

FREE January 25 - February 7, 2012

Bridal, Super Bowl & Pre-Valentine's Day Edition

FREE

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WELCOME TO OUR BRIDAL, SUPER BOWL & PRE-VALENTINE'S DAY EDITION

The Cortland Area Tribune, nicknamed The CAT is published and distributed every other Wednesday. Look for it at 100's of area businesses in Cortland, Dryden, Groton, Homer, Marathon, Moravia, Ithaca, Tully & LaFayette.. Here's some upcoming editions for you to look forward to!

February 8 – Valentine's Day Edition (Deadline 2/3)

February 22 – Senior Citizen & Home/Garden Show Guide Edition (Deadline 2/17)

March 7 – Spring Antiques & St. Patrick's Day Edition (Deadline 3/2)

March 21 – Home Improvement & Real Estate Edition (Deadline 3/16)

April 4 – Spring Motorcycle/Car Car & Easter Edition (Deadline 3/30)

April 18 – Prom & Golf Enthusiasts Edition (Deadline 4/13)

CHECK OUT THE BUSINESS SERVICE GUIDE!

Easily accessible at the back of the paper! Growing with every Edition! Take this handy pull-out 4 page directory with you in your car and leave it in your glove box for quick reference! Area businesses are listed alphabetically by services. When you patronize the businesses listed in the directory, please tell them you saw them listed in The CAT! *Shop local and save gas!*

FREE HAPPY ADS!

Share a birthday or anniversary wish for free, include a photo! Email to tcatribune@gmail.com, or mail it to The CAT, P.O. Box 67, Dryden, NY 13053. Deadline is 6 pm on Friday, February 3rd for the next Edition.

CORTLANDAREATRIBUNE.COM

Visit our newspaper online! Each issue is posted online, along with additional content we couldn't squeeze into the printed edition! Also find us on Facebook and Twitter (@tcatribune)!

ONLINE CLASSIFIEDS

Due to the increased amount of content we're putting into print these days, we've had to move our classifieds exclusively online. This allows for a wider audience and makes it easier to link to and share to spread the word. Email them to tcatribune@gmail.com or submit them online. Find the most recent on our home page and the rest at cortlandareatribune.com/classifieds/.



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COMMUNITY CALENDAR



January 26 - Soup and Sustenance Winter Reading Series
Sustainable Cortland will be hosting a series of book discussions entitled "Soup and Sustenance: Winter Reading Series." The first will be a discussion on Joel Salatin's *Folks, This Ain't Normal: A Farmer's Advice for Happier Hens, Healthier People, and a Better World*. It will take place on Thursday, January 26, 2012 from 6-8 PM at the Beard Building (9 Main St., Cortland). On February 23rd, the book will be *Raising Elijah: Protecting our Children in an Age of Environmental Crisis* by Sandra Steingraber. On March 29th, the book will be *But Will the Planet Notice? How Smart Economics Can Save the World* by Gernot Wagner. Same location and time. These events are free and open to all. Soup and bread will be provided. For more information contact Sara Watrous at sustainablecortland@gmail.com.

January 27 - Winter Crop Meeting
Cornell Cooperative Extension offers its annual Winter Crop Meeting, on January 27th, at the Clarion Inn in Ithaca. This meeting provides a winter-time gathering and update of current topics for area dairy and field crop farmers. The day starts at 9 a.m. with a tradeshow of ag related and crop supply businesses. The program begins at 10 am. This year the theme of the meeting is Precision Agriculture: Putting information technology to work! Enhance production through management. Industry speakers will address using geo-positioning information from satellites to guide tractors and input applications, having success with even plant stands through adjustments of planting equipment, and putting the information package together for troubleshooting, diagnosis and management decisions.

DEC pesticide recertification and CCA credits have been requested. The cost is \$25, which includes lunch. Pre-registration is requested by Jan 20. Please call Janice Degni, Area Field Crops Specialist with questions or Sharon VanDeuson to pre-register at 753-5078. This meeting is presented by the Cornell Cooperative Extension South Central NY Dairy & Field Crops Team.

January 28 - Ithaca Waldorf School Early Childhood Open House
10AM to Noon - Puppet Show at 10:30AM! Ithaca Waldorf School Early Childhood Program First Presbyterian Church, 2nd Floor 315 North Cayuga Street (enter on Court Street) Free and open to the public!

January 28 - Bake Sale
Community Mennonite Fellowship at 290 Park Avenue in Corning, NY. Yard Sale - Bake Sale 10:30am-2pm (electric scooter,

skis, musical equipment, hunting gear, camera, toys, decorations, odds and ends, etc). Spaghetti Dinner 11am-2pm (\$6). Proceeds will help send a local team of youth and workers to Honduras to do repairs on a public school and do youth ministry. Questions? 607-962-0783

January 28 - Cornell Concert Series
JASON MORAN, with special guest DAVE HOLLAND Piano and bass, in an Evening at Barnes Hall Saturday, January 28, 2012 8 p.m. at Barnes Hall, Cornell University

January 28 - Chowder Buffet
4-7 pm. Varna Community Center; 943 Dryden Rd. (Rte. 366). Menu includes New England and Manhattan Clam Chowders, Chicken Corn Chowder, and Cheesy Potato Chowder, Tossed Salad, French Bread Cornbread, Applesauce, Cake & Beverage. \$7:50/Adults; \$4.50/Children (5-12); under 5 Free.

February 2 - SOLOS to Meet
Survivors Of a Loved One's Suicide support group provides a safe, supportive environment for you to talk about your lost loved one. The group meets every first Thursday of the month. The January meeting is Thursday, February 2 at 7:00pm at the office of the Cortland County Mental Health Association, at 25 Clinton Ave in Cortland. Please note the change in location. Please contact Erica at (607) 753-3021 ex 24 or Erica@cortland.org for more information. The group is facilitated by peers who have survived a loved one's suicide.

