

THE CORTLAND AREA TRIBUNE

YOUR REGIONAL BI-WEEKLY COMMUNITY NEWSPAPER
CORTLAND • ITHACA • DRYDEN • HOMER • GROTON • MARATHON • MORAVIA • TULLY • LAFAYETTE
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Piccadilly Lane

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Whitney Point, NY 13862
607-692-7418
piccadillylane1@aol.com

Furniture - Soy Blend Candles - Linens
Pottery - Tinware - Garlands - Garden Accents
Framed Prints - Berry & Flower Wreaths

JUMP START YOUR HOLIDAY SHOPPING

8 Rooms Packed with New Merchandise

Join us for **HOLIDAY OPEN HOUSE**
Sat, Nov 19th

Lots of Specials & Drawings! Refreshments!

Spend \$75 get a free gift!

Spend \$100 get 30% off one item!

25% off Salmon Falls Stoneware



Mon 11-3 Tues, Wed + Fri 10-6 Thurs 10-7 Sat 10-3 Sun Closed

A UNIQUE GIFT SHOP IS JUST AROUND THE CORNER...
Join us for our "Home Sweet Home Days" each Saturday before Christmas at

The Cinnamon Apple Cottage

REFRESHMENTS • SALES • DRAWINGS • GIFT CERTIFICATES
DELIGHTFUL SCENTS & GIFTS • ENCHANTING DECOR & ACCENTS

Collecting holiday recipes & memories for our first Cinnamon Apple Cottage Cookbook!

SHARE YOUR FAVORITES & RECEIVE SPECIAL "DOLLARS OFF" VOUCHER



Santa Arrives at Noon on Sunday Dec. 4

Framed Art - 10% Off

Recipes Wanted! (See article inside)

3797 Luker Rd. Cortland, NY • (607) 749-3130
(Opposite Builder's Best Do-It-Center)

Mon-Thurs 10-6, Fri 10-7, Sat 9-5, Closed Sun

Starting Sun. Dec. 4 to Dec. 18 11-4

Valley View Gardens Nursery
LANDSCAPE DESIGN & INSTALLATION

Service is our business!

Come In We're OPEN



MEDIUM TRUCK, FARM, OTR & LIGHT TRUCK

TOYO TIRES, Bridgestone, Firestone, General, Nankang

607-299-4355 -- 1804 US Rte. 13 Cortland, NY
parmenterinc.com -- Open Mon-Fri 7:30-5:00 & Sat 8-Noon

GARY'S FURNITURE

NEW AND USED

1106 Groton Ave. Plaza, Cortland

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Wed & Thurs 11 to 5, Fri 11 to 7, Sat 11 to 5

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607-692-7894

Wed, Thurs, Fri & Sat 11 to 5, Sun 11 to 3

LIVING ROOM SETS • DINING ROOM SETS • RECLINERS • BOX SPRING MATTRESS SETS

LARGE SELECTION OF RECLINERS



PURE HEAT INFRARED HEATERS

Factory Direct from North Carolina
NOW IN!
SLEEPERS
Twin Full Queen

WE HAVE A Gift for Everyone on Your List!

the Second Knob
Gifts & Antiques

"Like" Us on FACEBOOK for Sneak Peeks & Special Offers!

128 West Main Street in Dryden — 607-844-KNOB (5662)
thesecondknob.com

Join us on Saturday, Nov. 19th for our first Annual Holiday Open House!

We will have door prizes, refreshments and store specials!

We offer a large selection of primitive and country home decor merchandise/gifts and unique and affordable antiques and collectibles.

Open Tues-Sat from 10-6, with extended hours on Thurs until 9pm AND now thru Dec 18th, we are open on Sundays from 11-4.

Lady Bug Florist & Gifts

2586 Main St • Whitney Point, NY

OPEN HOUSE

NOVEMBER 19, 2011

9AM TO 1PM

30% DISCOUNT ON ALL GIFTS

(flowers not included)

(607) 692-2660 • 1-800-392-2660

ladybugfloristandgifts.com

Mon 8-Noon • Tues-Fri 9-5 • Sat 9-Noon

FOLLOW US ON FACEBOOK!

Call Us to Book Your Holiday Party at A1 Restaurant or Catered at Your Location

Greek • Italian • Steaks
Seafood • Pizza
Party & Banquet Facilities
Junior Size Portions



HAPPY THANKSGIVING
Closed Thanksgiving Day

We've Got Something For Everyone...

Fine Greek and Italian Cuisine

GIFT CERTIFICATES AVAILABLE

151 North St., Dryden • 4 Miles from Cortland

844-4466 • 844-9556



A-1 PIZZERIA COUPON

Buy 2 Dinner Entrees & Receive 50% Off Second Entree

UP TO A \$7 MAX ON 2ND ENTREE. LIMIT OF 2 COUPONS PER PARTY
EXPIRES 12/31/11. NOT VALID WITH ANY OTHER DISCOUNTS.



EAST END FLEA MARKET

Come See Us for All Your Holiday Needs

COINS, TOOLS, NASCAR, JEWELRY, CRAFTS, HOME DECORS, WINE BOTTLE HOLDERS, KNIVES, AIR GUN SUPPLIES & INDOOR AIR GUN RANGE

Located at 138 Elm Street in Cortland, NY

Call 607-283-9059 or 607-543-0220

Open Thurs, Fri & Sat 10am-6pm

(CLOSED THANKSGIVING DAY) Handicap Accessible

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- Lubrication
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- Exhaust
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(607) 347-4873

1834 Dryden Road, Freeville, NY

WELCOME TO OUR THANKSGIVING EDITION!

The Cortland Area Tribune, nicknamed The CAT is published and distributed every other Wednesday. Look for it at 100's of area businesses in Cortland, Dryden, Groton, Homer, Marathon, Moravia, Ithaca, Tully & LaFayette.. Here's some upcoming editions for you to look forward to!

November 30 – Winter Sports Enthusiasts & 'For Kids' Holiday Edition
(Deadline 11/25)

December 14 – Christmas Edition
(Deadline 12/9)

December 28 – Fitness & Health Edition
(Deadline 12/23)

January 11 – Go Green! 'Pamper Me' & Tax Time Edition
(Deadline 1/6)

January 25 – Bridal & Super Bowl Edition
(Deadline 1/20)

February 8 – Valentine's Day Edition
(Deadline 2/3)

February 22 – Senior Citizen & Home Show Guide Edition
(Deadline 2/17)

CHECK OUT THE BUSINESS SERVICE GUIDE!

Easily accessible at the back of the paper! Growing with every Edition! Take this handy pull-out 4 page directory with you in your car and leave it in your glove box for quick reference! Area businesses are listed alphabetically by services. When you patronize the businesses listed in the directory, please tell them you saw them listed in The CAT! *Shop local and save gas!*

HAVE SOMETHING TO SELL?

Take advantage of our FREE CAT CLASSIFIED ADS! Make some extra money – clean out that attic or garage! Free classifieds are for "articles for sale" or "garage sales" only, non-commercial, no real estate. Deadline is 6 pm on Friday, November 25th. Email your classified to tcatribune@gmail.com or use the mail-in form in this Edition. Only emailed, mailed or faxed classifieds accepted. Fax to 607-330-8012. *Remember your unwanted items may be someone else's treasures!*

FREE HAPPY ADS!

Share a birthday or anniversary wish for free, include a photo! Email to tcatribune@gmail.com, or mail it to The CAT, P.O. Box 67, Dryden, NY 13053. Deadline is 6 pm on Friday, November 25th for the next Edition.

CAT KITCHEN RECIPE CORNER!

Share your tasty recipe with our readers! To have your special recipe published, please email it to tcatribune@gmail.com or mail it to The CAT, PO Box 67, Dryden, NY 13053! Deadline is 6 pm on Friday, November 25th for the next Edition.

Join The Business Service Guide And Have YOUR BUSINESS Featured Here!

WELCOME NEW ADVERTISER:

FLEA MARKET

EAST END FLEA MARKET
138 Elm Street, Cortland
607.283.9059 607.543.0230
Thursday, Friday & Saturday 10am-6pm
Handicap Accessible

INCOME TAXES

BALLARD'S Tax Service
New clients & Walk In's Welcome.
We specialize in personal & business.
E-Filing Available
Serving all Southern Tier & CNY areas.
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2634 Main St., Whitney Point, NY
Joyce Ballard 607.692.4594 Jessica Maley 315.810.4108

eyewear plus

(607) 756-4159

1100 State Rt. 222
Groton Avenue Plaza • Cortland

Walter J. Kasperek, Optician / Owner

HAPPY THANKSGIVING Closed Nov. 23, 24 & 25

HOURS

Mon, Wed, Fri 9-5
Tues 9-6 • Thurs 9-7
Closed Saturdays

Gift Certificates Available



NAPA AUTO PARTS

NAPA Gift Certificates Make Great STOCKING STUFFERS!

