

# THE CORTLAND AREA TRIBUNE

YOUR REGIONAL BI-WEEKLY COMMUNITY NEWSPAPER  
CORTLAND • ITHACA • DRYDEN • HOMER • GROTON • MARATHON • WHITNEY POINT • MORAVIA • TULLY • LAFAYETTE  
Est. 2002 @TCATRIBUNE CORTLANDAREATRIBUNE.COM

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tcatribune@gmail.com

Look inside for  
**FALL HOME IMPROVEMENT & PLANTING IDEAS**

## September Splendor at...

### Valley View Gardens Nursery

M-Th 9-5  
Fri 9-6, Sat 9-4  
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Sales! Sales! Sales!

### MUMS Arriving Friday!

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Pumpkin Pot Mums!  
Gorgeous Fall Annuals!

THE CINNAMON APPLE COTTAGE GIFT SHOP! SEE OUR FALL DECOR!

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Sat - Sun 7am - 11am Breakfast Only  
Mon - Tues - Thur - Fri 11am - 8pm

1453 Caldwell Road  
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(corner of Rt. 79)

Call ahead orders to go!  
607-849-4900 - Closed Wed.

Open Labor Day!



Chicken BBQ  
Noon Saturday's  
Served until gone!

**HOMEMADE SPECIALS**  
Tuesday - Chicken & Biscuits  
Thursday - Spaghetti & Meatballs  
Friday - Fish Dinner or Prime Rib Dinner

Cold & Hot Subs including  
Meatball, Philly Cheese Steak, Roast Beef  
Homemade Soups including - Broccoli Cheddar, Italian  
Sandwiches including - BLT and Tuna fish

Expanded Menu array of Home Cooked Meals, Desserts and tasty Soups  
Pizza and Subs - Salads - Full Breakfast and Lunch Menu

Fall is just around the corner, now is the time to think about fall and winter storage!

## Thee Amish Structures

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## Little Eagles Coed Lacrosse Clinic

Wednesday Nights  
Sept. 5 - Oct. 3, 2018

Ages 4-6 @ 5:15pm-6:00pm  
Ages 7-12 @ 6:00pm-7:00pm

\$45/player  
\$55/player includes T-Shirt

Register online at:  
www.jmmcomplex.com

This clinic will be held indoors at:  
JM McDonald Sports Complex  
4292 Fairgrounds Dr.  
Cortland, NY 13045  
(607)753-8100



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Dennis Kennedy!



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# WELCOME TO OUR FALL HOME IMPROVEMENT, FALL IS FOR PLANTING/HUNTING & LABOR DAY ISSUE

The Cortland Area Tribune, nicknamed The CAT is published and distributed every other Wednesday. Look for it at 100's of area businesses in Cortland, Dryden, Whitney Point, Groton, Homer, Marathon, Moravia, Ithaca, Tully & LaFayette. Here's some upcoming issues for you to look forward to!

## September 12 - Fall Bridal & The Cortland Area Tribune's 16th Anniversary Issue

Deadline 9/7

## September 26 - Get Ready for Fall, Fall Antiques, Columbus Day & Fire Prevention Week (10/7-13) Issue

**INCLUDES** Distribution of the Fall/Winter Travel Guide!

Deadline 9/21

## October 10 - Fall/Winter Car Care & Pre-Halloween Issue

Deadline 10/5

## October 24 - Restaurant Guide/Catering, Halloween & Pre-Thanksgiving Issue

Deadline 10/19

## November 7 - Thanksgiving & Black Friday & Veterans Day Issue

Deadline 11/2

## November 21 - Winter Sports Enthusiasts & "For Kids" Holiday Issue

**PLUS** Last Minute Gift Guide Insert

Deadline 11/16

### TRIVIA QUESTIONS

See if you know the answer without looking it up! Answers in the back.

1. What is the world's tallest-growing tree?
2. What is the fastest-growing woody plant in the world?
3. What flavoring comes from an orchid *Vanilla planifolia*?
4. Why is fall was called "harvest?"

### BUMPER STICKER OF THE ISSUE

#### LAND OF THE FREE—BECAUSE OF THE BRAVE

Have you ever seen a clever bumper sticker on someone's car in front of you at the red light or fast food drive-thru and thought, "That's a good one"! Do you have one on your car that's worth sharing?! The newest addition to The CAT is quotes from Bumper Stickers! If you have one to share with our readers, please email it to [tcatribune@gmail.com](mailto:tcatribune@gmail.com) or call them in to 607-844-8228

### WELCOME NEW ADVERTISERS:

#### AUTOMOBILE SALES & SERVICE

#### CORTLAND



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GARDEN STORE  
M-F 9-5 & SAT 9-2

#### GIFT SHOPS



Home Furnishings & Gifts  
44 James St., Homer  
607-756-0750  
Monday thru Saturday  
9am to 5pm



Like us on Facebook

Want more timely local news & community events? Search for us: "The Cortland Area Tribune"

### CHECK OUT THE BUSINESS SERVICE GUIDE!

Easily accessible at the back of the paper! Growing with every Issue! Take this handy pull-out 4 page directory with you in your car and leave it in your glove box for quick reference! Area businesses are listed alphabetically by services. When you patronize the businesses listed in the directory, please tell them you saw them listed in The CAT! *Shop local and save gas!*

### CORTLANDAREATRIBUNE.COM

Visit our newspaper online! Each issue is posted online, along with additional content we couldn't squeeze into the printed issue! Also find us on Facebook and Twitter (@tcatribune)!

### SAVE A TREE—RECEIVE EACH ISSUE IN YOUR EMAIL INBOX

Email your request to [tcatribune@gmail.com](mailto:tcatribune@gmail.com).

### FREE HAPPY ADS!

Share a birthday or anniversary wish for free, include a photo! Email to [tcatribune@gmail.com](mailto:tcatribune@gmail.com), or mail it to The CAT, P.O. Box 67, Dryden, NY 13053. Deadline is 6 pm on Friday, September 7th for the next Issue.

The Cortland Area Tribune  
P.O. Box 67 • Dryden, NY 13053  
(607) 844-8228 • [tcatribune@gmail.com](mailto:tcatribune@gmail.com)  
[cortlandareatribune.com](http://cortlandareatribune.com) • @tcatribune



Accepted

The Cortland Area Tribune is not liable for typographical errors, copy omission or ad layout beyond cost of ad space thus affected. We cannot guarantee ad position beyond original commitments. The Publisher reserves the right to reject or cancel any advertising for any reason at any time without notice. The paper will be distributed both physically & digitally. The opinions of advertisers, expressed or implied, do not necessarily reflect those of the paper. All sales are final. No refunds.

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Come see us at our new location—next to the railroad tracks in the Historic Train Depot at 44 James St in Homer

Monday thru Saturday  
9am to 5pm

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Home Made Hand Tossed PIZZA

Large Cheese.....\$11  
Lg. Cheese+10 Wings.....\$19.50



**Fish Fry**  
Fish Fry Friday \$11.99  
Haddock Fillet  
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New Menu - Lunch - Dinner  
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Now Booking Parties  
Large or Small  
Call for Details

BIKERS WELCOME

Every Wednesday Night  
**Wing Night**  
6pm til close  
50 cents wings!

HOURS:  
M-TH...11-10pm  
FRI...11-2am  
SAT...11-2am  
SUN...12-8pm

Great Food!  
Family Friendly!



**Grandma's Pretties**

Quality Antiques & Collectibles

Antiques, Collectibles, Linens, Jewelry, Buttons, Beads, Lamps, Glassware, Pottery, China, Crystal, Toys, Dolls, Post Cards, Advertising, Furniture

Our Storage Space Loss is your Gain!

**SUMMER SALE** Inventory Reduction **25-50% OFF**  
For appointment or contact call Marlene & Ed Pittsley: 607-862-9795

Stop in to appreciate the volume of items!

