

FREE

October 3-16, 2012

Fall Antiques Edition

FREE

Do You Know Where This Is?  
SEE PAGE 3 FOR CONTEST

# THE CORTLAND AREA TRIBUNE

YOUR REGIONAL BI-WEEKLY COMMUNITY NEWSPAPER  
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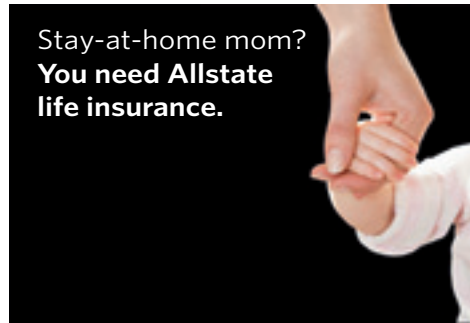
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\*Source: Salary.com, "Mom Deserves a Raise in 2007", May 2, 2007. Life insurance offered by Allstate Life Insurance Company, Northbrook, IL, and Lincoln Benefit Life Co., Lincoln, NE and American Heritage Life Insurance Co., Jacksonville, FL. In New York, Allstate Life Insurance Company of New York, Hauppauge, NY. © 2009 Allstate Insurance Company

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**WELCOME TO OUR FALL ANTIQUES EDITION**

The Cortland Area Tribune, nicknamed The CAT is published and distributed every other Wednesday. Look for it at 100's of area businesses in Cortland, Dryden, Groton, Homer, Marathon, Moravia, Ithaca, Tully & LaFayette.. Here's some upcoming editions for you to look forward to!

**October 17** - Fall/Winter Car Care & Halloween Edition  
(Deadline 10/12)

**October 31** - Restaurant Guide/Catering & Pre-Thanksgiving Edition  
(Deadline 10/26)

**November 14** - Thanksgiving Edition  
(Deadline 11/9)

**November 28** - Winter Sports Enthusiats & "For Kids" Holiday Edition  
(Deadline 11/23)

**December 5** - Last Minute Gift Guide Edition  
(Deadline 11/30)

**December 12** - Christmas Edition  
(Deadline 12/7)

**December 26** - Fitness/Health Edition  
(Deadline 12/21)

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**CHECK OUT THE BUSINESS SERVICE GUIDE!**

Easily accessible at the back of the paper! Growing with every Edition! Take this handy pull-out 4 page directory with you in your car and leave it in your glove box for quick reference! Area businesses are listed alphabetically by services. When you patronize the businesses listed in the directory, please tell them you saw them listed in The CAT! *Shop local and save gas!*

**FREE HAPPY ADS!**

Share a birthday or anniversary wish for free, include a photo! Email to tcatribune@gmail.com, or mail it to The CAT, P.O. Box 67, Dryden, NY 13053. Deadline is 6 pm on Friday, October 12th for the next Edition.

**CORTLANDAREATRIBUNE.COM**

Visit our newspaper online! Each issue is posted online, along with additional content we couldn't squeeze into the printed edition! *Also find us on Facebook and Twitter (@tcatribune)!*

**ONLINE CLASSIFIEDS**

Due to the increased amount of content we're putting into print these days, we've had to move our classifieds exclusively online. This allows for a wider audience and makes it easier to link to and share to spread the word. Email them to tcatribune@gmail.com or submit them online. *Find the most recent on our home page and the rest at cortlandareatribune.com/classifieds/.*



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Second Annual

**McGraw Pumpkin Launch & Kids Pumpkin Decorating Contest**

Saturday, October 13, 2012  
McGraw Recreation Park

Fun Starts at 10 a.m.

For Contest rules and entry forms contact the McGraw Village Office at (607) 836-6294

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# COMMUNITY CALENDAR



**October 3 – Maple Sugaring**  
6:30-8:30 pm Learn about maple sugaring with Sapsquatch founder Josh Dolan. This class will explore the history, lore, and current state of affairs of the maple syrup industry in the US and Canada. Participants will learn the basic principles of tapping and harvesting syrup, and will be introduced to the basic tools of the trade. Maple syrup will also be available for sale. Maple Sugaring will take place Wed. Oct. 3, 6:30-8:30 pm at Tompkins County Cornell Cooperative Extension, 615 Willow Avenue, Ithaca. Fee is \$5; pre-registration is preferred. Please call 272-2292 for more information or registration.

**October 4 – Survivors Of a Loved One's Suicide (SOLOS)**  
Survivors Of a Loved One's Suicide support group provides a safe, supportive environment for you to talk about your lost loved one. The group meets every first Thursday of the month. The October meeting will be held October 4 at 7:00pm in the conference room of the Cortland Youth Bureau (35 Port Watson St in Cortland). Please note, this is a new location for the meetings. Please contact Cecile at 753-3021 ex 26 or at Cecile@cortland.org for more information. The group is

facilitated by peers who have survived a loved one's suicide.

**October 4 – TST BOCES Career and Tech Center Open House**  
6-8pm @ TST BOCES - 555 Warren Road, Ithaca, NY 14850 Our annual open house is scheduled for October 4 from 6-8 PM. This open house is an annual event for students, their parents and families to come to the Career and Tech Center to see the work that the students do and to meet our teachers. We welcome students and their families to come and enjoy an evening of learning and sharing.

**October 4, 11, 18 – Annual Employment Conference**  
9am to 2pm, Cortland Works Career Center, 99 Main Street in Cortland. Keynotes on inclusion, work ethic, and advocacy. Network with local employers and peers. Learn what can set you apart from other job seekers. Practice advocating for a more inclusive workforce. RSVP by September 28 at (607) 753-7363. Morning refreshments and lunch will be provided. Accommodations provided upon request.

**October 5 – Gallery 54 Presents Drama From the Garden: New Works by Terry Askey Cole Open House**  
Drama From the Garden: New Works by Terry Askey Cole opens Friday October

5th from 6-9pm at Gallery 54. Meet Terry Askey Cole and enjoy entertainment by singer songwriter Jane Zell. Refreshments will be served. Gallery 54 is located at 54 E. Genesee St., Skaneateles and carries fine art and fine craft created by Central New York artists. Gallery 54 is open Mon-Thurs. 10-5, Fri. 10-6, Sat 9-6, Sun 11-5 www.gallery54cny.com, 685-5470

**October 6 – Fall Bake Sale**  
Saturday, October 6 from 10:00 to 1:00 at Grace Episcopal/Holy Spirit Lutheran Church at 13 Court Street, Cortland. All proceeds to benefit CROP Walk and Cortland Loaves & Fishes. Stop in your way to or from the Pumpkinfest!

**October 6 – Fall Harvest Supper**  
4 to 7 PM, at the Richford Congregational Church, Route 38 – Roast Pork and stuffing, mashed potatoes and gravy, Harvard beets, squash, corn, breads and homemade pies – adults \$8.50, children \$4, under 5 free. For more information, 657-2592.

