

FREE

May 30 - June 12, 2012

Dairy Day & Pre-Grad/Dad Edition

FREE

THE CORTLAND AREA TRIBUNE

YOUR REGIONAL BI-WEEKLY COMMUNITY NEWSPAPER
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Do You Know Where This Is?
SEE PAGE 3 FOR CONTEST



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THE LADIES MAN

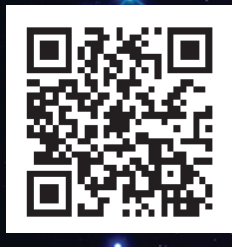


A Farce
by Charles Morey
Freely translated and adapted
from "Tailleur pour dames"
by Georges Feydeau

June 6 - 16

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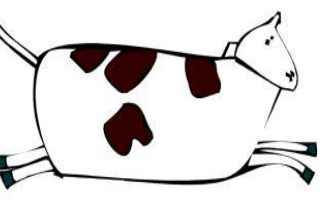
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**WELCOME TO OUR DAIRY DAY
& PRE-DAD/GRAD EDITION**

The Cortland Area Tribune, nicknamed The CAT is published and distributed every other Wednesday. Look for it at 100's of area businesses in Cortland, Dryden, Groton, Homer, Marathon, Moravia, Ithaca, Tully & LaFayette.. Here's some upcoming editions for you to look forward to!

June 13 – Graduation & Father's Day Edition
(Deadline 6/8)

June 27 – Bed & Breakfast, 4th of July & Taste of Downtown Edition
(Deadline 6/22)

July 25 – BBQ, Outdoor Recreation & Welcome Back Jets Edition
(Deadline 7/20)

August 8 – Need for 'Speed' Edition
(Deadline 8/3)

August 22 – Pamper Your Pets & Labor Day Edition
(Deadline 8/17)

September 5 – Get Ready for Fall! Fall is for Planting & Hunting Edition
(Deadline 8/31)

September 19 – Bridal, Great Pumpkinfest & The CAT's 10th Anniversary Edition
(Deadline 9/14)

October 3 – Fall Antiques Edition
(Deadline 9/28)

CHECK OUT THE BUSINESS SERVICE GUIDE!

Easily accessible at the back of the paper! Growing with every Edition! Take this handy pull-out 4 page directory with you in your car and leave it in your glove box for quick reference! Area businesses are listed alphabetically by services. When you patronize the businesses listed in the directory, please tell them you saw them listed in The CAT! *Shop local and save gas!*

FREE HAPPY ADS!

Share a birthday or anniversary wish for free, include a photo! Email to tcatribune@gmail.com, or mail it to The CAT, P.O. Box 67, Dryden, NY 13053. Deadline is 6 pm on Friday, June 8th for the next Edition.

CORTLANDAREATRIBUNE.COM

Visit our newspaper online! Each issue is posted online, along with additional content we couldn't squeeze into the printed edition! *Also find us on Facebook and Twitter (@tcatribune)!*

ONLINE CLASSIFIEDS

Due to the increased amount of content we're putting into print these days, we've had to move our classifieds exclusively online. This allows for a wider audience and makes it easier to link to and share to spread the word. Email them to tcatribune@gmail.com or submit them online. *Find the most recent on our home page and the rest at cortlandareatribune.com/classifieds/.*

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COMMUNITY CALENDAR

Cortland Farmers' Market

Tuesdays and Saturdays 8am - 2pm, Main Street in Downtown Cortland. Visit us on Facebook for up to date local fruits & vegetables when they are available at our market. Our Farmer's Market is celebrating 40 years on Main Street! Opens June 2.

Homer Farmers' Market

Now through October 20, Saturdays 9am - 1pm and Wednesdays 4:30pm - 7pm, on The Green on Main Street in Homer. Cortland County's 'local-only' market. Dedicated to increased local production, access to healthy nutrition for all, and the promotion of a sustainable local economy through grassroots organization. Meet your neighbors, who just happen to be growing the best food you can buy! For more information e-mail tammie@homerfarmersmarket.com or visit www.homerfarmersmarket.com.

June 1 - Women Working Together Presents "Birds of a Feather"

Uncle Louie's Backyard, Tompkins Street, Cortland Speaker: Mary Beth Wright - Owner, Avinet Located in Dryden, Avinet, Inc. was formed in August of 1987. Since then, they have been developing, manufacturing and distributing specialized equipment for professional field biologists, both in the US and internationally. That in and of itself is pretty impressive, and one would assume that the founder of the company, had a degree in ornithology, but that's not the case with Mary Beth. Join us as Mary Beth shares her journey and we learn how she got the idea for this unique business, what inspired her, and how this local company has expanded to include global clients. Lunch is \$12, payable at the door*. Registration begins at 11:30 AM. *Cash or check payable at the door to "Uncle Louie's" Please RSVP by Wednesday, May 30, 2012 to 753-9651 or kathy@cortlandywca.org

June 1 - Relay for Life

6pm Friday through 6am Saturday, Davis Field, SUNY Cortland. Teams of 10-15 people take turns walking to earn pledges for the American Cancer Society. For more information visit http://main.acevents.org/site/TR?pg=entry&fr_id=36447.

June 1-3 - YES Banana Festival Booth

Can't wait until the 2012 Banana Festival to get your Banana fix? - No problem! Stop by the YES Frozen Chocolate Banana booth at the Ithaca Festival- June 1st-3rd and choose from a variety of delicious flavors. Also find out how you can earn a FREE Frozen Chocolate Banana. The YES Banana Festival, August 11th- in downtown Ithaca, is a free outdoor festival put on annually by Youth Employment Services; creating an opportunity for the entire community to eat, drink, and go bananas while simultaneously providing work experience and funding for YES, a program of the Ithaca Youth Bureau. Like our

Facebook page for an insider's scoop on all of our contests, Banana facts, and event updates: www.facebook.com/YesBananaFestival2012

June 2 - Cortland County Water Festival

The 21th Annual Cortland County Water Festival will be held on June 2, 2012, from 10 a.m. to 2 p.m. at the Cortland Water Works on Broadway Street in Cortland. The event will feature an assortment of educational, water-related activities and displays, including horse drawn tours of the aquifer. Kids can also enter the coloring contest, play miniature golf, see fish, a raptor, get their faces painted, blow bubbles, join the duck races, and play the Water Wizard Game. Cortland County Soil & Water Conservation District's mascot Ronny Raindrop® will also be there. Going along with this year's focus of water conservation, there will be reusable water bottles for sale. There are also many interesting displays and demonstrations

for adults. The event is free for the public to attend and is sponsored by the City of Cortland Water Department and Department of Public Works, the Cortland County Health Department, Cornell Cooperative Extension of Cortland County, and the Cortland County Soil & Water Conservation District.

June 2 - Lavender Plant Sale to Benefit the Skaneateles Fire Department

Lockwood Lavender Farm will be selling (cash or check) Royal Velvet Lavender plants while the supply last for \$5.00 each to benefit the Skaneateles Fire Department. Our lavender market will also be open every Saturday and Sunday, from 9 - 4. Royal Velvet Lavender has deep purple flower spikes and is hardy to our zone 5. It can be harvested fresh as a bouquet and dries well. The buds can be used for culinary purposes or aromatherapy. We will also be offering a workshop on how to grow lavender successfully on Saturday, June 2nd at 1:00 rain or shine. Visit www.fingerlakeslavenderfestival.blogspot.com for more information about the festival. Directions to Lockwood Lavender Farm: From the village of Skaneateles take Kane Road/41A. Continue south on West Lake Road/41A 6.8 miles. Pass the hamlet of Mandana, we are the first farm past fire lane 50 on the left hand side.

June 2 - AppleJazz

Opens at 5pm, concert begins 6pm, Pavilion at Dwyer Memorial Park, Little York. Performances by Charlie Bertini, John Allred, Terry Myers, Dave Hanlon, Ronnie France, Ronnie Leigh, Jeff Phillips, Mark Doyle, Lauren-Jessica Bertini. All tickets are \$40. Please specify Concert Seating or Table Seating. To order tickets visit www.applejazz.com, call 407-248-2898 or send check to AppleJazz Records, 10825 Wheaton Court, Orlando, FL32821. No tickets sold at the door. 275 seats available, first come first served.



HAVE A COMMUNITY EVENT TO SHARE?

Please send all pertinent information, including a date, location, time, price, and a brief description to us at tcatribune@gmail.com, and we'll be happy to help inform the public!

FOR A COMPLETE LISTING OF UPCOMING EVENTS:
CORTLANDAREATRIBUNE.COM
TWITTER.COM/TCATRIBUNE

MYSTERY PHOTO CONTEST

Our mystery photos are old pictures of our area towns, businesses or landmarks. If you know where this edition's cover picture is - call 607-844-8228 or email tcatribune@gmail.com. Leave your name, address & phone number along with your guess. If your guess is correct - your name is entered into our contest! A name is picked by random drawing & we print the winner's name in our next issue! All decisions are final. Businesses from around the area have generously donated a prize! Deadline for your guess is 6 pm on Friday, June 8th for this edition. By entering, you give us permission to print your name in our next issue. Each contest generates hundreds of entries!



