

FREE November 2-15, 2011

Restaurant Guide/Catering & Pre-Thanksgiving Edition

FREE

# THE CORTLAND AREA TRIBUNE

YOUR REGIONAL BI-WEEKLY COMMUNITY NEWSPAPER  
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SEE PAGE 3 FOR CONTEST



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**WELCOME TO OUR RESTAURANT  
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The Cortland Area Tribune, nicknamed The CAT is published and distributed every other Wednesday. Look for it at 100's of area businesses in Cortland, Dryden, Groton, Homer, Marathon, Moravia, Ithaca, Tully & LaFayette.. Here's some upcoming editions for you to look forward to!

**November 16** – Thanksgiving Edition (Deadline 11/11)

**November 30** – Winter Sports Enthusiasts & 'For Kids' Holiday Edition (Deadline 11/25)

**December 14** – Christmas Edition (Deadline 12/9)

**December 28** – Fitness & Health Edition (Deadline 12/23)

**CHECK OUT THE BUSINESS SERVICE GUIDE!**

Easily accessible at the back of the paper! Growing with every Edition! Take this handy pull-out 4 page directory with you in your car and leave it in your glove box for quick reference! Area businesses are listed alphabetically by services. When you patronize the businesses listed in the directory, please tell them you saw them listed in The CAT! *Shop local and save gas!*

**HAVE SOMETHING TO SELL?**

Take advantage of our FREE CAT CLASSIFIED ADS! Make some extra money – clean out that attic or garage! Free classifieds are for “articles for sale” or “garage sales” only, non-commercial, no real estate. Deadline is 6 pm on Friday, November 11th. Email your classified to [tcatribune@gmail.com](mailto:tcatribune@gmail.com) or use the mail-in form in this Edition. Only emailed, mailed or faxed classifieds accepted. Fax to 607-330-8012. *Remember your unwanted items may be someone else's treasures!*

**FREE HAPPY ADS!**

Share a birthday or anniversary wish for free, include a photo! Email to [tcatribune@gmail.com](mailto:tcatribune@gmail.com), or mail it to The CAT, P.O. Box 67, Dryden, NY 13053. Deadline is 6 pm on Friday, November 11th for the next Edition.



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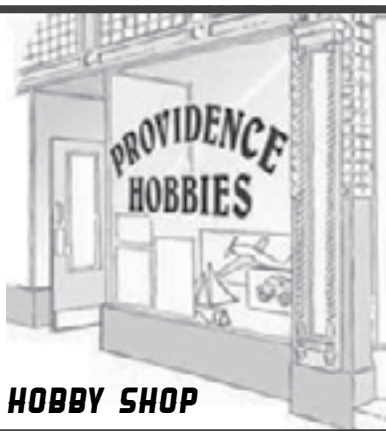
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# COMMUNITY CALENDAR



**November 3 – Meeting for Proposed Park**  
The Town of Dryden recently adopted a Recreation Master Plan which provides an inventory of recreational programs and facilities, as well as recommendations for facilities development. The plan does not identify exact locations for future community parks, so the Town is working on creating conceptual designs for several locations within the Town. We are excited to announce the completion of our first conceptual design for a large community park located on Town-owned property adjacent to the Town Hall. While this does not include detailed timelines or cost estimates, we would like to hear what you like or don't like about the proposed design. We are hosting our first of several public meeting to introduce the design and gather community feedback on: Thursday, November 3, 2011 7:00 PM Dryden Town Hall, 93 East Main St, Dryden

NY 13053 We look forward to seeing you there.

**November 3 – Survivors Of a Loved One's Suicide to Meet**  
Survivors Of a Loved One's Suicide support group provides a safe, supportive environment for you to talk about your lost loved one. The group meets every first Thursday of the month. The November meeting is Thursday, November 3 at 7:00pm at the office of the Cortland County Mental Health Association, at 25 Clinton Ave in Cortland. Please note the change in location. Please contact Cecile at (607) 753-3021 ex 26 or Cecile@cortland.org for more information. The group is facilitated by peers who have survived a loved one's suicide.

**November 4 – Best if Used: Functional Pottery by Jim Burke Opening**  
Gallery 54 presents "Best if Used: Functional Pottery by Jim Burke" opening Friday November 4 from 6-9 pm at

Gallery 54. Entertainment by Christopher Molloy and his Electric Blue Harp.Wine tasting by Giancarelli Winery. Meet the artist and enjoy First Friday in Skaneateles. Gallery 54 is located at 54 E. Genesee St. Skaneateles and specializes in fine art and craft created by CNY artists. www.gallery54cny.com. Mon-Thurs. 11-5, Fri 11-6, Sat 10-5, and Sun 11-5.

**November 5 – Christmas Craft & Garage Sale**  
Garage sale and pre-Christmas Crafts, etc. Lots of fun stuff for everyone and good prices! Located ~10 miles south of Ithaca just outside of Danby on 96B (Willseyville). 90 Eastman Hill Road. 9am-3:30pm

**November 5 & 12 – Beginning Knitting 101**  
1:00-3:00 p.m. FREE Classes ~ Learn How to Knit with Terry Coon You must register for these FREE classes so we have enough supplies To Register for these FREE Classes: Call the Groton

Public Library at 898-5055 OR email to director@grotonpubliclibrary.org

**November 5 – Groton Community Church Harvest Supper, Craft Bazaar & Bake Sale**  
The Groton Community Church, United Church of Christ will hold its Annual Harvest Supper, Craft Bazaar, and Bake Sale fund raiser from 4:30 p.m. until gone on Saturday, November 5 at the Groton Elementary School Cafeteria, 516 Elm St. in the Village of Groton; where there is plenty of off-street parking. The Harvest Supper menu includes roast turkey and stuffing, mashed potatoes and gravy, squash, coleslaw, corn, and cranberry sauce, with fresh rolls, assorted homemade sweetbreads and pies; plus beverages. The fee for the meal is adults to senior citizens 62-years of age - \$8, senior citizens age 62- years of age and older - \$7, children 5 through 10-years of age - \$7, and children under age 5 may eat for free. Take-outs will be available; plus meals may

also be delivered by calling Chris Brown at 607-898-4612 by noon on Nov. 5 to place a reservation. Come early and bring your family and friends for this great family event.

**November 6 – McLean Firefighters Annual Turkey Dinner**  
Noon until gone McLean Fire Hall Turkey with all the trimmings. All you can eat! Featuring homemade pies. Adults \$8, Seniors \$7, 6-12 yrs. \$5, 5 and under free.

**November 7 – Monday Night Seminar & Booking Signing**  
When: November 7, 7:30 PM to 9:00 PM  
Where: Cornell Lab of Ornithology, 159 Sapsucker Woods Road, Ithaca Speaker: Chris Linder, Photographer/Author Topic: Life on the Edge: Adélie Penguins Description: Using images from his recent book Science on Ice, photographer Chris Linder will explore how Adélie penguins—and the researchers that study them—survive and thrive

at Cape Royds and Crozier, the southernmost penguin colonies in the world. Admission: Free Contact: (800) 843-2473, www.birds.cornell.edu/events

**November 10 – Creatures of the Night with Dan the Snakeman**  
At 6:30 p.m., the Groton Public Library will have a special treat for all, Creatures of the Night with Dan the Snakeman. Dan the Snakeman has something to offer every reptile enthusiast. Ever wondered what a snake or an alligator looks like up close? The Snakeman will thrill his audiences with these amazing animals. Dan's shows were created to educate people of all ages about reptiles. Through informative displays and interactions, the presentation successfully helps the audience better understand and appreciate the special nature of these animals and their importance to the environment. The program offers a unique opportunity to experience many species of exotic reptiles. The audience is invited to interact with the animals on an up-close and personal level; viewing, touching, and asking questions are highly encouraged. For more information call 607-898-5055 or director@grotonpubliclibrary.org

**FOR A COMPLETE LISTING OF UPCOMING EVENTS:  
CORTLANDAREATRIEBUNE.COM  
TWITTER.COM/TCATRIEBUNE**

**HAVE A COMMUNITY EVENT TO SHARE?**  
Please send all pertinent information, including a date, location, time, price, and a brief description to us at tcatribune@gmail.com, and we'll be happy to help inform the public!



## MYSTERY PHOTO CONTEST




**Answer from the Previous Edition:**  
Dillingham Motor, Inc. of 76 Main Street in Cortland

**MYSTERY PHOTO CONTEST!**

Our mystery photos are old pictures of our area towns, businesses or landmarks. If you know where this edition's cover picture is - call 607-844-8228 or email tcatribune@gmail.com. Leave us your name, address & phone number along with your guess. If your guess is correct - your name is entered into our contest! A name is picked by random drawing & we print the winner's name in our next issue! All decisions are final. Businesses from around the area have generously donated a prize! Deadline for your guess is 6 pm on Friday, November 11th for this edition. By entering, you automatically give us permission to print your name in our next issue.

Each contest generates hundreds of entries! The winner of last edition's contest is Bill Pittman. Bill won a gift certificate from Pets A Plenty Pet Store located at 3925 West Road (Rte. 281 in the Blockbuster Plaza) in Cortland! The winner of this issue will win a gift certificate from Toads Diner located on Route 38 in Freeville! Enter your guess today!

We are looking for old photos to stump our readers! Do you have an old photo we could use?! Please call us or email us - THANK YOU!



