

WELCOME TO OUR BBQ, ICE CREAM MONTH & HOT WEATHER CAR CARE ISSUE

The Cortland Area Tribune, nicknamed The CAT is published and distributed every other Wednesday. Look for it at 100's of area businesses in Cortland, Dryden, Whitney Point, Groton, Homer, Marathon, Moravia, Ithaca, Tully & LaFayette. Here's some upcoming issues for you to look forward to!

August 1 - Need for "Speed" Issue

Deadline 7/27

August 15 - Pamper Your Pets & Pre-Labor Day Issue

Deadline 8/10

August 29 - Fall Home Improvement, Fall is for Planting/Hunting & Labor Day Issue

Deadline 8/24

September 12 - Fall Bridal & The Cortland Area Tribune's 16th Anniversary Issue

Deadline 9/7

September 26 – Get Ready for Fall, Fall Antiques, Columbus Day & Fire Prevention Week (10/7-13) Issue

INCLUDES Distribution of the Fall/Winter Travel Guide! Deadline 9/21

October 10 - Fall/Winter Car Care & Pre-Halloween Issue

Deadline 10/5

October 24 - Restaurant Guide/Catering, Halloween & Pre-Thanksgiving Issue

Deadline 10/19

November 7 – Thanksgiving & Black Friday & Veterans Day Issue

Deadline 11/2

TRIVIA QUESTIONS

See if you know the answer without looking it up! Answers in the back.

- 1. How often should you change your oil?
- 2. Should you check all your fluids when its hotter?
- 3. Does heat affect your battery?

BUMPER STICKER OF THE ISSUE

YES, THIS IS MY TRUCK AND NO, I WON'T HELP YOU MOVE.

Have you ever seen a clever bumper sticker on someone's car in front of you at the red light or fast food drive-thru and thought, "That's a good one"! Do you have one on your car that's worth sharing?! The newest addition to The CAT is quotes from Bumper Stickers! If you have one to share with our readers, please email it to tcatribune@gmail.com or call them in to 607-844-8228



Join Us VERY THURSDAY 6-9PM





Want more timely local news & community events? Search for us: "The Cortland Area Tribune"

CHECK OUT THE BUSINESS SERVICE GUIDE!

Easily accessible at the back of the paper! Growing with every Issue! Take this handy pull-out 4 page directory with you in your car and leave it in your glove box for quick reference! Area businesses are listed alphabetically by services. When you patronize the businesses listed in the directory, please tell them you saw them listed in The CAT! *Shop local and save gas*!

CORTLANDAREATRIBUNE.COM

Visit our newspaper online! Each issue is posted online, along with additional content we couldn't squeeze into the printed issue! *Also find us on Facebook and Twitter (@tcatribune)*!

SAVE A TREE—RECEIVE EACH ISSUE IN YOUR EMAIL INBOX

Email your request to tcatribune@gmail.com.

FREE HAPPY ADS!

Share a birthday or anniversary wish for free, include a photo! Email to tcatribune@gmail. com, or mail it to The CAT, P.O. Box 67, Dryden, NY 13053. Deadline is 6 pm on Friday, July 27th for the next Issue.

The Cortland Area Tribune P.O. Box 67 • Dryden, NY 13053 (607) 844-8228 • tcatribune@gmail.com cortlandareatribune.com • @tcatribune

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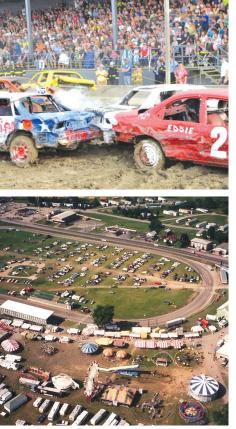
1" - 2" Band Sawn Lumber 1" & 2" Hemlock Pine 30,000 ft. of Lumber in Stock Countertop Slabs Hemlock & Pine Custom Sawing & Sizes Custom Size-Timbers & Beams Sawdust Available Dimensional Lumber Building Packages Board & Batten

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THE 2018, 144TH EDITION OF the Broome L County Fair includes attractions such as high wire acts and children's activities. We also will have our beauty pageant, our eventopening parade, "open" exhibits, 4-H exhibits and shows, the King Arthur Baking Contest (cookies this year), the Demo Derby and the horse pulls, truck pulls, the out of field tractor pulls, semi-truck pulls, the semi truck parade and the modified tractor pulls. Stop by and visit our vast array of food vendors and of course, take your chances at the games and ride the great rides provided by the Gillette Shows. Please visit broomecountyfairny. com for dates and times.





The 144th Broome County Fair **TENTATIVE SCHEDULE OF EVENTS** Tuesday, July 24 through Sunday, July 29, 2018

Tuesday, July 24		Wednesday, July 25				
Fair Officially Opens at 5:0	00 p.m.	Demo Derby				
(FREE Admission and Grandsta	nd all day)	Grandstand Admission: General: \$5.00 C	hild (5-12): \$2.00			
Little Miss, Jr. Miss, and Miss B.C. Fair Competition	10 a.m., 12 p.m. and 2 p.m.	Pay-one-Price Rides for \$20 Rides provided by Gillette Family Shows!	12-5 p.m.			
Pay-one-Price Rides for \$20	5-10 p.m.	Kiddy Tractor Pull	1-3 p.m.			
Broome County Fair Kickoff Parade	6 p.m.	4-H Petting Zoo & Animal Shows	10 a.m4 p.m.			
Antique Tractor Pulls	After Parade	Stinky Shoes Contest	3 p.m.			
Baked Goods Auction After Parade Proceeds benefit Special Kids Day After Parade Iymn Sing After Parade		Demo Derby Grandstands open at 4:00 p.m. Seat reservation is prohibited (Entry Rules)	7 p.m.			

Thursday, July 26		Friday, July 27				
Special Kids Day (Organizations & Agencies, please re	egister online)	Diesel & Gas Pick-up Truck Pulls Grandstand Admission: General: \$5.00 Child (5-12): \$2.00				
4-H Horse Show (@ Horse Arena)	9-11 a.m.	4-H Horse Fun Show (Rain Date)	8:30 a.m.			
Cattle Barns Open	9 a.m.	4-H Open Dairy Show	9 a.m.			
Rides Open for general public	Rides Open for general public 12 p.m.		9 a.m.			
4-H Agricultural Lab	10 a.m. – 4 p.m.	Pay-one-Price Rides for \$20	12-5 p.m.			
Pay-one-Price Rides for \$20	5-10 p.m.	Stinky Shoes Contest	5 p.m.			
Out of Field Tractor Pulls (Entry Rules) Free entry into Grandstands	6 p.m.	Diesel & Gas Pick-up Truck Pulls Grandstands open at 4:00 p.m. Seat reservation is prohibited	7 p.m.			