February 11 - 4th Annual Father-Daughter Dance
Come dressed up and ready for a fun filled evening of dancing, refreshments and memories! Your registration fee includes music, refreshments and a digital photo (emailed after the event) When: Saturday February 11, 2012

Where: Varna Community Center, 943 Dryden Rd. Time: 6:30-8:00 pm Cost: Advanced tickets are \$8.00/couple or \$10.00/couple at the door Ages: (4-12) Fathers, Grandfathers, Uncles, Step Fathers, and Legal Guardians Welcome! Attire: Fun and Formal Please pre register with The Town of Dryden Recreation Department.

February 12 - Spaghetti Dinner Fundraiser
Christian Assembly of God's, Women's Ministry, Because He First Loved Us, Spaghetti Dinner Fundraiser. Sunday, February 12th, 5-7 PM. 175 Port Watson St., Cortland, NY 13045. RSVP at <http://www.christianag.org> or 756-0076 by Feb. 10th. Eat in: Couples \$8.00, individuals \$5.00 and children 5 and under Free. ALL take-outs are \$5.00. Dinner includes beverage, salad, bread, spaghetti, 2 meatballs and dessert. Gluten free is available by reservation only. Walk-ins welcome.

HAVE A COMMUNITY EVENT TO SHARE?

Please send all pertinent information, including a date, location, time, price, and a brief description to us at tcatribune@gmail.com, and we'll be happy to help inform the public!



**FOR A COMPLETE LISTING OF UPCOMING EVENTS:
CORTLANDAREATRIBUNE.COM
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MYSTERY PHOTO CONTEST



Answer from the Previous Edition:
McGraw & Elliott Drug Store of 50 Main Street in Cortland

MYSTERY PHOTO CONTEST!

Our mystery photos are old pictures of our area towns, businesses or landmarks. If you know where this edition's cover picture is - call 607-844-8228 or email tcatribune@gmail.com. Leave us your name, address & phone number along with your guess. If your guess is correct - your name is entered into our contest! A name is picked by random drawing & we print the winner's name in our next issue! All decisions are final. Businesses from around the area have generously donated a prize! Deadline for your guess is 6 pm on Friday, February 3rd for this edition. By entering, you automatically give us permission to print your name in our next issue.

Each contest generates hundreds of entries! No winner of last edition's contest. The winner from this issue will win a gift certificate from Piccadilly Lane Unique Primitive & Country Store located at 2634 Main Street in Whitney Point! *Enter your guess today!*

We are looking for old photos to stump our readers! Do you have an old photo we could use?! Please call us or email us - THANK YOU!

DO YOU KNOW WHERE THIS IS?

See what you can WIN
if you know WHERE this picture is!



BALLARD'S TAXES

IT'S TAX SEASON! GATHER UP your W-2's, statements, receipts, etc. and stop in to see Joyce Ballard, owner of Ballard's Taxes. Looking for a knowledgeable, friendly and professional tax preparer - Joyce has been doing taxes and serving the Southern Tier and CNY area for over 35 years! Joyce is proud to introduce her new associate to Ballard's Taxes - her daughter, Jessica Maley! Joyce and Jessica both specialize in personal and business returns and are accepting new clients! E-filing is available! Questions - Email ballardstaxes@aol.com or call Joyce at 607-692-4594 or Jessica at 315-810-4108. Ballard's Tax Service is located at 2643 Main Street in Whitney Point, in the same building as Piccadilly Lane Country & Primitive Store and Point Travel. Walk-in's are welcome!



CAROL'S PHOTOGRAPHY & POEMS

"Love is a canvas furnished by Nature and embroidered by imagination." -Voltaire

WHAT A PERFECT QUOTE for a perfect month here at the Cat's Den! February is truly the month of love; be it old love or new and budding love somehow through all of life's many challenges we still are blessed with this silly little thing called love. Why not capture these moments with a couples session this year. Whether you are rekindling an old flame or igniting a new there is a photograph with your soul embedded into it and I'd like to be the one to capture the essence of that love. The entire month of February at the Cat's Den will be dedicated to love and the lovers that make the world go around, all couples session packages (including engagement sessions) are 10% off, and weddings booked by the 29th of February will receive a free leather album with your wedding package, and don't forget about the February drawing for a FREE Boudoir Session* one lucky individual or couple will win this fabulous package absolutely FREE.

In addition to a number of in-studio specials this coming month The Cat's Den will also be featuring local artist and painter Cinnamon Ann. Cinnamon is a native of the CNY region and a long time Cortland resident. Cinnamon's paintings are both rich and whimsical and each one embodies the essence of romance, passion and of course what else... love! If you are looking for a truly once in a life time artistic experience stop on down and take in the visual mastering's of love and romance that Cinnamon has created over the years; this show is sure to delight and warm the soul.

Carol Hill's Photography & Poems is open Monday, Tuesday, Thursday, and Friday evenings 4:00pm-9:00pm for sessions by appointment and every other Saturday and Sunday 9-4pm appointment or walk-ins welcome. It is advisable to call ahead as many sessions are on- location and the gallery may be closed. Carol Hill's Photography & Poems offers military discounts daily and session specials can be found on the website monthly! To schedule an appointment Call 607-662-0036 or 607-342-7039, email carolhill@carolsmojo.com or visit them on the web at www.carolsmojo.com for online booking. Carol Hill's Photography & Poems is conveniently located at 37 Main St. Cortland NY lower level of The Beach House Mall.

*All entries for the monthly free sessions must be made in studio and in person see in store flier for complete details.



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MIKE'S FISH TANK POPULAR REPTILES

THIS WEEK I WANT to talk about reptiles for beginners. While some species of reptiles are best left to keepers with some level of herp experience, the fact is the 3 named here are readily available, hardy, long-lived and easy to care for. Probably the most common reptilian pet is the bearded dragon. It fits the bill as perhaps the perfect cold blooded pet. Attaining reasonable average lengths of 16 to 20 inches means they are easily and safely handled by even young children and require only moderate size habitats. In fact bearded dragons are about as friendly as a reptile can be.