DO YOU KNOW WHERE THIS IS?

See what you can WIN if you know WHERE this picture is!

Congratulations to our latest contest winner:

Belinda Kemp

Answer from the Previous Edition:

American Legion in Homer, NY

The winner of last issue is Belinda Kemp. Belinda won a gift certificate from Dedrick's Fruit/Flower Stand located on Route 13 in Dryden. The winner from this issue will win a gift certificate from Toad's Too Ice Cream Oasis located on Route 38 in Freeville! Enter your guess today!

We are looking for old photos to stump our readers! Do you have an old photo we could use?! Please call us or email us - THANK YOU!



installation for about 70 to 80% of our customers. Some people will do some research on the Internet and then come in with a decision already made about what they will purchase. They often have preconceived ideas about what will work; others come in and have no idea." He says that when it comes to design and installation, individual consideration is given to each customer's needs and space, and he and his staff will provide information to the customer to help them make better informed decisions regarding what will work in their home and what will not.

Hearth & Home provides service and installation to a wide area. In the past, it has done multiple day jobs in New Jersey and Pennsylvania. "If we are offered a great job, we'll travel to do it," says Felli. "If someone calls us from Nevada and wants four fireplaces installed in their home in Tahoe, we're willing to do that, if they're willing to pay for it. Of course, if they throw in some ski passes, that would be great, too," he jokes.

The staff is available to answer your home indoor or outdoor heating/cooking questions you may have on all of the different home heating products Hearth & Home has to offer, as well as the changes that Hearth & Home has made in the past year. "We've expanded quite a bit," Felli says. "We've added to our showroom to include an outdoor kitchen that we can cook on and provide demos with. We've also added a couple lines of products."

Don't be left out in the cold this summer. Prepare for those bbq holiday get togethers ahead of time by visiting Hearth & Home. Check out the Hearth & Home's website at www.hearthhome.com Hearth & Home is located at 726 W. Court Street, Ithaca, NY. You can also reach Hearth & Home by calling (607) 273-3012.



WELCOME TO KENNEDY HARDWOOD'S 38TH ANNUAL OPEN HOUSE!

KENNEDY HARDWOOD, THE #1 SUPPLIER of custom built storage sheds in the area, will be celebrating its 38th year at its annual Open House on Saturday, June 2 from 9am to 4pm and Sunday, June 3 from 10am to 2pm. You are invited to come celebrate with Kennedy Hardwood and take advantage of special pricing on all sheds during the Open House. Free refreshments will be available, and you can also enter to win a free storage shed! Here's your opportunity to save on the finest sheds constructed in central New York.

Kennedy Hardwood, owned by Scott Kennedy, was passed down to him by his father, Dick Kennedy, who originally started the business in Tully in 1974. At that time, Kennedy Hardwood built wooden hay wagons. Dick eventually built a hardwood shed, which was quickly purchased by Scott's best friend's mother. That sale was the beginning of a new direction for Kennedy Hardwood, which moved to its current location on Clark Road, Preble, in 1987. Kennedy Hardwood offers the convenience of building their sheds right on premises and delivers them free of charge. You can order your shed with doors and windows placed to your liking, and you can choose from an array of available colors for your shingles. Kennedy Hardwood uses only top quality materials in constructing its sheds, and never uses wafer board products. Kennedy Hardwood uses galvanized nails, rather than staples, to ensure a quality crafted shed, and the finished product is protected from the elements by factory-primed Duratemp siding. Each shed is carefully built to last a lifetime, rather than just a few years. Since its birth in

Hearth & Home *Of Ithaca, NY*

WARM WEATHER IS FINALLY HERE. It's time to start enjoying your outdoor hearth and start barbequing with our family, friends and neighbors!

Hearth and Home has been in business for over thirty years, and has an experienced, attentive, upbeat staff that can help you with your outdoor hearth and bbq outdoor fireplaces and or grills. Its staff regularly attends trainings and trade shows in the heating industry in order to provide up-to-date knowledge and service to its customers.

Hearth & Home offers all fuels, in addition to fireplaces, stoves, service, installation, and masonry work, and all services are provided under warranty. From the unique design of the Big Green Egg®, the most versatile ceramic outdoor cooker, to their line up of stainless steel gas grills, they offer a unique range of outdoor products and accessories. Hearth and Home also does custom outdoor masonry for those looking for a one-of-a-kind backyard cooking experience.

"I believe we're the only store in a very wide area that also does outdoor living," says Jay Felli, owner. "We offer outdoor kitchens, grills, barbeques, fireplaces, and fire pits."

Hearth & Home is fully staffed and does all work in-house. The staff holds degrees in interior design, architecture, and environmental science. They strive to help you implement new plans in heating new construction or even to retrofit your existing home.

"Some people do cash and carry. They purchase a stove or other item and take it with them," says Felli. "But we perform

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1974, Kennedy Hardwood has experienced major growth in business and has continued to expand its production and storage facilities throughout the years. Kennedy Hardwood's custom built utility sheds have been found to have many uses by customers, from horse stables to play houses. Kennedy Hardwood has many buildings on display at huge savings! Ready for immediate delivery - the best utility buildings that your money can buy - they build it, they deliver it and they set it! Order today - no money down. Kennedy Hardwood also carries 16 varieties of hardwoods, including ash, oak, and cherry, for home projects or craft purposes, and carries supplies for B.O.C.E.S. woodworking classes. Scott Kennedy and his wife, Kim, have two sons, Chuck (22) and Ross (16). Scott hopes to one day pass his ever-growing business down to them, as his own father passed Kennedy Hardwood to him. Dick Kennedy still works with Kennedy Hardwood, crafting lawn furniture, Adirondack chairs, and supplying hardwood flooring, while his wife, Betterae, does bookkeeping and arranges for delivery of the utility sheds to their purchasers. Whether you need a protective outdoor organizational space for your summer tools or a convenient storage space for your winter needs, or even if you have another use in mind for a custom built utility shed, Kennedy Hardwood will build the shed for you! You can call Kennedy Hardwood with inquiries at (607) 749-7890 or toll free, (888) KENNEDY. You can also visit Kennedy Hardwood's web site at www.kennedyhardwood.com. Or, better yet, visit Kennedy Hardwood's 38th Annual Open House on Saturday, June 2 from 9am to 4pm and Sunday, June 3 from 10am to 2pm. Register to win a free storage shed, and the next custom built shed you see coming down the road from Kennedy Hardwood might be coming to your house!

Quality. Affordability. That's the Kennedy way!



GARY'S FURNITURE NEW AND USED FURNITURE

LOOKING FOR AFFORDABLE, QUALITY FURNITURE to update your home, office or dorm? Shopping for Dad for Father's Day?! Conveniently located and easy parking for loading - Gary's Furniture carries new and used bedroom sets, couches, love seats, daybeds, dining room sets, end tables, dressers, recliners, box spring mattress sets and more! Gary has been in the furniture business for 17 years and his furniture is factory direct from North Carolina to save you just in time for Father's Day - Recliners are on sale! Small recliners are only \$265 and large are only \$289! Give Dad the perfect gift - a relaxing recliner! Gary's has lots of new Amish furniture and décor including night stands, lamps, pie safes, cupboards, kitchen islands, birdhouses, signs and more! Plus Amish outdoor furniture available - ask for details.

Redecorate your living room with a sofa and loveseat for the summer - most styles are available in 5 colors and over 30 styles. Special order your favorite and have it in only 2 to 3 weeks!

Gary's also offers a variety of new name brand mattresses - some with a 15 year warranty in super pillow top. Choose from American Bedding - Easton, New Dimensional, Adams or Monroe to name a few. Choose from twin, full, queen or king sets - all at great prices and get that good night's rest you have been waiting for!

Gary's also has a variety of gifts for your shopping convenience - including sheet sets, socks, watches, wallets, wall art, lamps and more!

Visit Gary's Furniture in Cortland at 1106 Route 222 in Groton Ave Plaza or in Lisle at 9011 Main Street. Gary's is also buying good used furniture. Questions - give Gary's a call in Cortland 607-753-0676 or in Lisle 607-692-7894.



CORTLAND REPERTORY THEATRE BOX OFFICE NOW OPEN

CORTLAND REPERTORY THEATRE IS ANNOUNCING that their box office is now open for ticket sales for the 2012 summer season. Tickets may be obtained by calling 800-427-6160 or by visiting the CRT Office at 37 Franklin Street in Cortland. CRT Administration advises ticket buyers to watch for further announcements of the eventual move to the new "CRT Downtown" facility at 24 Port Watson Street, as CRT hopes to move the Box Office to this newly renovated building within the month.

Box Office hours are Monday - Friday, 9:00 - 6:00, and Saturday, noon - 6:00. Once performances begin, the Box Office at the Little York Pavilion will be open on performance evenings from 6:00 - 7:30, and on matinee Sundays from 11:00 - 2:00. Tickets are also available 24 hours a day, 7 days a week online thru the CRT website, for a slight additional charge. Discounts are available for seniors, students and groups of 10 or more.

Visit www.cortlandrep.org for ticket purchases, prices, a complete calendar of performance dates and times, and show descriptions.