**MAJOR SALE** Lighting and Furniture **40% OFF**

Open Wednesday-Sunday 10am-5pm Closed Monday & Tuesday

3 Railroad Street - Whitney Point, NY  
grandmaspretties.com

**REWARD!**  
**\$1,000**

For Information Leading to the Return of This Lost Dog

Charm: 13 year old female BEAGLE  
Tan/White/Black • 22 lbs. • 14" tall

Lost June 17, 2018 in Yellow Barn State Forest near Dryden, NY



**607-279-7114**

**CASKEY'S GARAGE**  
Happy Labor Day!  **TRUCK REPAIR**

In observance, we will be closing Friday, August 31 at noon and will remain closed thru the Labor Day holiday (Sept. 3)

**SCHEDULE YOUR APPOINTMENT TODAY**

We're looking forward to serving you!





(607) 347-4170  
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## GRANDMA'S PRETTIES ANTIQUES & COLLECTIBLES CELEBRATES 5TH ANNIVERSARY

GRANDMA'S PRETTIES IS CELEBRATING THEIR 5th anniversary on September 1st at 3 Railroad Street in Whitney Point! Grandma's Pretties is open from 10am to 5pm Wednesday through Sunday and is closed Monday & Tuesday. You can reach Grandma's Pretties by calling (607) 862-9795, or stop in at the handicapped accessible shop: take a right on to Main Street by the Speedway station, and take a left onto Railroad Street before you reach the railroad tracks. Cash, checks, and credit cards are all welcome.

Due to Grandma's Pretties losing their storage space - they are having a 20 to 50% off inventory reduction sale! Take advantage of 20-50% off! Sale continues until major inventory reduction is achieved. Browse through their PEZ dispensers, marbles, lamps, clocks, beads, buttons, models of vintage aircraft, records, 500+ dolls, 1,000's of earrings, vintage Boyd's Bears, furniture, glassware, paintings, Pyrex, jewelry, records, and a vast array of other items that are on display. No vendors or cosigners, the store is a one owner owned shop! Stop in to appreciate the volume of items! Something for everyone! Majority is 50% OFF! View their website [www.grandmaspretties.com](http://www.grandmaspretties.com) Check them out on Facebook for updates! Worth a stop to see the forced sales and big discounts! 20 to 50% off inventory reduction sale going on now!

Marlene and Ed would like to wish everyone a Happy and Safe Labor Day weekend.

## JM MCDONALD SPORTS COMPLEX

THE JM MCDONALD SPORTS COMPLEX is a non-profit organization founded in September of 2004. The sports complex is an affordable, family-oriented facility that provides programming and events in a safe, recreational environment. The primary goal at the sports complex is to promote fun and healthy activity for both youth and adults.



**Unreserved  
Real Estate & Contents  
AUCTION**  
**Sat., September 8, 10 AM**

**5038 State Route 13  
Deruyter, NY 13052**  
3 Bdrms. on 4.36 +/- Acre Lot!  
Bidding Starts @ \$1!  
**Dir: Between Truxton & DeRuyter,  
near the corner of E. Keeney Rd.**  
**Open House:  
Sat., 9/1, 10 AM-1 PM**

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# TRAVEL GUIDE FALL/WINTER 2018/2019

Don't miss  
this once  
a year  
opportunity!

Advertise  
in the  
2018/2019  
Local Travel  
Guide!

Presented by

**THE CORTLAND AREA TRIBUNE**

Distributed Sept. & Oct. in 7 counties starting with our Sept. 26th issue!

## Travel Guide ADVERTISING RATES

<b>Full pg</b>	8" wide x 9.75" tall	BLACK & WHITE \$520 COLOR \$600
<b>1/2 pg</b>	8" wide x 4.8" tall 3.9" wide x 9.75" tall	BLACK & WHITE \$340 COLOR \$400
<b>1/4 pg</b>	3.9" wide x 4.8" tall	BLACK & WHITE \$190 COLOR \$230
<b>1/8 pg</b>	3.9" wide x 2.325" tall	BLACK & WHITE \$105 COLOR \$130
<b>1/16 pg</b>	3.9" wide x 1.075" tall	BLACK & WHITE \$70 COLOR \$85

**2018/2019  
LOCAL EVENTS  
FALL & WINTER  
FESTIVALS!  
EVENTS!  
HOLIDAY  
HAPPENINGS!  
OPEN HOUSES!**

**DEADLINE FOR AD  
COPY IS FRI, SEPT. 14**

**PAYMENT IS DUE  
WITH AD PLACEMENT**



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AREA TRIBUNE**  
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AREA TRIBUNE  
PO BOX 67  
DRYDEN, NY 13053**

### A Bit About The Cortland Area Tribune...

The Cortland Area Tribune, nicknamed The CAT, is a free bi-weekly newspaper offering affordable advertising rates since 2002. 24 to 32 pages per issue! Distributed every other Wednesday in Cortland, Tully, Lafayette, Groton, Homer, Dryden, Marathon, Whitney Point, Moravia and Ithaca. Each issue has a new theme to go with the season or suggested topics - such as DAD/GRAD, EASTER, CHRISTMAS, NEED FOR SPEED, PAMPER YOUR PETS, CAR CARE MONTH, BRIDAL and more!

The CAT's popular 4 pg pull-out biz/service guide only \$99/4 months per listing. Includes 1 FREE 1/16th pg black & white ad inside with new and/or renewed listings! Plus discounted advertising rates while listed in

the biz/service guide. Biz are listed alphabetically by services. Full color ads also available!

FREE online classifieds (articles for sale only) e-mailed - a gift to our readers!

Community events, local happenings, business profiles & more are featured in The CAT.

Front page advertisements include a FREE article and pictures printed inside about their biz! It's like getting 2 ads for the price of one!

Don't miss out! Inform the community about YOUR business! Folks are curious about what's inside The CAT - call or email for a rate brochure plus upcoming dates and deadlines.

Judy Kilmer, Publisher

### CONTACT

**JUDY KILMER  
PUBLISHER**

**TEXT/CALL  
607.227.0606**  
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**2013 CAN-AM SPYDER STS SE5  
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**2008 CAN-AM SPYDER RS GRAY  
SM5 CORBIN BAGS, TOP CASE  
SALE PRICE  
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**2006 HD DYNA GLIDE  
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**2010 KAWASAKI VULCAN 900  
CLASSIC BLUE,  
NEW FRONT TIRE,  
HIGH W/S, SADDLEBAGS  
SALE PRICE  
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SALE PRICE  
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**2012 YAMAHA V STAR 1300  
SALE PRICE  
\$6,495**



**2013 HD ROAD GLIDE ULTRA  
SALE PRICE  
\$15,400**



**2007 KAWASAKI NOMAD  
SALE PRICE  
\$5,495**

TRAVEL GUIDE WILL ALSO BE ONLINE AT [CORTLANDAREATRIBUNE.COM](http://CORTLANDAREATRIBUNE.COM)

Our facility includes an NHL regulation-sized ice rink for ice hockey games, figure skating, and public ice skating that is available from August to March. Year-round, the JM McDonald Sports Complex offers various sporting leagues, tournaments and clinics on our large turf field and on our smaller, boarded turf field. These leagues, tournaments and clinics include lacrosse, soccer, field hockey, baseball and softball. Leagues and tournaments are offered to both youth and adults, where clinics are geared more towards giving young athletes practice and experience in various sports.

The JM McDonald Sports Complex proudly offers our "Little Eagles Youth Sport Clinics" in lacrosse, soccer, field hockey and baseball. These programs include five sessions each at a low cost of \$45. The age range for these clinics varies by the sport, but are generally available for ages 3 through 15.

The JM also takes pride in their after school and summer camp childcare programs. The after school program, or CHAMP, is offered throughout the school year until 6pm. Once school is out, the summer camp program is offered Monday through Friday from 7:30am-6:00pm. Both of these programs are offered to boys and girls in grades K-6.

The sports complex also provides tennis rentals, batting cage rentals for both baseball and softball, birthday party reservations and much more! You can learn more about the JM McDonald Sports Complex by visiting our website at [www.jmmcomplex.com](http://www.jmmcomplex.com) and following us on Facebook, Twitter and Instagram. The staff here at the complex welcomes everyone and hopes to see you soon!

## CLASSES AT CRT DOWNTOWN

SUMMER IS COMING TO A close, but fear not! Fun things for fall!

Saturday classes return on September 22nd for grades K-12 at CRT Downtown!

K-2nd Grades, 9:30-10:30am: Why Can't I Fly? Minnie the monkey has so many friends that can fly—why can't she? We will explore themes of perseverance and teamwork with acting games and confidence! We will perform the short play on the final day of class for families and friends! \$10 per class, \$50 per series.