Next on the list would be the leopard gecko, second in popularity to the bearded dragons. The leopard gecko has the added benefit of its smaller size, maxing out at around 8 inches. This petite stature allows leopard geckos to be comfortably housed in pairs and trios in 15 to 20 gallon tanks. Leopard geckos are bred in massive numbers by breeders all over the world, resulting in a huge surge of exciting color and pattern morphs. Albino, patternless, and striped are but a few. It's easy to see why leopard gecko keepers often become leopard gecko collectors. Also leopard geckos are more active at night so you do not have to worry about UVB lighting with them. One of the newest hot herps to hit the pet scene are the crested geckos of New Caledonia. These geckos once thought extinct are now as commonplace and popular as any of the other herps mentioned. Crested geckos reach adult sizes similar to that of a leopard gecko. They range in color from cream to orange to bright red, with many color and pattern variations available. Crested geckos are popular for their outgoing and friendly personalities and for being easy to keep.

PetsAPlenty is located in the Blockbuster Video Plaza, Rte 281 Cortland, 753-9213. Open 7 days a week. We now have a website. WWW.PETSAPLENTY.BIZ. check it out. I post care sheets, coupons, new animal arrivals, contests and more. Any questions, email me at friskyy@hotmail.com

WHAT IS A HEALING RESPONSE?

THE FIRST THING YOU SHOULD know about changing your diet (which includes using dietary supplements) is that when the diet improves you may experience what is known as a "healing crisis". When the quality of the food coming into a body is of higher quality than the tissues that make up the body, the body begins to discard the lower grade materials to make room for the superior materials which it uses to make new and healthier cells.

A healing crisis happens only as the body is naturally cleansed through the use of correct body-building foods. It can be accelerated by fasting or semi-fasting. It happens only when the body has enough vitality to stand the shock. It is not life-threatening. It happens when a person feels the best and has lots of vitality and energy. It usually takes about 3 months of correct eating to bring about a healing crisis and lasts about 3 days, but it can be 3 hours, or, if you are recovering from a debilitating disease, it could be 3 months or 3 years. Sometimes when you eat correctly, the body picks off wastes a little at a time and no crisis is necessary.

When toxins are being more rapidly dumped into the system than they can be accommodated, a person may experience a number of symptoms which range from cold and flu symptoms such as headache, fever, and achiness, to skin rashes, bowel sluggishness or diarrhea, feelings of tiredness and weakness, disinclination to exercise, nervousness, irritability, negativity, depression, frequent urination or food cravings. Symptoms will vary according to the materials being discarded, the condition of the organs involved in the elimination and the amount of energy you have available. The more you rest and sleep when the symptoms are present, the milder they are and the more quickly they end. People who

have eaten better foods and have abused their bodies less with overeating will have reactions ranging from almost none or very mild to symptoms which may be uncomfortable or acute. Those who have poisoned themselves, with their habits will experience more severe symptoms, especially if their liver, kidneys, or other important eliminative organs have been damaged.

Welcome a healing crisis. Realize that your body is becoming younger and healthier every day because you are throwing off wastes that eventually would have brought pain, disease and suffering. Those who have the worst symptoms and follow through to their successful completion are avoiding some of the worst diseases which eventually would have developed had they continued careless eating habits.

So when you call your health counselor about an uncomfortable symptom you are having, don't be too surprised if we say "Wonderful, you are having a healing response. The herbs are working!" Resting, drinking plenty of fresh water to carry off toxins, eating less food or eating cleansing foods and continuing the herbs (perhaps in a lesser dosage) to keep momentum going is generally the best advice for riding out a healing crisis.

Many have also had great success in helping to avoid a healing crisis by combining their herbal program, healthy eating with detox foot spa treatments. For more information just contact me.



Diane L. Toombs, CNHC
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The information in this article is for educational purposes only and is not meant for diagnosing or prescribing.

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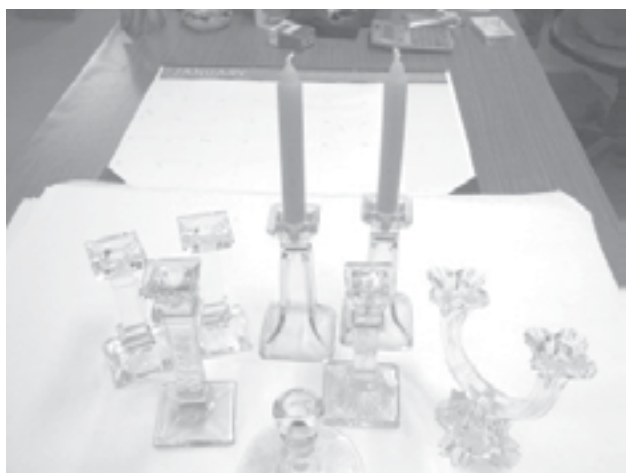
IF YOU ARE CURRENTLY PLANNING your wedding, has it occurred to you to shop in an antiques store to find the items that will make your shower or wedding unique and wonderful? If you are a fan of the style known as Shabby Chic, and want to incorporate this in your celebrations, then antique shops are treasure troves for you!

Most shops carry the vintage table linens, lacy handkerchiefs, floral motif teacups, crocheted doilies and table runners that give Shabby Chic its signature look. One can find a bounty of the perfect vases for your table décor. Inexpensive costume jewelry may be used to create and accent your centerpieces. For more ideas, just go online and google "Shabby Chic Weddings." Best of all, a little imagination will ensure your wedding will reflect your individuality, yet still be chic and inviting.

Antique shops are also great places to find the pieces to enhance other aspects of your wedding planning. A shower can have a tea party theme. Each guest gets to keep their own teacup and saucer as favors. Find the perfect gifts for your bridal party members. A vintage grooming kit is perfect for the groomsmen. Vintage cufflinks would also be a big hit. A single crystal candlestick would be a wonderful gift for a bridesmaid. It will be useful over her lifetime.

Promise yourself to visit some area antique shops and indulge in some fabulous fun as you shop for the perfect items to make your wedding unforgettable.