**October 6 – Pumpkin 5K Run**  
9am. A 6-Pack Race. Pre-registration \$17, youth \$12. At race registration \$20, youth \$15. For more information, call (607) 756-2893, e-mail peggy@cortlandymca.org, or visit www.cortlandymca.org/YMCARuns.htm.

**October 7 – Open House at the Varna Community Center**  
1-3pm (943 Dryden Rd./Rte. 366). Stop by to see what we're all about, how we serve our community, and how you can become part of it. Refreshments will be served.

**October 7 – Bottle & Jar Collectible Show & Sale**  
Bottle and jar collectible show and sale at the Dryden Fire Hall, Dryden, NY. Sunday, October 7 from 9am to 3pm. \$2 admission. Free bottle appraisal. The Finger Lakes Bottle Collectors Association – 43 years 1969 to 2012. Contact Jay Travis 607-533-4389 or email jaywtravis@netzero.net or visit www.fingerlakescollecting.org

**October 8 – American Red Cross Babysitter's Training**  
9am to 4pm, 111 Port Watson Street in Cortland. Learn everything you need to know about being a great babysitter. This class is for students ages 11-15. Bring a bag lunch. Cost is \$85 which covers course materials. To register call the Training Service Center at 1-800-733-2767. For more information call (607) 785-7207, e-mail Lori.Davis@redcross.org or visit www.redcross.org/training.

**October 11 – Easy Plants for New Gardeners**  
6:30-8:30 pm New to gardening? If you have just

acquired a house and yard, or finally have time to tackle your landscape, come to this class and learn about some easy trees, shrubs, perennials, and bulbs you can grow. Easy Plants for New Gardeners will take place Thurs. Oct. 11, 6:30-8:30 pm at the Tompkins County Cornell Cooperative Extension Education Center, 615 Willow Avenue, Ithaca. Fee: \$5; pre-registration requested. Please call 272-2292 for more information or registration.

**October 14 – Varna Community Center Pancake Breakfast**  
8am – noon: Pancake Breakfast: Varna Community Center (943 Dryden Rd./Rte. 366). Mayor Svante Myrick, Town of Dryden Supervisor Mary Ann Sumner and Town of Ithaca Supervisor, Herb Engman will be our guests from 10 - 11:30 to meet and visit with residents. Includes Pancakes, French Toast, Bacon, Sausage, Scrambled Eggs, Hash Brown Potatoes, Sausage Gravy & Biscuits, Fresh Fruit, Breakfast Breads & Beverages. \$6.50 – Adults, \$6 – Seniors, \$5 – ages 5 – 12, under 5 free.

**October 14 – Alyssa's Run**  
11 am, Country Music Park, Cortland. 5K Run/Walk, Kids Fun Run in memory of Alyssa Bailey Marko. Tickets \$5-20. For more information or to purchase tickets, visit

alyssasrun.org, or call (607) 753-6124.

**October 28 – Varna Methodist Church Special Sunday Service**  
On Sunday October 28th the Varna Methodist Church located on Route 366 will host a gospel group during our Sunday service. The group called "Sweet Spirit" is compiled of two married couples that will perform for most of the service. They do sell their CDs after the service, but all of the money is used to send children to camp during the summer months. Your morning will be filled with Sweet Spirit and you will leave our little church with much gratitude that these four share their God given talents with us and in repayment only ask that we share our love to each and everyone we meet during the weeks to come.

*Free kittens, please contact Julie @ 607-844-8188 or 607-423-6197*

## HAVE A COMMUNITY EVENT TO SHARE?

Please send all pertinent information, including a date, location, time, price, and a brief description to us at tcatribune@gmail.com, and we'll be happy to help inform the public!



**FOR A COMPLETE LISTING OF UPCOMING EVENTS:  
CORTLANDAREATRIBUNE.COM  
TWITTER.COM/TCATRIBUNE**

# MYSTERY PHOTO CONTEST



Our mystery photos are old pictures of our area towns, businesses or landmarks. If you know where this edition's cover picture is - call 607-844-8228 or email tcatribune@gmail.com. Leave us your name, address & phone number along with your guess. If your guess is correct - your name is entered into our contest! A name is picked by random drawing & we print the winner's name in our next issue! All decisions are final. Businesses from around the area have generously donated a prize! Deadline for your guess is 6 pm on Friday, October 12th for this edition. By entering, you give us permission to print your name in our next issue. Each contest generates hundreds of entries!



## DO YOU KNOW WHERE THIS IS?

See what you can WIN  
if you know WHERE this picture is!  
Congratulations to our latest contest winner:

**Judi Wilkins  
of Cortland**

### Answer from the Previous Edition:

Cortland Camera Shop of 133 Main Street in Cortland

The winner of last issue is Judi Wilkins. Judi won a gift certificate Toad's Diner located on Route 38 in Freeville. The winner from this issue will also win a gift certificate from Toad's Diner located on Route 38 in Freeville! Enter your guess today!

We are looking for old photos to stump our readers! Do you have an old photo we could use?! Please call us or email us - THANK YOU!

# OCTOBER IS NATIONAL BREAST CANCER AWARENESS MONTH CANCER INSURANCE PRODUCTS OFFER FINANCIAL AND WELLNESS BENEFITS



OCTOBER IS BREAST CANCER AWARENESS Month. Some individuals, especially those who have a family history, may consider the observance to be a reminder to visit a physician for a cancer-screening test.

"No one should have to recover from debt while they recover from cancer," says Allstate NY spokesperson Krista Conte. "With

cancer insurance, you can rest easy knowing it will take care of many of the bills and expenses that your primary health insurance doesn't."

The name says it all. If you're diagnosed with cancer, your finances can get a much-needed boost on top of the pay-out from your primary health insurance coverage. You can use cancer insurance to help pay for:

Doctor bills • Hospital expenses • Prescription drugs • Indirect costs, like transportation, child care, and living expenses

As Conte explains, the cancer policy is not for all consumers, but it could be worth consideration if:

Cancer is in your family history • Money set aside for the unexpected is limited • No income is in place should you be unable to work; either if you or one of your children are diagnosed • Specified illness coverage does not exist through your workplace

"This personal coverage insures your salary and non-medical-related expenses if you are diagnosed with cancer," said Conte. "The cost is affordable and the benefits give you financial help during a time when you need to stay focused on getting well."

Treating a serious illness like cancer is serious business, and unfortunately, the costs add up faster than you might imagine.

Cancer insurance gives you one less thing to worry about. For additional information please contact your local Allstate agent or visit <http://www.allstate.com/>.

Contact SHIRLEY EIZEMBER, Exclusive ALLSTATE AGENT at the Pinckney Insurance Agency located at 41 Port Watson St Cortland, NY 13045..Ph 607-756-8505.