Cortland • Dryden • Moravia • LaFayette
52 1/2 North St., Dryden, NY 844-8175
Stop In Today and Pick One Up!

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Sunday 8am-1pm

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They're Perfect!
They're Easy!
They're Always the Right Size!

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Dryden, NY 13053

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New clients & Walk In's Welcome.

We specialize in personal & business.

Serving all Southern Tier & CNY areas.

ballardstaxes@aol.com

2634 Main St., Whitney Point, NY
Joyce Ballard 607.692.4594 Jessica Maley 315.810.4108

The Cortland Area Tribune
P.O. Box 67 • Dryden, NY 13053
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e-mail: tcatribune@gmail.com

MasterCard VISA Accepted

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COMMUNITY CALENDAR



November 17 – Making Tracks: How the Railroads Helped People in New York
 Ulysses Philomathic Library. November 17th, 7:30 p.m. “Making Tracks: How the Railroads Helped People in New York” with Gene Enders

November 17 – Book Reading for Kids
 When: 3:30 PM

Where: Cornell Lab of Ornithology, Adelson Library (second floor), 159 Sapsucker Woods Road, Ithaca
 Title: The Tale of Pale Male: A True Story by Jeanette Winter
 Description: This true story about New York City’s most famous Red-tailed Hawk is also the story of people standing up for nature even in the heart of Manhattan. Interactive, hands-on activities follow the reading. Admission: Free Contact: (800) 843-2473, www.birds.cornell.edu/events

November 17-19 – Seussical: The Musical Presented by Cortland High Theatre
 The world of Dr. Seuss comes to life on stage as Cortland High Theatre presents

“Seussical: the Musical” at 7:30pm, November 17th, 18th & 19th in the Cortland High School Auditorium. This creative and light-hearted musical comedy combines the stories of the of the most beloved Seuss characters including Horton, Gertrude, Mayzie, the Whos and the Cat-in-the-Hat. Tickets are currently on sale at Jodi’s Halmark or can be purchased at the door.

November 19 – Thanksgiving Bake Sale
THANKSGIVING BAKE SALE by ST. ELIZABETH GUILD on Saturday, November 19th from 10:00 am to 1:00 pm at Grace Episcopal/Holy Spirit Lutheran Church, 13 Court Street, Cortland. Let the women of the Guild help you with your Holiday baking this year. Pies, Cakes, Quick Breads, Yeast Breads, and much more. Also for sale Christmas Ornaments and Stained Glass Window Note Cards. All proceeds to benefit Outreach Ministries of the church.

November 19 – Dan the Snake Man
 The Children’s Museum, McDonald Building, 60 Tompkins Street in Cortland. Dan’s show, which features many species of exotic reptiles, is created to educate people of all ages about reptiles. Through informative displays and up-close and personal interactions, the presentations help the audience better understand and appreciate the special nature of these animals and their importance to the environment. The audience is encouraged to view the reptiles, touch them and ask questions. Use the building’s rear entrance. Limited parking is available behind the building or on the street. For more information contact Emilie at (607) 753-5525 or Susan at (607) 753-2467 or e-mail childrensmuseum@cortland.edu.

November 20 – Free Community Thanksgiving Dinner
 1:00 PM Free to everyone in the Cortland Community

to join Christian Assembly of God, 175 Port Watson St., 607-756-0076 for a complete Thanksgiving Dinner with all the trimmings. You are also invited to join us at 10:30 am for our Thanksgiving worship service.

November 24 – Community Dish to Pass
 One Heart Community Drum will be sponsoring a Community Dish to Pass on Thursday Nov 24 at The Foundation of Light, 391 Turkey Hill Road. Drumming begins at 12 noon with dinner at 2:30 pm. Join us as we give thanks for all the goodness in our lives, our family, friends and community.

November 26 – Jacksonville Community United Methodist Church Holiday Bazaar & Craft Show
 9:00 AM to 3:00PM. Located on Rte 96 between Ithaca and Trumansburg . Shop in the Church and School house, Church Craft Boutique. Many New Crafters , Delicious Baked Goods, Wonderful Silent Auction, The Attic,

clothes and toys, homemade cinnamon buns. Great luncheon starting at 11:30 AM.

November 28 – Dryden Seniors to Meet
 The Dryden Senior Citizens will meet on Monday, November 28, 2011 at the Dryden Fire Hall. Lunch is served at 12:15 p.m. with announcements starting at 11:45 a.m. Please bring your own table service. The meal cost for members is \$6.00 and \$8.00 for non-members. The menu will be meatloaf, mashed potato, gravy, green beans, tossed salad, and brownies with vanilla or mint ice cream. Our entertainment will be Bob Lyna who will play the guitar and banjo. Are you new to the area? Want to join a great group? Then consider joining the Dryden Senior Citizens for only \$5.00 a year. Anyone over 55 can join our group. We have great programs, wonderful fellowship, and bus trips. Bring a friend to our next meeting.

December 2 & 3 – First Baptist Church of Marathon Clothing & Toy Drive
 First Baptist Church of Marathon is having a clothing and toy drive for our community this Christmas. We are in need of gently used, clean clothing, sizes infants to adults and any toys which are clean and in working condition. Any donations you have would be most welcome! You can bring the donations to First Baptist Church of Marathon on Monday nights from 6-8pm and Saturdays 11am-1pm. The days of the drive are December 2nd at 4:30-7pm and December 3rd at 10am-3pm. Everyone is welcome to come and pick up what they need! Thank you!

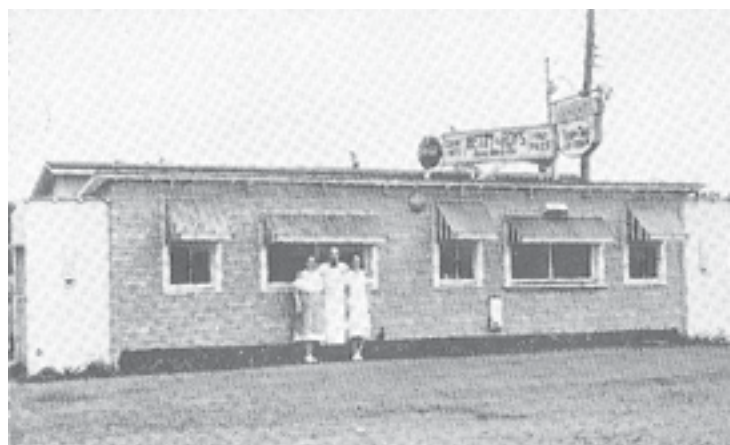
December 5 – Dish-to-Pass Dinner & Vocal Performance
 6:00 PM dish-to-pass DINNER & VOCAL PERFORMANCE at Fabius Historical Society, East of Tully on Rte. 80 at the Community Center (first white church on right).

**FOR A COMPLETE LISTING OF UPCOMING EVENTS:
 CORTLANDAREATribune.COM
 TWITTER.COM/TCATribune**

HAVE A COMMUNITY EVENT TO SHARE?
 Please send all pertinent information, including a date, location, time, price, and a brief description to us at tcatribune@gmail.com, and we’ll be happy to help inform the public!



MYSTERY PHOTO CONTEST



Answer from the Previous Edition:
 Betty & Roy’s Diner on Route 281, Cortland

MYSTERY PHOTO CONTEST!

Our mystery photos are old pictures of our area towns, businesses or landmarks. If you know where this edition’s cover picture is - call 607-844-8228 or email tcatribune@gmail.com. Leave us your name, address & phone number along with your guess. If your guess is correct – your name is entered into our contest! A name is picked by random drawing & we print the winner’s name in our next issue! All decisions are final. Businesses from around the area have generously donated a prize! Deadline for your guess is 6 pm on Friday, November 25th for this edition. By entering, you automatically give us permission to print your name in our next issue.

Each contest generates hundreds of entries! The winner of last edition’s contest is Carol Treacy. Carol won a gift certificate from Toads Diner located on Route 38 in Freeville! The winner of this issue will win a gift certificate from Piccadilly Lane Unique Primitive & Country Store located at 2634 Main Street in Whitney Point! *Enter your guess today!*

We are looking for old photos to stump our readers! Do you have an old photo we could use?! Please call us or email us – THANK YOU!

DO YOU KNOW WHERE THIS IS?
 See what you can WIN
 if you know WHERE this picture is!
 Congratulations to our latest contest winner:
Carol Treacy
 of McGraw



**“HOME SWEET HOME DAYS”
AT “THE CINNAMON APPLE
COTTAGE GIFT SHOPPE”!**

BRRRR! THE NIP IN THE air and the occasional snow flurry can mean only one thing: Christmas is just around the corner—and so is “The Cinnamon Apple Cottage Gift Shoppe”! “The Cinnamon Apple Cottage Gift Shoppe” is a unique gift shop conveniently located in the center of Cortland on Luker Road, just around the corner from many other shopping destinations along Route 281. The Cinnamon Apple Cottage Gift Shoppe is adjacent to Valley View Gardens Retail Nursery and opposite “Builders Best Do-It Center”!

