

FREE August 24 - September 6, 2011

'Pamper Your Pets,' Labor Day & Welcome Back Students Edition

FREE

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WELCOME TO OUR PAMPER YOUR PETS, LABOR DAY & WELCOME BACK STUDENTS EDITION

The Cortland Area Tribune, nicknamed The CAT is published and distributed every other Wednesday. Look for it at 100's of area businesses in Cortland, Dryden, Groton, Homer, Marathon, Moravia, Ithaca, Tully & LaFayette.. Here's some upcoming editions for you to look forward to!

September 7 - Get Ready for Fall! Fall is for Planting/Hunting Edition
(Deadline 9/2)

September 21 - Bridal, The CAT's 9th Anniversay & Great Pumpkinfest Edition
(Deadline 9/16)

October 5 - Fall Antiques Edition
(Deadline 9/30)

October 19 - Fall/Winter Car Care & Halloween Edition
(Deadline 10/14)

November 2 - Restaurant Guide/Catering & Pre-Thanksgiving Edition
(Deadline 10/28)

CHECK OUT THE BUSINESS SERVICE GUIDE!

Easily accessible at the back of the paper! Growing with every Edition! Take this handy pull-out 4 page directory with you in your car and leave it in your glove box for quick reference! Area businesses are listed alphabetically by services. When you patronize the businesses listed in the directory, please tell them you saw them listed in The CAT! *Shop local and save gas!*

HAVE SOMETHING TO SELL?

Take advantage of our FREE CAT CLASSIFIED ADS! Make some extra money - clean out that attic or garage! Free classifieds are for "articles for sale" or "garage sales" only, non-commercial, no real estate. Deadline is 6 pm on Friday, September 2nd. Email your classified to tcatribune@gmail.com or use the mail-in form in this Edition. Only emailed, mailed or faxed classifieds accepted. Fax to 607-330-8012. *Remember your unwanted items may be someone else's treasures!*

FREE HAPPY ADS!

Share a birthday or anniversary wish for free, include a photo! Email to tcatribune@gmail.com, or mail it to The CAT, P.O. Box 67, Dryden, NY 13053. Deadline is 6 pm on Friday, September 2nd for the next Edition.

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Answer from the Previous Edition:

Robinson's Repair Shop of 3 Cortland Street in Marathon

MYSTERY PHOTO CONTEST!

Our mystery photos are old pictures of our area towns, businesses or landmarks. If you know where this edition's cover picture is - call 607-844-8228 or email tcatribune@gmail.com. Leave us your name, address & phone number along with your guess. If your guess is correct - your name is entered into our contest! A name is picked by random drawing & we print the winner's name in our next issue! All decisions are final. Businesses from around the area have generously donated a prize! Deadline for your guess is 6 pm on Friday, September 2nd for this edition. By entering, you automatically give us permission to print your name in our next issue.

Each contest generates hundreds of entries! No winner for last edition's contest. The winner of this edition will win a gift certificate to Toads Diner on Route 38 in Freeville and Beth's Natural Way located at 3728 State Route 13 in Truxton! *Enter your guess today!*

We are looking for old photos to stump our readers! Do you have an old photo we could use?! Please call us or email us - THANK YOU!

The Cortland Area Tribune
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Our new dog "bakery" offers made-to-order cakes and dog treats! Stop by and see what dog treats we have offer for your pampered pet! Groomingdales Dog Salon and Bakery also makes custom blankets, coats and dog beds for your pets in many sizes and styles including your favorite NFL and MLB teams! Great gift idea!

Groomingdales Dog Salon and Bakery is located at 20 Cortland Street (corner of Cayuga Street) in Homer.

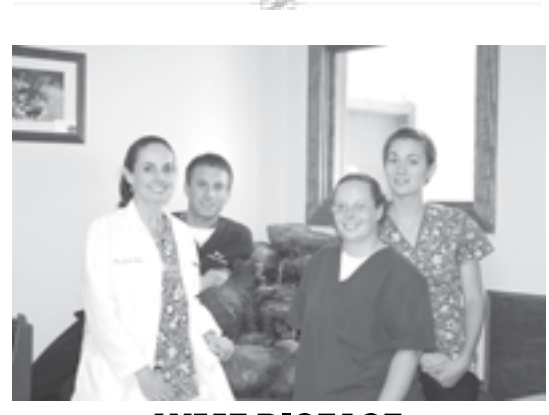


DOGGONE BEAUTIFUL

WOULD YOU LIKE TO HAVE your pet pampered in a spacious pet care facility with state of the art grooming equipment and products? Are you looking for a salon that offers a variety of services all at reasonable prices while keeping your pet's safety the number one priority? If so, I would like to introduce you to Doggone Beautiful, a full-service pet grooming salon and spa. In addition to all breed dog grooming, bathing of all size dogs, and nail trimming, Doggone Beautiful offers pet owners the opportunity to pamper their four-legged friends in a unique spa atmosphere. Conveniently located on Douglas Road in Cortland, across from the Elm Tree Golf Course, Doggone Beautiful truly offers one-stop shopping for pet owners.

Owner Susie Congdon, graduate of Bay Area Pet Grooming Academy in Tampa, Florida, recognized that pets offer so much companionship and affection to their owners and wanted to create an avenue for owners to pamper their pets. Spa packages include doggie facials, pedicures, aromatherapy, and more. After having your pet spruced up for the Holidays, photographer April Congdon is on hand to take your pet's portrait. Several styles of Holiday greeting cards are available as well as affordable portrait packages. On your way out don't forget to browse through the puppy boutique and take a look at the sweaters, collars, leashes, toys, and spa products available for sale.

Don't forget your four-legged friend this Holiday season. Whether your dog needs bathing, grooming, photographs, or the full spa treatment, call Doggone Beautiful at 607-758-DOGS (3647) today to make an appointment. Dogs of all sizes are welcome.



LYME DISEASE

THIS IS A TICK-BORNE DISEASE that can be very debilitating to our dogs. The organism that causes Lyme Disease is a spirochete bacterium (*Borrelia burgdorferi*), primarily carried by the deer tick or black-legged tick. The disease is transmitted from the tick to a dog through a tick bite. Ticks can be very difficult to see on a hairy animal, especially if it is a juvenile deer tick. These are no larger than a pen point. Owners often tell me they never saw a tick on their dog when the lyme test is positive. I also want to mention - people cannot get Lyme Disease from their dogs. Although, an animal may carry a tick into the household where it can fall or brush off onto a person. Even though summer is winding down, we still need to be very vigilant in trying to prevent transmission of tick borne diseases. Ticks are most active in the spring and fall. Any time the temperature is above freezing, they are out feeding. Even if there is snow on the ground! The tick climbs onto vegetation, especially along well-used animal trails, to gain a better vantage point to encounter its hosts. It does not have the ability to fly or jump, therefore it requires that the host come into contact with the vegetation and ticks. They are often found along the edges of lawns and walking trails. I have had owners tell me they didn't think their dog could get Lyme Disease if they were walking them on a leash or if their dog never left their fenced-in backyard. Black-legged ticks can come into your yard/neighborhood on a variety of different wildlife, including birds.

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Tick prevention is essential any time of the year. Even in CNY, we rarely get a month when the temperature doesn't get to 32 F. Prevention is especially important, since by the time we diagnose the dog with Lyme Disease, it is very difficult to completely clear the dog of the organism. There is also a Lyme vaccine that is available for dogs. Your veterinarian can recommend the best tick control product(s) for your pet.

The most common symptoms of Lyme Disease in a dog include: joint swelling/lameness, lethargy/very little energy, decreased appetite, fever, and sometimes swollen lymph nodes in the lame leg. There are certain antibiotics that veterinarians prescribe to resolve the infection. The sooner antibiotic therapy is instituted, the better the success is for a complete recovery. There is a small percentage of dogs that will have some type of relapse of signs and even fewer that will die. Fortunately, the majority of dogs do not get ill when exposed to Lyme Disease. If you see any of these symptoms or suspect Lyme Disease, call your veterinarian.

