

FREE

February 8-21, 2012

Valentine's Day Edition

FREE

THE CORTLAND AREA TRIBUNE

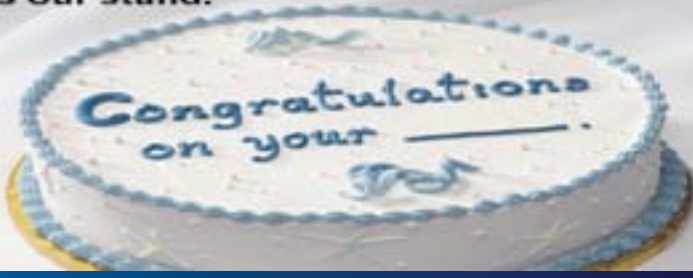
YOUR REGIONAL BI-WEEKLY COMMUNITY NEWSPAPER
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Do You Know Where This Is?
SEE PAGE 3 FOR CONTEST



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SEE PAGE 4 FOR SALES & EVENTS!

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WELCOME TO OUR VALENTINE'S DAY EDITION

The Cortland Area Tribune, nicknamed The CAT is published and distributed every other Wednesday. Look for it at 100's of area businesses in Cortland, Dryden, Groton, Homer, Marathon, Moravia, Ithaca, Tully & LaFayette.. Here's some upcoming editions for you to look forward to!

February 22 – Senior Citizen & Home/Garden Show Guide Edition
(Deadline 2/17)

March 7 – Spring Antiques & St. Patrick's Day Edition
(Deadline 3/2)

March 21 – Home Improvement & Real Estate Edition
(Deadline 3/16)

April 4 – Spring Motorcycle/Car Car & Easter Edition
(Deadline 3/30)

April 18 – Prom & Golf Enthusiasts Edition
(Deadline 4/13)

CHECK OUT THE BUSINESS SERVICE GUIDE!

Easily accessible at the back of the paper! Growing with every Edition! Take this handy pull-out 4 page directory with you in your car and leave it in your glove box for quick reference! Area businesses are listed alphabetically by services. When you patronize the businesses listed in the directory, please tell them you saw them listed in The CAT! *Shop local and save gas!*

FREE HAPPY ADS!

Share a birthday or anniversary wish for free, include a photo! Email to tcatribune@gmail.com, or mail it to The CAT, P.O. Box 67, Dryden, NY 13053. Deadline is 6 pm on Friday, February 17th for the next Edition.

CORTLANDAREATRIBUNE.COM

Visit our newspaper online! Each issue is posted online, along with additional content we couldn't squeeze into the printed edition! Also find us on Facebook and Twitter (@tcatribune)!

ONLINE CLASSIFIEDS

Due to the increased amount of content we're putting into print these days, we've had to move our classifieds exclusively online. This allows for a wider audience and makes it easier to link to and share to spread the word. Email them to tcatribune@gmail.com or submit them online. Find the most recent on our home page and the rest at cortlandareatribune.com/classifieds/.

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COMMUNITY CALENDAR



February 10 – Full Moon Owl Prowl
 7-9 pm, Lime Hollow Center for Environment and Culture, 338 McLean Road in Cortland. Meet at the Visitor Center for an owl adventure. Learn facts about our feathered friends at our Live Owl Show before venturing out on Lime Hollow's owl prowling. If weather permits, bring snow shoes or rent a pair. Members free, non-members \$2. For more information visit www.limehollow.org, call (607) 662-4632, or e-mail info@limehollow.org.

February 10 – Aging Services Network Meeting
 The next Aging Services Network Meeting will take place on February 10 from 12-1, in Longview 's Auditorium, 1 Bella Vista Drive , Ithaca . Kevin Justian, Veteran Counselor, NYS Division of Veteran's Affairs, will be speaking on "Benefits and Services Available for Veterans with Long Term Care Needs." Feel free to bring

your lunch; beverages will be available. Aging Services Network meetings are open to people who work in the field of aging and anyone who has an interest in the topic. Please RSVP if you are planning to attend, by e-mailing Danielle Conte atdconte@tompkins-co.org or calling 274-5490.

February 12 – Pancake Breakfast
 8 – noon: Pancake Breakfast. Varna Community Center (943 Dryden Rd. /Rte. 366) Includes Pancakes, French Toast, Ham, Bacon, Sausage, Scrambled Eggs, Hash Brown Potatoes, Fresh Fruit, Breakfast Breads & Beverages. \$6.50 – Adults, \$6 – Seniors, \$5 – ages 5 – 12, under 5 free. 50/50 Raffle Tickets also available.

February 12 – Spaghetti Dinner Fundraiser
 Christian Assembly of God's, Women's Ministry, Because He First Loved Us, Spaghetti Dinner Fundraiser. Sunday, February 12th, 5-7 PM. 175

Port Watson St., Cortland, NY 13045. RSVP at <http://www.christianag.org> or 756-0076 by Feb. 10th. Eat in: Couples \$8.00, individuals \$5.00 and children 5 and under Free. ALL take-outs are \$5.00. Dinner includes beverage, salad, bread, spaghetti, 2 meatballs and dessert. Gluten free is available by reservation only. Walk-ins welcome.

February 13 – POSNC: Parents of Special Needs Children
 5:30-7:30pm Groton Elementary School (cafeteria), 516 Elm Street, Groton Meet other parents, make connections, share information and learn about resources at the next POSNC Support Group Meeting in Groton. Guest speaker from Challenge Industries. Free meal and childcare available. Please call Elizabeth Wolf at Cornell Cooperative Extension of Tompkins County, (607) 272-2292 or email ebw52@cornell.edu

let us know if you will join us for the meal, and to reserve a spot for childcare (space is limited!).

February 13 – Dryden Seniors to Meet
 The Dryden Senior Citizens will meet on Monday, February 13, 2012 at the Dryden Fire Hall. Lunch is served at 12:15 p.m. with announcements starting at 11:45 a.m. Please bring your own table service. The meal cost for members is \$6.00 and \$8.00 for non-members. The menu will be scalloped potatoes with ham, green beans, tossed salad, rolls and dessert (surprise). Our speaker will be Ben Williams. Are you new to the area? Want to join a great group? Then consider joining the Dryden Senior Citizens for only \$5.00 a year. Anyone over 55 can join our group. We have great programs, wonderful fellowship, and bus trips. Bring a friend to our next meeting.