What is new at The Cinnamon Apple Cottage? The Cinnamon Apple Cottage will be offering its special brand of hospitality to our neighbors in Cortland and the surrounding

community by hosting “Home Sweet Home” days every Saturday until Christmas. During “Home Sweet Home” days, special sales and discounts will be available. Drawings for gift certificates and door prizes will take place (two winners



just last week!). Congratulations Barbara Shoemaker and Barbara Milligan, last week’s winners! To warm you inside, our famous mulled cider, cookies, Amish jams and salsas will be served for your refreshment!

Speaking of tasty treats, during ‘Home Sweet Home Days’, The Cinnamon Apple Cottage invites you to become a contributor to a community based Christmas ‘keepsake cookbook’! Each Saturday, The Cinnamon Apple Cottage will be collecting copies of favorite family recipes, as well as brief descriptions of Christmas memories of days gone by to be compiled by “The Cinnamon Apple Cottage” and will become available next year. Contributors will receive a voucher for \$5.00 that may be applied immediately toward any one item in The Cinnamon Apple Cottage. Additionally, all contributors will be eligible to be part of a special drawing for a \$50 gift certificate!

Join us at The Cinnamon Apple Cottage each Saturday from 9 o’clock a.m. until 5 o’clock p.m. for a shopping experience filled with holiday spirit. Enchanting music of holidays past recorded by Scott Adams, a native son, born and raised in Groton, NY, will fill you with holiday cheer as you explore our charming gift shop filled with unique gifts for your loved ones.

Santa Claus will be visiting The Cinnamon Apple Cottage on Sunday, December 4, from 12:00 to 2:00 p.m. Bring your

children and grandchildren to meet the “real” Santa! Bring your camera!



This is a great time to stock up on gifts for those “difficult to shop for” people in your life! At The Cinnamon Apple Cottage you will find a gift for everyone on your list. Peruse the linen department, the children’s toy/game section (non-electronic games, that is!), the outdoor lover’s sanctuary, the general store stocked with Amish jam, pie fillings, soup mixes and more! Follow the scent of

our candles, potpourri and reed diffusers to the “rose room” filled with yummy fragrances like “Buttered Maple Syrup” and “Grandma’s Kitchen”. For the holiday fragrances we all love, select “Balsam Fir”, “Woodland Pines” and “Mulled Cider”! Decorate your home with our wonderful selections of home décor or give your loved one that unique item to add the finishing touch to their home! Our Fall décor is now 25% off. Christmas decor, scented candles, 2012 Lang calendars, garden pottery and lawn ornaments, garden hats and fragrant Aromatique Potpourri and Framed Art are now 10% off.

During this holiday shopping season, beginning November 1, The Cinnamon Apple Cottage will be open from Monday through Thursday, 10 a.m. to 6 p.m.; on Friday, from 10 a.m. to 7 p.m.; and Saturday, from 9 a.m. to 5 p.m. We are closed on Sunday, however, beginning December 4th and continuing on December 11th and December 18th, The Cinnamon Apple Cottage will open on Sundays between 11 a.m. and 4 p.m. for your Christmas shopping convenience. If you have any questions, please do not hesitate to call us at (607) 749-3130.

Hurry down to “The Cinnamon Apple Cottage”, an easy drive from almost anywhere! We look forward to seeing you during this holiday season!

**DOUG'S
POWERSPORTS
UNLIMITED**
607.753.1263
www.dougspowersports.com

CHECK OUT The DVDs, Games & Toys!
WE ARE Cleaning out the Stock Room!
BELTS - PISTONS - SKIS - SKID PLATES - AND MORE!
Sold at crazy prices!

Refreshments - Door Prizes - Raffles
**YOU ASK FOR IT...IF WE HAVE IT,
IT'LL BE DISCOUNTED!**

Oil & Lubes 20% OFF
excludes bulk

Fox Clothing up to 20% OFF
non-current

HELMETS
UP TO **50% OFF**
CARRY OVER CLOTHING
UP TO **75% OFF**

BOOTS
UP TO **30% OFF**

GLOVES
UP TO **35% OFF**

JACKETS
UP TO **40% OFF**



**BACKWARDS
BLACK FRIDAY
SALE**

Friday, Nov. 25, 12 Noon till 9pm

**THE LATER YOU SHOP,
THE MORE YOU SAVE!**
**DON'T FORGET THE
DART BOARD OF DEALS!**

Every \$100.00 spent gets you a shot at the dart board.*
Every \$20.00 spent gets you a raffle ticket.
*Excludes unit purchases

607-753-1263 4019 RT. 281
Cortland, NY 13045





LADY BUG FLORIST & GIFTS

2586 Main Street
Whitney Point, NY 13862

THE HOLIDAY SEASON IS JUST around the corner. It's that time of year where I take a look back at the year that is coming to an end and look forward to the New Year adventures.

We saw many new faces stop in our shop as well as the familiar ones. 2011 was a packed full; we participated in over 30 weddings as well as several special party occasions. 2012 is already starting to shape up to be even busier!

November 19th is our Annual Open House. We are offering a special 30% discount on all gifts, our way of saying "THANK YOU" to all our customers. So stop in November 19th between 9 am to 1pm and enjoy a relaxing shopping experience.

If you are not able to attend the Open House; we will be having weekly specials from November 21st until Christmas. Our hours are Monday - 8am to Noon, Tuesday - Friday 9am to 5pm - Saturday 9am to Noon. Or call 607-692-2660 or 1-800-392-2660. www.ladybugfloristandgifts.com

THANK YOU TO ALL MY CUSTOMERS FOR THE SUPPORT THIS PAST YEAR - I AM THE LUCKIEST PERSON IN THE WORLD TO HAVE THE BEST CUSTOMERS!

138 Elm St. Cortland, NY.

THIS IS THE ONLY FLEA Market in Cortland. A clean, inside store and we welcome all customers. Our establishment has been open for 21/2 years and is full of new or gently used, very desirable goodies. The holiday is fast approaching and we have a great variety of items for you to give or share.

"BOB'S BACKROOM" features coins, tools, NASCAR, baseball cards, CD's, DVD's, touch lamps, and Dragon figurines, just to mention a few. In the "THE CATSMEOW" we have home decor, jewelry, wall signs, live plants, wine holders, and Christmas items throughout the store. We also have a nice selection of knives, and Airgun supplies, and the only airgun range, and league in Cortland.

So, Count down to Christmas with us. We are open Thursday thru Saturday 10 AM-6 PM or by appointment. Phone 607-283-9059 or 607-543-0220. Handicap accessible.



Pizzeria & Family Style Restaurant

151 North St.
Dryden

844-4466
844-9556

We Deliver



- DINE IN
- CARRY OUT
- DELIVERY
- CATERING
- PARTIES TO GO

PARTY PLATTERS!

Dine-In or Carry Out
Accepting Reservations
BANQUET ROOM AVAILABLE • FULL SERVICE CATERING

Your Family or Company Holiday Party!

Gift Certificates Available

We Have DAILY PIZZA SPECIALS

A-1 PIZZERIA COUPON

Cheese Sheet Pizza
\$11.95
+ tax toppings extra

1 COUPON PER PARTY
Expires 12/31/11. Not valid with any other discounts.

A-1 PIZZERIA COUPON

Buy 2 Dinner Entrees & Receive
50% Off
Second Entree

Up to a \$7 max on 2nd entree.
LIMIT OF 2 COUPONS PER PARTY
Expires 12/31/11. Not valid with any other discounts.

A-1 PIZZERIA COUPON

Buy 2 Entrees & Receive
50% Off
Second Entree
Breakfast or Lunch

Up to a \$3 max on 2nd entree.
LIMIT OF 2 COUPONS PER PARTY
Expires 12/31/11. Not valid with any other discounts.

A-1 PIZZERIA COUPON

Large Cheese Pizza
\$7.95
+ tax

1 COUPON PER PARTY
Expires 12/31/11. Not valid with any other discounts.

We Have JUNIOR MEALS FOR KIDS, SENIORS OR PEOPLE WITH SMALLER APPETITES!

Shop for:
Lovely Tableware
Holiday Linens
Unique Gifts
Hostess Items

Happy Holidays
Stop in to see our new look!

Barn House
Antiques & Collectibles
30 Quality Dealers
Carrying a general line, as well as the rare & unusual.
Hours: Tues.-Sat., 10-5, Sun. 12-5
607-533-8636

Come see Fred and Dickie!

Happy Thanksgiving!

The Best Lawn Equipment.

DRYDEN LAWN & RECREATION

The Best Lawn Equipment Dealer.

