a registered Oreck vacuum dealer. and sells and repairs Oreck products on site.

When Richard Osborne passed away in September, 2017, his son, Richard Osborne, Jr., took

the reins. Ric has worked at the business for 31 years as an installer. Other family members also help with the business, including Ric's Uncle Ray, who has worked there for nearly 50 years, and his cousin Darrin, who runs the installation crew





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Mott Road • Dryden

and measures and schedules all of the jobs. Because Ric's father suffered with ALS, R.H. Osborne's is often a participant in fundraising efforts to benefit ALS research.

R.H. Osborne's World of Floor Covering's longevity is a testament to its excellent selection and superior service, as well as the experience, professionalism, and friendliness of its staff. Among the staff, there are easily over 100 collective years of installation experience. Most installations are done by R.H. Osborne's own carpet installers, the majority of whom are certified by the Carpet and Rug Institute. The staff regularly attends training seminars in order to stay updated on varied installation techniques.

R.H. Osborne's World of Floor Coverings has always offered "green" product lines, including bamboo, cork, and Marmoleum. The business is also aligned with Shaw Floors, which owns its own recycling mill and uses 100% recycled material.

Stop in at R.H. Osborne's World of Floor Coverings at 4073 West Road in Cortland! If you are in the market for new flooring or if you have a loved one who is planning to update their home, this is a great time of year to pick up a gift certificate for them. During the Christmas season, R.H. Osborne's offers an extra 10% off on gift certificates – so if you purchase one for \$100, you receive one for \$110!

R.H. Osborne's World of Floor Coverings is open Monday-Wednesday from 8 am - 5:30 pm, Thursdays from 8 am - 7:00 pm, Fridays from 8 am - 5 p.m., and Saturdays from 9 am - 2 pm. For more information, you can also call (607) 753-9504 or visit www.osbornesflooring.com.

We Sell & Install—

CREATURE FEATURE WILD TURKEY TRIVIA

THILE THE DOMESTIC TURKEY USUALLY graces most holiday tables, let's learn a little about the wild turkey, a game bird symbolic of American traditions.

Adult male turkeys are called toms and adolescent males are jakes. Adult females are called hens, while young females are jennies. Babies are called poults. A group of turkeys is a flock or rafter. Only toms make the trademark gobble, which can be heard a mile away. Hens cluck, yelp and purr. An adult wild turkey has around 5,500 feathers, many of which are strikingly iridescent. Modified feathers that hang from the tom's breast are called a "beard." He struts and fans his tail to attract hens. When agitated, a turkey's bald head can change color within seconds, from white to pink or red and blue. A wild turkey can fly very fast over short distances - around 55 mph! Its flexible "wishbone" serves to connect muscles and aids the wings in flight. The World Record wild turkey weighed 37.6 lbs (a true butterball)! By the early 1900's, America's wild turkeys were nearly eradicated due to overhunting and habitat loss, but thanks to successful restoration programs, they eventually recovered. A recent decline in numbers has led to stricter management practices. Let's give thanks for wild turkeys!

Real NYC-Style Bagels Paninis

Article & Photo by Margie Manthey





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THE CORTLAND AREA TRIBUNE December <u>5</u>–18, 2018

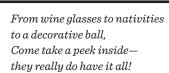


CHRISTMAS SHOPPING THE SECOND KNOB **GIFTS & ANTIQUES**

129 North St. Dryden

The little store down the road is owned by a girl and her dad. When people don't shop there it makes them real sad.

They have neat little gifts, some old and some new; They have gifts for your friends, and your family, too!



Old crocks, new jewelry; old signs, new candles; Crates, bins and boxes and trunks with handles!

Black and white signs to make you laugh or cry; Advertising tins and All kinds of jams to try!

Ornaments, lit canvases, A Hoosier, a lot of old sleds, Books, dishes, cabinets, Benches made from old beds!

Local vendors paint signs; make soap and sew all kinds of things, One vendor brings silver necklaces, bracelets and rings!

Host a party with friends and earn credit to shop! Don't just drive on by-We want you to stop!

Support local business, shop smart, shop small... Avoid big box stores and Amazon! And just forget the mall!

We enjoy visiting, and seeing you whenever you stop down-Shop smart, shop small... Keep local business around!



