

FREE

July 27 - August 9, 2011

BBQ & Outdoor Recreation Edition

FREE

THE CORTLAND AREA TRIBUNE

YOUR REGIONAL BI-WEEKLY COMMUNITY NEWSPAPER

CORTLAND • ITHACA • DRYDEN • HOMER • GROTON • MARATHON • MORAVIA • TULLY • LAFAYETTE

Est. 2002

607-844-8228

Fax: 1-607-330-8012

tcatribune@gmail.com

NOW ONLINE: CORTLANDAREATRIBUNE.COM TWITTER.COM/TCATRIBUNE

Summer 2011
CORTLAND REPERTORY THEATRE
Professional Theatre Since 1972

800-427-6160
607-756-2627
www.cortlandrep.org

Box office located at
37 Franklin Street
in Cortland, NY

Performances held
at the
Little York Pavilion,
6799 Little York Lake Rd.
Dwyer Memorial Park
Preble, NY

Thanks to our Season Benefactors:

 McNeil & Company
INSURANCE AND RISK SERVICES

 MICHAEL MAY
CONSTRUCTION

 WCNY
COMMERCIAL

 ALLIANCE BANK
of Cortland, P.C.E.C.

Downtown Cortland Partner:
CENTRAL CITY

Agatha Christie
Adapted by Leslie Darbon
A MURDER IS ANNOUNCED

A Miss Marple Mystery!
August 3-13

Show Sponsor:  Alliance Bank

**ONE COMPANY.
ONE AGENT.
MANY WAYS TO SAVE.**

Let me help you save time and money.
Protecting more of your world with Allstate makes your life easier. And it can put more money in your pocket. Bundle your policies and you can save even more. Why wait? Call me today.

PINCKNEY INSURANCE AGENCY, INC
(607) 756-8505

SHIRLEY DIANE EIZEMBER
41 PORT WATSON ST
CORTLAND


Allstate
You're in good hands.
Auto Home Life Retirement

Subject to terms, conditions and availability. Savings vary. Allstate Property and Casualty Insurance Company, Allstate Indemnity Company: Northbrook, Illinois © 2011 Allstate Insurance Company.

Piccadilly Lane
UNIQUE PRIMITIVE & COUNTRY SHOP

2634 Main St.
Whitney Point, NY 13862
607-692-7418
piccadillylane1@aol.com

"Weeding Out"
PORCH/CRAFT SALE
AUG 20th!

Some items 1/2 off! Some items only 2 weeks old!
SHOP EARLY FOR BEST SELECTION!

Furniture, Curtains, Antiques, Candles

25% Off
ANY ONE ITEM
Good thru 8-31-11

We need crafters for
CRAFT SHOW
Sat., August 20th



Mon 11-3 Tues, Wed, Fri 10-6 Thurs 10-7 Sat 11-3 Closed Sun

impulsive
ANTIQUES

Our Specialty Unique Trunks & Superior Quality

Custom Trunk Restoration • Cupboards • Tool Boxes
Primitives • Blanket Boxes

impulsiveantiques@stny.rr.com
607-785-3762
cell 607-760-1006
JIM & CATHIE
P.O. BOX 1581
BINGHAMTON, NY 13902

See us at Madison-Bouckeville Antiques Show: Aug. 16 - Aug. 21. Quaker Acres, spots 1, 2, 33, & 34. Look for the big white tent and across from East-Expo entrance. Cupboards, primitives, tools and blanket boxes - dealers welcome.

CORTLAND ARTS & WINE FESTIVAL
Juried Art Exhibit and Wine Tasting
Live Music and Food Vendors

10AM-6PM Artists
12PM-6PM Wine Tent


Courthouse Park
Downtown Cortland, NY
Saturday, August 6, 2011
www.cortlandartsandwine.com


DEDRICK'S "Jesus is Our Savior"

Rt. 13 • North of Dryden (across from TC3)
Open Monday thru Saturday 9am to 6pm • Closed Sunday
NO DEBIT OR CREDIT CARDS ACCEPTED • CASH OR CHECKS ONLY

FRESH PRODUCE

Grape Tomatoes	Plums	Blueberries
Tomatoes	Summer Squash	Maple Syrup
Cherries	Zucchini Squash	Cucumbers
	Potatoes	
	Onions and More	

 **LOCAL SWEET CORN**

 **PA PEACHES**
RED HAVENS

FRESH PICKED DAILY



2nd Annual

FuzzFest

Tails on Trails Walkathon

AUGUST 13th at the J. M. McDonald Sports Center, Cortland
10 a.m. to 3 p.m.

Save lives while walking with your dog!!



- Meet 'Shorty & Hercules' from Animal Planet's "Pit Boss"
- Win Prizes - for individuals and teams!!
- get healthy and have fun!!



WE NEED YOU!

Call Jessie at 607-753-8885 or
visit cortlandspca.org & start
signing up sponsors NOW!

"FuzzFest - THE Festival for Pets and the People Who Love Them"

And all donations go to help neglected and abandoned animals of Cortland.

WELCOME TO THE BBQ & OUTDOOR RECREATION EDITION

The Cortland Area Tribune, nicknamed The CAT is published and distributed every other Wednesday. Look for it at 100's of area businesses in Cortland, Dryden, Groton, Homer, Marathon, Moravia, Ithaca, Tully & LaFayette.. Here's some upcoming editions for you to look forward to!

August 10 – Need for “Speed” Edition

(Deadline 8/5)

August 24 – Pamper Your Pest & Labor Day Edition

(Deadline 8/19)

September 7 – Get Ready for Fall! Fall is for Planting/Hunting Edition

(Deadline 9/2)

September 21 – Bridal, The CAT's 9th Anniversay & Great Pumpkinfest Edition

(Deadline 9/16)

October 5 – Fall Antiques Edition

(Deadline 9/30)

CHECK OUT THE BUSINESS SERVICE GUIDE!

Easily accessible at the back of the paper! Growing with every Edition! Take this handy pull-out 4 page directory with you in your car and leave it in your glove box for quick reference! Area businesses are listed alphabetically by services. When you patronize the businesses listed in the directory, please tell them you saw them listed in The CAT! Shop local and save gas!

HAVE SOMETHING TO SELL?

Take advantage of our FREE CAT CLASSIFIED ADS! Make some extra money – clean out that attic or garage! Free classifieds are for “articles for sale” or “garage sales” only, non-commercial, no real estate. Deadline is 6 pm on Friday, August 5th. Email your classified to tcatribune@gmail.com or use the mail-in form in this Edition. Only emailed, mailed or faxed classifieds accepted. Fax to 607-330-8012. Remember your unwanted items may be someone else's treasures!

FREE HAPPY ADS!

Share a birthday or anniversary wish for free, include a photo! Email to tcatribune@gmail.com, or mail it to The CAT, P.O. Box 67, Dryden, NY 13053. Deadline is 6 pm on Friday, August 5th for the next Edition.

CAT KITCHEN RECIPE CORNER!

Share your tasty recipe with our readers! To have your special recipe published, please email it to tcatribune@gmail.com or mail it to The CAT, PO Box 67, Dryden, NY 13053! Deadline is 6 pm on Friday, August 5th for the next Edition.

MYSTERY PHOTO CONTEST



DO YOU KNOW WHERE THIS IS?

See what you can WIN
if you know WHERE this picture is!
Congratulations to our latest contest winner:
Rosemarie Fralick
of Marathon



“FAMILY OWNED”

Toads Too! ICE CREAM OASIS

OPEN DAILY 12 NOON - 9PM
“Where Everyday Is Dairy Day”

OVER 100 FLAVORS

SHAKES • FLOATS FLURRIES • BBQ PORK
SLUSHIES • SUNDAES HOT DOGS • CORN DOGS

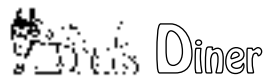
RT. 38, FREEVILLE

WELCOME NEW ADVERTISER:



RESTAURANTS

Your Neighborhood diner owned by your neighbor!



Rt. 38 Freeville • 844-5229
Open 8am-8pm • Closed Wed

Free Parking, Air Conditioned, Come As You Are, Handicap Accessible

Answer from the Previous Edition:

Randolph Well & Pump Co., Inc. of 41 Gulf Hill Road, McLean, NY.

Thank you Juanita Converse for mailing us the picture!

MYSTERY PHOTO CONTEST!

Our mystery photos are old pictures of our area towns, businesses or landmarks. If you know where this edition's cover picture is - call 607-844-8228 or email tcatribune@gmail.com. Leave us your name, address & phone number along with your guess. If your guess is correct – your name is entered into our contest! A name is picked by random drawing & we print the winner's name in our next issue! All decisions are final. Businesses from around the area have generously donated a prize! Deadline for your guess is 6 pm on Friday, August 5th for this edition. By entering, you automatically give us permission to print your name in our next issue.

Each contest generates hundreds of entries! The winner of last edition's contest is Rosemarie Fralick. Rosemarie won a gift certificate from Beth's Natural Way located at 3728 State Route 13 in Truxton! The winner of this edition will win tickets to the Gordon Lightfoot show at the State Theatre in Ithaca on September 29 - presented by Dan Smalls Presents! Enter your guess today!

We are looking for old photos to stump our readers! Do you have an old photo we could use?! Please call us or email us – THANK YOU!