54 North Street, Dryden, NY 13053 • 607-844-8671
HOURS: Monday thru Friday, 7am - 5pm, Saturday 7am - Noon.

Happy Thanksgiving!

DRYDEN

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2034 Dryden Road
Freeville, NY 13068
(607) 844-9788

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We provide complete medical & surgical care and boarding for cats & dogs.



**PICCADILLY LANE COUNTRY AND PRIMITIVE STORE
OPEN HOUSE - SATURDAY,
NOVEMBER 19**

PICCADILLY LANE COUNTRY AND PRIMITIVE Store is ready to welcome you to their Annual Holiday Open House this Saturday, November 19 from 10-4. Located on 2643 Main Street in Whitney Point, owner Joyce Ballard and her friendly, courteous staff invite you to come in and discover the numerous treasures that fill the eight rooms, 2 story shop. Every nook and cranny is adorned with the spirit of the holiday season! Many new and one of a kind items have just arrived so be sure to get there early for the best selection. The Christmas Room is ready with all the sights and colors of the season. Country decor, linens, furniture, pictures, candles, jewelry, linens, swags, tine ware, signs, pottery, antiques, and more are overflowing in the other rooms. Whether you need that special gift for your mother, daughter, aunt, friend, or teacher - you can find it at Piccadilly Lane. And don't forget those stocking stuffers! There will be lots of specials and drawings and of course refreshments! And while you are there, go ahead and

treat yourself to something special. Spend \$75.00 and receive a free gift! Spend \$100 and receive 30% off one item! Or take advantage of a 25% off sale of Salmon Falls Stoneware! You deserve it! With the holidays almost here, shop now to adorn your home with a new look your guests will envy or pick out that perfect gift for your loved one!

Redoing a room for the holidays? Let Piccadilly help you redecorate! Choose from Starbridge, York, Park and many other curtain designs in a variety of colors and patterns - curtain swatches for special order - bring in your paint samples or fabric swatches and they will help you match them by appointment for or better yet, visit the store.

Looking for a fun way to kick off your shopping season and earn credit towards your favorite items at Piccadilly Lane for holiday gift giving - host a "Piccadilly Party"! Invite your friends and family for some punch and cookies and receive 20% in sales credit towards merchandise in the store! Plus for every party booked from your party, you will receive 1 item at 40% off!

So make your list and check it twice and head to Piccadilly Lane this Saturday, November 19th for their Annual Holiday Open House! Can't make it this weekend - don't fret - the store is also open Monday 11-3, Tuesday, Wednesday & Friday 10-6, Thursday 10-7, Saturday 11-3 and closed Sundays. Questions or looking for something special - 607-692-7418 or email piccadillylane1@aol.com and now on face book!



**GARY'S FURNITURE
NEW AND USED FURNITURE**

HOLIDAY GUESTS ARRIVING SOON?! RELATIVES and friends spending the night? It's time to shop at Gary's Furniture in Cortland or Lisle and be ready before the holidays are here! Gary's has affordable, quality furniture to update your home for the festivities! Gary's just received a new shipment of furniture and sleepers are now in - factory direct from North Carolina - available in twin, full and queen sizes! Plus a large selection of recliners - perfect for relaxing and watching the game after Thanksgiving dinner!

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Gary's also has a variety of gifts for your shopping convenience - including sheet sets, socks, watches, wallets and more!

Conveniently located and easy parking for loading - visit Gary's Furniture in Cortland at 1106 Groton Avenue Plaza. Gary's carries new and used bedroom sets, daybeds, dining room sets, dressers, recliners and more! Plus a variety of new name brand mattresses - some 16" thick and with a 15 year warranty in super pillow top. Choose from New Dimensional Pillow Top both sides and American Bedding to name a few. Impress your guests and redecorate your living room with a sofa and loveseat - available in 5 colors



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The holidays are right around the corner – be ready for your guests with new updated beautiful furniture in every room and a new dining room set for your special dinners from Gary's Furniture! Shop early for best selection!

Gary's Furniture is open Wednesday and Thursday from 11am to 5pm, Friday 11am to 7pm and Saturday 11am to 5pm for your shopping convenience. Visit Gary's Furniture's 2nd location in Lisle also. Questions – give Gary's a call in Cortland - 607-753-0676.



WRIGHT'S UNIQUE GIFTS & MORE

LOOKING FOR A FUN WAY to start your holiday shopping? Well come on down to the Marketplace Mall, Downtown Cortland at Wright's Unique Gifts & More. This store was opened in February 2010 by Rita Hernandez-Wright. We offer wide selection of unique gifts. There are many new and one of a kind items each week. You will find that special gift for those special persons in your life. Gifts range from fashion accessories, handmade and Cookie Lee jewelry.

Rita also specializes in candy bouquet which is that sweet and edible customized arrangement for all occasions. Having a party and want it to be different? How about a customized candy buffet? Or wedding favors that will make your guests sweet tooth come alive? Well come in and let's talk about it.

Want to have extra jewelry for your self or gifts for others? Be a hostess and invite your friends and relatives to enjoy some chocolate and punch and receive 20% off Cookie Lee Jewelry.

Also mark your calendar for a special open house on Saturday, December 3rd.

So come on down and check out Wright's Unique Gifts & More. The Store hours are Monday-Wednesday 10 – 5:30, Thursday & Friday 10-6 and Saturday 10-2.



CORTLAND COMMUNITY SPCA

879 McLean Road, Cortland, NY 13045
607-753-938
Fax: 607-753-1362
ccspca@cortlandspca.org

Greetings from the Cortland Community SPCA!

WE ARE EXCITED TO ANNOUNCE that we are under new leadership. The Board of Directors is performing the functions of the Executive Director position until such time we hire a new one. Each member brings a wealth of experience and skills to the table coupled with great enthusiasm and dedication to the mission of the CCSPCA. We are so fortunate to have this team and to be working with a highly skilled shelter staff.

Annually, hundreds of abandoned, ailing and/or abused pets find care and compassion from the SPCA staff and volunteers until a loving home can be found. We are a not for profit, NO KILL shelter - we do not euthanize for space!

Need your pet spay or neutered? We offer low cost spay/neuter clinics. It's good for your pet, It's good for you and it's good for the community!

Our community is a caring community that we hope will continue supporting us both financially and with their valuable volunteer time. Our four legged friends certainly need and appreciate it.

We are currently in search of volunteers for our events/fund raising committee and other committees on our Board of Directors, as well as volunteers at the shelter to assist with pet socialization/walking, kennel care, etc. We look forward to introducing new programs and enhancing current programs and would love to have new faces with fresh ideas to help!

Be watching for our Holiday Donation Trees beginning around Thanksgiving - more information and donation sites are available on our website www.cortlandspca.org.

Please visit us at our website or on our Facebook (Cortland Community SPCA) page for more information on the programs and services we offer.

Last, but certainly not least.... Many thanks to Valley View Gardens, 3797 Luker Road for donating a Weeping Cherry Tree as a memorial to our beloved Diamond, and to Lindsay Kemp at Country Acres for taking care of Diamond's cremation. RIP Diamond – we love and miss you!



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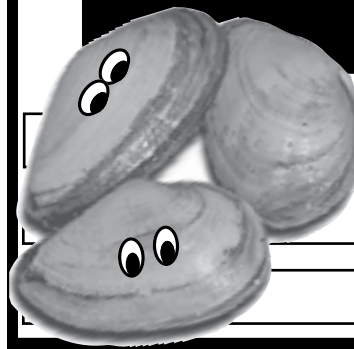
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THANKSGIVING THE MIDDLE CHILD OF THE HOLIDAYS?

THE HOLIDAY HUSTLE AND BUSTLE has begun! It began in September- can you believe it? Of course, we didn't have our holiday merchandise out in September but some stores did. We did, however,

have customers asking about our holiday lines in September. Here we are just a couple of weeks away from Thanksgiving and the "Holiday Shopping Season" is well underway. In all honesty, I am extremely envious of the early shoppers. By mid-November (or earlier) they are done with their shopping and can avoid going to malls

and stores, dealing with holiday-shopping traffic and, often, over-stressed, over-spent, over-tired last minute shoppers (like me). While some folks are thrilled with the prospect of what the Holiday Shopping Season offers, not everyone shares their enthusiasm. A friend of mine on Facebook commented that he was boycotting any stores playing holiday music before Thanksgiving. I tend to agree. I feel as though Thanksgiving—a time when we need to reflect on all that we are blessed with and feel thankful for—has been back-doored by many retailers. Even Halloween gets four full aisles at bigger box stores but do you EVER see even one or two full aisles for Thanksgiving? No. Retailers jump from Halloween to Christmas. Let's face it; Thanksgiving is the "middle child" of the holidays. For the record, I look at the middle child like the sweet and creamy center of an oreo cookie or the peanut butter and jelly in a PB&J sandwich—it just wouldn't be the same without it.