February 14 – Cayuga Chimes Sweetheart Serenades
 Valentine's Day has become almost a national holiday – a day to recognize special people in your life, those nearest and dearest to your heart. Instead of giving just the standard Valentine gifts and cards this year, give your someone special something they will remember for a lifetime—a song! On February 14th, the Cayuga Chimes, a women's cappella chorus from Ithaca, will perform Sweetheart Serenades, sending quartets to locations of your choice to sing a song to your chosen sweethearts. Guys, gals, moms, dads, friends or your secret loved one. All are fair game! Recipients receive a Sweetheart Serenade, a card with a message from the giver, a small box of chocolates and a long-stemmed rose. If your loved one is not in the Ithaca area, no worries. The Cayuga Chimes will even sing

to your sweetheart by phone! To order your Sweetheart Serenade, call 607.738.1159, e-mail gebean@aol.com, or visit www.cayugachimes.org. Space is limited, so order today. Make this Valentine's Day a musically memorable one!

February 18 – Cayuga Chamber Orchestra
 8 pm, 19 Church Street in Cortland, (former United Community Church). Featuring two profoundly moving works: Olivier Messiaen's "Quartet for the End of Time" and Gabriel Faure's "Trio in D minor, op. 120." Tickets will be available at various local outlets and at the door. Anyone interested in contributing to this ongoing series may do so by sending your check with "CCO" in the memo line to the Cultural Council of Cortland County at 64 Main St, Suite 204, Cortland. For more information call (607) 745-6677.



HAVE A COMMUNITY EVENT TO SHARE?

Please send all pertinent information, including a date, location, time, price, and a brief description to us at tcatribune@gmail.com, and we'll be happy to help inform the public!

**FOR A COMPLETE LISTING OF UPCOMING EVENTS:
 CORTLANDAREATRIBUNE.COM
 TWITTER.COM/TCATRIBUNE**

MYSTERY PHOTO CONTEST



Answer from the Previous Edition:
 Virgil Methodist Church of Virgil, NY

MYSTERY PHOTO CONTEST!

Our mystery photos are old pictures of our area towns, businesses or landmarks. If you know where this edition's cover picture is - call 607-844-8228 or email tcatribune@gmail.com. Leave us your name, address & phone number along with your guess. If your guess is correct – your name is entered into our contest! A name is picked by random drawing & we print the winner's name in our next issue! All decisions are final. Businesses from around the area have generously donated a prize! Deadline for your guess is 6 pm on Friday, February 17th for this edition. By entering, you give us permission to print your name in our next issue.

Each contest generates hundreds of entries! No winner of last edition's contest. The winner from this issue will win a gift certificate from Piccadilly Lane Unique Primitive & Country Store located at 2634 Main Street in Whitney Point! *Enter your guess today!*

We are looking for old photos to stump our readers! Do you have an old photo we could use?! Please call us or email us – THANK YOU!

DO YOU KNOW WHERE THIS IS?

*See what you can WIN
 if you know WHERE this picture is!*



Something for everyone! Candle of the month is "Celtic Moon" for only \$10.99 – hand poured soy candle, burns clean and completely!

Not sure what to buy your sweetheart – everyone loves a gift certificate from Piccadilly and pick out a card at Piccadilly – always a perfect way to say what's in your heart!

Stop by for BUDDY WEEK – February 19-25. Established customer that brings in a new customer – established customer receives \$5 off one purchase price! New customer receives 25% off one item! A fun way to shop with a BUDDY!

How about hosting a "Piccadilly Party"? Invite some friends and receive a \$25 gift certificate – ask the Piccadilly ladies for details.

Mark your calendars - Thursday, March 29th – Piccadilly will host a new event featuring Wooden Photo Art Blocks! A unique way to display photos that are hidden in boxes or albums – remember, photos should be shared for all to see! Bring in your favorite photos and Waste Not Recycled Art will be available to transfer your photo onto a wooden block and turn your photo into a work of art! Check out wastenotrecycledart.com for more info.

Getting married?! Piccadilly offers a Bridal Registry?! Brides and grooms to be – stop by to register and your new home as newlyweds will reflect your own personalities!

Piccadilly is located on 2634 Main Street in Whitney Point. Hours: Monday, Tuesday & Friday 10-6, Wednesday 10-2, Thursday 10-7, Saturday 11-3 and occasionally open Sunday 11-3 – call ahead 1st. Questions or looking for something special - 607-692-7418 or email piccadillylane1@aol.com and now on facebook!



PICCADILLY LANE COUNTRY & PRIMITIVE STORE

PICCADILLY LANE COUNTRY AND PRIMITIVE Store is red-y for Valentine's Day! Start your shopping on Saturday, February 11 with Piccadilly's "NO BULL" CROCK SALE! All crocks are on sale with many sizes, shapes and colors to choose from! Join the fun and come see the "Piccadilly Ladies" in their NO BULL Hats!

For those last minute Valentine's Day shoppers – pop in on Tuesday, February 14th and take advantage of 25% off everything "red" in the store!

During the month of February save 25% off all baskets and 30% off rag dolls and bears! Sleds on the porch are 35% off – they make a nice accent corner piece in any room! Plus new at Piccadilly – stop by the 2nd Thursday every month for their BAG SALE! Fill a bag and receive 25% off everything in the bag! Several size bags to choose from! You decide!

All the 8 rooms, upstairs and down, are overflowing with new one of a kind merchandise and changes frequently! Choose from framed prints, furniture, linens, rugs, soy candles, cards, jewelry, swags, garlands, tin ware, signs, pottery, curtains and many more unique items. Plus some antiques to go along with any country decor!

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STATE THEATRE

FEB. 15 DAN SMALLS PRESENTS PINK FLOYD EXPERIENCE

FEB. 16 DAN SMALLS PRESENTS AND AEG BRING YOU DEMETRI MARTIN

FEB. 18 GATEWAY COMMONS CLASSICS SERIES PRESENTS STRINGFEVER! CO-PRESENTED BY LIGHT IN WINTER SPONS. BY BRIDGES CORNELL HEIGHTS & SCIARABBA WALKER

FEB. 19 THE TOMPKINS TRUST CO.'S FAMILY SERIES PRESENTS GALUMPHA CO-PRESENTED BY LIGHT IN WINTER SPONS. BY DEWITT MALL MERCHANTS IN SUPPORT OF IPEI

FEB. 23 DAN SMALLS PRESENTS COWBOY JUNKIES

MAR. 21 GATEWAY COMMONS CLASSICS SERIES PRESENTS GAELIC STORM SPON. BY CHEMUNG CANAL TRUST CO. & LECHASE CONST.

MAR. 31 DAN SMALLS PRESENTS • AN EVENING WITH LORETTA LYNN **JUST ADDED! ON SALE FRI 1/20!**

APR. 01 TOMPKINS TRUST COMPANY FAMILY SERIES PRESENTS CHARLOTTE'S WEB SPONS. BY WEGMANS AND ITHACA COMMUNITY CHILDCARE CENTER

TICKETS AVAILABLE AT:
STATE THEATRE BOX OFFICE, 105 W STATE ST
1-800-919-6272 • STATEOFITHACA.COM

CHILL-A-BRATION

SATURDAY, FEBRUARY 25, 2012

11 A.M UNTIL 4 P.M.

IN HISTORIC DOWNTOWN CORTLAND (MAIN STREET)

JOIN THE CORTLAND COUNTY'S FIFTH annual Chili Cook-Off and enjoy the winter treats and family fun sponsored by Downtown businesses and the Cortland Downtown Partnership.

