

02 THE CORTLAND AREA TRIBUNE August 3-16, 2016

WELCOME TO OUR NEED FOR "SPEED" EDITION

The Cortland Area Tribune, nicknamed The CAT is published and distributed every other Wednesday. Look for it at 100's of area businesses in Cortland, Dryden, Whitney Point, Groton, Homer, Marathon, Moravia, Ithaca, Tully & LaFayette. Here's some upcoming editions for you to look forward to!

August 17 - Pamper Your Pets Edition

Deadline 8/12

August 31 - Fall Home Improvement, Planting/Hunting & Labor Day Edition

Deadline 8/26

September 14 - Fall Bridal, & The Cortland Area Tribune's 14th Anniversary Edition

Deadline 9/9

September 28 - Fall Antiques Edition

Deadline 9/23

October 12 - Fall/Winter Car Care & Halloween Edition

Deadline 10/7

October 26 - Restaurant Guide/Catering & Pre-Thanksgiving Edition Deadline 10/21

November 9 - Thanksgiving & Black Friday Edition

Deadline 11/4

November 23 - Winter Sports Enthusiasts & "For Kids" Holiday Edition Deadline 11/18

> <u>PLUS</u> Last Minute Gift Guide Insert Deadline 11/17

The Cortland Area Tribune P.O. Box 67 • Dryden, NY 13053 (607) 844-8228 • tcatribune@gmail.com cortlandareatribune.com • @tcatribune



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TRIVIA QUESTION

See if you know the answer without looking it up! Answers in the back.

1. What year was the first Daytona 500?

2. What does it mean when an official is waving a blue flag with a yellow stripe?

3. What was the nickname of NASCAR racing legend Dale Earnhardt, Sr.?

4. Which driver was NASCAR's Rookie of the Year in 1993?

CHECK OUT THE BUSINESS SERVICE GUIDE!

Easily accessible at the back of the paper! Growing with every Edition! Take this handy pullout 4 page directory with you in your car and leave it in your glove box for quick reference! Area businesses are listed alphabetically by services. When you patronize the businesses listed in the directory, please tell them you saw them listed in The CAT! *Shop local and save gas!*

CORTLANDAREATRIBUNE.COM

Visit our newspaper online! Each issue is posted online, along with additional content we couldn't squeeze into the printed edition! *Also find us on Facebook and Twitter (@tcatribune)!*

FREE HAPPY ADS!

Share a birthday or anniversary wish for free, include a photo! Email to tcatribune@gmail.com, or mail it to The CAT, P.O. Box 67, Dryden, NY 13053. Deadline is 6 pm on Friday, August 12th for the next Edition.



Our mystery photos are old pictures of our area towns, businesses or landmarks. If you know where this edition's cover picture is - call 607-844-8228 or email tcatribune@gmail.com. Leave us your name, address & phone number along with your guess. If your guess is correct – your name is entered into our contest! A name is picked by random drawing & we print the winner's name in our next issue! All decisions are final. Businesses from around the area have generously donated a prize! Deadline for your guess is 6 pm on Friday, August 12th for this edition. By entering, you give us permission to print your name in our next issue. Each contest generates hundreds of entries!



DO YOU KNOW WHERE THIS IS? See what you can WIN

if you know WHERE this picture is! Congratulations to our latest contest winner: Charlotte Haskins

of Cortland



Answer from the Previous Edition

The Hastings House at 122 N. Main Street in Homer

The winner of last issue is Charlotte Haskins. Charlotte won a gift card from Dickey's Barbeque Pit located in the Riverside Plaza in Cortland plus a discount card from Shipwreck Amusement Center! The winner of this issue will win a gift certificate from Farrell's Restaurant located at 114 Main Street in Groton plus a discount card from Shipwreck Amusement Center! *Entery your guess today*!

We are looking for old photos to stump our readers! Do you have an old photo we could use?! Please call us or email us – THANK YOU!

COMMUNITY CALENDAR

Now thru October – Farmers' Market Downtown

8am to 2pm, Tuesdays & Saturdays, Downtown Main St. between Orchard St. & Court St.

Now thru August 7 – Chautauqua 2016

10am to 7:45pm daily, Homer Village Green. Community event centered on education, art, music, entertainment and spiritual enrichment. 3/5 K Walk/Run to be held on Saturday. A nominal \$15.00 fee entitles you to attend 5 days/nights of classes. Details and registration forms are available at Cortlandchurches.org. 3/5 K Walk/Run: \$20 per person \$40 per group. Details and registration forms are available at chautauqua5k. com. For more information call (607) 753-1002 or visit Cortlandchurches.org.

August 3 – CCHS Lunch & Learn: "New York Central College: An Experiment in Education in McGrawville 1848-1860"

12:10pm to 12:50pm, Cortland County Historical Society, 25 Homer Ave., Cortland. McGraw Historical Society President Carl Kimberly and his wife Mary, McGraw historian, will be presenting this program on this very progressive college that was established in McGraw. The concept of black education was not new in the 1850s. Today we will learn how McGrawville became involved in a college open to black and white students, male and female, and taught by both black and white professors. Bring your own lunch to enjoy while you listen and we will provide dessert and beverages. For more information call (607) 756-6071, email cchsresearchrequests@ yahoo.com or visit us on Facebook.

August 3-4 – Upcoming A.A.R.P. "Smart Driver" 6-Hour Class

A six-hour driver refresher course geared for drivers aged 50 and older, but open to drivers of any age, is being offered over two days on Wednesday, August 3 from 1:00 PM - 4:00 PM and Thursday, August 4 from 1:00 PM - 4:00 PM at the Truxton Senior Center located in the lower level of the United Methodist Church at 3670 Route 13 in Truxton. This course is approved by the N.Y.S. Department of Motor Vehicles for points & insurance reduction. Preregistration is required by calling the Cortland County Health Department at 758-5509. Class may be rescheduled due to lack of registrations, and walk-ins might be turned away. This class is sponsored by AARP, the Cortland County Health Department, the Cortland County Area Agency on Aging, and the Cortland County Retired and Senior Volunteer Program (RSVP).

August 4 – Old Timers Band

7pm, Courthouse Park, Cortland. Bring a lawn chair or blanket and enjoy the music! Free and open to the public. For more information call the Youth Bureau at (607) 753-3021.

August 4-5 & 11-12 – Big Fish: The Musical 7pm, Cortland High School Auditorium. Based on the celebrated novel by Daniel Wallace and the acclaimed film directed by Tim Burton, BIG FISH centers on Edward Bloom, a traveling salesman who lives life to its fullest and then some! Edward's incredible, larger-than-life stories thrill everyone around him – most of all, his devoted wife Sandra. But their son Will, about to have a child of his own, is determined to find the truth behind his father's epic tales. Overflowing with heart, humor and spectacular stagecraft, BIG FISH is an extraordinary new Broadway musical that reminds us why we love going to the theatre – for an experience that's richer, funnier and BIGGER than life itself. Presented by the Cortland Youth Bureau Summer Drama Program under the direction of Ben Wells. The cast features high school and college students from Cortland, Homer, McGraw and Dryden. Advance-sale tickets can be purchased at www.cybdrama. yapsody.com for \$6 or for \$8 at the door. All seating is general admission. For more information call (607) 753-3021, e-mail bwells@ cortlandschools.org or visit www.cortlandyb.recdesk. com.

August 5 – First Friday Art Event

5pm to 8pm. Cortland First Fridays joins an informal nationwide movement to celebrate the arts in local communities on the first Friday of each month. Participating galleries, studios, artists, interested businesses, music and performing arts venues will be open to the public to spotlight the arts. For more information and a list of participating venues, call (607) 753-1188 or visit culturalcouncil

ofcortlandcounty.org/firstfridays.

August 6 – Roller Derby – Cortland vs Accord

7pm, JM McDonald Sports Complex, Fairgrounds Dr., Cortland. \$5 presale at 7VRAug16. brownpapertickets.com, \$10 at the door. Kids 10 & under arefree! Formore information call (607) 299-4832, e-mail sevenvalleyrollers@gmail. com or visit 7ValleyRollers. com.

August 6 – Sale of Found & Unclaimed Bicycles

8am to 11am, Armory Bay to the rear of the Armory, Wheeler Ave., Cortland. Bikes sold "as is" for \$25 each. The funds will go toward the Water Works Deer Fund. Awaiting approval from Common Council meeting on August 2. For more information call the Cortland City Police at (607) 756-2811.

August 6 – Cortland Arts & Wine Fest

10am to 5pm, Courthouse Park, Cortland. Artists Prospectus and Application. Day of local artwork, music, food, wine, an artistic car show and a chalk drawing contest! The wine tent opens at noon. For more information visit cortlandartsandwine.org.

August 7 – Antique Tractor Pull

New Hope Fire Dept New Hope Rd, Moravia NY

Spectator Admission "Free"

August 8-12 - Vacation Bible School 6:15-8:30 p.m. for kids 3 years of age through those who just finished 6th grade in June. THEME: Arctic Blast TEAMS: Bears vs. Wolves First Baptist Church is located at 5 Park Street, Marathon, NY Questions? Call 607-849-3824

August 10 – Movie Under the Stars: Zootopia

8:30pm, Courthouse Park, Cortland. Bring your blankets and lawn chairs. For more information call the Cortland Youth Bureau at (607) 753-3021.

August 10 – CCHS Lunch & Learn: "Cortland Traction Company and Little York Park"

12:10pm to 12:50pm, Cortland County Historical Society, 25 Homer Ave., Cortland. Local historian Chip Jermy will discuss the Cortland Traction Company, its evolution, and its enduring legacy, Little York Park. Bring your own lunch to enjoy while you listen and we will provide dessert and beverages. For more information call (607) 756-6071, email cchsresearchrequests@yahoo.com or visit us on Facebook.

August 11 – Molly & the Badly Bent Bluegrass Boys

7pm, Courthouse Park, Cortland. Bring a lawn chair or blanket and enjoy the music! Free and open to the public. For more information call the Youth Bureau at (607) 753-3021.