**DO YOU KNOW WHERE THIS IS?**  
See what you can WIN  
if you know WHERE this picture is!  
Congratulations to our latest contest winner:  
**Bill Pittman**  
of Marathon



## GO NUTS WITH BACK TO BASICS BULK FOODS

By Shannon R. Myers

NOW THAT AUTUMN IS FULLY upon us, the focus turns to food as people make their preparations for parties, family gatherings, and holiday feasts. No time is better to indulge in homemade baked goods and cold-weather dishes than in the winter months, when the temperatures outside continue to drop.

When considering where to go to buy foods for holiday parties and dinners, Back to Basics Bulk Foods should be at the top of your list.

"We take large quantities of foods and produce smaller quantities, passing the savings along to our customers and making it easier for the consumer," said Jeff Schenck, who owns Back to Basics with his wife, Kim. "We provide quantities from a half-pound to as much as a pallet load."

Back to Basics offers a variety of items that will enhance your baking and snacking needs for the holidays: grains, fruits,

pastas, beans, teas, coffees, candies, pretzels and chips; deli meats and cheeses for your party platters, including black forest ham, Italian and regular roast beef, salami, Amish butter cheese, yogurt and Swiss cheeses, just to name a few. Back to Basics carries a huge array of spices, as well as pre-made just-add-water mixes, for breads, biscuits, and ginger bread. Back to Basics also offers items for those with dietary restrictions, such as products for gluten-free baking; and don't forget the nuts!

Nuts are a big hit around the holidays – for snacking, as well as baking. Back to Basics is getting ready for its annual nut sale, which runs from mid-November to Christmas Eve. There will be a great variety available for consumers to go nuts over: peanuts, walnuts, hazelnuts, pecans, almonds, and many others.



in another store. Almost all of our smoked deli meats are John F. Martin meats, out of Lancaster County, PA. Consumers

pay up to a third less the cost than they would pay at another location."

Located at 2207 Dryden Road, Dryden, NY, Back to Basics Bulk Foods has been in operation for thirteen years and is the only bulk food store within 50 miles. The store was originally located in downtown Dryden near Agway and had 700 square feet of space. The previous owner constructed the current 1500 sq. foot building on Dryden Road, then decided to sell it. "I never planned to have my own business," Jeff said, "But I was between jobs and had experience as a deli manager; and my wife, Kim, worked part-time for the previous owner." Kim and

Jeff decided to take the plunge and buy Back to Basics, and have now run the store for seven years.

Jeff attributes the success of Back to Basics not only to the various quantities, rare items, and good pricing, but also to great customer service and the fact that it is a small local business. One of the things he most enjoys assisting people who come into the store.

"People really need to stop in and see what we have to offer," Jeff said. "I've often met new people that come in and say they've driven by Back to Basics for the past seven years and then ultimately stopped in to check out what's in the store."

Back to Basics Bulk Foods is open Tuesday-Friday from 9 a.m. to 6 p.m. and on Saturdays from 9 a.m. to 4 p.m. It closes between Christmas and New Year's Day. If you are planning your holiday meals and get-togethers, you should stop in at Back to Basics, say hi to Jeff, and go nuts over the great values!

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## V & V FURNITURE SALES CELEBRATES 2ND ANNIVERSARY

ON NOVEMBER 2, 2009 THE Old and the New came together to start a new store "V & V Furniture Sales" at 113 Port Watson Street in Cortland, NY. Bill Vogt started his first Used Furniture store, "The LeftOver Shop" in 1986, which was located on Tompkins Street, Cortland, NY. Eric Vincent of GSA Vincent Furniture Restoration and Bill Vogt came together to form the New Retail Used Furniture Store.

Bill with 24 years of experience in selling, buying furniture and Eric with a complete Furniture Restoration Business which is located at 115 Port Watson Street, Cortland, NY, now merged together with their years of expertise to offer good used Wooden Furniture for Retail. Located directly across the street from the Port Watson Street "Hess Gas Station" V&V Furniture is celebrating the entire month of November with store wide sales just in time for the holidays! Don't wait till the guests arrive - shop early for couches, recliners, chairs, dining rooms sets, hutches, end tables, chest of drawers, lamps, rockers, bedroom sets including new mattresses and more! Inventory changes often so stop in and shop often!

Good NY checks, VISA, MASTERCARD or Discover cards accepted. Don't miss this rare opportunity store wide sale for the month of November! Take advantage for the extra 20% OFF any used item in the store with the ad on the front page! V&V Furniture Sales is open Monday thru Friday from 10am to 5pm and Saturdays from 10am to 4pm - V&V carries new and used furniture for your home, office or dorm. Stop by or call them at 607-753-7930. Good used furniture for your home! Come peek in our drawers!



## MIKE'S FISH TANK HERMIT CRABS

SO MANY PEOPLE ARE INTO hermit crabs as pets. They are fun, easy to care for and inexpensive. Here are some helpful hints.

Hermit crabs love to switch shells but need larger shells as they grow to maintain adequate body moisture.

For a proper fit, the new shell should be larger than the present shell, and the shell opening should be the same size as the crab's large pincher. To ensure that hermit crabs function in their homes, shells should be properly cleaned, and chosen carefully. Crabs will clean themselves if you provide them with fresh water in their bowls, But it is a good idea to bathe crabs. Submerge them in room temperature water for 30 seconds-1 minute and allow them to air dry.

Crabs thrive on company and are the most active and entertaining when they co-exist in pairs or in a hermit crab community.

When increasing the number of hermit crabs, be sure to provide more space for them. They also need a warm and humid environment, 70-75 degrees F. However I want to point out that if you want to keep just one hermit crab, it is perfectly OK. A lot of kids have just a small cage and putting more than one might not be a good idea.

Crabs love to climb! Coral and choya wood will encourage activity. Again, be sure they have plenty of room to play!

Crabs need calcium obtained from shell dishes. And, they thrive on pre-mixed hermit crab food and treats, along with a variety of vegetables and fruits. They will bury their food, so make sure you remove all uneaten food prior to their daily feeding. One way to feed is to put just a little water in the sink, sprinkle the hermit crab food around the edge of the water.

Let your crabs eat for about 15 to 20 minutes and put them back into their cage. Swish out your sink and your crab cage stays clean. Hermit crabs do not eat that much, so you will not be wasting much food if you only add a little bit in the sink.

They also make an undertank heater that sticks to the bottom of your hermit crab cage. You plug it in and it emits just a small amount of heat that helps keep your crab from getting too cold. This is especially helpful in Winter.

*Pets A Plenty is located in the Blockbuster Video Plaza, Rte 281 Cortland, 753-9213. Open 7 days a week. We now have a website. WWW.PETSAPLENTY.BIZ. check it out. I post care sheets, coupons, new animal arrivals, contests and more. Any questions, email me at friskyy@hotmail.com*



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**We Have JUNIOR MEALS FOR KIDS, SENIORS OR PEOPLE WITH SMALLER APPETITES!**



## A HOLIDAY OPEN HOUSE AT "THE CINNAMON APPLE COTTAGE GIFT SHOPPE" ON NOVEMBER 5TH!

CHRISTMAS IS JUST AROUND THE CORNER—and so is "The Cinnamon Apple Cottage Gift Shoppe", conveniently located in the center of Cortland near your other shopping destinations, adjacent to Valley View Gardens Retail Nursery and opposite "Builders Best Do-It Center" on Luker Road in Cortland!

To celebrate the commencement of the holiday shopping season, The Cinnamon Apple Cottage will be hosting an "Open House" on Saturday, November 5 from 9 o'clock a.m. until 5 o'clock p.m. Join us for a day filled with holiday spirit: music of holidays past, mulled cider, goodies to much upon as you browse our charming gift shop for unique gifts for your loved ones and just plain good cheer! The Cinnamon Apple Cottage will also be giving away four \$25 gift certificates in drawings open to all purchasers! For each \$10 spent, your name will be placed in our drawing barrel! For example, a \$30 purchase will enable you to submit your name in the drawing 3 times!



This is a great time to stock up on gifts for those "difficult to shop for" people in your life! We will have special sales at this time on select holiday items and other merchandise! We strive to create pleasant shopping experience for you AND your wallet, so hurry down to "The Cinnamon Apple Cottage", an easy drive from almost anywhere!

Valley View Gardens Nursery and The Cinnamon Apple Cottage Gift Shoppe have the best customers in the world! In addition to our "Open House" drawings and sales, each purchaser will receive a "\$5.00 off" voucher to be used on subsequent shopping sprees just to say "thank you" for being one of customers! In addition, for each \$100 in purchase, you will receive an additional voucher to be used during your next visit!

At The Cinnamon Apple Cottage you will find a gift for everyone on your list! Peruse the linen department, the children's toy/game section (non-electronic games, that is!), the outdoor lovers sanctuary, the general store stocked with Amish jam, pie fillings, soup mixes and more! Follow the scent of our candles, potpourri and reed diffusers to the "rose room" filled with yummy fragrances like "Buttered Maple Syrup" and "Grandma's Kitchen". For the holiday fragrances we all love, select "Balsam Fir", "Woodland Pines" and "Mulled Cider"! Decorate your home with our wonderful selections of home décor or give your loved one that unique item to add the finishing touch to their home!