DINE

Chili Cook-Off & Winter Tasting Tour - Sample seasonal cuisines and vote for this year's "Best Chili of Cortland County" while supplies last. Your vote decides who is the winner and enters you for the chance to win great prizes (See below for details). Voting ends at 3:30 P.M.

SHOP

Sales & Specials - Visit your favorite Downtown boutiques and retailers to take advantage of limited Chill-A-Bration sales. Visit at least 5 to enter to win prizes! (See below for details).

CELEBRATE

Family Fun Center - Entertain the whole family to Marketplace Mall for music, face-painting, clowning, and surprises!

Win Prizes! - Grand prize is a night at Greek Peak's Hope Lake Lodge and two passes to Cascades Indoor Waterpark! Runner-up is \$200 in gift certificates to your choice of Downtown businesses from the Scotsman Pennysaver! See terms & conditions on contest entry form. Chili Cook-Off and contest winners will be announced at the Marketplace Mall or Stone Lounge at 4 P.M.

General Admission Free

\$10 gets you a collectible Chill-A-Bration mug, event schedule, sample tour guide and sample tickets, contest entry form.

Chili & Winter Tasting Tour tickets available for pre-sale at 9 Main St. and Jodi's Hallmark & Trends starting Monday, February 6th.

Tickets for sale at 9 Main Street on the day of the event.

2012 Sponsors: Cortland Downtown Partnership, Historic Downtown Cortland, Hopko Designs, Greek Peak, Scotsman Pennysaver, CP Cash & Carry, Bernard's Custom Logo, Main St. Antiques (homer), Lunar Rabbit, Cornell Cooperative Extension: Family Fun & Resource Center, Cortland County Historian, The LGBT Resource Center/Substance Abuse Prevention Center, Crown City Rollerz, SUNY Cortland Greeks.

Contact for more Details: Cortland Downtown Partnership, 607-753-4928.



V & V FURNITURE FEBRUARY SPECIALS!

BEFORE YOU BUY NEW OR rent - check out V & V Furniture quality used furniture pieces. Stop in and browse at 113 Port Watson Street in Cortland, NY. Owner Bill Vogt is hosting a sale for the month of February on chairs for \$25, \$30 and \$40 each! Plus, an oak table 36" x 42" for only \$35 - regularly \$50. Bill has almost 25 years of experience in selling, buying furniture and offers good used Wooden Furniture for Retail. Conveniently located across the street from the Port Watson Street Hess Gas Station, V&V Furniture is has a variety of couches, recliners, chairs, dining rooms sets, hutches, chest of drawers, lamps, rockers, desks, bedroom sets



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A DAY IN THE LIFE OF A SHOP OWNER...

By Shana Karn, Co-Owner of The Second Knob Gifts & Antiques

11:01pm I am still awake despite having to be awake at 4:30am for our trip to Lancaster & Philadelphia. I have resorted to watching something on Lifetime Movie Network while lying in bed. My husband, Dan, is already sound asleep and I am somewhat jealous that he was able to fall asleep as soon as his head hit the pillow.

I am thinking about the upcoming weekend; we will visit three wholesalers and an antique shop tomorrow in the Lancaster area, spend the night at the Radisson Valley Forge and then spend two days at a gift show near Philadelphia. My mind is racing. I realize that I failed to drop today's deposit in the bank's night deposit drop box on the way home from work. I will have to do that first thing in the morning. I hope I remember. I also hope that I remember to pack my hairbrush.

4:25am WHAT is that noise? O.M.G.! It is my alarm. Ugh. Snooze button, where are you?

4:45am Holy cow, I just hit the snooze button; what is wrong with this alarm clock??? ...Wait a minute. Does that say 4:45am??? And, that noise isn't my alarm; it is my husband's cell phone. He is waking and handing it over to me without answering it. I "slide to answer" and, in as chipper a voice as I can manage (because I don't want him to know that I overslept) I say, "Hi Dad!"

I try to mentally calculate how much time I have to get dressed. Realistically, because my Dad is ALWAYS late, I figure I am safe in giving myself forty minutes.

4:55am Thankfully, I showered before bed last night and I simply have to get dressed and do my hair. But my teacup Yorkie, Bella, is at my feet as I am brushing my teeth; reminding me that she, too, has to pee...

5:00am I put Bella on her lead and turn on the Keurig. I start the dishwasher and scribble a quick note for my seventeen year old daughters. "I love you. I miss you already. Empty the dishwasher." I brew a hot cup of coffee and slowly sip it. For one quiet moment, all is right with the world.

6:00am My Dad is ALWAYS late. Have I already mentioned this? Finally, we are in the car and heading to...the bank. Yes, thankfully I remember that I want to put my deposit in the night drop box.

6:10am On Rte. 81 and heading south. Just three and a half hours and we will hit our first wholesaler.

7:30am Now that it is light outside, I can flip through the new issue of Smart Retailer and a few new catalogues. I really enjoy an article on social networking and marketing. This reminds me that I want to tweet on The Second Knob. From my cell phone, I tweet that we are on our way to Philly and Lancaster and tell our followers that new merchandise will be on the shelves next week. (By the way, you can follow The Second Knob on, either or both, Twitter and Facebook for updates and sneak peeks of new merchandise!)

9:00am I text my daughter Melanie who volunteered to watch the shop today. Thankfully, she replies to me and says that she is up and getting ready to head over there. I turn on my iPad and review merchandise that needs to be replenished and then I flip through several pieces of notebook paper, looking at special orders. I make mental notes of which items I need to pick-up and where.

9:38am I receive a text from Judi at The Cortland Area Tribune and she is checking to see where my ad and article for next week's issue are. I explain that I am on the road but will work on these items this evening.

11:15am We've finished shopping at our first stop and I am excited to have picked up more of my [current] favorite box sign "Behave! What happens today is on Facebook tomorrow!"

Two boxes and one bag are strategically packed in the car. I text Melanie to see how things are at the shop and am relieved to here that she is having a good day!

12:30pm We've just checked out at stop number two and we put one more box and three more bags in the car.

1:00pm Stop number three is unplanned because we didn't know this particular wholesaler would be open today. We leave with a few small antique purchases.

1:34pm We stop at In Grandma's Attic in Kinzer, PA to visit our friend, Patty. We pick-up a Fiesta gravy boat she's been holding for us and Dad hunts through the barn and store for more finds.

2:16pm I am excited to find a bright green train case at In Grandma's Attic. I consider how many displays will work using this cute, vintage piece of luggage...Oh the possibilities!