3rd-6th Grades, 11am-12:30pm: The Gingerbread Girl! We'll work on comedy, stage presence and creativity in this Gingerbread-meets-Frankensteen story sure to zap anyone's taste buds! With game-based learning, we'll focus on teamwork and presentation as we perform this story on the final day of class for family and friends! \$10 per class, \$50 for series.

7th-12th Grades, 1pm-2:30pm: Finding my Farce! Using scenes from famous farcical comedies like Noises Off, we'll working on timing, teamwork, and maintaining character through craziness! We'll perform these scenes for friends and family on the final day of class!

\$10 per class, \$50 for series. Visit [CortlandRep.org/for-kids](http://CortlandRep.org/for-kids) for more information about these programs! Each class series will culminate in an exciting presentation for family and friends!

## Unreserved Real Estate & Contents AUCTION

5038 State Rt. 13, DeRuyter, NY  
(Located halfway between Truxton & DeRuyter on Rt. 13)

SAT., SEPT. 8, 10 A.M. - Preview: 9-10 A.M.

Household Furnishings to be auctioned following the sale of the Real Estate to include: **Furniture:** 30's Mahogany Bedroom set w/dbl. bed, chest & Vanity w/mirror & bench; Maple chest, dresser w/mirror & night stand, dinnette table & chairs, sofa, electric lift chair, recliner, upright piano, end & coffee tables, TV stand, Plank seat chairs, Hitchcock chair, Maple bookshelf, canted seat chair, spinet desk & chair, twin beds & dresser; **Housewares:** Hummels, microwave, LED TV, Brother sewing machine, Nail Technician bench, Bikes, patio table, milk can; **Tools:** Craftsman compressor, ext. ladders, Hyd. bumper jack, table saw, 275 gal. fuel tank w/pump, Craftsman cart, jack posts, Yard Man Craftsman chop saw, Craftsman 30 gal. compressor, wheel barrow, pressure washer; plus more! **Auctioning @ 11 A.M.:** '06 John Deere 4x4 4330 Diesel Tractor w/4 cyl. ROPS, less than 300 hrs. w/tire chains, w/400X Loader; '15-4' Rear rototiller, 6' Heritage RO72 finish mower, Kubota BX1500 Diesel riding lawn tractor 4x4 used-Cost \$15,900; 2007 Yamaha G-22 gas golf cart; John Deere gas GT225 Riding lawn tractor w/38" mower deck, 2005 Homemade Utility Trailer. **Terms on Personal Property:** Full payment due day of auction by Cash, Visa, MasterCard, Discover or Debit Cards. Business checks w/Bank letter of guarantee. Ten percent buyer's premium. All items sold in "AS IS" condition. Subject to errors and omissions. Refreshments available. Driver's license required for bidding number. All statements made day of auction take precedence over printed material.

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- Rain & Wind Storm Damage
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All Work Guaranteed - Warranty 5, 10, 30 Years  
Compare Prices - You'll Be Glad You Did!  
Fully Insured Free Estimates Insurance Claims  
**315-430-9903**  
Senior Citizen Discounts



**Animal Adventure**

THANKS YOU FOR ANOTHER AMAZING SEASON!

**BUY ONE ADMISSION, GET ONE FREE!**

THROUGH OCTOBER 31, 2018

Coupon must be presented to receive offer. Not valid with any other offers. Good 9/1/18-10/31/18.

85 Martin Hill Road, Exit 5, I88 • Harpursville, NY  
[www.TheAnimalAdventurePark.com](http://www.TheAnimalAdventurePark.com)

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Locally owned and operated, Willcox offers high-quality automobile repair and great tires at affordable prices. From brakes to air-conditioning to tires to fuel pumps, Willcox is your vehicle's one stop automotive supercenter. Celebrating our 31st year! Whether your vehicle is foreign or domestic, it doesn't matter to us - we can fix it! Stop by and see us today!

Looking for an odd size tire?! They specialize in the hard to find sizes and tires for ATVs, boat trailers, tractor trailers, dump trucks or even hand cart tires! Plus, Willcox Service and Tires Center also sells used cars!

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- Electronic Testing
- Oil & Lube Service
- Used Cars

Willcox Service & Tires Center is located at 233 Elmira Road in Ithaca and is open Monday thru Friday from 8 am to 5:30 pm and on Saturday from 8 am to noon. Stop by and say HI to the team at the front desk - Steve, Tom and John! Check us out on the web - [www.willcoxtirecenter.com](http://www.willcoxtirecenter.com) and like us on Facebook! Wishing everyone a Safe and Happy Labor Day!



## GET YOUR POOL PREPPED FOR AUTUMN WITH TARSON POOLS & SPAS

By Shannon Myers

**SURE, THERE ARE PLENTY OF** hot days left during the coming weeks in which you will still be able to enjoy your pool. But Labor Day will be here soon, and the kids will be returning to school, leaving us all asking, "Where did the summer go?"

While many of us in the Central New York region don't want to think about the advent of cooler temperatures, it does pay to think ahead, especially when it comes to fall and winter prep - like closing your pool. Schedule your closing now, so that you don't need to worry about it at the last minute, when the weather has already turned.

In business for 75 years, Tarson Pools and Spas has become a trusted and leading seller of pools and spas in Central New



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York. With seven different locations, Tarson Pools and Spas offers a large array of top of the line products, such as quality above ground pools and custom inground pools, state of the art spas, patio furniture, game tables, and pool accessories. Tarson Pools and Spas also offers a full service department to close your pool. It even holds a class in the fall for pool owners who want to learn how to properly close inground and above ground pools, including a review of the correct chemicals to add over the winter.

What sets Tarson Pools & Spas apart from its competitors?

One of the most important elements that Tarson Pools and Spas offers is proper insurance coverage. This is a big help to consumers.

"We often get calls from consumers with price comparisons from other pool retail and servicers who offer lower

zoos and aquariums in the United States. The park staff includes zoologists, animal behaviorists, biologists, educators and general caretakers and is open seasonally from May through October.



## Animal Adventure

ANIMAL ADVENTURE PARK IS ONE of New York State's most beloved and valued tourist destinations. The interactive, educational animal park is located in the hills of Harpursville (just minutes outside of Binghamton, New York) and is home to world famous giraffes April, Oliver and Tajiri. The park's mission is to communicate an appreciation for living things through the use of the human senses and to educate guests about the natural lives of its animal ambassadors. Animal Adventure is federally licensed by the USDA, ensuring the park maintains the same standards of care that are met by



## THANK GOD 4 PAWS 2018

That's right...a Festival for Your Dog!

The countdown is getting closer for our 4<sup>th</sup> Annual "Thank GOD 4 Paws" dog festival and adoption event.

There is something for everyone, but especially our 4-footed furry friends. It's an afternoon of outdoor, free family fun.

Everyone's favorite booth is where you can make free Paw Prints of your dog and hand prints of your kids. We will also have dog training demonstrations with Q&A, vendors, music, food, games, raffles and more surprises along the way!

During our afternoon, the dogs who are looking for for-ever homes will be showcased and introduced to the public. A perfect chance to meet your future best friend. Each year we select a different Animal Rescue and donate 100% of the money we raise from the raffles.

The most entertaining is the Doggie Costume Contest; a wild, hilarious event with the winner choosing between a private consult or dog training classes with Bev Warner, owner of Good Dog Unlimited = \$130 value!

Our main event is the most memorable. We have a time when we focus on what a gift our animals are to us...the love, the lessons, and the bond that is shared. And each dog also receives their very own "Thank GOD 4 Paws" bandana keepsake to help remember this special day.

So if you are just coming for a day of fun with hundreds of dogs, looking to adopt, or bringing your own 4 legged buddy, we hope to see you and your friends on Saturday, September 8<sup>th</sup>, from 1pm to 4pm at 1731 Rt. 13 in Cortland.

Contact us on Facebook or [thankgod4paws@gmail.com](mailto:thankgod4paws@gmail.com) if you have any questions.

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## 'MUMS' THE WORD DECORATE YOUR HOME, GARDEN & PORCH FOR FALL!