During this holiday shopping season, beginning November 1, The Cinnamon Apple Cottage will be open from Monday through Thursday, 10 a.m. to 6 p.m.; on Friday, from 10 a.m. to 7 p.m.; and Saturday, from 9 a.m. to 5 p.m. We are closed on Sunday, however, beginning December 4th and continuing on December 11th and December 18th, The Cinnamon Apple Cottage will open on Sundays between 11 a.m. and 4 p.m. for your Christmas shopping convenience. If you have any questions, please do not hesitate to call us at (607) 749-3130. We look forward to seeing you during this holiday season!



## CORTLAND PICTURE FRAME CO. ANTIQUES, GIFTS, AND CUSTOM FRAMING

CORTLAND PICTURE FRAME CO. ALONG with a number of other businesses in Downtown Cortland will be celebrating the season with a Downtown Cortland Holiday Open House on Saturday, November 5 from 10am to 4pm. We will be offering 10% off all framing orders that day and 20% off antiques and gifts (furniture not included). Look for the balloons outside and stop in for some cider and goodies.

We are ready for the holiday season with a shop full of delights from antiques and locally made crafts to a colorful selection of gifts from around the world. We have been searching all year for unusual finds at auctions such as vintage pedestal cake plates, Victorian Christmas tree stands and plant stands, ironstone, transferware, and depression glass for your holiday table. In addition, we have colorful silk scarves and purses from Nepal and Thailand, baskets from Ghana, niche frames from Mexico, texting mittens, shawls, jewelry made by several designers, and one-of-a-kind dolls you must see to believe. We also have an always changing collection of reasonably priced antique furniture. Don Hull has brought in new bonsai jade plants in his handmade pots, and we have a wonderful selection of hand thrown stoneware pottery by Bobbi Lamb plus that odd and unpredictable find you just have to have.

## Dedrick's Fruit Stand

### Crew would like to say...

*Thank you for another great season!*

Calvin, Cornel, Laura, Tina Marie, Rick, Scott, Tommy, Katlyn, Derek, Morgan, John & Michelle



Thanksgiving

Christmas

Valentines Day

Easter

*Hope you have a nice winter. See you around Mother's Day!*

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*Pleasant words are as an honeycomb sweet to the soul, and health to the bones—Proverbs 16:24*

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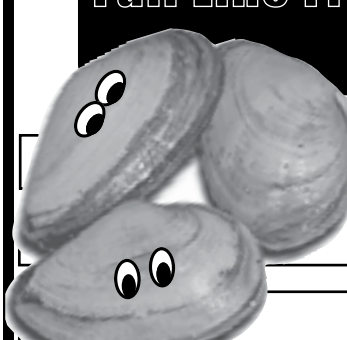
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Cortland Picture Frame Co. is also the perfect solution for getting anything framed you could imagine in a frame. We especially love building shadowboxes and framing needlework, and we have a fabulous collection of moulding to choose from along with antique and vintage frames. Look at our slide show to get ideas of what we can do with whatever you have.

Cortland Picture Frame Co. is located at 9 N. Main Street, Cortland, NY13045 (607) 756-6499, and hours through the holidays are Monday-Friday from 10am-5:30pm and Saturday from 10am-4pm.

## SNOWMOBILE SAFETY TIPS DURING HARSH WINTER MONTHS



THANKS TO SNOWMOBILING, POWDERY WINTER storms and the deep chill are often something to look forward to. Snowmobile enthusiasts welcome the low temperatures and high snowfalls!

“Nothing beats cruising through fresh powder on your sled, until something unexpected happens,” said Allstate spokeswoman for New York, Krista

Conte. “Allstate offers affordable coverage that helps protect you, your passengers and your snowmobile, including: Liability Coverage, Medical Payments Coverage, and Physical Damage Coverage.”

Here are some tips from Allstate’s power sports insurance brochure to help you have a worry-free snowmobiling season.

### Plan for Success

- Create a kit of essentials (driver’s license, money, medications, insurance forms, cell phone, water, high-energy food) to carry with you.
- Create a plan using detailed maps.
- Before you head out, make sure someone

knows your plans.

### Chill out on Ice

- You have far less traction for starting, turning, and stopping on ice than on snow, so always travels at low speeds.
- Be absolutely certain that any ice you ride on is safely frozen.

### Remember the Basics

- Always wear a helmet and insist any passengers do the same.
- Never drink and sled.

Contact SHIRLEY EIZEMBER, Exclusive ALLSTATE AGENT at the Pinckney Insurance Agency located at 41 Port Watson St Cortland, NY 13045..Ph 607-756-8505.

*The Allstate Corporation (NYSE: ALL) is the nation’s largest publicly held personal lines insurer. Widely known through the “You’re In Good Hands With Allstate®” slogan, Allstate is reinventing protection and retirement to help more than 17 million households insure what they have today and better prepare for tomorrow. Consumers access Allstate insurance products (auto, home, life and retirement) and services through Allstate agencies, independent agencies, and Allstate exclusive financial representatives in the U.S. and Canada, as well as via <http://www.allstate.com/> and 1-800 Allstate®.*

## NOVEMBER IS NATIONAL LUNG CANCER AWARENESS MONTH CANCER INSURANCE PRODUCT OFFERS NON-TRADITIONAL FINANCIAL AND WELLNESS BENEFITS

BATTLING LUNG CANCER CAN DRAIN you physically and emotionally, but it can also drain you financially – if you are not prepared. Allstate Life Insurance Company of New York offers cancer insurance that supplements insurance already in place and provides benefits that can

be used to help cover non-medical-related expenses that traditional health insurance policies typically do not cover. In addition, a Wellness Benefit Rider is included with the policy. The Wellness Benefit pays when a covered person gets a cancer-screening test. Depending on your policy level, i.e. Basic, Enhanced, or Premier, the Wellness Benefit Rider means that each covered person gets paid a specific amount each calendar year for having one of the cancer screening tests.

“Our customers rely on Allstate to help protect them from the unexpected,” said

Allstate NY spokesperson Krista Conte. “While cancer insurance may not be a product for everyone, some customers find that it offers a level of financial protection should they or a covered family member be diagnosed with cancer.”

As Conte explains, the cancer policy is not for all consumers, but it could be worth consideration if:

Cancer is in your family history

Money set aside for the unexpected is limited

No income is in place should you be unable to work; either if you are diagnosed or one of your children

Specified illness coverage does not exist through your workplace

The Allstate cancer insurance plan, offered through the company’s Workplace Division or direct-to-consumers through its more than 900 agency locations statewide, includes individual and family coverage and provides a range of financial benefits, such as:

An initial one-time benefit payment paid to the covered person (or guardian) at the time of diagnosis, payment ranges from \$1,000-2,000 in New York depending on plan type

Hospital-related benefits, including a specified daily payment for continuous hospital confinement, drug and diagnostic testing, physician and surgeon visits, private nursing treatment, and ICU confinement

Ambulance and transportation benefits that remit a specified payment to the covered person when he or she is transported by an ambulance service, and also gives the covered person a specified payment for transportation to and from treatment – there is no limit on cancer treatment trips

Family member transportation and lodging, which is for a specific amount to help pay for a family member to accompany the covered person to treatment and stay in nearby lodging for up to 60 days

Extended care benefits when receiving hospice care at home, visiting or being confined to a hospice, or receiving outpatient care under the direction of a hospice

“This personal coverage can help with non-medical-related expenses if you are diagnosed with cancer,” said Conte. “The cost is affordable and the benefits give you financial help during a time when you need to stay focused on getting well.”

Contact SHIRLEY EIZEMBER, Exclusive ALLSTATE AGENT at the Pinckney Insurance Agency located at 41 Port Watson St Cortland, NY 13045..Ph 607-756-8505.

*The Allstate Corporation (NYSE: ALL) is the nation’s largest publicly held personal lines insurer. Widely known through the “You’re In Good Hands With Allstate®” slogan, Allstate is reinventing protection and retirement to help more than 17 million households insure what they have today and better prepare for tomorrow. Consumers access Allstate insurance products (auto, home, life and retirement) and services through Allstate agencies, independent agencies, and Allstate exclusive financial representatives in the U.S. and Canada, as well as via [www.allstate.com](http://www.allstate.com) and 1-800 Allstate®.*

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## TOAD'S DINER

By Shannon R. Noble

THE "TOAD'S DINER" SIGN WAS a welcome sight to area residents at 17 Railroad Street in Freeville back in July. Dave Perkins had decided to take the reins and bring the original diner back to life!

Dave has been in food service since he opened a sub shop in Cortland in 1972, shortly after graduating from Dryden Central Schools in 1971. "I was the youngest business owner in Cortland at the time," he says. He eventually sold the sub shop and went to Cornell, where he worked as a life safety specialist until 1999, when he left Cornell to run Toad's Diner full time.

Dave and his wife Kathy opened Toad's Diner, a sandwich and ice cream store, in 1993. Business picked up so much that they decided to separate the two facets of Toad's Diner, and in 2000, they built Toad's Too Ice Cream Oasis directly across the street from the main location. However, Kathy's injury in 1999 and other untimely circumstances increased the difficulty in running both locations.

"We had to make a choice between running the diner or the ice cream store," Dave says. "We chose to operate the ice cream store in the summer and close Toad's Diner. People were unhappy that the diner closed. Over the past few years, I've heard many comments from people who wanted Toad's back."

They leased out the restaurant portion of the building in 2006. This was the first of four leases over a span of about four years. Each of the eateries failed. "People need to understand that you can't just walk in, open a restaurant, and make lots of money right away," Dave says. "Can you make lots of money? Sure. But you have to work at it, and it takes time."