3:02pm We attempt to carefully pack another box, three covered aluminum cans, a hay hook, a green train case, ice tongs, two aluminum coffee pots, four vintage cookie cutters, an enamelware collander, two advertising tins and a few other items into the car. At this point, Dan and I joke that we do not have enough room for Dad. Dad, however, doesn't see the humor in this.

3:22pm As we head to our next stop, the GPS directs us along Lancaster County's twisting roads. As we drive toward a covered bridge, I ask my husband to stop so that I may take pictures. Ok...so, I didn't exactly "ask," rather I pointed to the side of the road and yelled, "Stop! Give me my camera." At this point, Dad began rummaging around the backseat searching for my camera bag.

3:26pm My camera in hand, I snap pictures of the bridge. Covered bridges are a favorite of mine. Next to me is a horse in a fenced pasture. I snap a few pictures of the horse and then find myself fascinated with the split rail fence and snap a few pictures of that. On the other side of the bridge is a huge old

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tree in front of a house. I like the tree swing hanging in the tree and my Dad and Dan order me to take pictures of the swing.

4:40pm. We stopped for a late lunch at an Amish restaurant and are back on the road, heading to our final [wholesale] warehouse. At the restaurant, I sampled (for dessert) Cracker Pudding (a pudding made with Saltine Crackers and coconut)...interesting. At some point between lunch and the our last wholesaler, I receive multiple texts from my daughter, Mandy, who is fervently scanning the Internet for puppies. Despite the fact that we have three small dogs, Mandy is positive we need a large dog and she forwards me picture after picture of lab and golden-doodle puppies.

5:54pm I call Melanie at the shop to see how her day went. She updates me on a couple of things and tells me her plans for the evening.

6:33pm Dan and I leave Dad waiting in line to pay for a cartful of merchandise and we attempt to make room in the car for our purchases. We unpack everything...three duffel bags, two large boxes, several bags and small boxes, a wagon, a camera bag just to repack it as carefully as possible and hopefully create some additional space for the purchases Dad is inside paying for...Thankfully, we will pick up a trailer tomorrow. Until that time, Dad will be very cramped in the backseat...

8:40pm We've already checked into our hotel and eaten dinner at Chumleys Sports Bar and Grill. We climb into our pajamas as soon as we get back to our room.

9:30pm Storage Wars in on TV. Dad is struggling to keep his eyes open. I've opened my laptop and am trying to figure out what to write for our article in the upcoming issue of the Cortland Area Tribune but Facebook steals my attention. My mind is so focused on shopping and displays and tomorrow's show that I can't seem to focus on anything else—even facebook and especially my article!

10:04pm I check my e-mail and register for a digital newsletter from Country Business. I download pictures from my camera to my laptop. I consider writing about them but I just don't have enough to say about my handful of photos. I ask myself what I can write that will be entertaining....

10:12pm Dan is snoring. Dad is snoring. I think, for a moment, that I would likely have a more restful night if I had my own room. I am still watching reruns of Storage Wars and trying to decide what to write.

10:18pm I am going to write about my day—not that it is an overly exciting day but it is an average travel day. Over the course of the last year, we've made numerous buying trips to this area. As we head into our second year (soon), a little of the newness and excitement has worn off but I am still enjoying these trips because I get to spend time with a couple of my favorite men! I still LOVE co-owning a shop but I, also, now fully realize just what co-owning a shop entails...

11:04am A wave of relief washes over me as I finish this article. It's been a busy day and we've accomplished a lot. I am so thankful to have my Husband and my Dad here with me. I am also thankful to have responsible and mature daughters who volunteer to help at the shop, and take care of the house and dogs while we travel. Now if only I can get some sleep before we head to the show at 7:30am...*Yawn* Oh no!! ...I forgot to pack my hairbrush.



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WE WOULD LIKE TO EXTEND a HUGE thank you to everyone that responded to our newsletter mailing and Holiday Tree fundraiser. Your donations are what keep our homeless pets comfy and safe!

Have a special pet that you want to memorialize? Pet Memorial Gifts are a special way to memorialize a cherished pet that has passed away and at the same time help give the homeless animals at the shelter a second chance at life. If you would like your pet's name and photo listed on our website Pet Memorial Page please send or bring your donation to the shelter at 879 McLean Road, Cortland NY 13045 and email your photo to: ccspca@cortlandspca.org. Photos are optional and we can include your name with your pet's name at your request. Please contact us at 607-753-9386 for more information or go to our website www.cortlandspca.org, look for "memorial" in the left side menu. Remember to check us out on Facebook!

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TOAD'S DINER OFFERS NEW BUFFET!

TOAD'S DINER RECENTLY ADDED A new all-you-can-eat self serve buffet – only \$4.95 for the soup and salad bar. Add the hot bar buffet for only \$2 more! Bring the whole family! On Friday nights – Toad's has a seafood buffet for only \$8.95. The new buffet is available from noon to 7:30pm.

Toad's Diner continues with its good reputation, and offers good food at reasonable prices. "I've kept popular items on the menu. The fish fry was a big draw, and I'll have chicken and biscuits again on Sundays. Since reopening in July 2011, owner Dave Perkins remains focused on working to re-establish the diner's good reputation and winning back his customer base. "Satisfaction is guaranteed," he says. He also encourages his customers' feedback; he wants to know how Toad's Diner is doing and what he can do to improve the diner. "If there are any complaints, customers should bring them right to me."

Dave has updated the menu to offer new items and has added breakfast, lunch and dinner specials and now the all new buffet.

Toad's Diner is open 8 a.m. to 8 p.m. daily and is closed on Wednesdays. Take-out orders can be placed all day by calling 607-844-5229. "So hop on down to Toad's!" Dave says. "Sorry, no frog's legs sold here!"

Starting a sound savings program isn't difficult, but it takes some thinking and, just like a marriage, commitment," said Allstate Regional Financial Services Leader Mike Wargo. "Whether a couple has just said their wedding vows or they are contemplating their financial future, Allstate has insurance and financial products available to ensure wedded bliss."

According to a survey by the Association of Bridal Consultants, more than 67% of newlyweds believe the most serious conflict in their first year of marriage is over money. This makes the job of an Allstate Personal Financial Representative that much more important. With the variety of savings and insurance vehicles available today, Allstate's financial professionals play an important role in helping newlyweds consider how they can build a foundation as they marry their financial lives together.

"Allstate Personal Financial Representatives work with customers to help them understand the benefits of keeping a happy marriage on the right financial track," said Mr. Wargo. "Banking services, life insurance, disability policies, and college savings plans are the types of products available to help prepare and protect you and your family. It is our responsibility to cultivate a deeper awareness of the products available and the protection benefits they provide."

With springtime wedding season quickly approaching, Allstate is offering the following five financial foundation tips to ensure your fairytale wedding comes true:

Build the money you'll want on hand for immediate and short-term needs – This money could be for a specific upcoming expense like a honeymoon or an education for your future children – anything you expect to pay for in the near future.