AND THERE IS NO BETTER time or place to do it than during  
...September at Valley View Gardens and The Cinnamon  
Apple Cottage We have loads of lovely plants to spruce up  
your garden and porches. Many items on sale!

### Mums!

Valley View Gardens and The Cinnamon Apple  
Cottage are a must see for your Fall Landscaping and Home  
Decorating projects! Gorgeous mum will arrive by Friday,  
August 31, and we are stocked with a wonderful selection of  
Ornamental Trees, Shrubs and perennials! Our shade trees  
are gorgeous! Flowering Hydrangeas like "Limelight" "and  
"Pinky Winky" are in flower and will make lovely dried flower  
arrangements to decorate inside your home all fall and winter  
long! Many perennials and Ornamental grasses are in full  
flush - favorites for their late summer and early fall blossoms!

### Landscaping!

Planning a family reunion or an end of the season backyard  
barbeque? Create a refreshing new look for that garden party  
by adding our beautiful 10" & 12" Mums in pots and bushel  
baskets! Something new! Tri-color 12" mums will soon be  
available to give color to your autumn landscape! Valley View  
Gardens Nursery is abounding in luscious plant materials  
waiting to be planted such as flowering Lilacs, Crab-apples,

Spireas, Weigela, Nine-bark, Weeping Cherries and so much  
more! Evergreens, such as White Pine, Hemlock, Spruce,  
Juniper and Cypress are available now!

The fall is a perfect time to landscape your home! The cool  
Fall season, followed by a gentle Spring season will guarantee  
your plants become established by next summer. Valley View  
Gardens can increase the value of your home with an eye-  
catching landscape design and installation. We have been  
providing professional landscaping service and quality plant  
material in the Central New York area for twenty one years.  
Your satisfaction is our standard.

### DIY?

If you prefer to do-it-yourself, Valley View Gardens has a  
wide selection of trees, plants, and shrubs to meet all of you  
landscape needs and the expertise to guide you along the  
way. Our selection is quite diverse, ranging from a variety of  
shrubbery, Topiaries, Maples, Oaks, Weeping Ornamental  
Trees, Fruit Trees and for a splash of color, you can add  
Ornamental Grasses, Hosta, Daylilies, Perennials, Mums,  
Ornamental Cabbage and Kale!



**HOME DECOR?** Enchanting gifts abound at the Cinnamon  
Apple Cottage Gift Shop. Do some early shopping for Autumn  
Decor and Christmas presents! Design that 'unique' gift that  
reflects the 'personal' touch: a basket of assorted jams and  
baked goods; and quaint and comforting gifts for that special  
someone!

The old fashioned "General Store" filled with a selection  
of Amish jams, salsas, as well as, framed art, inspirational



plaques, luscious candles (with scents like "Hot Apple Pie" and  
"Butter and Maple Syrup") as well as an assortment of lovely  
wreathes, garlands, potpourri and handmade gifts fill every  
room. The Cinnamon Apple Cottage contains special section  
with gifts for the outdoors-man and nature lover, the home  
decorator and those who are looking for inspirational décor  
or gifts. Check out our child giftware! Your loved ones will  
love the unique items that are chosen for them! Or, better yet,  
choose something for yourself! An enchanting gift shopping  
experience awaits you at The Cinnamon Apple Cottage!

Our hours are during September and October will be Monday  
through Thursday, 9-5:00, Friday, 9-6 and Saturday 9-4. We  
are closed on Sundays. If you have any questions, please call  
us at 607-749-3130. Help us celebrate "Fall" at Valley View  
Gardens Nursery and the Cinnamon Apple Cottage Gift Shop!  
Gift certificates are available! Start your holiday shopping  
now and save! We are closed Monday, September 3<sup>rd</sup>, Labor  
Day.

Looking forward to serving you at Valley View Gardens  
Nursery and the Cinnamon Apple Cottage this Fall!

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**CREATURE FEATURE  
COMMON LOON**

**T**HE COMMON LOON IS A beloved symbol of northern wilderness lakes. It is a large, long-bodied bird that dives underwater to catch fish and other aquatic prey. In spring and summer, the adult loon is quite striking in its boldly contrasting black and white-checked plumage with bright red eyes. In the winter, it is a drab gray above and white underneath. Breeding typically takes place on remote lakes in the northern U.S. and Canada. Winters are spent along ocean coastlines and sometimes on open lakes and rivers. Loon pairs are monogamous and bonds may last several years. Tiny loon chicks are at risk from predators both above and below the water, and will ride on their parents' backs for protection, or to warm up and rest.

The loon is built for life on the water. Its feet are positioned far back on the body, which helps it to dive, but makes it extremely awkward on land. Therefore, its nest is placed very close to the lake edge. Unlike most birds, the loon has solid bones, so it is heavy and requires lakes large enough to accommodate a long running and flapping take-off.

A loon has an array of vocalizations for different purposes: the piercing tremolo sounds like wild laughter, but actually indicates alarm; the urgent yodel is a territorial broadcast by the male; and the haunting wail is often used to keep in touch

with a mate. Quiet hoots are social greetings and also used to communicate with chicks.

In some areas, the common loon population is declining due to lead poisoning from fishing sinkers, which they accidentally ingest along with pebbles for digestion. Boaters and PWC operators should avoid loon nesting sites, which are easily swamped by wakes, and also keep an eye out for youngsters that can't swim or dive well enough to avoid collisions.

*Article and Photograph by Margie Manthey*

**MIKE'S FISH TANK  
FISH FOR PONDS**

**D**URING POND SEASON AND I do get people asking me about the different types of fish that go in ponds.

One is the Premium Sarasa comet. They have a deeper red color than standard comets, with less white. Most have long fins, some have white "noses" or finnage. Maximum length is about 12 inches plus finnage. Like standard comets these are not much of a threat to plants. The Regular standard Sarasa has a more defined red and white pattern, and they seem to have an endless variety of patterns. Maximum length is also 12 inches.

Shibunkins are a hardy comet style fish with a red/black/white/blue/yellow/ calico pattern with a mix of metallic, and oversized scales.

Almost as pretty as koi, but sturdier, and don't get as big. The maximum length is once again about 12 inches. Shibunkins are not inclined to destroy plants.

Domestic Koi born in the USA sport a variety of colors, patterns and scale types. Most of the time this type of koi

generally cost \$6.99 to \$8.99 for a 3 to 4 inch fish. It's the type of koi we sell here at Pets A Plenty. A lot of people do not want the expensive koi for fear of something happening to them. Animals such as Heron and raccoons can wipe a pond out quick. Koi can live for decades and get up to 3 feet long.

Koi do like to munch on plants or dig in their pots. A few Koi in a well planted pond is no problem, but a lot of koi with a few plants is a snack break.

Koi are not quite as hardy as goldfish especially during hot summers or long freeze-overs in Winter.

Butterfly Koi are a special, long-finned variety of koi. Very graceful in appearance and movement, these get as big as their standard cousins.

Butterfly koi are slightly less hardy than the standard koi. Keeping them well aerated and protected from aggressive fin nippers help them to adapt. Prices on butterfly koi have gone up a lot the last few years.

Premium Koi are domestically bred to get the very best of colors and patterns. Prices may be a bit higher due to that fact. Where as standard koi are \$6.99 to \$8.99 for 3 to 4 inch. Premium koi can be double that.

Imported Koi: The Japanese got about a 2000 year head start in selectively breeding Koi and it shows when these fish are imported to the states. They are much more expensive than domestic koi, but the whites are creamier, reds deeper, blacks almost jet black, and markings much more defined.

Rest assured most people tell me the \$6.99 and \$8.99 koi do just as well as the fancier more expensive ones. You don't have to spend a lot to have a really nice koi pond.

*Pets A Plenty is located in the Blockbuster Video Plaza, Rte 281 Cortland, 753-9213. Open 7 days a week. We now have a website. WWW.PETSAPLENTY.BIZ. check it out. I post care sheets, coupons, new animal arrivals, contests and more. Any questions, email me at friskyy@hotmail.com*



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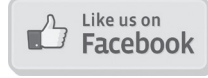


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## THE CENTER LISLE DINER

**W**ELCOME BACK TO THE CENTER Lisle Diner! A couple of weeks ago I told you about this hidden gem off Route 79 that is turning out some delicious food. Now we have more exciting news!! Jo and her daughter JoAnne have updated the hours and expanded the menu to include a wide array of home cooked meals, desserts and tasty soups just in time for fall!