The CRT 2012 summer season includes: "THE LADIES MAN" a farce by Charles Morey, freely translated and adapted from "Tailleur Pour Dames" by George Feydeau from June 6 - 16; "GREASE" the 1950's rock and roll musical with book, music and lyrics by Jim Jacobs and Warren Casey from June 20 - July 7; the infamous musical "CATS" with music by Andrew Lloyd Weber from July 11 -28; Agatha Christie's murder mystery "THE HOLLOW" from August 1 - 11; the multiple-award winning dramatic comedy "THE DRAWER BOY" by Michael Healey from August 15 - 25; and "THE MYSTERY OF IRMA VEP" - a comedy, farce, thriller and mystery rolled into one by Charles Ludlam from August 29 - September 8.

All evening performances begin at 7:30 PM. Matinees are offered on select days, with a beginning time of 2:00 PM.

Also, the "CRT Kids" program offers the participation play of "ALADDIN" created by Moses Goldberg on July 12, 14, 20 & 21 at 10:00 AM.

Tickets are also on sale for the CRT "FUN"d raiser, the "CRT CABARET NIGHT", offered on Saturday July 21, which will be an evening of silent auctions and "tricky tray" raffles, with one-time-only, cabaret-style performances by the cast of "CATS". Tickets are available for a discounted price until July 1, after which they will be raised to full price.

Photo: "Producing Artistic Director Kerby Thompson outside the Little York Pavilion, summer home to Cortland Repertory Theatre".

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DRYDEN DAIRY DAY . . .

"Recognizing Dryden area's agricultural roots - a great way to spend the day"

Saturday, June 9, 2012
9:30 am - Parade down Main St.
11:00 - 3:00 - Montgomery Park

+ "MOO..OO.ing" contest for all ages
+ bounce house + hay bale toss
+ farm animals and machinery + food
+ craft vendors + musical entertainment

MILK \$.10 per 1/2 pint ICE CREAM CONES \$.25/dip

This is a community celebration sponsored by Dryden Grange and the Dairy Day Committee.



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Family owned and operated, Toad's Too has been serving quality dairy deserts since 1993. Carrying over 45 types of hard and 60 soft ice cream, including Sherbet, yogurts, no sugar added (NSA), sorbet, Lactose free vanilla and Dole Whip, cones, dips and many toppings to please any one. Try one of our specialty sundaes like The Monkey, Worms & Dirt and Chocolate Squirrel or retreat to an old fashion Banana Split, Mexican or Dusty Miller. There are slushies, sodas, shakes, ice tea and lemonade too, all at reasonable prices. Proudly serving products from Gifford's, from Maine, Turkey Hill, Hood and Perry's. Hot foods include homemade BBQ pulled pork sandwiches, Hofmann hot dogs and corn dogs. Relax with your treat under the covered porch or in the garden. Toad's Too is open 7 days a week from spring to fall 12 noon to 9 pm (sometimes later) - located on Route 38 in the Village of Freeville, only 3 miles from Dryden. Handicap accessible.

TOAD'S DINER

Before you visit Toad's Too hop on over to Toad's Diner. Summer hours at Toad's Diner starting June 2 - Toad's Diner will be open Saturday through Thursday 8am to 2pm for breakfast and lunch, Friday from 8am to 8pm serving a full menu. Salad bar available everyday for only \$4.95. Plus, new menu items coming soon!

WHAT ENGAGED COUPLES AND NEWLYWEDS SHOULD KNOW ABOUT PROTECTING THEIR ASSETS ALLSTATE OFFERS NEWLYWEDS IDEAS FOR SAVING & PLANNING



WEDDING BELLS RING ABOUT 2.3 million times each year around the country, and June is the most popular month for tying the knot. As the big day approaches, most couples pore over details such as flower arrangements, seating assignments and life after marriage. However, most newlyweds probably haven't thought through the next step—protecting their valuables before and after the big event.

For future brides and grooms and recent newlyweds, combining assets under one roof takes more than a moving van and space for all their belongings. Every couple planning to build a life together should take prudent actions to protect their gifts and good wishes soon to come.

Scheduling the Ring: A radiant diamond engagement ring glittering on the bride's finger isn't only an attractive symbol of a couple's new union; it's also a new asset that should be insured. Just as you would insure a new car before driving it off the lot, you should insure a new ring either before or just after it leaves the jewelry store.

Allstate encourages newly engaged couples to have rings scheduled for insurance coverage. Scheduling an engagement ring provides an opportunity for couples to secure a personal property endorsement for the full appraisal amount.

"This is one of the first steps future brides and grooms should think about," says Allstate New York spokesperson Jaclyn Darrohn. "With everything else to plan for an upcoming wedding, it makes sense for future brides and grooms to protect their newest and probably their most meaningful asset."

Engaged Couples Endorsement: Scheduling an engagement ring for coverage is a convenience Allstate insurance agents offer as part of a broader engaged couples endorsement. This is a free endorsement for future and new brides who also carry Allstate condominium or renters insurance. As wedding registry gifts pile up, couples should

consider insurance protection for gifts that may sit unattended in boxes.

Once an Allstate agent is informed about a couple's engagement, the couple may receive coverage for up to 90 days following their wedding on gifts stored at home or at a storage facility within the same state. Allstate's engaged couples endorsement provides 100 percent coverage of the gift contents' covered loss value against potential theft and damage. Coverages differ for those carrying Allstate homeowner's insurance.

Building for the Future: There are several factors all new couples should consider when planning their insurance protection. Couples need to decide whether to rent or own a home together, to use or store cars, and to keep, store or get rid of specific items. "Combining households and insurance policies calls for a detailed plan," Darrohn added. "Meeting with an insurance agent is important to make sure a couple's coverage needs are addressed and taken care of before and after the wedding."

The honeymoon period is never over for newlywed couples looking to secure their futures with proper insurance protection for their current and future holdings. With the pre- and post-wedding coverage options from Allstate Insurance, couples can afford to focus on other aspects of their new lives.

Contact SHIRLEY EIZEMBER, Exclusive ALLSTATE AGENT at the Pinckney Insurance Agency located at 41 Port Watson St Cortland, NY 13045. Ph 607-756-8505.

The Allstate Corporation (NYSE: ALL) is the nation's largest publicly held personal lines insurer. Widely known through the "You're In Good Hands With Allstate" slogan, Allstate is reinventing protection and retirement to help more than 17 million households insure what they have today and better prepare for tomorrow. Consumers access Allstate insurance products (auto, home, life and retirement) and services through Allstate agencies, independent agencies, and Allstate exclusive financial representatives in the U.S. and Canada, as well as via <http://www.allstate.com/> and 1-800 Allstate.

DRYDEN LAKE FESTIVAL 2012

ON SATURDAY, JULY 27TH, THE great summertime event, Dryden Lake Festival 2012, will be back at Dryden Lake Park, 63 West Lake Road which is a few miles south of Dryden Village off route 38. A small group of volunteers are putting together a day and evening of fun, events, triathlon, music, and food for the whole family. We are currently waiting on our not-for-profit papers. We are planning that other NFPs in our town and county will have programs or exhibits there for your family's enjoyment.

Bring your fishing poles, dogs, kids, grandparents, picnic basket if you wish, chairs, whatever and come enjoy this somewhat hidden.



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beautiful park. There will be a free-will donation bucket at the entrance. And chances available for the many donated items, such as a kayak! On this year's program along with the free parking, rest rooms, and fishing dock, generally starting up at 2pm are many kid's activities, lectures and talks by great local persons, trail walks, canoe races, classic cars (for more information rms289@aol.com), petting zoo, local bands, and historic encampments. Also participating are food vendors and civic groups with food, bounce house, crafty merchants, the Great Goose Drop, and at sundown: Fireworks over the lake.

In the morning will be the Triathlon and ten different races for paddle, bike, and run. For info or to register, go online <http://raceforum.com/dryden>. Later in the morning will be a half mile fun run for everyone.

Please come and be a part of this community event. We welcome your thoughts, comments, advice, donated items and help. Please contact 844.5504 and leave your message.

ITHACA FESTIVAL: FINGER LAKES LUAU

THE 2012 ITHACA FESTIVAL, THEMED "Finger Lakes Luau," starts at 6pm, Thursday, May 31st with the famous Ithaca Festival Parade. Festivities on the Ithaca Commons run from noon until 9pm, Friday, June 1st through Sunday June 3rd, featuring over 150 performances - not to be missed acts include: The Bernie Milton Tribute Band, The Official 2012 Ithaca Festival Finger Lakes Luau Hula Dance Team and The Sim Redmond Band. The Festival will also host a hearty array of handmade crafts, local food, children's activities and more. Festival programs, buttons and t-shirts, with artwork by Meghan Wood, are now available in Wegmans and stores all over town and will also be easily found at merchandise booths throughout the Festival. Highlights this year include the Family Fun Zone in De Witt Park, pony rides on State St., the new Beer Garden Sound Stage in the Ithaca Journal parking lot, and the Wine Garden in Tree Grove on the Commons that will feature a selection of regional wines and beer. On Sunday, June 3rd the Gorges Green Expo, now in its seventh year at the Festival, will take a prominent position at the heart of the Commons. The GGE promotes green businesses and initiatives and focuses on increasing community involvement in local sustainability efforts. The Festival will also host a Finger Lakes Luau at the Farmers Market, starting 8pm Friday, June 1st, with a pig-roast by The Piggery and performances of Hawaiian music by Larry Real, dancing by The Official 2012 Ithaca Festival Finger Lakes Luau Hula Dance Team, fire dancing by Lyca on Fire and last but not least, the Sim Redmond Band. Visit www.ithacafestival.org to see the updated schedule of events and read more about this year's Ithaca Festival. For more information call: 273-3646 or e-mail: marie@ithacafestival.org

UNDERSTANDING BLOOD PRESSURE PART ONE

SEEING MORE AND MORE PEOPLE are having to deal with this situation, I reasoned it might be a good time to address this condition. One person stated that blood pressure was a simple thing. If you want to raise your blood pressure, have children; if you want to lower your blood pressure, go on vacation. If only it was really that simple.