Karen Hewitt is the owner of Barn House Antiques, located at 308 Peruville Rd., Lansing. Open Tues.-Sat. 10-6. Sun. 12-5. Closed Monday. 607-533-8636.



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LADY BUG FLORIST & GIFTS

WHEN YOU WALK THROUGH THE front door of Lady Bug Florist & Gifts in Whitney Point you can't miss the huge decorated tree in the center of the store. Surrounding the tree is a vast variety of affordable gifts and of course flowers! Owner Mary Mesceda-Knoop is a Whitney Point native who has owned the store for 7 years. The store is open Monday 9am to noon, Tuesday - Friday 9-5 and Sat. 9-noon. Free bridal consultations are available by appointment at the bride's convenience by calling 607-692-2660 or 1-800-392-2660. You can also go online at www.ladybugfloristandgifts.com.

Mary and her staff specialize in all aspects of floral design including funerals, all occasion, weddings and Teleflora. Delivery is always available. Brides that have used Lady Bug Florist & Gifts say Mary goes "above and beyond." The friendly, helpful, and knowledgeable service goes without saying. If you need that special gift for someone, check out their selection of Willow Tree figurines, stationery, sun catchers, dish gardens, cookbooks, homemade tote bags, doilies, and many more home accents. They also carry Legacy greeting cards for that special occasion.

Mary loves her community and says she has "the best customers in the world"! Stop by Lady Bug Florist & Gifts located at 2586 Main St. in Whitney Point and as their motto states "You enter as a guest and leave as a friend".

Flowers done by the Designers at LADY BUG FLORIST & GIFTS.



THE SAND DOLLAR

AFTER 30 YEARS OF SELLING Avon, Terry Miller decided many of her customers would prefer to shop in a retail store, rather than order from a catalog & wait for 2 weeks or more for products. She also enjoyed creating her handmade jewelry & sport blankets, so she combined Avon plus her products and opened The Sand Dollar/ Avon and more, in a booth in the lobby of The Beach House on Main Street in downtown Cortland. 2 years ago, the opportunity came along for a store space on the lower level with much more display space, so Terry moved downstairs next to Sound City CD store. She is now hoping to show her friends and customers the many fine products she has on display. At present, she is open limited hours [Mon--Fri 3:00--6:00 pm] and Sat 11:00---5:00 pm, due to her first job, but the future is looking bright!! Questions please call 607-753-7109 or 607-758-7788.



WRIGHT'S UNIQUE GIFTS & MORE

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We also offer wide selections of unique gifts. Gifts range from fashion accessories, handmade and Cookie Lee jewelry. There are many new and one of a kind items each week. You will find that special gift for those special persons in your life.

Well come on down to the Marketplace Mall, Downtown Cortland at Wright's Unique Gifts & More. The Store hours are Monday-Wednesday 10 - 5:30, Thursday & Friday 10-6 and Saturday 10-2



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How about hosting a "Piccadilly Party"?! For a girl's night out (great idea for a bachelorette party!) - invite some friends over and receive 20% in sales credit towards merchandise in the store! And for every party booked from your party, you (or the bride-to-be) will receive 1 item at 40% off!

Be sure to mark your calendars and stop by on Thursday, March 29th - Piccadilly will host a new event - featuring Wooden Photo Art Blocks! Bring in your favorite photo and Waste Not Recycled Art will be available to transfer your photo onto a wooden block! This is such a new unique way to display photos that are hidden in the drawers or albums - remember, photos should be shared for all to see! Details to follow soon. Check out the website wastenotrecycledart.com for more info.

Looking to get away somewhere warm or want to book your honeymoon?! Stop in at Point Travel located in the same building or call them at 607-692-2334 to book your "Warm Weather" destination - an all inclusive cruise! Point Travel is also starting buses and group rates - call today for details! Or email pointtravel@aol.com

Piccadilly is located on 2634 Main Street in Whitney Point. Hours: Monday, Tuesday & Friday 10-6, Wednesday 10-2, Thursday 10-7, Saturday 11-3 and occasionally open Sunday 11-3 - call ahead 1st. Questions or looking for something special - 607-692-7418 or email piccadillylane1@aol.com and now on face book!



Bryan & Joelle Keibel
October 9, 2011



Carrie & Shawn Baylor
September 15, 2001

PICCADILLY LANE COUNTRY & PRIMITIVE STORE

THE LADIES AT PICCADILLY LANE Country and Primitive Store are gearing up for Valentine's Day and are ready to help you pick out that perfect gift. Ask the ladies at Piccadilly for advice - they have a beautiful array of jewelry and so much more!

Owner Joyce Ballard had remodeled last year and added three new rooms upstairs for more shopping pleasure. All the 8 rooms, upstairs and down, are overflowing with new one of a kind merchandise and changes frequently! When you enter you will be greeted a cheerful hello from one of the lovely ladies at Piccadilly and find their convenient, easy check out area! As always, there are framed prints, furniture, linens, rugs, soy candles, cards, jewelry, swags, garlands, tin ware, signs, pottery, and many more unique items. Plus some antiques to go along with the country decor! Something for everyone! Shop early for your sweetheart for Valentine's Day! Not sure what to buy - everyone love a gift certificate from Piccadilly! Cards are also available - the perfect way to say what's in your heart!

Getting married?! Want to decorate your new home with one of a kind unique items?! Did you know Piccadilly offers a Bridal Registry?! Brides and grooms to be - stop by and register and your new home as newlyweds will reflect your own personalities!

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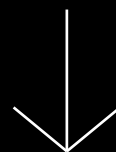
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Gary's also offers a variety of new name brand mattresses - some with a 15 year warranty in super pillow top or pocket coils. Choose from American Bedding - Easton, New Dimensional, Adams or Monroe to name a few. Choose from twin, full, queen or king sets - now on sale! Get that good night's rest you have been waiting for!