They still have their full breakfast and lunch menus with their number one selling Garbage Can Omelet as well as their juicy, hand formed 8oz burgers, tasty sandwiches on fresh bread, crispy French Fries and their popular Saturday Chicken BBQ. They now also have dinners that include mashed potato, veg, and your choice of soup or tossed salad. Dinners start at \$7.49 for 1 Pork Chop and go up to \$18.99 for a T-bone steak cooked to your liking. Fried Chicken and Country Fried Steak dinners help round out the menu, plus they have daily specials such as the All You Can Eat Spaghetti dinner on Thursdays. \$7.99 for the meal, which comes with a side salad and dinner roll.

Their lunch menu still includes their cheeseburger with crispy bacon plus they now have several subs such as Ham,

Turkey or Roast Beef (all with cheese), 6in for \$4.69 or foot long for \$6.79. All sandwiches come with your choice of lettuce, tomato, onions, pickles, olives and mayo or sub sauce and chips. For a \$1.50 more you can substitute hot, crispy French Fries, which by the way are usually hand peeled by 80 year old husband, father, grandfather, great grandfather and restaurant owner James Gehm Sr, for the chip. They also have hot subs: Meatball, Philly Cheese Steak, Hot Roast Beef (see picture) and sandwiches: BLT and Tuna just to name a few.



Did I mention homemade soups just in time for fall? The Broccoli Cheese is the perfect amount of creamy cheddar cheese and soft (yet not mushy) broccoli and thinly sliced carrots. The Italian soup is savory with ground sausage and tomato broth. Delish! The portions are big enough to leave you full and satisfied with just a small amount left over for your togo box to remind you at lunch tomorrow of the delicious dinner you had last night. For that insatiable sweet tooth, they have some homemade pies as well as both soft serve and hard ice cream.

To round out the more diverse menu, they will be rolling their own homemade pizza dough for several different pies available. They will have cheese,

pepperoni, chicken bacon ranch, buffalo chicken and meat lovers just to name a few, with a large variety of toppings to fit any pizza lovers dreams.

For those of you looking for healthy options, they do have fresh salads as well as sugar free desserts that are just as tasty as the rest of the menu. All reasonably priced I might add.

Their new hours will be

SUN & SAT 7am - 11am Breakfast only

MON, TUES, THURS, FRI 11am - 8pm Lunch, Dinner and daily specials

WED Closed

**DON'T FORGET!!** That succulent Chicken BBQ starts at noon on Saturdays, served til gone.

So, if your looking for that home cooked meal and family environment, stop on in. The Center Lisle Diner will leave you feeling full, satisfied and like you were visiting grandma for a Sunday evening dinner. Like them on Facebook and see daily specials and hours. Hope to see you soon!!



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**RON'S BODY & PAINT**

**LABOR DAY ROAD TRIP PLANS?!** Get your vehicle ready with new tires and a tune up from Ron's Body & Paint! Contact the auto body and paint experts - Ron's Body & Paint in Cortland for all of your automotive services at 362 Route 13 to schedule your appointment at the Cortland location 607-662-4543. Since 1989, Ron Stanley and family have been offering the absolute finest in contemporary automotive services at their one-stop vehicle service center in Marathon at 31 Cortland Street (607-849-6898) and both locations are providing the same great services Ron's Body & Paint has been known for.

Why would you ever need to call Ron's Body & Paint? Here are five reasons to call!

One: they're the biggest body shop in the area, and the place to call for body and paint work done using a state-of-the-art down draft paint booth and waterborne paint. Plus, loaner cars are available.

Two: they're a full-service center that handles everything from brakes, inspections, and oil changes for only \$19.95... 4-wheel alignments to deals like a 10% discount with the purchase of 4 tires.

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And of course, your satisfaction is always guaranteed. ASK RON ABOUT A LOANER CAR WHILE YOUR COLLISION REPAIR WORK IS DONE! Like them on Facebook! Or on the web [ronbodyandpaint.com](http://ronbodyandpaint.com)

Everyone from Ron's Body & Paint wish you a Happy and Safe Labor Day weekend.



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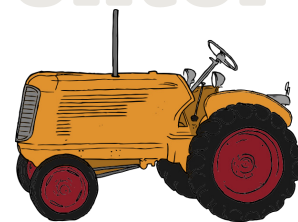
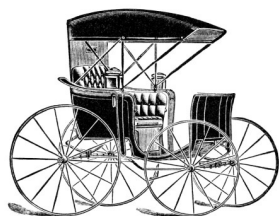
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**CNY Living History Center**

2<sup>nd</sup> Annual  
**All Wheels Show & Tractor Pull**

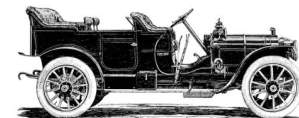
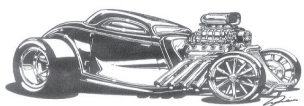


Saturday

September 15, 2018

Come down to the CNY Living History Center and experience our 2<sup>nd</sup> Annual All Wheels Show & Tractor Pull!

Pancake breakfast, lunch, music and more!



All Wheels Show

Registration starts @ 9:30am  
Registration = \$10  
(\$5 for every additional vehicle)  
Show time 10:00am - 3:00pm  
Open to all types, makes, models & year of vehicles and does not have to be motorized.

Tractor Pull

Registration starts @ 9:30am  
Pull starts @ 10:30am  
Only TOYS Club members may pull  
Registration also gets you 1 free admission to our 3 museums!

4386 US Route 11, Cortland, NY 13045 (607)2994185 [www.cnylivinghistory.org](http://www.cnylivinghistory.org)



Thunder Mountain offers a family atmosphere, stadium-style concrete hillside seating for 2,500 spectators, concession stands offering delicious food items, novelties and more. Parking and camping on

the premises are always free. All seating is general admission. Tickets are sold at the gate on race night.

Weekly racing at Thunder Mountain is headlined by the powerful big-block/small-block Modifieds outfitted with sail panels. Other regular divisions include Sportsman, Crate 602 Sportsman, IMCA Modifieds, Rookie Sportsman Xcel 600 Modifieds, Street Stocks and Four Cylinders.

**T**HUNDER MOUNTAIN SPEEDWAY IS A three-eighths-mile banked clay oval hosting weekly stock car racing on Saturday nights from April through September. The speedway has undergone numerous improvements since Karl Spoonhower returned to ownership in 2013, including the complete resurfacing of the track's clay, an expanded/reconfigured turn three, a reworked entrance road, new lighting and a general clean-up of the concession stands, bathrooms, and the facility.



Visit our website at [www.thundermtspeedway.net](http://www.thundermtspeedway.net) for schedule and upcoming events. Thunder Mountain Speedway is located at 91 Hunts Corners Road in Center Lisle, NY 13797 (use Richford for GPS) Exit 8 off of Route 81 to R79 West. 607-849-7889

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**7am-5pm** **SUMMER SLAM**  
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Here it is folks! The rest of 2018 Thunder Mountain Speedway Racing Schedule.

Sept. 1 - Championship Night - Final Points Night

Sunday, Sept. 2 - Short Track Super Series Crate 602 Sportsman, Modifieds, Street Stocks, 600cc Modifieds

Sept. 8 - 100 Lap Street Stock Shootout, Modifieds, 600cc Modifieds, Open Practice for 602 Crate Sportsman

Sunday, Sept. 9 - Thunder Mountain Topless 100 602 Crate Sportsman Special, 600cc Modifieds

Sept. 15 - King of the Mountain - Short Track Super Series Open Sportsman, Modified, Street Stocks, Crate 602 Sportsman, 600cc Modifieds

Sept. 22 - TBD

Sept. 23 - Lightning on the Mountain - Short Track Super Series (STSS) Fueled By Sunoco Modifieds \$5,000 to win, plus STSS Crate 602 Sportsman and Street Stocks \$1,000 to win each!

Schedule subject to change without notice.

Gates open at 4 pm, hot laps at 6:20 pm and racing at 7 pm

A complete program consists of Modifieds, Open Sportsman, Crate 602 Sportsman, Rookie/Budget Sportsman, Street Stocks, IMCA-Modifieds, 600cc Modifieds & Four Cylinders.