August 12–13 – Tioga County Trappers Rondy

Located at the Bement-Billing Farmstead located at 9241 State Route 38, Newark Valley, NY the weekend of Aug 12-13, 2016.There is no cost to attend dealers set up free and parking is free there will be a black powder shoot on saturday as well as trapping demo's for info contact Bill swagler at 607-222-8554 or swagw2000@yahoo.com.

August 12-14 – Seedstock Music and Art Festival

3336 Route 215, Cortland. 25 bands. Kids under 12 free. For details, ticketing, and camping information visit seedstockfest.com.

August 13 – LGBTQ+ Annual Picnic

12noon to 3pm, Yaman Park in Cortland. Pavilion 1. Please RSVP by Monday, August 1 by calling (607) 756-8070 x252 or emailing cortlandlgbtcenter@ fcscortland.org. The LGBTQ+ Annual Picnic is open for LGBTQ+ and their allies! This event will be family friendly, catered, and FREE to attend. Please let us know if you need any accommodations, including any dietary restrictions. This event will go on rain or shine. For more information call (607) 756-8970 x261, email cortlandlgbtcenter@ fcscortland.org or visit cortlandlgbtcenter.org.

August 13 – Newark Valley Days 5K Walk & Run

Trout Ponds in Newark Valley. Race time is 5:00 pm. Race day registration starts at 3:00. Race starts and ends at the Trout Ponds. Join us after the race for race awards, live bands, and fireworks. Pre-registration has been extended to August 6. Download registration forms from Facebook: Newark Valley Days Trout Ponds 5K Run.

August 13 – Lisle Chicken BBQ

CENTER LISLE CONG. CHURCH Rt. 79 Lisle, NY 11:00-2:00 \$9.00/dinner (baked beans, chips, coleslaw, roll, cupcake) \$6.50/half 3 halves/\$19.00 Eat in or take out. 50/50 raffle to benefit stain glass window repair

August 13 – Cortland Regional Medical Center's 125th Anniversary

Join us on Saturday, August 13th for a free event celebrating Cortland Regional Medical Center's 125th anniversary! We're planning an afternoon of fun for the whole family featuring live music by the Cortland Old Timer's Band, the Brothers MacRae, and Steve Southworth and the Rockabilly Rays, plus carnival games, food vendors, Dan the Snakeman and much more! Time – 1 to 5 pm Location – Cortland Regional Medical Center, Corner of North Main and Homer Avenue

August 17 – Movie Under the Stars: Inside Out

8:30pm, Courthouse Park, Cortland. Bring your blankets and lawn chairs. For more information call the Cortland Youth Bureau at (607) 753-3021.

August 20 – Nature Hike

10am, Lime Hollow Visitor Center, 338 McLean Rd., Cortland. Take a stroll with a Lime Hollow Naturalist. Monthly hikes include a fun topic or theme. Hikes typically last an hour and a half. Don't forget binoculars, field guides, small snack and a water bottle. There are some binoculars available to borrow. Free admission, donations appreciated. For more information call (607) 662-4632, email info@ limehollow.org, or visit limehollow.org.

August 28 – PorchFest Cortland

12noon to 5pm, Van Hoesen Street (closed to traffic). 20+ musical acts and performers have 40 minute sets on various porches throughout Hoesen Street theVan neighborhood! Bring a lawn chair or blanket and a picnic to sit and enjoy. Free crafts and games for kids of all ages. This event is free! There will be opportunities to make donations to the Cortland Youth Bureau to support their music program and play ground equipment initiatives. Open container laws still apply even though there's a street closure. For more information visit PorchFest Cortland on Facebook.

FOR A COMPLETE LISTING OF UPCOMING EVENTS: CORTLANDAREATRIBUNE.COM TWITTER.COM/TCATRIBUNE

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HAVE A COMMUNITY EVENT TO SHARE?



Please send all pertinent information, including a date, location, time, price, and a brief description to us at tcatribune@gmail.com, and we'll be happy to help inform the public!





CRT PRESENTS REGIONAL PREMIERE OF AGATHA CHRISTIE'S "CARDS ON THE TABLE"

F or the fourth show in their 45th anniversary summer season, Cortland Repertory Theatre presents the regional premiere of the exciting murder mystery "*Cards on the Table*" adapted by Leslie Darbon from the novel by Agatha Christie. Performances will run from August 3rd – 13th with evening performances at 7:30 PM. Matinees are available on August 5th, 9th and 10th at 2:00 PM. Tickets may be purchased by calling 800-427-6160 or at the CRT Box Office at 24 Port Watson Street in Cortland. Tickets are also available for sale 24 hours a day through the CRT website at <u>www.cortlandrep.org</u>.

This rarely produced Christie classic is a mystery lover's dream. Mr. Shaitana is a strange and wealthy collector of various kinds of art. One evening he invites Superintendent Battle of Scotland Yard and crime novelist Ariadne Oliver to a dinner party to view his latest "collection": four people who have committed murder and gotten away with it. But during a game of bridge with the group in a closed room, Shaitana himself is daringly murdered! Battle sets out to solve the crime but can he catch the murderer before they lay their cards on the table for the final time? Directing this production is CRT's Producing Artistic Director Kerby Thompson, whose previous directing projects at CRT include "1776", "Unnecessary Farce", "The Ladies Man", "Buddy! The Buddy Holly Story" and many others. The cast is comprised of many actors who have previously performed at CRT. Heading the cast as Inspector Battle is Arthur Lazalde, who was seen last summer as John Dickenson in "1776". Crime novelist Ariadne Oliver is portrayed by Wendy Bagger, who has appeared in "Always a Bridesmaid", "Sherlock Holmes and the Case of the Jersey Lily", and "Boeing Boeing" at CRT. Also returning are Mary Williams as Mrs. Lorrimer and Richard Daniel as Dr. Roberts. Williams was seen in CRT's "Six Dance Lessons in Six Weeks", "A Murder is Announced", and "The Hollow" while Daniel played Benjamin Franklin in last summer's "1776". Ithaca College student Daniel Wisniewski who was a CRT performing intern last summer, will play adventurer Major Despard. Three performing interns this year are also playing major roles: Caroline Kane as Anne Meredith, Erica Rothman as Rhoda Dawes and Richard Westfahl as Stephens. Jason Shipman, seen in last summer's "Miracle on South Division Street", plays Sergeant O'Connor, and Jennifer Brunker in her CRT debut plays Miss Burgess, the Doctor's secretary. Completing the cast is local talent Mark Re as the ill fated Shaitana. Re performed with CRT in "1776" and "The Smell of the Kill".

Stage Manager Erin E. Heare leads the design and production team. Shelley Barrish returns having previously designed "*West Side Story*" earlier this summer. Costumes are created by long-time CRT Costume Designer Wendi R. Zea. Continuing their work this season are Lighting Designer David Sexton, Props Designer Joe Dotts, Sound Designer Seth Asa Sengel, Technical Director Dana White Jr. and Assistant Stage Manager Julianne Graffeo.

CRT continues "Friday Night Talk Backs" at which a Q & A session with the actors, designers and crew takes place after every Friday evening performance. Tickets are also on sale for the final two productions

> in our summer season; "The Kitchen Witches" and "The Marvelous Wonderettes".



ALL TIRES ON SALE AT WILLCOX Service & Tires Center

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Willcox Service & Tires Center is located at 233 Elmira Road in Ithaca and is open Monday thru Friday from 8 am to 5:30 pm and on Saturday from 8 am to noon. Stop by and say HI to the team at the front desk – Steve, Tom and John! Check us out on the web – <u>www.</u> <u>willcoxtirecenter.com</u> and like us on Facebook! Buy local – not big box!



Central New York LIVING HISTORY CENTER Brockway Museum - Homeville Museum - Tractors of Yesteryear



Peter Grimm; the man behind, or should we say on the front of the CNY Living History Center, has once again turned a major event of his life into a 'fun-raiser' to benefit the museum complex.

He will celebrate his 75th Birthday by sponsoring **American Young**, a terrific, new, Country Music Band, to perform at his party and inviting the public to join in. Please come share in his celebration and enjoy good food, drinks, and great music from this hot new duo from Nashville, Tennessee.

Meet Jon Stone and Kristy Osmunson as they celebrate the release of their second CD which can be purchased at this event. They have provided an autographed guitar to be raffled off at this event also. Tickets for that are \$5.00 each and are available at museum gift shop.



Tickets for the concert/party are a \$37.50 donation/gift for the event (limited to 100) to be held on **August 21, 2016** 2:00pm to 7:00pm at the CNY Living History Center 4386 US RT 11, Cortland, NY





CORTLAND REGIONAL MEDICAL CENTER HOSTS 125th ANNIVERSARY CELEBRATION

UST OFF YOUR PICNIC BLANKETS and your lawn chairs and come join your Cortland Regional Medical Center friends and family for an old-fashioned block party celebrating 125 years of serving the greater Cortland area.

This free community event will be held from 1:00 p.m. to 5:00 p.m. on the green space adjacent to the hospital at the corner of West Main and Homer Avenue. The day will feature fun for all ages, including musical performances by the Cortland Old Timer's Band, Austin MacRae and Casey Widger, and Steve Southworth and the Rockabilly Rays. Other familyfriendly activities include face painting and carnival games for kids; exotic animal demos by Dan the Snakeman; balloon artistry by Amazing Pete; and an antique EMS vehicle display. Dickey's Barbeque, Lulu's Kettle Corn, and Frozen Moments Ice Cream will be vending food and drink throughout the afternoon.

President and CEO Mark Webster and other VIP guests will also speak briefly about the hospital's history and its future. The keynote speaker for the event is MaryJane Wurth, Chief Strategy and Relationship Officer for the American Hospital Association. Ms. Wurth received her Master of Science degree from Cornell University and her Bachelor of Science degree from the State University of New York College at Cortland.

Cortland's only hospital has operated 24 hours a day, 7 days a week ever since it opened its doors for the first time on April 1, 1891 – that's quite an accomplishment for any organization. Now known as Cortland Regional Medical Center, it has expanded its operations, staff, and services many times over the years, never wavering from its mission to improve the health and wellbeing of Cortland residents. Today the hospital is a 162-bed acute care facility with attached 80-bed residential care center staffed by more than 100 physicians trained in over 20 specialties and complemented by 33 advanced practice clinicians. More than 33,800 patients were

cared for at CRMC or by Cortland Regional Medical Practice physicians last year.