I have done extensive research on the best and safest flea/tick preventatives and treatments. Southern Hills Veterinary Hospital stocks these products to treat pets and the environment. We make sure that owners are educated on the proper use and safety of everything sold at our hospital. Please don't hesitate to call or stop by to get more information.

Lyme Disease is a relatively new in this area. There are still a lot of unanswered questions about the disease process in our pets. At our hospital, we have diagnosed several cases of Lyme Disease in the last year. We will continue to see more cases in the up coming years, so it is important to do a good tick prevention program tailored by your vet. This way, you and your pet can enjoy the outdoors safely.

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FASTENING FIDO'S SEATBELT WHY BUCKLING UP YOUR PET IS A SMART MOVE



IF DRIVERS BUCKLE UP CHILDREN to keep them safe, why not buckle up the family pet? While seat-belted Fido or Fluffy may sound far fetched, it's actually a way to help reduce auto accidents as well as keeping your furry friends from harm. Now that's something to chew on!

Whether it's a trip to the vet or a cross-country vacation drive, it's a good idea to make sure that everyone - including the family pet - buckles up for safety. National safety statistics reveal that the number of pets riding in cars is at an all-time high, and the majority are traveling unrestrained.

"Many pets are considered family members, and just like young children, they must completely rely on the driver's wisdom to be safe inside the car," said Allstate New York spokesperson Krista Conte. "Pet passenger restraints aren't that expensive, but they can be invaluable in protecting both pets and passengers."

Pet product firms - and even car companies - have been developed a multitude of pet auto accessories, from chin protectors for dogs that like to hang out of windows, and doggie car seats that double as pet beds, to backseat hammocks, special bird carriers, designer carry bags for cats, and ramps that enable older pets to climb stairs into SUVs. Basic dog seatbelts costing anywhere from \$10-\$30 will properly restrain dogs while still allowing Fido's nose to stick out the window.

Conte says even pets that are always well-behaved during car rides can just as easily be the victim of a crash as the instigator of one. Regardless of an accident's cause, an animal can become a deadly flying projectile upon impact (a 60-pound dog can cause an impact of 2,700 pounds), resulting in harm to itself and other passengers.

Demonstrating love by properly restraining pets in automobiles will provide a safer and more focused environment for the driver, passengers and surrounding vehicles by preventing the animal from:

- Blocking rear window views
- Roaming between seats and jumping between the front and back seats
- Tearing and clawing upholstery
- Noticing other animals in cars or near the road that results in ongoing barking
- Escaping through an open door or window

Most importantly, never allow a pet to sit on your lap when driving. "Many of the same common-sense rules motorists use to protect children in a car also apply to animals," said Conte. "People don't drive with a child in their lap, and shouldn't do so with animals. You can show all the affection you want to your pet, but wait until you get home so you're not compromising the safety of yourself and surrounding motorists."

Allowing pets to become familiar and comfortable with being inside a vehicle before taking them on a journey plays an important role in reducing their anxiety when the wheels actually begin to roll. The calmer an animal is riding in a car, the less of a distraction it's likely to be. If an incident should occur in which a driver's dog bites another individual during a car trip, the driver's homeowner's insurance policy would cover any resulting injuries.

For More information and a new quote please call Shirley Eizember, Pinckney Insurance Agency, 41 Port Watson St, Cortland New York. 607-756-8505

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WORTHINGTON KENNELS AND DOG TRAINING CENTER YOU CAN HAVE AN OBEDIENT DOG

By Shannon Myers

DOES YOUR DOG NEED OBEDIENCE training? Grooming? Boarding? Worthington Kennels and Dog Training Center provides it all.

Tom McDonald, owner and operator, has been training dogs since he was a teen. He began training with his own dogs, and then continued study under professional dog trainers such as Joe Letta of Rochester and the late Richard A. Wolters, one of the best-known names in dog training and well known as an author of dog training books.

If you have problems with your dog pulling you along while you're walking it, getting your dog to "stay", or have any other difficulties in training your dog, Tom McDonald can help you. He can teach you very simple methods that will help you to train your dog to be obedient.

McDonald emphasizes that obedience training is the same, whether you are training a house pet or a national champion. "Obedience training is a prerequisite to any other training," he states. "The keys to training a dog are consistency, repetition, and association. I've often heard a quote that says 'practice makes perfect', but that is incorrect. Perfect practice

makes perfect. You need to know the correct way to practice, because if you do it wrong to begin with, no matter how much you practice, it will still be wrong." In other words, you need to know how to train your dog correctly before obedience training will work.

McDonald also places great emphasis on the balance between praise and discipline. "When you issue a command and the dog follows it properly, you give lavish praise, which is positive reinforcement. When he doesn't follow the command, you discipline the dog. But proper discipline is not abuse. A dog can be disciplined by a firm deep growl in a trainer's voice; other dogs can be disciplined by taking them by the scruff of the neck and giving them a good growling 'talking to'."

Once obedience training has been completed and properly instilled in the dog, it can move on to more advanced training, such as condition retrieving or force fetch programs. McDonald specializes in training gun dogs such as retrievers, pointers and flushing breeds. He has acquired years of experience in field trials up and down the East Coast, in which his dogs have won numerous titles and ribbons. His current star pupil, a Black Labrador Retriever named Gunner, that is 5 years old, is a wonderful example of what can be accomplished using McDonald's methods in a relatively short period of time.

McDonald and Gunner have demonstrated obedience and retrieving skills in many area sports shows. The two have a full schedule of shows and demonstrations coming up throughout the rest of 2011.



In addition to obedience training, Worthington Kennels and Dog Training Center provides canine boarding services with newly constructed kennels, and a new grooming shop, where McDonald offers certified grooming services for all breeds.

Worthington Kennels and Dog Training Center is located at 1545 Muckey Road, Marathon, NY, 13803, which is conveniently located near the Greek Peak resort area. If you require obedience training for your canine, boarding for your dog while you are on vacation, or grooming services for your furry friend, or if you would like a schedule of McDonald's and Gunner's upcoming shows and demonstrations, you can reach Tom McDonald at Worthington Kennels and Dog Training Center by calling (607) 849-6595.



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PAMPER YOUR PET BY GETTING them spayed or neutered through the Cortland Community SPCA's Spay/Neuter Program. How is this pampering you ask? Well, for female animals there would be no heat cycles, less desire to roam, risk of mammary gland tumors, ovarian and/or uterine cancer is reduced or eliminated. For males, it reduces or eliminates risk of spraying and marking, less desire to roam, and risk of testicular cancer is eliminated. The number of unwanted litters of puppies and kittens is at an all-time high! Preventing litters is good for our pets and the community as a whole. We also offer routine vaccinations through our spay/neuter clinic which are important to keeping your pets protected, safe, and healthy.

Our Cortland Community SPCA Spay/Neuter Program started in 1998. A group of Cortland County SPCA Board of Director members and volunteers from the community joined together to make a plan to do something about the overpopulation of dogs and cats in Cortland County. In 2005 we opened our own clinic building adjacent to the shelter. This newly renovated building was the result of generous donations of time, money and materials. It provides the perfect setting for our clinics. In 2010, we did 848 surgeries...504 public and 344 shelter animals.

When you get your animal spayed/neutered through our clinic you are helping the shelter animals get their surgeries, which they need before they can go to loving homes.

Did You Know?

The CCSPCA's Alternatives to Surrender offers help to people who are suffering from economic difficulties keep their animals in their homes and not surrendered to a shelter. We are currently accepting donations of pet food for this program.

If you would like to participate in the program call us at 607-753-9386.

MIKE'S FOOD FOR THOUGHT

THIS WEEK I WENT TO the A1 restaurant in Dryden, NY. They are located on 151 North Street. For hours of operation, give the restaurant a call, 844-4466.

As with any restaurant, different people have different views. I have found that no matter what you hear or read, go and try the restaurant. I went to A1 and had a really delicious and satisfying dinner.