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## HOMEOWNERS INSURANCE INFORMATION

BECAUSE EVERYONE'S NEEDS ARE NOT the same, it is best to consult your agent to help assess your needs and find the insurance policy that is right for you.

### What is Homeowners insurance?

Homeowners insurance provides financial protection against disasters. A standard policy insures the home itself and the things you keep in it.

Homeowners insurance is a package policy. This means that it covers both damage to your property and your liability or legal responsibility for any injuries and property damage you or members of your family cause to other people. This includes damage caused by household pets.

Damage caused by most disasters is covered but there are exceptions. The most significant are damage caused by floods, earthquakes and poor maintenance. You must buy two separate policies for flood and earthquake coverage. Maintenance-related problems are the homeowners' responsibility.

### Why do you need homeowners insurance?

It is really all about protecting yourself financially if something unexpected happens to your home or possessions. That's important because chances are your home is likely one of your largest investments.

- If your home was destroyed by fire or damaged by a natural disaster, you'd need money to repair or replace it.
- If a guest in your home is injured, liability protection and medical coverage help pay expenses.
- If you are a victim of theft and vandalism, it can reimburse you for your loss or pay for repairs.



- If you are still paying for your home, your lender will require insurance.

It is important to know that homeowners insurance is meant to cover unexpected damage, not routine maintenance. Ask your agent to talk about what is covered and be sure to read your policy so you know exactly what's included and what is not.

### Things to consider and questions to ask your agent

Here are few things to discuss with your agent that will influence your decisions.

- How much will it cost to rebuild my house and replace my belongings if they are damaged or destroyed? (Ask your agent to talk you through your home's features and the things you own so you can make an informed decision about coverage.)
- Does the insurance company have a good reputation for customer service? Is it known for paying claims fairly and promptly?
- What discounts are available? (Ask about multiple policy, security system and fire resistance discounts.)
- What's the process for filing and settling a claim? (Ask who to call and what happens after you file a claim.)

Call Seven Valley Agency to Review your current Homeowners Insurance Policy or If You are planning on buying A Home in the near future we would Love to talk to you to discuss !! Stop by our office anytime at 18 Tompkins Street in Cortland ! Next door to the YMCA ! Call us at 753-1821.

Wishing everyone a safe Labor Day weekend holiday.



## MIDWAY SALES CELEBRATING OUR 29<sup>TH</sup> YEAR

Route 11, Lisle, NY 13797  
(607) 692-2180  
[midwaysalesny.com](http://midwaysalesny.com)

Family owned and operated since 1989.

Midway Sales has been in the same location for 29 years. Ma and Pa the first 3 years of business started in an 8x12 shed as a sales office. At that same time, some pieces of lawn furniture were displayed inside the sheds. As both our business and inventory grew we decided to build a 10,000 square foot showroom. Now inside we offer solid furniture for every room in your home or office including picnic table in lots of styles. Plus, Amish brooms, drying racks, rocking horses, lighthouses, red wagons with air tires, paintings and more!

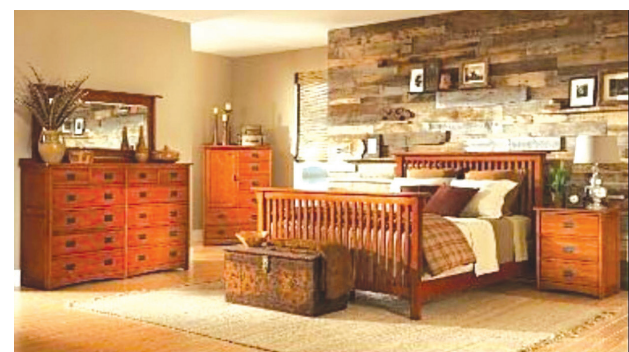
In 1989 we only started with four sheds on display as now we carry approximately 80 on our lot. "Pa" Dad still likes his water wheel and pond in the front yard. Now for the past few years myself "Son" Tim, my wife Lori and our four children operate Midway Sales. We value hard

work, determination and commitment. We also treat you like family.

Inspired Designs is what sets our storage buildings apart.

Come see for yourself what everyone is talking about.

When you plan your visit to Midway Sales, plan some extra time to explore the gazebos and storage buildings. Come inside the store where you will be amazed by the quality and craftsmanship of the furniture. Our office and showroom are located at 3106 Route 11 in Lisle. Hours: 9 a.m. to 5 p.m. Monday through Saturday. Also by appointment. Directions: Take the Whitney Point exit on Interstate 81 (exit 8), turn right to the bottom light. Turn left onto Route 11 North. We are located 1.5 miles on the right.



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## TODAY IS ALL THAT MATTERS REACTING VS RESPONDING

YOU MAY HAVE NOTICED THERE are scenes in your day where you feel and act with presence, empathy, or freely in service to another, without an agenda. This is the state of 'Responding', and it's rooted in the Heart.

You may notice where you are impatient, snippy, pouty, or overcompensated with 'niceties' in order to try to control where and how the scene was going to play out. This is the state of 'Reacting', and it's sourced by our deepest fears.

There are three root fears all human beings have that drive our agendas and we are often at interval war with;

1. the fear that we are alone, abandoned or left out
2. the fear that we are not good enough, unworthy, or will be discovered to be a fraud
3. the fear that we are not doing enough

These three fears drive most of our interactions scene by scene if we are unaware of them, and they are what drive us to relentlessly seek outside of ourselves approval, appreciation, and assurance we are loved by most everyone in our life. This is just what we do to try to avoid at all costs the feeling that we're alone, not good enough, or not doing enough.

To move from Reacting to Responding, we must spend more time in the state of Being we cherish, not acting from our fears. There are three essential states of being that all human beings Long for; the feeling of the experience of Clarity, Peace, or Freedom. These states source our ability to Respond;

+ **Clarity**; Clarity is the sacred art of seeing properly through the eye of your heart. It is the beautiful way in which you see All Beings, without exception, as inherently Good. Clarity is the absence of any barrier between you and Love ItSelf, between you and Love, as Action.

+ **Peace**; a steadfast level, calm relaxed state of Being that is your most natural, inherent state.

It is fearless, trusting, aversion and resistance free.

+ **Freedom**; the power to Be, without hindrance or the concern of one's own worthiness. This is the state of not being imprisoned, enslaved, or limited by one's fears.

Freedom renders you unrestricted and 'moveable' due to your open, flexible mind.

Written by Daniela Hess, YogaFarm Director, Counselor, and Radiance Course Educator. For more information about meditation & self care practices, visit [www.YogaFarm.us](http://www.YogaFarm.us).

### Attention Business Owners

Would you like to have an article with photos printed about your business?! Call Judy Kilmer at 607-227-0606 or email [tcatribune@gmail.com](mailto:tcatribune@gmail.com) to find out how!

## LIONESSE CLUB OF CENTRAL SQUARE'S 35TH ANNUAL APPLE FESTIVAL SEPTEMBER 28-30

COME JOIN US FOR THE Lioness Club of Central Square's 35th Annual Apple Festival! It's a fun-filled fall weekend for the whole family to enjoy. We have over 300+ crafters & vendors, non-profit displays, live entertainment & concerts, food & drinks, amusement & pony rides, special events and contests! The festival opens Friday 9/28 5 - 9 PM, FREE admission & 1 price ride bracelets (no vendors). The full festival is open Sat 9/29 9 - 6 PM & Sun 9 - 5 PM. Admission is only \$5 per vehicle, so bring your friends and family to help support your local community. There is plenty of free parking available and free shuttles are also provided. 100% of all proceeds are donated back into our local communities. Be sure to check out our facebook page for more information!