The Cortland Area Tribune
P.O. Box 67 • Dryden, NY 13053
(607) 844-8228 • Fax: 1-607-330-8012
e-mail: tcatribune@gmail.com



Accepted

The Cortland Area Tribune is not liable for typographical errors, copy omission or ad layout beyond cost of ad space thus affected. We cannot guarantee ad position beyond original commitments. The Publisher reserves the right to reject or cancel any advertising for any reason at any time without notice. The opinions of advertisers, expressed or implied, do not necessarily reflect those of the paper.



PICCADILLY LANE COUNTRY & PRIMITIVE STORE ANNUAL PORCH SALE - AUGUST 20TH

MARK YOUR CALENDAR! IT'S THAT time of year again! Piccadilly Lane is "WEEDING OUT" and will be hosting its annual PORCH SALE - where everything on the PORCH will be 50% OFF! Plus Piccadilly Lane Country and Primitive Store is gearing up for their Annual CRAFT SHOW to be held the same day as their Famous Porch Sale on Saturday, August 20th. Always shop early for best selection! Interested in having a table for the craft show? Call 607-692-7418 for details!

Owner Joyce Ballard has been on fun shopping trips and adding to her wonderful array of merchandise and now needs to "WEED OUT" with her annual porch sale! With many items only being in the store for 2 weeks - she has to mark things down (1/2 OFF!) to make room for new fall and holiday merchandise to fill the rooms for your holiday shopping! All the rooms, upstairs and down, are overflowing with new one of a kind merchandise. There are framed prints, furniture, linens, rugs, soy candles, cards, jewelry, swags, garlands, tinware, signs, pottery, curtains and many more unique

items to adorn every room in your home or cottage. And remember, Joyce has added some antiques to go along with the country décor! The Christmas room will make its return in October (just in time for the holidays!) and has been painted and redecorated and transformed into a Shabby Chic Section! Be sure to check it out!

Don't miss those once-a-year half price discounts for Piccadilly Lane's "WEEDING OUT" SALE - this much anticipated one day only PORCH and CRAFT SHOW on Saturday, August 20! Save even more with the coupon on the front page of this issue of The Cortland Area Tribune!

Take the short drive to Whitney Point and check out the 8 rooms of giftware to beautify your living space with Piccadilly Lane's "sales"! It's time to liven up your home, office, porch, patio or cottage!

The store is located on 2634 Main Street in Whitney Point. For your shopping convenience the store is also open Monday 11-3, Tuesday, Wednesday & Friday 10-6, Thursday 10-7, Saturday 11-3 and Sunday closed. Questions or looking for something special - 607-692-7418 or email piccadillylane1@aol.com



Gatherings



THE FABCATS

Gatherings to host "Outdoor Concert" on Saturday, August 6th with The Fabcats from 6 to 10pm. With drink and food specials! Don't Miss It!

THE FABCATS' DEBUT CD OH Yeah!, with a cover (designed by Gretta Gallivan and photographed by Rob Howard) that is a dead-on homage to the first Rolling Stones LP, is now in stores!

The album, which has 12 brand-new tracks, includes Arty Lenin's "We're The FabCats," a bouncy 60's-styled theme song that quotes over a dozen 60's songs in just over three minutes. Also included - and highlighting the individual band members' roles in the history of Syracuse music - are a FabCats reworking of the seminal 1980 Tearjerkers' single "Syracuse Summer" (a Beach Boys-styled homage to CNY that was written by Frenay), and a new version of Dave Novak's "Gotta Find Someone," that was originally released as a single in 1968 by Dave's then-band The Nightcaps. Both songs have been featured on Ron Wray's definitive History of Syracuse Music series of LPs.

FabCats biography

MIDWAY SALES
Lisle, NY

- GIFTS
- SHEDS
- GARAGES
- GAZEBOS
- PLAYHOUSES
- LAWN FURNITURE
- INDOOR FURNITURE

WE DELIVER
607-692-2180

Mon-Sat 9am-5pm (+Special Offer+) Closed Sunday • www.midwaysalesny.com

Order your Custom Built Shed now!
NO PAYMENTS until delivery is scheduled at your convenience

- Chicken Coops
- Dog Houses
- Rabbit Hutches



Visit our spacious showroom and see our wide range of furniture for every room in your home and office.



- CHECK OUT OUR**
- ✓ Picnic Tables
 - ✓ Gliders
 - ✓ Light Houses
 - ✓ Bridges

2011 Dryden Lake Festival



SAT AUG 6 AT DRYDEN LAKE PARK, 61 WEST LAKE ROAD, DRYDEN

Bands from 2:30 to dark • Fireworks over the Lake in evening
Many Food Vendors, Products & Crafts • Programs and Talks
Classic Cars • Petting Zoo • Fishing Derby, • 4H
Ongoing kid's activities • Revolutionary War Camp
Great Goose Drop • Canoe Races • Kid's programs: Forests, Bugs, Rocks, Personal Safety, Native Plants • Adults: Energy Use, Cooking demo • Sweet Life TV Show by TC3 Students Exhibits, Programs, and Talks by area Characters and Groups

Triathlon in the morning, see website: drydenlakefestival.com. Vendors and exhibitors ready for the public at 1:30.

Bring your family and the dog, chairs or blankets, picnic and book. Donation at the gate.

The FabCats, Syracuse's only SAMMY (Syracuse Area Music) Award-nominated Beatle band, are a rock 'n' roll party experience that features the spirit of the 60's.

From the British Invasion, to the Motor City, to the West Coast.

The band members are:

Gary Frenay (bass & vocals) and Arty Lenin (guitar & vocals), the SAMMY Award-winning duo (inducted into the Syracuse Music Hall of Fame in 2006) who've been entertaining Central New Yorkers for 29 years in a variety of bands including the Flashcubes, Screen Test, the Nevery Brothers and The Fab Five.

Dave Novak (guitar & vocals), whose 40-year+ musical resume (inducted into the Syracuse Music Hall of Fame in 2008) reads like a history of Syracuse music; including Carmen & the Vikings, the Nightcaps, the Sermon, CrossCreek, The Fab Five and most recently, the Party Nuts. Dave's first band, in 1962, was the CazCats, and all these years later, he's proud and excited to be a "Cat" again!

Dave Miller (drums and vocals) - insiders know that Dave and Arty are, in fact, brothers, which makes the FabCats a true family affair. Dave has been an active member of the Syracuse music scene for nearly 30 years in such bands as Sage & Waters, the Montereys, The Fab Five and Request.

The FabCats mix over 200 songs with a combined 130 years of performing experience to present a unique variety of songs and styles. Their debut CD, Oh Yeah!, is available this month on Northside Records.

They play and sing with more edge and energy than most of the watered-down 60's oldies bands still out there on the national performance circuit.

---This is not your father's oldie's band!---



DRYDEN LAKE FESTIVAL

CALLING ALL. WE ARE PREPARING, especially for families, kids, and groups, for our event and action-filled One-day Destination Event. This year, the Dryden Lake Festival 2011 will be on Saturday, August 6th.

We start with the morning event, a Triathlon starting at 9:30 with canoe/kayak, 10am and 11:30 am for bike, and at 11:45 half-mile fun-run.

Please see web site for details: www.drydenlakefestival.com or email drydenlakefestival@gmail.com

Set up and ready for the attendees at about 1pm, and with some open until the fireworks at 9pm:

- + competitions: dog agility, water dogs, fishing, canoe racing, veggie cooking.
- + demonstrations: fly fishing, Revolutionary War period family life, square dancing, TC3 film crew, TV channel class project, more.
- + kid activities: day-long supervised games, talks about salamanders, rocks, plants, personal safety, birds, hedgehogs, tree identification.
- + music: Pete Panek, Fall Creek Brass Band, My Brother's Band, Ithaca Concert Band, and (my favorite) Alice Dedrick, more.
- + programs and talks: A Lincoln,

kitchen secrets, book talks, invasive plants, early aviation, home energy savings, more.

- + vendors: art works, jewelry, food, crafts, Cake Wheel, local history books, garden produce, pottery, balloons.
- + exhibits: local company's history, Town of Dryden history, political parties, classic car cruise-in, fireworks display over the lake at dusk, petting zoo incl llamas, many more.
- + good eats: hot dogs and hamburgers, Chinese, ice cream, BBQ chicken, Philly cheese steak, baked goods, fish, nachos, popcorn, cotton candy, and more.

To find the Town of Dryden's secret pristine public park and fishing/boating area:

From Dryden Village, take Route 38 south for two miles, then turn left on Chaffee Road till it runs into West Lake Road, go left. Go past the first park entrance, over the dam, and then to the parking area on the right.

DLF will have a donation jug at the walk-in entrance, and near the handicap parking area. Events schedule will be posted nearby. Listen for the announcements. Available are picnic tables and grills, rest rooms nearby.

You will want to bring your own props for the many hour event: chairs or blankets, maybe your own picnic and drinks, books, cameras, whatever.

Help us keep our park clean and pristine: recycle and use waste containers or carry out. Please support and thank our financial supporters who make this day-long event possible. And our thanks to all you attendees for your support, we hope you had a great time, and plan to come again next year.