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hotos December 5th, 12th, 19th 5pm - 8pm Aiello's Ristorante 26-77 Main St, Whitney Point, NY

\$9 Donation All Proceeds To Be Donated To The Masonic Child ID Program

Pennsylvania Harrisburg, PA Saturday January 5 - Sunday, January 6, 2019 2 Days / 1 Night The Pennsylvania Farm Show is the largest indoor agricultural exposition in the nation! Something for Everyone ~ 24 acres, 11 exhibit halls and 3 arenas ~ All under one roof! Departing from Auburn, Cortland and Whitney Point **Price Per Person:** Double Single Triple Quad \$129.00 \$109.00 \$189.00 \$99.00 Space Remains ~ Reserve Yours NOW with 50% Down!! Full Payment Due by December 22, 2018 For complete itinerary and to sign up, contact: Cindy Stoker at 802-779-2504 Trip offered by Creative Adventures

MIKE'S FISH TANK DWARF GOURAMIS

OST DWARF GOURAMIS LIVE FOR about four years; with Lproper care, they can live longer. Dwarf gouramis are generally peaceful fish-unlike the much larger standard gourami, which can become aggressive. Dwarf gouramis do well in most community aquariums and are compatible with

Mollies.

most fish, such as Platies,

Catfish, Tetras, and other

docile fish. They require a tank that can hold at least ten gallons. They are

usually found swimming in

the middle or top regions

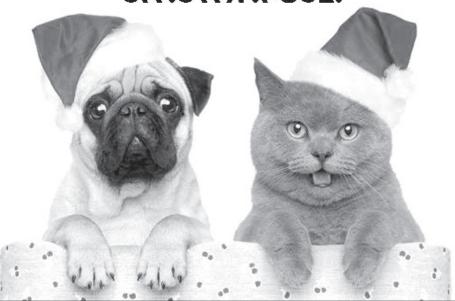
Plecostomus,



Bring your pet to take photos with Santa!

December 9th, 2018 at 6pm-8pm. at The Shops At Ithaca Mall located in the food court.

SIT.STAY.POSE.





D.V.M.

(607)

THE CORTLAND AREA TRIBUNE December <u>5</u>–18, 2018

of the aquarium. Dwarf gouramis do not do well with large, aggressive fish. Dwarf gouramis are so docile that they will allow themselves to be bullied to death rather than fight back.

If a Dwarf gourami is put with faster swimming top swimmers like guppies, you should drop the fish food in a more spread out area so that the Dwarf gourami has a higher chance to snatch the food before the other fish do. Dwarf gouramis tolerate fairly high temperatures. Temperatures of 80 °F are easily tolerated.

A varied diet is very important to the dwarf gourami, which is an omnivore that prefers both algae-based foods and meaty foods. An algae-based flake food, along with freeze-dried bloodworms, tubifex, and brine shrimp, will provide these fish with proper nutrition.

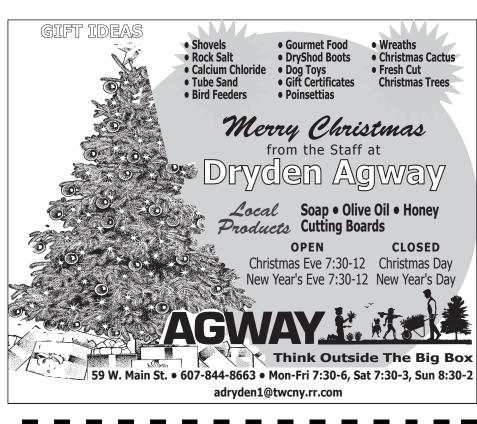
There are a wide range of colors when it comes to dwarf gouramis. Rainbow, powder blue, turquoise, fire,and a few other morphs. They are extremely popular fish and do very well in the community tank.



Pets A Plenty is located in the Blockbuster Video Plaza, Rte 281 Cortland, 753-9213. Open 7 days a week. We now have a website. WWW. PETSAPLENTY.BIZ. check it out. I post care sheets, coupons, new animal arrivals, contests and more. Any questions, email me at friskyy@hotmail.com

WASSAIL HOLIDAY OPEN HOUSE SUNDAY, DECEMBER 16 FROM NOON TO 4PM

JOIN US FOR OUR ANNUAL Holiday Open House at the 1890 House Museum at 37 Tompkins Street in Cortland and explore the museum and its vibrant holiday decorations. Enjoy refreshments from cider to our traditional Victorian Wassail! The event is free and open to the public. the1890house.org









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Now – December 25 – Book Signing with Local Artist

Book Signing at Action Sports, located at 64 Pendleton Street, Cortland. Unto Us: A Christmas Poetry Book is written and illustrated by local author and business owner Lisa Belknap. Get your copy at Action Sports or at Amazon.com. Be encouraged in the joy of Christmas!

December 8 – 5th Annual Holiday Shopping Bazaar

9 am - 2 pm Dryden Fire Hall 26 North St. Dryden Over 15 vendors!

December 8 – Driver Refresher Class A six-hour AARP "Smart Driver" refresher course

geared for drivers aged 50 and older, but open to drivers of any age, is being offered on Saturday, December 8 from 9:00-4:00 at The Cortland Community Center located at 90 Central Avenue in Cortland in the former train station. Participants are encouraged to bring a sweater or jacket and your AARP Membership card for a discount on the class fee. A one hour lunch break will be provided. This course is approved by the N.Y.S. Department of Motor Vehicles for points and insurance reduction. Preregistration is required by calling the Cortland County Health Department at 758-5509. Class may be rescheduled due to lack of

registrations, and walk-ins might be turned away. This class is sponsored by AARP, the Cortland County Health Department, the Cortland County Area Agency on Aging, and the Cortland County Retired and Senior Volunteer Program (RSVP).