Set aside enough savings to serve as an emergency fund – This takes the role of basic financial protection in the event of a medical emergency, household catastrophe, job loss or other unforeseen expense. Financial professionals generally suggest saving the equivalent of three to six months of your household expenses as a rule of thumb.

Make a list of specific savings goals – This is important because you'll be able to match your goals to dollar amounts and track your progress toward meeting them. Your list might include the down payment on a home, four years of college tuition, a new car or simply a vacation.

Prepare a household budget – By preparing a budget you can examine the money that comes in and the money that goes out. You'll likely spot places where trimming your expenses can help you put money aside on a weekly or monthly basis.

Devise a savings strategy that maximizes your return – Check what bank accounts can offer the best interest rate, and make the most appropriate choices for your savings.

"Allstate has customer relationships that span decades," Wargo said. "During a major life event, such as walking down the aisle, it is important that you feel comfortable with the person who is helping you to address your financial needs. We welcome all couples planning their futures together to consider the financial protection and savings options that can be offered by their Allstate agent or Personal Financial Representative."

Contact SHIRLEY EIZEMBER, Exclusive ALLSTATE AGENT at the Pinckney Insurance Agency located at 41 Port Watson St Cortland, NY 13045..Ph 607-756-8505.

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MIKE'S FISH TANK TURTLE CARE

A LOT OF PEOPLE ASK me about turtle care. Water turtles and tortoises are quite different. Tortoises are mainly a land turtle. If you look at their feet, they are more like an elephant's foot. A water turtle has bebbed feet because they swim in water a lot.

Water turtles need a place to get out of the water, a heat lamp for sunning themselves, and in the Winter, a heater so the water does not get too cold. Day temps should be in the 80's and night temps 65 to 70 degrees. It's crucial that water turtles have a place to get out of the water so they can get dry. If not, they can get shell rot or shell fungus. It's important to have a true UVB bulb which simulates the rays of the sun. This will help keep the turtles shell hard. A true UVB bulb is always fluorescent. Screw in bulbs are mainly for heat. White or blue bulbs are for daytime and red or black are for night time.

Water turtles like insects or small fish, worms and many of the prepared turtle foods, such as dried crickets, dried worms, pellets, sticks or freeze dried foods. On the other hand, tortoises such as sulcatas, greek, red foot or russians like veggies and fruits. Feed dark leafy greens such as, romaine, escarole, red leaf, endive and also things like carrot, melon, squash, grapes and berries. The land turtles need a nice big tank with a dish of water for drinking For bedding you can use things like Zoo Meds repti bark, forest floor or even the reptile turf. They also make a prepared diet for tortoises. They come in a variety of shapes, colors and styles. The grassland diet by Zoo Med is great for sulcatas.

Again, a true UVB bulb is a must for tortoises. Some of these guys can live up to 60 years. You want to supply them with the UVB rays, so their shell will stay hard and the tortoise will stay healthy.

Same temperatures apply to the tortoises. It's probably a good idea to give your tortoise a warm bath once in awhile. It's good for their skin and shell. Add calcium powder to your turtles food a couple times a week. This will keep their shell nice and hard. There are foods such as collard greens which are high in calcium. Feed these often. Water turtles have to be 4 inches in diameter to be legal to sell in NY state.

Pets A Plenty is located in the Blockbuster Video Plaza, Rte 281 Cortland, 753-9213. Open 7 days a week. We now have a website. WWW.PETSAPLENTY.BIZ. check it out. I post care sheets, coupons, new animal arrivals, contests and more. Any questions, email me at frisky@hotmail.com

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CAN YOU BELIEVE IT, JANUARY has already passed and now Valentine's Day is right around the corner. Hi, my name is Hannah Baker and I am the Tompkins County Alternate Dairy Princess. Valentine's Day is quickly approaching, and now a day's everything seems so expensive and trying to plan everything can get stressful. Here is a delicious recipe to show your special someone how much you care that doesn't break the bank but most importantly provides the dairy you need. The Tompkins County Dairy Princess program is made possible through the support of the American Dairy Association and Dairy Council- the local planning and management organization funded by dairy farmer check off dollars.

Make the custard:

Stir together yolks in a small bowl. Whisk together sugar, cornstarch and salt in a small heavy saucepan. Slowly whisk in water and milk, then whisk until smooth. Bring to a boil over medium heat, whisking frequently as mixture begins to thicken. Remove from heat and gradually whisk about 1/2 cup milk mixture into yolks, then whisk yolk mixture into pan. Add lemon zest and juice and simmer, whisking constantly, 3 minutes. Remove from heat and whisk in butter until incorporated. Transfer custard to a metal bowl, then set bowl in a larger bowl of ice water and stir custard until cooled to room temperature. Cover surface with wax paper to prevent a skin from forming.

Make the topping:

Beat cream and confectioners sugar with an electric mixer until it just holds stiff peaks.

Assemble parfaits:

Reserve 2 teaspoons crumbs and 4 raspberries for garnishing all parfaits. Assemble one parfait in layers using a total of 1/4 cup plus 1 tablespoon custard, 1/4 cup raspberries, a rounded 1/4 cup crumbs and one fourth of whipped cream. Assemble 3 more parfaits, then top with reserved crumbs and raspberries. Serve parfaits at room temperature or chilled.

Make ahead: Assembled parfaits may be made 3 hours ahead and kept refrigerated, uncovered.

of stroke in women. Susanne Rautiainen, MSc and her associates evaluated data from 5,680 women with a history of heart disease and 31,035 with no history of the disease who participated in the Swedish Mammography Cohort. Food frequency questionnaires were analyzed for total antioxidant capacity (TAC), which is a measure of the free radical reducing capacity of all dietary antioxidants, including their synergistic effects. The cardiovascular disease-free subjects were followed for 11 years and those with a disease history for 9.6 years during which 1,322 strokes occurred among those without the disease, and 1,007 strokes occurred in the disease history group.

Fruits, vegetables, whole grains and tea were strong contributors to TAC levels. For women with no history of cardiovascular disease whose diets had a total antioxidant capacity that was among the top one-fifth of participants there was a 17 percent lower adjusted risk of stroke in comparison with those whose TAC was among the lowest fifth. They concluded that eating antioxidant-rich foods may reduce your risk of stroke by inhibiting oxidative stress and inflammation. This means people should eat more foods such as fruits and vegetables that contribute to total antioxidant capacity.

Nature's Sunshine Products has a whole arsenal of products for the heart. They include Alpha Lipoic Acid, Super Antioxidants, Carotenoid Blend, Co-Q10, Grapine, N-Acetyl Cysteine, Noni, Sunshine Heroes Whole Foods Antioxidant, Super ORAC, Super Trio and Thai-Go to name a few. There are also many other products for the heart including Hawthorn Berries, Capsicum, Magnesium Vitamin E, Cardio Assurance, HSII, Circulatory System Pack, Mega-Chel, Super Omega, Blood Pressurex, Evening Primrose Oil, Flax Seed Oil, Ginkgo & Hawthorn, Krill Oil, Lecithin, Nattozimes Plus, Solstic Cardio to name a few.