 GRAPHICS WEAR & PROMOTIONS 2607 Main Street Whitney Point, NY 13862

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Saturday, July 28		Sunday, July 29				
Super Stock & Modified Tra	actor Pull	Fair Official Closes at 9 p.m.				
Grandstand Admission: General: \$10.00	Child (5-12): \$5.00	Veteran's Day (Veteran's receive \$1	off admission)			
4-H Horse Barrel Racing Show	8:30 a.m.	Pony Pulls	9 a.m.			
Rides Open	12 p.m.	Horse Pulls	12 p.m. & 2 p.m.			
Semi-Truck Pride and Polish Parade	12 p.m.	King Arthur Baking Contest	2 p.m.			
Semi-Truck Pull	1:30 p.m.	(Entries must be in by 1 p.m.) (Entry Rules)				
Livestock and Pie Auction	7 p.m.	Stinky Shoes Championships Round	3 p.m.			
Super Stock/Modified Tractor Pulls	7 p.m.	Free Admission Gate	5 p.m.			
Grandstands open at 4:00 p.m. Seat reservation is prohibited		Kids Power Wheels Demo Derby	6 p.m.			

Free Entertainment All-Week!

Aerial acrobatics provided by Circus Incredibles Glassblowing demonstrations by Mobile Glass Studios New this year, Stinky Shoes Contest Find out more on our website: BroomeCountyFairNY.com

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O4 THE CORTLAND AREA TRIBUNE July 18-31, 2018



STOP IN BEFORE & AFTER THE FAIR AT COUNTRY KITCHEN OR **COUNTRY KITCHEN II DINERS**

ID YOU KNOW THAT THE ORIGINAL COUNTRY KITCHEN DINER HAS been in business at the same location for over 34 years at 2884 US Rt. 11 in Whitney Point?! Right off Route 81 at exit 7. Near the Broome County Fairgrounds entrance! And, Country Kitchen is always open (with the exception of Christmas day).

Country Kitchen II Diner is located at the Riverside Plaza (next to Dewitt's Produce) in Cortland, just around the corner off Route 81 exit 11. Country Kitchen II offers a delicious breakfast buffet on Saturdays from 8am to 12noon featuring all your favorites including sausage gravy, biscuits, baked omelets, French toast, pancakes, bacon, sausage, yogurt, fresh array of fruit and much more for only \$10.25 and kids 12 and under are only \$7.25. Under 2 are free!

Both restaurants offer a warm friendly environment to relax and make yourself feel like home with their good old fashioned, down home cooking! And many of their tasty meals are created from family recipes that have been passed

down for generations! They make their own pies, treats and homemade soups are fresh daily!

Country Kitchen is famous for offering their customers the best deal for their money! Mouthwatering sandwich platters, charbroiled burgers and steaks and more are among the menu items that will keep you well-fed and happy when you leave! Both diners offer daily specials such as chicken and biscuits, meatloaf dinner, mac and cheese, fish fry and more. Plus, kid's menus available and both restaurants offer a 10% senior discount every day.

Cortland's phone number is 607-756-2356 and the Whitney Point's phone number is 607-692-4952.







THEE AMISH STRUCTURES

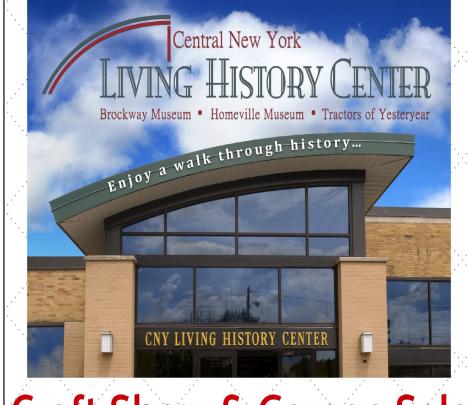
Dryden (607) 257-1070

RE YOU TRIPPING OVER BOXES, bikes, toys, etc., in your garage? Are all the pool toys and supplies taking up space in the yard? Do you have plenty of yard space to entertain, but no place to entertain in? If you answered yes to any of these questions, then you need an outdoor structure from Thee Amish Structures.

Whether it's a simple storage shed, a gazebo for entertaining, or a large 2 story, 2 car garage, we can help you customize a







Craft Show & Garage Sale Start Your Route 90 Sale **Shopping Here!**

The big Route 90 Garage Sale always happens at the end of July, and this year the CNY Living History Center is taking part! Start your Route 90 shopping with us on July 26th and 27th for our two day Garage Sale, and on Saturday the 28th check out our Summer Craft Show. Start your Route 90 shopping with us! For the application to the Summer Craft Show on the 28th please visit cnylivinghistory.org! CNY Living History Center 4386 US Route 11, Cortland, NY 13045 607-299-4185

THE CORTLAND AREA TRIBUNE July 18-31, 2018

structure that will fit your needs. We will help you solve your storage issues, while enhancing the beauty of your property.

Visit our new Furniture Barn and check out the 100% Amish built, Poly Lumber Adirondack chairs available in a variety of colors. Whether it's the traditional Adirondack browns or a more festive look of the bright Caribbean, Thee Amish Structures can help you make your yard look like a tropical oasis, and you won't overpay! We also have a variety of bird feeders and bird houses.

Are you renting a storage unit? Ask about our affordable Rent to Own program. You can purchase a quality, custom built Amish structure and your monthly payment would be about the same price as your rental unit, and the best part is the structure will be on your property, not across town and at the end of the term, YOU OWN IT!

Whether you order a customized structure or purchase one off the lot, your structure will give you the storage room you need for many years to come.

Stop in and check us out!

We are located at 32 North St., in the Village of Dryden, next to Dunkin Donuts and across from Clark's Shurfine. Visit our website at theeamishstructures.com.