The restaurant was very nice inside. Your choice of tables or booths are available. It smelled so darn good, I couldn't wait to order and eat. The restaurant was impeccably clean. Our waitress was fantastic. She was knowledgeable, friendly and attentive. We couldn't decide what to order and she would check back every few minutes until we finally decided upon our pizza.

My friend and I found coupons for A1 in the Cortland Tribune. We opted for the large cheese pizza for only \$7.99 coupon. For \$1.49 you could add an extra topping. They had a large variety of toppings. The usual pepperoni, sausage, mushrooms, onion, green peppers, ham, but they also had homemade meatballs, garlic, feta cheese, bleu cheese, chicken, spinach and more. We decided on the sausage, meatball, mushroom pizza. The pizza arrived steaming hot. The sausage was not greasy and the sliced homemade meatballs were delicious. They used fresh mushrooms, not canned. That's a big plus for me. The crust was perfect, not too thick or too thin, Just the right amount of toppings too. The crust was nice and crisp and I could tell it was a fresh homemade dough.

They had quite a nice wine list and the prices ranged from \$4.99 for the house wine up to around \$6.99 for some of the more well known wines. We decided on a red wine from The Thirsty Owl winery which is located on Cayuga Lake. I was pleased to see they carried Thirsty Owl wine. It is one of the better wineries on Cayuga Lake.

A1 also has a nice selection of beers too. There really was something for everyone.

I had heard from people that A1 had great pizza. It is Really Good Pizza. They also have a variety of salads, appetizers, sandwiches, pasta and other entrees. My friend and I will go back soon so we can try some of their other food. I saw some people in the booth next to us and they had some huge sandwiches that looked very tasty.

One final thought. I managed a pizza restaurant in Ithaca for 10 years. I made a lot of pizzas. I give A1 two thumbs up. Stop in and give them a try soon.

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“CUSTOMER APPRECIATION DURING AUGUST SALE DAYS” AT VALLEY VIEW GARDENS NURSERY & THE CINNAMON APPLE COTTAGE GIFT SHOPPE!

LABOR DAY IS AROUND THE CORNER, and there is no better time or place to look for that special accent for your home and garden than at Valley View Gardens Nursery and The Cinnamon Apple Cottage Gift Shop! We are stocked with splendid trees, shrubs, perennials, home décor and gifts, artistically arranged to suggest endless possibilities for your home and garden!

Starting this week and running until Saturday, September 3, we will be celebrating “Customer Appreciation During August Sale Days”, a special event during which we say “thank you” to our customers for their faithful patronage by significantly reducing our prices in the nursery and the gift shop. “On Sale” (up to 40% off), you will find select items such as Butterfly Bush, Paper Birch trees, Clematis, Ferns, Red-twig Dogwood, Rhododendron, Winterberry, Lolizam Crabapples trees, fruit trees and much more! In addition, every non-sale item will be reduced 10%--in the nursery, as well as in The Cinnamon Apple Gift Shoppe! Remember, Gift Certificates make the perfect gift that can be redeemed at the nursery or in the gift shop—and they never expire!

Thinking of sprucing up your tired old landscape? Why wait until spring? Plant a fall garden and then watch it grow from

your lawn chair next year. Explore our six houses filled with perennials, shade-loving shrubs, and the cool and lovely hosta house, as well as our “shade tree yard” lined with Crimson King and Red Sunset Maples, Oaks and flowering Crabapple trees (remember, they are 10% off right now)! Raspberry, grape, blueberry bushes and an assortment of fruit trees are in stock for fall planting edible (fruit trees are 20% off right now). Butterflies and hummingbirds will visit your landscape when you add a flowering Hydrangeas, Butterfly Bush (40% off), Rose bushes (20% off), Rose of Sharon, Clethra and many other fragrant shrubs (all at least 10% off right now). Check out the awesome “Calicarpa - Beauty Berry” bush with its golden autumn foliage and cluster of deep purple berries! A lovely addition to your autumn garden! Gift Certificates are always available! Beautiful and colorful Zerrillo’s Mum will be arriving any day this week! Valley View Gardens Nursery is abounding in luscious plant material waiting to be planted such as flowering Lilacs, Crabapple trees, Spireas, Weigela, Nine-bark, Weeping Cherries and so much more!

If you need our help, Valley View Gardens is a professional landscape design and installation firm with over forty years experience and can help you increase the value of your home with an eye-catching new landscape. If you are having a family celebration, bar-b-ques or preparing for Labor Day weekend get-togethers, we can create a fresh new look for you. Give us a call! You will be amazed at the transformation of your landscape, and just in time for the big weekend, too!

If you prefer to do-it-yourself, Valley View Gardens has a wide selection of trees, plants, and shrubs to meet all of your landscape needs, as well as the expertise to guide you along the way. Valley View Gardens has been providing professional landscaping service and quality plant material ranging from a variety of shrubbery, pom-poms and spiral topiaries, maples, oaks, weeping ornamental trees and fruit trees for

over fourteen years. For a splash of color, add our ornamental grasses, hosta and a plethora of day lilies!

Enchanting gifts for the women and men in your life abound at the Cinnamon Apple Cottage Gift Shop. Do some early shopping for Autumn Decor and Christmas Presents! Make up a basket of assorted quaint and comforting gifts for those special people in your life! The old fashioned “General Store”

filled with a wide selection of Amish jams, salsas, pie fillings, in addition to scone, fruit bread, cookie and soup mixes (buy one, get one FREE right now!) will tickle their pallet and show them how much you care!

Framed art, inspirational plaques, luscious candles (with scents like “Hot Apple Pie” and “Butter and Maple

Syrup”) as well as an assortment of lovely wreaths, garlands, potpourri and handmade gifts fill every room. The Cinnamon Apple Cottage contains special section with gifts for the outdoorsman and nature lover. Hand carved decoys, bird statuary, bird watching books and recordings of bird songs are waiting for you! Thermoses, mugs, drinking glasses with fish, bear, moose, and eagle motif line the shelves of the American Expedition room. Your loved ones will love the unique items that are chosen for them! Or, better yet, chose something for yourself!

If you have any questions, please call us at 749-3130. See you this week as we help you help us celebrate “Customer Appreciation During August Days” at Valley View Gardens Nursery and the Cinnamon Apple Cottage Gift Shop! Bring a friend! Special Sales! Gift certificates are available!

Our hours are Monday to Friday 10:00 a.m. to 5:00 p.m., Saturday 9:00 a.m. to 5:00 p.m., and closed on Sundays. We will also be closed on Labor Day, so don’t wait until the last minute to find what you’re looking for at Valley View Gardens Retail Nursery and The Cinnamon Apple Gift Shoppe! Call for information at 749-3130!



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WITH THE CLOSE OF ONE season - another one begins and soon we will be planning for the holidays and spending more time in-doors as summer ends. A perfect reason to shop and refurbish! Freshen up your home with a new look your guests will envy! Piccadilly Lane has new fall items arriving, including wreaths, furniture, curtains, delightful scented candles and more! Redoing a room? Let us help you redecorate! We now have curtain swatches for special order - bring us your paint samples or fabric swatches and we will help you match them! Call to make an appointment for or visit the store.

All 8 rooms at Piccadilly, upstairs and down are overflowing with new one of a kind merchandise. There are framed prints, furniture, linens, rugs, soy candles, cards, jewelry, swags, garlands, tinware, signs, pottery, curtains and many more distinctive items to adorn every room in your home or office. Plus some antiques to go along with any country décor! In October, the Christmas room will return!

Did you know Piccadilly offers a Bridal Registry?! Brides and grooms to be - stop by! How about hosting a "Piccadilly Party"?! For a girl's night out - invite some friends over and receive 20% in sales credit towards merchandise in the store! And for every party booked from your party, you will receive 1 item at 40% off!