*The Allstate Corporation (NYSE: ALL) is the nation's largest publicly held personal lines insurer. Widely known through the "You're In Good Hands With Allstate®" slogan, Allstate is reinventing protection and retirement to help more than 17 million households insure what they have today and better prepare for tomorrow. Consumers access Allstate insurance products (auto, home, life and retirement) and services through Allstate agencies, independent agencies, and Allstate exclusive financial representatives in the U.S. and Canada, as well as via <http://www.allstate.com/> and 1-800-Allstate®.*



## FRANK HOXIE'S SIMPLY HEIRLOOMS

SIMPLY HEIRLOOMS, BY FRANK HOXIE is not a new business; however you may not have had the opportunity to visit the store yet in the McNeil building, suite 243. Your in for a TREAT! I have been engaged in the jewelry business since 1964. As a native of Cortland, I have seen the need to offer our citizens the unusual.

If you were to visit my newly arranged showroom; you will have your eyes dazzled by many unique pieces of jewelry that have been designed by me and executed by an expert local craftsman whose attention to detail is part of his integrity. You will also see 14 kt, 18 kt, and sterling silver jewelry both new and vintage, antique, and estate. Also the world renowned Citizen Eco-Drive watch that NEVER needs a battery.

I carry loose genuine colored gemstones and diamonds of your choice for a custom-made piece for that special occasion. I also will purchase your old and scrap gold, silver and platinum jewelry. However I am especially interested in your gently worn heirloom pieces.

I have found that there exists a desire for what -I-FYin other places as well. You will find a large variety ORAh'fique and Estate jewelry along with antiques and collectibles at two other locations:

Papa Bears antiques, Marathon (exit 12) and at FOUND in Ithaca, behind Wegmans on Cherry Street.

The local showroom is located at:  
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## THE GREAT CORTLAND PUMPKINFEST CELEBRATES THE HARVEST SEASON

IN 1995, CORTLAND CITY ALDERMAN Bruce Tytler came to the realization that the City of Cortland had no festival to call its own. Feeling there was a need to create an event that would instill some civic pride in the community and at the same time draw people to Cortland, the Great Cortland Pumpkinfest came to fruition. 17 years later it has become one of the most well attended events in Cortland County.

Promoted as a "celebration of the harvest season" the festival is certainly consistent with Cortland's agricultural roots and this theme becomes apparent once you see what the Pumpkinfest has to offer. Hay rides, pony rides, a petting zoo, puppet show and children's games make it a great family outing. Over 100 crafters and a pumpkin baking contest make it a destination for Mom and if Dad needs to be convinced to attend, a giant pumpkin weigh-off, great food options and live entertainment make it an enjoyable afternoon. With no admission and many of the activities free it can be a very affordable family outing.

As always, this years Great Cortland Pumpkinfest will take place in Cortland's Court House Park, the first weekend in October, October 6th & 7th. Saturday's activities start at 9 a.m and run until 5 p.m. The Sunday schedule starts at noon with a 5 p.m. finish. If you are looking for a way to celebrate the harvest season, the Great Cortland Pumpkinfest should be at the top of your list. For more information on the event visit [www.cortlandpumpkinfest.org](http://www.cortlandpumpkinfest.org).



## CRACKER BARREL ANTIQUES AND COLLECTIBLES

3908 Route 11, Cortland

AFTER NEARLY THIRTY YEARS IN the antiques business, Cracker Barrel has a new partner. Diane Irwin's sister, Joyce Freitag has relocated and joined the shop, taking the place of their mother, Dorothy Eichenauer, who has retired from the business. The back room is open again, filled with furniture, artwork and decorative antiques. Please stop in and see the changes we've made. Our hours are Wednesday through Saturday noon-four. If those hours don't suit your needs, call 756-7643 or 745-5001 for an appointment and we will do our best to find a more convenient time.



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## CASH & CARRY SALE AT V & V FURNITURE!

THE LEAVES ARE FALLING AND SO are the prices at V&V Furniture Sales in Cortland with their Cash and Carry Sale throughout the month of October! Spooktacular savings await you with 20% off used maple and oak furniture! Plus get ready for a good night's sleep and take 10% off NEW Mattress sets in stock! V&V Furniture has rows of dressers, bedroom sets, chairs and more! Lots of new arrivals! V & V can help you be ready for your holiday guests - offering affordable furniture for every room in your home, office or dorm! Come in a browse the large assortment of sofas, recliners, chairs, hope chests, dining rooms sets, hutches, chest of drawers, lamps, rockers, desks, end tables, bedroom frames and bedroom sets and more! If you don't stop in and browse, you don't know what you missed - new items every week! Good NYS checks, cash, MasterCard and Visa accepted for your payment convenience. All items picked up day of sale! Bring a truck or borrow your neighbors if you don't have one! Don't miss this rare opportunity!

Before you rent or buy new furniture - check out V & V Furniture quality used furniture pieces with 100's of items on display! V&V Furniture Sales is located at 113 Port Watson Street in Cortland and is open Monday thru Friday from 10am to 5pm and Saturdays from 10am to 4pm. Stop by or call them at 607-753-7930. Come peek in our drawers and check out the new arrivals! Inventory changes often so stop in and shop often!



## USED MATERIALS ARE A LOCAL RESOURCE!

THEY DON'T MAKE 'EM LIKE they used to! Remember that saying? It's still true! Finger Lakes ReUse accepts items ranging from a teacup to an entire house from practically new to the rarest antique. You never know what you're going to find - but we're sure you'll see something interesting when you visit! New items arrive daily and you can find everything from lamps to laptops, with many unique items available - all at a fraction of their retail price! Our ReUse Center accepts and sells quality used furniture, housewares, computers, home electronics and salvaged and surplus building materials such as lumber, doors, cabinets, hardware, windows, appliances. To make it easy for people to donate and shop, the ReUse Center is open every day - check our website for our hours at [www.fingerlakesreuse.org](http://www.fingerlakesreuse.org) or call us at (607) 257-9699. With the number of donations growing constantly, we have just opened a new space next door to our storefront to showcase our sizable collection of gently used furniture.

Our deconstruction services program dismantles whole buildings and does small salvage jobs, year round. Our eCenter offers an affordable computer repair service and refurbished computers to the general public, as well as discounted, second-hand computers at a reduced price for income eligible candidates through the Community Technology Assistance program. Our community-oriented programs prioritize maximum reuse of materials and offer education in the skills of repair and reuse.



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Keeping items in active use is important to us, so we are starting up a volunteer-run Fixers Collective – and the items we will be able to help repair will depend on who shows up, and what tools and skillsets are offered up. We hope to begin meeting this fall. If you're interested in participating in our Fixers Collective, take our online survey today at [www.fingerlakesreuse.org/fixerscollective.shtml](http://www.fingerlakesreuse.org/fixerscollective.shtml).