LANSING BOTTLE & CAN DOES THE DIRTY WORK FOR YOU

By Shannon Myers

ANSING BOTTLE & CAN REDEMPTION Center, located at 3106 N. Triphammer Road (Route 34B, kitty corner from Tompkins Trust Company), came under new management in February. Christy Rutan, who started as assistant manager at the redemption center, was promoted to manager within two weeks of her new employment.

Since her promotion, Christy has brought some changes with her to Lansing Bottle & Can. The return on bottles and cans has been raised from 5¢ to 6¢, and there are longer hours, as well: the redemption center is now open from Monday through Friday from 9 am – 6 pm and on Saturdays from 9 am – 4 pm.

While supermarkets and department stores provide selfserve bottle and can return machines for the consumers to use. this can make returning your cans and bottles a huge chore. Christy strongly believes that businesses like Lansing Bottle & Can Redemption Center are a much better deal. Lansing Bottle & Can employs cleaning methods on dirty returns so that you don't have to spend the time cleaning out your bottles & cans. There are no limits, no pre-sorting is required, and they will even do pickups!

"We are experienced at this," she said. "We are much faster than the machines, and we don't care how dirty the returns are. We don't judge." Not only this, but redemption centers like Lansing Bottle and Can provide jobs and help the economy. "I refuse to use self-checkouts or self-serve bottle returns," Christy said. "They eliminate jobs for people who need them."

Lansing Bottle & Can is also heavily involved in community fundraising. Their long list of fundraisers include those for the SPCA, Suicide Prevention, the Lansing Youth Mission, and the Groton Seniors.

"We keep a calendar," Christy said. "If someone needs our wagon for a fundraiser, all they have to do is call us up and schedule their fundraiser. We will take our wagon to the site, and when the fundraiser is over, we pick it up and bring it back. We are always open to new fundraisers and helping out our community."

Got a load of bottles and cans that you don't want to spend hours cleaning and counting out at a machine? Do you have an extra large load that you need pickup assistance with, or do you need a collection vehicle for your fundraiser? Call Lansing Bottle and Can Redemption Center at (607) 731-8337, or visit them at 3106 N. Triphammer Road. They care about their community, and they'll do the dirty work so that you don't have to!







New Menu - Lunch - Dinner Eat In or Take Out **HOURS: Fish Fry Friday** M-TH...11-10pm 🕻 \$11.99 FRI...11-2am Haddock Fillet SAT...11-2am SUN...12-8pm Homemade 6pm til close Mac-N-Cheese Great Food! Vegetable of the Dav Family Friendly! Haddock Sandwich w/ 1 side \$7.99

Lg.Cheese+10 Wings.....\$19.50 BIKERS WELCOME Every Wednesday Night Wing Night

50 cents wings!



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O6 THE CORTLAND AREA TRIBUNE July 18-31, 2018

FROZEN OCEAN TO HOST WEEKEND OF FROZEN FEST FAMILY FUN

By Shannon Myers

FROZEN OCEAN MOTORSPORTS FACILITY IS gearing up to host Frozen Fest, a weekend-long family event!

For over 30 years, Frozen Ocean has been serving motocross enthusiasts, becoming one of the greatest motocross tracks in the country. Located on 66 acres overlooking Skaneateles Lake and the surrounding Finger Lakes area at 4415 Vanderstouw Road, Auburn, Frozen Ocean is a full-service facility which boasts tracks of varying challenge levels. Among these are a Night Cross Track, a Supercross track, a practice track for 50cc riders, an off-road track for ATVs and side x sides, and a clay oval for go-kart racing, and last but not least, a "mud bog" site.

On Saturday and Sunday, July 28th and 29th, Frozen Ocean Sports Facility will be hosting Frozen Fest, a family friendly "mud bog" event. Ryan Walczak, Frozen Ocean owner, wanted to make the mud bog events bigger and better, and he felt that the Frozen Fest was a great way to expand the event, while thanking all of the attendees that have been coming to enjoy the mud bog events throughout the years.

"These events are generally intense and competitive," Ryan said. "But the Frozen Fest is a more relaxed, laid back, family





friendly festival, just for having fun. Kids are welcome, and kids under eight years old will get in free."

On Saturday, July 28th, mud bogs will run from 12:00-6:00 p.m., while the band T.J. Sacco plays live from 2:00-4:00 p.m.; and from 6:00-10:00 p.m. there will be 4-wheeler and side x sides events. Sunday, a DJ will provide music from 10:00-3:00, and folks can participate in more mud bogs fun!

Participants and spectators, alike, are welcome. "Anyone with a 4 wheel vehicle of any kind can come," Ryan said. "Even if it's just a golf cart to drive all around the property or a atv to try out the tracks and mud pits."



Free fire truck and wagon rides will be offered throughout the event. Concessions will be available all weekend, and an ice cream truck will be present, as well.

Ryan encourages local vendors to contact him if they would like to set up at Frozen Fest. Past mud bogs events have featured vendors such as face painters, wood carvers, and automotive shops. In addition, there will be an area set aside for owners to show off their custom cars and motorcycles; so if you are a proud owner of a special vehicle, you are encouraged to bring it along to display!

You can find out more information by visiting <u>www.frozenocean.com</u>; or when you visit Frozen Ocean Motorsports Facility on Facebook, "Like" their page and gain access to their "Event" page, where you will find the most up-to-date information about Frozen Fest.

Sound like a good time? If you are a fan of mud bogs and love family friendly events, then you won't want to miss this exciting event! Mark your calendars and get ready for a weekend of frozen family fun at Frozen Ocean Sports Facilities Frozen Fest!



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Willcox Service & Tires Center is located at 233 Elmira Road in Ithaca and is open Monday thru Friday from 8 am to 5:30 pm and on Saturday from 8 am to noon. Stop by and say HI to the team at the front desk – Steve, Tom and John! Check us out on the web – www.willcoxtirecenter.com and like us on Facebook!



CELEBRATE HAEFELE CONNECT

TOIN THE WATKINS GLEN AREA Chamber of Commerce and U the Tioga County Chamber of Commerce to celebrate a ribbon cutting at Haefele Connect on Thursday, July 26 at 1pm. The ribbon cutting will take place at Haefele's office, located at 24 East Tioga Street in Spencer. The celebration is a culmination of 35 years in business and a summer of changes including a new look and an updated name.