Blood pressure is the amount of force exerted by the blood on the vessel walls. There are several components that determine this pressure. There is the actual pressure exerted by the heart in pumping the blood; the amount of resistance encountered in the blood vessels either by blockages that are being formed or by the muscular constriction of the vessels; and the actual amount of blood in the body. It is easy to see that a heart that is pumping too intensely, combined with atherosclerosis (fatty deposits accumulating in the vessels), and fluid retention in an increased blood volume can push blood pressure readings right off the chart.

Conversely, however, hypotension (low blood pressure) is just as much of a problem for some people as hypertension (high blood pressure) is for others. Hypotension is generally less common, but it can be an indicator of malnutrition. Addison's disease (inadequate adrenal cortex function -the adrenal glands will be very important as we look at blood pressure), hyperthyroidism, and severe wasting diseases. The risk for an otherwise healthy person is that sudden changes in posture can lead to dizziness. (Hypotension is also a very important indicator of circulatory shock which is not what we are dealing with here.)

Normal blood pressure readings are between 100-120 (systolic) over 60-80 (diastolic). In people under 50 years of age, blood pressure is considered to be borderline high if it is over 140/90. Anything over 160/95 is high. A persistent diastolic reading of more than 158 increases the risk of death by cardiovascular accident by two times. What, exactly do these numbers mean? The first number, the systolic reading, indicates the amount of pressure being exerted by the heart when it pumps and shows if the heart is working too hard to get the job done. The second number, or diastolic, is the

amount of pressure that is residual in the heart when the heart is at rest. If this number is too high it shows the heart is not resting adequately between beats.

Hypertension is a common phenomenon that we all experience from time to time. It is one of the ways our bodies adapt to stress, fever, physical exertion, pain, emotional upset and fear. It is also one of the body's ways of coping with obesity and moving the blood through a very large circulatory system.

Hypertension is a more common problem than hypotension. In fact, nearly 30% of all people over the age of 50 are hypertensive regardless of their weight. By age 65, over one-half of the population is hypertensive.

There are two categories of hypertension. Primary hypertension has no underlying disease as its base. It is typically associated with smoking, stress, obesity, excessive use of stimulants (coffee and tea), drug abuse, high sodium diet, and use of birth control pills.

Secondary hypertension originates from other disease processes - most commonly abnormal inherited narrowing of arteries, hormonal abnormality, atherosclerosis and poor kidney function that results in sodium retention which leads to fluid retention. It is most commonly caused by arteriosclerosis (hardening of the arteries). How do you know if you are at risk from narrowing arteries or stiffening arteries? There is now a screening test available through a medical device company called Turn Back Time. The Vital Vision machine is able to easily and painlessly assess an individual risk for these types of arterial problems.

Well this is all I have room for in this article. I will continue in my next column and discuss what this is such a common problem, some warning signs, etc.



Diane L. Toombs, CNHC
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Before you rent or buy new furniture - check out V & V Furniture quality used furniture pieces. V&V Furniture Sales is located at 113 Port Watson Street in Cortland and is open Monday thru Friday from 10am to 5pm and Saturdays from 10am to 4pm. Stop by or call them at 607-753-7930. Come peek in our drawers and say hello to “Patches”!



**WHERE DO YOU GET
 YOUR ANTIQUES?**

By Shana Karn and Andy Seyfried, Co-Owners of The Second Knob Gifts & Antiques

THIS IS SOMETHING WE ARE asked frequently. Everyone wants to know where we’ve managed to collect our treasury of antiques—many times because they want to sell us something their Grandmother’s Great Aunt’s Brother in Law, who served in WWI, gave them... You get the idea. Obviously, there is no one place to go for antiques. We find them in barns, at sales, at auctions, in shops... However, often, we are invited into people’s homes when they are down-sizing or when they want to “clean out.” We smile through stories of chairs and step stools that elderly folks remember climbing on as a child to help a parent or grandparent make bread or stir cookie batter at a too-tall kitchen counter; we laugh along with others who share funny memories of gathering around the Philco or Zenith Floor Model Radio they are now preparing to part with; we share sorrow with women who have to sell the dresser their great grandmother gave them as a child or the bookcase their late husband pieced together with old boards. The stories are sometimes long, told over a cup of coffee or a glass of lemonade and the storyteller is most often expressive. We bond with these folks as we listen to their tales of hardship and happiness and how it relates to the item in front of us and, as we do, their emotional investment in the item becomes our own. We fall in love with their possessions because we hear how they fell in love with them. We marvel at collections, often started during childhood, that have grown old with the owner and have been carried from place to place—whether home to home or country to country. Our own emotional attachment makes selling an item difficult—we have to keep our emotions “in check” as we determine the worth of an item through research and/or knowledge because no value can be placed on nostalgia or emotional ties... There are times when a newly acquired item doesn’t go on the sales floor immediately because we struggle with letting it go—just as its previous owner did. When we do sell such an item, we try to share its history with the buyer—partially because we want them to feel as strongly about it as we do but also because we want its story to continue. We like passing on the provenance of our pieces when we can.

When we acquire something and know nothing about its history, it is often easier to simply put a price on it.

Do we always know what an item is worth? No.

There are times we’ve been offered pieces that we know nothing of and the Seller has no idea what it is nor any history attached to it. This is when we spend countless hours on the Internet or going through various reference books to help us. Often, we are able to get some information on it but sometimes we work diligently with no success.

We might post pictures to specific websites seeking information on items, looking for a name, a use and, of course, a value. Sometimes, we learn exactly what we have and sometimes we don’t. There have been times that we’ve contacted Sellers long after purchasing something from them to tell them just what it is they sold us and, sometimes, to tell them we want to give them an additional payment above our previous offer.

Like the housing market, there is a market for antiques and collectibles. One day, everyone is buying Depression glass and ornate furniture, and the next day, we cannot give it away. Because there are fluctuations in the antiques market and our storage space is very limited, taking items on consignment can be difficult and very, very time consuming. Lately, we’ve determined that taking items on consignment, with very few exceptions, is not a good idea. During this last year, we’ve accumulated many consignments which we have to rotate in and out of storage because we have a limited amount of sales space. This rotation is very often physically exhausting, time consuming and frustrating. It can also be frustrating to the Seller if they hope to get paid immediately. Therefore, we now are prone to limit our consignments and are more apt to purchase merchandise outright whenever possible.

In order to improve our selling time, market merchandise to a much larger audience and provide the best possible service to our Sellers/Consignors, we’ve hired a website developer who is currently building our list of antiques categories and sub-categories. Soon, we will have a sophisticated website which will allow anyone to view and purchase our merchandise (both gifts and antiques). Watch for our website later this summer – www.thesecondknob.com.

Drop in to visit us...to browse or to buy!



3 EVERY DAY



DID YOU KNOW THAT NEW York State’s number one industry is Agriculture? Did you know that the number one agriculture industry is dairy farming? Did you know June is Dairy Month? Hi, I am Hannah Baker the 2012-2013 Tompkins County Dairy Princess and since its dairy month I would like to remind

everyone to get 3 servings of dairy every day. Milk and dairy products are packed with essential nutrients, such as protein, calcium, vitamins A, D& B12, niacin, potassium, riboflavin, and magnesium. These nutrients help your body develop strong bones and teeth, good vision, healthy skin and hair, maintain normal blood pressure, build red blood cells and the list goes on. So you can see that having dairy in your diet is important so grab a yogurt for breakfast, or a cheese stick for a snack, or have a glass a milk with your dinner.

I want to invite everyone to come out to Dryden Dairy Days on Saturday June 9th and say hello to my court and me. After the parade, we will be handing out cheese and selling dairy merchandise on the grounds. Come spin the Wheel O’ Dairy and see how much you know about dairy products. It’s always a great day of fun!

The Tompkins County Dairy Princess program is made possible through the support of the American Dairy Association and Dairy Council- the local planning and management organization funded by dairy farmer check off dollars.

DRYDEN DAIRY DAY

**JUNE IS DAIRY MONTH!
DRYDEN DAIRY DAY
'DAIRY AROUND THE WORLD'
SATURDAY, JUNE 9, 2012**

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ROTARY DAIRY DAY DASH - 5 K Run - New event!