Getting married and want to save some money for the honeymoon?! - shop Gary's Furniture for all your furniture needs! Gary's has been in the furniture business for 17 years and his furniture is factory direct from North Carolina! Hey newlyweds to be - how about a new bedroom set?! Only \$849 includes the frame, stand, triple dresser mirror and chest!

Keep warm and save money on your gas or oil bill with an affordable electric PureHeat Infrared Heater! The Pure Heat heater heats up to 1000 square feet, 5000 BTU's and has a built in air purifier - 2 appliances in 1! Stop by for a demonstration!

Gary's also has a variety of gifts for your shopping convenience - including sheet sets, socks, watches, wallets, wall art, lamps and more!

Visit Gary's Furniture in Cortland at 1106 Route 222 in Groton Ave Plaza or in Lisle at 9011 Main Street. Both stores are open Tuesday thru Saturday from 11am to 5pm.

The super bowl is right around the corner - be ready for your guests with new updated beautiful furniture in every room from Gary's Furniture! Always shop early for best selection!

Questions - give Gary's a call in Cortland 607-753-0676 or in Lisle 607-692-7894.



12TH ANNUAL HOMER WINTERFEST

HOMER, NEW YORK. WITH THE arrival of winter, preparations are in full swing for the upcoming 12th annual Homer WinterFest in the village of Homer, NY.

Once again this year promises to be fun for the whole family. Locals and visitors alike will find a full slate of traditional activities and updated events. Look for WinterFest brochures at Phillips Free Library and many local merchants. Our website, www.homerwinterfest.org, continues to be the source of latest information on Homer WinterFest.

The action kicks off on Friday night (February 3rd) with the Homer Elks fish fry from 5:30 to 8. Returning this year: Homer Historian Martin Sweeney will take visitors on a walking tour of Homer's Haunted Past. Two tours are included this year due to the popularity of this event, at 5:00 and 7:00 at the Village Green bandstand, so arrive early. Warm up at the huge community bonfire sponsored by the Homer Fire Department. At 7:45 the skies will light up with the annual fireworks display brought to us this year by Little Big Shots. After the show come to the Homer American Legion for the community dance from 7-9.

The festival ramps up on Saturday morning (February 4th) starting with the firemen's pancake breakfast from 7-11 at the Community Building. The popular flea market at the Homer Senior Center runs all day from 9-4 and offers pizza, cinnamon buns and more. The Main Street parade starts at 10:15 am, and while on Main Street stop in at the Phillips Free Library annual book sale.

Bundle up the kids and bring them to the Homer Elementary School for the expanded children's events featuring Moreland the Magician at 11:30 and Wacky Chad at 2:00. The fun includes cupcake decorating with Frosted, crafts with Lime Hollow, games, fortune telling, pony rides, hot dogs, free popcorn, and much more.

Events on the Homer Village Green include free ice skating, hot refreshments by the Homer Youth Center, displays by Lime Hollow, and demonstrations by Cortland Youth Hockey at 11:30. Form a team with friends and enter the Human Dog Sled Race at 11:00, with categories for all ages.

Shop dozens of antique and craft vendors at the Homer Intermediate/Middle School from 9:30-4:40. Lianani's will offer hot and cold food and drinks, and Frosted Bakery will feature cupcakes. Brush the dust off your old antiques and have them professionally appraised for a small fee by Lee Benson or Tony Ferro at our "Antiques Road Show" from 11:30-2:30. Frank Hoxie and Greg Greene will be buying old gold and silver.

Food and drink are not in short supply at Homer

WinterFest on Saturday. Check out the Chicken BBQ at Heritage Realty and the pork/beef/ribs BBQ at the Center for the Arts parking lot. Taste and judge local chili at the HoBeau's Chili Cook-Off from 12:30 -2:00. Enjoy a Victorian Tea at the Brewster House from 1-3 or sample local wine and beer at the American Legion from 1-4.

Wind down your evening at the Homer Elks Clamfest from 4-8 (call about pre-sale clamfest tickets 607-749-4200).

Homer WinterFest Chair Eric Mulvihill says, "Once again this year the Winterfest Steering Committee has worked hard to put together a family and community minded event that looks to preserve the traditions of the past while looking to improve on what we offer. This winter has been off to a slow start, but rest assured Winterfest will carry on regardless of the weather. We can't wait to see our friends and neighbors once again this year, so grab a hat and a warm coat and head out to Homer for Winterfest".

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“EARLY BIRD” TICKETS AVAILABLE TO CRT’S MURDER MYSTERY DINNER THEATRE PRODUCTION OF “A WEE BIT O’ MURDER”

HOLY SAINT PATRICK ON A stick! Are you feeling the luck of the Irish? If so, the Cortland Repertory Theatre Guild invites you to an evening of great food, big laughs and a wee murder at their annual Murder Mystery Dinner Theatre. Four hysterical performances of “A Wee Bit O’ Murder” are scheduled: Friday, March 9, Saturday March 10 and then two weeks later on Friday, March 23 and Saturday, March 24. The dinner and show will be held at the Cortland Ramada Inn, 2 River Street in Cortland, near exit 11 off Route 81 in Cortland.

During those evenings, you and all the other leprechauns of Clover Union Local Number 7 will have your little tails in a spin because someone has stolen your pot of gold! The president of your local, Jimmy Jack Daniels O’Toole, is demanding that you get your wee bottoms over to the pub as fast as your little feet can go. If the Fellowship of Little Knickers finds out about this, you’ll all be turned into garden gnomes! The hilarious Acme Mystery Company from Syracuse will again perform this entertaining, interactive evening of suspense and laughter accompanied by a delicious buffet meal in the elegant surroundings of the Ramada Inn ballroom.

The show is suitable for all ages, and prizes are given to the top detectives who solved the mystery and also to the worst crime-solvers who completely miss the point!

Tickets are available at an “Early Bird” price of \$50.00 per person until February 1st, after which the price will be \$55.00 each. Ticket price includes a welcome reception with hors d’oeuvres at 6:30 pm, a cash bar, dinner and the performance beginning at 7:00. Tickets can be purchased at Jodie’s Hallmark on Main Street in Cortland, at the CRT Box Office, 37 Franklin Street in Cortland, or by phone by calling 800-427-6160. All proceeds benefit CRT Guild’s support of the theatre.