Take the short drive to 2643 Main Street in Whitney Point to beautify your living space and/or start your holiday

shopping early! The store is also open Monday 11-3, Tuesday, Wednesday & Friday 10-6, Thursday 10-7, Saturday 11-3 and Sunday closed. Questions or looking for something special - 607-692-7418 or email piccadillylane1@aol.com and now on face book! Watch for our Fall Open House on Sept. 10 with sales, drawings and prizes! Owner Joyce Ballard and everyone at Piccadilly wish you and your family a Safe and Happy Labor Day!



PETS A PLENTY

PETS A PLENTY is located on Rte 281 Cortland. We are open 7 days a week. 753-9213. Check out our web site www.petsaplenty.biz for coupons and other information about the store.

We have been in business since 1989. Most all of our animals are raised by local people, although some are from people outside of Cortland. We are very particular about the animals we take in to sell. All animals are checked over when they arrive. If anything isn't up to our high standards, we do not take it.

We still hear a lot of customers say they should have come to Pets A Plenty first. Please remember to check us out before you buy your pet or fish tank. We have really good prices. We take pride in having high quality fish and animals too. Remember a lot of big chain pet stores get their animals from large suppliers. It's much harder to keep track of the health of animals from these type of places. Pets A Plenty is a small locally owned store. All the pets here are treated just like they were "OUR PETS".

I also do not fill cages up with a ton of hamsters or an overabundance of fish. It's much harder to monitor the health

and quality of an animal that way. Also if you want to see our hamsters, we'll put the cage on the floor for you so you can play with them and pick out the one you like best. Our snakes are from local breeders who know what they are doing. If you go to a store and they cannot answer your questions about that snake, or lizard or bird, or fish, then it might be your clue not to buy there. We have people buy a pet from someplace else and come to us for advice. We urge you to come to us first. You will not have to go elsewhere for advice. We will fill you in on everything you'll need to know about that animal, snake or fish. We've been doing this for 22 years. I have been to many many trade shows and I have learned a lot from the experts. I will pass that knowledge on to you. We are here to sell you a top quality pet.

I know a lot of college kids will be coming back into town soon. Come see us at Pets A Plenty. We have some great dorm room pets, easy to care for and hardy. Things like bettas, hermit crabs, fiddler crabs, anoles, and fire belly toads all make great dorm room pets. If you live off campus, then come see us for a fish tank, an iguana or bearded dragon. I know a lot of college guys like snakes. We have baby ball pythons, baby corn snakes, baby red tailed boas, hypo red tailed boas, king snakes, and milk snakes to name a few.

If you like hamsters, we have calico, dalmation, panda, chinese dwarf, russian dwarf, teddy bears and more. We have some really nice parakeets and beautiful singing male canaries. Here at Pets A Plenty we get weekly deliveries of fish and baby ferrets. The ferrets are only 7 to 8 weeks old and very cute. Our chinchillas come from local breeders or direct from the chinchilla farm. Are you looking for a certain color chinchilla, let us know. Since I deal with the chinchilla farm, I have access to almost any color.

We are located on Rte 281, Cortland, across from Tops Supermarket, in the Blockbuster Video Plaza.

If you know of any incoming college kids, tell them about Pets A Plenty. We'll be glad to help them out with a pet that's right for them. I am more than happy to do special orders on supplies too. Let me know what you need. I'll try to get it for you.

We are here for you. Come see us for any of your pet needs. If I am working after hours and you need something knock on the door. I'll sell you what you need. We are a down to earth friendly mom and pop pet shop. Our prices are good, our quality is excellent. Come see us First. You'll be happy with what you see.



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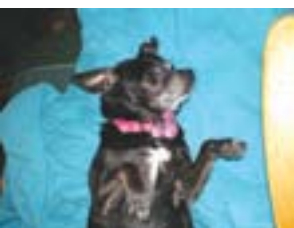
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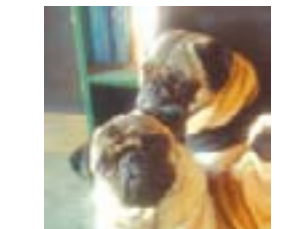
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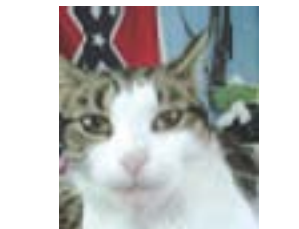
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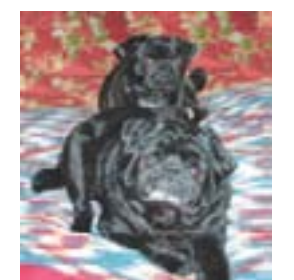
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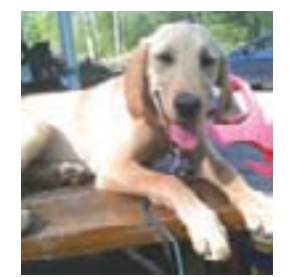
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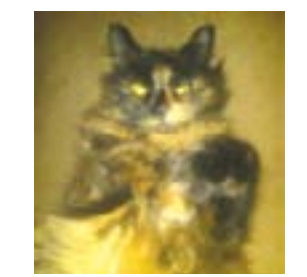
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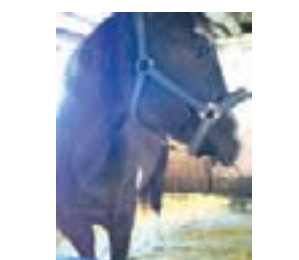
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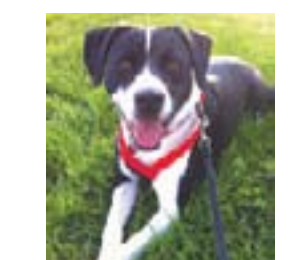
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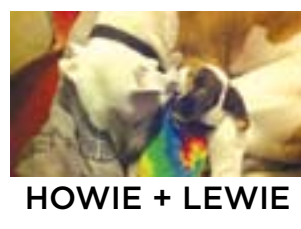
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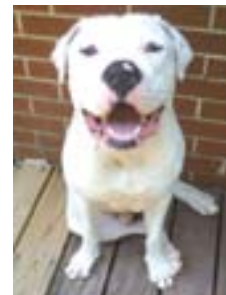
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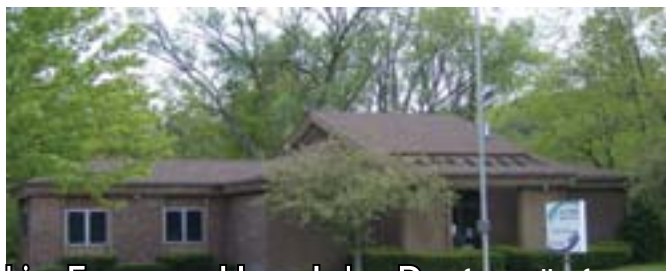
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ARE MY PERSONAL BELONGINGS PROTECTED AT COLLEGE?

ALLSTATE'S FACTS TO KNOW ABOUT RENTERS INSURANCE, INCLUDING WHEN YOU NEED IT



COLLEGE STUDENTS ARE FINISHING UP enjoying their winter break, but soon they will return to their dorms for their next semester. Along with their books, students will pack valuable items they received this holiday season—such as televisions, laptop computers and refrigerators—for their life at school. How parents choose to insure these valuables may depend on whether their child is moving into a dorm room or a private residence.

Generally, If the student lives in a dorm room, the protection parents already have for their belongings through their homeowner insurance policy will extend to a child's belongings, as long as those items are kept in the dorm room, explains Allstate NY spokesperson Krista Conte.

However, the parent's homeowner insurance policy will not provide coverage if a child moves to a private residence, something that many parents may or may not know. For these students, renters' insurance is a perfect and affordable solution. Plus, a claim on your child's renters policy will not affect the homeowners insurance policy of the parent.

"No matter where your child attends college, parents should meet with their insurance agent to discuss limitations that may exist on their current homeowner policy," says Conte." A small investment in renters insurance today could mean saving thousands of dollars in the future."