7:00 AM Registration
8:00 AM Race begins

PARADE - 9:30AM on Main Street

Theme: "Dairy Around the World"

Dedicated to: Walter Havington, a respected and well known Dryden Grange member of over 80 years, always full of stories of the early years of Dryden Grange and Dryden area agriculture. He worked for GLF and later Agway. We appreciate his many years of membership, leadership and support

Parade line up at 8:15 am at Empire Livestock, East Main St.
Tompkins County Dairy Princess and her Court will be in the parade, will be introduced and will remain at Montgomery Park throughout the day.

ATTRACTIONS at Montgomery Park

Food Booths Milk and Ice Cream for sale all day
Crafts and demonstrations Live entertainment at the gazebo throughout the afternoon
Stories and entertainment in the Kids' Tent
Colored Cows posted from Dryden kindergarten classes
Bale toss Farm machinery tractors
Petting Zoo Bounce House

Free Parking - Dryden Fire Hall; Municipal parking lots, all within walking distance to the park.

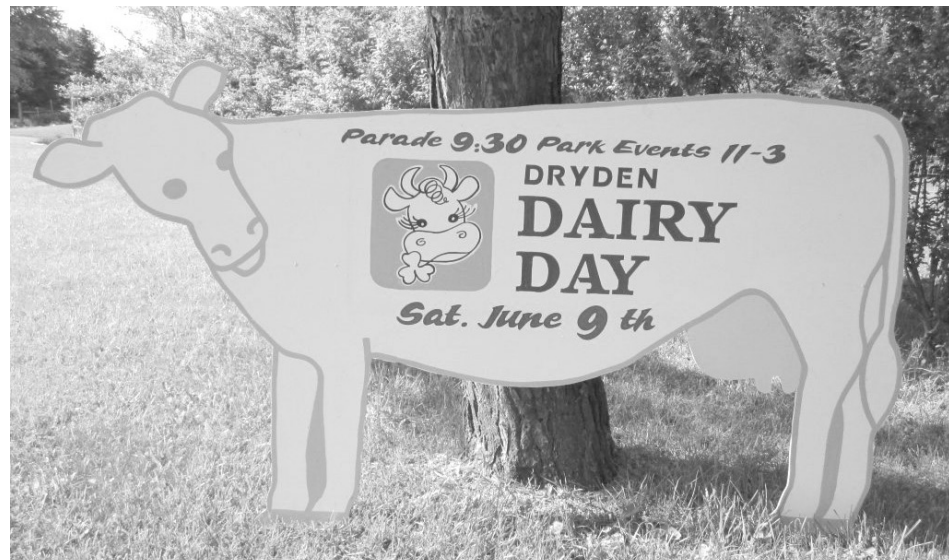
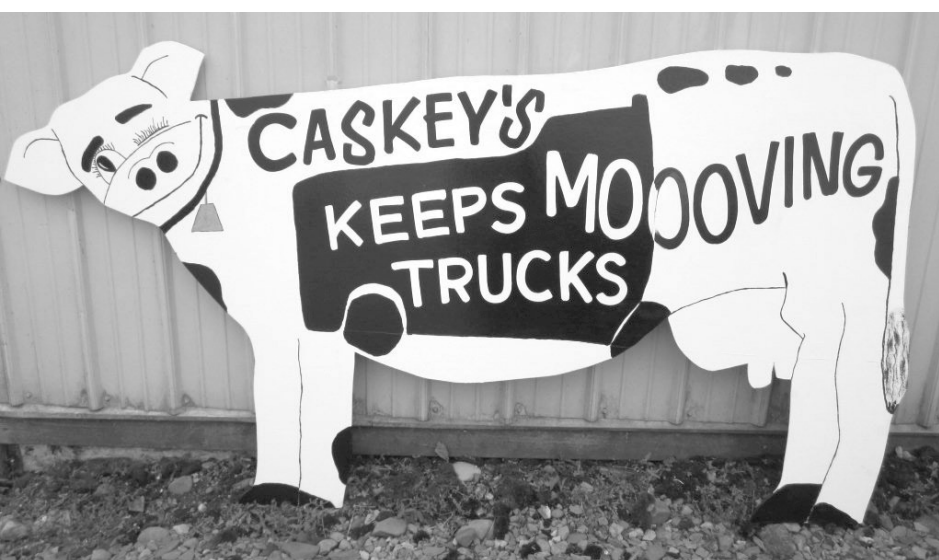
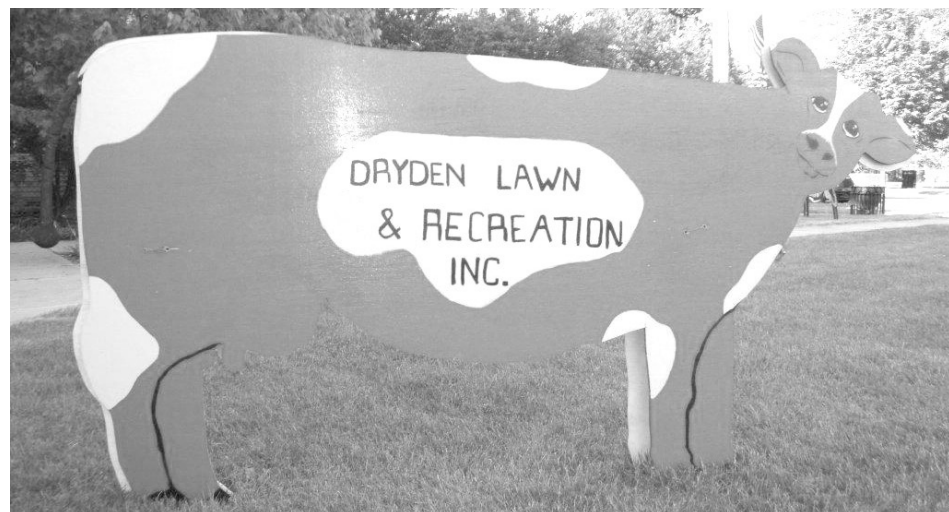
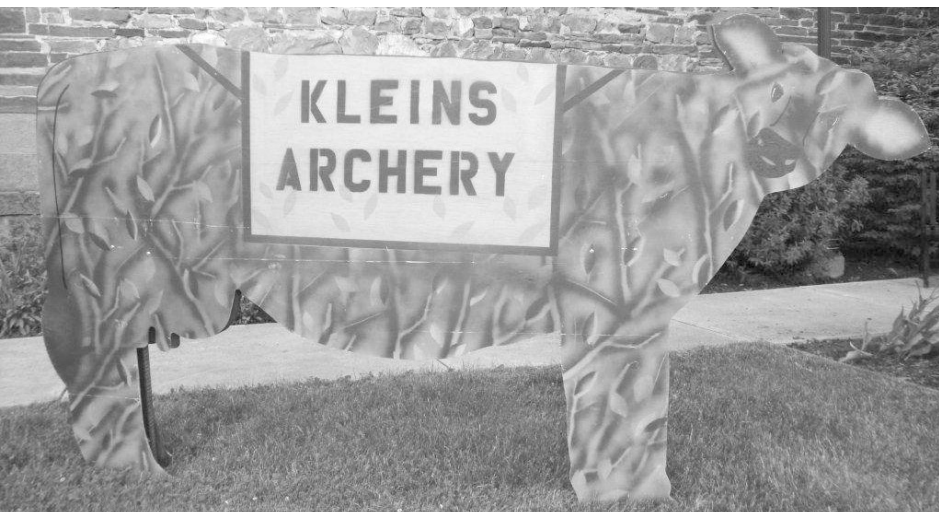
ENTERTAINMENT at Montgomery Park

10:45 Opening ceremony
 Introduction of the Dairy Princess Court
 5 K Run results
11:00 - 12:15 Dryden Central School Bands
12:15 - 12:45 ** "Cows can Moo - - - - CAN YOU?"
 NEW Moo...ooing Contest for ALL!
12:45 - 1:30 Steve Southworth and The Rockabilly Rays
1:45-2:30 Under Cover (f/k/a My Brother's Band)

KID STUFF at Montgomery Park

Cayuga Twister - awesome balloon figure maker!
11:15- 12:15 Judy Stock
12:15 - 1:15 Nate and Kate Kids Show - music, juggling and more juggling

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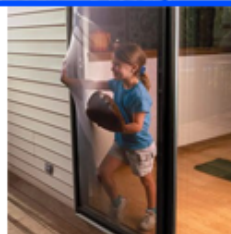


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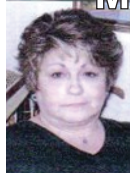
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2012 CORTLAND COUNTY JUNE DAIRY PARADE LINE UP

The parade is Tuesday June 5th at 6:30 p.m. The crowning of the 2012 Cortland County Dairy Princess and the announcement of the 2012 Dairy Parade winners will be held immediately following the parade on the Courthouse steps.

Division I

N. Main St. (Lincoln Ave. to Madison St.)

1. Cortland City Police
2. Marine Corps Color Guard
3. 2011 Cortland County Dairy Princess- Megan Poole
4. City of Cortland Mayor
5. Cortland County Sheriff
6. New York State Police
7. 2012 NY State Dairy Princess
8. CAPCO HeadStart
9. YMCA
10. District Attorney Mark Suben
11. Schwan's Sales
12. City of Cortland Fire Department
13. The First National Bank of Dryden

Division II

Lincoln Ave.