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SEPTEMBER 7 - SEPTEMBER 9

Sept 7 at 5 PM to Sept 9 at 4 PM  
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Walk down one street and the building beside you transforms into a dark, foreboding forest, the Corinthian columns morphing to gnarled, rain soaked trees as Little Red searches desperately for grandma. Turn the corner and towering above you, what was once a serene, stately bank is now under attack by an impossibly large lizard, smashing windows and scampering inside to look for lunch. Across the street, graceful, otherworldly ballet dancers hang impossibly off the second story surrounded by a crackling energy that responds in real time to a live orchestra. You've arrived at LUMA. It's the country's premiere projection mapping festival--a weekend that celebrates this emerging technology as an immersive storytelling experience. We transform a small city in Upstate New York into an enormous outdoor art gallery full of color, light and sound. All you need is a sense of wonder and the willingness to let your imagination run wild. This year, LUMA is proud to present 5 entirely new major features in Downtown Binghamton and a full weekend of additional sights and sounds produced by the city's world-class cultural institutions. [lumafestival.com](http://lumafestival.com)

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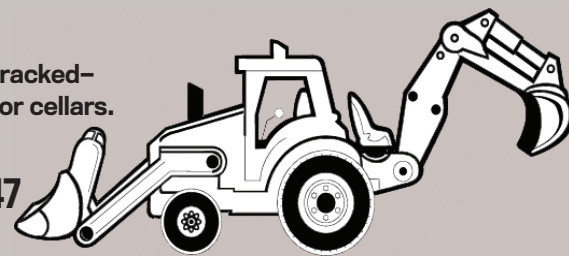
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## FIRST FRIDAY ART NIGHTS

*Hosted by Cultural Council of Cortland County*

**ABOUT:** Cortland First Fridays joins an informal nationwide movement to celebrate the arts in local communities on the first Friday of each month. Participating galleries, studios, artists, interested businesses, music and performing arts venues will be open to the public from 5-8pm to spotlight the arts.

**SEPTEMBER ONLY:** Join the First Friday Foto Frenzy! Complete a registration form and payment, and submit one to two photos taken on your cell phone on First Friday, September 7 from 5-8pm.

**VENUES September 7: The 1890 House Museum:** Someone got loose in the Museum and the rooms are filled with items that don't belong. Put on your sleuthing hat and see if you can figure out What's Wrong at the 1890 House!

**Cinch Art Space:** Summer is coming to a close but don't fret, Cinch Art Space has got beautiful things ready for Fall! Join Cinch Art Space as they feature Fiber Art for First Friday. From felted scarves, to baby quilts and crocheted ponchos, the local talent is abundant. This plus the works of over 60 local artists and craftspeople at Cinch Art Space.

**The CNY Living History Center:** Introducing the center's first art exhibit hosting works by the Cortland Art League. The exhibit will remain on display through the month of September during regular museum hours. Tues-Sat, 10am-5pm. Please stop by for good food, conversation and artwork!

**The Cortland Free Library:** Artwork by Steve Marstall

**The Cortland YWCA's: "YW Programs in Action"** includes David Beale's beautiful water color paintings of Bridges for Kids children and their mentors, photographs by the GEMS girls' group, and artwork from the preschoolers will all be on view and open for public enjoyment.

**SikoraArts: "Mazes and Labrynth's"** featuring the abstract paintings Robert Sikora with another great reception with free refreshments and live music. "SikoraArts" located at 1010 McLean Road, Cortland. It is at the corner of Pleasantview and McLean. They are open on Friday September 7 from 5-8pm. Other hours for the gallery are by appointment by calling at 607-597-9227. There will be signs pointing to the entrance of the gallery. Please feel free to park on the street or the grass.

## VOLUNTEER OPPORTUNITIES

**T**HE CORTLAND COUNTY RETIRED AND Senior Volunteer Program (RSVP) offers opportunities to volunteer for people who are at least age 55. RSVP currently has the following opportunities available:

- ARISE is looking for compassionate and dedicated volunteers to become certified, long term care Ombudsmen in Cortland County. As an Ombudsman, you have the opportunity to regularly visit a local nursing home or other adult care facility to advocate for residents and help ensure they receive quality, person-centered care. The next training session is September 20, 21, 26, and 27 from 9:00-4:00 each day in Syracuse.
- Crown Park Nursing and Rehabilitation Center on Kellogg Road in Cortland is looking for a musician to volunteer at your convenience to play an instrument for residents confined to their rooms.
- The Volunteer Income Tax Assistance Program (VITA) needs volunteers to be trained this fall to prepare tax returns during the next tax season at public locations in Cortland, Truxton, or Tully for Cortland County residents who make less than \$54,000.00. Volunteers complete IRS-sponsored training and pass a certification exam. Volunteers need to be comfortable interacting with a variety of taxpayers and using a laptop to prepare returns independently.
- Cortland County Historical Society would like pleasant, helpful volunteers any afternoon from Tuesday through Saturday to help answer the door and their phone as well as to help with clerical tasks.
- Crown Park Nursing and Rehabilitation Center on Kellogg Road in Cortland is also looking for clerical assistance with filing any weekday at your convenience. Volunteer must have good alphabetizing skills and adhere to confidentiality rules.
- The Cortland County Area Agency on Aging is looking for volunteers interested to co-lead a Bonesaver exercise class, an hour-long gentle exercise done slowly with hand and ankle weights to provide strength training. Classes are held twice weekly year-round, but leaders can volunteer on a rotating or limited basis, depending on the number of leaders. Training is offered and available one-on-one, with our hope to start additional classes.
- The Cortland Community Center needs receptionists/ greeters for two hours between 10:00-4:00 on Tuesday, Wednesday, Thursday, or Friday. Volunteers can specify which day and time you are available and whether you wish to volunteer once/week, once/month, or whatever fits your schedule.
- Cortland County Area Agency on Aging is looking for volunteers for its Friendly Visitor Program. Agency staff visits the client's residence

before a volunteer visits. Currently, visitors are needed for female clients in Cortlandville, Cuyler, or Cortland. Volunteers can specify where and how frequently you are available to visit.

If you are at least age 55 and would like more information about these or other volunteer opportunities, contact RSVP at 607-753-5057 or [rsvp@cortland-co.org](mailto:rsvp@cortland-co.org).



## BUS TRIP TO NORMAN ROCKWELL MUSEUM & BERKSHIRE BOTANICAL GARDEN SUNDAY, SEPTEMBER 30 AT 6:45 AM - 10 PM

*Hosted by Cultural Council of Cortland County*

*Tickets [www.culturalcouncilofcortlandcounty.org](http://www.culturalcouncilofcortlandcounty.org)*

**H**OP ON THE BUS FOR a day of art and nature. Leaving from Cortland at 7 am, this one day bus trip takes participants to the Norman Rockwell Museum and the Berkshire Botanical Garden. Take advantage of this great opportunity to see the museum, which features the world's largest and most significant collection of Rockwell art. Participants will also visit one of the oldest public display gardens in the region, and have the chance to explore 15 acres of paths, blending intimate landscapes with seasonal palettes. Registration is now available, and closes August 31st. Tickets cost just \$105, and members save \$10 off the trip price. For more information or to register, visit: <https://www.culturalcouncilofcortlandcounty.org/bus-trip>

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Third: The Secretary of State is designated as agent of the limited liability company upon whom process against it may be served. The address within or without this state to which the Secretary of State shall mail a copy of any process against the limited liability company served upon him or her is: Corporation Service Company, 80 State St. Albany, NY 12207  
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COMMUNITY CALENDAR

**September 2 - 42nd Annual Fillmore Auto Show & Flea Market**

(Rain or Shine) Fillmore Glen State Park, Moravia Spectators \$1 donation at the gate. Refreshments, breakfast sandwiches and juice starting at 6am. Chicken BBQ etc. Door prizes donated by area merchants, 50/50 raffle. Large flea market. 500 vehicles. 140 vendors. MoraviaNY.com/CarShow Questions: Gary@ChronicleGuidance.com or call Gary at (315) 730-3215 (till 8 pm)

**September 4 & 18 - General Support Group for Bereaved Adults**

1st and 3rd Tuesday, 11:00-12:30 p.m. September 4 & 18 October 2 & 16 November 6 & 20 December 4 & 18 For anyone 18 or older grieving a loss regardless of when the death occurred, or whether your deceased loved one received hospice services. Prompt arrival is appreciated. Registration is not required, but if this is your first time coming to the group please contact Donna George, LMSW, FT, at 607-272-0212 or dgeorge@hospicare.org.