Haefele TV was started by Lee Haefele as a local cable company. Lee Haefele got his start in 1982 with a technical background in television repair. He and his loyal employee base have since grown the company to include 22 municipalities within New York State. In fact, many of the employees have been with the company for more than 20 years. The company celebrates its local roots by giving back to the community through projects such as the renovation of Nichols Park Pond, supporting !nspire S-VE Community & Fitness Center, The Broome-Tioga County Relay for Life, and Tioga Allies in Substance Abuse Prevention.

As Haefele Connect celebrates this milestone, they look forward to keeping their subscribers connected to world class media, maintaining their connection to the local communities that they serve, and delivering reliable, local service! "We have an amazing, dedicated team", says Marketing Manager Amber Harris. "It's just like a family here, and we genuinely care about our customers. Because we have onsite local technicians, we can often fix a problem within the same day. Most of our staff have worked here for over ten years, and they are incredibly knowledgeable."

Tioga County Chamber of Commerce President and CEO Gwen Kania shares, "We are thrilled when local businesses reach significant milestones. Haefele Connect has served Tioga County and the surrounding areas building a solid client base and good reputation for service."

Chamber President and CEO Rebekah Carroll adds, "Haefele has accomplished so much in 35 years and we couldn't be more proud to be a part of this celebration!"

Ribbon cutting attendees are invited to enjoy light refreshments after the ceremony, along with the opportunity to meet the Haefele Connect team and learn more about this long-standing business.

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RON'S BODY & PAINT

CUMMER VACATION PLANS?! TIME TO get your vehicle ready Ofor road trips with new tires and a tune up from Ron's Body & Paint! Contact the auto body and paint experts -Ron's Body & Paint in Cortland for all of your automotive services at 362 Route 13 to schedule your appointment at the Cortland location 607-662-4543. Since 1989, Ron Stanley and family have been offering the absolute finest in contemporary automotive services at their one-stop vehicle service center in Marathon at 31 Cortland Street (607-849-6898) and both locations are providing the same great services Ron's Body & Paint has been known for. Why would you ever need to call Ron's Body & Paint? Here are five reasons to call!



One: they're the biggest body shop in the area, and the place to call for body and paint work done using a state-of-the-art down draft paint booth and waterborne paint. Plus, loaner cars are available.

Two: they're a full-service center that handles everything from brakes, inspections, and oil changes for only \$19.95... 4-wheel alignments to deals like a 10% discount with the purchase of 4 tires.

Three: 24-hour towing for all vehicles, tractors, and heavy and light vehicles...complete with AAA roadside service.

Four: they have 29 years of experience, featuring mechanics who are all licensed

Five: because they're a locally-owned business with 2 locations to serve you. That's Ron's Body & Paint, on Cortland Street in Marathon, and on Route 13, across from Elm Tree golf course in Cortland.

And of course, your satisfaction is always guaranteed. ABOUT ASK RON A LOANER CAR WHILE YOUR COLLISION REPAIR WORK IS DONE! Like them on Facebook! Or on the web ronsbodyandpaint. com.



insurance policy that is right for you.



What is Homeowners insurance?

Homeowners insurance provides financial protection against disasters. A standard policy insures the home itself and the things you keep in it.

Homeowners insurance is a package policy. This means that it covers both damage to your property and your liability or legal responsibility for any injuries and property damage you or members of your family cause to other people. This includes damage caused by household pets.

Damage caused by most disasters is covered but there are exceptions. The most significant are damage caused by floods, earthquakes and poor maintenance. You must buy two separate policies for flood and earthquake coverage. Maintenance-related problems are the homeowners' responsibility.

Why do you need homeowners insurance?

It is really all about protecting yourself financially if something unexpected happens to your home or possessions. That's important because chances are your home is likely one of your largest investments.

- If your home was destroyed by fire or damaged by a natural disaster, you'd need money to repair or replace it.
- If a guest in your home is injured, liability protection and medical coverage help pay expenses.

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LANDSCAPER: A Full-Time position, working with adolescents in a residential treatment center. Degree in related field and experience working with adolescent teens preferred. Previous experience in grounds, lawn maintenance or horticulture, general maintenance with tractors, farm equipment, including lawn and garden tools, chainsaws and power tools. High School diploma or GED, and a valid NYS Drivers license required.

CHEMICAL DEPENDENCY COUNSELOR: A full-time position, working with adolescents in a residential treatment center. Provide individual, group and family counseling. Bachelor's and one year's chemical dependency experience , valid NYS driver's license required. Master's preferred.

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To download an application and for complete job description please see our website at: www.wgaforchildren.org

"Every kid is one caring adult away from being a success story" —Josh Shipp

- If you are a victim of theft and vandalism, it can reimburse you for your loss or pay for repairs.
- If you are still paying for your home, your lender will require insurance.

It is important to know that homeowners insurance is meant to cover unexpected damage, not routine maintenance. Ask your agent to talk about what is covered and be sure to read your policy so you know exactly what's included and what is

Things to consider and questions to ask your agent

Here are few things to discuss with your agent that will influence your decisions.

- How much will it cost to rebuild my house and replace my belongings if they are damaged or destroyed? (Ask your agent to talk you through your home's features and the things you own so you can make an informed decision about coverage.)
- Does the insurance company have a good reputation for customer service? Is it known for paying claims fairly and promptly?
- What discounts are available? (Ask about multiple policy, security system and fire resistance discounts.)
- What's the process for filing and settling a claim? (Ask who to call and what happens after you file a claim.)

Call Seven Valley Agency to Review your current Homeowners Insurance Policy or If You are planning on buying A Home in the near future we would Love to talk to you to discuss !! Stop by our office anytime at 18 Tompkins Street in Cortland ! Next door to the YMCA ! Call us at 753-1821



JERRY DELL FARM & FARM STORE PROVIDING ORGANIC AND LOCAL FOODS TO CORTLAND AND TOMPKINS COUNTIES

CTARTED IN 1946 BY GERALD and Ardella Sherman in the Scenic hills of Dryden, New York, Jerry Dell Farm is still family owned and operated by Vaughn and Sue Sherman, along with their sons, Jeremy and Ryan Sherman.