Buying reused is a great way to shop sustainably. Giving items a second life and preserving their economic value has many positive environmental implications - the amount of waste that can be diverted from landfills by reuse is remarkable, and many natural resources that would otherwise go into production and transportation of new goods can be conserved. You also promote the regional economy. Finger Lakes ReUse is an entirely local organization and certified living-wage employer.

Our efforts are supported by Tompkins County Solid Waste, the Park Foundation, Sustainable Tompkins, Triad Foundation, the Community Foundation of Tompkins County, and many other generous individuals and businesses.

For more information on how to donate items or how to get involved with Finger Lakes ReUse, visit [www.fingerlakesreuse.org](http://www.fingerlakesreuse.org), or call (607) 257-9699. All donations are tax deductible.



## WATERFALLS SPA AT GREEK PEAK

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Join us on Sunday, October 21st from 12 to 6pm at Greek Peak Mountain Resort for our fall facial event featuring Declèor products. For \$35 you will receive a 30 minute facial and skin analysis. In addition, your \$35 deposit can be applied toward product purchase that day. Limited availability and reservations are required. Waterfalls Spa @ Hope Lake Lodge 2177 Clute Road, Cortland New York 607/835-6300 ext 1293

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- Relaxation Room with Fireplace and country side view
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- Pedicure/Manicure Room
- Full Service Salon
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- Teeth Whitening
- Spa Packages

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Hours vary Seasonally

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We recommend scheduling your appointment 2 weeks in advance. All services are guaranteed with a credit card. Please arrive 15 to 30 minutes prior to your scheduled appointment to relax and enjoy a beverage in our relaxation room. Your service provider will greet you and take you to your room. Room amenities include towels, robes, slippers and showers. During treatments, your comfort is our priority. Your body will be fully draped, except for the area being worked on. Requests such as room temperature, pressure of touch, or music volume may be communicated with your service provider. A 24-hour cancellation notice is required or a cancellation fee of 50% of your service cost will be charged.

## ARE YOU REGISTERED?

THE LEAGUE OF WOMEN/MEN VOTERS and other organizations have a campaign to register voters through out the country on this date. The theme for activity is "Register in September, Vote in November." The League has placed voter registration and absentee ballot request forms at local post offices, libraries and senior citizen centers. You can also stop in and register at the Cortland County Elections Office on 112 River Street in Cortland. It's in the same building as the Department of Motor Vehicles.

The last day to register in person at the Cortland County Election Office is October 12. If mailing in your registration form, it must be postmarked no later than October 12th and received by the Elections Office no later than October 17. If you have moved you need to re-register. To be able to vote with an absentee ballot you have to complete and mail in an absentee ballot request form by October 30. You have until November 5 to apply in person for an absentee ballot.

If you have access to the internet you can find information for registering, where to vote, information about candidates and their views and more at a site provided by the NYS League of Women/Men Voters, [www.VOTE411.org](http://www.VOTE411.org). You can register on line at <https://mydmv.ny.gov/crm/> or [www.elections.state.ny.us](http://www.elections.state.ny.us). Additional information about the election plus dates, times and places of candidate forums and information about the League of Women/Men Voters of Cortland County can be found at the Cortland League's website, [www.lwvcc.wordpress.com](http://www.lwvcc.wordpress.com).

The League of Women/Voters, a non-partisan political organization, encourages informed and active participation in government, works to increase understanding of major public policy issues and influence public policy through education and advocacy. Membership is open to citizens of all ages. The Cortland League also has a "Friends of" category for those who support the League's activities.



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- 18 CAT POWER
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- 30 INDIGO GIRLS

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## FALL (LACK OF SUNSHINE) AND ANTIQUE (US SENIOR CITIZENS) EDITION

SEEING THIS ISSUE OF CAT is themed Fall and Antiques I thought it would be a good time to discuss Vitamin D as we are losing our long days of summer sun and also its relationship to preventing Alzheimer's disease. You probably already know that Vitamin D helps prevent many serious diseases. These include cancer, heart disease, diabetes and even the flu. But researchers wanted to know if the amazing vitamin can prevent Alzheimer's. What they found is startling.

In this study, the researchers knew that Alzheimer's patients typically suffer from low vitamin D levels. So they wanted to find out why. They surmised that the vitamin D helps clear the brain of beta amyloid protein clumps. This protein is the primary cause of Alzheimer's disease. To find out, the researchers used mice they genetically altered to develop dementia. Then they injected them with vitamin D. The researchers then looked at the accumulation of beta amyloid on their brains. They found that the vitamin D cleared the damaging protein before it could accumulate. The researchers believe the nutrient transports the protein across the blood-brain barrier. Once it passes through this barrier, the body can dispose of it much easier. Past studies have shown that the body's ability to extract this protein from the brain diminishes as we age. If the protein remains in our brain, it builds up into sticky clusters, which can affect our brain's ability to function properly. This study showed that the reason our body doesn't remove the protein is at least partially related to our vitamin D levels.

Vitamin D is one nutrient everyone needs to take as a supplement. Almost everyone has low levels and few of us get enough from our diet or the sun. So make sure you are taking enough. And make sure to only take Vitamin D3 not the synthetic D2. With the fall and winter months approaching don't forget to start supplementing with vitamin D3. The northeast is a gloomy place during these months. The amount of vitamin D you will get from sun exposure will be at a minimum. Nature's Sunshine Products has an excellent reasonably priced product.

Just a few more thoughts on Vitamin D3 by Dr. Blaylock. Growing evidence shows that low vitamin D3 levels in children may substantially increase their risk of asthma and worsen symptoms. In a recent study, lead author Dr. Daniel Searing and his colleagues at the Division of Allergy and Clinical Immunology at National Jewish Health examined asthmatic children up to age 18 and found that 47 percent had insufficient levels of vitamin D3. The study showed that allergy markers such as immunoglobulin E levels and positive aeroallergen skin test responses were related to vitamin D3 levels. They also found that patients with the lowest lung function had the lowest D3 levels. It appears that vitamin D3 enhanced the inflammation-suppressing effects of corticosteroids, normally used in severe asthma cases. Other studies have shown that isolated white blood cells from asthmatic children were more responsive to steroids when vitamin D3 was present. Excitotoxins in the diet such as MSG, hydrolyzed proteins, and natural flavorings have been shown to significantly worsen asthma attacks and should be avoided.

Studies also have shown that the lining of the air passages in the lung have numerous glutamate receptors. Our young people live on junk foods filled with excitotoxic additives, and the incidence of asthma in children has increased 400 percent over the past two decades. We can turn that number around with better diet and more vitamin D3.