Then there is the aspect of heart health that involves the emotions with products like Keep Cool, Open Heart, Distress Remedy and Release It. There is a direct relationship with suppressing emotions and the physical heart. If you want more information please feel free to contact me.

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LEMON RASPBERRY PARFAITS

- 24 vanilla wafers
- 1 cup plain low-fat yogurt
- 1/2 cup chilled heavy cream
- 1/2 stick unsalted butter, melted
- 2 tablespoons confectioners sugar, for dusting
- 1/8 teaspoon salt
- 1 cup fresh or thawed frozen raspberries
- 3 large egg yolks
- 3/4 cup granulated sugar
- 2 tablespoons cornstarch
- 1/8 teaspoon salt
- 1/2 cup water
- 1/4 cup whole milk
- 1 1/2 teaspoons grated lemon zest
- 1/4 cup fresh lemon juice
- 1 tablespoon unsalted butter

Make the crumbs

Preheat oven to 350F with rack in middle. Coarsely crush vanilla wafers between sheets of plastic wrap with a rolling pin or bottom of a heavy skillet, then stir together with butter and salt in a bowl. Spread mixture on a baking sheet and toast in oven until lightly browned, about 5 minutes. Cool on sheet, then break up with a fork.

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WE ONLY HAVE ONE HEART unlike two eyes, two ears, two hands, two feet, two kidneys, two lungs and two adrenals. So it is vital to protect your one and only heart. It has been proven that those with a high antioxidant diet have fewer strokes. In an article published online on December 1, 2011 in Stroke: Journal of the American Heart Association, researchers from Sweden's Karolinska Institute report that consuming a diet that is rich in antioxidants such as vitamins C and E and the carotenoids is associated with a lower risk

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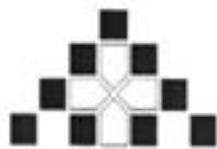
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By Carol L Hill - 12/28/07

*How did you ever know
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deeper passions than you
thought there'd be.
You came to me, battered
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abused. Shattered and torn;
tired and worn to the bone.
Lyrically challenged, striving
to find the words, to seek and
find the music you forgot, and
left behind.
I entered your realm with much
of the same; a past love to blame
for my own abuse and misuse.
Heaven in your "pad", to be with
you tonight, on the wings of
A dove I did take flight.
Gone and flying high above me
on the wings of the dove that
love me. Meant the world to me
to be with thee. On the wings of a
A dove was where I wanted to be
found in him; the lyrics that were
lost inside of me. Didn't let the burdens
of his past frighten me.
truing another page in our history, sweet
sweet song bird come home to me...
sing oh sing one again for me.*



PENCIL POINTS

Pencil Points are tips for residential design and planning issues often encountered by homeowners, builders and developers. This information is provided by Applied Design Research Associates as general interest based on current NYS Building Codes and is not intended as professional guidance for any specific project. For answers to specific design questions feel free to contact ADRA at (607) 844-4601 or consult the yellow pages under Architects for the name of other registered design professionals in your area. You can also write or email ADRA with additional questions to be researched and published in subsequent issues of this paper.

ADR Associates- P.O. Box 306, Freeville, NY 13068 adra@twny.rr.com

RESIDENTIAL SMOKE AND CARBON MONOXIDE DETECTORS

BUILDING REQUIREMENTS FOR RESIDENTIAL SMOKE, heat and carbon monoxide detectors have evolved over many years. Prior to 1984, there was no uniform Building Construction and Fire Safety Code in New York State. Only after the tragic MGM Grand Hotel fire in Las Vegas and the Stouffer's Inn fire in White Plains, NY just two weeks later in 1980 did State officials realize the importance of creating a comprehensive, statewide building code. Prior to that time, some municipalities had independent construction and fire safety codes while other communities had nothing. Smoke Detectors and alarm systems were absent in both fires resulting in the loss of 110 lives and injuries to more than 740 others. In 1984, New York introduced its first statewide Uniform Building and Fire Safety Code, which was subsequently updated over the years. In 2004, the State agreed to adopt the ICC National Building code (with modifications) which is now systematically updated every three years.

Residential Smoke Detectors

In 1984 although there was no State code mandate, homeowners began to install battery operated, stand alone smoke detectors in their homes in response to local housing codes. The individual units were better than no protection, however, they relied on battery power and small alarm buzzers to alert occupants in an emergency. If the battery failed or was missing, and the walls were thick, occupants in

adjacent rooms could not hear the alarm which limited the effectiveness of these units. The current national building code still acknowledges and approves the use of battery operated detectors in older buildings that have not undergone renovation upgrades. One recommendation is that smoke detector batteries be changed twice a year to coincide with resetting clocks during seasonal time adjustments.

In 2002, NYS Codes began to recommend that new homes be hardwired with interconnected smoke detection devices on a dedicated building circuit. Amanda's Law passed in early 2010 mandating that carbon monoxide detectors be placed in all one and two family homes as well as motel/hotels, dormitories and apartment buildings where fuel burning heating systems or appliances were installed. Interconnected detectors send out an alarm signal to all detectors in the home. If a detector activates in the basement, each occupant in their bedroom would also hear the alarm and take steps to evacuate the building. Hardwired smoke detection systems are also required in older homes that undergo renovations and/or additions where reasonable access is available to upgrade the older systems. Current code requirements for smoke detection systems are:

All residential systems shall comply with NFPA 72 and include audible alarms,

Smoke detector/alarms shall be installed in all bedrooms and sleeping areas (including recreation rooms where guests may sleep), outside each sleeping area in the immediate vicinity such as a hallway, at least one on each story and basement of the dwelling, excluding non-habitable spaces such as attics and crawlspaces,

Smoke detectors shall be placed on the ceiling or within 12" of the highest point of the ceiling when wall mounted but not less than 4" from the ridge or ceiling/wall interface, and not within 36" of an area subject to drafts such as HVAC registers or fans. Also detector locations should be at least 36" from a bathroom door, sauna, shower or similar space where high humidity is present,

The detection system shall be connected to an uninterruptable power source (not switched), usually free form other equipment and appliances that could over load the circuit and trip a breaker.

WHILE NOT A REQUIRMENT, the Architect also recommends placing detectors in areas of increased potential for a fire such as a mechanical heater room and near the kitchen. Kitchen areas will often be protected by a rate-of-rise or photo-electric detector in lieu of ionization smoke unit to minimize the frequency of false alarms due to smoke from normal cooking activities. Smoke detectors are not recommended for attics and unheated garages where temperatures can drop below 408F or exceed 1008F.