My dilemma is this: I am torn between wanting to feel full-blown enthusiasm for holiday shopping and resentment over how little attention is paid to Thanksgiving. How do I deal

with this? Well, because Thanksgiving has a special place in my heart, it deserves a special place in my shop—not in the middle, not hidden or mixed in with other holidays. It has its own space—front and center. I load-up on merchandise that sends the "Be Thankful" or "You are blessed" messages. I need the reminder, as do many others. This doesn't mean I boycott early Christmas displays. We are full of Christmas sans the holiday music until after Thanksgiving...

On November 19th, The Second Knob will have its first Annual Holiday Open House. We will celebrate Thanksgiving and Christmas with refreshments, door prizes and specials. We will have normal open hours the day after Thanksgiving but will not have any "Black Friday" specials other than free coffee for tired Black Friday shoppers. On Saturday, November 26th, we will partake in "Small Business Saturday." Small Business Saturday is a day to support small business owners. Folks are encouraged to shop small, local stores to help fuel the economy. On the 26th, we will have SBS specials!

As always, we've been very selective about what we offer. We've added some beautiful hand-carved pieces recently.



My favorite of these is the Duck Club—water fowl created from old golf clubs. These are the perfect gift for the golf (or duck) enthusiast on your holiday shopping list. The same artist, James Graves, of Ontario NY, carved Santa Ornaments for us, which are truly unique. Recently, we obtained a collection of Longaberger baskets. These beautiful, hand-

crafted, maple wood baskets are American made and easily recognizable with their country or floral liners. Each basket is stamped and has a certificate of authenticity.

We have new merchandise arriving daily and, of course, our line of antiques continues to grow. Stop in and visit us at The Second Knob, 128 W Main St. in Dryden. We are open Tues-Sat from 10-6, with extended hours until 9pm on Thursdays and now thru Dec. 18th, we are open on Sundays from 11-4.



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PARMENTER INCORPORATED TEAM TIREMASTERS is one of New York's largest Tire dealers that is proud to announce our new location at 1804 State route 13, Cortland, New York. We are open Monday thru Friday from 7:30Am to 5:00Pm and Saturday from 8:00Am until Noon. Please feel free to stop by and check out our facility offering farm, off the road, industrial, light and heavy duty trucks tire service. Also feel free to call us at (607)-299-4355. Team Tiremasters proudly offers the Marangoni splice-less Ringtread as well as the traditional flat tread that are both manufactured at our own retread facility. We also carry Many New tire brands including Toyo, Continental, General, Firestone, Bridgestone, and Aeolus.



JAZZERCISE

"WORKOUT BEFORE YOU PIG OUT"

AT 9 AM ON THANKSGIVING morning, November 24th, we will have our annual Jazzercise "Workout Before You Pig Out." This will be held at the Cortland County Office Bldg. gym, Greenbush St., Cortland. Everyone is welcome whether you currently take Jazzercise classes or if you have never taken any Jazzercise. This class is free to everyone.

Sue Karn, Certified Jazzercise Instructor will be leading the 60 minute class of some of our favorite routines from the past year starting with a warm up, then a 35 minute cardio,

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ending with 20 minutes of toning of upper torso and arms, abdominals and legs and ending with total body stretch. The music could consist of songs by Christina Aguilera, Maroon 5, LMFAO, Jennifer Lopez and other popular singers. Jazzercise always offers a modified version of all steps and toning moves to accommodate all levels of fitness.

New people are welcome to Jazzercise classes at any time with no contracts to sign and passes available to meet all schedules at a reasonable price. Freeville/Dryden classes are available at the Holy Cross Church on George Road in Freeville on Mondays and Wednesdays at 5:45 pm and at TC3 Multipurpose room on Saturdays at 8:30 am. For more information about any of these Jazzercise classes, please call Sue Karn at 279-6131.

Please join us on Thanksgiving morning, November 24th at 9 am for our Annual Workout Before You Pig Out. THIS CLASS IS FREE.

"Allstate is in the business of protecting and preparing its customers," said Allstate NY spokesperson Shirley Eizember. "With the rapid growth of the information age, it's necessary to offer a product designed to help ease the shock of identity theft and protect our customers from loss in the form of expenses incurred in restoring one's identity."

When identity theft occurs, not only do the victims experience loss, they spend days resolving issues created from the theft, such as meeting with an attorney, re-applying for credit or loans denied as a result of the theft, contacting creditors...the list goes on.

Allstate's Identity Theft Expenses coverage helps to reimburse those insured for lost time at work, attorney fees, phone calls, mailing costs, loan re-application fees, and more; and the benefit is designed to help reduce the time victims spend trying to recover what they have lost.

The following are tips that might help individuals better protect themselves:

- Do not carry un-needed credit cards
- Cancel your unused, lost, or stolen credit card accounts immediately
- Keep important personal documents in a secure place and do not carry originals or duplicates in your wallet
- Check your credit history periodically
- Report unauthorized activity
- Store receipts in a safe place
- Never give your social security number out, especially not on the telephone or over the Internet when you have not initiated the contact

"The Identity Theft Expenses coverage endorsement is experiencing success statewide," said Eizember. "It is our

responsibility to offer new products to meet the changing needs of our customers."

Contact SHIRLEY EIZEMBER, Exclusive ALLSTATE AGENT at the Pinckney Insurance Agency located at 41 Port Watson St Cortland, NY 13045..Ph 607-756-8505.

The Allstate Corporation (NYSE: ALL) is the nation's largest publicly held personal lines insurer. Widely known through the "You're In Good Hands With Allstate" slogan, Allstate is reinventing protection and retirement to help more than 17 million households insure what they have today and better prepare for tomorrow. Consumers access Allstate insurance products (auto, home, life and retirement) and services through Allstate agencies, independent agencies, and Allstate exclusive financial representatives in the U.S. and Canada, as well as via <http://www.allstate.com/> and 1-800 Allstate®.

'TIS THE SEASON TO BE WARY WAYS TO PROTECT YOURSELF FROM IDENTITY THEFT



THE HOLIDAY SHOPPING SEASON IS in full swing with consumers making purchases online, in the store, and over the phone. With every non-cash transaction, there is the chance personal information could be exposed to unauthorized eyes.

Allstate Insurance Company offers Identity Theft Expenses coverage to its customers as an optional annual \$40

add-on to auto, homeowners, renters, and condominium/co-op policies. There is no deductible and total coverage limit goes up to \$25,000. Plus, Allstate offers customers access to a third-party firm to help address effects the victim may face and assist in identity restoration.



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THANKSGIVING PET SAFETY

IT IS THE SEASON to give thanks, especially for friends and family. While you are busy making your festive plans for Thanksgiving, please don't forget to include your furry friends. This holiday season is a time for giving, but there are some things you should not share with your pets. Once you know the hazards, a little precaution and prevention will make holidays a happy time for everyone.

Here are some pet hazards to think about:

Bones:

The holiday turkey or chicken will leave a lot of tantalizing bones, but don't feed them to your pet. Beware of steak bones, too. Small bones or bone chips can lodge in the throat, stomach, and intestinal tract. This bone fragments can be sharp which could cause serious trauma to the GI tract.

Table Food:

Be very cautious about giving pets raw meat during meal preparation. This can not only cause vomiting, diarrhea, and significant discomfort for your pet, but also can be a health risk to people who come in contact with the pet. It is common for them to get major belly aches from too much people food, or even dangerously sick if they ingest something like chocolate. The day after Thanksgiving, I always get a call that a sick pet ate the whole turkey or pie that was put on the counter to cool.

Candles:

Lighted candles should never be left unattended and that is even more important if left at kitty's eye level or within puppy's chewing zone. An exuberant tail or a swat of a paw can turn candles and hot wax into an instant disaster. Anchor candles securely and away from curious faces and feet.

Stress and company:

With everyone coming and going, watch out for open doors and sneaky pets. Make sure your pets have updated collars and tags. Microchipping your furry friend is an ideal way to identify your pet if they escape. All pets should have at least two forms of ID on them at all times. Ask guests to keep an eye out for pets under foot, it is easy to trip or step on small pets with a house full of people. Remind them that sometimes your normally friendly dog or cat may be less than willing to deal with enthusiastic children and rooms full of unfamiliar people. Provide a special quiet place with a blanket and fresh water for your pets to retreat to when the festivities get too stressful.

Please don't hesitate to contact me at 315-696-6699 or DrAris@TullyVet.com with any questions or concerns. I can recommend appropriate treats to keep your furry friends busy and happy during this season. If your pet does exhibit

symptoms of illness during or after any festivities, seek veterinary care promptly. Early medical intervention is key to your furry friend's recovery. Also, Like us on Facebook, Southern Hills Veterinary Hospital, for other useful information

*Wishing you and your family a happy and safe Thanksgiving,
Dr. Lydia Aris*

MIKE'S FISH TANK SUBTITLE

I RECENTLY RECEIVED AN EMAIL from the CDC concerning underwater frogs and salmonella.