Fall is a beautiful time of the year to enjoy God's artwork. I love driving around the country to see the colors. The air smells so good too. Get out and enjoy before the leaves disappear.



Diane L. Toombs, CNHC  
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The information in this article is for educational purposes only and is not meant for diagnosing or prescribing.

## MIKE'S FISH TANK GOLDFISH & BETTAS

PEOPLE OFTEN ASK ABOUT THE common goldfish, here is some info on them.

The common goldfish became a popular pet around the world due to their hardy nature. They are hardier than fancy goldfish and are able to live in a variety of conditions ranging from indoor aquariums to outdoor ponds. Common goldfish can withstand some fluctuations in water quality and small fluctuations in temperature. That attribute helps them in doing well in ponds.

If well cared for, the common goldfish can live up to 10 years or more in captivity. Common goldfish are a type of goldfish with no other modifications from their ancestors other than color. Most varieties of fancy goldfish were derived from this simple breed.

Common goldfish come in a variety of colors including red, orange/gold, black and yellow or lemon goldfish.

Here is some info on the betta, "siamese fighting fish". Normally a betta lives to be 2 to 4 years old, but in the wild they may live as long as 8 years. Typically males purchased in a pet store are in the 9 month old range, that is the age when their finnage becomes fullest and most attractive. Male bettas living in laboratories with large individual tanks and daily exercise have lived 10 years or longer.

There are over 50 types of bettas although b. splendens is the most popular. Bettas come from the Mekong basin in Southeast Asia. In their native Thailand they are called plakat. It is a member of the Gourami family although formerly classified among the anabantidae

Female bettas are less colorful and have much shorter fins. When found in a pet store, the female is generally around 3 to 5 months old.

Pets A Plenty is located in the Blockbuster Video Plaza, Rte 281 Cortland, 753-9213. Open 7 days a week. We now have a website. WWW.PETSAPLENTY.BIZ. check it out. I post care sheets, coupons, new animal arrivals, contests and more. Any questions, email me at friskyy@hotmail.com



## AN EARLY PLASTIC COLLECTIBLE

By Karen Hewitt

THOUGH WE TEND TO THINK of plastic as a modern era material, it has been around for over 100 years. This makes early plastic items true antiques. Bakelite items are the most sought after, and thus the most collectible, of early plastic.

Bakelite is a thermoset plastic made from phenol formaldehyde. It is usually opaque because of the fillers used with the formaldehyde. Fibers from rags, cotton, carbon, wood, etc., were used to make the resin dense. Its formula was patented by Leo Hendrik Baekeland in 1909.

At first it was used just for industrial purposes. Until the late 1920's it was used mainly for radios, handles for pots, pans, and flatware, and in the manufacture of toys. In the 1930's and forties Bakelite was used, to great success, to make costume jewelry. Today, this jewelry is much sought after. Heavily carved bangle bracelets and figural pins are typically the most expensive items.

How does one tell if a piece is truly Bakelite, and not a piece of more recent manufacture? First, Bakelite jewelry rarely has seams or mold marks. Bakelite jewelry is heavier than similar pieces in Lucite or celluloid. There are several tests than can be performed on a piece without damaging it. Of note, the following tests are not guaranteed to work on black Bakelite 100% of the time.

The most reliable test uses 409 spray cleaner. Wet a cotton swab with it and rub it on the inside of the test piece. If it's a vintage piece the cotton swab will show a yellow stain on it. Be sure to rinse off all traces of the 409 afterward.

If you are in a store, a quick test involves rubbing a spot on the item briskly, so the friction from your finger warms it. Then take a whiff. Warmed Bakelite smells like camphor. Camphor is the smell you get when one opens an old medicine chest. Of course, this is more subjective, since the sense of smell varies among people. At home, one can run warm water over a piece to heat it, then use the sniff test for that medicinal smell.

There are modern pieces of jewelry made by artisans from old Bakelite, such as radio cases, flatware handles, etc. These are clearly marked as "reworked" Bakelite. "Fakelite" is a material made to look like Bakelite. These pieces show up regularly online and at flea markets. The best defense is to do one's research, so one knows what one is buying.



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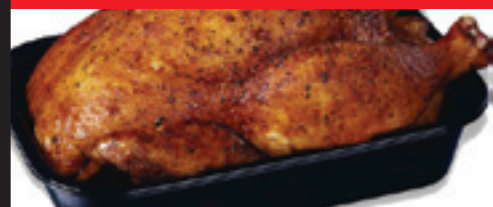
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## BARN HOUSE ANTIQUES & COLLECTIBLES

By Karen Hewitt

THIS OCTOBER, BARN HOUSE ANTIQUES & Collectibles celebrates its 14th year in business. We are a multi-dealer shop offering antiques and collectibles of all kinds, in all price ranges. We have a wonderful stable of dealers, and we pride ourselves on our quality and affordability.

This year we have expanded our collection of books for sale with the addition of Tony Magnosi. Tony specializes in recent editions and coffee table books, with low prices and books in as-new condition. In Tony's booth can also be found handmade greeting cards by local artisan Jessica Seeley. These are a steal at \$2.00 each. Hand-embroidered baby clothes and dish towels by Laura Davis can also be found in Tony's booth.

Bill Gilmore has a fantastic collection of books for sale, as well, both vintage and newer. He specialized in books on gardening, plants, cookbooks (hundreds!), military, and area history. Bill has many other items in his booth, as well, including ceramics, toys, and various curious objects and sundries.

We have another large book area that is maintained by several different dealers that offers vintage, as well as modern fare. There are selections of LIFE and LOOK magazines, and Little Golden books, as well. Ephemera is also in this booth.

From the beginning we have offered furniture, glassware, barware, ceramics, stoneware, Pyrex, costume jewelry, and primitives. We have added FLAX clothing, Star Wars, and repurposed items of the highest craftsmanship and quality.

Barn House Antiques is open year round Tuesday-Saturday from 10-5, and Sunday from noon to 5. We are located at 308 Peruville Rd. Rt. 34B. Lansing. Phone 607-533-8636.



## PICCADILLY LANE COUNTRY & PRIMITIVE STORE

LOVE ANTIQUES? JUST WANT to add something to a wall or corner to make your home cozier as you now move inside for the colder months?! Piccadilly has a variety of antiques mingled in with new gift ideas to enhance any living space and perk up your decor! With the holidays almost here, shop now to brighten up your home with a new look your guests will envy or pick out that perfect gift for your loved one! Piccadilly Lane has an array of new fall and holiday items arriving, including snowmen, beautiful wreaths, furniture, curtains, delightful scented candles and more! Love to display and decorate with snowmen around your home? Piccadilly has many to choose from and more are on the way!

Redoing a room? Let us help you redecorate! We carry Starbridge, York Park and many other curtain designs in many colors and patterns. We now have curtain swatches for special order - bring us your paint samples or fabric swatches and we will help you match them! Call to make an appointment for or visit the store.