1. 2012 Cortland County Dairy Princess Contestant- Allyson Augur
2. Marathon Olympians Marching Band
3. Cortland Girl Scouts
4. SUNY Cortland Child Care Center
5. Cortland City Ballet
6. Boy Scouts of America
7. Brain Freeze Madness
8. Cornell Cooperative Extension
9. Cortland Winterguard

Division III

Arthur Ave.

1. 2012 Cortland County Dairy Princess Ambassadors
2. Homer Marching Band
3. Cortland Jr. Fair
4. Elizabeth Brewster House
5. YWCA
6. Crown Center for Rehabilitation and Nursing
7. Cortland County Pomona Grange
8. Farm Credit East
9. Toys for Tots
10. Montague School of Dance
11. Wilson Farms

Division IV

Jewett Ave. (N. Main St. to Grace St.)

1. Tompkins County Dairy Princess
2. Cortland High School Marching Band
3. Friendly Acres 4-H Club
4. Morton Buildings
5. Salvation Army
6. Seven Valleys Health Coalition
7. Cortland Price Chopper
8. Royal Motors
9. Grace and Holy Spirit Church

Division V

Jewett Ave. (Grace St. to Homer Ave.)

1. Moravia Blue Devils Marching Band
2. Congressman Richard Hanna
3. Homer FFA
4. Dovi Motors
5. Joan Albro
6. Leach's Custom Trash
7. Bill Bros. Dairy
8. Home Necessities
9. Total Care
10. Fairlane Cafe

Division VI

Maple Ave. (N. Main St. to Grace St.)

1. McGraw Marching Band
2. Alliance Bank
3. Cortland LGBT Center/PFLAG
4. Countryside RV
5. Oldies Radio WXHC
6. CFCU Community Credit Union
7. Rick and Rich Towing
8. Crown City Rollers
9. Cortland County Soil and Water Conservation District

Division VII

Maple Ave. (Grace St. to Homer Ave.)

1. Central NY Maple Festival Queen
2. Cortland County Fire and Emergency Management
3. Midstate Microd Club
4. CNY Family of Dealerships

Division A

Madison St.

III. Cortlandville Fire Department

7 Valley Street Rods

IV. Cazenovia Equipment Company

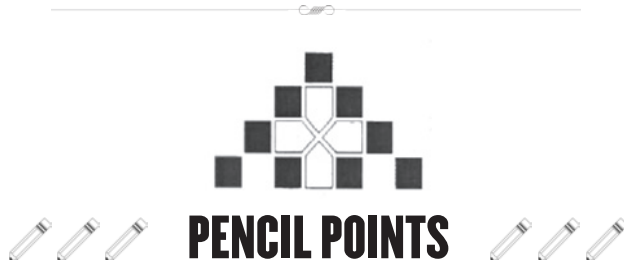
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Pencil Points are tips for residential design and planning issues often encountered by homeowners, builders and developers. This information is provided by Applied Design Research Associates as general interest based on current NYS Building Codes and is not intended as professional guidance for any specific project. For answers to specific design questions feel free to contact ADRA at (607) 844-4601 or consult the yellow pages under Architects for the name of other registered design professionals in your area. You can also write or email ADRA with additional questions to be researched and published in subsequent issues of this paper.

ADR Associates- P.O. Box 306, Freeville, NY 13068 adra@tucny.rr.com

TYPICAL FIELD INSPECTIONS FOR A RESIDENTIAL PROJECT

THE NYS RESIDENTIAL BUILDING CODE has functioned as a stand-alone regulatory document since New York adopted the ICCB national building code as its model format in 2004 which permits project designers and contractors to utilize one manual for nearly all building conditions that will occur during residential construction projects. Inspections and tests are important elements in the design and construction process to ensure a home or structure is constructed safely and in compliance with minimum building standards. The following list of basic and special inspections often applies to the typical residential project.

Pre-design Site Inspections and Testing to assist the project design professional:

- Percolation Test (required where an on-site sanitary system is planned. It measures the rate of ground absorption for solids and liquid waste)
- Soils and Subsurface Test Hole (recommended where subsurface soil conditions are unknown or suspect due to previous construction and landfill, also to determine rock depths where a deep foundations or a basement may be planned)
- Potable Water Test (required to determine suitability of water source for consumption where an on-site well is to be drilled, also can detect other water borne chemicals such as methane, PCBs, TCBs, radon, etc)
- Subsurface Soils Chemical Test (required when a proposed building site is on or near a known brown field or other potential source of large scale contamination)
- Soils Load Capacity Test (recommended in residential construction where building foundations will be constructed over diverse soil conditions, including previous fill sites, where low soil load capacity is known such as in marshy areas prone to flooding, and where unique building load conditions might be imposed on the new foundation). Soils Load Tests are generally required on all commercial building projects.
- Certification of Base Flood Elevation (Confirmation of the 100 year flood elevation where structures, new homes and additions may be permitted in areas prone to flooding. Certification shall be furnished by Corp of Engineers data or a licensed land surveyor who must verify the first floor elevation for any enclosed structure is 24" or more above the BFE)
- Basic Construction Period Inspections and Tests:
- Footing and Foundation Inspection (required to confirm adequate footing depths and dimensions, proper steel reinforcement placement and connection, stepped footing locations and acceptable earth compaction and fill where diverse soils are present)
- Framing Inspection (review frame component attachment to foundation and roof trusses, adequacy of lintel design and seating on walls, continuity of load paths and special structural conditions from roof to ground, proper installation of windows and flashing, compliance with seismic design connections and stiffeners where applicable, fire stopping, presence of concealed blocking for wall mounted components, etc)
- Insulation and Envelope Inspection (Bldg inspectors are often called upon to inspect some of the newer insulating products and assemblies for proper type, placement and depth, plus compliance with Project Energy Compliance Audit prior to closing walls and ceilings)

- Plumbing Inspection (required review of entire water supply and sanitary system, adequacy of all vents, air pressure test for pipe joint tightness prior to connection to public water supply, testing of back flow preventers when specified) Some jurisdictions utilize the Bldg Inspector to observe these tests while others may call upon special inspectors from the local municipal water authority.)
- Energy Envelope Blower Test (this test confirms the air tightness of the dwelling in conjunction with stated HVAC efficiencies, window and door infiltration parameters, and allowable ventilation/exhaust values required by the NYS Energy Conservation Code.)
- Electrical Inspection (required for every new, altered and expanded electrical service. The electrical inspection is usually done by an independent certified inspection agency separate from the local building department. Upon completion, a Certification Sticker is left at the site to confirm the on-site inspection to the Bldg Inspector when he/she visits to begin the final inspection)
- Certificate of Occupancy "Close-out" Inspection (the final inspection by the Bldg Inspector involves general review of the construction for compliance with the construction drawings and specifications, documented completion of all other required inspections and test, and certification by local utility companies that all public connections meet their requirements. Upon acceptance and notification by the Bldg Inspector, the homeowner can occupy the dwelling) Unless specified otherwise, this inspection approval date also signals the start of numerous product, equipment and contract warranties.)

In addition to many of the standard inspections and tests stated above the Bldg Inspector may wish to confirm specific performance requirements referenced in the Project Manual for products, equipment and assemblies that are present on the project. The Bldg Inspector can opt to receive industry test results previously performed by third party agencies such as Underwriters laboratories (UL) or Factory Mutual (FM) for fire-rated floor, wall and ceiling assemblies, and specific product insulation test values that support manufacturer's product data in lieu of on-site testing or the contractor submitting mock-ups of special conditions and construction details. Where specific conditions warrant, the Inspector can even call for special inspections prescribed in Chapter 17 of the NYS building Code. Special inspections and Testing can include but are not limited to:

- Seismic and Wind Design Calculations (confirm adequate design of structural connections, shear walls and foundation details to withstand anticipated seismic and wind related forces on the building in areas prone to earthquake and high wind action.)
- Concrete Mix Testing (third party testing provides ultimate strength and slump values for concrete specified and delivered to the site)
- Utility Trenching and Backfilling (many homes now specify that utility connections occur underground. Special bedding, spacing, protections and backfill procedures are often dictated by the various utility companies to provide adequate protection for their pipes and wiring to the dwelling.)
- Heating and Air Conditioning Equipment (new energy standards dictate specific installation requirements to achieve stated design performance, Bldg Inspectors often review sizes and placement of flue pipes to efficiently and safely exhaust hot gases from heating and hot water storage appliances. Bldg Inspectors may also need to review certification documents of HVAC installers to determine compliance with local laws and manufacturer's instructions.)
- Fireplaces and Wood Stoves (review installation of wood and fuel burning fireplaces and similar heating assemblies for compliance with the NYS Energy Conservation Code, minimum installer certification requirements, manufacturer's instructions and the design professional's construction documents),
- Fire Rated Assemblies (review fire separation installations for compliance with the Design professional's construction documents, minimum code compliance standards and tested rating assemblies by UL, Factory Mutual or other recognized third party rating agencies) Such assemblies can occur between an attached garage and primary dwelling unit, between the two occupancies in a two-family home, between a home and in-law apartment, or rated fire separations in similar multiple occupancies.)
- Depth of Sprayed-on Fireproof Coatings (Bldg Inspector to review depth and density of sprayed-on fire insulation to confirm compliance with design professional's specifications where structural assemblies must be protected)
- Sprinkler Installation (In rare cases, a private dwelling could have a sprinkler system such as on the third level of a three story residence. Sprinkler assemblies require a certified consultant to design, install and test the system prior to it being placed in operation. Periodic testing will also occur throughout the life of the system.) ARCHITECT'S NOTE: The National Code Counsel is currently reviewing the practicality of requiring all new single family homes to be equipped with dedicated sprinkler systems. This mandate will likely be ratified and become part of the Residential Building Code within the next six years.)
- Radon Test (Radon is an odorless, colorless gas that rises from naturally occurring radiation deep in the earth. The presence of Radon is often random and can affect several houses in a row then skip the next few dwellings. Radon build-up can also be affected by the tightness of basement construction and ventilation. Should radon be detected prior to or during construction, effective testing and mitigation procedures are available to minimize the build-up of hazardous concentrations of Radon.)