Here is what they said. Like many animals and foods, frogs may carry salmonella bacteria which can cause illness.

People with pet frogs should follow these safety precautions:

Wash hands thoroughly with soap and water after handling anything, including water that comes in contact with water frogs.

Always keep your pet frogs, the frog's habitat and water from the habitat, out of the kitchen or anywhere food is kept, prepared or eaten.

Don't allow young children to handle frogs, or any reptile or amphibian pet, without adult supervision. Always assist young children in thoroughly washing their hands when coming in contact with these pets or habitats.

For more information about enjoying your pets safely, visit: www.cdc.gov/healthypets.

Also remember, that land frogs such as firebelly toads or just toads found outside also fall into this underwater frog cautions.

- *Pets A Plenty is located in the Blockbuster Video Plaza, Rte 281 Cortland, 753-9213. Open 7 days a week. We now have a website. WWW.PETSAPLENTY.BIZ. check it out. I post care sheets, coupons, new animal arrivals, contests and more. Any questions, email me at friskyy@hotmail.com*



MIKE'S FOOD FOR THOUGHT PONDEROSA

I HADN'T BEEN TO A Ponderosa in quite awhile. About 12 years ago, I had a couple bad dinners there. I heard they had a new buffet menu, I was hungry so I thought, "Let's give it a try". The menu is quite varied with several cuts of steak, chicken and some seafood options such as salmon, tilapia and shrimp. Or you can have a combo of fish and steak or chicken and steak. Prices were very reasonable for what you get. Steak and the all you can eat buffet was in the \$10.99 and up range. You also get a very large baked potato, which I must admit is one of the better baked potatoes I've had.

The all you can eat buffet has a nice array of salad fixings and they have a most delicious buttered yeast roll on the buffet as well. They are so good, it's addicting. The buffet also offered choices such as fried and baked chicken meatloaf, mashed potatoes and gravy, green beans, corn and carrots, stuffed peppers and buttered boiled red potatoes. The chicken wings were excellent. The buffet also had several soups and a taco bar. I also noticed a small pizza on the buffet. There were also things like cottage cheese and fruits, ambrosia salad, cole slaw and macaroni salad. I could not try everything as I still had steak and shrimp to eat. My steak was tender and cooked perfectly. The fried shrimp were the best I have ever had and I mean that. They were so crispy and yet juicy.

I guess the all you can eat buffet changes a bit each day. I also want to point out that the fried chicken was very good too. Nice and crispy but moist inside. The dessert bar had quite a few things such as soft ice cream, cookies, lemon pudding cake, cupcakes, bread pudding and a fruit cobbler. I didn't think the desserts were as good as the other food but they were ok. They had something for everyone. For beverages, they offer a selection of soda, iced tea, lemonade and coffee.

I've actually gone back to Ponderosa 3 times since I wrote this. The steaks and seafood have been very good each time. Check out their website www.ponderosasteakhouses.com for hours of operation and dinner and lunch hours. Let me end by saying you won't go home hungry. I should point out that Ponderosa is open for Thanksgiving and the email I got from them said the all you can eat Thanksgiving buffet is only \$10.90.

Sounds like quite a deal.

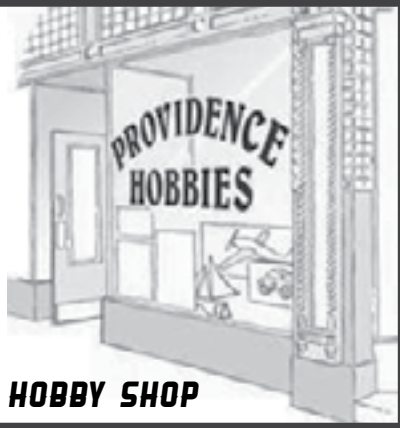
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Crown City STEAK HOUSE

Thanksgiving Buffet

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Seatings from 11am to 3pm

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NEW TOOLS FOR PROCESSING YOUR EMOTIONS PART ONE

OUR EMOTIONAL SUFFERING IS LIKE the monster in a child's nightmare. The more we try to run away from it, the more it chases us and the bigger it becomes. When the monster is confronted, he disappears and runs away. Our unsolved emotional issues are illusions or false belief systems that we create to hide our emotional suffering. Once the "monster" is seen for what it is, like the monster in the child's nightmare, it loses all its power.

This month, Nature's Sunshine plans to introduce the new Emotional Flower Remedies developed by Steven Horne for use in healing emotional imbalances. The information below from *The Heart's Key to Health, Happiness & Success* by Steven Horne will help you recognize physical ailments and personality traits that would suggest which emotional issue you or your family needs.

For each of the emotional states shown below, there are also recommendations for essential oils (aromatherapy) and herbal remedies that enhance the healing properties of the flower remedy. The information below will help you chose the most useful remedy. Watch for introductory pricing on the complete set of 7 remedies (including Distress Remedy, now with only flower remedies. Our need for healing will migrate from one remedy to another over time, so having the complete set can be very helpful to move you and your family through emotional turmoil painlessly.

VENTED ANGER

Problems and Diseases Associated with Vented Anger: Irritability, impatience, intolerance, loss of temper, shouting, yelling and screaming, physical aggression, hitting or physically harming others, making cutting or belittling remarks to or about others, difficulty getting close to other people, feeling defensive and easily offended, increased risk of heart disease and heart attack and liver problems.

New Flower Remedy designed for Vented Anger: Keep Cool

Essential Oils recommended for Vented Anger: Bergamot, chamomile, rose and ylang ylang.

Herbal Remedies for Vented Anger: Bupleurum, chamomile, hops, milk thistle, Oregon grape, rose hips and hawthorn.

SUPPRESSED ANGER (DEPRESSION AND DISCOURAGEMENT)

Problems and Diseases Associated with Suppressed Anger: People pleaser, enabler, codependent, victim, doormat personality, inability to get angry or defend oneself when threatened, feeling discouraged, depressed, frustrated, despondent, tolerating abuse from others, increased risk for cancer and autoimmune diseases, hiatal hernia, illeocecal valve problems, liver problems (especially gallstones), tension in the neck and shoulders, slumping posture, rounded shoulders and hanging head, tendency for migraine headaches, asthma, feeling smothered, unable to be self.

New Flower Remedy designed for Suppressed Anger: Find Strength

Essential Oils for Suppressed Anger: Bergamot, frankincense, lemon, lemon balm, mandarin and rosemary.

Herbal Remedies for Suppressed Anger: Black Cohosh (in small doses), black walnut, bupleurum, damiana, lemon balm, St. John's wort and willow bark (small doses)

VENTED GRIEF

Problems and Diseases Associated with Vented Grief: Victim mentality, feeling persecuted by life, constantly complaining about personal problems, Using guilt and shame to manipulate others into showing care, addicted to telling stories of problems, pain and loss, clingy, needy and smothering, catch colds and other contagious diseases easily, and Weakness of the lungs and chronic sinus problems.

New Flower Remedy designed for Vented Grief: Release It

Essential Oils for Vented Grief: Bergamot, eucalyptus, lemon balm, pine, rose and rosemary.

Herbal Remedies for Vented Grief: Black walnut, cordyceps, thyme, wormwood (artemesia), and yerba santa.

In my next column I will finish up with the last three new formulas. They all sound very exciting as most people are dealing with a lot of emotional issues in their life these days and if you can't heal emotionally you definitely cannot heal physically. So taking a liquid flower essence makes a lot of sense.



Diane L. Toombs, CNHC
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The information in this article is for educational purposes only and is not meant for diagnosing or prescribing.

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CORTLAND, SETTLED IN 1791, WAS made a village in 1853 (rechartered in 1864), and was incorporated as a city in 1900 as the 41st city in the State of New York. When the county was formed in 1808, Cortland vied with other villages and won the status of becoming the county seat. The City of Cortland is the county seat of Cortland County. Known as the "Crown City" because of its location on a plain formed by the convergence of seven valleys, Cortland is situated about 1,130 feet (344 m) above sea level, making it the uppermost city to crown the state. Forty stars, representing the 40 cities incorporated before Cortland, circle the State of New York and Crown on the Official City Seal. The seven points of the Crown create seven valleys depicting Cortland's seven surrounding valleys. The 41st star in the center

of the Crown illustrates Cortland as the closest incorporated City to the geographic center of New York.

The leading industry in Cortland in the late nineteenth and early twentieth century was the Wickwire Brothers wire drawing mill, noted for its production of wire hardware cloth for use as window screens. The extent of their wealth is commemorated in a pair of magnificent mansions, the Victorian gothic home of Chester Wickwire is now the "1890 House Museum and Center for the Victorian Arts" while the 1912 home of Charles Wickwire is now called the SUNY Cortland Alumni House and is owned and operated by the SUNY Cortland Alumni Association. It is open to the public as well as being used by the Alumni Association to host College related events and house visiting dignitaries.