At Piccadilly - there are 8 rooms upstairs and down overflowing with new one of a kind merchandise including framed prints, furniture, linens, rugs, soy candles, cards, jewelry, swags, garlands, tinware, signs, pottery, curtains and many more distinctive items to adorn every room.

Earn credit towards your favorite items at Piccadilly Lane and host a "Piccadilly Party"! Invite some friends over for some cider and

cookies and receive sales credit towards merchandise in the store! A fun way to kick off the shopping season!

Our Holiday Open House on Saturday, November 17th - the Saturday before Thanksgiving, so mark your calendars! There will be sales galore and door prizes and refreshments to nibble to help you shop till you drop! More details to follow.

Take the short drive to 2643 Main Street in Whitney Point and visit the PICCADILLY WITCHES! The ladies have decorated all 8 rooms and walls with ghoulish delights to charm your treat-or-treaters, friends and neighbors! Come peek in the nooks and crannies in Piccadilly corners if you dare and take advantage of 25% off anything orange! The store is open Monday, Tuesday & Friday 10-6, Wednesday 10-2, Thursday 10-7 and Saturday 11-3. Call for Sunday hours - New expanded holiday hours! Questions or looking for something special - 607-692-7418 or email piccadillylane1@aol.com and on Facebook!



## TREEFORMS FURNITURE AND GIFTS PLAN AHEAD FOR THE HOLIDAYS!

TREEFORMS FURNITURE AND GIFTS STORE is located at 1302 Dryden Road in Ithaca is having a sale - just in time for the holidays! Opened in 1964 by Anne Watson and was first located in Dryden, Treeforms has been at its present location since 1975 and is now run by Anne's daughter Maryanne and her husband with several large showrooms. Treeforms Furniture and Gifts carries one of the finest selections of Amish made furniture in the area. Treeforms offers solid wood fine furnishings specializing in furniture for every room in a home or office. Treeforms' strength is being able to custom order.

Looking for dining room furniture? One can find solid top farm tables and extension tables as well as chairs, hutches and sideboards in oak, maple, cherry, pine and elm. One can design one's own table. Choose from tables for a small family or a table that can seat large groups of up to 22 people! Trestle and pedestal tables are available along with many other leg options accommodating different styles. There are gathering tables of oak, cherry and red cedar too.

Need new bedroom furniture? Treeforms has bedroom furniture in contemporary, mission, shaker and traditional styles. There are many choices of beds, ranging from mission style to pencil posts. You can find cedar log beds also. Dressers vary as well from mule chests and lingerie dressers to chest on chest and 6 drawer 63" wide dressers. Armoires are also available with a selection of night stands. There are accessories for the bedroom including quilts, throw rugs, table lamps, benches, cedar chests, wall pictures, doilies, mirrors, candles and aromatherapy.

For living room furniture, Treeforms has coffee tables, end tables, sofa tables, hall consoles, bookcases in different woods with a selection of stains and hardware choices.

How about a futon? Treeforms has quality wood futon frames, platform beds, futon mattresses and sofas. Futons are great for



students, dormitories apartments, dens, living rooms and offices. Futons are ideal for maintaining a bed option if converting a bedroom to an office. Futons have come a long way in comfort, design and versatility for today's busy and changing lifestyles. Futon mattresses come in different thicknesses from 4" cotton batting to 12" wool wrapped coils in cot size up to king size.

Check out the selection of TV entertainment stands in oak, cherry, maple, pine or cedar. Treeforms has TV Stands to accommodate small and large TV's. Home theatre wall units are available too. All units include room for DVD player and storage. One can find cedar and log TV stands as well.

Treeforms can supply wooden office furniture for your place of business, office, school or home. Our specialty - desks of all kinds. One can purchase rolltop desks, computer desks, student's desks, work stations, wall units and secretaries. We carry a selection of file cabinets - both lateral files or horizontal in many different woods. Also available are printer stands, CD storage units and office armoires. Contemporary, shaker and mission styles are the most popular in stock items.

Shopping for occasional furniture? There are a variety of coffee tables, end tables, bar stools, rockers and more. Jelly cupboards, deacon benches, hall trees and clothes drying racks are also available.

Outdoor furniture welcomes you to sit in comfort on Treeforms porch. Hickory/oak rockers are built with lower lumbar support plus there are Adirondack style chairs and sassafras benches, a great addition to gardens or summer homes.

But, there is more at Treeforms! The gift shop has so many items - including Yankee candles, pottery, wind chimes, dish sets, heritage lace, placements, candy, wall paintings, Old World Christmas ornaments and purses. Come in to pick out the perfect gift.

We have delivery, layaway and gift certificates available. Remember if you don't see what you want, please ask as Treeforms can find it for you! We are located at the intersection of Routes 13 & 366 between Dryden and Ithaca. Treeforms is open Monday through Saturday 10am to 5:30pm and Sunday from 12 noon to 4pm. Phone 607-272-2913. www.treeformsfurniture.com

Please come to see why a customer said, "I love this store because you have things that I can't find anywhere else!"



## CORTLAND SELF-STORAGE A GREAT PLACE TO STORE YOUR VALUABLE ANTIQUES! AND MORE!

CORTLAND SELF-STORAGE IS CORTLAND'S FIRST climate controlled storage facility on Luker Road. These ninety-four temperature and humidity controlled units are an ideal location to store climate sensitive items, such as important papers, clothing, furniture, and even antiques and pharmaceuticals. The Luker Road facility, located next to Builder's Best, also offers self-storage and surveillance cameras. The Cortland Self-Storage Main Office is located there as well.

Cortland Self-Storage is owned by Nancy Richards, who has been in the business for fourteen years. In addition to the Luker Road facility, she operates three other storage facilities, which include 255 mini storage units. Two of the facilities are located on Route 13 N. in Cortland; the third is located on Copeland Avenue in Homer, NY.

The Copeland Avenue facility in Homer offers warehousing and commercial storage, as well as storage for RVs, boats and other watercraft, snowmobiles, trailers, cars, campers, fire trucks, race cars, and other vehicle storage. The Blue Route 13 storage facility offers self-storage and the Green Route 13 facility offers self-storage and summer rentals for college students. The Student Summer Storage includes one price for the summer, 4 ft. x 14 ft. units, 24/7 keypad access, and are secured by lock and key.

All four of the Cortland Self-Storage facilities have 24/7/365 access, sealed concrete floors, security lighting, and blacktopped approaches. The storage units themselves are available in an array of sizes: 5x10, 10x10, 10x15, 10x20, and 10x30, in addition to other sizes, to suit your needs.