December 8 – Christmas Cookie Café

9:30 am-12noon. Create custom cookie trays from the dozens of home-made varieties available. Bring your own tray, or purchase one. Cookies are still only \$10./ lb. Questions: 315-677-3293, cpresbyt@ twcny.rr.com, ColumbianPresbyterian Church.com **December 9 & 23 - Sunday Night Alive** Christmas evening services from 6-7 pm. at the McGrawville Baptist Church in McGraw, NY. Come join the contemporary praise band lifting thanks in joyful song for the true meaning of Christmas--the birth of God's lovely Son, Jesus!

December 10 – Dryden Senior Citizens Lunch

The Dryden Senior Citizens Lunch will meet on Monday, December 10, 2018 at the V.F.W. on Route 13 just outside of the Dryden Village toward Ithaca. Lunch is served at 12:15 p.m. with

announcements starting at 11:45 a.m. Table service will be provided. The meal cost for members is \$7.00 and \$8.00 for non-members. The meal will be a Christmas Luncheon of Roast Pork, stuffing, mashed potatoes, gravy, carrots, applesauce, rolls and assorted cookies. Our entertainment will be Aaron Karppala who will sing Christmas songs. This will be the last lunch for the year since there will be NO LUNCHEON on Monday, Dec. 24 due to Christmas. The first lunch for 2019 will be on Monday, January 14. Anyone 55 or older in the area is most welcome. We hope you can come and join us.

COMMUNITY CALENDAR

December 14 – The Slocan Ramblers at The Canaan Institute

The Slocan Ramblers will present a house concert at The Canaan Institute on Friday December 14th 2018 beginning at 7:00 pm followed by a jam session. The Slocan Ramblers are one of Canada's hottest rising bluegrass bands. They play rip-roarin' old-time also! \$20 donation at the door. RSVP to mike@cinst.org or http://bit. ly/cinst-rsvp for directions and to reserve your seat at this private venue. More info http://www.cinst.org.

December 15 – Friendly's SPCA Fundraiser 20% of order to SPCA.

FOR A COMPLETE LISTING OF UPCOMING EVENTS: CORTLANDAREATRIBUNE.COM

HAVE A COMMUNITY EVENT TO SHARE?

Please send all pertinent information, including a date, location, time, price, and a brief description to us at tcatribune@gmail.com, and we'll be happy to help inform the public!

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December <u>5</u>–18, 2018



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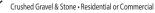
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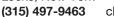
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PUZZLES & GAM

WORD FIND

all? Good luck! Check our next issue for the solution!

S	t	f	i	g	S	S	0	С	0	0	k	i	е	S	е
g	t	е		V	е	S	h	r	g	d	r	g	р	r	t
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decorate • angels • cookies • presents • holly • tree • lights • santa • star • bethlehem cupid • rudolph • gifts • sleigh • reindeer • wreath • toys • snowflakes • snowman elves • dancer • dasher • donnor • prancer • vixen • blitzen • chimney • stockings jingle • christmas • gingerbread • ornaments • bows • wrap • mistletoe

SUDOKU

Find the 'Holidays' related words below! Can you find them It's easy to play Sudoku! Simply fill every column, row and 3.3 box so they contain every number between 1 and 9. Don't go too fast! The game is easy to play but difficult to master!

8		1	9			3		
		4						7
				6	5	9		
	2				4	7	3	9
3	6	7	1				2	
		5	3	4				
9						4		
		2			1	6		5



SUDOKU

8	5	1	9	7	2	3	4	6
6	9	4	8	1	3	2	5	7
2	7	3	4	6	5	9	1	8
1	2	8	6	5	4	7	3	9
5	4	9	2	3	7	8	6	1
3	6	7	1	8	9	5	2	4
7	8	5	3	4	6	1	9	2
9	1	6	5	2	8	4	7	З
4	3	2	7	9	1	6	8	5

THIS ISSUE'S TRIVIA ANSWERS

- 1. The Nutcracker
- 2. Under the Mistletoe
- 3. Green
- 4. A Button

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WORD FIND



Community Restaurant • Marketplace Mall • Cortland Diner

Bill Anderson's Market

Daily Grind • Pets-A-Plenty Pet Store • TOPS Market - Ithaca/Cortland

Queen Diner • Clarks Food Market - Dryden

Country Kitchen/Country Kitchen II - Cortland/Whitney Point

Nice & Easy • Byrne Dairy - LaFayette • Kinney Drugs & Nightingales - Tully

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