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Mention this ad and receive \$10 off your next visit!

Stop in and check out our Holiday crafts for sale!

The Cortland Area Tribune

What People Are Saying...

Advertising with the Cortland Area Tribune has always been a pleasant experience. The artwork for the ads is always very nicely done and coordinates well with the season. Judy is a joy to work with.

*Nancy Richards
Cortland Self Storage
Cortland, NY*

I have been writing a column in the CAT since 2003. My customers love the column and some even cut it out and put it in a notebook. Many people tell me they read it also. It is good exposure and reasonable rates. Judy is a dear. I don't know how she can keep up with her hectic schedule. The graphic department does a wonderful job putting the ads together. I encourage people to advertise their items for sale as it is free. Not much is free these days so this a bonus.

*Diane Toombs
Cortland, NY*

Advertising in the CAT increased my coverage area from just Tompkins County to include Cortland County. This has increased my customer base substantially. An added bonus is that Judy Kilmer is a delight to work with.

*Karen Hewitt
Barnhouse Antiques
Lansing, NY*

Thank you for this opportunity to inform the public about our motorcycle organization. I would like to add that we received a few email inquires about our local chapter which I believe was a direct result of the article in your paper so I thank you for that...thank you for the generous offer [to advertise future events], I will be sure and take you up on that.

*Jan Aguirre
ABATE of Tompkins County
Secretary and Webmaster*

Thanks Judy for the ad you helped me tweak. It is just right, I knew you would understand my vision. It is always a pleasure to work with you and see my business ads in the CAT. I am pleasantly amazed when friends and relatives living downstate say they have seen my ad or an article I may have submitted. Good to do business with you.

*Kathy Beardsley
A Touch of Glass Antiques & Collectibles
Homer, NY*

The Cortland Tribune has been a big help to my business. The prices are excellent and Judy is very helpful. I always get a good response when I do an article. The graphic department does a really nice job on my ads too.

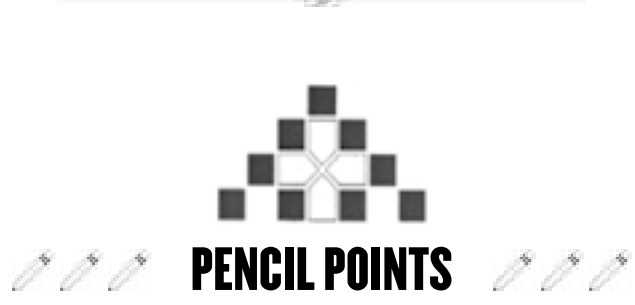
The business directory in the middle of the paper brings in a lot of new customers. I highly recommend advertising in THE CAT.

*Michael Moffitt, Owner
Pets A Plenty*



IT'S THAT TIME OF YEAR again, the leaves have all changed, the winter coats are getting pulled out, and the holidays are just around the corner. Hi, I am Hannah Baker and I am the Tompkins County Alternate Dairy Princess. Thanksgiving is less than two weeks away and Christmas is slowly approaching also, and that means that everyone is going to be very busy. Let's face it, with the holidays coming everyone enjoys eating, but eating healthy kind of gets forgotten. A great way to enjoy all those great meals is eating well before the holidays come around. Why not start your day off with a delicious cup of yogurt! It's easy and so nutritious. For another quick snack, try a cheese stick. It's also full of nutrients that your body needs and of course, is very tasty too! These are a few great ways to eat healthier for the holidays, and help you enjoy everything a little more when the holidays are here. The Tompkins County Dairy Princess program is made possible through the support of the American Dairy Association and Dairy Council- the local planning and management organization funded by dairy farmer check off dollars.

Happy Holidays!



Pencil Points are tips for residential design and planning issues often encountered by homeowners, builders and developers. This information is provided by Applied Design Research Associates as general interest based on current NYS Building Codes and is not intended as professional guidance for any specific project. For answers to specific design questions feel free to contact ADRA at (607) 844-4601 or consult the yellow pages under Architects for the name of other registered design professionals in your area. You can also write or email ADRA with additional questions to be researched and published in subsequent issues of this paper.

ADR Associates- P.O. Box 306, Freeville, NY 13068 adra@tucny.rr.com

WHEN BUILDING OR REMODELING A HOME (AND NEARLY ANY OTHER CONSTRUCTION PROJECT), OWNERS MUST BE AWARE OF THE DIFFERENCE BETWEEN PROJECT BUDGET AND CONSTRUCTION COST.

FOR MOST HOMEOWNERS AND SMALL scale commercial business owners contemplating a building project, the world of construction is often a foreign and scary journey. Numerous HD TV shows make the design and construction processes seem simple and inexpensive whether the client endeavors "to design on a dime" through the creative reuse of furnishings and building materials or undertake a major interior make-over project in one weekend for under \$1,000.00. In most cases, such shows choose to focus on the promotion of fashionable, trendy interior design schemes for general entertainment value without concern for real issues encountered on most projects from adding a second bathroom, enlarging an existing home to providing two more bedrooms for a growing family, building a new deck on a challenging site, or planning a new home from scratch. Critical to the development of any successful building project is the client's clear understanding of both the project budget and the construction budget.

The Project Budget is the sum of all costs associated with the project from initial design concept through actual occupancy of the building. Typical items and respective costs that make up the Project Budget include:

Land acquisition including purchase price, closing costs and legal fees unless the land is already owned by the client. Even when a client already owns the land, the parcel may need to be subdivided from a larger tract to satisfy local zoning regulations or the participating financial institution's requirement for a mortgage.

Plot Survey- dimension data on the parcel needed for Site Plan and legal deed description

Topographic Survey- contour layout of the site including natural and man-made features on the site; easements and utility locations above and below ground; existing structures; onsite amenities such as large rock outcroppings, major trees, streams and watercourses; roads and driveways, etc

Standard Professional Design Services- program development assistance, review of building code and land use regulations, feasibility studies for multiple sites to determine preferred locations, cost estimates, design development, detailed construction drawings and specifications, contract bidding and negotiating assistance, construction administration and project coordination services, project closeout

Specialty Design Services (as may be desired or required)- interior design and furniture selection, kitchen layout, hazardous material identification, testing and removal, landscape consulting, design and installation services for unique mechanical systems for smart homes, special acoustic and data communication services for home theaters and sophisticated computer systems, etc)

Planning Board and Zoning variance approvals (as may be required on a specific project)

Building Inspectors (CEO) review of project documents and issuance of Building Permit

Demolition and removal costs (when applicable for alteration and renovation projects) Special demolition costs may be involved where hazardous material removal is required.

Construction Cost- all costs associated with erecting the building(s) and adjacent site work including the structure, exterior and interior finishes, doors and windows, stairs, installation of all mechanical, plumbing and electrical systems, equipment and built-in appliances that may be purchased directly by the client for installation by the contractor or some third party vendor.

Utility installations- connection of the project to all required exterior utility services including sewer (municipal or on site), water (municipal or on site), electric, natural gas (or onsite propane or oil), telephone and television (above ground or buried)

CEO, Electrical, Plumbing and water inspections and other special material/systems tests as may be required on a specific project

Landscaping and site amenities- trees, shrubs, plantings, lawns, ponds, driveway, paved walks, exterior lighting (not connected to the building), decks, gazebos, etc.

Furnishings- including movable furniture, free-standing appliances, curtains, rugs, etc, both new and relocated. The furnishing budget can also include moving costs for existing furniture and personal property.

Bank financing- cost of interim construction loans, bank agent's site inspection fees, cost of permanent mortgage and long term debt service

Misc Costs- legal fees, construction period and permanent insurance premiums, etc

SUBTOTAL PROJECT COST (sum of each applicable project line item cost)

Add for Project Contingency (10% for a new project or addition, 15% for alteration projects)

ESTIMATED TOTAL PROJECT COST (sum of Subtotal Costs plus Contingency line)

The Construction Cost Budget, as identified above, relates directly to the cost of constructing and/or renovating the building. The construction budget generally includes the cost of all labor, materials, equipment rentals, construction material storage and debris removal, temporary utility services, contractor's project insurance and management time, site security, subcontract trade services, offsite fabrication and delivery of materials and equipment required for the job, etc.

The client may choose one general contractor to oversee the entire construction project thereby delegating responsibility for coordinating all construction activities and inspections, including providing all necessary subcontract trades to complete the entire project or, the client may elect to act as his/her own construction manager and bid out portions of the project to separate contractors who report directly to the client. This CM mode can be a cost effective option if the client is sufficiently familiar with the construction process, is able to commit adequate time and conduct regular progress meetings to effectively coordinate all trades on the project, and understands the importance of scheduling and advance planning for procurement of materials and required inspections.