BETH'S NATURAL WAY ORGANIC BULK FOODS

3728 State Route 13, Truxton, NY
Easy To Find, We Are Right Next To The Truxton Post Office

Large Selection of Beans, Grains, Bulk Herbs, Teas and Spices

Personal Consultations By Appointment Only

Hours

Wednesday, Thursday & Friday 10am-5pm
Consultation Hours: Wednesday & Thursday, by Appt. only

Website: www.bethsnaturalway.com

Pizzeria & Family Style Restaurant

151 North St.
Dryden

844-4466
844-9556

We Deliver



PARTY PLATTERS!

Perfect for your summer Parties & Get Togethers
GIVE US A CALL - WE CAN HELP!

Accepting Reservations
BANQUET ROOM AVAILABLE • FULL SERVICE CATERING

Gift Certificates Available

We Have **DAILY PIZZA SPECIALS**

A-1 PIZZERIA COUPON

Cheese Sheet Pizza
\$11.95
*tax toppings extra

1 COUPON PER PARTY
Expires 8/31/11. Not valid with any other discounts.

A-1 PIZZERIA COUPON

Buy 2 Dinner Entrees & Receive
50% Off
Second Entree

Up to a \$7 max on 2nd entree.

LIMIT OF 2 COUPONS PER PARTY
Expires 8/31/11. Not valid with any other discounts.

A-1 PIZZERIA COUPON

Buy 2 Entrees & Receive
50% Off
Second Entree
Breakfast or Lunch

Up to a \$3 max on 2nd entree.

LIMIT OF 2 COUPONS PER PARTY
Expires 8/31/11. Not valid with any other discounts.

A-1 PIZZERIA COUPON

Large Cheese Pizza
\$7.95
*tax

1 COUPON PER PARTY
Expires 8/31/11. Not valid with any other discounts.

We Have JUNIOR MEALS FOR KIDS, SENIORS OR PEOPLE WITH SMALLER APPETITES!

Back to Basics Grocery & Deli

Hot Dogs for Your BBQs

Cheese
Jalapeno
All Beef

GOT SPICES

SANE QUANTITIES NOT INSANE PRICES FOR ALL YOUR BBQ RUBS, SAUCES & SUMMER SALADS

ORDER YOUR PARTY MEAT & CHEESE PLATTER FOR YOUR GRADUATION OR SUMMER PARTY!

(607) 844-8074

2207 DRYDEN RD. (RT 13) • DRYDEN
TUE-FRI 9AM-6PM • SAT 9AM-4PM • CLOSED SUN & MON

GIFT CERTIFICATES AVAILABLE

SUMMER ROAD TRIPS?



Stock up on snacks before hitting the road! Pretzels, chips, nuts and more!



SAVE AT THE PUMP

SHOP ONLINE 24/7

ORDER YOUR PARTS ONLINE & PICK UP AT YOUR LOCAL NAPA STORE
NAPAONLINE.COM



SUMMER ROAD TRIP?

Tune Up Your Car Before Hitting The Road For Better Gas Mileage & A Safe Trip!

SEE US FOR ALL YOUR AUTO PARTS, ACCESSORIES & PERSONAL SERVICE

KELLOGG AUTO SUPPLY

52½ North St., Dryden • 844-8175
161 S. Main St., Cortland • 753-9601
3862 West Rd., Cortland • 753-9671
Also stores in Moravia & LaFayette



TOAD'S DINER RETURNS TO FREEVILLE

By Shannon R. Noble

THE "TOAD'S DINER" SIGN is a welcome sight to area residents after the failures of several consecutive business attempts at 17 Railroad Street in Freeville. Dave Perkins has decided to take the reins and bring the original diner back to life.

Dave has been in food service since he opened a sub shop in Cortland in 1972, shortly after graduating from Dryden Central Schools in 1971. "I was the youngest business owner in Cortland at the time," he says. He eventually sold the sub shop and went to Cornell, where he worked as a life safety specialist until 1999, when he left Cornell to run Toad's Diner full time.

Dave and his wife Kathy opened Toad's Diner, a sandwich and ice cream store, in 1993. Business picked up so much that they decided to separate the two facets of Toad's Diner, and in 2000, they built Toad's Too Ice Cream Oasis directly across the street from the main location. However, Kathy's injury in 1999 and other untimely circumstances increased the difficulty in running both locations.

"We had to make a choice between running the diner or the ice cream store," Dave says. "We chose to operate the

ice cream store in the summer and close Toad's Diner. People were unhappy that the diner closed. Over the past few years, I've heard many comments from people who wanted Toad's back."

They leased out the restaurant portion of the building in 2006. This was the first of four leases over a span of about four years. Each of the eateries failed.

"People need to understand that you can't just walk in, open a restaurant, and make lots of money right away," Dave says. "Can you make lots of money? Sure. But you have to work at it, and it takes time."

After Casey's Diner closed in late 2010, Dave decided that leasing the property was just too difficult. The need for an eatery in Freeville remained, so he decided to re-open Toad's Diner. Remodeling started in January, 2011 and Toad's Diner opened without major advertisement on Saturday, July 9th.

"Right now we're operating pretty much by word of mouth . . . but business is increasing every day," Dave says. "I'm anxious to get the business back to the way it was in the beginning, but it's going to take some time. Toad's Diner had a good reputation, and we offered good food at reasonable prices."

Though Dave plans on making the diner the same type of family eatery as it was years ago, he has updated the menu to offer new items and has added dinner specials.

"I've kept popular items on the menu. The fish fry was a big draw, and I'll have chicken and biscuits again on Sundays. I won't be doing pizza right away, though," Dave adds. "The pizza business is an entirely different business than the diner. I want to get the diner running well first, and I also

want to perfect something that's different and better than what other people have before I start doing pizza." Once business becomes steady, Dave plans on offering all-you-can-eat weekend brunches.

For now, Dave remains focused on working to re-establish the diner's good reputation and winning back his customer base. "Satisfaction is guaranteed," he says. He also encourages his customers' feedback; he

wants to know how Toad's Diner is doing and what he can do to improve the diner. "If there are any complaints, customers should bring them right to me."

Toad's Diner is open 8 a.m. to 8 p.m. daily and is closed on Wednesdays. Take-out orders can be placed all day by calling 844-5229. "So hop on down to Toad's!" Dave says. "Sorry, no frog's legs sold here!"



ARTS AND WINE FESTIVAL ORGANIZERS ANNOUNCE FOOD VENDORS AND WINERIES

THE CULTURAL COUNCIL OF CORTLAND County, sponsor of the 5th Annual Arts & Wine Festival, is pleased to announce the wineries and food vendors for the August 6 event.

In the wine tent, visitors will be pleased to see several favorites returning this year including Americana, Anthony Road, Beak and Skiff, Cobblestone, Hazlitt, Long Point, Miles, Montezuma, Pazdar, Thousand Islands,

RMS GRAVEL, INC.

SAND • STONE • GRAVEL

YOU CAN PICK-UP OR WE DELIVER

844-8196

Mott Road • Dryden

When in Jail and Need Bail
Call

THOMAS E. BACKUS
Bail Bonds

PO Box 710 • Dryden, NY 13053
607-844-8649

impulsive
ANTIQUES & TRUNK RESTORATION

See us at Madison-Bouckeville Antiques Show; Aug. 16 - Aug. 21. Quaker Acres, spots 1, 2, 33, & 34. Look for the big white tent and across from East-Expo entrance. Cupboards, primitives, tools and blanket boxes - dealers welcome.

impulsiveantiques@stny.rr.com
607-785-3762
cell 607-760-1006
JIM & CATHIE
P.O. BOX 1581
BINGHAMTON, NY 13902

Our Specialty Unique Trunks & Superior Quality

Custom Trunk Restoration ♦ Cupboards Primitives ♦ Tool Boxes Blanket Boxes

Trunks bought/sold -- Crocks & Jugs
Cast Iron (Grissold)

BELLS AUTO CARE

LUBE, OIL FILTER • TIRES
NEW YORK STATE INSPECTION

- ✓ Computer Diagnostics
- ✓ Check Engine Light
- ✓ Engine Performance/Repair
- ✓ Complete Brake Repair
- ✓ Steering/Suspension
- ✓ Muffler & Exhaust
- ✓ Alignment
- ✓ Heat/AC Repair

ACDelco

116 North Street
Dryden, NY 13053
607.844.8333

945 Dryden Road
Ithaca, NY 14850
607.275.0611

BELLSAUTO.COM

White Springs and Zugibe. "We are very pleased to have these folks back and we welcome for the first time Three Brothers Winery from the Seneca Lake Wine Trail. All of the participants this year will offer award-winning New York State wines to taste and purchase in the wine tent," says Ann Finamore, Chairperson of the festival. A wine pick up service will be available so people won't have to carry their purchases while enjoying the festival. Because of the alcohol content of the wine, access to the wine tent will be limited and controlled. Therefore, no one under the age of 21 will be admitted and patrons are asked to have picture ID with them. Discount tickets may be purchased on-line at www.cortlandartsandwine.com or at the wine tent the day of the festival.