"Our rich history of compassionate care, medical excellence, leadership, growth, and innovation gives us much to celebrate as we prepare for the next 125 years, and we hope you'll join us as we mark this milestone year together," says Mark Webster, President and CEO

Cortland Regional Medical Center is an independent, nonprofit, 162-bed acute care facility with attached 80bed residential care center that has been providing quality healthcare to the Cortland area for 125 years. Together with its team of affiliated Cortland Regional Medical Practice (CRMP) providers, CRMC offers patients convenient access to board-certified practitioners in the areas of anesthesiology, cardiology, critical care, emergency medicine, endocrinology, family medicine, gastroenterology, general surgery, hematology/oncology, hospitalist medicine, infectious disease, internal medicine, nephrology, obstetrics/ gynecology, ophthalmology, oral surgery, orthopedics, otolaryngology (ENT), pathology, pediatrics, psychiatry, physical medicine and rehabilitation; podiatry, pulmonology, radiation oncology, interventional radiology, and urology. For more information visit www.cortlandregional.org and www. regionalmedicalpractice.com.

MIKE'S FISH TANK HERMIT CRABS

NSTEAD OF FISH THIS WEEK, we will talk about hermit crabs. INSTEAD OF FISH THIS WHER, ... They are a very popular pet especially kids.

A lot of people will go on vacation to the beach and bring back hermit crabs. I have been selling hermit crabs for 26 years and I have learned a lot from the big distributors about these cute little crabs.

They do not eat very much so feed accordingly. I put a little warm water in the sink and

sprinkle some hermit crab food around the edge of the water. This simulates the way the crabs eat around and near water. It also keeps your hermit crab home cleaner, because when they are done eating, you can just add water and swish any leftover food down the drain.In the winter you can add a heat lamp or undertank heater to be sure the hermits are warm enough. This time of the year, it is warm enough and you shouldn't need any heat sources.

Be sure to keep a dish of water in their home, they need moisture. If they don't have enough humidity, they will have a hard time shedding their skin and they can die. They make hermit crab sponges. Keep one of these wet in your crabs home all time. This will add humidity to the habitat and will benefit your hermit crab. Normally hermit crabs get along with each other but they do fight sometimes.You might find a loose claw here and there, a definite sign that they may be fighting. Remember they are called HERMIT crabs, hermit means alone, so if you see signs of fighting, you may need a bigger home or take out the crab who might be the fighter.

Once a week give your crab a warm bath in just a little bit of water in the sink, this will help keep his skin moist and aid him in shedding.

Another fun fact of hermit crabs is if you add shells to their home, they may change into those shells off and on.

It all depends on whether they like the shells you give them, but it is cool to watch them change from one shell into the next.They make a big variety of hermit crab foods and treats. A balanced diet is always a good thing.

If you want to put a branch or stone from outside into your crabs home, be sure to sterilize it with boiling water so no bad things get into your crabs home.



Pets A Plenty is located in the Blockbuster Video Plaza, Rte 281 Cortland, 753-9213. Open 7 days a week. We now have a website. WWW. PETSAPLENTY.BIZ. check it out. I post care sheets, coupons, new animal arrivals, contests and more. Any questions, email me at friskyy@hotmail.com









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FINGER LAKES MICROD CLUB NEW SPORTSMAN CLASS TO DEBUT IN TIME FOR THE 2017 SEASON

THE FINGER LAKES MICROD CLUB is developing a New Class for the 2017 season. It will be called Sportsman Woodframe. The cars will have live axles & knuckle steering and will have woodframes similar to the Woodframe Classic Microds currently used at the track today. At present the plan is for individual families to own their own Microds in this class, while the Club may own a car or two in a for sale condition, there are no plans to Rent them like in the Woodframe Classic Microds as they have for 34 years now. Two cars are currently in the process of being built, with more to follow as Individuals place orders with track owner A.J. Burgess. This is going to be a proprietary class, meaning you will have to purchase any parts used on the Microds from A.J. & the Club. This is a way of keeping uniformity from microd to microd, while keeping expensive parts off the cars. A Club motor will be used in this class for at least the first 2 Seasons. Our club has always been about keeping costs at a reasonable level. Anyone reading this that would be interested in racing with us in this class, should contact A.J. (see below) so they can be included in meetings that will be held Oct. thru March this winter.

We also should mention 2016 is a mile stone for our club's founder A.J. Burgess, it is his 50th Anniversary year in the sport of Microding. He started in July 1966 as a 10 years old driver. In 1983 he started our club Finger Lakes, With 2 microds & 2 drivers. Since the start of our club A.J. has given 653 kids the opportunity to try microd racing thru his rent-a-microd program. During A.J.'s 50 years, Finger Lakes was the first club to buy a piece of land and build its own track (Little Wheels Speedway) witch was built in the spring of 1988. A.J. was also involved with the sport's sanctioning body (New York State Microd Association) serving as promotions director, secretary, treasurer, vice president of Administration & president over the years. In 1985 he arranged the first broadcast of a microd race on radio station WPIX 106fm out of Auburn N.Y. In 2005 A.J. received the Tompkins Trust Company's "Award for Excellence" for his work with "Finger Lakes Microd Club" as the club's driver's win % neared 90%. (Currently 88.53% of all drivers in the club's history have won a race) That's 710 of 802 drivers (thru 33 seasons so far)

The Finger Lakes Microd Club offers microds families can rent, the kids draw numbers each week to see which motor they will run that week. This keeps the racing more affordable for a large number of parents. Our Track named: Little Wheels Speedways is located just off the corners of Rts. of 38 & 34B, and is the sports of Microding's Premiere Facility. Our Track is a picturesque setting with all of its beautiful shade trees, lush landscaped lawn, and well-kept buildings. A fine setting for you to spend time with your family & friends. It should also be noted: The club owns Microds with hand controls, to accommodate children with disabilities and Welcomes anyone with any kind of special need. Read more about our Club Goals and program for special needs kids on our web pages www.littlewheels. org. For costs and schedules see our Web Site: www.littlewheels.org. Racing is for both Boys & Girls ages 5-17. We also offer opportunities to try a microd before deciding to join our club. To schedule a try-out call (Sue or A.J.) at 607-898-3313.





STUMP RUN 2016 MOTORCYCLE RIDE SATURDAY, AUGUST 6 AT 11:30 AM - 4:30 PM

Hosted by The Elm Tree Inn - Mclean, NY 2 Mclean Rd, Mclean, New York 13102

O UR ANNUAL MOTORCYCLE RIDE WILL be Saturday, August 6th. Sign-In starts @ 11:30 am - Ride leaves @ 12:45 pm. ~100 mile ride. \$10/person includes poker hands and food after ride.

T-shirts available for additional cost. Proceeds benefit Cortland County SPCA. 607-838-3313.

Attention Business Owners

Would you like to have an article with photos printed about your business?! Call Judy Kilmer at 607-227-0606 or email tcatribune@gmail.com to find out how!

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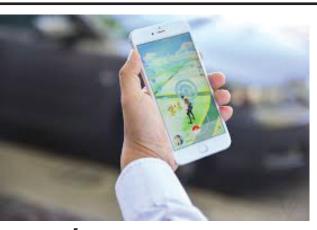
Senior picked up at garage no extra charge - Add sales tax YOUR FIRST QUARTER IS FREE!! NO CHARGE!!





THE CORTLAND AREA TRIBUNE 07

August 3–16, 2016



POKÉMON GO IS THE LATEST CRAZE AND CAN BE FOUND AND PLAYED AT SHIPWRECK GOLF

T HE SECOND DAY THE GAME dropped shipwreck had over 35 people coming to find the Pokémon characters on the course.

Shooting to the top of the app store on the day it was released, within 24 hours Pokémon GO beat out indie hit Slither.io and Supercell's heavily promoted blockbuster Clash Royale to become the biggest game of 2016, as measured by daily active users.

More news for And that's not all. Within three days of its release, Pokémon GO attracted more users than Twitter, and rose to the top of the App Store revenue charts, earning millions of dollars a day for its publisher, Niantic. As of yesterday, Pokémon GO attracted just under 21 million daily active users in the United States, surpassing Candy Crush saga's rumored peak US smartphone audience of and making it the biggest mobile game in US history.

So let us add adventure and fun to your mini golf game and search for those Pokémon at Shipwreck Golf Amusement Center. 759 Rte. 13, Cortland N.Y. 607-758-8585 Open daily 10 a.m. to 10 p.m. <u>www.shipwreckgolf.</u> <u>com</u>









RON'S BODY & PAINT

Does your vehicle NEED A tune up to get ready for your summer road trip? Or ready to fix those "dings" in your paint? Ron's Body & Paint in Cortland is open for all of your automotive services at 362 Route 13. Call them in Cortland at 607-662-4543 to schedule your appointment. Since 1989, Ron Stanley and family have been offering the absolute finest in contemporary automotive services at their onestop vehicle service center in Marathon at 31 Cortland Street (607-849-6898) and now at BOTH locations are providing the same great services Ron's Body & Paint has been known for. Take advantage of their \$19.95 oil change! Buy tires before hitting the road for summer travel and save 10% on your 4 tire purchase with free mount and balance! Call or stop in for details at either location!

Ron's Body & Paint is the only call you need to make for all types of prompt and professional automotive services. From the simplest dings and dents to some of the most serious auto body repair work, frame straightening and paint, to 24 hour personal and commercial towing services - they do it all! Ron's is also a complete automotive service center with the very best deals on all types of tires. Plus they are also do N.Y.S. inspections and participate with Triple A – show your card and save! Ron's Body & Paint has a track record of automotive excellence. Leading the industry in experience and technology, they get the the job done right the first time. And of course, your satisfaction is always guaranteed. ASK RON ABOUT A FREE LOANER CAR WHILE YOUR COLLISION REPAIR WORK IS DONE! Like them on Facebook! Or on the web ronsbodyandpaint.com



McGraw Fire Department Antique Fire Apparatus & Car / Bike Show At the Rec Fields on Clinton St. McGraw (Off Main St. / Rt. 40)



Sunday, August 28, 2016

IRain date: Sunday, September, 11, 2016) Co-sponsored by McNeil & Associates, Grant Street Repair, Home Depot, Leach's Custom Trash Removal, Economy Paving and Cortland County Convention & Visitors Bureau Gates open at 8am Early bird breakfast – Great food cooked all day! Free registration for Fire Apparatus Vendors – Car coal – 50/50 raffles Trophies, plaques & more Pre-registration \$10 cars / bikes – \$15 vendor

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Please make checks payable to: McGraw Fire Department Mail to: McGraw Fire Department PO Box 717, McGraw, NY 13101 Questions: Ed Greenman 607–836–4263 O 8 THE CORTLAND AREA TRIBUNE August 3-16, 2016



ACTION SPORTS HAS MOVED!