Cortland Self-Storage is dedicated to providing you with safe and secure storage for all of your storage needs, whether commercial or residential. Cortland Self-Storage offers monthly or yearly leasing, and credit cards are accepted. Cortland Self-Storage hours are from 9-5, Monday through Friday, and currently, by appointment on Saturday.

For more information about Cortland Self-Storage, call (607) 756-4307, or visit www.cortlandself-storage.com



## CORTLAND PICTURE FRAME CO. ANTIQUES, GIFTS, AND CUSTOM FRAMING

THE SMELLS OF FALL ARE beginning to fill the air and holiday time is fast approaching. In order to get ready for the season, the shop is filled with delights from antiques and locally made fine crafts to a colorful selection of gifts from around the world. Cortland Picture Frame Co. is now on FACEBOOK where you can see nearly everything we carry in the store and get updates as new merchandise arrives.

We have been searching all year for unusual finds at auctions such as vintage pedestal cake plates for your favorite holiday desserts, and ironstone, transfer ware, depression glass, and unusual candlesticks for your holiday table. Now that it is getting cooler, it is scarf weather again, and we have several new styles of colorful scarves, wild socks, and a variety of purses and bags.

We have been featuring "repurposed" things for several years and have architectural salvage; recycled silk sari scarves, yarn, mittens, and hats; jewelry from antique typewriter keys and antique buttons; dolls made out of old bisque doll parts, blocks, vintage jewelry, and all sorts of bits and pieces of things. We also have an always changing collection of reasonably priced vintage and antique furniture.

The GARDEN ROOM is filled with interesting containers, pedestals, baskets from Ghana, garden benches, and Don Hull has brought in new bonsai jade plants in his handmade stoneware pots. We also have a wonderful selection of hand thrown stoneware pottery by Bobbi Lamb plus that odd and unpredictable find you just have to have.

We love the antiques and gifts, but custom framing is still our main job, and Cortland Picture Frame Co. is the perfect solution for getting anything framed you could imagine in a frame. We especially love building shadowboxes and framing needlework, and we have a fabulous collection of moulding to choose from along with antique and vintage frames. Look at our slide show to get ideas of what we can do with whatever you have.

Cortland Picture Frame Co. is located at 9 N. Main Street, Cortland, NY 13045 (607) 756-6499, and we are open Monday-Friday from 10am-5:30pm and Saturday from 10am-2pm.



## FALL ROAD TRIP

By Karen Hewitt

FALL IS HERE, AND IT'S time to appreciate Upstate NY as one of the most beautiful places on earth, basking in all of its Fall colors and scenery. Get in the car and take a day trip to experience some of the best things this region has to offer. Gasoline is expensive, but I think the following activities are worth the extra \$5.00. Plan your route or just meander country roads, deciding where to go as you drive. Breath taking scenery awaits you, no where one drives in Central New York.

Visiting antiques and specialty shops along the way is interesting and rewarding. Shop for accent pieces to decorate your home this season and next. Find the perfect rocker to cozy up on in front of the fireplace, or seat a scarecrow or witch on. An old cart or wagon on the front lawn looks charming with a pumpkin or two in it. Look for the perfect old container for a dried arrangement for your front steps. Find a vintage sled to decorate with greenery and a bow. Shop for vintage Christmas ornaments to bring a unique look to your Christmas tree. For inspiration, look at what others have done with their house décor, as you drive about.

Visit a winery or cider mill to sample some of our region's best products. Select the perfect pumpkin at a roadside stand. While there, buy some harvest vegetables and fruits.

Since most shops don't open until 10:00, get an early start and drive to the farthest point you plan on going. Take the day and work your way back home. This will allow the maximum amount of time for exploring.

Here are some suggestions for a road trip: From Homer, take Rt. 41 north to Skaneateles. Stroll Main Street with its myriad gift and antiques stores. Drive Rt. 20 west to Waterloo. Visit the Montezuma Winery. Head south on State Rt. 90 to King Ferry. Pick up a snack at the Man in the Moon Bakery. Head further south to the King Ferry Winery. In Genoa, take Rt. 34 South to Dance Hall Antiques in Locke, just over the Tompkins County line. Continue on to Baker's Acres for apples and pumpkins. Take Rt. 34B east to end your day at Barn House Antiques in Lansing, a multi-dealer shop with something to everyone's liking.

For a southern route trip, take Rt. 81 to Greene, NY. Visit Brookside Gardens Antiques, and Pheasant Farm Antiques. Take Rt. 206 to Rt. 79 in Whitney Point. Visit Piccadilly Lane, a nice shop which carries antiques, country items, primitives, etc. Continue on to Marathon, NY on Rt. 11. Visit Riverbend Antiques. Continue north to Rt. 392. Make a left and continue on to Virgil and Hollenbeck's Cider Mill. Return to Cortland or continue into Dryden. Visit The Second Knob Antiques on West Main St., or head to Dedrick's on Rt. 13 for pumpkins, fruits, vegetables, and flowers.

As you travel, be sure to savor the beauty that is reflected in the golden stalks, the lush tweed of the hillsides, and the glorious colors everywhere. It will be months before we are treated to these sights again.



## DANGEROUS DISHES?

By Karen Hewitt

THE HOMER LAUGHLIN CHINA COMPANY is one of the oldest and most prolific manufacturers of quality dinnerware in US history. Homer Laughlin and his brother, Shakespeare Laughlin, founded the company in East Liverpool, Ohio, in 1871. In 1897 the Aaron family bought the company. Mr. W.E. Wells took over as General Manager. Under their direction the company thrived. It produced huge amounts of "white-ware," or fine china, for American consumption. Descendants of these two families continue to guide the company today.

Homer Laughlin China Company is perhaps most famous for its Fiesta line of dinnerware. First introduced in 1935, it is noteworthy for its bright colors. The original colors were red, green, yellow, blue, and ivory. Turquoise was added in 1937.

Many pre-1972 dinnerware lines were made with a glaze that contained lead. Fiesta was one of them. Collectors need to be careful not to use these dishes to eat from, because they may leach lead from the glazes. Lead glazes need to be fired at a very high temperature in order for them to keep from leaching lead. All red Homer Laughlin dinnerware was fired at a low temperature, in keeping with the practices of the times. Thus, all red Fiesta dinnerware will leach lead, if used as tableware.

The Homer Laughlin Company has always had high standards for production. The problem was that there were no guidelines set by the Food and Drug Administration for lead in glazes until 1972. The recommendation, then, is to collect red dishes for display only.

An additional problem with the orange Fiesta dinnerware is that it is radioactive due to the element of uranium used in its manufacture. Eating from these dishes can mean ingesting uranium. It is not enough uranium to kill you, but it's more than one should be getting in a normal environment. Grouping a large number of orange Fiesta dishes together guarantees a higher level of radiation in the dining room than should be there. Microwaving with these red and orange dishes will release lead, uranium, and cadmium, another toxic metal.