So shake off the winter doldrums and join in the blarney while supporting CRT’s fantastic Guild!



PENCIL POINTS

Pencil Points are tips for residential design and planning issues often encountered by homeowners, builders and developers. This information is provided by Applied Design Research Associates as general interest based on current NYS Building Codes and is not intended as professional guidance for any specific project. For answers to specific design questions feel free to contact ADRA at (607) 844-4601 or consult the yellow pages under Architects for the name of other registered design professionals in your area. You can also write or email ADRA with additional questions to be researched and published in subsequent issues of this paper.

ADR Associates- P.O. Box 306, Freeville, NY 13068 adra@twcny.rr.com

“POLE BARN” STRUCTURES- THEIR USES AND DESIGN CHALLENGES

OVER THE PAST EIGHTEEN YEARS, I have encountered a number of clients who sought guidance in constructing pole-style, enclosed structures for a number of different uses. Pole buildings offer many opportunities for the prospective owner,

including simplicity of erection, economic use of common building materials, moderate to large free-span interior spaces, short duration of construction, etc. However, with simplicity of the system also come limitations on how pole type structures can feasibly be erected and used.

The pole structure has been a basic building system for several centuries and is based on anchoring vertical pole supports to frost depth at regular intervals (6 feet to 12 feet) to form the perimeter framework of a structure. The rigid vertical poles transfer both roof and wall loads to the ground while also creating a rigid taproot support to resist lateral wind forces. This basic pole system continues to be extensively used for storage and agricultural buildings, both open and enclosed, to cover large areas for livestock, farm equipment and stored materials. The interior floor system can be gravel, concrete or tamped earth and is often installed independent of the building pole structure so it can seasonally float when frost migrates below the floor perimeter.

One of several challenges faced when altering a pole style structure for other more permanent uses is how the floor interfaces with the pole supports. Since the pole supports descend to frost depth, as determined by the local building inspector, they do not move during winter months. Similarly, concrete floor slabs installed in permanent buildings must have foundations and footings that extend to frost depth, or are designed as a frost-protected assembly to resist vertical movement caused by frost heave.

NYS Residential Code Section R403.1.4. All exterior footings shall extend to maximum depth of frost line and shall be placed at least 12” below undisturbed ground.. Exception: Frost-protected shallow footings constructed in accordance with Section R403.3 and footings and foundations erected on solid rock are not required to extend below the frost line. Frost-protected shallow footing assemblies are currently limited to one and two family residential buildings in New York State.

NYS Building Code Section 1805.2.1- Frost Protection Except where erected on solid rock or otherwise protected from frost, foundation walls, piers and other permanent supports of buildings and structures larger than 400 square feet in area or 10 feet in height shall extend below the frost line of the locality, and spread footings of adequate size shall be provided where necessary to properly distribute the load within the allowable load-bearing value of the soil. (1805.1) The minimum depth of footings below the undisturbed ground surface shall be 12” except where engineered and filled with suitable compacted gravel fill material.

Failure to integrate the pole and floor systems can result in numerous slab related problems during winter months including entrance/exit doors that bind, cold slab areas near perimeter walls of the building, buckled siding and cracked gypsum board where the slab pushes up against exterior wall materials, and cracks in the concrete slab that can affect floor finishes and watertight seal along the floor plane.

The permanent foundation around habitable, heated buildings must extend a minimum of 8” above the finished grade except where sidewalks, stoops or driveways lead to building entrances. The 8” foundation band shall be constructed of impervious concrete, masonry, stone or pressure-treated wood materials that can resist water penetration, rot, infestation and seasonal building movement.



MUSIC MAN D.J. SERVICE GIVE THE “MUSIC MAN” A CALL FOR YOUR NEXT EVENT

THE LIFE OF A MOBILE DJ is an exciting wonderful career. My name is Jerry Ladd and I started my DJ business called “The Music Man” 26 years ago. We can do any kind of party,

wedding or karaoke event. It started out as a part time job on the weekends, and is now a full time job. Generally I am doing 2 or 3 events each week. I employ 2 part time DJ’s to help me. I’ve always been a collector of music ever since the age of 13. I acquired 4,000 33rpm records and 12,000 45rpm records. Today I have over 6,000 CD’s in my collection. It only made sense to buy the DJ equipment I needed to start the “Music Man DJ Service”. It’s been great ever since. How many people can really say they love going to work and love their job? Well I do! Every day or party is totally different than the last one. Karaoke is a blast; you get singers who should be in Nashville, and some that should never sing except in their shower.

The DJ service extends to a 50 mile radius, and no party or wedding is too big or small. The key to this business is making people happy, dancing, and leaving the party saying what a great time they had. I grew up listening to the 1950’s 60’s, 70’s, 80’s, 90’s, and today’s music. This gives me a great advantage over the younger DJ’s that think they know all that music. With 2 DJ’s I have trained and know music we can do more than one party the same day. I update all my equipment every 2 years to keep up with the latest technology. The last thing you want to happen is your equipment to break down during a wedding or party.

My business has expanded to lap top computer with 28,000 songs on the hard drive. It is so handy, if someone asks for a song you can type in the song title or artist. When you see the song you curser down hit play and bingo the song is playing. What a time saver this is. I still carry 400-500 CD’s for old time sake, or emergencies. Weddings or parties can get expensive. I may charge \$250 for a party, and other DJ’s will charge \$650 for the exact same thing. I even played my nieces wedding in Maryland. I do not believe in overcharging people because some DJ companies believe they will never see these people again and that makes it ok. The day this job is no longer fun is the day I retire.