Allstate Insurance Company provides the answers to some common renters insurance questions:

If I'm a renter, aren't my things covered under the building's insurance policy?

That is a very common misconception among many Americans. The contents located in an individuals' rented home or apartment are usually not covered under the landlord's insurance policy.

How do I make sure all of my belongings are covered under my renters policy? How is it updated?

It's recommended that you create an inventory of all of your belongings. While it's important to include possessions such as televisions, stereo equipment and CDs, it's also important to remember to include EVERYTHING that's contained in your dwelling. The cost of replacing your clothing, linens, dishes, etc. will add up quickly in the event of a loss. You should update your inventory and discuss any changes with your insurance agent annually. Also, it's important to keep that inventory list somewhere outside of the rented residence. If your residence suffers a loss from fire, you don't want to risk losing the only copy of your inventory.

What is covered under a typical renters policy?

Most renters insurance policies include personal property protection in the event of a covered loss, theft coverage, family liability and guest medical protection.

What if a tragedy forces me from my apartment? Would temporary living accommodations be covered under my policy?

Most renters policies will cover a reasonable increase in living expenses necessary to maintain your normal standard of living for up to the amount of time specified in the policy, if a covered loss makes your residence premises uninhabitable (subject to policy terms and conditions).

"It is important to know that expensive computer and electronic equipment and items such as jewelry may be subject to coverage limits in both homeowner and renters insurance, says Conte. "If the limits are too low, parents can consider buying a special personal property floater or an endorsement for these items. There are also stand-alone insurance policies for computers and cell phones."

For More information and a new quote please call Shirley Eizember, Pinckney Insurance Agency, 41 Port Watson St, Cortland New York. 607-756-8505

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3 EVERY DAY

HELLO EVERYONE, MY NAME IS Abbie Teeter, and I am the Tompkins County Dairy Princess. Through the American Dairy Association and Dairy Council and dairy farmer check off dollars, my court and I are privileged to be able to talk to the public about the importance of dairy in their daily diet.

Everyone knows his or her cat's favorite treat is a yummy bowl of milk, so why not make that your favorite treat too? Milk has 9 essential vitamins and nutrients your body needs to survive,

including Calcium, Vitamin A, Vitamin D and Protein. Why let your body go without these necessary elements of survival when you can get them by simply enjoying 3 servings of milk, cheese, or yogurt every day.

Don't your dogs enjoy running around in circles in open spaces? I know my dogs love running through the fields. It's a good thing farmers take such wonderful care of their land to help the soil maintain its nutrients, because that also means a green countryside for us to look at, and wide open spaces for man's best friends to roam.

As we all know, dairy farmers pets are the cows. Just like your dog has a dog bed to sleep on, a cow also has a mattress. Cows get fed just like you feed your pets, and they're on pasture so they can graze as well. While you take your cat to the vet to make sure they're healthy and have all their shots, a large animal vet comes to the farm to make sure the cows are healthy and have all their shots. A cow is just like any other pet, getting only the best care possible, to produce the best drink possible.

Labor Day is coming up, and when you go to celebrate why not try this recipe for a delicious Strawberry Angel Food Cake, and get one of your Three-Every-Day!

- 1 (10 inch) angel food cake
- 2 (8 ounce) packages cream cheese, softened
- 1 cup white sugar
- 1 (8 ounce) container frozen whipped cream
- 1 quart fresh strawberries, sliced
- 1 (18 ounce) jar strawberry glaze

Crumble the cake into a 9x13 inch dish.

Beat the cream cheese and sugar in a medium bowl until light and fluffy. Fold in whipped cream. Mash the cake down with your hands and spread the cream cheese mixture over the cake.

In a bowl, combine strawberries and glaze until strawberries are evenly coated. Spread over cream cheese layer. Chill until serving.

PAMPER YOUR PETS HOW DO YOU RAISE A HEALTHY PET?

THE CONSUMER INDUSTRY REALIZES THAT people today spend more money on their pets than they do their children. Yes pets are a part of our family and if we take good care of them they will be around for a much longer time with quality of life too. Unfortunately they are developing diseases that were unheard of years ago. They are getting diabetes, cancer, liver and kidney diseases and the medical costs to take care of them go through the roof do they not? I know this for a fact as I recently had to spend \$3,000 for leg surgery on my Chihuahua Abby. They need good veterinarian care but we can do our part at home to keep them as healthy as possible. One way is by making sure they eat as healthy as possible. I learned you should NOT feed your dogs corn. Why? The vet said it can cause diverticulosis and turn their intestines inside out. We learned an expensive lesson so make sure you learn from our mistake. Our dogs are okay but it was a costly vet bill. Most people know that it is a no no to feed them chocolate but did you know that avocados are bad for them? Grapes and raisins are also not for your pets. Popcorn is also a no no.

Many of the diseases mentioned above are a direct result of nutritional deficiencies and pet grade ingredients in their pet food. What do I mean by that? I have learned that some pet food industries use diseased and dead animals for their pet food. Doesn't sound healthy to me! Does it to you? If they eat sick food then they have problems like dry skin, hair loss, worms, fleas, allergies and hyperactivity as well as the other diseases mentioned above.

Do you know how to make a healthy pet?

1. They need good quality protein. Not a lot though. They need more carbohydrates than protein or they will suffer kidney and liver problems. Also protein needs to be balanced with amino acids. So don't buy cheap pet food. You will pay for it later in vet bills.

2. Carbohydrates. Good pet food has a mixture of whole grains, not sugar, corn syrup, malt, white flour or refined grains.

3. Minerals Minerals act like spark plugs for us and for our pets. Minerals act like co-enzymes and if you have vitamins without minerals the vitamins won't work. How many minerals are there? There are between 60 and 70 major and trace minerals. Metal minerals and mineral salts are the least acceptable and most toxic whereas chelated plant minerals are the most useful. They are closer to nature too. Colloidal minerals are the most absorbable. Just a few years ago a Japanese scientist discovered germanium had many wonderful properties to help prevent and cure cancer as well as anti-aging properties too. But will you find germanium in a can of pet food? Sadly not.

4. Vitamins. There are a dozen or more known vitamins some water soluble like the B and C vitamins and others are fat soluble like A,D and E. It is a fact that our soil is vitamin and mineral depleted. So supplementation is vital for a healthy pet. Nature's Sunshine Products has a product called Herbal Trace Minerals; it used to be called K-9. It has Alfalfa, Dandelion and Kelp which supplies various trace elements for their bodies in herbal form.

5. Fats. No I am not talking about plain old fat. I am talking about essential fatty acids. Most pet food is loaded with 30 percent animal fat. Why? It is a cheap source of energy. Fat tastes good. It also gives a nice shine to the hair coat. But it is saturated fat and we all know that is not good. We need the Omega 3 and 6's which are unsaturated. They are found in fish and vegetables not animal fat. Fat goes rancid quickly so if they are putting it in your pet food they also need to put lots of preservatives to prevent it going rancid. That isn't good either. Flaxseed oil or Super GLA are a much better choice.

6. Fiber. We as humans have heard the need for more fiber in our diet to prevent colon cancer and heart disease. Should we not think any less for our pets too? Fiber for pets also helps prevent diabetes and weight gain. It helps prevent anal gland abscesses in poodles and small dogs. Most pet food manufacturers use cellulose which is wood pulp, beet pulp or peanut hulls. They are indigestible fibers. They are cheap not what our pets need.

7. Enzymes. Pet food companies can't put enzymes in pet food because heat destroys them. Enzymes are found only in "live" food. The pancreas and other glands produce enzymes but if they are sick they need help.

8. Air. Our air is polluted and our pets breathe it too. Also depending on where they spend most of their time they are exposed to molds, dusts, pollens, ammonia and chemicals. The mineral germanium that I spoke of before in number 3 helps here too.

9. Electro-Magnetism. What? Air waves affect us and our pets too. If a pet spends most of its life in an apartment or house then harmful particles like the TV, radiation, synthetic rugs are affecting them negatively. Taking your dog outside on a leash for a walk will do them a lot of good; and maybe it might help you too?