**September 5 - Retired Dryden Teachers' Luncheon**

12 noon Retired Dryden school teachers annual start of school luncheon. Stonehedges Golf Course, Lick St., Groton. Questions: Norma 607-838-3444 or Dolores 607-272-8628

**September 8 - McLean Community Church Annual Steak Dinner**

4 pm until gone  
50 Church St. McLean, NY

Ribeye steak, baked potato, salad, vegetable medley, roll, beverage, and homemade pie! Take outs available. \$15

Reservations HIGHLY recommended by calling 607-838-3450.

**September 9 - Sunday Night Alive**

Every 2nd and 4th Sunday evening of the month (except August) from 6-7 pm at the McGrawville Baptist Church in McGraw, NY. Sing with the SNA praise band and hear an encouraging word. More details on Facebook. Bring a friend to this upbeat evening service that honors Jesus Christ!

**September 10 - Managing Concerns About Falls**

If you or someone you know is limiting activity because of fear of falling, the Cortland County Area Agency on Aging has an informational class series that might help. "A Matter of Balance: Managing Concerns about Falls" can help older adults remain more independent and improve their quality of life. This weekly class series for eight weeks is an evidence-based program designed to reduce the fear of falling and increase activity levels among older adults. Participants learn to set realistic goals to increase activity, change their environment to reduce fall risk factors, and learn simple exercises to increase strength and balance. Fear of falling can be as dangerous as falling. Limiting activities can result in physical weakness, making the risk of falling even greater. Also many older adults experience isolation or depression when they limit their interactions with family and friends. This class series will be held on Mondays from 1:30-3:30 PM from September 10 through November 5 at the

Cortland Senior Center in the County Office Building, 60 Central Avenue, Cortland. Parking and the main entrance are at the side of the building. Prescreening and preregistration are required. Call the Area Agency on Aging at (607) 753-5060 to register and for more information. This class series is sponsored by Cortland County Area Agency on Aging and its Retired and Senior Volunteer Program (RSVP).

**September 10 - Fabius Historical Society Meeting**

7PM: THE FABIUS HISTORICAL SOCIETY will meet at the FABIUS COMMUNITY CENTER (7786 Main St., Rt. 80). A program will be presented about the history of the Grange and its Fabius connection. Free and open to the public. Refreshments will follow the program. Please join us.

**September 10 - Dryden Senior Citizens Lunch**

The Dryden Senior Citizens Lunch will meet on Monday, September 10, 2018 at the

V.F.W. on Route 13 just outside of the Dryden Village toward Ithaca. Lunch is served at 12:15 p.m. with announcements starting at 11:45 a.m. Table service will be provided. The meal cost for members is \$7.00 and \$8.00 for non-members. The meal will be stuffed shells, tossed salad, Italian Bread, vegetable medley, and pound cake with hot lemon sauce. Our entertainment will be Aaron Karppala who will sing a variety of songs for the heart. This will be our first Fall Luncheon. Anyone 55 or older in the area is most welcome. We hope you can come and join us.

**September 13 - Let's Talk About Our Immigrant Community**

8am-9:30am, at Cortland Community Center at the railstation, 90 Central Ave, Cortland. Sponsored by InterFaith Works and NYS Office for New Americans.

**September 15 - Hero's Challenge**

10AM to 1PM 1356 Cortland Rd, Cortland Join us for the third annual Hero's Challenge! Same location

(Fouts Farms on Route 222). Run the 3 mile race or really test your skills on the 5 mile course! There is a hazmat zone, mayday section, bucket brigade, and more! Funds to go to The McLean Fire Department and to Kaelynn Driscoll. Check our Facebook page for info and tickets.

**September 23 - Concert in Cortland**

United Presbyterian Church of Cortland Dr. Ralph Dudgeon, retired SUNY Cortland professor and international expert on trumpet history and performance joins Paulette Fry, organist, in a concert of music for the "Instrument of Kings" with the "King of Instruments." The Church Street Brass joins the duo for a brassy tribute to African-American spirituals, arranged by the organist. Among the period instruments in his repertoire, Dr Dudgeon will play corno da caccia, as well as piccolo trumpet on this concert. Facility is fully accessible. Free reception following the program. Benefit: CAPCO Snack Pack Program

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# PUZZLES & GAMES

## WORD FIND

Find the 'Hunting' & 'Planting' related words below! Can you find them all? Good luck! Check our next issue for the solution!

c	q	n	o	g	c	y	m	m	u	m	s	t	e
s	t	u	d	i	t	a	r	g	e	t	e	e	y
a	o	u	a	n	f	s	y	e	k	r	u	t	d
g	c	i	a	d	o	d	r	i	h	a	e	n	s
k	f	l	l	l	a	n	d	s	c	a	p	e	
p	p	l	w	e	i	g	r	n	y	t	r	w	g
h	o	s	o	e	a	c	r	r	s	o	a	a	a
a	a	t	b	w	g	v	e	e	o	r	e	t	l
r	n	n	s	t	e	b	e	n	s	w	g	e	f
v	t	u	s	n	b	r	d	s	s	n	s	r	u
e	l	h	o	u	t	o	i	t	s	e	v	f	o
s	e	i	r	o	l	g	g	n	i	n	r	o	m
t	r	h	c	v	o	r	a	n	g	e	f	w	a
u	s	h	r	u	b	s	t	o	o	r	e	l	c

foliage • roots • pots • shrubbery • landscape • harvest • flowering shrubs • plant • stem • soil • mums • leaves • morning glories • tractor camouflage • treestand • deer • antlers • duck • turkey • hunt • gear archery • arrows • quad • waterfowl • crossbow • target • license • vest • orange

## SUDOKU

It's easy to play Sudoku! Simply fill every column, row and 3x3 box so they contain every number between 1 and 9. Don't go too fast! The game is easy to play but difficult to master!

8			3		4	7		
			9			8		
6		5			7			3
	9							
7	8						5	4
							2	
9			6			5		2
		3			9			
		6	7		3			8

## LAST ISSUE'S PUZZLES

### SUDOKU

4	8	5	7	3	9	2	6	1
1	3	9	2	6	4	5	8	7
6	7	2	1	8	5	4	3	9
2	5	8	3	4	7	1	9	6
7	4	3	9	1	6	8	5	2
9	6	1	8	5	2	7	4	3
5	2	7	4	9	3	6	1	8
3	1	4	6	7	8	9	2	5
8	9	6	5	2	1	3	7	4

### THIS ISSUE'S TRIVIA ANSWERS

1. Coast redwood (*Sequoia sempervirens*), which grows along the Pacific Coast of the US mainly in California
2. Bamboo; it can grow 35 inches in a single day
3. Vanilla
4. Because of the "harvest moon" that occurs when the full moon is closest to the autumn equinox

### WORD FIND

u	t	u	n	d	t	p	d	r	a	o	b	g	t	p
h	s	n	i	a	o	e	h	a	t	u	e	f	s	h
t	s	a	n	r	f	c	s	k	n	o	r	e	i	y
a	e	q	a	l	i	c	e	n	s	e	r	r	g	a
g	i	u	i	e	a	l	y	a	e	l	t	r	u	t
e	p	a	r	a	k	e	e	t	l	t	h	e	a	p
r	p	r	a	s	h	i	s	h	u	p	t	t	n	p
b	u	i	n	h	r	t	h	s	r	r	a	i	a	g
i	g	u	i	n	e	a	p	i	g	c	t	c	k	v
l	r	m	r	p	m	k	f	f	c	o	l	l	a	r
a	a	u	e	s	o	c	a	f	i	n	c	h	e	s
l	f	g	t	k	o	m	n	q	s	c	r	p	s	
h	a	e	e	c	r	c	e	s	d	h	l	p	r	
c	r	e	v	t	g	a	s	t	o	s	g	e	f	e
s	e	i	p	p	u	p	b	g	m	w	r	r	u	p

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- Doug's Powersports • Doug's Fish Fry • Pawn Boss • Community Restaurant
- Marketplace Mall • Cortland Diner • Bill Anderson's Market
- Daily Grind • Pets-A-Plenty Pet Store • Beach House Mall - Cortland
- TOPS - Ithaca/Cortland
- Queen Diner • Clarks Food Market - Dryden
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- Nice & Easy • Byrne Dairy - LaFayette
- Kinney Drugs • Tully Nightingales - Tully
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Dining Table



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Set



Mission  
Dining Set



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10x10.....\$2,065  
10x12.....\$2,235  
10x16.....\$2,595



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