Jerry Dell Farm has expanded by purchasing farms in Freeville and Groton, NY. Most recently, they acquired Lew-Lin Farm, which neighbors the original farm location in Dryden, NY. This new location will transition to organic farming within three years.

Together, the farms milk over 1000 cows each day. Keeping with their mission of producing fresh and local foods, the milk is processed at the local Byrne Dairy plant, located only miles away in Cortland, NY.

Jerry Dell Farm has been certified organic since 2000, which involves a rigorous certification process as well as annual reviews, completed by Northeast Organic Farming Association of New York (NOFA-NY). Since their certification, Jerry Dell Farm has also earned New York State's prestigious "Super Milk" award for outstanding milk quality and herd health.

Recognized as a 'Dairy of Distinction' for 15+ years, Jerry Dell Farm upholds a high standard of farming excellence. Jerry Dell Farm has also been an active advocate for organic local produce and responsible farming practices. As proud members of the local community, Jerry Dell Farm has supported Farm-City Day and participated in Dryden Dairy Days. They also offer educational farm tours to many of the local schools and professionals from around the world.

Jerry Dell Farm Store, located at the Freeville location, offers organic and natural meat, produce, eggs and cheese. The

produce and milk is certified organic through Northeast Organic Farming Association of New York. All produce is grown within 3 miles by Ithaca Organics, owned by Trever Sherman. Visit <u>www.</u> ithacaorganics.com to sign up for the CSA. Jerry Dell Farm is also certified to sell raw organic milk to the public. Sign up to purchase raw milk at the store; pick up raw milk at the barn.

During the summer months, the farm store is open Monday through Saturday, 10-6. To learn more about Jerry Dell Farm and the farm store, visit www. jerrydellfarm.com.

Fun Facts

• We milk twice per day,

once at 3 am and once at 3 pm.

- We currently milk 1000+ cows each day.
- Each cow produces an average of 60 lbs of milk (approximately 7 gallons) per day.
- On average, 2 calves are born per day at Jerry Dell Farm.
- In total, the farm is approximately 3,000 acres with over 600+ acres of pasture.





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www.culturalcouncilofcortlandcounty.org/artsandwine

12TH ANNUAL CORTLAND ARTS & WINE FESTIVAL AUGUST 4, 2018

JOIN THE CULTURAL COUNCIL OF Cortland County at the 12th Annual Cortland Arts and Wine Festival on Saturday, August 4, 2018! The festival will run from 10am to 5pm in Courthouse Park in downtown Cortland and promises to be fun for the whole family! You will want to examine the remarkable work of artists and artisans from around the region and to consider purchasing gifts for birthdays and holidays in advance. One of the artisans is a puppeteer who will demonstrate and sell her hand-made puppets. The "Kid's Art Tent" offers art activities, not just for children, from noon-3pm. There will be a pirate ship and castle to explore and some pirate-themed crafts to try out. You may want to work along-side Stacey from Magpie as she heads up a tapestrymaking workshop in the tent.

Children and adults may want to enter or observe the sidewalk art contest beginning at 11am. Or perhaps you'll want to enter Foto Frenzy coming to the festival for the first time this year for children, teens, and adults. For this contest, take photos at the festival with your cell phone and submit two of your best for a chance to win a prize. Besides visual arts, there is music and dance. You can dance, do yoga, have some lunch, or pull up a chair as you listen to live music all day in the shade from Crown City Brass, Answer the Muse, John West, Clinton String Duet, Fall Creek Brass Band, James VanDeusen, and the JazzHappensBand. You won't want to miss the Morris Dance Group nor ignore the food offerings on sale from On the Street Pitas, The Food Truck, The Chicken Bandit, Yakisobas, 307 Sports Bar & Grill, and other food vendors.

Admission to the wine tent is \$16 in advance online, or \$20 at the door. Only those 21 and older will be allowed entry to the wine tent; a legal ID is required. Your ticket includes tastings from New York State wineries and, new this year, a few breweries. The first 700 to purchase tickets will receive a free commemorative wine glass with their purchase. Festival proceeds benefit the Cultural Council, a non-profit organization whose mission is to encourage, promote and sustain arts and culture in Cortland County in order to enhance and enrich the quality of life. The Council could not continue to offer events like the Arts and Wine Festival without the support of the Cortland Community, Cortland Common Council, Cortland County Legislature, CNY Arts, and sponsors such as Equus Advisors, The Local Food Market and Cafe, CFCU, William A. Maffey and Merrill Lynch. For more information about the festival and to order tickets to the wine tent, please visit our website www. culturalcouncilofcortlandcounty.org, contact us via email culturalcouncil3@gmail.com or phone (607) 753-1188. We look forward to seeing you Saturday, August 4th to celebrate the arts!

Attention Business Owners

Would you like to have an article with photos printed about your business?! Call Judy Kilmer at 607-227-0606 or email tcatribune@gmail.com to find out how!



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Come down to the CNY Living History Center during the big Route 90 Garage Sale on Saturday, July 28th from 10am-3pm for our Summer Craft Show! Vendors are welcome to bring your creations to sell for just \$25! Visit our website to see more details and the vendor application!

www.cnylivinghistory.org 4386 US Route 11, Cortland, NY 13045 607-299-4185

THE CORTLAND AREA TRIBUNE **T 9**. July 18–31, 2018



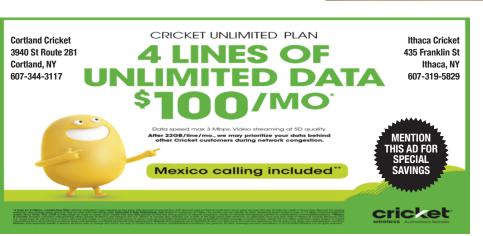
SUMMER CRAFT SHOW JULY 28

ALLING ALL CRAFTERS! ON JULY 28th the Central New York Living History Center will be holding its first summer craft show! The inspiration for our first craft show came to us when we began to update the gift shop in the museum. When you walk into our gift shop you will see a wall of new items everything from jewelry, to afghans, to hand-made soaps, and even organic honey! As we began to bring in more and more of these hand-made items, we started to see more positive comments about our unique selection. This gave us the idea of hosting our very own craft show, and we would like you to be a part of it! Vendor tables are still available and can be reserved for only \$25! You don't have to be a vendor to participate or enjoy this event either! Just come in to browse the crafts and maybe buy a few while you're at it, or you can take a break from the crafts and walk through our three museums. Each museum caters to a different type of history and takes the visitor on a journey through these three different eras of history. The Homeville Museum is dedicated to preserving military, local, and national history. The Brockway Museum is dedicated to preserving the trucks themselves and the history of the Brockway factory. The Tractors of Yesteryear

Museum preserves the area of Cortland's rich agricultural history. Whether you come to see some crafts or walk through history, there is something here for everyone! And don't forget to mark your calendars for July 28th!