In the food court, there will be several new food vendors. Fabio's will be selling pasta e fajole, fried ravioli and piadini, Frosted will sell half moons, brownies, cupcakes and ice cream, Skinny's will have bloomin' onions, fried vegetables and fried oreos, Smokin' Mule's pulled pork sandwiches will be on hand and Joseph's Fine Foods and Gourmet Creations will offer a variety of mixes, dips and bottled foods. Returning vendors are Anthony's 19th Hole, Casey's Deli, Bee's Dogs, Linani's and Tim Horton's providing everything from cheesesteaks, spiedies, gyros, fries, burgers, sausage and crawdaddies to iced drinks and delectable desserts.

The success of the festival would not be possible without major sponsors Royal Motor Company, 1st Niagara Bank, Drs. Stuart Douglas and Marissa Clifford, Cayuga Radio Group, WXHC and Grand Rental Station and support from Smoke-Free Cortland, Bill and Nancy Maffei and Bank of America.

Come join the fun at the Arts and Wine Festival on Saturday, August 6 from 10 to 6 in the Courthouse Park and enjoy the raffles, FingerLakes Cheese Trail, live music, and juried artist vendors.

PREPARING YOUR CHILDREN FOR A HEALTHY SCHOOL YEAR NOW!

I KNOW IT IS EARLY for people to be thinking about school but now is the time to start preparing your children to boost their immune system so they will be able to ward off the germs when they start school in the fall. As we head towards the fall and winter we will get less sunshine. It is a known fact that Vitamin D especially Vitamin D3 and a multivitamin go a long way toward lessening the risk of colds and flu. Vitamin D3 also helps children with the absorption of calcium. Nature's Sunshine Products has an excellent delicious tasting product called Calcium Plus D3. This product was made to help ensure that children get the calcium they need for healthy bones and teeth also. It is in a base of Sunshine Heroes Protector Shield which contains more antioxidants and amino acids.

Speaking of children's multivitamins NSP has Sunshine Heroes Multiple Vitamin and Mineral. It supplies 50 to 100 percent of the RDA for eleven essential nutrients that are usually deficient in modern diets. It contains no artificial dyes and sweeteners that parents need to watch for. This tastes good too.

Another important supplement for children to take is Omega 3 fatty acids. This supports brain health. NSP has a great tasting product called Sunshine Heroes Omega 3 with DHA. DHA and EPA are essential fatty acids that are essential to every cell in the body, but particularly the brain and nervous system. They are found almost exclusively in deep ocean fish and most children don't eat this in their diet. It enhances brain development and intelligence. This makes it helpful in behavior problems. It is also helpful in the development of the eyes. DHA is the major fatty acid in the brain and in the retina of the eye.

Probiotics is another important supplement. Probiotics are friendly bacteria that live in the digestive system. They help protect the body from infections from yeast and harmful bacteria. This product called Sunshine Heroes Probiotic Power contains eleven strains of probiotic bacteria in the base of Sunshine Heroes Protector Shield Blend like all the other Sunshine Hero products. Probiotics also help with digestion which is important as at least seventy

percent of our immune system is in our digestive system. Sugar decreases immune response so diet can play a big role in terms of getting sick. Probiotics also can help regulate eczema and allergies.

When kids get home from school they are usually very hungry because they ate lunch very early in school. So they do need a snack but what kind? Options should include protein and good fat not just carbohydrates. High carbohydrate foods spike their blood sugar. They need something that will carry them until dinner. Things like cheese, yogurt, apples and nut butters are great options.

Some other children's products to consider are Sunshine Heroes Whole Foods Antioxidant to help quench free radical damage. Antioxidants are found primarily in fresh fruits and vegetables. Unfortunately many children and adults today eat almost no fresh fruits and vegetables. This product also has cooling, soothing anti-inflammatory properties that would be helpful in recovering from acute ailments involving fever and inflammation.

Last but not least in this series of Sunshine Heroes products is Whole Food Papayazyme. Enzymes help break down nutrients in the food we eat. Live foods are rich in enzymes but cooking destroys them. This product provides digestive enzymes in a chewable form for children and adults to offset the lack of enzymes in modern diets. It can also help loosen mucus in respiratory congestion.

It isn't too early to start your children on supplements to help boost their immune system. That way when they enter school again in the fall their immune systems will be ready.

Till next time,



Diane L. Toombs, CNHC
www.mynsp.com/toombs
 B.E.S.T. Energy Foot Spas!
www.zytocompass.com/af/link.aspx?a=dtoombs

The information in this article is for educational purposes only and is not meant for diagnosing or prescribing.

HICKS

MOVING & STORAGE

CHECK OUR RATES AND COMPARE



■ Overnight Delivery Within 500 Miles	■ Free Estimates
■ Local, Interstate Moves	■ Competitive Rates
■ Commercial & Office	■ Cartons & Supplies
■ Pianos & Appliances Moved	■ Palletized Storage
■ Family Owned & Operated	■ Load/Unload Your Rental Truck

ITHACA **277-9777** DRYDEN **844-9771**
 40 ELM STREET • DRYDEN, NY • FAX 844-4884



ICC MC339084 NY DOT T32526



Second Annual


McGraw Pumpkin Launch & Kids Pumpkin Decorating Contest


Saturday, October 15, 2011
McGraw Recreation Park

Fun Starts at 10 a.m.

For Contest rules and entry forms contact the McGraw Village Office at (607) 836-6294

Family Food Fun!



Ask About Polarized Sunglasses 

(607) 756-4159

1100 State Rt. 222
 Groton Avenue Plaza • Cortland

Walter J. Kasperek, Optician / Owner

HOURS

Mon, Wed, Fri 9-5
 Tues 9-6 • Thurs 9-7
 Closed Saturdays

Gift Certificates Available

We're Back!

Where to eat a good, affordable and enjoyable meal?

Free Parking

Air Conditioned

Come As You Are

Handicap Accessible

Stop in and say "Hi" to Dave and our new wait staff!



BREAKFAST, LUNCH & DINNER SPECIALS!

RT. 38, FREEVILLE • 844-5229

OPEN 8AM till 8PM

Closed Wednesday

Dave's Famous  **Is Back!**

Available Everyday - All Day!

YOUR NEIGHBORHOOD DINER OWNED BY YOUR NEIGHBOR!



Come in and join us for Breakfast 7 days a week for only \$6.95

crowncitysteakhouse.com 2 River St., Cortland 756-4431

JOHNNY & LONNIE
 July 29 & Aug 15

TRY OUR NEW
Black & Bleu Charred NY Strip
 Stuffed with bubble bleu cheese inside an out
Only \$19.95

Prime Time Weekends
 Join us Friday and Saturday nights for our slow-cooked **PRIME RIB DINNER** served au jus. All you can eat. (Based on availability).
Only \$24.95

Potato Sensation
 A tasty combination of mini potato cakes, sweet potato puffs and two potato skins filled with bacon and cheddar jack cheese served with a side of sour cream.
Only \$6.95

PROTECT YOUR HOME FROM THIEVES WHILE ON VACATION



JULY AND AUGUST ARE PEAK months for residential burglaries because so many residents are vacationing and away from their homes for extended periods of time. "It's important for homeowners to take steps to help protect their home and possessions before departing," says Allstate New York spokesperson Krista Conte.

Allstate shares the following tips with homeowners to help them protect their homes this summer:

Make it appear as though you are at home. Keep the house well lit and consider placing staggered timers on different lights, both inside and outside the house. Make sure that outside lights are out of reach of burglars. Keep blinds or curtains in their usual position

Ask a trusted neighbor to lend a hand. Arrange to have mail, packages and newspapers picked up regularly. Make arrangements for the lawn to be mowed. If your car will be parked outside for more than a week, ask a friend to change its position a few times. Tell only people you know and trust that you are going away

Keep valuables well hidden and under lock and key. Expensive jewelry should be stored in a safety deposit box at the bank or hidden in a room other than the bedroom

Create deterrents to entry. Install strong frames, locks/deadbolts, and alarms on windows, doors, garages and sheds (tools stored in sheds can be used to break into homes). Also, remove spare keys and openers from outside the house

Safeguard personal documents. When possible, do not leave personal documents in your home office or desk, as burglars will know to look for them there. Put critical documents in a lock box elsewhere in the house. Keep copies of important documents at another location, such as a relative's home.

Disconnect hackers. Turn off your computer and disconnect it from the Internet. If you save personal

information on your computer, make sure it is difficult to access. You don't want a hacker at work while you are on vacation.

For More information and a new quote please call Shirley Eizember, Pinckney Insurance Agency, 41 Port Watson St, Cortland New York. 607-756-8505

The Allstate Corporation (NYSE: ALL) is the nation's largest publicly held personal lines insurer. Widely known through the "You're In Good Hands With Allstate" slogan, Allstate is reinventing protection and retirement to help more than 17 million households insure what they have today and better prepare for tomorrow. Consumers access Allstate insurance products and services through Allstate agencies, independent agencies, and Allstate exclusive financial representatives in the U.S. and Canada, as well as via www.allstate.com and 1-800 Allstate.



PENCIL POINTS

Pencil Points are tips for residential design and planning issues often encountered by homeowners, builders and developers. This information is provided by Applied Design Research Associates as general interest based on current NYS Building Codes and is not intended as professional guidance for any specific project. For answers to specific design questions feel free to contact ADRA at (607) 844-4601 or consult the yellow pages under Architects for the name of other registered design professionals in your area. You can also write or email ADRA with additional questions to be researched and published in subsequent issues of this paper.