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## A SHORT HISTORY OF CARNIVAL GLASS

By Karen Hewitt

WHEN ONE HEARS THE TERM "Carnival Glass," one thinks of the orange toned, iridescent, shimmering surface glassware. It picked up this nickname during the 1920's, when it was frequently given out as prizes at carnivals. However, the majority of carnival was purchased for use and display in the home, and does not deserve the notion that it was all inclusively "cheap" glass. Glass manufacturers sold their wares to carnivals at a deep discount. The idea was that if a family member won a piece, they would then buy additional pieces to match.

Carnival glass is a pressed (formed in a mold), iridized glass that had its heyday of popularity in the first quarter of the twentieth century. Prior to the its manufacture at that time, iridized glass was created decades prior by Tiffany, Steuben, and various European glass companies through hand blowing, including hand blowing into a mold.

The Fenton and Westmoreland glass companies introduced their lines of iridized glass at about the same time, in the first decade of the twentieth century. Other major manufacturers were Northwood, Imperial, and Millersburg.

The glassware was iridized by applying metallic salts to it when it was still hot from the pressing. It was then fired again to get the unmistakable shine it is noted for.

The colors of carnival glass get their name from the base color, before the metallic salts were applied. The most popular color is known as marigold, and is an orange-gold shade.

It was also the color most prolifically produced, and is thus the most common, and least expensive, with exceptions. Rarity in patterns and shapes raises the value of some pieces.

Carnival glass may also be found in shades of blue and green. A rare Fenton color is red.

Identifying the manufacturer of a piece of carnival glass may be difficult. Much of it was unmarked with a manufacturer's name. However, price guide books can help, as well as watching inline auctions. There are plenty of other online sources to help one learn about the various lines of glass.

Carnival glass has been a popular collectible since the 1950's. It may be found in most antique shops, and has a strong presence online.

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# CAT PUZZLES & GAMES

## WORD FIND

Find the 'Antique' related words below! Can you find them all? Good luck! Check our next edition for the solution!

i	l	e	u	u	e	b	j	a	u	c	t	i	o	n	i
i	t	r	i	e	s	i	s	n	r	e	s	t	o	r	e
v	r	u	a	e	j	n	a	p	p	r	a	i	s	e	e
i	e	t	r	n	i	n	l	o	e	s	s	s	f	o	
n	a	i	r	o	t	c	i	v	t	s	o	k	p	i	i
t	s	n	c	i	q	o	a	e	e	s	e	o	r	n	f
a	u	r	q	q	u	l	r	r	s	t	r	o	u	i	h
g	r	u	i	e	u	l	p	a	s	c	a	b	g	s	o
e	e	f	i	a	i	e	u	w	e	a	e	u	i	h	o
s	r	o	b	n	d	c	v	l	t	f	r	a	c	a	t
t	k	l	g	p	t	t	a	a	t	i	a	v	c	c	w
a	e	o	c	i	r	i	s	t	n	t	r	u	n	k	s
t	s	l	o	i	n	b	s	e	y	r	l	e	w	e	j
e	t	n	e	b	l	s	m	r	a	e	n	h	l	r	
v	a	p	o	t	t	e	r	y	d	l	o	g	r	n	h
r	v	o	s	e	g	s	r	w	t	o	t	e	n	o	i

- inherit • books • trunks • antiques • estate • appraise • treasure • restore
- refinish • rare • auction • valuable • coins • sterling • gold • metal ware
- figurines • porcelain • pottery • depression • collectibles • relic
- auction • vintage • books • artifacts • victorian • furniture • jewelry

## SUDOKU

It's easy to play Sudoku! Simply fill every column, row and 3x3 box so they contain every number between 1 and 9. Don't go too fast! The game is easy to play but difficult to master!

8						1	7	
		3	4					
	4						2	8
		9		8		6		
			3		2			
		6		7		4		
9	8						4	
					3	5		
	5	1						9

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- Riverside Plaza • Colonial Laundromat • Ramada Inn
- Main Street Downtown Homer • Back to Basics
- Natoli's Market • Dryden Food Market • Express Mart
- Ithaca Wegman's • Rite Aid Dryden/Cortland
- Gregg's Market Marathon/Whitney Point • Dryden Agway
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- Queen Diner Dryden • Clarks Dryden Food Mkt
- Country Kitchen - Whitney Point • Country Kitchen II - Cortland
- Hope Lake Lodge • Tully Kinney Drugs • Triphammer Mall
- Cortland Seafood • Piccadilly Lane Country & Primitive Store
- The Second Knob Gifts & Antiques • Cortland Ramada

## LAST EDITION'S PUZZLES

### SUDOKU

2	1	9	4	5	7	3	8	6
3	4	8	6	2	9	7	1	5
6	5	7	3	8	1	2	9	4
4	2	1	7	9	5	6	3	8
7	9	3	8	4	6	1	5	2
5	8	6	1	3	2	4	7	9
9	6	2	5	1	3	8	4	7
1	7	4	9	6	8	5	2	3
8	3	5	2	7	4	9	6	1

### WORD FIND

h	d	a	n	c	e	a	s	h	t	t	n	o	d
p	r	e	c	e	p	t	i	o	n	o	h	n	g
l	v	e	i	l	s	d	r	e	t	r	a	g	i
c	m	r	b	e	s	t	m	a	n	b	l	s	f
t	y	d	u	b	r	e	k	e	s	i	a	g	t
p	t	g	i	r	g	t	w	u	e	l	s	w	s
b	r	i	d	a	l	s	h	o	w	e	r	i	e
l	a	o	g	t	m	s	i	h	s	p	a	f	g
e	p	n	p	i	r	s	t	n	w	a	e	e	o
h	e	n	o	o	m	y	e	n	o	h	h	k	w
t	e	a	v	n	s	c	o	d	v	c	e	a	n
e	e	a	r	r	i	a	e	r	i	a	r	c	h
t	f	e	o	l	g	l	l	h	c	r	u	h	c
o	d	e	x	u	t	e	u	q	u	o	b	a	b

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F: 607-753-8164  
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Saturday, October 13, 2012  
McGraw Recreation Park - Fun Starts at 10 a.m.  
For Contest rules and entry forms contact the McGraw Village Office at (607) 836-6294  
**Vendors Family Fun!**

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Option 6 for the Restaurant

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**OPEN SUNDAYS NOON TO 5 PM**

**\*10% OFF ANY WINE PURCHASE\***  
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Ithaca's Premier Stove and Fireplace Store

Where your hearth Business is our Primary business... not a side Business

**THANK YOU FOR ATTENDING OUR OPEN HOUSE!**

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(These numbers taken from EPA's published list of certified stoves, May 2012)

Come see all of our finest quality products at **Hearth & Home - Ithaca's Premier Stove and Fireplace Store**

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