A CTION SPORTS BIKE AND SKI, Cortland's only bicycle and Cross-country ski shop, has moved from 85 Main Street to 64 Pendleton Street, Cortland, across from Cortland Seafood and between Button's Automotive Repair and Sherman Wholesale Tire. After renting for nearly sixteen years at the Main Street location, we were given the opportunity to purchase the commercial property at 64 Pendleton Street. God blessed us for our time on Main Street and for answered prayer for ownership. We are very happy to be at our new location!

We purchased the building through Heritage Realty with Dana Decker, who was helpful and easy to work with. We spent several weeks painting and cleaning and getting the space ready for the move. Meldrim's Paint Center mixed up a special Specialized red color, which has its own paint formula. Being Specialized dealers, we thought it would be cool to paint some of the interior walls with the same color as Specialized Bicycles. We packed up the old store, piece by piece, and started making many trips to the new location. On Friday, April 22, 2016, we had our last day of business on Main Street and on the next day, 26 people arrived to help us move. It was awesome having all these wonderful hard-working people! They carried boxes, store fixtures, furniture, skis and bikes onto trucks and trailers that they brought. Everyone worked like a well-orchestrated team getting the job done. There were no slackers 'cause this bunch knows how to work. Matt and I are so very appreciative for everyone's awesome and wonderful help and friendship! Thank you to all! It will not be forgotten.

The showroom is about the same size as the space we had on Main Street except it's shaped more like a square. We don't have the high ceiling of the old store but this will help cut down on heating costs in winter. We purchased tiered bicycle display racks and are in the process of purchasing stands for displaying road bikes on the showroom floor. We have a room for inventory and a separate room for the repair shop. We even have a full kitchen, which already has several bikes in it and there is a basement for additional storage. Our yard has already been ridden on by a customer who was trying out a mountain bike and another customer took a test spin down the nearby road. Both bikes were purchased. We think customers will like unloading their bikes (and skis in winter) for service here better than at our old address. We feel like we have a bit of country right here in the middle of the city.

We invite you to stop by and say 'Hi!' The phone number will be the same number...607.753.9612. Our first day of business was Thursday, April 28, 2016. We are still closed on Sundays and Tuesdays as always. Our hours are 10-5:30 and on Saturday 10-3. Feel free to check us out on Facebook and see the photos of our progress.

We hope to continue serving the cycling and ski communities of Cortland and surrounding areas with Specialized Bicycles, Alpina Cross-Country Skis and Northern Lites Snowshoes and accessories, service, and kindness from our new location of 64 Pendleton Street, Cortland.

The 2017 Specialized bicycles are about to make their debut. We will be placing our preseason order soon. That means our Cycle For Fitness sale is coming up. It will start on Friday, August 12 and go until Saturday, August 20. All 2016 Specialized bicycles will be 15% OFF. Plan to stop in and check out some good deals!

See you soon!

Lisa Belknap Action Sports



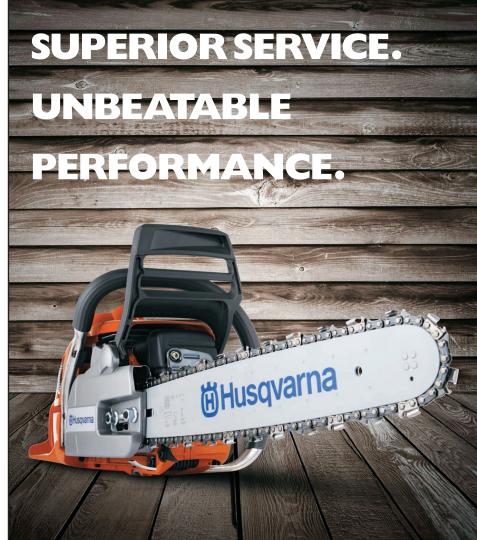
MAKE YOUR MOTORCYCLE ROAD TRIP ACCIDENT FREE ALLSTATE REMINDS NEW YORK RIDERS OF DANGERS OF THE ROAD



BEFORE HEADING OUT ON YOUR next motorcycle road trip, Allstate reminds New Yorkers about protecting yourself and your ride while on the road.

According to the National Highway Traffic Safety Administration, per vehicle mile traveled in 2011,





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motorcyclists were over 30 times more likely than passenger car occupants to die in a motor vehicle traffic crash and five times more likely to be injured.

"Allstate has a long history of keeping riders covered when they need insurance protection and we want to remind motorcyclists to keep safety and awareness at the top of mind when they are on the road," said Jaclyn Darrohn, Allstate New York spokesperson.

Allstate offers <u>motorcycle safety tips</u> to help riders get their bikes ready for riding season, choosing important safety gear and how to be safe while riding.

Get Ready to Ride

- Test the lights, brakes, and turn signals
- Check the oil and fuel levels
- Make sure the mirrors are positioned correctly
- Check the cables to make sure they aren't worn or frayed
- Lube the chain and adjust it according to the manufacturer's specs
- Try a rider-training course to brush up on your skills

Invest in Good Gear

- Pick a high-quality helmet that fits well. If it doesn't have a face shield, pair it up with goggles or glasses with safety lenses
- Use safety as your excuse to shell out for that leather jacket. Get the pants while you're at it. (We know black and bikes are a perfect match, but a bright color will help other drivers see you better)
- $We ar \, durable \, non-slip \, gloves$
- Invest in boots or sneakers that cover your ankles

When You're Out on the Road

- Always wear a helmet that fits right. Pick one that has the DOT label, which shows that it meets federal safety standards.
- Know your bike's limits
- Stick to the speed limit
- Don't tailgate other vehicles
- Use your signals
- Be respectful of other drivers. Don't weave through traffic or drive on the shoulder.
- Make sure other drivers can see you. Don't ride in blind spots and always use your headlights.
- Brake smart. Use both brakes at the same time, slow and steady.

To help make the most of your time out on the road, the Allstate blog has helpful tips for the <u>ultimate motorcycle road</u> trip that include:

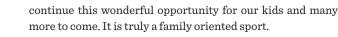
- · Choosing your co-riders
- Picking the right destination

- · Selecting the best route to take
- Monitoring the weather

Riders may also want to review their insurance coverage to make sure they're informed on the extent of their protection. If you own a motorcycle, there's a good chance Allstate can help you protect it - and yourself - just in case of an accident. Allstate's motorcycle policies are designed with bikers' needs in mind, so call 1-877-379-BIKE (2453) for a quote. To find an agent in your area, visit <u>www.allstate.com</u>.

Contact SHIRLEY EIZEMBER, Exclusive ALLSTATE AGENT at the Pinckney Insurance Agency located at 41 Port Watson St Cortland, NY 13045..Ph 607-756-8505.

The Allstate Corporation (NYSE: ALL) is the nation's largest publicly held personal lines insurer, protecting approximately 16 million households from life's uncertainties through auto, home, life and other insurance offered through its Allstate, Esurance, Encompass and Answer Financial brand names. Allstate is widely known through the slogan "You're In Good Hands With Allstate®." The Allstate brand's network of small businesses offers auto, home, life and retirement products and services to customers in the United States and Canada. In 2014, The Allstate Foundation, Allstate, its employees and agency owners gave \$34 million to support local communities. Allstate employees and agency owners donated 200,000 hours of service across the country.



THE CORTLAND AREA TRIBUNE

August 3–16, 2016

Not only do we compete at our home track but as part of the New York State Microd Association where we come together for a tour series with the other three microd clubs in the state. This allows the families to compete with and socialize with other families from Syracuse, Sodus and Candor. This year we added a 5th race to the series and had the opportunity to race at the Oswego quarter midget track in Fulton. These races are a chance to catch up with old friends, make new ones and create a life time of memories and to quote one young driver "It's fun!"

Most Friday nights from May through September you can find us at the track with racing starting at 7pm. You and your family are welcome to spend an enjoyable evening of racing with us. There is free admission to the spectator area and plenty of parking for our guests. Have a seat in the bleachers or feel free to bring your own lawn chairs if you'd like. Restrooms and concessions are also available.

For more information check out our Facebook page Midstate microd club. See you at the track.



MID-STATE MICROD CLUB FAMILY, FRIENDS & RACING

By Lisa Chapman

TOW IN OUR 59TH YEAR Mid-State Microd Club (formerly N OW IN OUR 59⁻⁻⁻ YEAR WILL SUME LINE Cortland County Microd Club) is still going strong at our home track, the Hillcrest Speedway, at the corners of Wood Rd and Elm St Ext in Groton, NY. This year we have a large field of competitors, ranging in age from 5 to 14. Microd racing not only provides a racing experience for children; it also fosters family involvement, driving and mechanical skills, building, and sportsmanship.

The club is a not for profit organization run by a board of directors composed of elected family members of racers. All race personnel from judges to scorers to race director are parents, friends and extended family of our drivers. We depend on our members to step up and help out with all aspects of our organization and with their help we are able to

RIDE FOR RED TO BENEFIT AMERICAN RED CROSS SUNDAY, AUGUST 21 - THREE BEAR INN, MARATHON

THE FIFTH ANNUAL RIDE FOR Red to benefit the American f L Red Cross of Central New York will be held on Sunday, Aug. 21 with the start and finish at the Three Bear Inn in Marathon.

The 100-mile journey rolls through five counties of scenic countryside with stops at Shelly's Restaurant in DeRuyter, Preble Hotel and The Dryden Hotel. All makes and models of motorcycles are welcome. The event will feature a buffet, raffles, prizes and entertainment.