ADR Associates- P.O. Box 306, Freeville, NY 13068 adra@tucny.rr.com

ARE SLIDING GLASS DOORS ACCEPTABLE AS THE PRIMARY MEANS OF EGRESS

IN ONE AND TWO FAMILY RESIDENTIAL DWELLINGS?

A sliding door unit is generally NOT permitted as the primary exit door from a dwelling unit. The primary exit door shall be a swing-type unit at least 36" or greater in clear width and not less than 6'-8" in height. While a general requirement is that egress doors swing outward in direction of exit travel, doors to individual dwelling units can swing inward as long as the door is readily operable from the inside without use of a key or special knowledge or effort. Manually operated sliding doors can function as secondary means of egress from the dwelling, similar to exit windows.

EXCEPTION- Should an individual choose to install a power-activated sliding door with battery or emergency power back-up and the operable leaf of that door provides a minimum of 34-1/2" clear width into the dwelling, then a sliding door may be used as the primary exit unit in lieu of a swing style hinged door.

The primary exit door from a habitable space must open directly to the exterior without passing through a garage (higher area of risk). There shall be a minimum 36" landing space on each side of an exit door, except where the door is less than three risers above grade. Exterior landings (flat floor area) shall not be more than 1.5' below the threshold elevation of the door.

(ADRA design recommendation) When ADA accessibility considerations apply, the landing depth must be increased to 60" or 42" beyond the arc of the door). Also, when designing the primary entrance door to a residence for wheelchair accessibility, an additional 18 inches or more of clear access space is required next to the strike side of the door.

THE SECOND ANNUAL

FINGER LAKES YOGA FESTIVAL

YOGA-MUSIC-ART

FOUR DAYS OF YOGA AND MUSIC

- 30+ TEACHERS
- 60+ WORKSHOPS
- CLASSES ON YOGA, BELLYDANCING, HOOPING, DRUMMING, NUTRITION, AND MORE!
- ART EXHIBITS AND CONTESTS
- CLASSES FOR KIDS
- MAIN STAGE WITH LIVE PERFORMANCES EVERY DAY
- MARKETPLACE WITH FOOD AND VENDORS
- CAMPING INCLUDED
- SHOWERS, A SWIMMING POOL, PLAYGROUNDS, MINI GOLF, AND A CAMP STORE.
- AFFORDABLE AND FAMILY FRIENDLY
- LOCALLY OWNED AND OPERATED
- VOLUNTEER OPPORTUNITIES AVAILABLE
- A MATHEW "FRUCK" INGLES PRODUCTION

MUSIC AND PERFORMANCES BY:

- WYNNE PARIS
- HUDOST
- JOHN DE KADT
- ONE LOVE DEVOTIONAL CHANT
- ELIZABETH MUISE
- CHANE CHIKELIS
- JIZABEL WOOD
- TECHNICOLOR TRAILER PARK
- GONG THE PLANET AND MORE!

CLASSES AND WORKSHOPS FROM:

- AMY KATHRYN BROWN
- ASTRID JIRKA
- BRIA TAVAKOLI
- CASIE JENSON
- DENA BEBETTA
- ELIZABETH MUISE
- FRANCISCA BUDSHERM
- GINA NEWLIN
- JEANELLE BOYER
- JEANNINE GETTIS
- KAREN SNOW
- KATYA BURNS
- KRISTIN DAMSTETTER
- LYCAONFIRE
- MATHEW "FRUCK" INGLES
- SANDRA HALLIDAY
- SARA GALLMANN
- SHANE CHIKELIS
- STEPHANIE ANNE SIRICO
- THERESA FLINT
- TRACY REMELIUS
- AND MANY MORE!

SPECIAL GUEST TEACHER: BONNIE ARGO

AUGUST 18-21, 2011 ITHACA, NY

WWW.FINGERLAKESYOGAFESTIVAL.ORG

HAPPY BIRTHDAY

JOHN DEDRICK on July 29th
and
TINA MARIE on July 31st

Stop by Dedricks Fruit & Vegetable Stand and wish John and Tina Marie a Happy Birthday

TOMPKINS COUNTY CHAMBER OF COMMERCE
www.tompkinschamber.org

ATTENTION BUSINESS OWNERS:

By joining the Chamber at our reduced, out-of-county rate, you can grow your business by tapping into the vibrant economy of Tompkins County.

Please call **607-273-7080**, or visit us at www.tompkinschamber.org

CUTTINGS GARAGE

COMPLETE AUTO REPAIR

- Brake Repair
- Oil Change
- Lubrication
- Struts
- N.Y.S. Inspections
- Exhaust
- Tune-Ups
- Tires - Batteries

(607) 347-4873
1834 Dryden Road, Freeville, NY

HEALTH TALK: BETH'S NATURAL WAY HEALTH CONSULTING BASIL MINT

Truxton, NY
Phone/Fax: 607-842-6863
E-mail: bethsnaturalway@yahoo.com

THE ANCIENT HEBREW, GREEKS AND Romans used mint in their cooking since AD 37. Jews serve mint with their meat dishes especially at the spring feast of the paschal lamb. Jews strewed church floors with mint leaves so that each step perfumed the place. I found it to be the most important herb that we have for supporting the spleen. The spleen creates NK cells that dissolve old blood, accumulated waste and undigested putrefied foods. One of the most important jobs that my Mother and Father always believed in was spring cleaning every room, closet, draw and corner to get rid of the old. They taught me what a garbage can is used for and what goes in it and when it is time to take that can to the dump. Our body is no different than our homes, always needing cleaning out.

- NICKNAMES: Wild basil mint, basil weed, basil mint and field mint.
- LATIN NAME: Mentha arvensis.
- ELEMENT: Air.
- POWERS: Attracting money, love, healing and for safe travel satchels.
- MEDICINAL PARTS: Leaves and flower.
- CONSTITUTES: Volatile oil and tannins.
- PROPERTIES: Alternative, antibacterial and tonic.
- MAGICAL USES: Place a few leaves in your wallet or purse to increase money flow. Leaves are placed in home for protection.
- INTERNAL USES: American Indians used the leaf tea for colds, fevers, sore throats, gas, colic, indigestion, headaches, diarrhea, liver and gall bladder weakness and relaxes spasms. Rebuilds the immune system and breaks up mucus of the upper respiratory tract.
- EXTERNAL USES: The crushed leaves put on bruising will help to reduce the black and bluing.
- HARVEST: Pick the whole plant during the flower stage. Hang to dry and then pick off the flowers and leaves.
- USE AS: Tea, fresh, extracts and powder forms.
- PRECAUTIONS: None that are known.

Vibrantly,
Beth of Beth's Natural Way

CALENDAR OF EVENTS

July 30, Magic and Music with a Latin Flair 6 pm, Homer Green Under the Tent. Jim Warren is a professional magician who frequently performed at the famous Hollywood private club for magicians, The Magic Castle. Sally Ramirez who was born in Puerto Rico, has sung with various musical groups across the US and is also an accomplished actress who has appeared on stage and television. Join us for a night of magic, music and fun. There will be a freewill offering during the Concert. For more information call 607-836-6562 or e-mail sfarrell1@twcny.rr.com

July 31 - August 4, Cortland County Chautauqua 6:15 pm, Homer Village Green. Summer learning opportunity for children, youth, and adults. Nightly classes on a variety of fun topics, including cooking and crafts, history and day trip destinations, scripture studies and book readings by local authors. Thursday evening finale features picnic supper catered by Linani's and Chuck D'Imperio, speaking about his book Great Graves of Upstate New York: Final Resting Places of 70 True American Legends at 7:30 pm. Registration fee for the week is \$5.00. Picnic supper is \$9.00 per person. For more information call 607-836-6562, e-mail cortlandchurches@aol.com or visit www.cortlandchurches.net

Cortland Main Street Farmers Market, June 1 - October 30, Tuesdays and Saturdays 8 am - 2pm on Main Street, Cortland. The 39th season at the same location! Local produce (from a 30 mile radius) and fruit in season. Also flowers, honey, wine, and a variety of surprises throughout the season. Convenient location, plenty of free parking, and close to fine restaurants, shops, and the Main Street merchants. For more information call (607) 753-8570 or e-mail tsandstrom@ocmboces.org

Homer Farmers' Market, Saturdays 9 - 1 and Wednesdays 4:30 - 7 from May 21 - October 22 on the Green in Homer. Where local producers meet people who want to buy local. Wide variety of produce, arts, baked goods, and prepared food: All grown or produced within 30 miles of Homer. Live music on selected dates. For more information e-mail tammie@coldbrookfarm.com or visit www.homerfarmersmarket.com

August 4, Summer Concert Series: "Delaney Brothers" 7 pm, Court House Park. All concerts are free and open to the public. Bring a lawn chair or blanket. Presented by Cortland Youth Bureau. For more information call (607) 753-3021.

August 5, Main Street Music: "Spiritual Rez" 6 pm (gates open at 5:30), Main Street Stage by Marketplace Mall in downtown Cortland. Reggae, funk and afrobeat. Free parking, free admission. Donations accepted. Food and beverages available

(no coolers!). For more information visit <http://cortlandmainstreetmusicseries.com>.