10. Light. Dr. Orr who is known as the Walt Disney photographer documented the need for full spectrum light. The pineal gland which is at the base of the skull needs a minimum of 15 minutes of sunlight a day. But in today's society we hide behind windows, glasses and windshields which shield us from this. So again what is the solution? Taking your cat or dog out for a nice walk. Of course not in the heat of the day during these heat waves. Wait until later in the day.

11. Water. During this heat wave we have been told over and over again to make sure to drink plenty of pure water and to make sure our pets have it too. Why? Because our bodies are 80 percent water. It is as important as air. Most water is contaminated today though. If you are making sure to drink pure water yourself then show the same concern for your pet and don't give it tap water that has all sorts of chemicals and junk in it. Adding a wee bit of liquid chlorophyll to the water will sweeten their breath and is a natural deodorizer or putting a few drops of Silver Shield will prevent the water from getting decontaminated if you use pure water.

12. Love. Do you put love into food? Well to some degree. But babies and animals will die without love. Mothers who cook with love have happy families. Should your pet be any different?

So there is the recipe for raising a healthy pet.

I want to share one recipe I use to help prevent heartworms. Dogs and cats both love it. My husband is always upset when I tell him he can't eat the liverwurst because it is for the dogs. I take 1 pound of braunschweiger or liverwurst. I open up 12 capsules of Herbal Pumpkin and mix into the meat. You can also add some black walnut or garlic for parasite prevention or white oak bark to help prevent tartar build up on your pet's teeth to this also. Once mixed then take 1/2 teaspoon of mixture and roll into a ball. Place on a cookie sheet and freeze overnight. Then I take it out and put them in zip lock bags and store in the freezer. I give my dogs one per day each. They love it and cats do too. My dogs fecal test always comes out negative because of the dog worm balls I give her.

Also I now after my dear Abby developed arthritis in her knees after running away a few years ago in the dead of winter give her a scoop of Ultimate Green Zone. My daughter's dog Gideon also loves it. Green Zone is a convenient whole food supplement that can be used to improve general nutrition. It contain spirulina, amaranth, natural lemon juice, lecithin, chlorella, sprouted kamut whole leaf extract, alfalfa juice concentrate, sprouted barley grass juice herb, apple pectin, lemongrass, bee pollen, acerola cherry fruit extract, brown rice, spinach, ginger rhizome, astragalus root, Echinacea purpurea root, milk thistle see, asparagus stem, broccoli flowers, kale whole leaf, flaxseed, beet extract, stevia leaf, orange bioflavonoid, royal jelly, bladder wrack plant, elderberry extract, hawthorn berries, red grape skin extract, eleuthero root, Ginkgo biloba leaf concentrate, licorice root, green tea extract, rhodeol root and liquid chlorophyll. I missed a few days and my husband noticed my dog limping so it definitely works.

Till next time,

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MOUNTAIN BIKING WITH YOUR DOG

DO YOU MOUNTAIN BIKE? Do you have a four legged friend that watches you pull out the driveway as you leave for your ride? Your dog can also enjoy the fun and benefits of being in the woods or on trails as well. Dogs have a lot of energy and require exercise just like you or I. Depending on the type of dog you have will determine the extent of running they can do. Most medium to large size dogs from the hunting or working class groups (or a combination there of) do well with biking. Obviously a little dog with short legs will have a tough time trying to keep up. If you have a buddy you want to take out on the trail for the first time it would be a good idea to talk to your dog's veterinarian about what you have in mind for him. It is important that your dog can deal with the rigors and intensity of a trail run. Mountain bikes can move right along at a good pace and cover many trail miles. If your dog has a lot of hair you really need to be aware of the outside temperature and humidity. It's a good idea to see to it that the dog has had a good drink of water before you head out and also carry a water bottle just for him.

This summer has been warmer than normal and my Siberian husky has not done well with the heat. Some of the rides have ended early or slowed considerably with frequent stops. Sometimes for his own good I leave him home. He does not like that but during the dog days of summer that is what needs to be done. There will be plenty of cooler days ahead.

If the dog is just a puppy, it's recommended to leave him home until he is least 6 months old. After he has become a little older, start your first ride slow, short and someplace where you can work out the details. Dogs are instinctively pack animals and if you lead they will follow. Since he will be off the leash for the ride/run he needs to know a few important commands. The most important ones are "stay" and "come". Control of Fido is very important because of all the distractions on the trail. Distractions come in many forms, such as other people and possibly their dogs, horses, deer and vehicles. If you start your ride from spot near a busy road, it might be a good idea to keep him on a leash until you are ready to leave for the ride.

I have found that the best way to break him in is to take him on a group ride with other well behaved dogs. "Other well behaved dogs" is important, because you don't want him to pick up any bad trail habits. While out with the group he will most likely be so excited to be in the woods, around you and the other dogs that he will follow without question; again it's the pack idea.

So, you and dog are headed down the trail, now what? Well you'll find that while you are following some kind of trail, your 4-legged buddy will be running from one side of the trail to the other, smelling all those scent's that drive dogs nuts. Some dogs can put on half again as many miles as the rider, so keep that in mind when watching your mileage because he will have more. If your dog is new to trail running or not in good shape, you will have to keep a close eye on him so as he does not run himself into exhaustion. Even a seasoned trail dog can have problems on hot and humid days, so frequent rest is good practice. I like to use trails that have streams close so they can get in it and cool down.

Most dogs will want to be out front, but because of their sniffing, they may lag for a few seconds and then come charging up thru. It's important for you to hold your line, because that is what the dog is expecting. A few things that the new trail dog must learn and that is to stay away from the bike's front wheel or even stopping in the middle of the trail, not good! Usually if you shout "Go!" works, but sometimes a collision happens. Both you and the dog need to be alert and aware of what is going on. Sometimes a friendly low speed bump from your front wheel to the dog's rump or tail can quickly bring this point clear. A few applications of this can burn it into his mind. An ounce of prevention is worth a pound of cure.

Before you hit the trail you should have a check list for Fido. Your list should include a water bottle just for him, a leash, and some first aid supplies and maybe some treats to lure him back when he strays. I also attach a bell to his collar so I can keep track of him when I can't see him. This may also help the other forest critters know he is around and hopefully stay clear.

Mountain biking with your dog can be a challenge, but patience and time will make it worth the effort. Just remember, that it will be difficult to pull out the driveway without taking your riding buddy along. If you are a cross country skier, this same kind of fun can continue when the snow flies.

Happy trails to you!

MIKE'S FISH TANK TROUBLE-FREE FISH TANK

I'D LIKE TO GIVE YOU a few hints on having a trouble free fish tank. A lot of people start setting up aquariums in the fall. Here is some simple advice to help you have a healthy tank.

Go easy on fish the first 5 weeks. If it's a 10 gallon tank, then start with 3 or 4 small fish the first month. a 20 gallon tank, go with 5 or 6 fish, 30 gallon, 6 or 7 fish, a 55 gallon tank 8 or 9 fish and so on.

Fish produce urine also known as ammonia. It takes at least 5 weeks for a good bacteria to grow. That good bacteria will actually eat the ammonia. Too many fish, too much ammonia, and you will have sick fish. So go easy the first 4 to 5 weeks. Let that good bacteria grow before you start adding a lot of fish. Tropical fish like warm water, around 78 to 80 degrees so be sure you have a heater and a good thermometer. Goldfish like cold water, so you do not need a heater. Only add an algae eater when you see algae in your tank. A newly setup tank will have ammonia and certain fish do not like ammonia. So stay away from, neons, guppies, catfish and sharks.

Those are the main fish that will do better if you wait til your tank is 6 or 7 weeks old. Be sure to buy a siphon. It's important to siphon water from the bottom of your tank every month. I usually tell people to siphon out 25% of the water. If the tank is dirty, siphon a bit more. If less dirty, then siphon a bit less, maybe 10%. Don't dip water from the top. That will not help the tank.