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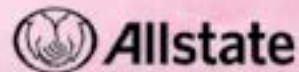
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- Cervical Cancer Screening (Pap Smear)

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Smoke detectors should be tested monthly and cleaned regularly (at least twice a year).

NFPA 72 mandates that smoke detectors be replaced every ten years to maintain highest efficacy of the system.

Carbon Monoxide Detectors

Carbon Monoxide is a colorless, odorless gas created during combustion of fossil fuels such as wood, coal, natural gas and propane. Properly maintained cooking and heating equipment give off very little carbon monoxide within acceptable limits of human tolerance. Except when initially heated during partial combustion, carbon monoxide (CO) is approximately the same weight as oxygen (O2) and will freely mix with other air in a room until it dissipates therefore placement of the CO detector can be at the ceiling, near the floor, or at eye level where the CO gauge can be most easily read. Common symptoms of carbon monoxide poisoning include headaches, light-headedness, shortness of breath, mild nausea, and dizziness. Some also experience whitening of skin below the finger nails. Prolonged exposure can bring on flu-like symptoms and lead to death.

Beginning in 2000, insurance underwriters and codes experts began to issue warnings about carbon monoxide exposure in residential dwellings followed shortly thereafter by retailers who offered battery type and plug-in carbon monoxide detectors. Carbon Monoxide detection standards first appeared in the 2007 NYS Residential Code (R313.4) with the following requirements:

Carbon Monoxide detection/alarm units are to be tested with audible alarms distinct and separate from the smoke detection system per UL 2034 and NFPA 720,

CO detection units shall be installed in each dwelling unit that contains solid-fuel heating equipment and any dwelling unit that has an attached garage,

CO detectors shall be interconnected and hardwired to an uninterruptable power source, except where stand alone CO detectors were previously approved,

CO detectors shall be installed on each level of a dwelling containing sleeping areas within 10 feet of those sleeping areas. Also, install CO units where solid-fuel heating equipment is located but NOT adjacent to the fuel source so as to minimize the potential for false alarms.

CO detection units are to be replaced every 5-6 years or sooner in accordance with detector manufacturer's instructions

The 2010 NYS Residential Code and Amanda's Law currently require that all combination smoke/CO detectors be interconnected and hardwired to an uninterruptable power source with battery back-up, except where stand alone

detectors were previously approved. CO alarms shall have a distinct and different audible sound than the smoke detection alarm.

February 12 – Darwin Days Family Day

When: 11:00 AM-3:00 PM. Where: Cornell Lab of Ornithology, 159 Sapsucker Woods Road, Ithaca Description: Specimens of Galapagos finches like the ones that inspired Darwin to develop the theory of evolution will be on display at the Cornell Lab Visitor Center and there will be a variety of family-oriented crafts and games. Admission: Free Contact: (800) 843-2473, www.birds.cornell.edu/events

February 18 – Scrappy Day for the YWCA of Cortland

Treat yourself to a day of scrapbooking, relaxation, fun and food, and help benefit the programs and services of the YWCA of Cortland.

Creative Memories instructors Corey Bliss and Meredith Wells are co-sponsoring a fundraiser for the YWCA. The event will be held Saturday, February 18 from 9am to 5 pm at the Homer Elks Lodge located at 82 Cortland Street in Homer. The cost is \$25 per person and includes table space and lunch. RSVP by February 10th to Kathy at the YWCA at 753-9651 or via email kathy@cortlandywca.org.

February 18 – Mid-Winter Flea Market

9 am - 3 pm. Varna Community Center; 943 Dryden Rd. (Rte. 366). Tables \$10 each or 3 for \$25. To reserve tables, e-mail Susan Simmons at sasrvcs121@yahoo.com or call 607-277-9325. Lunch available 11 am - 1:30; Homemade Soup, Chicken-n-Biscuits, Sandwiches, Brownies & Pies. Sale items include tools, jewelry, odds-n-ends, household items, antiques & collectibles and much, much more!

February 19 – Chicken BBQ

Jacksonville Community United Methodist Church will be having a Chicken BBQ on Sunday Feb. 19th starting at 11AM until gone. The dinner consist of 1/2 chicken, macaroni salad, baked beans, roll, cookie. \$8.00 for adult and \$5.00 for Children. It will be a drive thru or carry out. Located on Rte 96 between Ithaca and Trumansburg. There will be another BBQ on Sunday March 18 Don't miss out, write us on your calendar Hope to see you there.

February 23 – Soup and Sustenance Winter Reading Series

Sustainable Cortland will be hosting a series of book discussions entitled "Soup and Sustenance: Winter Reading Series." On February 23rd, the book will be Raising Elijah: Protecting our Children in an Age of Environmental Crisis by Sandra Steingraber. It will take place from 6-7:30pm at the Beard Building (9 Main St., Cortland). On March 29th, the book will be But Will the Planet Notice? How Smart Economics Can Save the World by Gernot Wagner. Same location and time. These events are free and open to all. Soup and bread will be provided. For more information contact Sara Watrous at sustainablecortland@gmail.com.

February 26 – Pam Poulin

Pam Poulin, soprano, & Steve Wilson, piano, will present a recital of musical theater numbers composed by Lutz Mayer, Sunday, February 26th at 3:00 PM at the Preble Congregational Church, across from the Preble Post Office (1953 Preble Rd; East at Flashing Light on Rte 281). Reception following at 4:00 PM. All welcome. 'Good Will Offering' for the Preble Children's Center.

March 2-4 – 2012 Spring Home & Garden Show

Friday 3-7 pm, Saturday 10-8 pm, Sunday 10-4 pm, TC3 College, Dryden. This year's show highlights 'Aging in Place' and 'Universal Design' for those who would rather live out their final years in their own home, by designing the changes to your home to accommodate your growing needs as you age. A great topic for today's aging baby boomers, folks with elderly parents, or caregivers for the disabled. Look for our TCBRA certified CAPS builders (CAPS = Certified Aging in Place Specialist). We have a special nationally known seminar guest speaker Esther Greenhouse offering a seminar Saturday... sign up early! Habitat for Humanity will do a presentation, seminars will be offered on the showroom floor, refreshments, new home builders, remodelers, log & timber companies, insurance companies, alternative energy companies (wind, solar, geothermal), pole barn specialists, appliances, green and energy efficient products, window & door companies... everything you need for today's homeowner under one roof! Tickets \$5 at the door. For more information or if you'd like to be a vendor, call (607) 749-2550, e-mail info@tcbra.com or visittcbra.com.

The Cortland Area Tribune

What People Are Saying...

Advertising with the Cortland Area Tribune has always been a pleasant experience. The artwork for the ads is always very nicely done and coordinates well with the season. Judy is a joy to work with.