Registration for the Ride For Red runs from 9:30 to 11:30 a.m. Aug. 21 at the Three Bear Inn, 3 Broome St., Marathon. Kickstands are up at noon. There is a \$20 donation per bike and \$10 for passengers. Proceeds from the Ride For Red will help the American Red Cross of Central New York prepare for disasters and provide shelter, food, emotional support and other assistance in response to disasters such as home fires and floods.

To register or for more information, contact Sharon Toussaint at sharontbi@aol.com or call 607-849-3258.

To learn more about the Red Cross, visit www.redcross.org/ wcnv.

About the American Red Cross:

The American Red Cross shelters, feeds and provides emotional support to victims of disasters; supplies about 40 percent of the nation's blood; teaches skills that save lives; provides international humanitarian aid; and supports military members and their families. The Red Cross is a not-for-profit organization that depends on volunteers and the generosity of the American public to perform its mission. For more information, please visit redcross.org or visit us on Twitter at @RedCross.

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8TH ANNUAL ANTIQUE FIRE APPARATUS, CAR, **TRUCK & BIKE SHOW**

The McGraw Fire Department is hosting its 8th Annual f L Antique Fire Apparatus, Car, Truck and Bike Show on Sunday August 28th at the Rec Fields on Clinton Street in McGraw. Come out and enjoy a great day of fun, music, awesome cars and food! They will have craft vendors as well. The car show was started 8 years ago after the family of former member and chief "Kerm Rowe" donated a 1941 American LaFrance pumper back to the department after Kerm's death. The 1941 American LaFrance pumper was an original piece of equipment purchased by the department brand new in 1942 and served its community until 1969. After being taken out of service, the truck was purchased by Saulisbury Fire Apparatus and was used as a loaner to the Virgil Fire Department. After some time the truck was purchased by McGraw member Kerm Rowe and it was stored for over 35 years until its donation back to the department in 2007. At that time a committee was formed to seek funding and raise money to restore the truck as well as the other two pieces of original equipment that the department also owns, 1800's era hose cart and ladder cart! The car show was created to raise money to restore and preserve all pieces of antique equipment the department owns. Please come out and support the McGraw Fire Department on Sunday, August 28th and enjoy the awesome antique fire apparatus, streetrods, muscle cars, antique cars and tractors, custom motorcycles and more! Hosted by the McGraw Fire Department.

HEALTH TALK: BETH'S NATURAL WAY HEALTH CONSULTING **CINNAMON - JUST AN ORDINARY SPICE?**

Truxton. NY Phone: 315-247-3279 E-mail: bethsnaturalway@yahoo.com

NINNAMON IS ONE OF THE oldest spices known, first recordings ✓ shown in China in 2700 BC and in Egypt in 1600 BC. It even played a major role in the colonial expansion. But the Chinese show it as being one of the most medical herbs they had. The inner bark is a pungent, sweet, warming herb that stimulates circulation, relieves abdominal spasms, raises vitality, warms and stimulates all the vital functions



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of the body, breaks up congestion, helps with arthritis and rheumatism pains, stops diarrhea, improves digestion and controls bleeding.

Cinnamon is used for nausea and vomiting. It is warming and energizing to the kidneys. It has been found to be helpful for asthma, wheezing and coughing. Certain pains like lower back pain, abdominal pain and heart pain, have been known to be reduced with the use of the Cinnamon bark. Menopausal difficulties and scanty menses also are helped. It is a germicide, blood conditioner and helps people with cold hands and feet. For children. Cinnamon is useful to alleviate bed-wetting and to help them sleep. Even Hanna Kroeger (a powerful healer) believed just putting Cinnamon on a buttered piece of bread would alleviate fallout, radiation and lead poisoning. The Chinese believe that people with a weakness of the body and the spirit, are helped by this warming herb.

I use Cinnamon for fighting viral and infectious diseases. Virus, bacteria, yeast, and fungus cannot live in the presence of cinnamon oil. With the aid of Poppy seeds, our combination called Poppycin has been on call for all problems that seem to lead the body into a confused state of mucus. This happens by the sinuses becoming plugged with puffy and tenderness in the face area. The ears feel full and clogged with hearing problems, the throat is raw from the constant drip and clearing of the throat, there is a heaviness in the chest area like someone is sitting on it, and tenderness in the colon area with a bloated feeling. Even to the point of stiff and sore joints. All of this is due to the over abundance of mucus in the body. Remember though, besides needing the Poppycin, you need to stop all mucus producing foods like milk products, cheese, and all white floured product.

Cinnamon, if used as a medicine, should not be used with a high fever (internal heat) or a person who is pregnant

So the next time your child has a craving (or are they just listening to their intuition) for Cinnamon toast, REMEMBER, it is more than just a spice.

THE POWER WITHIN

The wild edibles are ready for you to take the time to be within yourself, to be with nature, and to create your selfesteem. The wild edibles are ready to be noticed and picked and cleaned and then savored to the fullest. But you say I do not have the time. You have so much to do. I choose to take the time in a healthy body then to have to rest in a sick body. You are right it is your choice. Do you slow down because you are sick or because you need to? Which door do you pick? Picking edible greens is not just an act of something to eat; it is the most powerful act of healing you could give yourself. Right now the

> leaves, cleavers,Orpines, strawberry leaves, daylily stalks, burdock root, pepper root, leeks, spring beauties, trout lily, and violets are there for the taking. Even the nettles are getting ready to be picked with gently gloved hands and steamed and eaten. Start by going to the yard where no sprays have touched the earth with your basket and self, pick

> dandelion leaves, coltsfoot

and allow your five senses to come alive. Have you noticed the new nickels yet? The face is huge now showing in perfect detail the nose, ear, eyes, mouth and skin of the face. That sounds to me like the five senses with In God We Trust right next to it. The nickel, the five senses, and God. Do you think God is trying to tell us something? What a beautiful job someone has done. Start to listen to your five senses and allow them to come alive. The dandelions are full of Vit. D, E, A, potassium, sodium, calcium, iron, iodine, and a blood cleanser, energy booster, and skin cleanser. The coltsfoot leaves are there to help break up that stagnant mucus that has built up. The cleavers help to build your immune system and protect the kidneys. The Orpines build the muscles especially your colon muscle to reduce the excess bulge from winter. Strawberry leaves regulate your blood sugars and cravings. The day lily stalks will help to sweeten the bitters of the dandelion greens and are full of all vitamins and minerals by helping to build the colon wall and blood flow. Burdock root will help with all the inflammation that occurs this time of year when we overdo. Pepper root is a very gently laxative to start cleansing the colon, lungs, sinus area and ears. Spring beauties are there to bring the new you out in a beautiful way. The trout lily leaves help to build the pituitary gland which is our master gland to the emotional system. And finally the violet is the catch all of anything else that needs working on. This simple little salad of small quantities has the punch to create a content, peaceful, energized, healthy you to use your five senses to the fullest enjoyment of this human experience. Pick, soak your greens in 1/2 cup of apple cider vinegar and 1 gallon of water for 20 minutes, chop to the finest, add your favorite salad dressing on top and be.

Vibrantlu.

Beth Hill of Beth's Natural Way and The Wild Weed Shop

3RD ANNUAL CAR SHOW SATURDAY, AUGUST 13 AT 10:00 AM - 3:00 PM

Glen Aubrey Fire Co. (47) 3800 RT-26. Glen Aubrey. New York (607) 862-3918 gafire47@gmail.com

Please save the date for our annual car show more details will be coming soon if you are interested in having a booth for your crafts, vendor items or rummage sale items the spots will be \$20.00

SUMMER 2016 MUSIC SERIES SCHEDULE

MUSIC IN THE HOLLOW

USIC IN THE HOLLOW IS ON TUESday* Nights at the Ellis Hollow Community Center at 111 Genung Road. All music begins at 6:00. Head down with a blanket and picnic basket to enjoy a beautiful evening in the Hollow!





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THE CORTLAND AREA TRIBUNE

August 3–16, 2016

Tuesday August 9- Terrapin Station Grateful Dead Experience

Tuesday August 16- Gravel Gerty & the Scratch Out Squad Bluegrass

DRYDEN MUSIC SERIES

THE DRYDEN MUSIC SERIES IS ON Wednesday Wing Nights at the VFW on Rt. 13. Music kicks off each week at 6:00. Bring the whole family and enjoy the rolling hills and peaceful scenery. Music moves inside with inclement weather.

Wednesday August 3rd- Radio London British Invasion Rock & Roll

Wednesday August 10th- Lucey's Hooch Classic Blues, Funk & Soul

Wednesday August 17th- Fall Creek Brass Band Brass, Funk, Jazz, Riot Jazz, Reggae, Hip-Hop

Wednesday August 24th- Deni Bonet Rock, folk, jazz & Americana in a unique package

These events are made possible with the help of the Community Arts Partnership Grant.



THE SHERMAN HOUSE RESTAURANT

The Sherman House Restaurant (Formerly The Manor at Briggs Hall Restaurant) featuring Linani's Cookies & Catering is open for lunch Wednesday through Friday from 11:30am to 2pm! Call ahead for "Carryout" from their fantastic lunch menu! Call 607-749-9999 to place your order and pick up between 11:30am to 2pm! Choose from the delicious menu items for lunch such as chili, fresh soups and salads, burgers, sandwiches, wraps, penne pasta and more!

Looking for a new place in town to dine out from 5pm to 9pm Thursday thru Saturday? The Sherman House Restaurant is a great place to enjoy a relaxing meal with friends or family and offers a wide array of dinners such as prime rib, pork loin, chicken plus pastas, vegetable and potato along with soups and chili. Specials change nightly – call ahead for inquiries. New items available include crab cakes, steaks, burgers, salads and more! Family friendly and affordably priced for lunch or dinner. The food is artfully presented and the atmosphere is cozy, warm and intimate.

Do you have a wedding or party coming up in your future? The Sherman House Restaurant is available to book your event at their historic location plus event catering for your upcoming bridal shower, rehearsal dinner, wedding reception, private party or business lunch or dinner meeting! Outdoor tenting is also available. Or they will graciously cater your event at your chosen location. Call 607-749-9999 to reserve your event date today! The Sherman House Restaurant: located in the red brick mansion at 11 North Main Street in downtown Historic Homer. Check out their menus on Facebook - Linani's Catering. Come hungry, dress casual and leave happy!