August 6, Toys for Tots Motorcycle "Poker Run" Starting at 8:30 am at Edward Jones Investments, 21 Main Street in Cortland, ending at the American Legion, Post 489 at 212 Tompkins Street in Cortland. The first group of bikes will leave downtown at 9:30 am and the last bike will leave by 11:00 am. At registration each rider gets a poker hand sheet and one card. Each rider then travels to four other locations drawing a card that is verified on their sheet at each destination. At the last stop a fifth card is drawn and their poker hand sheet is submitted to determine who has the best hand. 50/50 raffle, door prizes, BBQ lunch and music. Prizes for top three hands will be awarded during lunch. Pre-Registration is currently open and will run through July 20. Pre-registration includes a collectible Toys for Tots "Poker Run" t-shirt, goodie bag and discounted hands at \$20. Registration on the day of the event starts at 8:30 am and hands will cost \$25. To sponsor, volunteer or assist in the event email toysfortotspokerrun@yahoo.com or call (607) 745-8583. For more information visit www.facebook.com/event.php?eid=171277789596610 or search Inaugural Toys for Tots Poker Run on Facebook.

August 6, Grandmother's Tea 10 am, Main Street next to Community Restaurant downtown Cortland. Rain location: CAPCO building, 32 North Main St. During the tea we will celebrate and thank grandmothers for the important support they provide to their daughters and families. We will provide grandmothers with up to date information on feeding, care, and health practices that may have changed since the last time they helped care for an infant. We will also talk about ways they can provide even more support and help to their children and grandchildren. The program will take place as part of CAPCO's celebration of World Breastfeeding Week 2011. For more information, please call Janice or Deanna at 753-6781 or e-mail janicev@capco.org.

August 11, Summer Concert Series: "Old Timers Band" 7 pm, Court House Park. All concerts are free and open to the public. Bring a lawn chair or blanket. Presented by Cortland Youth Bureau. For more information call (607) 753-3021.

August 11-14, National Brockway Truck Show Parade of Brockway trucks starts at 8:30 am on Saturday, August 13, from the Museum at 4392 US Rt. 11 and proceeds to Main Street in Downtown Cortland where they remain on display until 4 pm. Visit www.brockwaytrucks.org for complete details of this 4-day show; new events have been added.



The Best Lawn Equipment.

DRYDEN LAWN & RECREATION

The Best Lawn Equipment Dealer.

54 North Street, Dryden, NY 13053 • 607-844-8671
HOURS: Monday thru Friday, 7am - 5pm, Saturday 7am - Noon.

CORTLANDVILLE SAND & GRAVEL

SERVING CORTLAND & TOMPKINS COUNTIES

765 Rte. 13
Cortland, NY 13045
(607) 756-2115

GRAVEL FOR

- Septic Systems
- Driveways
- Landscaping

Residential or Commercial

Crushed Gravel & Stone
Crusher Rock

Pickup or Delivered • State Approved Products

BRECHT'S

Wall Street • Dryden, NY

607 844-4432 or 607 844-9922

24 HOUR TOWING SERVICE & FLATBED SERVICE

Serving The Area Over 30 Years With Good Old Fashioned Honest Service

For Service You Can Count On **Auto Repairs - Body Shop**



CORNELL COOPERATIVE EXTENSION OF TOMPKINS COUNTY EVENTS

615 Willow Avenue

Ithaca, New York 14850

607.272.2292

Summer Sprouts

Wednesday, July 27, 10:00-11:00am

Ithaca Children's Garden, Rt. 89 at Cass Park, Ithaca

Experience the wonders of gardening through stories and hands-on gardening projects, on Wednesdays from June 15 to September 14. Especially for young children ages 2-5 and their caregivers. Each session includes a story, hands-on activity, and gardening in the Growing Gardens. FREE and open to the public; donations welcome. For more information, contact Leigh MacDonald-Rizzo 272-2292 x186 or email: lam26@cornell.edu.

Pressure Canning 101

Wednesday July 27, 6:30-9:00 pm

at Cooperative Extension Education Center, 615 Willow Avenue, Ithaca NY

Learn how to safely can low-acid foods, such as vegetables and meats, in a pressure canner. Get updated information on safe canning techniques and learn about the different types of pressure canners that can be used. This is a hands-on workshop, so space is limited. Fee: \$15 per person. Contact Carole Fisher at (607) 272-2292 or CRF11@cornell.edu with questions or to reserve a space.

Save Energy, Save Dollars

Thursday, July 28, 6:30-8:30pm

at Cooperative Extension Education Center, 615 Willow Avenue, Ithaca NY

Learn low-cost and no-cost ways to reduce home energy use and programs to help you afford home energy-efficiency improvements at this FREE workshop. Each participating household receives a free Energy-Savers kit worth \$15 that includes weather-stripping, shrink window cover, outlet and light switch insulators, and more. Pre-registration is required. Call or email to reserve a seat and an energy kit. Carole Fisher, (607) 272-2292 or crf11@cornell.edu.

4-H Youth Fair

Thursday July 28 - Sunday, July 31

4-H Acres, 418 Lower Creek Rd, off Rte 13, Ithaca

Bring the family to see animal shows daily, and youth project work on display at this entirely 4-H youth-run fair. Youth Talent Show Friday evening. Saturday is "Family Fun Day" with games, hands-on activities, Chicken BBQ. Free admission and parking. For a schedule of activities, visit www.ccetompkins.org.

Compost with Confidence: Troubleshooting Your Bin

Saturday, July 30, 10:00-11:00am

at the Compost Demonstration site, Ithaca Community Gardens at the entrance to the Ithaca Farmers' Market

Master Composter volunteers from Cornell Cooperative Extension of Tompkins County provide information & hands-on demonstrations on how to set-up and manage a successful composting system. Each class covers composting basics in addition to rotating topics. This session also addresses what could go wrong with your bin, and how to prevent / remedy the situation. Questions? Contact Liz Falk at Cornell Cooperative Extension of Tompkins County (607) 272-2292 or email erf59@cornell.edu

Breastfeeding for the Health of It!

Monday, August 1, 10:00 am-12:00 pm OR 6:00-8:00 pm

at Cooperative Extension Education Center, 615 Willow Avenue, Ithaca NY

A FREE 6-class series for new or expectant moms who are eligible for WIC, Medicaid, Food Stamps or similar programs. You receive a FREE nutrient assessment, and will learn about mother's health, benefits of breastfeeding, how your body changes when pregnant, positioning your baby for proper latch, how to pump and store breast milk, and how to breastfeed in public. Participants receive FREE useful items. Join any time - classes are ongoing and topics are repeated in the next set of workshops! Call Tina or Stacy at Cornell Cooperative Extension of Tompkins County (607) 272-2292 or email TMF8@cornell.edu to sign up.

Art in the Garden

Monday, August 1, 10:00-11:00am

Ithaca Children's Garden, Rt. 89 at Cass Park, Ithaca

Join us on Mondays, July 11 through August 29 to collect inspiration and materials to make beautiful art in and from the Garden. A new project every week. For ages 4 and up with a caregiver. Cost is \$2 per child. No need to register. For more information, contact Leigh MacDonald-Rizzo at lam26@cornell.edu or call her at Cornell Cooperative Extension of Tompkins County, (607) 272-2292 x186.

Summer Sprouts

Wednesday, August 3, 10:00-11:00am

Ithaca Children's Garden, Rt. 89 at Cass Park, Ithaca

Experience the wonders of gardening through stories and hands-on gardening projects, on Wednesdays from June 15 to September 14. Especially for young children ages 2-5 and their caregivers. Each session includes a story, hands-on activity, and gardening in the Growing Gardens. FREE and open to the public; donations welcome. For more information, contact Leigh MacDonald-Rizzo 272-2292 x186 or email: lam26@cornell.edu.

Garden Chefs

Thursday, August 4, 10:00-11:00 am

at Ithaca Children's Garden, Rt. 89 at Cass Park, Ithaca

Help us harvest and cook from the Garden on Thursdays in August. A new recipe each week! Meets August 4, 11, 18 & 25. For children ages 4 and up with a caregiver. \$2/child, \$5/family. No need to register! For more information, contact Leigh MacDonald-Rizzo 272-2292 x186 or email: lam26@cornell.edu.

Healthy Children, Healthy Families

Friday, August 5, 10:00 am-12:00pm

at Cooperative Extension Education Center, 615 Willow Avenue, Ithaca NY

Parents can meet, share tips, and learn ways to help their children eat healthier meals and snacks and be more active in this FREE 7 session class series (an 8th class is a graduation celebration)! A light meal is provided at each session, and free childcare is available. Individuals who are eligible for WIC, Medicaid, Food Stamps or similar programs can attend this FREE workshop series. Contact Tina or Heather at Cornell Cooperative Extension of Tompkins County (607) 272-2292 or email TMF8@cornell.edu to find out whether you can join this class. Note: Class meets August 5, 12, 19, 26, September 9, 16, 23, 30. Please register by Friday July 27.