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THE CORTLAND AREA TRIBUNE July 18-31, 2018



GRANDMA'S PRETTIES ANTIQUES & COLLECTIBLES 20-50% OFF INVENTORY REDUCTION SALE GOING ON NOW

RANDMA'S PRETTIES HAS LOST IS STORAGE SPACE – and our storage Space loss is your gain! Right now we are having a 20 to 50% off inventory reduction sale! Take advantage of 20-50% % off! Sale continues until major inventory reduction is achieved.

Grandma's Pretties opened on September 1st, 2013 at 3 Railroad Street in Whitney Point with 500+ dolls, 1,000's of earrings, furniture, glassware, paintings, jewelry, and a vast array of other items that are on display. No vendors or cosigners, the store is a one owner owned shop! Stop in to appreciate the volume of items!

Grandma's Pretties is ready for summer with antique tables set with festive antique plates and dinnerware! Grandma's Pretties is open from 10am to 5pm Wednesday through Sunday and is closed Monday & Tuesday. You can reach Grandma's Pretties by calling (607) 862-9795, or stop in at the handicapped accessible store at 3 Railroad Street in Whitney Point: take a right on to Main Street by the Speedway station, and take a left onto Railroad Street before you reach the railroad tracks. Cash, checks, and credit cards are all welcome. View their website www.grandmaspretties.com Check them out on Facebook for updates! Check out the forced sales and big discounts! Stop in before or after the Broome Co Fair!



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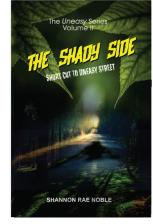






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CREATURE FEATURE DRAGONFLIES

THERE ARE OVER 5,000 SPECIES of dragonflies living all across the globe. They belong to the scientific order classification called "odonata," and have been around for 300 million years. Dragonflies come in many beautiful colors and various sizes. In fact, some are over 5 inches long. While they don't sting and rarely bite people, all dragonflies are predatory and eat pests like mosquitoes, gnats and flies. They have

two, large compound eyes, with each made up of thousands of tiny eyes, allowing the dragonfly to see in all directions. Like hummingbirds, dragonflies can fly remarkably fast -- reaching speeds of over 30 mph -- and can hover in place and fly backwards. These capabilities enable the dragonfly to overtake its prey, grasping and trapping it in a "basket" formed with its own legs. The victim is immobilized with a bite and often eaten while the dragonfly is still on the wing.

Here are a few more fun facts about dragonflies:









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A Family in Need

After *losing her husband to cancer* in 2011, Dolores Sober is seeking assistance to fix her home. She is currently fundraising for materials to fix the ceiling, cabinets, flooded basement, mold, bathroom, complete electrical rewiring, and many other necessary repairs or *she may lose the house*.

If you would like to contribute to her journey in any way, including helping with any home repair work, contact her at (607) 229-2787, visit her at Kinney Drugs in Dryden, or go to gofundme.com/a-chance-at-a-fresh-start



Help rebuild the life of someone in your community and give her a chance at a fresh start.



- Some prehistoric dragonflies had a wingspan of 2-1/2 feet. Yikes!
- Newly hatched dragonfly larvae and nymphs live in the water for a year or so before emerging.
- Once they can fly, they'll only live for a month or so.
- Dragonflies must warm themselves in morning sunlight before taking off to spend the day flying.

If you have a dragonfly hovering around you, don't be scared. Be grateful. It's like having a personal body guard against biting pests!

Article & photo of a Blue Dasher dragonfly by Margie Manthey

CRUISE-INS AT SUPER CREAM DAIRY BAR

RUISE ON OVER TO 75 N. West Road Rt. 281 in Homer. Bring your new, custom, or classic car, bike, or truck! Meet some wonderful people as folks admire your ride. Join us for Cruise-In nights every 2nd and 4th Tuesday 5:30-8:30pm. 1st Tuesday there is a DJ and 2nd Tuesday there is a band. All are welcome.

MIKE'S FISH TANK FISH FOR PONDS

CATT.

URING POND SEASON AND I do get people asking me about the different types of fish that go in ponds.

One is the Premium Sarasa comet. They have a deeper red color than standard comets, with less white. Most have long fins, spme have white "noses" or finnage. Maximum length is about 12 inches plus finnage. Like standard comets these are not much of a threat to plants. The Regular standard Sarasa has a more defined red and white pattern, And they seem to have an endless variety of patterns. Maximum length is also 12 inches.

Shibunkins are a hardy comet style fish with a red/black/ white/blue/yellow/ calico pattern with a mix of metallic, and oversized scales.

Almost as pretty as koi, but sturdier, and don't get as big. The maximium length is once again about 12 inches. Shibunkins are not inclined to destroy plants.

Domestic Koi born in the USA sport a variety of colors, patterns and scale types. Most of the time this type of koi generally cost \$6.99 to \$8.99 for a 3 to 4 inch fish. It's the type of koi we sell here at Pets A Plenty. A lot of people do not want the expensive koi for fear of something happening to them. Animals such as Heron and raccoons can wipe a pond out quick. Koi can live for decades and get up to 3 feet long.

Koi do like to munch on plants or dig in their pots. A few Koi in a well planted pond is no problem, but a lot of koi with a few plants is a snack break.

Koi are not quite as hardy as goldfish especially during hot summers or long freeze-overs in Winter.

Butterfly Koi are a special, long-finned variety of koi. Very graceful in appearance and movement, these get as big as their standard cousins.

Butterfly koi are slightly less hardy than the standard koi. Keeping them well aerated and protected from aggressive fin nippers help them to adapt. Prices on butterfly koi have gone up a lot the last few years.