SAFE BOATING KEEPS FOCUS ON FUN Allstate highlights ways to stay safe when on your jet ski



MANY LOCAL RESIDENTS WILL BE traveling to the beach this summer for fun in the sun, and for some that includes going on boat excursions. Some may drive cabin cruisers, deck boats, while others may drive Jet Skis. Whether you are a beginner or have been driving one for years, consider this: according to the <u>Insurance Information</u> <u>Institute</u>, in 2014, there were 175

reported recreational boating accidents in New York State with 17 percent involving personal watercrafts such as Jet Skis and waverunners.

In the interest of making your summer on the water fun,

relaxing, and injury-free, here are a few tips from Allstate and the <u>Insurance</u> <u>Information Institute</u> on Jet Ski and personal watercraft safety:

- Create 100 feet or more of space between you and a swimmer or someone using water skis
- Make sure you are staying to the right if another boat is coming toward you
- Know who has the right of way
- Do not drink alcohol while driving
- Make sure you have safety equipment with you such as life
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jackets

- Let someone know where you're going and how long you expect to be away
- Carry a working VHF radio that is monitored by the U.S. Coast Guard and all maritime law enforcement
- Have a navigation system such as a GPS and carry a backup paper chart

"While having fun is a priority on the water, these simple tips can help boaters stay safe," said Jaclyn Darrohn, Allstate New York spokesperson. "Stay informed and always practice safety procedures to help your summer be as fun and memorable as you want it to be."

If you're a boat or personal watercraft owner, it's important to keep your watercraft protected against the unexpected year round with boat insurance coverage. Learn more about ways to protect your boat with insurance by contacting a local Allstate agent. To find an agent in your area, visit <u>www.</u> <u>allstate.com</u>.

Contact SHIRLEY EIZEMBER, Exclusive ALLSTATE AGENT at the Pinckney Insurance Agency located at 41 Port Watson St Cortland, NY 13045..Ph 607-756-8505.

The Allstate Corporation (NYSE: ALL) is the nation's largest publicly held personal lines insurer, protecting approximately 16 million households from life's uncertainties through auto, home, life and other insurance offered through its Allstate, Esurance, Encompass and Answer Financial brand names. Allstate is widely known through the slogan "You're In Good Hands With Allstate[®]." The Allstate brand's network of small businesses offers auto, home, life and retirement products and services to customers in the United States and Canada. In 2014, The Allstate Foundation, Allstate, its employees and agency owners donated 200,000 hours of service across the country.

Attention Business Owners

Would you like to have an article with photos printed about your business?! Call Judy Kilmer at 607-227-0606 or email tcatribune@gmail.com to find out how!

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cell 607-760-1006 607-760-2097 JIM & CATHIE P.O. BOX 1581 BINGHAMTON, NY 13902 See us at Madison-Bouckeville Antiques Show; Aug. 15 - Aug. 21. Quaker Acres, spots 1, 2, 33, & 34. Look for the big white tent and across from East-Expo entrance. Cupboards, primitives, tools, Pyrex, corning and blanket boxes - dealers welcome.



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MUSTANG, CAMARO & CHALLENGER

ID YOU LEAVE YOUR YOUTH behind? Did you "grow" up and put the toys away? Perhaps did you sell them because you and your family started to grow up and somewhere along the way you did too?

What did you have? What memories do you have about the

cars of your youth? Did you have a muscle car? The assortment was fantastic and now they are the dreams we hold dear.

Is that cherished old friend gone forever or did you replace it, perhaps you may have tracked it down welcomed it home!

Today you can purchase a "reproduction" body and using the modern engines (or vintage should you choose) you can build a

modern day muscle car that looks old but of course is not. Would you paint it to look like your old memories or update the looks to rival the production cars that the factories are creating today?

Ford - Chevrolet - Dodge... when it comes to Modern Muscle cars that we can relate to our youth...these are the players that have stayed the test of time and are taking the lunch money from those who never lived in that glorious time of no limit horsepower and speed.

Years past we had competitors such as Pontiac, AMC, and Plymouth. There were backyard brawls over who had the best or baddest. Sometimes the battle was on the street or highway where the winner was determined by first to finish. Sure, the street was the wrong place for that kind of test but try and tell that to a bunch of teenagers with no fear and a need for excitement who have access to some of the baddest and most bold machines to come out of Detroit.

We still have Challenges, Chargers, Mustangs and Camaro's to drive off the dealer lot and create the feel and fun like we had "back in the day," but you have to ask...does it feel the same? Or would you prefer to find your old ride and live those memories in today's times!

How fast can fast go? Well, the Mopar Boys (Aka the Dodge Brothers) are banging at the gate with 707 hp called Hellcat. Subtle design changes help keep the package fresh and hot for 2015. Videos abound the internet and rolling smoke from the burnouts are filling the minds of young men and woman who just can not wait to shred a set of tires for themselves. The Name Charger has returned and now Dart is on the loose. As the "old" names are dusted off and used again you have to ask... will the excitement still be there?

The Chevrolet Camaro has been manufactured by General Motors under the Chevrolet brand, classified as a pony car and as a muscle car. Originally, the Camaro went on sale on September 29, 1966, for the 1967 model year and was designed as a competing model to the Ford Mustang. Four distinct generations of the Camaro were developed before production ended in 2002. As the Pony wars "re-ignited" the Camaro nameplate was revived again on a concept car that evolved into the fifth-generation Camaro. The "new" Camaro was built on March 16, 2009.

Some new design changes were introduced along the way keeping the body fresh, but the new ZL1 introduced for 2014 was the killer of the day producing 580 hp and keeping the "old school" dream alive. For 2016 Chevrolet has "tweaked" the Camaro and a new slimmer, sleeker Camaro will meet the public and grace the streets around us and yes... horsepower

will be lifted again so that

battle can continue. Of

the "Big Three" Ford was

able to keep their Pony car

nameplate alive through

the good and bad times....

Initially based on the

platform of the second

American Ford Falcon,

a compact car and was

introduced early on

April 17, 1964. Because

of that introduction date,

North

the Ford Mustang.

generation

the early 1964 cars have been dubbed as a "19641/2" model by Mustang fans, which made the 2014 model a 50th Anniversary Edition!

The 1965 Mustang was the automaker's most successful launch since the Model The А. Mustang has undergone several transformations... but what could only be described as a major redesign, the sixth generation, could be the one put the Mustang over the top for the current generation of Americans.



The Mustang created the "pony car" class of American automobiles-sports car-like coupes with long hoods and short rear decks, and gave rise to competitors we have listed here and a host of others. The AMC Javelin and the revamped Plymouth Barracuda just to name two. The Mustang is also credited for inspiring the designs of many import coupes that still try to chip away at the success of America's favorite Pony Car!

For 2016 the new Ford Mustang will leave the barn and roam free and run side by side generations of Mustangs. There are some who decry the change... just as they did with the Mustang



II... and there are those who welcome the change with open arms. The new, vet familiar lines are crisp There have been a few people that have asked me why the Chevrolet Corvette was not part of the battle and to answer that we must remember that the Corvette was a two seat sport sedan for the early years and in later years grew into a world class super car that is better suited to a battle between the likes of the Dodge Viper, Ferrari, and Maserati.

Mustang, Camaro and Challenger...all three have been historic pace cars and continue to this day to be affordable for the young and old alike. These three Pony Cars are truly the basis of what most people think of when they are discussing American Muscle Cars then...and now. Back in the day, each manufacturer regardless of brand had created some amazing vehicles and a few less than loved cars. Today they are classics. They are Muscle Cars. They are... our history and our legacy of what the world would come to think of as "American know how!"

You can chase down the leads and find your old ride once again. You can have one built from original or reproduction parts or you can get today's version of your old ride and enjoy the comfort and handling that we now find were lacking in the "old ride."

Regardless of what the future may hold for these veterans of the street and strip... we already know the past, and we embrace it. We protect the past with a passion that only those who have "been there, and done that" can.

Hopefully, this is a legacy and value that we will pass that passion on to our children. Perhaps giving a niece or nephew a "wild" ride that will inspire them to not only remember that 'crazy" uncle years from now but will serve to spark an interest in our car shows, restorations and desire to go cruising on the way to get ice cream.

Take your "time machine" old or new out to the Cort-lanes Bowling Center on Tompkins Street for the Tuesday Nite Cruise in...or head over to the 7 Valley Street Rods Car Show at the Cortlandville Citizens Park.

> Please (see websites for a schedule of events). Get in your cars and drive them...all years, all brands and of course all models ... just drive and create a memory and fun times that will last for the entire family!

For more information see the following websites by local clubs: www.

cnymustang-allford.com and www.7valleystreetrods.com or find them on Facebook!

This article was written and contributed by guest writer, Bill OGorman, Cortland, NY





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PICCADILLY LANE COUNTRY & PRIMITIVE STORE 7TH ANNUAL PORCH SALE - SATURDAY, AUGUST 13

READY – SET – Go! To the 7th Annual "Porch Sale" for one day only at Piccadilly Lane Country & Primitive Store on 2634 Main Street in Whitney Point! Saturday, August 13th from 9am to 4pm! We line the porch & sidewalk with tables of great products all at 50% off! Even everything inside of the store will be on sale! You don't want to miss it! Owner Joyce Ballard said it's time to "Weed Out" so Joyce and her friendly staff have been marking items down getting ready for the upcoming holiday shopping season! For you lucky folks that visited the Porch Sale last year know that there will be a line of anxious thrifty buyers waiting for the sale to begin! Please NO Early Birds! But get there early for best selection! Lots of prizes and surprises all day and specials all day inside and out!

The famous once-a-year sale means it's time to make room for new fall and holiday merchandise to fill the rooms at Piccadilly Lane for your holiday shopping! All the rooms, upstairs and down, are overflowing with new one of a kind merchandise. There are framed prints, furniture, linens, rugs, soy candles, cards, jewelry, swags, garlands, tinware, signs, pottery, curtains, rugs and many more distinctive items to adorn every room in your home or cottage. And remember, there are some antiques to go along with the country décor!