After Casey's Diner closed in late 2010, Dave decided that leasing the property was just too difficult. But, the need for a diner in Freeville remained, so he decided to re-open Toad's Diner. Remodeling started in January, 2011 and Toad's Diner opened on Saturday, July 9th. Toad's Diner continues with its good reputation, and offers good food at reasonable prices.

Though Dave plans on making the diner the same type of family diner as it was years ago, he has updated the menu to offer new items and has added breakfast, lunch and dinner specials.

"I've kept popular items on the menu. The fish fry was a big draw, and I'll have chicken and biscuits again on Sundays. I won't be doing pizza right away, though," Dave adds. "The pizza business is an entirely different business than the diner. I want to get the diner running well first, and I also want to perfect something that's different and better than what other people have before I start doing pizza."

Since opening in July, Dave remains focused on working to re-establish the diner's good reputation and winning back his customer base. "Satisfaction is guaranteed," he says. He also encourages his customers' feedback; he wants to know how Toad's Diner is doing and what he can do to improve the diner. "If there are any complaints, customers should bring them right to me."

Toad's Diner is open 8 a.m. to 8 p.m. daily and is closed on Wednesdays. Take-out orders can be placed all day by calling 607-844-5229. "So hop on down to Toad's!" Dave says. "Sorry, no frog's legs sold here!"



## DRYDEN WINE AND SPIRITS CELEBRATES 16TH ANNIVERSARY

By Shannon R. Myers

THE HOLIDAY SEASON IS NEARLY upon us, and it's the right time to start planning your holiday festivities.

Dryden Wine and Spirits, now celebrating 16 years of service to the Dryden area, can assist in providing key ingredients for your seasonal social gatherings. Dryden Wine and Spirits offers a huge selection of foreign and domestic wines and spirits, as well as additional products and services including free gift wrap, free personalized labels for any occasion with a wine purchase, and party planning services. Consumers who plan on hosting large gatherings or like to stock up can take advantage of 15% case discounts at Dryden Wine and Spirits.

Don't let the small storefront deceive you. When you walk into Dryden Wine and Spirits, you will be greeted by a spacious and warm atmosphere and will be attended by a friendly, knowledgeable staff; both of which contribute to a fun shopping experience. The staff of six, headed by owner and operator Valle Vasse, has 54 years of collective experience and is service driven. They will serve you in a personable, courteous manner and assist you in matching the most appropriate wine or spirits to your needs.

## Unreserved Real Estate & Contents AUCTION

2862 Route 26, Cincinnatus, NY  
{From Cincinnatus, go Rt. 26 N., just S. of Miles Rd.}

SUN., NOV. 6, 1 P.M. - Preview: 12 NOON - 1 P.M.

**Household Furnishings to be auctioned after the sale of the Real Estate:** China Cabinet, pantry cupboard, Sofa daybed, dresser w/mirror, night stand, Pine shelves, wicker porch chairs, rocker/sofa, glider chairs, artificial fireplace, twin bed, dressing table, piano stool; **Collectibles:** Bells, paperweights, Baseball cards, crocks, Pillar clock, Mantle clock, collector plates, collection of dolls-Byclo Bisque German Doll, glassware, wooden bowls & cheese box, iron bookends, snow shoes, quilt stands, wrought iron plant stand, celluloid dresser set, Pedro Plug Tobacco lunch pail, advertising trays, metal car banks, Iron Mummy bank; **Housewares:** Stove, sm. appliances, propane wall heater, reading machine, leaf blower, Craftsman 15.5hp OHV riding lawn tractor w/EZ mulching-42" deck, 2 Echo weed eaters, push mower, leaf cart, plus more! **Terms on Personal Property:** Cash, Visa, MasterCard, Discover or Debit Cards. No Checks. Ten percent buyer's premium. All items sold in "AS IS" "WHERE IS" condition. Subject to errors and omissions. Refreshments available. Driver's license required for bidding number. All statements made day of auction take precedence over printed material. Auction: #6182/11.



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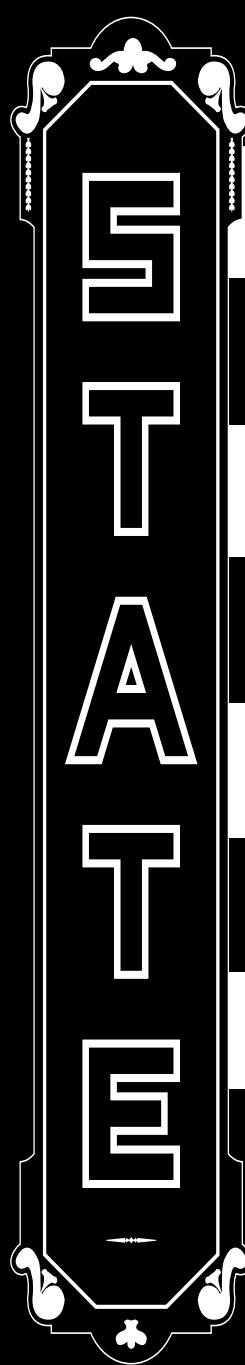
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Dryden Wine and Spirits is located at 23 W. Main Street, Dryden; and while the parking can be a bit touch and go on W. Main St., you can relax and get out of the traffic, knowing that Dryden Wine and Spirits has ample parking in the back with access to the rear entrance. What more can you ask for when you can pull your vehicle around to the rear and Dryden Wine and Spirits staff will assist you in loading cases or large quantities?!

Holiday gift sets are in at Dryden Wine and Spirits, so stop in and pick up the perfect gift set for that someone on your holiday list. You can also inquire about any special orders, which are always welcome.

Join Dryden Wine and Spirits for their Annual Day Before Thanksgiving Wine Tasting on Wednesday, November 23rd from 2 p.m. to 5 p.m. Dryden Wine and Spirits will be open on Thanksgiving Day from 9 a.m. to 3 p.m. for your shopping convenience.

Dryden Wine and Spirits is open from 10:15 a.m. to 9:30 p.m. Monday through Thursday; 10:15 to 10 p.m. on Friday and Saturday, and from 12 p.m. to 5 p.m. on Sunday. Stop in or call Dryden Wine and Spirits at (607) 844-8135 with any questions you may have. Help Dryden Wine and Spirits celebrate by letting them serve you!

after taste but NSP has taken care of that by adding natural lemon oil to the capsule. You can also freeze the product so when you take it you don't burp or taste the fish oil capsule. It also contains DHA which is the major fatty acid in the brain and in the retina of the eye. The fish oil used is from deep cold water fish. Of course you can depend on a high quality product free of mercury or any other toxins.

Super GLA is another good choice. It contains Evening Primrose oil, black currant oil and borage oil. Besides being a good oil for our joints it also helps play an essential role in maintaining normal blood pressure and body weight and in reducing platelet aggregation and inflammation. It is also very helpful with PMS symptoms like breast swelling and tenderness.

Flaxseed Oil is another option. This is a vegetarian source of Omega-3 and Omega-6 fatty acids that also help with healthy cholesterol levels. It is also a source of lignan which is linked to lowering the incidence of breast and colon cancer. It is one of the most nutritious oils on the earth. Most people get too much of the wrong kind of fats then wind up deficient in essential fatty acids.

Tei Fu Oil is for topical use only but is one of my favorites. It contains Safflower oil, wintergreen oil, menthol, camphor and other essential oils. I call it my natural "Ben Gay". It smells good and is so useful for many conditions. It can be massaged into the skin for relief of sore muscles. Can be massaged over the throat area for sore throats, on the chest area for congestion. Helps to relieve headaches if massaged into the neck and shoulders. It can also be used for insect bites and stings, bruises and to aid healing. You can inhale it for the relief of sinus congestion. We like to put boiling water in a stainless steel bowl and add a drop or two and put a towel over our head to help sinus problems. Works great. It comes in two forms, one the pure oil and also in massage lotion for larger areas.

Everflex Pain cream is another option. It is designed as a topical cream to apply to painful joints and muscles. It has a penetrating action and helps to ease pain and stiffness. It also reduces inflammation and promotes healing. It does not smell strong like the Tei Fu.

So before the real winter sets in and you get all stiff and sore why not start on some good quality oils to make sure your joints are working properly.

Diane L. Toombs, CNHC  
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The information in this article is for educational purposes only and is not meant for diagnosing or prescribing.

## HEALTH TALK: BETH'S NATURAL WAY HEALTH CONSULTING ELDER

Truxton, NY  
 Phone/Fax: 607-842-6863  
 E-mail: [bethsnaturalway@yahoo.com](mailto:bethsnaturalway@yahoo.com)

DO YOU HAVE THE NEED to clean out a closet, pantry, drawers or a whole room? But lack the desire to get into a mess that you know means having to throw a lot away that has been around for so long that there is mold covering the top of the jar, the moths have eaten holes right through the clothing or the clothes just do not fit anymore? Elderberries help to turn on the spleen which in turn helps one to get rid of the old.