TODAY IS ALL THAT MATTERS THE GOLDEN **PRINCIPLES, PART 1**

1. Every Day You are Born Anew.

2.Today, 'Who You Be', scene by scene, is All that truly Matters.

Those two sentences can be an invaluable companion and guide to test for yourself on the Adventure & Quest of your Life.

'Every day You are born Anew'; When you awaken, each morning, there is a moment you have an awareness that You exist. At night, we melt and dissolve into the Vastness, and the event of your awakening in the morning is where you experience an awareness of yourself.

This moment in the morning is an invitation to Pause and presence yourself to the absolute Miracle that you are, and that today has been given to you, as a Gift. You have received this Gift because you are being entrusted with the Hearts of all those you encounter today.

Everyone you come in contact with us someone YOU are being entrusted with - not to fix or help them, but to simply be immeasurably useful for them with your Presence., To See them, fully. To See their humanity and to remember that the essence of every being you encounter today is Pure Goodness. The illusion is when it doesn't appear that way because you are upset about something someone does or says, however, a dear colleague of mine, Lori, says; 'every UpSet is a perfect SetUp'. It's a set up to show you where you are willing to withhold love from another because you have decided they are unworthy of It.

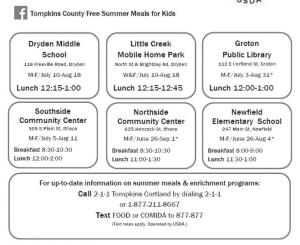
Notice if your mind is quickly seeking examples of where it's justifiable to withhold Love. If this is what is arising, just take a look at how it feels in Your body, your Being, to withhold Love. Ultimately, we cannot withhold Love from another, we can only cut ourself off from the current and stream of Love within. That is why it hurts. The pain is our severance from our own Self, our True Nature of Love, within.

So, if you have ever seen the movie Groundhogs Day, you can appreciate the premise of each One Day is What Is, and each scene you are in is for You to Heal, Evolve, and ultimately Flourish as your Kindest Humanity. Life will, all on Its own, flush out your barriers via agitations, offenses, and judgements of yourself and others. And all so that you can live your Life so Alive and as the Clarity, Peace, and Freedom that is your absolute capacity and birthright. You are here to shine as your Luminous, Radiant Self. Your doing so will remind and inspire others of their own Goodness, their own Radiance, for Love and Peace are completely an Inside Job.

We'll explore the second principle in the next issue.

Written by Daniela Hess, YogaFarm Director, Counselor, and Radiance Course Educator. For more information about self care practices, visit www.YogaFarm.us.



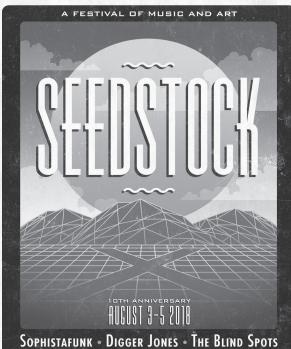


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> INSIDE THE V.F.W DURING BAD WEATHER

Premium Koi are domestically bred to get the very best of colors and patterns. Prices may be a bit higher due to that fact. Where as standard koi are \$6.99 to \$8,99 for 3 to 4 inch. Premium koi can be double that.

Imported Koi: The Japanese got about a 2000 year head start in selectively breeding Koi and it shows when these fish are imported to the states. They are much more expensive than domestic koi, but the whites are creamier, reds deeper, blacks almost jet black, and markings much more defined.

Rest assured most people tell me the \$6.99 and \$8.99 koi do just as well as the fancier more expensive ones. You don't have to spend a lot to have a really nice koi pond.



Pets A Plenty is located in the Blockbuster Video Plaza, Rte 281 Cortland, 753-9213. Open 7 days a week. We now have a website. WWW. PETSAPLENTY.BIZ. check it out. I post care sheets, coupons, new animal arrivals, contests and more. Any questions, email me at friskyy@hotmail.com

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THE CORTLAND AREA TRIBUNE July 18–31, 2018



TARSON POOLS & SPAS RELOCATES TO MCLEAN ROAD

By Shannon Myers

ONG-TIME CORTLAND BUSINESS TARSON POOLS & Spas has changed locations!

Opened in 1943 at its original location on Burnett Avenue by Frank Tarson, Bob's grandfather, Tarson Pools & Spas initially offered cleaning supplies. During its 75-year evolution, the business has expanded into seven locations and has become what it is today: the "leading and longest seller of pools and spas In Central New York".

Tarson Pools & Spas offers a diverse array of top of the line products, including quality above ground pools and custom inground pools, state of the art spas, patio furniture, game tables, and pool accessories.

"The move has been a challenge, because the McLean Road location is smaller," Bob said. "The Cortland location still offers all of our products and services, with the exception of the billiards tables and a large selection of furniture. Consumers can still shop the Syracuse locations for these items." In addition, the new location can be difficult to identify. "We are working with a remodeler and are hoping to get the exterior

of the building upgraded by fall," Bob said.

What sets Tarson Pools & Spas apart from its competitors?

One of the most important elements that Tarson Pools and Spas offers is proper insurance coverage. This is a big help to consumers.

"We often get calls from consumers with price comparisons from other

pool retail and servicers who offer lower pricing," Bob said. "What consumers don't know is that the recommended installers are not always fully insured, which is a high risk to the homeowner. The most important types of insurance that are necessary to protect the homeowner are worker's compensation and general liability insurance. We carry these types of insurance, making our pricing a little higher, but adding immeasurable value for the consumer."

Tarson Pools & Spas also has trained and certified staff for service. "We have CPO certified staff," Bob said. "CPO is a New York State Certified Pool Operator class that our employees attend. They receive certification to acknowledge the build of the pool and both commercial and residential service work."

If you are in the market for a new pool or need products or services for your current pool, visit Tarson Pools & Spas at its new location at 953 McLean Road (next to Doug's Fish Fry). Have questions? Give the Cortland branch a call at (607) 758-3550. For information about its different locations or to check out all Tarson Pools & Spas has to offer, visit www. tarsonpools.com.