Take the short drive to Whitney Point and check out the 8 rooms of giftware to beautify your living space! Liven up your home, office, porch, patio or cottage and/or start your holiday shopping early! Mark your calendar for Piccadilly Lane's 7th Annual PORCH SALE on Saturday, August 13th.

Call for summer hours or if you are looking for something special - 607-692-7418 or email <u>piccadillylane1@aol.com</u> and now on Facebook!







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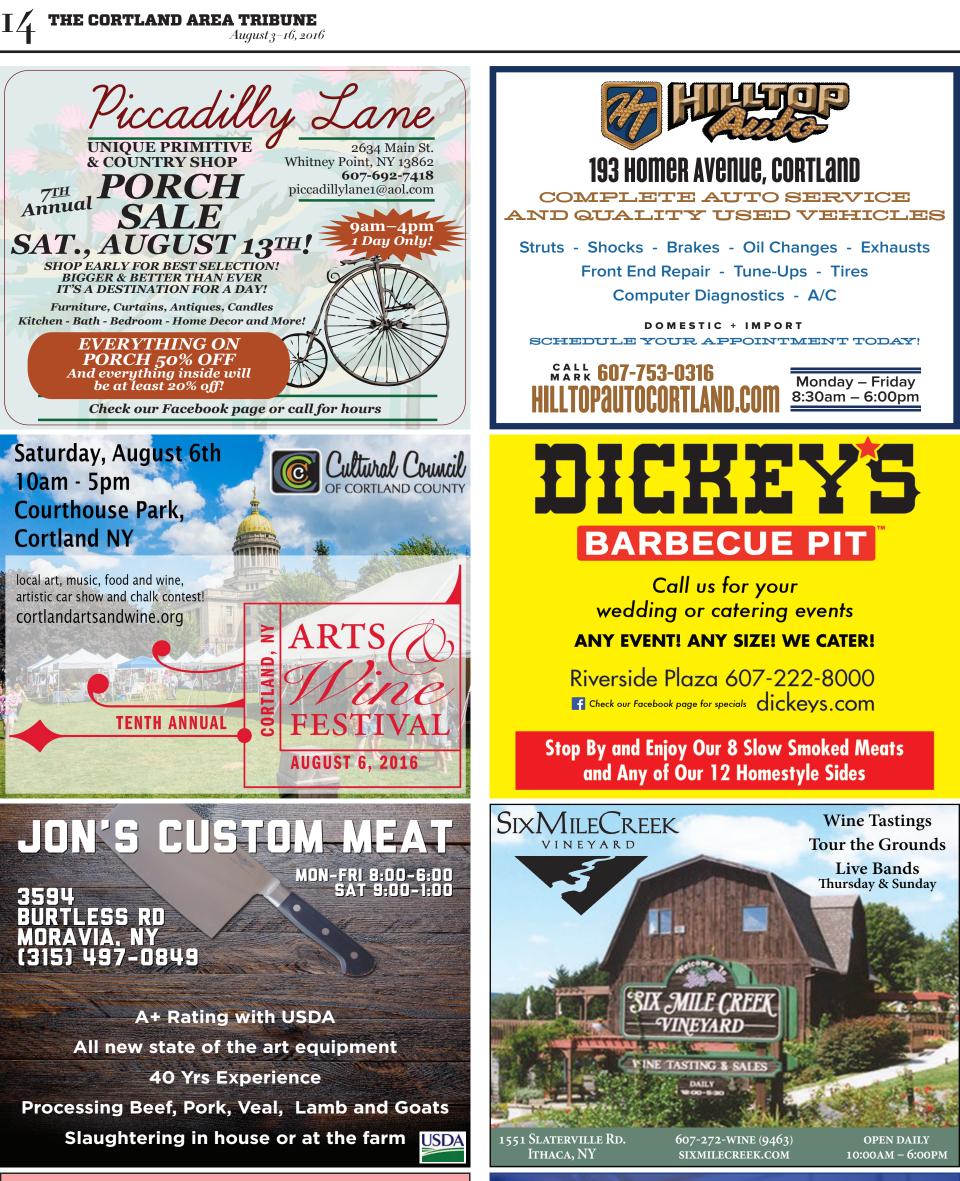


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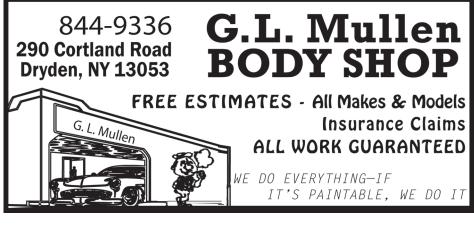




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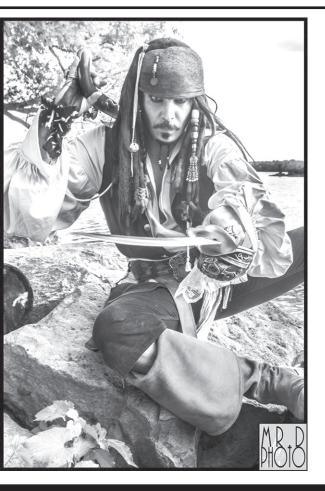


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GROTON OLDE HOME DAYS 2016 AUGUST 19 & 20

ROTON OLDE HOME DAYS 2016 is shaping up to be an event to ${f G}$ bring Groton alive with fun! We are still looking for Craft, Food Vendors and Sponsors to make this a memorable event. With the support we receive, more of the entertainment will be free to people of all ages. We are excited to bring back the Circus Variety Show under the big tent in the Express Mart lot on Saturday with all new acts. This year's Circus Variety Show will be bigger and better, with more excitement. The circus will have three show times on Saturday; Noon, 3pm and an 8pm show. Also new this year, the circus will be offering a circus workshop from 9am-10:30am. Tickets for the Circus are available now.

Back again this year is Pirate Captain Jack Sparrow entertaining people of all ages throughout the day Saturday. We will have Free Pony Rides and Petting Zoo sponsored by the Town of Groton. The list is expanding daily with music, shows, food and local businesses.

Find us on Facebook or contact us by email Grotonoldhomedays@gmail.com

Donations are always welcome.



8TH ANNUAL VERNE MORTON MEMORIAL PHOTOGRAPHY SHOW & CONTEST

By April Scheffler

THE OPENING GALA FOR THE 8th Annual Verne Morton lacksquare Memorial Photography Show & Contest is scheduled for Friday, August 19, from 6:00 pm to 8:00 pm, at the Groton Town Hall, 101 Conger Boulevard, Groton, New York. Punch and cookies will be served. On Saturday, August 20, the show will be open from 10:00 am to 5:00 pm. This annual event has become a tradition for Groton's Olde Home Days celebration.

Verne Morton was born in Groton in 1868 and took thousands of photographs of Groton and the surrounding area creating a beautiful pictorial history of what life was like during the late 1800's and early 1900's. This photo show gives local photographers the chance to show off their own unique views of life in the Town of Groton. Anyone of any age can enter. You do not have to be a professional, but you do have to take your picture in either the Town or Village of Groton.

The History Center of Tompkins County will have a table and display at the photo show this year. The History Center houses the extensive Verne Morton collection of photographs, journals, and glass plate negatives. Two books of his photography have been published, "Images of Rural Life" and "Great Possibilities" and are available at the History Center as well as reproductions of his photos in a variety of sizes. These make a great gift for a local history buff.

The Verne Morton Memorial Photography Show is sponsored by the Town of Groton and made possible, in part, by a grant from the Tompkins County Tourism Program. It is produced by April Scheffler, Groton Town Clerk, and Robin Cargian, Deputy Clerk. Anyone interested in entering the photo show can get information from the Groton Town Clerk's Office; by calling 607-898-5035; emailing townclerk@grotontown. com; or going online to www.townofgrotonny.org. Please remember, all photos must be taken within either the Town or Village of Groton within the last 10 years. There is no cost to enter and prizes will be awarded.



15 **FREE Pony Rides** & Petting Zoo Express Mart Parking Lot Sponsored by Town of Groton

At the door Tickets \$7 per person & \$20 per family combo Learn to be a

circus performer -**Circus Workshop** 9 -10:30 AM

Some Of The Weekends Featured Happenings

Fri - 6 pm to 8 pm Girl Scouts Free Family Fun Night W/DJ Kelly & Sir James Balloon Animals Under the Big Fri - DJ Dale Karaoke, Bun Appetit 8th Annual Verne Morton Memorial Photo Show, Conger Blvd -Town of Groton Book Sale, East Cortland Street Friends of the Groton Public Library Sat - Tractor Show, Old Schara Lot - T.O.Y.S Yesteryear Tractors Sat - Alpaca Place - Alpacas on display, Conger Blvd Sat - Firemen Games, Railroad Ave. Sat - Crafts and Collectibles, Conger Blvd - Groton Historical Association Sat - X'Plozionz' Oldies & Disco music, Gazebo Conger Blvd sponsored by Tompkins Cortland Real Estate 46th Annual Art Show First National Bank of Groton





REPCO Wildlife Encounters 308 Main St, "Old Schara" On display 11AM - 5PM Show times: 11 AM, 2 PM & 4:30 PM Sponsored by Robert C Dempsey Agency Many more exciting things being added daily ... A full events listing coming soon!

Top, Express Mart Lot Fri - 6 pm to 8 pm Concession Stand Cotton Candy, Snow Cones , Popcorn Express Mart Parking Lot Proceeds go to Groton Olde Home Days Fri - The Band Throw Down Cold @ American Legion Sat - The Bendher Band @ American Legion Fri & Sat - Food by Groton Fire Dept. @ American Legion Fri & Sat - Jump Around Inflatables, Express Mart Parking Lot Fri & Sat - Food & Duck Race tickets, Main Street Foggy Bog **Hunting Camp**

Questions or to be added to the events listing please email: Kathy or Flo at Grotonoldhomedays@gmail.com or Christine at Dougstrash1983@aol.com

The Pirate's Treasure Hunt

The Pirate's Treasure Hunt for kids 10 years old and younger and the fabulous Jack Sparrow will be back by popular demand this year during Groton Olde Home Days. Treasure maps will be available starting on Monday, August 15 thru Saturday, August 20 at the Town Clerk's Office on Conger Boulevard and the Walpole's Variety Store on Main Street. The Treasure Hunt will take place on Saturday, August 20 and every kid who returns their map to the Town Hall, where the photography show is taking place, will receive a bag of treasure. A special stop on the map will be Baker Miller Lumber where each child will get a bag of popcorn and an extra bit of treasure.