FOLK NAMES: Black berried alter, bour tree, lady ellhorn.  
 LATIN NAME: Sambucus nigra.  
 ELEMENT: Water.  
 POWERS: Exorcism, protection, healing, prosperity, sleep.  
 MEDICINAL PARTS: Flower and berry.  
 CONSTITUTES: Flavonoids, volatile oil, caffeic acid derivatives.  
 PROPERTIES: Bitter, pungent, cooling, diuretic, alterative, antimucus.  
 MAGICAL USES: Elder wards off attracts of any form. Hung over doorways and windows, keeps evil from the house. Wearing the elder flowers will also protect one from evil. Grown in the garden protects against lightning for the house.  
 INTERNAL USES: Flowers are used for very deep sated mucus such as pneumonia. Slows over production of sticky mucus and prevents colonization from virus and bacteria. Berries are used to turn the spleen on, skin complaints and rheumatic pains.  
 EXTERNAL USES: Flowers are for sore eyes, irritated or inflamed skin, mouth, ulcers or minor injuries.  
 HARVEST: Pick the flowers when in full bloom in the spring- time and the berries when a dark purple in the fall. Use a fork to gently pull the berries off the stem.  
 USE AS: Teas, powders, extracts (flowers), syrup (berries).  
 PRECAUTIONS: None known.

## THE COLD WEATHER IS ON OUR DOOR STEPS TIME TO LUBRICATE OUR JOINTS

BRR. THE LAST COUPLE OF days Old Man Winter has shown he is on the way. If you are part of the Baby Boomer Generation or older your body is telling you that is true. We are told this time of year to make sure our lawn tools, automobiles are well-oiled to prevent them from rusting, etc. Well the same is true of our bodies. Our joints in our knees, elbows, shoulders and hips need oiling but most people are not using good oil. You wouldn't put dirty oil in your car or else you would suffer the consequences. The same is true of our body. We need good quality oil. One good choice would be Nature's Sunshine Omega-3. The typical American diet contains too much omega-6 essential fatty acids and too little of the omega-3. Omega 3 helps to reduce inflammation and the risk of cardiovascular disease. It also helps overcome insulin resistance in cells. It helps with healthy cholesterol levels and aids circulation. Most people don't like the fishy

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-- Cortland, NY --

Sale of UNCLAIMED STORAGE BINS to the HIGHEST BIDDER. Sunday, November 6th at NOON sharp Cortland Self Storage, Luker Road., Cortland, NY 13045 next to Builders Best & across from Dr. Kristin Clark-Lowell Family Dental Facility. BINS WILL BE SOLD OPEN, CASH ONLY AND BRING I.D. PLEASE! YOU WILL NEED TO LOCK YOUR UNIT IF YOU WIN THE AUCTION SO PLEASE BRING YOUR OWN LOCK! The bins are all outside units. We will start the auction on Luker Road then proceed to blue bins across from Lighthouse Hill Rd on Rte 13 for additional outside bins. Usually found: furniture, antiques, collectibles, dressers, toys, computers, tvs, games and who knows what! We have many repeat customers so there must be items of value in there! It's like a treasure hunt! Please come and join us! There is a cleaning deposit for each bin in which will be returned to you when the bin is empty. Depending on the size of the bin and what is in it, each bin deposit will range from \$25 to \$100. (\$100.00 Deposit is only required if there are many heavy items like tools, chests, large appliances, etc. in case you do not take them or you do not clean the bin & we have to have them hauled). Unlike most bin sales, you do NOT have to empty the bin that day! You will be given a couple days to empty the bin. SOME ITEMS will be sold separately!



## PENCIL POINTS

*Pencil Points are tips for residential design and planning issues often encountered by homeowners, builders and developers. This information is provided by Applied Design Research Associates as general interest based on current NYS Building Codes and is not intended as professional guidance for any specific project. For answers to specific design questions feel free to contact ADRA at (607) 844-4601 or consult the yellow pages under Architects for the name of other registered design professionals in your area. You can also write or email ADRA with additional questions to be researched and published in subsequent issues of this paper.*

ADRA Associates- P.O. Box 306, Freeville, NY 13068 adra@twcny.rr.com

### WHEN IS A BASEMENT NOT A BASEMENT?

A BASEMENT, AS DEFINED BY the NYS Residential Building Code, is "that portion of a building that is partially or completely below grade". GRADE PLANE is defined as "a reference plane representing the average of the finished ground level adjoining the building at all exterior walls." Where the finished ground level slopes away from the exterior walls, the reference plane shall be established by the lowest points within the area between the building and the lot line or, where the lot line is more than six feet from the building, between the building and a point six feet from the building. BUILDING HEIGHT is defined as "the vertical distance from the grade plane to the average height of the highest roof plane"

which can also be directly affected by the calculated grade plane for homes situated on sloped sites. The prospective home owner and/or their design professional must review the actual building height against both building code and local land use regulations as they pertain to maximum building height(s) based on type of construction and zoning district (where applicable).

Considering the current trend of clients who desire walk-out basements for adequate service access for storage or a code compliant egress route from the lowest level of their home to support legal habitable areas and sleeping spaces, the classification of "basement" can become tricky.

A Basement shall be considered as a story above the grade plane where the finished surface of the floor above the basement is:

- More than six feet above the grade plane;
- More than six feet above the finished ground level for more than 50% of the total building perimeter;
- More than twelve feet above the finished ground level at any point.

### SNOW SHOVELERS NEEDED TO ASSIST SENIOR CITIZENS

IT'S NOT TOO EARLY TO think about snow! With winter weather coming upon us, the Tompkins County Office for the Aging is updating its listing of snow shovelers. Deep snow and icy sidewalks are dangerous for everyone but especially for senior citizens. Many seniors are not able to remove the snow from their sidewalks without assistance. If you are interested

in assisting seniors by shoveling or plowing, on either a paid or volunteer basis, please call the Tompkins County Office for the Aging at 274-5482. If your name was listed last year, and would like to be listed again, please notify us.

### DAYLIGHT SAVINGS

TIME WILL FALL BACK TO standard time again on Sunday, November 6, 2011, when daylight saving time ends.

### HISTORY OF DAYLIGHT TIME IN THE U.S.

Although standard time in time zones was instituted in the U.S. and Canada by the railroads in 1883, it was not established in U.S. law until the Act of March 19, 1918, sometimes called the Standard Time Act. The act also established daylight saving time, a contentious idea then. Daylight saving time was repealed in 1919, but standard time in time zones remained in law. Daylight time became a local matter. It was re-established nationally early in World War II, and was continuously observed from 9 February 1942 to 30 September 1945. After the war its use varied among states and localities. The Uniform Time Act of 1966 provided standardization in the dates of beginning and end of daylight time in the U.S. but allowed for local exemptions from its observance. The act provided that daylight time begin on the last Sunday in April and end on the last Sunday in October, with the changeover to occur at 2 a.m. local time.

During the "energy crisis" years, Congress enacted earlier starting dates for daylight time. In 1974, daylight time began on 6 January and in 1975 it began on 23 February. After those two years the starting date reverted back to the last Sunday in April. In 1986, a law was passed that shifted the starting date of daylight time to the first Sunday in April, beginning in 1987. The ending date of daylight time was not subject to such changes, and remained the last Sunday in October. The Energy Policy Act of 2005 changed both the starting and ending dates. Beginning in 2007, daylight time started on the second Sunday in March and ends on the first Sunday in November.

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## COUNTRY KITCHEN AND COUNTRY KITCHEN II TO CELEBRATE ANNIVERSARIES

By Shannon R. Noble

WHITNEY POINT COUNTRY KITCHEN AND Country Kitchen II, owned and operated by Douglas Chidester and Carol Fürgeson, are both looking forward to anniversaries this fall. Country Kitchen, located at 2884 Route 11 in Whitney Point, will be celebrating 27 years in business in November. Its Cortland companion, County Kitchen II located at 145 Clinton Street, reached its first-year mark on October 4th. Though both locations will be offering specials for their anniversaries, a lot of focus is on Country Kitchen II, the younger sibling.

"We weren't really looking to open another restaurant," said Carol. "It just kind of happened, kind of fell into our lap. We were here for breakfast one morning; the previous owner wanted to sell . . . and here we are."

Despite the unplanned opening of the new restaurant, Carol and Doug are pleased with the Cortland location. "We've made a lot of new friends here," Carol said. "And our old friends come up here, too. We're very happy here."

What do the Country Kitchen restaurants have to offer? A friendly, welcoming atmosphere, a full menu, and great service.

"We offer home-cooked meals, including homemade pies, soups, and salads. We have a kids' menu, and we offer a 10% discount for seniors on every meal over \$4.00 (this discount is 20%) on Wednesdays). Our meats are all char-broiled, and we have a full range of dishes on our menu, including shrimp, steaks such as ribeye and strip steaks; and liver is very popular. We are also trying a new 'signature' steak that's served with mushrooms, onions, and Swiss cheese. It's fabulous; it's extremely tender!"

Carol believes that reasonable pricing is a great draw for customers. "We keep our prices low so that our customers can come in and enjoy a meal at affordable prices," she said. "Our breakfasts start at \$2.49. But we don't skimp on food quality," she added. "We give everyone the best possible food at the lowest possible price." And breakfast is served all day which include 3 egg omlettes, breakfast sandwiches and much more!

Carol and Doug are also proud of their staff in both restaurants. "Our goal is to provide courteous service, to be welcoming and friendly, and to try to make our customers comfortable, well-fed, and happy when they leave. We have a great crew in both restaurants - we have excellent cooks and waitresses."