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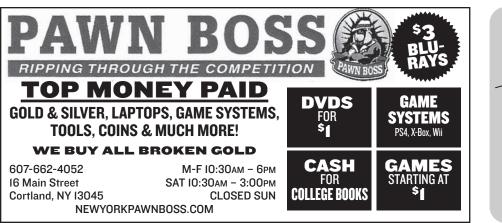








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July 21 – 37th Annual Holiday in Homer 9AM - 4PM Homer Green US Route 11, Homer Free entertainment for the entire family. Great food. 100+ vendors. Shopping. holidayinhomer.org

July 21 – Ithaca Jazz Jam

Jazz and blues fans and musicians - help create or simply to listen to highquality music and enjoy great food at the Ithaca Jazz and Blues Jam every Sunday from 4-7p.m. at Mix Kitchen & Bar, 205 Elmira Rd. Ithaca. Hosted by the Dennis Winge Trio, the Jam welcomes musicians of all levels. Equipment for vocals, keyboards, bass and drums is available for use. Guitarists should bring their own amps.

July 23 – House Concert at The Canaan Institute

7:00-9:30pm followed by a jam session. "Hoot and Holler" is Amy Alvey (fiddle, guitar) and Mark Kilianski (guitar, banjo). \$20 donation at the door. RSVP to mike@ cinst.org or online http://bit. ly/cinst-rsvp for directions and to reserve your seat at this private venue. More info http://www.cinst.org

July 28 – Caregivers Support Group

Come join us! And meet with others who are also coping with caregiving issues. Caregivers Support The Group meets monthly, every 4th Thursday. (Except November we will meet the 5th Thursday). Open to those who provide care and support for a loved one, friend or

neighbor who is 60 or older. We meet at the Cortland Regional Medical Center in the Basement, Conference Room B, from 3-4 pm. Walkins are welcome. Sponsored by the Cortland County Area Agency on Aging. For more information call the Caregivers Resource Center at (607) 753-5060.

July 31 – Lafayette Community Band Concert

The Lafayette Community Band will perform it's annual concert at the Columbian Presbyterian Church (located on the corner of rtes. 11 &20, Lafayette), Tues. July 31, at 7:00 pm. There will be free refreshments in the Fellowship Hall after the performance. Suggested donation: \$2. ; all donations

will be presented to Lafayette Outreach (our local food pantry). Please come out and enjoy a night of live music, and support two wonderful community organizations. Questions: 315-677-3293, cpresbyt@twcny.rr.com www.ColumbianPresbyterian Church.com

August 3 – Trumansburg Conservatory of Fine Arts: The Fire Scottish Band

The Fire is a high energy pure-drop Scottish music band, with world class fiddling in combination with bagpipes, guitar, bodhran, whistle, and bouzouki. The group includes, International Scottish Fiddle Champion Rebecca Lomnicky, multiinstrumentalist David Brewer of the popular Celtic band Molly's Revenge, and

Adam Hendey on guitar and bouzouki. The Fire performs captivating Scottish music which bridges the gap between the fiddle and bagpipe music of Scotlandtwo worlds united, into a heartfelt and rousing musical experience. Don't miss this chance to see The Fire on their East Coast tour!

They are performing on Friday, August 3 at 8PM. Tickets are \$16 in advance (IthacaGuitarWorksorGood-To-Go in Trumansburg), \$18 at the door. Tickets for youth 12 and under accompanied by adults are \$12.

August 4 – Founder's Day Open House The Cincinnatus Area Heritage Society is hosting a Founder's Day Open House at the Heritage Hall on

Saturday, August 4th from 11:00 until 4 PM. Heritage Hall is located at the route 26 and Telephone Road intersection in Cincinnatus. Check out our newly refurbished Hall and view the exhibit: HANDMADE IN THE OTSELIC VALLEY - FROM YESTERYEAR TO PRESENT. The new 2019 calendars will be available at the gift table. The exhibit is free and open to the public.

August 11 – 2nd Annual Drydenettes Luncheon

Dryden VFW at NOON All lady alums are welcome. If interested, please e-mail reb2@cornell.edu or call Sis Johnson @ 272-6806 no later than 7/31/18. We need a head count to order the lunches. Hope to see you there.

FOR A COMPLETE LISTING OF UPCOMING EVENTS: **CORTLANDAREATRIBUNE.COM TWITTER.COM/TCATRIBUNE**



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Friday - Live Entertainment Saturday - Parade 11AM

— Articles of Organization of C&C Heating and General Contracting LLC Legal Notice Under Section 203 of the Limited Liability Company Law First: The name of the limited liability company is C&C Heating and General Contracting LLC Second: The county, within this state, in which the office of the limited liability company is to be located is Cortland. Third: The Secretary of State is designated as agent of the limited liability company upon whom process against it may be served. The address within or without this state to which the Secretary of State shall mail a copy of any process against the limited liability company served upon him or her is: Coroporation Service Company, 80 State St. Albany, NY 12207 Fourth: The limited liability company is to be managed by: one or more members.

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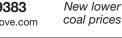
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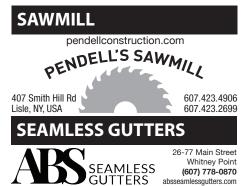
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PUZZLES & GAMES

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	9			8		2	1	4
4		7		9		3	8	
					1	9		
	8				3			
		6				4		
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	4	1		7		8		9
3	7	9		4			6	



SUDOKU

						-		
5	9	3	7	8	6	2	1	4
4	1	7	5	9	2	3	8	6
8	6	2	4	3	1	9	7	5
7	8	4	1	5	3	6	9	2
1	3	6	9	2	7	4	5	8
9	2	5	8	6	4	1	3	7
2	5	8	6	1	9	7	4	3
6	4	1	3	7	5	8	2	9
3	7	9	2	4	8	5	6	1

THIS ISSUE'S TRIVIA ANSWERS

1. You should get an oil change every 5,000 miles or so

2. Yes, heat causes liquid to evaporate. Fluids in your car have very important jobs to do, like lubricating and cooling.

3. Yes, heat causes battery fluid to evaporate, which can lead to corrosion. If it's been a while since you bought your last battery, ask the mechanic to give it a look.

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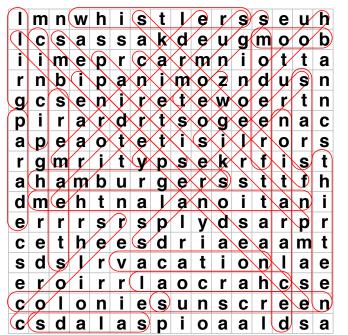
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