Christy Walpole, at Walpole's Variety Store says, "It was great fun last year, and it was really nice to see the parents out with the kids doing it together." Sponsors April Scheffler, Groton Town Clerk, and Robin Cargian, Deputy Town Clerk, we amazed at the participation last year and look forward to having a good time with the kids again this year.





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CNY LIVING HISTORY CENTER

PETER GRIMM'S DREAM IS TO help make the CNY Living History Center known to everyone. It is a great museum complex that holds three museums in one location for one small price of \$10 per adult. It has the Brockway Truck Museum, TOYS barn (Tractors of Yesteryears), and the Homeville Museum, which is a collection of military, train, and local history. Peter is once again turning a major event of his life into a 'funraiser' for the CNY Living History Center. In 2013, he and Susan were married at the museum, had all their guests make a donation to the museum, and Peter personally matched

the total donations. In 2006, Peter donated the money to purchase the building and in 2011, he made another large donation to complete the renovation of the building so the grand could opening be exactly 35 years after the Brockway Truck plant closed. He is now celebrating his 75th Birthday by sponsoring a performance by the Nashville, country music duo 'American Young.' This party/ concert will be held at



the CNY Living History Center in Cortland, NY on August 21, 2016 from 2:00 to 7:00pm. This will be a fund raiser for the museum and birthday party with food, drinks, cake, games, 50/50 raffle, drawing of the guitar raffle, giveaways and more. Everyone is invited to attend for a donation/gift of \$37.50 each. Tickets are available at the museum gift shop or by calling the museum at 607-299-4185, or Susan Grimm at 914-548-1215.

American Young is made up of Jon Stone and Kristy Osmunson. They will be releasing their second CD in early August and it will be available for purchase (and autographing) at this event. They both started writing songs then were introduced to each other, and are now a great sounding group and Kristy is a great fiddle player. Information on this great new band can be found on the web at:

- 1. <u>http://waynorthofnashville.com/artist-pages/</u> american-young/
- 2. <u>https://www.facebook.com/AmericanYoung</u>

4

3. <u>http://video.foxnews.com/v/5020400762001/</u> abby-huntsman-performs-song-written-with-americanyoung/?#sp=show-clips

https://en.wikipedia.org/wiki/American_Young

The group has also provided a guitar autographed by many country music artists including Lee Brice, Ruthie Collins, Tanner Azzinnaro, Jerrod Niemann, others, and of course, Jon and Kristy, to be raffled off at this event. Raffle tickets are available for \$5.00 each at the museum gift shop or by calling the museum at 607-299-4185, or Susan Grimm at 914-548-1215.



"Jon's a perfectionist and a finisher," explains Kristy, a classically-trained violinist who crossed paths with her future bandmate at a Lee Brice performance in Nashville. "He works harder than anybody I know. I'm all about the vibe and the feel of the moment."

Jon's creative journey includes co-writing Lee Brice's Number 1 single "A Woman Like You" and collectively, as songwriters, they have written not only 11 of the 12 tracks on the album but hits for artists including Kenny Chesney, Blake Shelton, Rascal Flatts, Joey + Rory and more.

Jon and Kristy couldn't be more different - she drives a

793 PI 1 MM

Chevy Volt, he rides a Harley; she grew up surrounded by miles of country wilderness, he was raised in the city — but the two complement one another, turning their 180-degree differences into a perfect circle.

"The thing that's so inspiring for us both is that we're so different," Jon adds. "Everything that drives me crazy about her, makes her a star. She's everything I wish I could be, but once

we're together we're like Voltron. It becomes selfless; all our needs become secondary to American Young."

From "Point of View," whose lighthearted back-and-forth brings to mind John Prine and Iris Dement's "In Spite of Ourselves," to the debut single "Love is War," which combined drew a breathtaking 3 million Spotify plays in just 45 days, the self-titled American Young offers 12 duets that are emotional one minute and electric the next. Lee Brice, the band's close friend and co-producer, makes an appearance on "Eighteen," a nostalgic song about rekindling old memories and older relationships. A link to pre-order the album is here: http:// smarturl.it/AmericanYoung

Releasing August 5 on Curb Records, American Young's debut will be supported by a string of American and international shows, with the band spreading their brand of country music far beyond their homeland.

Follow American Young on Social Media:

- <u>https://www.facebook.com/</u> <u>AmericanYoung/</u>
- <u>https://twitter.com/american_young</u>
- <u>https://www.instagram.com/</u> <u>americanyoung/</u>
- <u>https://www.youtube.com/user/</u>
 <u>AmericanYoungMusic</u>



ITHACA DIRT RIDERS SPEEDSVILLE ENDURO AND YOUTH CLOSED COURSE ENDURO - TWO DAY EVENT: AUGUST 20 - AUGUST 21, 2016

In the EARLY 1970's, A small group of local off-road motorcycle enthusiasts came together to form the Ithaca Dirt Riders (IDR). It was their vision to provide some local trails and events for their club members and other to enjoy. A year later, the club chartered with the American Motorcyclist Association (AMA). With many of its member interested in the AMA sport of Enduros, the club sanctioned its first event.

This year is the 43rd anniversary of The **Ithaca Dirt Riders "Speedsville Enduro**"! It will be held on **Sunday, August 21** and starts at the Speedsville Sports Field on West Creek Road in Berkshire, starting at 8:00 am. There are no spectator fees and we have information sheets available to see where the riders will be during the event. There is even a great chicken barbeque lunch provided by the Speedsville Fire Department available to purchase and t-shirts sold to commemorate the event.

Also this year, the Ithaca Dirt Riders are continuing their effort to involve youth rider. On **Saturday, August 20**th, we will be holding a **youth closed course enduro** for **ages 7 to 15 years old** and 52+ cc bikes (shorter than the adult ride and less intense), on McMahon Road in Berkshire. It consists of a series of "loops" through fields and woods. It is a great experience for young riders with a good deal of challenge for them also. *There is something for everyone this year!* Find out more about these events at <u>www.</u> <u>ithacadirtriders.com</u> or on Facebook, look for "AMA District 4 Enduro Championship".

SO, WHAT IS AN ENDURO?

Enduros are a cross-country event, which not only requires speed and ability, but also endurance, (hence "Enduro"), with the courses taking at least five hours to complete. The rider must also stay on time. A route is laid out for the riders to follow and a speed is set for them to maintain. Small groups of riders, (usually four), are started every minute. The rider must then try to maintain the speed scheduled for any given area. To score the riders, the promoter has secret "check points" along the route. If he/she is not on time, they are given 1 point for every minute they are late. Being early is much worse, with 2 points for the first 2 minutes that you are early and 5 points for every minute earlier than that and disqualification if you are more than 15 minutes early. Like golf, at the end of the event the scores are added up and the

AMERICAN YOUNG WILL DELIVER SELF-TITLED DEBUT ALBUM AUGUST 5, 2016 VIA CURB RECORDS

There have been 3 million Spotify plays in its first month. The group has toured the globe to launch their 12-track album Co-Produced by Lee Brice and will be in Cortland, NY August 21, 2016.

In a classic case of "opposites attract," American Young finds two celebrated songwriters — Kristy Osmunson and Jon Stone — joining forces, bringing together a set of influences that run from classic country to modern pop. The result is American Young's genre-bending debut album, a self-tiled record filled with everything from entwined harmonies and fiddle solos to digital samples. <u>http://www.americanyoung.com/ AY at</u>
 <u>CNYLHC August 21</u>

Below are a couple recent articles on American Young.

Rolling Stone Country today:

http://www.rollingstone.com/music/premieres/hearamerican-youngs-poignant-be-here-20160707

Huffington Post:

http://www.huffingtonpost.com/entry/american-young_ us_577cd850e4b0746f5648a7cb

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rider with the lowest score wins.

With the help of many volunteers and supporters the Ithaca Dirt Riders have not only been able to host this local event, but many AMA national events over the years. Those national events have brought rider from all over the USA, Canada, Europe and even Australia. IDR not only promote the sport of off-road riding, but also help the local communities, especially the local volunteer fire departments and emergency squads, who provide great meals and bike washes at the events, along with their services when necessary.

To get a better understanding on Enduros, go to: <u>http://</u><u>americanmotorcyclist.com/Racing/Story/getting-started-in-enduro-1</u>. You will be amazed at how much the riders have to do (and remember!) as they ride the course.

For other local and national off-road motorcycling activities go to <u>www.americanmotorcyclist.com</u>, <u>www.ecea.org</u> or go to the AMA District 4 website at: <u>http://www.amadistrict4.org/</u>



akfest August Concert Series

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August 6th: TJ Sacco Band August 13th: The Coteries August 20th: Unknown Woodsman August 27th: Castle Creek



BENEFIT FOR KAELYNNE SATURDAY, AUGUST 13 AT 1 PM - 5 PM

American Legion - Cortland City Post 489 212 Tompkins St, Cortland, New York 13045 (607) 753-0048 fml96a@verizon.net

Benefit to RAISE \$ FOR Kaelynne's medical bills and future accommodations. More details about Kaelynne and the situation are included in the "about" section on her facebook page Kaelynne's Army. The benefit will include a raffle, food, live music, face painting and more. More details will be posted as we continue to get resources for this event.









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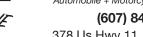
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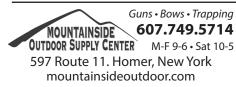
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						8	6	
7	6		3			9		
	3		2			5		7
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LAST EDITION'S PUZZLES

SUDOKU

7	8	4	3	2	6	9	5	1
5	3	1	7	8	9	4	6	2
6	9	2	4	5	1	8	7	3
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8	6	7	9	3	2	5	1	4
3	1	9	8	6	7	2	4	5
4	5	6	2	9	3	1	8	7
2	7	8	1	4	5	3	9	6

TRIVIA QUESTION ANSWER

1. 1959

2. It means that a faster car is approaching from behind

3. The Intimidator

4. Jeff Gordon

WORD FIND

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