Carol and Doug are looking forward to future anniversaries at Country Kitchen II. "We are very fortunate," Carol said. "We really love it here. Our customers have given us a great first year, and we look forward to providing service to our current and future customers."

Country Kitchen and Country Kitchen II invite you to stop in, have a home-cooked meal, and wish them congratulations at either location!



## PICCADILLY LANE COUNTRY AND PRIMITIVE STORE OPEN HOUSE - SATURDAY, NOVEMBER 19

MARK YOUR CALENDARS! PICCADILLY LANE Country and Primitive Store is getting ready to welcome you to their Holiday Open House on Saturday, November 19 from 10-4. Located on 2643 Main Street in Whitney Point, owner Joyce Ballard and her friendly staff invite you to come in and discover the numerous treasures that fill the eight room shop. Many new and one of a kind items have just arrived so be sure to get there early for the best selection. The Christmas Room is ready with all the sights and colors of the season. Country decor, linens, furniture, pictures, candles, jewelry, linens, swags, tine ware, signs, pottery, antiques, and more are overflowing in the other rooms. Whether you need that special gift for your mother, daughter, aunt, friend, or teacher - you can find it at Piccadilly Lane. And don't forget those stocking stuffers!

There will be lots of specials and drawings and of course refreshments!

Be sure to bring in the 30% off one item coupon from their front page ad. And while you are there, go ahead and treat yourself to something special. You deserve it! With the holidays almost here, shop now to adorn your home with a new look your guests will envy or pick out that perfect gift for your loved one!

Redoing a room for the holidays? Let Piccadilly help you redecorate! Choose from Starbridge, York, Park and many other curtain designs in a variety of colors and patterns - curtain swatches for special order - bring in your paint samples or fabric swatches and they will help you match them by appointment for or better yet, visit the store.

Looking for a fun way to kick off your shopping season and earn credit towards your favorite items at Piccadilly Lane for holiday gift giving - host a "Piccadilly Party"! Invite your friends and family for some punch and cookies and receive 20% in sales credit towards merchandise in the store! Plus for every party booked from your party, you will receive 1 item at 40% off!

So make your list and check it twice and head to Piccadilly Lane! The store is also open Monday 11-3, Tuesday, Wednesday & Friday 10-6, Thursday 10-7, Saturday 11-3 and Sunday closed. Questions or looking for something special - 607-692-7418 or email piccadillylane1@aol.com and now on facebook!





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93734C*	'08	JEEP COMPASS SP SUV GREEN ED3	13999	57034	\$248.89
93784A	'08	PONT G6 SEDAN SILVER LE5	13999	40448	\$248.89
93827A*	'10	HYUN SONATA GLS SEDAN RED	13999	55013	\$231.35
93842	'11	CHEV HHR LT WAGON BLACK LE8	14699	28275	\$242.92
93762	'10	CHEV IMPALA LT SEDAN BLACK LZ4	14999	38218	\$247.87
93764	'10	CHEV IMPALA LT SEDAN WHITE LZ4	14999	33456	\$247.87
93765	'10	CHEV IMPALA LT SEDAN SILVER LZ4	14999	33362	\$247.87
93807	'08	CHEV MALIBU LS SEDAN WHITE LE5	14999	40535	\$266.67
93841*	'10	CHRY SEBRING LI SEDAN SILVER E	14999	28615	\$247.87
B3200A*	'09	HYUN SONATA 4DR SDN V6 AUTO GL	14999	35670	\$247.87
C1139A	'09	CHEV IMPALA LS SEDAN GOLD LZ4	14999	17106	\$247.87
C2303A*	'07	MITZ ECLIPSE SP CONVERTIBLE SI	14999	25609	\$289.27
C4220A*	'10	TOYO COROLLA 4DR SDN AUTO S	14999	39142	\$247.87
93814A*	'07	MITZ ECLIPSE SP CONVERTIBLE SI	14999	20258	\$289.27
14607	'08	NISS ALTIMA 4DR SDN I4 MAN 2.5	15999	29031	\$284.45
93800	'10	PONT G6 SEDAN BLACK	15999	38621	\$264.40
93815	'10	CHEV C1500 REG PU 4X2 WHITE	15999	36601	\$264.40
93822	'11	CHEV MALIBU LS SEDAN SILVER	15999	28525	\$264.40
93840	'11	CHEV MALIBU LS SEDAN WHITE	15999	31648	\$264.40
B3273A	'07	SUBA OUTBACK 2. WAGON WHITE	15999	62552	\$308.56
B4248A*	'06	SUBA TR SUBN (GXV) GREEN 143140	15999	62769	\$308.56

Model	Yr	Description	Price	Miles	LOW MONTHLY PAYMENT
14635	'08	NISS ROGUE SUBN SL	16999	42760	\$302.23
93777	'09	SUBA IMPREZA SEDAN GRAY	16999	39287	\$280.93
93790*	'09	DODG RAM 1500 S PU 4X2 WHITE E	16999	36838	\$280.93
93795	'08	SATU VUE XE AWD SUV GRAY LZ4	16999	37275	\$302.23
93804	'11	CHEV MALIBU LT SEDAN BLACK LE5	16999	28895	\$280.93
93810	'11	CHEV IMPALA LT SEDAN RED	16999	28919	\$280.93
93820	'09	SATU VUE XE SUV BLUE LE5	16999	33031	\$280.93
93836*	'10	MERC GRAND MARQ SEDAN WHITE 99	16999	42588	\$280.93
B3213A	'08	PONT TORRENT GX SUV BLACK LY7	16999	59604	\$302.23
B4166A	'08	SUBA IMPREZA SE 4DR AUTO I GY	16999	35581	\$302.23
93751*	'10	DODG JOURNEY SX SUV BLACK EGF	17999	45164	\$297.45
93844	'11	CHEV IMPALA LT SEDAN BEIGE	17999	28509	\$297.45
B2225A	'08	CHEV COLORADO L PU 4X4 MAROON	17999	52080	\$320.00
B3293A*	'09	TOYO CAMRY 4DR SDN I4 AUTO XLE	17999	41890	\$297.45
14645	'08	NISS XTERRA SUBN DK/GY	18999	30941	\$337.78
B3226A	'08	NISS KC 4X4 SE-V6 KINGC BK	18999	30085	\$337.78
B6054A	'09	BUIC LUCERNE CX SEDAN BLUE	18999	9118	\$313.98
B4239A	'09	NISS RO SUBN RD	19999	45218	\$330.50
14612A	'08	SUBA OUTBACK 2. WAGON WHT	19999	31321	\$355.56
14629	'08	NISS FRONTIER PICK BK VQ40-743	20999	24328	\$373.34
14632	'08	NISS KC P/U BLACK	20999	32528	\$373.34
B6033A*	'07	LEXU ES 350 SEDAN BLACK	20999	64088	\$404.99
C4214A	'09	SUBA OU SUBN GY	20999	16338	\$347.03
93793	'10	CHEV EQUINOX LS SUV BLACK LAF	21999	29314	\$363.56
B2213A	'10	CHEV EQUINOX LT SUV SILVER	23999		\$396.61
14562*	'07	BMW X3 AWD 4DR 3.0SI GY 2	4999	28911	\$482.13
93776	'10	SUBA OUTBACK WAGON GOLD	24999	18227	\$413.13
93817	'10	CHEV TRAVERSE L SUV SILVER LLT	24999	30025	\$413.13
93832	'10	CHEV K1500 LT E PU 4X4 BLUE L2	24999	27508	\$413.13
93833	'10	CHEV K1500 LT E PU 4X4 SILVER	24999	25069	\$413.13
B3297A	'09	NISS TI P/U GY	24999		\$413.13
B2228A	'09	CHEV K1500 LT C PU 4X4 GRAY LC	25999	37124	\$429.66
B3241A	'09	NISS MA 4DSD 3.5 SL GY	25999	27248	\$429.66
C2303B	'10	SUBA FORESTER SUBN GR	25999	21219	\$429.66
93829A	'10	CHEV K1500 LT C PU 4X4 BLUE L2	25999	7443	\$429.66
93828	'11	CHEV TRAVERSE L SUV SILVER LLT	28899	19068	\$477.58
93835	'11	CHEV TRAVERSE L SUV SILVER LLT	28899	20683	\$477.58
93813	'10	CHEV TAHOE LT SUV RED LMG	33999	33188	\$561.87
93843	'11	BUIC ENCLAVE CX SUV SILVER LLT	34999	15732	\$578.39
93818	'11	GMC YUKON XL SUV BLACK LC9	35999	19936	\$594.92
93826*	'11	CADI DTS LUXURY SEDAN BRONZE L	35999	21945	\$594.92

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## CALENDAR OF EVENTS

Dryden Town Historical Society Pie & Bread Sale. Saturday, November 5 from 9am to noon (earlier if sold out). 1st National Bank of Dryden – West Main Street in Dryden.

Fall Frost Flea Market on Sunday, November 13 from 9am to 3pm. Dryden Fire Hall – Rt. 13 in Dryden. Free admission. Information Jay Travis 607-533-4389

November 4-6, “Pal Joey” November 4, 5 at 8 PM and November 6 at 2 PM Dowd Fine Arts Theatre, SUNY Cortland. “Pal Joey,” the original Broadway musical by Rodgers and Hart, includes the hit songs “Bewitched, Bothered and Bewildered” and “I Could Write a Book.” Tickets will be available at the door and at Jodi’s Hallmark Shop on Main Street, Cortland. For more information visit [www2.cortland.edu/departments/performing-arts/](http://www2.cortland.edu/departments/performing-arts/) or call 607-753-2811.