*Nancy Richards
Cortland Self Storage
Cortland, NY*

I have been writing a column in the CAT since 2003. My customers love the column and some even cut it out and put it in a notebook. Many people tell me they read it also. It is good exposure and reasonable rates. Judy is a dear. I don't know how she can keep up with her hectic schedule. The graphic department does a wonderful job putting the ads together. I encourage people to advertise their items for sale as it is free. Not much is free these days so this a bonus.

*Diane Toombs
Cortland, NY*

Advertising in the CAT increased my coverage area from just Tompkins County to include Cortland County. This has increased my customer base substantially. An added bonus is that Judy Kilmer is a delight to work with.

*Karen Hewitt
Barnhouse Antiques
Lansing, NY*

Thank you for this opportunity to inform the public about our motorcycle organization. I would like to add that we received a few email inquires about our local chapter which I believe was a direct result of the article in your paper so I thank you for that...thank you for the generous offer [to advertise future events], I will be sure and take you up on that.

*Jan Aguirre
ABATE of Tompkins County
Secretary and Webmaster*

Thanks Judy for the ad you helped me tweak. It is just right, I knew you would understand my vision. It is always a pleasure to work with you and see my business ads in the CAT. I am pleasantly amazed when friends and relatives living downstate say they have seen my ad or an article I may have submitted. Good to do business with you.

*Kathy Beardsley
A Touch of Glass Antiques & Collectibles
Homer, NY*

The Cortland Tribune has been a big help to my business. The prices are excellent and Judy is very helpful. I always get a good response when I do an article. The graphic department does a really nice job on my ads too.

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*Michael Moffitt, Owner
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PUZZLES & GAMES

WORD FIND

Find the 'Wedding' & 'Super Bowl' related words below! Can you find them all? Good luck! Check our next edition for the solution!

a	r	b	d	i	p	u	c	s	g	t	a	y	f
u	r	e	n	n	i	d	a	o	e	p	m	l	r
k	e	l	d	m	e	w	r	b	a	s	o	h	d
i	a	o	s	s	i	t	d	m	e	w	u	e	e
s	d	v	s	n	l	m	p	t	e	g	r	n	t
s	w	e	e	t	h	e	a	r	t	s	r	i	b
s	r	d	n	n	r	l	s	d	y	u	c	t	c
t	r	u	e	l	o	v	e	a	r	e	a	n	o
s	m	o	o	c	h	a	m	p	a	g	n	e	r
t	t	r	o	m	r	v	i	s	u	i	d	l	b
f	a	h	g	e	a	n	a	m	r	u	y	a	e
i	c	o	s	o	k	r	s	e	b	e	k	v	e
g	s	t	w	o	r	r	a	o	e	m	o	r	o
c	g	n	o	i	s	s	a	p	f	l	c	s	o

pamper • truelove • romeo • poems • passion • paramour • flowers
dearest • champagne • beloved • beau • amour • gifts • sweetheart
candy • chocolates • love • dinner • dessert • wine • cupid • hug • kiss
hearts • card • arrow • valentine • red • pink • smooch • february

SUDOKU

It's easy to play Sudoku! Simply fill every column, row and 3x3 box so they contain every number between 1 and 9. Don't go too fast! The game is easy to play but difficult to master!

	8		3					
	9			7		6	1	
			1				5	9
							2	
		6	2		4	7		
	3							
8	4				9			
	1	9		2			3	
					5		6	

LOCAL DROP OFFS

Please visit these fine establishments, a small selection of the hundreds of businesses that receive our papers, for a copy of The Cortland Area Tribune:

- McLean Gas Station • Cortland Kmart • CNY Powersports
- Main Street in Downtown Cortland • The Marketplace Mall
- Doug's Powersports • Valley View Gardens • Action Sports
- Doug's Fish Fry • Pets-A-Plenty Pet Store • Ithaca TOPS
- Cortland TOPS • Riverside Plaza • Colonial Laundromat
- Ramada Inn • Main St. Downtown Homer • Back to Basics
- Natoli's Market • Dryden Food Market • Groton Hotel Groton
- Express Mart • Ithaca Wegman's • Rite Aid Dryden
- Gregg's Market Marathon • Dryden Agway
- Elite Dental • Pinckney Allstate Insurance Agency
- Tompkins Trust Company Banks • Toad's Diner
- Queen Diner Dryden • Gregg's Market Whitney Point
- Country Kitchen Whitney Point • Country Kitchen II Cortland
- Hope Lake Lodge • Gatherings Restaurant

LAST EDITION'S PUZZLES

SUDOKU

9	5	2	6	1	7	4	8	3
3	4	6	5	9	8	2	1	7
7	8	1	4	3	2	6	5	9
1	6	9	7	2	5	8	3	4
2	7	4	3	8	1	5	9	6
5	3	8	9	6	4	7	2	1
6	2	7	1	5	9	3	4	8
4	9	5	8	7	3	1	6	2
8	1	3	2	4	6	9	7	5

WORD FIND

g	s	h	c	s	n	i	k	s	g	i	p	b	e
a	a	r	e	w	o	h	s	l	a	d	i	r	b
c	s	r	o	o	i	v	e	i	l	q	k	i	r
h	e	r	t	v	t	p	o	t	u	a	r	d	i
u	r	e	h	e	a	r	s	a	l	e	b	e	n
r	u	k	t	h	r	f	r	e	n	n	d	s	g
c	t	c	h	b	t	a	g	w	a	e	m	s	
h	c	i	i	n	e	e	a	o	n	m	n	a	s
m	i	k	w	r	l	g	d	c	a	t	p	i	n
l	p	o	b	x	e	h	e	i	g	s	a	d	d
a	g	a	u	m	c	s	c	o	r	e	r	k	a
e	c	t	e	u	q	u	o	b	o	b	t	g	r
k	l	n	o	o	m	y	e	n	o	h	y	e	b
m	t	t	g	o	a	l	r	g	m	t	i	r	d


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ON THE CAT COMMUNITY COUPONS PAGE

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ON THE CAT COMMUNITY COUPONS PAGE

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jazzercise
It shows.

BUSINESS OWNER PHOTO CONTEST



DO YOU KNOW THIS LOCAL CONTRACTOR?

Welcome to our new contest! It was suggested by a local business to try a new contest - print pictures of local business owners when they were "younger" and see if anyone can recognize them! This contest can be entered the same as our famous cover photo contest. Email your guess to tcatribune@gmail.com or call 607-844-8228 and leave your name, address and phone number. If your guess is correct, you will be entered into the contest.

A name will be picked by random drawing and the winner's name will be printed in the next issue and they will win a gift certificate donated by a local business! Enjoy!



Last Issue's Business Owner Photo Contest

Answer

Brian R. Buttner, R.A. - President of Applied Design Research Associates Architecture, Planning and Interiors of 5 Main Street (P.O. Box 306) in Freeville, NY

No winner last issue

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