This has been such a rewarding career. There is nothing better than to see people happy, dancing, and forgetting their daily problems and jobs. We have 21 years experience doing Karaoke, doing 2-3 nights every week. Currently we have 55,000 songs on karaoke. We do have all our karaoke songs on hard drives on our laptop computers. That way we won’t have to carry karaoke CD’s anymore. Updating is very important. People want to sing the latest song as well as the old standards. Equipment today is smaller, lighter, with much better sound. Speakers have built in amplifiers with 450 watts of power each. Mixers, CD decks are smaller and lighter. Set up times are 20 minutes. I used to spend an hour setting up years ago. Karaoke has been a great part of my life being in Elmira, Auburn, Ithaca, Dryden, Cortland, and many other locations.

The “Music Man” has over 80,000 songs for regular parties. “I love to take requests” says Jerry. I am confident I will have the song requested or an alternate song. Some people love to give you a song just hoping you will never have it! So how does Jerry Ladd bring so much experience as a DJ and so many songs to a party? “I’ve always had a love for music,” says Jerry. I buy at least 20 CD’s every month to keep up with all the latest music. We get the same promotional CD’s as radio stations get, which contain the latest radio hits, rhythm, urban, and country hits.

Our DJ service also does the after-school programs at 5-6 schools in the area. We go into the school for 2 hours and let the kids sing karaoke. They have such a ball, and it is non stop karaoke the whole time we are there. At weddings I keep the music low so people can talk. Later on we can crank up the music when people are ready to party and dance. “I would rather have someone ask me to turn the music up rather than down.” Jerry says!

So if you’re searching for an experienced DJ to play your wedding, party, graduation, or karaoke event give the “Music Man DJ Service” a call at 607-844-3660. You can email us at mm64@twcny.rr.com, or try our new website: DJMUSICMAN.com, and see lists of the latest songs and wedding music. I also belong to the Better Business Bureau.

“I look forward to helping people plan their next wedding, party, or karaoke event,” says Jerry. Give us a call today! You will be surprised to see we have lowered wedding prices from last year. We want you to have a good time!



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AT GATHERINGS, WE ARE CREATING perfect weddings for a perfect start to your new life.

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by an arbor and ponds with waterfalls, offer an additional space for outdoor ceremonies, extended seating and cocktail receptions. As a perfect ending to your day, drive no further than to our adorable cabins which are equipped with heat, air-conditioning, cable TV, mini refrigerators, microwaves, coffee pot, full bath and sleeping accommodations for four.

For more information about customized menus and pricing, call 607-849-3580. Experience the wedding of your dreams at Gatherings!

WHAT ENGAGED COUPLES AND NEWLYWEDS SHOULD KNOW ABOUT PROTECTING THEIR ASSETS

ALLSTATE OFFERS NEWLYWEDS IDEAS FOR SAVING & PLANNING



WEDDING BELLS RING ABOUT 2.3 million times each year around the country, and June is the most popular month for tying the knot. As the big day approaches, most couples pour over details such as flower arrangements, seating assignments and life after marriage. However, most newlyweds probably haven't

thought through the next step—protecting their valuables before and after the big event.

For future brides and grooms and recent newlyweds, combining assets under one roof takes more than a moving van and space for all their belongings. Every couple planning to build a life together should take prudent actions to protect their gifts and good wishes soon to come.

Scheduling the Ring

A radiant diamond engagement ring glittering on the bride's finger isn't only an attractive symbol of a couple's new union; it's also a new asset that should be insured. Just as you would insure a new car before driving it off the lot, you should insure a new ring either before or just after it leaves the jewelry store.

Allstate encourages newly engaged couples to have rings scheduled for insurance coverage. Scheduling an engagement ring provides an opportunity for couples to secure a personal property endorsement for the full appraisal amount.

"This is one of the first steps future brides and grooms should think about," says Allstate New York spokesperson Krista Conte. "With everything else to plan for an upcoming wedding, it makes sense for future brides and grooms to protect their newest and probably their most meaningful asset."

Engaged Couples Endorsement

Scheduling an engagement ring for coverage is a convenience. Allstate insurance agents offer as part of a broader engaged couple's endorsement. This is a free endorsement for future and new brides who also carry Allstate condominium or renters

insurance. As wedding registry gifts pile up, couples should consider insurance protection for gifts that may sit unattended in boxes.

Once an Allstate agent is informed about a couple's engagement, the couple may receive coverage for up to 90 days following their wedding on gifts stored at home or at a storage facility within the same state. Allstate's engaged couples endorsement provides 100 percent coverage of the gift contents' covered loss value against potential theft and damage. Coverage's differ for those carrying Allstate homeowner's insurance.

Building for the Future

There are several factors all new couples should consider when planning their insurance protection. Couples need to decide whether to rent or own a home together, to use or store cars, and to keep, store or get rid of specific items. "Combining households and insurance policies calls for a detailed plan," Conte added. "Meeting with an insurance agent is important to make sure a couple's coverage needs are addressed and taken care of before and after the wedding."

The honeymoon period is never over for newlywed couples looking to secure their futures with proper insurance protection for their current and future holdings. With the pre- and post-wedding coverage options from Allstate Insurance, couples can afford to focus on other aspects of their new lives.

Contact SHIRLEY EIZEMBER, Exclusive ALLSTATE AGENT at the Pinckney Insurance Agency located at 41 Port Watson St Cortland, NY 13045...Ph 607-756-8505.

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Kenmore white 6.0 cu. ft. capacity electric dryer 02660022 Gas dryer priced higher.

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*Kenmore Elite® savings range 5%-25%. All other brands savings range 5%-10%. Exclusions apply. See below for exclusions. Offers good thru 2/4/12.

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September 4, 2004



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Randy & Ronda Strom Austion
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Daniel & Patricia Mones
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Jeff & Zora Eizember
November 19, 2011



Spike & Terri Marshall
March 8, 1980



Jen & Dan Conway
July 24, 2004



Vivian Cross & Gary Frink
September 17, 2011
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The Cortland Area Tribune

What People Are Saying...

Advertising with the Cortland Area Tribune has always been a pleasant experience. The artwork for the ads is always very nicely done and coordinates well with the season. Judy is a joy to work with.