Parents Apart

Saturday, August 6, 9:00am-4:00pm

Confidential location; TBA before 1st session

Parents Apart is a six-hour workshop for parents who want to learn how to help their child(ren) cope during their separation and divorce. The workshop is taught by therapists and attorneys and focuses on how children react emotionally to their parents' divorce and/or separation, and what parents can do to help them adjust. Registration is confidential and parents of the same child(ren) are placed in different workshops. Fee: \$50; reduced rates available.. For information, to pay by credit card, to request a reduced fee, or to discuss concerns about safety or other special circumstances, please call Anna Steinkraus at Cornell Cooperative Extension of Tompkins County (607) 272-2292 ext 145 or email ams69@cornell.edu.

Gaia's Hatchday Celebration

Saturday, August 6, 1:00-4:00 pm

Ithaca Children's Garden, Rt. 89 at Cass Park, Ithaca

Celebrate Gaia the giant turtle's 6th Hatchday at this great community event. Tons of hands-on activities from exploring the wetland stream to tasting quirky fruits and vegetables. Cake, ice cream, face painting, storytelling, and more. The event is free and appropriate for all ages. Donations welcome. For more information, contact Leigh MacDonald-Rizzo 272-2292 x186 or email: lam26@cornell.edu.

Harvest Dinner at Early Morning Farm

Sunday, August 7, 5:00pm reception, 6:00pm dinner

Early Morning Farm, 9658 State Route 90, Genoa, NY 13071

Chef Greg Rhoad of the Aurora Inn will prepare a gourmet dinner, sourced and served at Early Morning Farm in Genoa. Wines from Bet the Farm winery accompany each course. Proceeds benefit "Healthy Food for All", a collaboration between CCE-Tompkins and local farms to provide CSA scholarship shares for 125 families with limited incomes in our community. Tickets are \$75-\$150/person all inclusive, and may be purchased online or by check. Visit: <http://www.healthyfoodforall.org/> for more information or call Liz Karabinakis at Cornell Cooperative Extension of Tompkins County, (607) 272-2292.

Art in the Garden

Monday, August 8, 10:00-11:00am

at Ithaca Children's Garden, Rt. 89 at Cass Park, Ithaca

Join us on Mondays, July 11 through August 29 to collect inspiration and materials to make beautiful art in and from the Garden. A new project every week. For ages 4 and up with a caregiver. Cost is \$2 per child. No need to register. For more information, contact Leigh MacDonald-Rizzo at lam26@cornell.edu or call her at Cornell Cooperative Extension of Tompkins County, (607) 272-2292 x186.

Breastfeeding for the Health of It!

Monday, August 8, 10:00 am-12:00 pm OR 6:00-8:00 pm

at Cooperative Extension Education Center, 615 Willow Avenue, Ithaca NY

A FREE 6-class series for new or expectant moms who are eligible for WIC, Medicaid, Food Stamps or similar programs. You receive a FREE nutrient assessment, and will learn about mother's health, benefits of breastfeeding, how your body changes when pregnant, positioning your baby for proper latch, how to pump and store breast milk, and how to breastfeed in public. Participants receive FREE useful items. Join any time - classes are ongoing and topics are repeated in the next set of workshops! Call Tina or Stacy at Cornell Cooperative Extension of Tompkins County (607) 272-2292 or email TMF8@cornell.edu to sign up.

Summer Sprouts

Wednesday, August 10, 10:00-11:00am

at Ithaca Children's Garden, Rt. 89 at Cass Park, Ithaca

Experience the wonders of gardening through stories and hands-on gardening projects, on Wednesdays from June 15 to September 14. Especially for young children ages 2-5 and their caregivers. Each session includes a story, hands-on activity, and gardening in the Growing Gardens. FREE and open to the public; donations welcome. For more information, contact Leigh MacDonald-Rizzo at Cornell Cooperative Extension of Tompkins County (607) 272-2292 x186 or email: lam26@cornell.edu.

Garden Chefs

Thursday, August 11, 10:00-11:00 am

at Ithaca Children's Garden, Rt. 89 at Cass Park, Ithaca

Help us harvest and cook from the Garden on Thursdays in August. A new recipe each week! Meets August 4, 11, 18 & 25. For children ages 4 and up with a caregiver. \$2/child, \$5/family. No need to register! For more information, contact Leigh MacDonald-Rizzo at Cornell Cooperative Extension of Tompkins County (607) 272-2292 x186 or email: lam26@cornell.edu.

Tenant/Landlord Rights & Responsibilities

Thursday August 11, 2011: 11:00 am - 1:00 pm

at Cooperative Extension Education Center, 615 Willow Avenue, Ithaca NY

In this Consumer Issues Program, a NY State Attorney General's Office representative will make a brief presentation, then consult with individuals on unresolved consumer problems until 1:00 pm. Free and open to the public. No appointment is needed. Presentations

are taped and broadcast on Cable Access Channel 15 on Mondays at 7 am, 1 pm & 7 pm. For more information, contact Carole Fisher at Cornell Cooperative Extension of Tompkins County (607) 272-2292 or email crf11@cornell.edu.

14th Annual Farm City Day

Saturday, August 13, 11:00AM-4:00PM

at Freebrook Farm, 39 Fall Creek Road, Freeville

Spend the day on Tompkins County's newest dairy farm: learn about cows and crops and meet the people who care for them. Activities include a farm tour, a sheep & border collie demonstration, and a giant ice cream sundae made by the Tompkins County Dairy Princess and her court. Food concession and silent auction featuring goods and services donated by local businesses benefits the Tompkins County Ag-in-the-Classroom-Program in local schools. For more information: Debbie Teeter, Cornell Cooperative Extension of Tompkins County, (607) 272-2292 or DLT22@cornell.edu.

Art in the Garden

Monday, August 15, 10:00-11:00am

at Ithaca Children's Garden, Rt. 89 at Cass Park, Ithaca

Join us on Mondays, July 11 through August 29 to collect inspiration and materials to make beautiful art in and from the Garden. A new project every week. For ages 4 and up with a caregiver. Cost is \$2 per child. No need to register. For more information, contact Leigh MacDonald-Rizzo at lam26@cornell.edu or call her at Cornell Cooperative Extension of Tompkins County, (607) 272-2292 x186.

Breastfeeding for the Health of It!

Monday, August 15, 10:00 am-12:00 pm OR 6:00-8:00 pm

at Cooperative Extension Education Center, 615 Willow Avenue, Ithaca NY

A FREE 6-class series for new or expectant moms who are eligible for WIC, Medicaid, Food Stamps or similar programs. You receive a FREE nutrient assessment, and will learn about mother's health, benefits of breastfeeding, how your body changes when pregnant, positioning your baby for proper latch, how to pump and store breast milk, and how to breastfeed in public. Participants receive FREE useful items. Join any time - classes are ongoing and topics are repeated in the next set of workshops! Call Tina or Stacy at Cornell Cooperative Extension of Tompkins County (607) 272-2292 or email TMF8@cornell.edu to sign up.

Save Energy, Save Dollars

Monday, August 15, 6:30-8:30pm

at Cooperative Extension Education Center, 615 Willow Avenue, Ithaca NY

Learn low-cost and no-cost ways to reduce home energy use and programs to help you afford home energy-efficiency improvements at this FREE workshop. Each participating household receives a free Energy-Savers kit worth \$15 that includes weather-stripping, shrink window cover, outlet and light switch insulators, and more. Pre-registration is required. Call or email to reserve a seat and an energy kit. Carole Fisher at Cornell Cooperative Extension of Tompkins County (607) 272-2292 or email crf11@cornell.edu.

Exploring Credit & Debt Management Issues

Tuesday, August 16, 10:00 am - 12:00pm

at Cooperative Extension Education Center, 615 Willow Avenue, Ithaca NY

This FREE workshop covers ways to establish good credit, strategies for prioritizing debt, understanding your credit report and common pitfalls to avoid. All participants receive a free assortment of money management tools. Advance registration required. Contact Helen Ranck at Cornell Cooperative Extension of Tompkins County (607) 272-2292 or email hkr24@cornell.edu.

Summer Sprouts

Wednesday, August 17, 10:00-11:00am

at Ithaca Children's Garden, Rt. 89 at Cass Park, Ithaca

Experience the wonders of gardening through stories and hands-on gardening projects, on Wednesdays from June 15 to September 14. Especially for young children ages 2-5 and their caregivers. Each session includes a story, hands-on activity, and gardening in the Growing Gardens. FREE and open to the public; donations welcome. For more information, contact Leigh MacDonald-Rizzo at Cornell Cooperative Extension of Tompkins County (607) 272-2292 x186 or email: lam26@cornell.edu.

Pressure Canning 101

Wednesday August 17, 6:30-9:00 pm

at Cooperative Extension Education Center, 615 Willow Avenue, Ithaca NY

Learn how to safely can low-acid foods, such as vegetables and meats, in a pressure canner. Get updated information on safe canning techniques and learn about the different types of pressure canners that can be used. This is a hands-on workshop, so space is limited. Fee: \$15 per person. Contact Carole Fisher at Cornell Cooperative Extension of Tompkins County (607) 272-2292 x186 or email: CRF11@cornell.edu with questions or to reserve a space.

Garden Chefs

Thursday, August 18, 10:00-11:00 am

Ithaca Children's Garden, Rt. 89 at Cass Park, Ithaca

Help us harvest and cook from the Garden on Thursdays in August. A new recipe each week! Meets August 4, 11, 18 & 25. For children ages 4 and up with a caregiver. \$2/child, \$5/family. No need to register! For more information, contact Leigh MacDonald-Rizzo 272-2292 x186 or email: lam26@cornell.edu.