Construction costs are directly influenced by the cost of materials, availability of skilled labor for the project, difficulty of access to the site, construction timeframe, weather conditions and time of year, extended lead time for unique materials and equipment, non-conventional construction practices and unique design details, and specified construction quality levels (economy, standard, premium, luxury). Today, even the average residential client is aware of the rapid rise in building material prices, from wood, concrete, and copper to any building product produced from petroleum based raw

materials. If the client or expected occupants of the building have special health issues or physical disabilities, or the client desires to "build green", the cost of materials and labor to install such products can be even greater.

The initial construction budget is often established by simple calculation once the design professional has assisted the client in making a few basic decisions- the number of stories, the area of the building (total net area of required spaces from the design program plus an efficiency multiplier for corridors, mechanical spaces, and unknown areas), the basic structural system (wood frame, masonry, ICF, concrete, hay bales, etc), desired quality of construction (economy, standard, premium, luxury), and general location of the project. Project estimating resources are available to the design professional through nationally known consulting services to provide up-to-date information in each of these areas.

Example: A residential client desires to build a wood frame ranch home using standard quality workmanship that will have 1,740 net SF for identified habitable rooms and support spaces on the main floor, and an unfinished basement with a one car attached garage. The site is located on a flat, suburban setting in Cortland County. Standard municipal utilities run to the site, but are not included in the Construction Budget for this home (Refer to utility costs under Project Budget)

(Net Area x efficiency multiplier) = (Gross Sq Feet x Const quality value/SF x Labor location factor) = Initial Home Cost + added cost for garage and full basement (accessory structures area x const cost/SF) =

Home- (1,740 NSF x 1.1) = (1,914 GSF x \$110.00/sf x .94 LLF) = \$197,908

Garage- (324 NSF x 1.0) = (422 GSF x \$40.00/sf x .94 LLF) = 12,182

Basement- (1,740 NSF x 1.1) = (1,914 GSF x \$10.00/sf x .94 LLF) = 17,992 *

PRELIMINARY	CONSTRUCTION	BUDGET
\$228,082		

* The added cost of the full, unfinished basement is adjusted for the base cost of a frost wall foundation.

Once the preliminary Construction Budget is established, that figure can be entered into the Project Budget Summary along with other applicable costs and services previously identified. It is not uncommon for the Project Budget to be 30% to 50% greater than the Construction Budget subject to cost of land, utilities and access to the site, professional services, furnishings, etc. By simple multiplication, the representative ranch home above would therefore have a Project Budget in the range of \$296,500 to \$342,000. Of critical importance to any successful project is the owner's ability to establish a realistic project budget at the outset with sufficient capitalization to complete all facets of the project. The owner's design professional can assist in creating the project budget and will collaborate with the owner to maintain the project within the budgetary parameters while developing a successful design that meets both the functional program and aesthetic design requirements of the project.

KENNY ROGERS CHRISTMAS & HITS TOUR FLOOD RELIEF CONCERT IN BINGHAMTON DECEMBER 15

BENEFITING SOUTHERN TIER CHAPTER OF THE AMERICAN RED CROSS

THE SOUTHERN TIER CHAPTER OF the American Red Cross will be one of three area nonprofits to benefit when "Kenny Rogers Christmas & Hits Tour" comes to the Broome County Veterans Memorial Arena for a special one-night show in support of Southern Tier Flood Relief on Thursday, December 15th at 7:30 p.m.

The concert, underwritten by the Security Mutual Life Flood Relief Charitable Trust (funded in turn by donations from a number of local businesses and individuals), will feature artist Kenny Rogers performing a combination of traditional Christmas songs along with some of his classic hits, including "The Gambler." The Southern Tier Chapter American Red Cross and its volunteers are being recognized for the organization's ongoing efforts relating to Hurricane Irene/TS Lee flooding, along with Broome County Catholic Charities and the Community Hunger Outreach Warehouse (CHOW). The three nonprofits will share the net proceeds of the concert. Thanks to underwriting by Security Mutual Life and its donors, reserved seat tickets for the general public are being sold at a reduced-rate of \$27 and may be purchased at the Arena Box Office or through Ticketmaster.

Southern Tier Chapter Interim Regional CEO Teresa Caver said, "We are most appreciative that the efforts of the American Red Cross staff and volunteers are being recognized by being named one of the beneficiaries of this holiday concert featuring such a renowned celebrity as Kenny Rogers."

During Hurricane Irene and Tropical Storm Lee, the Red Cross serviced all flooded areas of South Central New York and Bradford County, PA. Throughout New York State, there were:

- 110 shelters opened
- 13,866 overnight client stays
- 542,344 meals and snacks served

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- 4,143 Red Cross volunteers and staff
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About the American Red Cross:

The American Red Cross shelters, feeds and provides emotional support to victims of disasters; supplies nearly half of the nation's blood; teaches lifesaving skills; provides international humanitarian aid; and supports military members and their families. The Red Cross is a charitable organization - not a government agency - and depends on volunteers and the generosity of the American public to perform its mission. For more information, please visit www.redcross.org or join our blog at <http://blog.redcross.org>.



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BUSINESS OWNER PHOTO CONTEST



DO YOU KNOW WHO THIS LOCAL BUSINESS OWNER IS?

Welcome to our new contest! It was suggested by a local business to try a new contest - print pictures of local business owners when they were "younger" and see if anyone can recognize them! This contest can be entered the same as our famous cover photo contest - email your guess to tcatribune@gmail.com or call 607-844-8228 and include your name, address and phone number. If your guess is correct, you will be entered into the contest. A name will be picked by random drawing and the winner's name will be printed in the next issue and they will win a gift certificate donated by local businesses! Enjoy!

Last Issue's Business Owner Photo Contest

Answer

Christina Clark - Independent PartyLite Consultant

Winner

Sharon Graham of Harford - Sharon won a gift from PartyLite!



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Find the 'Thanksgiving' related words below! Can you find them all? Good luck! Check our next edition for the solution!

i	l	n	c	g	r	e	p	s	s	c	a	e	y	y
n	t	t	s	m	e	s	a	k	o	i	s	t	v	a
h	y	h	t	u	o	m	y	l	p	a	r	a	d	e
s	n	a	i	d	n	i	o	o	n	d	r	r	i	e
a	e	n	m	r	r	n	c	l	h	g	a	b	y	l
u	r	k	l	s	y	u	g	n	i	s	s	e	r	d
q	r	f	k	l	n	f	s	l	g	r	k	l	r	f
s	e	u	c	r	a	n	b	e	r	r	i	e	s	b
y	p	l	o	m	r	b	c	f	u	y	b	c	e	e
d	r	c	i	o	s	e	t	t	l	e	r	s	a	l
k	a	l	c	o	r	e	w	o	l	f	y	a	m	b
o	y	y	r	e	b	m	e	v	o	n	e	l	r	b
o	e	v	b	i	l	m	n	e	r	f	t	a	r	o
c	r	a	r	p	i	l	g	r	i	m	s	s	s	g
b	o	f	t	e	l	w	i	s	h	b	o	n	e	t

football • cornucopia • parade • celebrate • bread • colony • cook
corn • sail • settlers • squash • cranberries • dressing • eat • family
feast • turkey • gravy • indians • leftovers • mayflower • november
pilgrims • plymouth • prayer • pie • gobble • thankful • wish • bone • yams

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			7					
					5	6	8	1
	4	9						
		5		7			9	
1			8		4			2
	6			2		1		
						9	3	
4	8	7	2					
					1			

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SUDOKU

4	8	5	1	9	6	7	3	2
9	7	2	5	4	3	8	6	1
3	6	1	8	2	7	4	5	9
8	3	4	7	6	9	2	1	5
5	2	6	3	1	4	9	7	8
7	1	9	2	8	5	6	4	3
2	5	8	6	7	1	3	9	4
6	4	3	9	5	8	1	2	7
1	9	7	4	3	2	5	8	6

WORD FIND

e	s	d	n	s	k	c	d	a	a	s	w	r		
t	l	e	d	p	n	s	h	e	e	r	e	a	u	s
t	h	i	s	a	t	i	w	i	n	s	i	s	t	s
d	i	o	p	g	e	n	k	e	c	t	s	c	n	p
w	u	t	e	h	t	r	a	p	e	k	r	e	o	b
p	i	a	c	e	l	e	b	r	a	t	e	r	u	
p	r	k	i	t	c	h	e	n	u	n	z	n	e	t
a	u	e	a	t	c	o	c	k	t	a	i	l	s	t
r	f	o	l	i	s	p	i	c	e	s	t	s	s	e
o	e	u	s	n	o	i	t	a	v	r	e	s	e	r
w	h	t	t	w	o	s	l	l	o	r	p	a	e	l
f	c	a	e	t	k	a	e	t	s	p	s	m	r	
e	i	e	r	c	n	z	o	i	n	k	a	e	t	s
e	s	s	c	s	t	k	a	o	d	i	n	n	e	r
a	h	u	h	a	e	w	e	d	c	u	w	r	k	o

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