*Nancy Richards
Cortland Self Storage
Cortland, NY*

I have been writing a column in the CAT since 2003. My customers love the column and some even cut it out and put it in a notebook. Many people tell me they read it also. It is good exposure and reasonable rates. Judy is a dear. I don't know how she can keep up with her hectic schedule. The graphic department does a wonderful job putting the ads together. I encourage people to advertise their items for sale as it is free. Not much is free these days so this a bonus.

*Diane Toombs
Cortland, NY*

Advertising in the CAT increased my coverage area from just Tompkins County to include Cortland County. This has increased my customer base substantially. An added bonus is that Judy Kilmer is a delight to work with.

*Karen Hewitt
Barnhouse Antiques
Lansing, NY*



Jeremy & Bobbi Jo Caldwell
September 1, 2007



Walter & Linda Wadsworth Priest
August 20, 1978



Joan Montgomery & Ronald Haynes
August 14, 2010
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William & Sarah Priest Edwards
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Carrie Jo Carmen & Eric Ramey
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CAT PUZZLES & GAMES

WORD FIND

Find the 'Wedding' & 'Super Bowl' related words below! Can you find them all? Good luck! Check our next edition for the solution!

g	s	h	c	s	n	i	k	s	g	i	p	b	e
a	a	r	e	w	o	h	s	l	a	d	i	r	b
c	s	r	o	o	i	v	e	i	l	q	k	i	r
h	e	r	t	v	t	p	o	t	u	a	r	d	i
u	r	e	h	e	a	r	s	a	l	e	b	e	n
r	u	k	t	h	r	f	r	e	n	n	d	s	g
c	t	c	h	b	t	a	g	w	a	e	m	s	
h	c	i	i	n	e	e	a	o	n	m	n	a	s
m	i	k	w	r	l	g	d	c	a	t	p	i	n
l	p	o	b	x	e	h	e	i	g	s	a	d	d
a	g	a	u	m	c	s	c	o	r	e	r	k	a
e	c	t	e	u	q	u	o	b	o	b	t	g	r
k	l	n	o	o	m	y	e	n	o	h	y	e	b
m	t	t	g	o	a	l	r	g	m	t	i	r	d

bride • groom • bouquet • vows • celebration • bridal shower
honeymoon • dance • party • favors • tux • gown • bridesmaid • best man
rehearsal • pictures • garter • veil • chapel • church • engagement
rings • touchdown • goal • quarterback • ball • kicker • pigskin • score

SUDOKU

It's easy to play Sudoku! Simply fill every column, row and 3x3 box so they contain every number between 1 and 9. Don't go too fast! The game is easy to play but difficult to master!

			6					
		6						7
		1		3			5	9
						8	3	4
	7		3		1		9	
5	3	8						
6	2			5		3		
4						1		
					6			

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- McLean Gas Station • Cortland Kmart • CNY Powersports
- Main Street in Downtown Cortland • The Marketplace Mall
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- Cortland TOPS • Riverside Plaza • Colonial Laundromat
- Ramada Inn • Main St. Downtown Homer • Back to Basics
- Natoli's Market • Dryden Food Market • Groton Hotel Groton
- Express Mart • Ithaca Wegman's • Rite Aid Dryden
- Gregg's Market Marathon • Dryden Agway
- Elite Dental • Pinckney Allstate Insurance Agency
- Tompkins Trust Company Banks • Toad's Diner
- Queen Diner Dryden • Gregg's Market Whitney Point
- Country Kitchen Whitney Point • Country Kitchen II Cortland
- Hope Lake Lodge • Gatherings Restaurant

LAST EDITION'S PUZZLES

SUDOKU

2	1	9	4	5	7	3	8	6
3	4	8	6	2	9	7	1	5
6	5	7	3	8	1	2	9	4
4	2	1	7	9	5	6	3	8
7	9	3	8	4	6	1	5	2
5	8	6	1	3	2	4	7	9
9	6	2	5	1	3	8	4	7
1	7	4	9	6	8	5	2	3
8	3	5	2	7	4	9	6	1

WORD FIND

c	i	t	u	e	p	a	r	e	h	t	l	a	e	h
i	o	n	c	n	g	e	a	y	t	t	s	l	m	
n	h	n	s	v	s	l	a	r	u	t	a	n	r	h
a	a	d	t	i	a	u	u	c	o	m	p	o	s	t
g	b	r	e	r	u	c	i	d	e	p	s	e	h	r
r	i	c	u	o	o	a	a	r	n	f	y	r	r	a
o	t	t	u	n	i	l	u	t	o	i	u	e	e	e
h	a	g	m	b	c	x	e	i	r	d	l	d	s	
n	t	a	h	e	i	l	n	a	a	o	c	a	u	u
o	m	a	c	n	p	u	p	t	x	y	n	x	c	e
l	g	r	a	t	i	f	y	y	c	t	r	u	e	r
a	i	m	a	s	s	a	g	e	n	e	r	g	y	e
s	a	o	c	o	l	e	r	e	p	m	a	p	n	a
o	l	r	p	r	n	e	v	e	p	i	e	o	e	
u	r	e	u	s	e	h	u	t	n	a	o	t	c	i



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BUSINESS OWNER PHOTO CONTEST



DO YOU KNOW WHO THESE LOCAL BUSINESS OWNERS ARE?



Last Issue's Business Owner Photo Contest

Answer
Spike & Terri Marshall - Owners of Tikki's Adult Boutique in Cortland

Winner
Darryl Henry of Cortland - Darryl won a gift certificate from Tikki's Adult Boutique located in Cortland.

Welcome to our new contest! It was suggested by a local business to try a new contest - print pictures of local business owners when they were "younger" and see if anyone can recognize them! This contest can be entered the same as our famous cover photo contest. Email your guess to tcatribune@gmail.com or call 607-844-8228 and leave your name, address and phone number. If your guess is correct, you will be entered into the contest.

A name will be picked by random drawing and the winner's name will be printed in the next issue and they will win a gift certificate donated by a local business! Enjoy!

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