November 5, Music and Dance The Children’s Museum, McDonald Building, 60 Tompkins Street in Cortland. The Cortland Dance Company will make a guest appearance. They will lead participants in dance activities and invite all to make our bodies move to music. Children can make musical instruments and use them to accompany the music. Use the building’s rear entrance. Limited parking is available behind the building or on the street. For more information contact Emilie at (607) 753-5525 or Susan at (607) 753-2467 or e-mail [childrensmuseum@cortland.edu](mailto:childrensmuseum@cortland.edu).

November 5, Spirits in the Castle 3 – A Paranormal Event 4:30 and 7:30 pm, The 1890 House Museum, 37 Tompkins Street in Cortland. Come and meet The 1890 House Museum’s permanent residents. Activities to include Tarot readings and paranormal investigations. Each tour followed by a séance. Refreshments will be served. \$20/Guest, Tarot Card Readings \$10 each. Call for reservations. For more information call (607) 756-7551, e-mail [the1890house@gmail.com](mailto:the1890house@gmail.com) or visit [www.the1890house.org](http://www.the1890house.org).

November 6, Roller Derby Open Recruitment 2 pm, Homer at “The Betty” (e-mail us for the address). The Cortland league is recruiting skaters, referees and volunteers. This recruitment event is to give interested individuals a look at what CCR does and what it takes to

be a part of roller derby. All skill and interest levels are welcome. There is no obligation and no skating required at this recruitment event. CCR is looking for women skaters over 18 years of age, referees and non-skating officials (male or female). For more

information call (607) 229-7453, e-mail [recruitccr@gmail.com](mailto:recruitccr@gmail.com) or visit Facebook: Crown City Rollerz.

November 6, Jets vs. Bills Bus Trip Tickets are now on sale for the Second Annual Rivalry Game Jets vs. Bills. Tickets are \$170 each and include a 100 level ticket to the game, bus fare, and tailgating by Central City Bar and Grill. Purchase tickets at 9 Main St. M-F 10 am - 3 pm. For more information call the Cortland Downtown Partnership at 753-4928, or e-mail [adam@cortlanddowntown.com](mailto:adam@cortlanddowntown.com).

November 8, Election Day Rotary Pancake Day 6:30 am - 7:30 pm, Cortland Elks Lodge, 9 Groton Avenue, Cortland. Features New Hope Mills batter, Cortland County maple syrup, sausages, applesauce, juice, milk, tea, regular and decaf Coffee Mania coffees. \$6 for adults, \$4 for the elementary-age kids. Proceeds will benefit area high school scholarship funds. For more information, call (607) 756-9748 or e-mail [dbroker@twcny.rr.com](mailto:dbroker@twcny.rr.com).

November 10, Home Energy Upgrades Seminar 7 - 8:30 pm, Lime Hollow Visitor Center. Energy Hog or an Energy Hero? What are you? -Samuel Gordon, an Energy Smart Communities Coordinator, will present energy saving practices and devices that can help you save energy as well as protect the environment. Learn how to participate in NYSEDA programs and initiatives that are available to you as a homeowner to improve the energy performance, health and safety of your home. Come and sign the “ENERGY STAR” pledge! For more information call (607) 662-4632, e-mail [info@limehollow.org](mailto:info@limehollow.org) or visit [www.limehollow.org](http://www.limehollow.org).

November 12, USA Championship District Qualifier Tournament for Amateur Boxing 6 pm, J.M. McDonald Sports Complex, 4292 Fairgrounds Drive in Cortland. This official USA Boxing event is one of the largest amateur boxing tournaments in the country and will feature top boxers from NYS, competing to move on to a national level of competition. Among these elite boxers are Cortland locals Phil Parrish, Chris Tier, Janice Meyer, and Mike Taylor. Tickets for the event are \$10 advance or \$20 at the door. Call (607) 756-4662 for advance tickets or stop in the CNY Boxing office located in the J.M McDonald Sports Complex.

November 13, “Les Miserables” 3 pm, Dowd Fine Arts Theatre, SUNY Cortland. The College Singers perform a concert version of the powerful Broadway hit “Les Miserables.” Free admission. For more information visit [www2.cortland.edu/departments/performing-arts/](http://www2.cortland.edu/departments/performing-arts/) or call 607-753-2811.

November 13, Concert by pianists Xak Bjerken and Miri Yampolsky (Arts at Grace) 3 pm, Grace Episcopal-Holy Spirit Lutheran Church, 13 Court Street in Cortland. Performance by two world-recognized pianists, Xak Bjerken and Miri Yampolsky. These Ithaca based pianists will perform classical works by Schumann and Schubert and modern composition for four hands by Steven Stucky. The audience is invited to meet the performers at an informal reception following the concert. There is no charge for admission. For more information call (607) 753-3073 or e-mail [wickman@twcny.rr.com](mailto:wickman@twcny.rr.com).

November 15, College-Community Orchestra 8 pm, Dowd Fine Arts Theatre, SUNY Cortland. Ubaldo Valli will conduct the College-Community Orchestra in a performance entitled “Charles Ives and His World.” The concert will feature an orchestral version of Ives’ The Alcotts, and related works by Wagner, Beethoven and Boehme. Featured performers include concertmistress Lois Pfister and trumpet soloist Ralph Dudgeon. Admission is free. For more information visit [www2.cortland.edu/departments/performing-arts/](http://www2.cortland.edu/departments/performing-arts/) or call 607-753-2811.

## GRANDMA’S PEA SOUP RECIPE

- 1/2 pound dried whole peas
- 1/2 pound dried green split peas
- 1 meaty ham bone
- 3 quarts water
- 1 large onion, chopped
- 1 medium carrot, chopped
- 2 celery ribs, chopped
- 1/2 cup chopped celery leaves
- 1 teaspoon bouquet garni (mixed herbs)
- 1 tablespoon minced fresh parsley
- 1 bay leaf
- 1 teaspoon salt
- 1/4 teaspoon pepper
- 1/2 pound smoked Thuringer sausage, chopped, optional
- 1 cup all-purpose flour
- 1 egg, beaten
- 1/3 cup water

Cover peas with water and soak overnight. Drain, rinse and place in a Dutch oven or soup kettle.

Add ham bone, water and remaining soup ingredients except Thuringer and dumplings. Bring to a boil. Reduce heat; cover and simmer for 2 to 2-1/2 hours.

Remove ham bone and skim fat. Remove meat from bone; dice. Add ham and Thuringer if desired to kettle.

For dumplings, place flour in a small bowl; make a depression in the center of the flour; add egg and water and stir until smooth. Place a colander with 3/16-in.-diameter holes over simmering soup; transfer dough to the colander and press through with a wooden spoon. Cook, uncovered, for 10-15 minutes. Discard bay leaf. Yield: 4 quarts.

## REUBEN BURGER

- 1/4 cup sauerkraut
- 1/4 teaspoon caraway seeds
- 1/2 pound ground pork
- 2 slices Swiss cheese (3/4 ounce each)
- 2 hamburger buns, split and toasted

In a small saucepan, heat sauerkraut and caraway seeds; keep warm. Shape pork into two patties. Grill, uncovered, over medium heat or broil 4-6 in. from heat for 6-8 minutes on each side or until a meat thermometer reads 160°.

Top each patty with cheese; continue cooking until cheese is melted. Drain sauerkraut. Place patties on buns; top with sauerkraut. Replace bun tops. Yield: 2 servings.

## ONION VEGGIE DIP

- 2 cups (16 ounces) sour cream
- 3 tablespoons dried minced onion
- 3 tablespoons dried parsley flakes
- 1 teaspoon seasoned salt
- Assorted fresh vegetables or crackers

In a small bowl, combine the first four ingredients. Cover and chill for at least 1 hour. Serve with vegetables or crackers. Yield: 2 cups.

## GRILLED JALAPENOS

- 24 fresh jalapeno peppers
- 3/4 pound bulk pork sausage
- 12 bacon strips, halved

Wash peppers and remove stems. Cut a slit along one side of each pepper. Remove seeds; rinse and dry peppers.

In a skillet, cook sausage over medium heat until no longer pink; drain. Stuff peppers with sausage and wrap with bacon; secure with a toothpick.

Grill peppers, uncovered, over medium heat for about 15 minutes or until tender and bacon is crisp, turning frequently. Yield: 2 dozen.

## 5-MINUTE GUACAMOLE

- 1 medium ripe avocado, peeled and cubed
- 1 tablespoon salsa
- 1 garlic clove, peeled
- 1/4 teaspoon salt

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# CAT KITCHEN RECIPE CORNER



In a food processor, combine all ingredients; cover and process until smooth. Transfer to a small bowl; serve immediately. Yield: 3/4 cup.

## APPLE SNACK WEDGES

2 medium apples  
1 cup Rice Chex, crushed  
1-1/2 teaspoons packed brown sugar  
2 tablespoons reduced-fat creamy peanut butter

Core apples; cut each into six wedges. Pat dry with paper towels.

In a small shallow bowl, combine the cereal and brown sugar. Spread cut sides of apples with peanut butter; roll in cereal mixture. Serve immediately. Yield: 12 servings.