Whether the Bldg Inspector conducts basic Site Inspections as part of his/her project monitoring process or calls for one or more special tests, the intent is to assure the end result is in compliance with all applicable building construction and fire safety regulations.

MIKE'S FISH TANK TANK PH

Quite a few customers are asking questions about starting a fish tank and what to do about PH. When it comes to PH, the fish farms still say leave it alone.

Yes, it is high in our area. At the Pet shop, it's about 8.0 to 8.5. You may read online or in books that the PH should be around 7.0

In a perfect world, that may be the case. However most fish will adjust to the PH if you just leave it alone. If you add some type of chemical to lower the PH, after a few days that PH will rise again. You add PH down once again. But it will continue to rise and this pattern will go on and on. Fish cannot handle that. If you leave the PH where it is, the fish will adjust and in most cases they are fine. You may find a fish species that maybe has a hard time adjusting and you may find certain fish that you can't keep alive. I keep all kinds of species and so far they all seem to do great. If you are breeding a certain fish that requires a lower PH, then you may have to lower the PH. There are some fish that just won't breed unless the ph is perfect.

For people who just like a bunch of different fish in their aquarium, don't worry about PH. I would say temperature is a bigger factor than the PH.

Most tropical fish like a temperature of 78 to 80 degrees. Goldfish like it cooler, more like 50's and 60's.

As far as how many fish to put into a newly set up tank, go slow. In a 10 gallon, do 3 or 4 small fish, 20 gallon, do 5 to 6, 30 gallon, do 6 to 7, 55 gallon 8 to 9, that is the general guideline. I've had several customers the past couple weeks go way overboard and they have lost most of their fish.

We only warn people about the problems of too many fish too soon because we want your tank to do great. Fish urinate ammonia. There is a bacteria that eats this urine but it takes at least 4 to 6 weeks for it to grow. If you put 20 fish in a brand 20 gallon tank, there is no beneficial bacteria. Over a period of a week, that urine builds. You will start to see the water turning cloudy and it may start to smell a bit. This is ammonia and without that good bacteria it just sits in your tank. It burns the gills of your fish and slowly begins to kill them. If you start with just a few fish, it takes a lot longer for the ammonia to build and the levels won't be as high. Your fish have a much better chance of surviving. So go easy on fish the first 4 to 6 weeks. Your fish will do much much better.

Pets A Plenty is located in the Blockbuster Video Plaza, Rte 281 Cortland, 753-9213. Open 7 days a week. We now have a website. WWW.PETSAPLENTY.BIZ. check it out. I post care sheets, coupons, new animal arrivals, contests and more. Any questions, email me at friskyy@hotmail.com

CALENDAR OF EVENTS

June 2 – Annual Fishing Derby
8:30-11am, Casterline Pond, Rt. 11, Homer. Youngsters 15 and younger are invited to test their fishing skills and win valuable prizes. Register throughout the derby. Sponsored by Cortland Youth Bureau, Izaak Walton League, Cortland County Federation of Sportsmen, and Homer Lions Club. For more information call the Youth Bureau at (607) 753-3021.

June 3 – Music in the Woods
1-3pm, Lime Hollow Visitor Center, 338 McLean Rd. Celebrate the beginning of summer with this multi-sensory event that brings the community together. Let the sound of music guide you along the trails of Lime Hollow. This event features local musicians playing various instruments on our trails. Held rain or shine! Members \$5 per person, non-members \$6 per person, children 3 and under - free. This event is made possible with funds from the New York State Cultural Resources Council. For more information call (607) 662-4632 or visit www.limehollow.org.

June 3 – Cruising to the Airfield
10am - 2pm, Cortland County Airport. Classic car cruise with live music, food, and a special "car cruise" from the airport and back for all participants. This event is open to all makes, models and years of automobiles. Sponsored by 7 Valley Street Rods. Net proceeds from events go to local charities.

June 6-16 – The Ladies Man (CRT)
A new farce written by Charles Morey, who "freely translated and adapted" it from the French play *Tailleur Pour Dames* by Georges Feydeau. This infectiously charming and zany farce takes place in Paris, where middle aged and recently married Dr. Hercule Molineaux tells "one tiny, little, hardly noticeable lie" to his beautiful young wife in order to hide an embarrassing

male "incompetence". The craziness begins when his ogre of a mother-in-law gets involved, not to mention an outrageously aggressive female patient, her overly jealous Prussian husband, a confused patient with an unfortunate speech impeding and two overly nosey servants, all running in and out of more slamming doors than realistic architecture should ever accommodate. For more information visit www.cortlandrep.org or call 1-800-427-6160.

June 8 – 1890 House Spring Gala
6-9pm, 1890 House, 37 Tompkins Street in Cortland. Experience an evening surrounded by brilliant stained glass, hand carved woodwork, shimmering chandeliers, and live music. Enjoy sumptuous hot and cold hors d'oeuvres, delectable desserts, fine wine, beer and other beverages. A Silent Auction of donated treasures will be held, and our popular 50/50 raffle will be awarded that evening. \$50 per guest, money raised goes directly to the operational costs for the Museum. Tickets can be purchased by calling the Museum at (607)756-7551. For more information call (607)756-7551, e-mail the1890house@gmail.com, or visit www.the1890house.org.

June 8-9 – Enfield School Playground Build
Friday June 8th 1-6 pm Saturday June 9th All Day Childcare and food provided Call Mary Cole at 607-274-2221 for more information and/or to register to volunteer

June 9 – Wild Food Walk
11am-1pm, Lime Hollow Nature Center, 338 McLean Road in Cortland. A two-hour exploration of edible wild plants guided by Peter Harrity and Tess Ruswick of the Lime Hollow Nature Center. Followed by a wild food tasting. Free. (Donation encouraged to cover food cost.) Register at sustainablecortland@gmail.com. For more information call (607)232-1618, e-mail sustainablecortland@gmail.com or visit sustainablecortland.org.

June 11 – Dryden Seniors to Meet
There will NOT be a Senior Lunch on Monday, May 28 due to Memorial Day. Our last Senior Lunch for the spring will be on June 11, 2012. There will be NO lunches in July and August. Our first lunch in the fall will be Monday, September 10. The Dryden Senior Citizens will meet on Monday, June 11, 2012 at the Dryden Fire Hall. Lunch is served at 12:15 pm with announcements starting at 11:45 am. Please bring your own table service. The meal cost for members is \$6.00 and \$8.00 for non-members. The menu will be BBQ chicken, baked beans, salt potatoes, macaroni salad, and ice cream sundaes. Entertainment to be announced. Are you new to the area? Want to join a great group? Then consider joining the Dryden Senior Citizens for only \$5.00 a year. Anyone over 55 may join our group. We have great programs, wonderful fellowship, and bus

June 15-16 – 2012 Garden Tour "What's Blooming"
Skaneateles Garden Club welcomes you to join us for our 2012 Garden Tour "What's Blooming" in and around the village of Skaneateles. Tour dates are June 15 and 16 from 10:00 AM to 4:00 PM on both days. The tour will offer a wide variety of gardens, both large and small, each with its own unique features and a great variety of flowers and trees. We would love to have you join us to view seven beautiful gardens. There will be a luncheon held at The Skaneateles Country Club on Friday only from 11:30 - 1:30. Advance sale tickets for the tour can be purchased until June 1st for \$18.00. The tickets will be \$20.00 after June 1st. Tickets for the luncheon will be \$20.00 seating is limited so get your tickets early! Tickets can be purchased the day of the event for the tour only at each garden site. Tickets can also be purchased at The Austin Park Pavilion located at 1 East Austin Street. It is recommended that you wear comfortable shoes, preferably no highheels and no strollers will be permitted on the lawns. To purchase tickets please write to: Skaneateles Garden Club, P.O. Box 96, Skaneateles, NY 13152. For additional information, you can visit our website skaneatelesgardenclub.com or Facebook page "Skaneateles Garden Club" or call Rose at 315 685 - 3943. Rain or shine, Hope to see you there!