You want to siphon from the bottom. That way you will get all the excess food and fish waste out of the tank. Feed your fish carefully. Too much food will cloud up your tank fast. Fish should be fed 3 or 4 times a day but small amounts. When you feed, watch how much food falls to the bottom. If a lot is trickling down to the bottom, then you fed too much.

A newly setup tank will start cloudy, then clear up a bit, then cloudy once again. After that it should clear up and stay clear as long as you are careful how you feed. A power filter is a must. They hang on the back of the tank. The cartridge inside the filter should be changed about once a month. In some case you may have to change it more frequently.

The most common fish disease is ick. It looks like the fish has salt all over the fins and body. It's a stress disease. If a fish gets too hot or too cold, it may come down with ick. Other causes are dirty water, pounding on the tank, aggressive fish and even loud noises in the room the tank is in can cause ick. It can be easily treated. There are several types of ick medications. The important thing is to catch it in time. If you wait til the fish is covered, it's harder to treat. Check your fish daily. Look for the tiny white spots, and if you see any add the ick medication as soon as possible. There are other fish diseases such as fungus and bacterial infections. If you see anything on your fish that doesn't look like white spots, call us 753-9213, we'll help you diagnose the problem and give you a medication to treat it. As always if you have any questions, email me at friskyy@hotmail.com

• *Pets A Plenty is located in the Blockbuster Video Plaza, Rte 281 Cortland, 753-9213. Open 7 days a week. We now have a website. WWW.PETSAPLENTY.BIZ. check it out. I post care sheets, coupons, new animal arrivals, contests and more. Any questions, email me at friskyy@hotmail.com*



The Cortland Area Tribune

What People Are Saying...

Advertising with the Cortland Area Tribune has always been a pleasant experience. The artwork for the ads is always very nicely done and coordinates well with the season. Judy is a joy to work with.

*Nancy Richards
Cortland Self Storage
Cortland, NY*

I have been writing a column in the CAT since 2003. My customers love the column and some even cut it out and put it in a notebook. Many people tell me they read it also. It is good exposure and reasonable rates. Judy is a dear. I don't know how she can keep up with her hectic schedule. The graphic department does a wonderful job putting the ads together. I encourage people to advertise their items for sale as it is free. Not much is free these days so this a bonus.

*Diane Toombs
Cortland, NY*

Advertising in the CAT increased my coverage area from just Tompkins County to include Cortland County. This has increased my customer base substantially. An added bonus is that Judy Kilmer is a delight to work with.

*Karen Hewitt
Barnhouse Antiques
Lansing, NY*

Thank you for this opportunity to inform the public about our motorcycle organization. I would like to add that we received a few email inquires about our local chapter which I believe was a direct result of the article in your paper so I thank you for that...thank you for the generous offer [to advertise future events], I will be sure and take you up on that.

*Jan Aguirre
ABATE of Tompkins County
Secretary and Webmaster*

Thanks Judy for the ad you helped me tweak. It is just right, I knew you would understand my vision. It is always a pleasure to work with you and see my business ads in the CAT. I am pleasantly amazed when friends and relatives living downstate say they have seen my ad or an article I may have submitted. Good to do business with you.

*Kathy Beardsley
A Touch of Glass Antiques & Collectibles
Homer, NY*

The Cortland Tribune has been a big help to my business. The prices are excellent and Judy is very helpful. I always get a good response when I do an article. The graphic department does a really nice job on my ads too.

The business directory in the middle of the paper brings in a lot of new customers. I highly recommend advertising in THE CAT.

*Michael Moffitt, Owner
Pets A Plenty*

COMMUNITY CALENDAR



Dryden Senior Lunches
We will start having lunches September 12, 2011. Bring a friend to the next meeting.

Now thru October 30 - Cortland Farmers' Market
Tuesdays and Saturdays 8 am- 2pm on Main Street, Cortland. The 39th season at the same location! Local produce (from a 30 mile radius) and fruit in season. Also flowers, honey, wine, and a variety of surprises throughout the season. Convenient location, plenty of free parking, and close to fine restaurants, shops, and the Main Street merchants. For more information call (607) 753-8570 or e-mail tsandstrom@ocmboces.org.

August 24 - Identifying Summer Diseases of Garden Vegetables
6:30-8:30 pm. at Cornell Cooperative Extension of Tompkins County, 615 Willow Avenue, Ithaca NY

Diseases affecting vegetables can be difficult to identify, particularly in tomatoes, potatoes, and cucurbits, and are especially challenging when issues like drought and nutritional deficiencies occur. Dr. Thomas Zitter, Cornell University plant pathologist, will lead this workshop for the home gardener. Dr. Zitter will show fresh samples or color images, and will discuss detection and identification of summer vegetable

diseases, and possible control measures. Fee: \$5/ person, please pre-register. Call Cornell Cooperative Extension of Tompkins County at 607-272-2292 for more information or to reserve a seat.

August 27 - 2nd Annual Carp Derby
Lighthouse Landing 2nd Annual CARP DERBY on the Tioughnioga River. Saturday, August 27th from 6am to 4pm. Lighthouse Landings Campground on Route 11 between Marathon and Whitney Point. Live entertainment 5pm to 9pm! Registration on or before 6pm August 20th for \$20 - after August 20th \$25. Children under 12 \$3. Prizes: 1st Prize \$100 + 25% of entry fees. 2nd Prize \$75 + 15% of entry fees. 3rd Prize \$25 + 10% of entry fees. Please call for entry forms 607-423-5639 - no entries accepted after August 20th.

Prizes for children: 1st Prize Fishing Pole. 2nd Prize 2-4 hr Kayak trip for two. 3rd Prize 2-4 hr Tubing trip for two

All Children that Enter Win a FREE 2 hr TUBE TRIP!!
www.LighthouseLandings.org

August 27-28 – Charity Antique Flea Market
Charity Antique Flea Market on lawn of New Hope Antiques, benefiting local charities. (Vendor

participation fees given to the specified month's charity.) Antiques & collectibles and handmade arts & crafts offered. Numerous vendors. Food & music available. Attendance is free.

Event Location: On the lawn of New Hope Antiques, 12 miles south of the Village of Skaneateles, on the west side of lake, on Route 41A

For More Information: Call (315) 497-2688, email newhopeantiques@aol.com or visit our web site at www.newhopeantiques.com

August 28 - Celtic Run 5k
8 am, Cortland Courthouse Park. Registration: \$17 early/\$20 day of race. Age 13 and under: \$12 early/\$15 day of race. Free t-shirts will be given away to the first 75 registrants. This race is part of the YMCA Fidelis 6 Pack. Registration form and route maps available at www.cortlandymca.org/YMCARuns.htm. For more information e-mail peggy@cortlandymca.org.

October 6-7 - Bus Trip to Lancaster
Cortland County Historical Society. Trip includes: Round trip travel on luxury bus Ticket to "Joseph" at the Sight and Sound Theatre, Stop at Rockvale Outlets, Dinner, Hotel stay w/ Breakfast, Tour of Amish Country.

For more details, call 756-6071. Cortland County

Historical Society, 25 Homer Ave, Cortland, NY.

September 2 – Opening Reception for Hanging Out to Dry
6-9 p.m., Friday September 2nd at Gallery 54. Meet the artist, music by Chris Molloy and his Electric Blue Harp, and refreshments. The opening is part of Skaneateles' First Friday Celebration. www.gallery54cny.com Gallery on show through Sept 30th. Hours are Monday-Wednesday 10-5, Thursday-Saturday 10-6, Sunday 11-5.

September 3 – Benefit for JoAnn Quail
There will be a benefit for JoAnn Quail who was diagnosed with stage IV lung cancer @ Lisle Fire Station on September 3rd from 1 to 5. if you have any questions please call me @607-692-4347 or cell 607-760-7854.

September 8 – Annual Mum Sale
Cortland County Historical Society, 25 Homer Avenue in Cortland. Pre orders accepted in August. Call 607-756-6071 for more information.