## BLIZZARD PARTY MIX

2 cups Corn Chex  
2 cups miniature pretzels  
1 cup dry roasted peanuts  
20 caramels, coarsely chopped  
1 package (10 to 12 ounces) vanilla or white chips

In a large bowl, combine the first four ingredients. In a microwave, melt chips; stir until smooth. Pour over cereal mixture and toss to coat.

Immediately spread onto waxed paper-lined baking sheet; let stand until set, about 20 minutes.

Break into pieces. Store in an airtight container. Yield: 4-1/2 cups.

## TURKEY BURGERS & HOME FRIES

1/2 cup mayonnaise  
2 tsp. curry powder  
2 cups refrigerated sliced potatoes  
1 lb. ground turkey breast  
2 oz. feta cheese with basil and tomato, crumbled  
4 Greek pita flat bread  
Red onion slices  
Spinach  
Feta Cheese

Heat broiler. Stir together mayonnaise and curry; set aside. In extra-large skillet heat 2 tablespoons olive oil over medium-high. Add potatoes; sprinkle with salt and pepper. Cook 6 minutes, turn; cook 6 minutes more or until crisp.

Combine turkey, 2 tablespoons of curry-mayonnaise, feta, and 1/4 teaspoon salt. Shape four 1/2-inch-thick patties. Broil 4 inches from heat 11 to 13 minutes (165 degrees F); turn once. Spread remaining curry-mayonnaise on bread; layer patties, onion, spinach, and feta. Serve with potatoes. Serves 4.

## HARVEST LEG OF LAMB

1 5- to 7-lb. whole lamb leg roast (bone-in)  
6 cloves garlic, cut into thin slices  
2 to 3 Tbsp. lemon juice  
3 Tbsp. snipped fresh parsley  
2 Tbsp. olive oil or cooking oil  
1 Tbsp. Italian seasoning or dried oregano, crushed  
1 tsp. pepper

Trim fat from meat. With the tip of a knife, cut 1/2-inch-wide slits into roast at 1-inch intervals (approximately 36 holes), inserting a thin slice of garlic into each. Brush meat surface with lemon juice. Stir together parsley, oil, Italian seasoning or oregano, and pepper. Pat parsley mixture onto meat. Wrap tightly in plastic wrap, refrigerate overnight.

Place meat, fat side up, on a rack in a shallow roasting pan. Insert a meat thermometer into center of meat, without touching bone. Roast in a 325 degrees F oven until thermometer registers 140 degrees F for medium rare (1 3/4 to 2 1/4 hours) or 155 degrees F for medium (2 to 2 1/2 hours). Transfer meat to serving platter. Cover meat with foil and let stand for 15 minutes before carving. (The meat's temperature will rise 5 degrees F during standing.) Makes 12 to 16 servings.

Note: To use 2, 1 1/2- to 2-pound boneless leg roast: Prepare as above except roast 1 to 1 1/4 hours for medium rare or 1 1/4 to 1 1/2 hours for medium.

## BIG APPLE DUMPLINGS

2 cups water  
1-1/4 cups sugar  
1/2 teaspoon ground cinnamon  
1/4 cup butter or margarine

2 cups all-purpose flour  
1/2 teaspoon salt  
2/3 cup shortening  
1/3 to 1/2 cup half-and-half, light cream, or whole milk  
2 tablespoons chopped raisins or golden raisins  
2 tablespoons chopped walnuts  
1 tablespoon honey  
2 tablespoons sugar  
1/2 teaspoon ground cinnamon  
6 small cooking apples (about 1-1/2 pounds)  
1 tablespoon butter or margarine

For sauce, in a medium saucepan combine the water, the 1-1/4 cups sugar, and 1/2 teaspoon cinnamon. Bring to boiling; reduce heat. Simmer, uncovered, for 5 minutes. Add the 1/4 cup butter or margarine. Set aside.

Meanwhile, for pastry, combine the flour and salt. Using a pastry blender, cut in shortening until pieces are the size of small peas. Sprinkle 1 tablespoon of the half-and-half, light cream, or milk over part of the mixture; gently toss with a fork. Push moistened dough to the side of the bowl. Repeat moistening dough, using 1 tablespoon of the cream or milk at a time, until all of the dough is moistened. Form dough into a ball. On a lightly floured surface, roll dough to an 18x12-inch rectangle.\* Using a pastry wheel or sharp knife, cut into six 6-inch squares.

In a small mixing bowl combine the raisins, walnuts, and honey. In another small bowl stir together the 2 tablespoons sugar and the 1/2 teaspoon cinnamon. Set aside.

Peel and core the apples. Place an apple on each pastry square. Fill centers of apples with raisin mixture. Sprinkle with sugar-cinnamon mixture; dot with the 1 tablespoon butter or margarine. Moisten edges of each pastry square with water; fold corners to center over apple. Pinch to seal. Place dumplings in a 2-quart rectangular baking dish. Pour sauce over dumplings. Bake in a 375 degree F oven for 35 minutes or until apples are tender and pastry is golden brown. To serve, spoon sauce over dumplings. Makes 6 servings.

\*Note: If desired, roll pastry slightly larger and use excess pastry to make pastry leaves for garnish. Roll out pastry and cut into leaf shapes. Place on baking sheet. Bake in a 375 degree F oven for about 10 minutes or until golden brown.

# BUSINESS OWNER PHOTO CONTEST




## DO YOU KNOW WHO THIS LOCAL BUSINESS OWNER IS?

Welcome to our new contest! It was suggested by a local business to try a new contest – print pictures of local business owners when they were “younger” and see if anyone can recognize them! This contest can be entered the same as our famous cover photo contest – email your guess to [tcatribune@gmail.com](mailto:tcatribune@gmail.com) or call 607-844-8228 and include your name, address and phone number. If your guess is correct, you will be entered into the contest. A name will be picked by random drawing and the winner's name will be printed in the next issue and they will win a gift certificate donated by local businesses! Enjoy!

## Last Issue's Business Owner Photo Contest

### Answer

**Shana Seyfried Karn** – Co-owner of The 2nd Knob Gifts, Antiques and Photography located at 128 West Main Street in Dryden

### Winner

**Jennifer Conway of Harford** – Jennifer won a gift certificate from The 2nd Knob Gifts, Antiques & Photography in Dryden!



# THE CAT

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Find the 'Restaurant' related words below! Can you find them all?  
Good luck! Check our next edition for the solution!

e	s	d	n	s	k	c	l	d	a	l	a	s	w	r
t	l	e	d	p	n	s	h	e	r	e	a	u	s	
t	h	i	s	a	t	i	w	i	n	s	i	s	t	s
d	i	o	p	g	e	n	k	e	c	t	s	c	n	p
w	u	t	e	h	t	r	a	p	e	k	r	e	o	b
p	i	a	c	e	l	e	b	r	a	t	e	e	r	u
p	r	k	i	t	c	h	e	n	u	n	z	n	e	t
a	u	e	a	t	c	o	c	k	t	a	i	l	s	t
r	f	o	l	i	s	p	i	c	e	s	t	s	s	e
o	e	u	s	n	o	i	t	a	v	r	e	s	e	r
w	h	t	t	w	o	s	l	o	r	p	a	e	l	
f	c	a	a	e	t	k	a	e	t	s	p	s	m	r
e	i	e	r	c	n	z	o	i	n	k	a	e	t	s
e	s	s	c	s	t	k	a	o	d	i	n	n	e	r
a	h	u	h	a	e	w	e	d	c	u	w	r	k	o

cocktails • appetizers • butter • bread • rolls • soup • spices • dinner reservations • restaurant • cater • specialsc • elebrate • wine list kitchen • napkin • steak • spaghetti • fish • chicken • steak • starch • chef cook • waitress • waiter • takeout • salad • soup • tip • entree • dessert • menu

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		7			3	5		
2		6					1	7
				8				
	9			7				4
7								2
1				5			6	
				2				
4	1					8		3
		3	4			6		

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### SUDOKU

7	3	9	1	6	8	4	5	2
5	8	2	7	3	4	9	6	1
1	6	4	2	9	5	3	8	7
6	9	3	8	2	7	5	1	4
2	7	5	4	1	3	6	9	8
8	4	1	9	5	6	7	2	3
9	5	7	3	8	2	1	4	6
3	2	6	5	4	1	8	7	9
4	1	8	6	7	9	2	3	5

### WORD FIND

e	z	i	a	m	c	h	a	u	n	t	e	d	r	m
h	c	n	e	r	w	h	m	o	n	s	t	e	r	a
d	m	e	c	h	a	n	i	c	h	e	i	g	p	y
i	o	s	m	n	p	t	y	w	p	n	b	o	o	m
a	e	e	r	e	c	p	i	t	o	o	b	o	m	
g	n	i	n	e	t	h	g	i	r	f	t	l	n	u
n	g	d	p	w	v	e	s	e	h	c	t	i	w	m
o	i	s	h	o	s	i	r	n	e	b	k	n	o	i
s	n	m	t	l	e	r	y	o	p	d	s	n	n	
i	e	u	l	p	i	p	d	m	k	s	u	b	i	
s	a	o	a	g	e	y	u	w	r	c	r	s	f	
l	h	c	i	h	e	s	p	n	m	e	a	a	o	f
g	n	r	o	r	h	o	c	g	i	k	r	n	j	o
c	p	s	c	o	s	t	u	m	e	y	c	c		
a	t	t	p	y	r	c	e	s	t	i	r	e	s	i


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