June 16 – Craft Fair/Flea Market
8-3 at the Varna Community Center (943 Dryden Rd./Rte. 366). Tables \$10 each or 3 for \$25. To rent tables, e-mail Susan Simmons; sasrvcs121@yahoo.com

June 16 – St. Anthony's Festival
St. Anthony's Festival 50 Pomeroy St. Cortland NY 4 - 7 PM Spaghetti Dinner 5:30 PM Traditional Italian Mass 7:00-9:30 PM Tribal Revival Band, Silent Auction, Themed Basket Raffle, Italian Novelties for Sale, Italian & Ethnic Foods 9:30 PM Fireworks sponsored by The Green Arch and McNeil & Co. Insurance and Risk Services

June 17 – Father's Day 5K Run
9am, Lime Hollow. A 6-Pack Race. Pre-registration \$17, youth \$12. At race registration \$20, youth \$15. For more information, call (607)756-2893, e-mail peggy@cortlandymca.org, or visit www.cortlandymca.org/YMCARuns.htm.

August 2-4 – Joyce Myers' Conference
The women from Christian Assembly of God are attending the Joyce Myers' conference, August 2-4, 2012 in Hershey, PA. The actual event is free. They have chartered a bus and reserved a block of rooms at a very good price. They are opening up the bus and rooms to other women who would like to go. The bus is \$60 per person round trip and will be shuttling us to the event and back to the hotel. It will be stopping on the way down so women can buy their lunch and also on the way home it will be stopping for them to buy a meal. The 1st deposit of \$30 is due by May 30th and the 2nd is due June 30th. The hotel is 4 to a room. \$25.00 each lady per night for a total of \$50 each this includes all fees and is due by July 29th. There is a full continental breakfast, included in the cost of the room. There is an indoor pool & gym. Each room comes with micro, fridge and internet wi-fi. There are 3 reasonable restaurants adjacent to the hotel or you can bring your own food if you want to save money. Please call or email Sheila Eibert to reserve your spot as soon as possible as seats on the bus are going quickly. supergrandma744@verizon.net 607-345-6280. Checks are made payable to Christian Assembly of God and in the memo put conference.

August 20-24 – Environmental Exploration Days Summer Program
Clean lakes and streams, dramatic gorges and waterfalls, fertile soils and rich diversity of natural communities make the Ithaca area a healthy (and fun!) place to live. Environmental Exploration Days is a five day program designed to open up new opportunities for youth, 11-13 years old going into 6th, 7th or 8th grades, who enjoy the area's unique natural beauty. You will visit cool sites, organizations, make new friends and find out what environmental opportunities there are to get involved. You will spend each day at a different location taking part in hands-on activities, getting wet, and taking fun hikes. For more information, please visit our web site at: <http://ccetompkins.org/4h/camps/environmental-exploration-days> Registrations due August 13, 2012.




CORTLAND COUNTY RABIES CLINICS FOR 2012

DAY	DATE	LOCATION	PLACE	TIMES
Monday	6/4	Armory	Wheeler Ave.	7-9 pm
Tuesday	6/5	Harford	Fire Dept.	7-9 pm
Wednesday	6/6	Cincinnatus	Fire Dept.	7-9 pm
Thursday	6/7	Marathon	Fire Dept.	7-9 pm
Friday	6/8	Virgil	Fire Dept.	7-9 pm
Monday	6/11	C.O.B.	60 Central Ave.	7-9 pm
Tuesday	6/12	McGraw	Fire Dept.	7-9 pm
Wednesday	6/13	Homer	Community Bldg.	7-9 pm
Thursday	6/14	Cortlandville	Fire Station	7-9 pm
Friday	6/15	Truxton	Fire Dept.	7-9 pm
Monday	7/16	Armory	Wheeler Ave.	7-9 pm

- **BRING PRIOR PROOF OF VACCINATION**
- **ONLY CATS, DOGS and FERRETS 3 MONTHS OR OLDER**
- **CATS & DOGS LAST VACCINATED IN 2009 or HAD THEIR FIRST AND ONLY VACCINATION IN 2011**
- **FERRETS MUST BE VACCINATED ANNUALLY**
- **ALL ANIMALS MUST BE ON A LEASH OR CAGED**
- **NO CHILDREN, PLEASE!**
- **IF ADDITIONAL INFORMATION IS REQUIRED, PLEASE CALL 607-753-5035**

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PUZZLES & GAMES

WORD FIND

Find the 'Dairy' related words below! Can you find them all? Good luck! Check our next edition for the solution!

b	c	i	h	l	b	y	m	a	r	l	s	c
y	d	e	t	o	a	u	m	t	a	p	u	b
b	m	u	i	c	l	a	c	g	l	r	u	s
r	o	c	r	b	e	s	u	h	d	d	e	e
m	e	z	i	r	u	e	t	s	a	p	r	n
r	o	t	c	a	r	t	r	e	s	y	c	m
d	e	e	u	n	a	e	t	u	i	i	k	c
a	c	d	s	u	d	s	m	e	n	n	l	e
i	n	e	e	e	d	m	r	r	r	a	i	o
r	y	n	h	w	e	d	a	r	a	p	m	s
y	a	r	r	r	h	h	e	e	b	f	t	r
o	h	s	w	o	c	e	c	r	e	a	m	s
s	l	c	e	n	c	r	y	m	o	o	a	h

- cows • dairy • barn • farmer • hay • milk • ice cream
 summer • tractor • butter • calcium • udder • pasteurize
 cheddar • curds • whey • guernsey • holstein • parade
 cream • manure • silo • moo • corn • oats • hay • bale • cheese

SUDOKU

It's easy to play Sudoku! Simply fill every column, row and 3x3 box so they contain every number between 1 and 9. Don't go too fast! The game is easy to play but difficult to master!

				6	3		7	4
	1				2	8		
			1					
				2		9		5
2								3
5		3		8				
					1			
			7	6				2
3	8		9	7				

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Please visit these fine establishments, a small selection of the hundreds of businesses that receive our papers, for a copy of The Cortland Area Tribune:

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 Valley View Gardens • Action Sports • Doug's Fish Fry
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 Main Street Downtown Homer • Back to Basics
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 Ithaca Wegman's • Rite Aid Dryden/Cortland
 Gregg's Market Marathon/Whitney Point • Dryden Agway
 Elite Dental • Pinckney Allstate Insurance Agency
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 Country Kitchen - Whitney Point • Country Kitchen II - Cortland
 Hope Lake Lodge • Tully Kinney Drugs • Triphammer Mall
 Dryden Agway • Piccadilly Lane Country & Primitive Store
 The Second Knob Gifts & Antiques

LAST EDITION'S PUZZLES

SUDOKU

9	5	2	6	1	7	4	8	3
3	4	6	5	9	8	2	1	7
7	8	1	4	3	2	6	5	9
1	6	9	7	2	5	8	3	4
2	7	4	3	8	1	5	9	6
5	3	8	9	6	4	7	2	1
6	2	7	1	5	9	3	4	8
4	9	5	8	7	3	1	6	2
8	1	3	2	4	6	9	7	5

WORD FIND

i	g	i	e	c	n	a	v	r	e	s	b	o	f	y
d	p	m	e	a	r	t	i	l	l	e	r	y	r	
i	i	c	i	g	c	m	a	e	n	e	s	d	r	
e	c	d	r	i	m	i	t	c	o	u	n	t	r	y
a	n	a	y	i	s	f	e	c	a	e	p	a	v	
m	i	a	m	s	i	t	o	i	r	t	a	p	u	a
e	c	r	o	f	r	i	a	e	r	r	v	c	g	n
r	a	v	l	e	r	c	t	r	a	c	s	y	u	r
i	f	a	r	o	s	e	m	d	y	o	a	e	e	a
c	g	l	n	e	v	m	e	r	l	d	n	s	f	m
a	c	o	o	t	c	e	s	d	n	e	f	e	d	a
f	h	r	a	w	h	t	i	o	r	m	t	r	i	
l	e	p	l	a	e	m	w	l	m	d	c	a	m	
h	s	a	d	o	r	r	m	r	u	e	r	u	a	h
e	r	e	s	f	t	y	s	e	e	r	o	f	e	n

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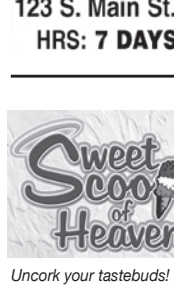
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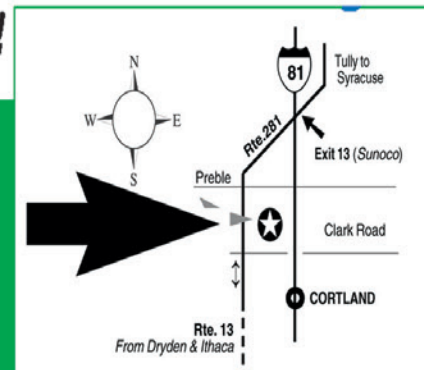
Open House Specials

Select	Select	Common	Common	Common
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\$325	\$275	\$325	\$300	\$275
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