September 10 – Freeville UMC Harvest Festival
9am-3pm, Great for the family! Handmade Crafts, Chicken BBQ and dinners, Bake Sale, Chili Cook-Off, Pie-by-the Slice, Scarecrow Hunt and Contest, Farmers' Market, Rummage Sale,

'Happy Harvest' Kid's Contests, Kozmik Spinnerz DJ, demonstrations and more! New this year: Come and enter your own Scarecrow for our contest! For Scarecrow Contest entry and Crafter Information contact : Donna Fisher - dfbears@twcny.rr.com or (607)347-4780.

September 10 – HipHop in the Park
1 - 5pm, Courthouse Park. Christian Hip Hop festival... a community based outreach for people of all ages to come and have fun and enjoy some very good Hip Hop Music and other fun activities. For more information call (607) 206-2122, e-mail brian@hiphopinthepark.net or visit www.hiphopinthepark.net.

September 13 – Walker Brothers Circus
5:30 and 7:30pm, Cortland Fairgrounds, Carroll Street. All new 2011 edition of the fabulous Walker Bros. Circus under the Big Top. Experience affordable, family friendly fun at its finest! Ticket prices: \$14 for adults, each paying adult can bring in 2 children ages 14 and under for free! Purchase tickets at www.walkerbrotherscircus.com. For more information call 800 528-6577, e-mail kfairchild@walkerinternationalevent.com or visit www.walkerbrotherscircus.com.

September 14 – Bicycle Safety Class
5:30 pm, Cortland County Office Building. Learn how

to safely navigate the roads. Instructional video followed by "on the road" practice. Bring your bike and helmet. We will give you a helmet if you need one. No charge for this event. For more information call (607) 753-5077, e-mail awp24@cornell.edu or visit www.cceccortland.org.

September 17 – Richford Potato Festival
9 to 4 PM visit the Richford Congregational Church for your potato soup, potato salad, salt potatoes, and more! Music from 11 to 3 PM. Parade at 1 PM.

September 18 – Baka Beyond
8pm, Center for the Arts, 72 S. Main Street in Homer. Musicians from 6 countries in the Celtic fringes of Europe and the West coast of Africa join together to play the most original live world fusion sound around. Strong African beats underpin Celtic and Gaelic melodies producing fast yet gentle rhythms that are totally infectious. Adults \$25, Seniors \$20, Students \$10. For more information call (607) 749-4900, e-mail info@center4art.org or visit www.center4art.org.

September 28 – Cortland Auto Club Show
Little York Park.

**FOR A COMPLETE LISTING OF UPCOMING EVENTS:
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TWITTER.COM/TCATRIBUNE**

HAVE A COMMUNITY EVENT TO SHARE?
Please send all pertinent information, including a date, location, time, price, and a brief description to us at tcatribune@gmail.com, and we'll be happy to help inform the public!



BUSINESS OWNER PHOTO CONTEST




DO YOU KNOW WHO THIS LOCAL BUSINESS OWNER IS?

Last Issue's Business Owner Photo Contest

Welcome to our new contest! It was suggested by a local business to try a new contest – print pictures of local business owners when they were “younger” and see if anyone can recognize them! This contest can be entered the same as our famous cover photo contest – email your guess to tcatribune@gmail.com or call 607-844-8228 and include your name, address and phone number. If your guess is correct, you will be entered into the contest. A name will be picked by random drawing and the winner's name will be printed in the next issue and they will win a gift certificate donated by local businesses! Enjoy!

Answer
Jim Robinson – Owner of Robinson's Repair Shop located at 3 Cortland Street in Marathon.
Winner
No winner this edition – the gift certificate from Robinson's Repair Shop will be added with the gift certificate for the next issue's contest winner!



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c	h	t	y	l	e	a	p	t	m	t	l	f
i	s	n	u	m	r	u	f	e	a	e	a	e
l	i	f	o	a	p	q	h	r	h	r	r	c
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- Ramada Inn • Main St. Downtown Homer • Back to Basics
- Natoli's Market • Dryden Food Market • Groton Hotel Groton
- Express Mart • Ithaca Wegman's • Rite Aid Dryden
- Gregg's Market Marathon • Dryden Agway
- Elite Dental • Pinckney Allstate Insurance Agency
- Tompkins Trust Company Banks • Toad's Diner
- Queen Diner Dryden • Gregg's Market Whitney Point
- Country Kitchen Whitney Point • Country Kitchen II Cortland
- Hope Lake Lodge • Gatherings Restaurant

LAST EDITION'S PUZZLES

SUDOKU

6	9	3	8	5	4	1	7	2
8	1	5	7	2	9	3	4	6
4	7	2	3	6	1	8	9	5
1	6	9	5	4	8	7	2	3
5	3	7	2	9	6	4	8	1
2	4	8	1	7	3	6	5	9
9	8	6	4	3	5	2	1	7
3	2	1	9	8	7	5	6	4
7	5	4	6	1	2	9	3	8

WORD FIND

e	m	o	t	c	r	o	s	s	m	p	d	p
r	e	e	h	c	h	s	i	n	i	f	i	e
k	c	a	r	t	e	c	a	r	d	r	t	d
i	t	k	o	e	c	a	l	p	t	s	r	i
u	e	v	t	r	k	a	a	b	t	i	k	c
u	e	s	t	r	e	o	i	o	v	s	r	s
g	a	o	l	a	r	k	p	e	t	a	e	r
f	e	m	e	i	e	h	f	e	r	v	b	s
t	d	j	u	n	d	m	j	c	o	u	r	s
t	e	u	q	d	f	i	k	l	p	r	o	m
l	e	m	a	e	l	f	g	j	h	e	t	r
e	p	p	l	c	a	k	i	h	y	p	o	i
a	s	s	p	e	g	s	h	i	f	t	m	b
b	s	p	f	w	h	e	e	l	b	r	a	k

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- GIFT CERTIFICATES AVAILABLE -

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MIXED OR SOLID - 1.5 liter is considered 2 bottles
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...We Are Service Driven...

23 West Main Street • Dryden
607-844-8135
Phone or Fax

New (and old) merchandise arriving weekly!

We are open Tuesday-Saturday from 10am-6pm
**with extended hours until 9pm on Thursdays!!*



SAVE 10% ON ANY ONE GIFT ITEM
** with this coupon**

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the Second Knob
Gifts & Antiques

128 W. Main St.
Dryden NY
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Classes at Holy Cross Church on George Road in Dryden M & W 5:45 PM • at TC3 in Dryden SAT 8:30 AM

FOR MORE INFORMATION ABOUT CLASSES CALL Sue Karn at 607-279-6131




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www.gatheringsrestaurant.com
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Get Ready for the *Fall!*

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\$500 OFF Any \$25 Purchase **\$200 OFF Any \$10 Purchase** **\$100 OFF Any Pond Fish**

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The GlassSmith, Inc.
124 S. Main St., Homer • 749-2072
MON.-FRI. 8-5 • SAT. 9-12
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10% OFF IN-SHOP WINDOW REPAIRS
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OFFER EXPIRES 9/30/11

MIRRORS • TABLETOPS • CUSTOM SHOWERS



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756-9312

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The GlassSmith, Inc.
124 S. Main St., Homer • 749-2072 • MON.-FRI. 8-5 • SAT. 9-12

ALL SCREENS REPAIRED
(Fast Service)
WE MAKE PATIO TABLES

10% OFF IN-SHOP SCREEN REPAIRS
OFFER EXPIRES 9/30/11

Have a Great Labor Day Weekend!

**DOES YOUR CHIMNEY
LOOK LIKE THIS?**



**AT HEARTH & HOME, WE CAN
MAKE IT LOOK LIKE THIS!**



We Offer

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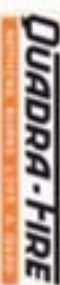
At Hearth & Home of Ithaca, we don't only sell the highest quality Stoves and Fireplaces, we also work with you to solve any problems with your chimney



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