Art in the Garden

Monday, August 22, 10:00-11:00am

at Ithaca Children's Garden, Rt. 89 at Cass Park, Ithaca

Join us on Mondays, July 11 through August 29 to collect inspiration and materials to make beautiful art in and from the Garden. A new project every week. For ages 4 and up with a caregiver. Cost is \$2 per child. No need to register. For more information, contact Leigh MacDonald-Rizzo at Cornell Cooperative Extension of Tompkins County (607) 272-2292 x186 or email: lam26@cornell.edu.



Serving Central NY Since 1987

Under New Ownership in 2011

Fast & Professional Business Printing, Promotional Products and Signs™

Please allow us to quote on your next project (607) 753-1234

<u>BUSINESS PRINTING</u>	<u>PROMOTIONAL ITEMS</u>	<u>SIGNS</u>
Business Cards	Pens	Real Estate
Flyers & Brochures	Sticky Notes	Banners
Programs & Booklets	Tumblers & Mugs	Trade Show
Post Cards	USB Flash Drives	Vehicle Graphics
Forms & Envelopes	Golf Balls	Window Lettering
Decals & Labels	Shirts & Hats	Full Color Available
& More	& More	& More

www.MaxGraphicsOnline.com



(607) 753-1234 www.MaxGraphicsOnline.com

Max Graphics 177 Homer Ave, Cortland, NY Next to Fabio's Restaurant

PAPA BEARS RIVERSIDE STOVES



A TON OF FREE PELLETS
WITH THE PURCHASE OF ANY PELLET STOVE
Exp 8/31/11



3 TONS FREE PELLETS
WITH THE PURCHASE OF PSG ALTERNA-PELLET FURNACE
Exp 8/31/11



10% OFF ALL WOOD STOVES
Exp 8/31/11

TRUST US WITH ALL OF YOUR OUTDOOR GRILLING NEEDS THIS SUMMER

No matter what your grilling stylistic preferences are, we have everything you need to make sure that your outdoor celebration goes off without a hitch.



We sell wood pellets, charcoal grills and smoker grills, designed to give your BBQ food that extra flavor.

Our Grill Sales

- Traeger Smoker Grills
 - Memphis Grills
 - Kamoda Joe Charcoal Grills
- Paromax • Mendota • Monessen
Leisure Line • Jamestown
Saint Croix • Blaze King & More



ANTIQUES

PAPA BEARS ANTIQUES

END OF SEASON SALE ON PLANTS & BAGGED MULCH

GET YOUR GRILL FOR YOUR BBQ & SAVE **10% OFF** WITH AD
Exp 8/31/11

96 CORTLAND ST. MARATHON
607-821-2688 PAPABEARSTOVES.COM
We accept Cash, Personal Check & Credit Cards

BEAT THE HEAT!



GET ON A NEW 2011 SEA-DOO WATERCRAFT FOR

AS LOW AS **\$139** PER MONTH*

*SEE DEALER FOR DETAILS

DOUG'S POWERSPORTS UNLIMITED

4019 RT. 281 • CORTLAND • 607-753-1263
Mon, Wed, Fri 9-6 | Tues & Thurs 9-7 | Sat 9-3

SEA-DOO.COM

©2011 Bombardier Recreational Products Inc. (BRP). All rights reserved.™, ® and the BRP logo are trademarks of BRP or its affiliates. Products are distributed in the U.S.A. by BRP US Inc. Features may vary by model. BRP reserves the right, at any time, to discontinue or change specifications, prices, designs, features, models or equipment without incurring any obligation. Always ride responsibly and safely. Follow all instructional and safety materials. BRP recommends a minimum operator age of 16 years old. Always observe applicable laws and regulations. Respect the rights of shoreline residents, and keep a safe distance from other recreationists. Always wear appropriate protective clothing, including a Coast Guard-approved PFD that is suitable for PWC use. Always remember that riding and alcohol/drugs don't mix. 2106769



• Summer is a Great time for Cleanings & Check-Ups!
• Remember to Schedule today!



We are Accepting New Patients!
First Visits or Follow-Ups!



Most Insurances Accepted.
Don't Delay Schedule Your Child Today!



Cortland Dental
4313 Homer Ave—Cortland NY 13045
Dr. Baljinder Singh, D.D.S. (607) 753-9361

Thomas Corey, CLU
COREY INSURANCE AGENCY
"Your Insurance Advocate"

NEW RATES!

- Auto • Home
- Recreational Vehicles
- Motorcycles
- Life & Retirement Planning

1088 Groton Ave Ext
Cortland, NY
758-8806
844-9838
tomcorey@allstate.com

ALL TIRES ON SALE!

RUN FLAT CERTIFIED **TPMS CERTIFIED**

IS YOUR VEHICLE READY FOR **Summer?**

Time to service your vehicle - get ready for warmer weather & road trips!

SPECIALIZING IN HARD-TO-FIND SIZES & TIRES
Cars-Trucks-SUVs-Vans

THE AREA'S LARGEST VARIETY OF TIRES IN-STOCK!!!

MOUNT + BALANCE Up to 24" Wheels & Tires
NITROGEN - \$4.95 Get Some Green Air!

Willcox Center 607.273.6310
233 ELMIRA RD • ITHACA

CHECK US OUT AT WILLCOXTIRECENTER.COM & ON FACEBOOK

Wine & Spirits

A Wine & Spirits Store & So Much More!
...We Are Service Driven...

Don't Go To That Picnic Empty Handed!

Take a Bottle of Wine or Spirits for the Host or Hostess!
- GIFT CERTIFICATES AVAILABLE -

ALWAYS FEATURED AT DRYDEN WINE AND SPIRITS
• 15% DISCOUNT ON WINE CASE BUYS
MIXED OR SOLID - 1.5 liter is considered 2 bottles
FREE PERSONALIZED WEDDING LABELS OR SPECIAL OCCASION LABELS WITH YOUR WINE PURCHASE
FREE gift wrapping available.

23 West Main St. Dryden
(607) 844-8135

GIFT CERTIFICATES AVAILABLE

AMERICAN EXPRESS DISCOVER MasterCard VISA

Open Sundays Noon to 5pm

Orthodontic Group of the Finger Lakes

Dr. Achilles M. Filios
Dr. Robert W. Baker, Jr.
Dr. John D. Duthie
18 Church Street,
Cortland, N.Y. 13045
(607) 753-3371

"Invisalign Certified"

While on Summer Vacation
Schedule Your Children's Orthodontic Evaluation

Orthodontic Group of the Finger Lakes
www.flsmiledocs.com



ROOFING

Award Winning **PAUL YAMAN**
ROOFING SPECIALTIES

"Exceeding The Customers Expectations"

Residential Commercial Industrial

FACTORY TRAINED PROFESSIONALS
EPDM • PVC • TPO
Shingles • Modified Bitumen
NEW HOMES • SIDING • WINDOWS

MasterElite VERSICO
Building to make exceptionally satisfied customers Since 1979

273-1240 or 756-7042
www.paulyman.com

Get Ready For Those SUMMER PROJECTS!

EQUIPMENT FOR RENT

- Power Wheel-Barrel (Power Buggy)
- Mini Excavator
- Gas Air Compressor

Give us a call for your rental equipment needs!

- Back Hoe
- Skid Steer
- Floor Sander
- Stump Grinder
- Tile Saws
- One Man Post
- Hole Digger
- Party Tents & Tables
- Power Trowel
- Bull Float

BUILDER'S BEST Rental Center
3798 Luker Road Cortland
756-7871
756-7998

Hours: Mon.-Friday 7am-6pm Saturday 8am-4pm

ELITE DENTAL + DENTURE P.C.

ACCEPTING NEW PATIENTS
EVENING APPOINTMENTS AVAILABLE

13-15 CLINTON AVE, CORTLAND
607.758.7700
Open Monday-Friday from 8am-5pm
& Saturday from 9am-3pm

WALK INS + EMERGENCIES SEEN SAME DAY

ALL INSURANCES ACCEPTED including Fidelis, Medicaid, Healthplex + Dentaquest

KIDS! While on Summer break -- Take time to get your teeth cleaned!

15% Senior Citizen Discount On Dentures or Partials

\$110 SPECIAL Full Exam Bite Wings Cleaning

T.M.D. + Facial Pain Treatment

- Zoom Bleaching
- Permanent Crowns
- Bridges
- Cleanings
- Extractions
- Root Canals
- Dentures & Partials
- Fillings/Bonding (white fillings)
- Invisalign Available

SENIOR CITIZENS DISCOUNT
FINANCING AVAILABLE
FREE INITIAL CONSULTATION FOR DENTURES





607-844-4410
(607-748-1400)

114 North St.
(Route 13)
Dryden

YEAR ROUND TAX SERVICE

Available by appointment at this office or other locations

Our Climate Controlled Facility is Perfect for Storing Your Valuable Antiques!
Also ideal storage for: Valuables • Delicate items • Artwork
Any items that need to be stored in temperature & humidity-controlled environment.



3760 Luker Road
Next to Builder's Best Do-It-Center
www.cortlandself-storage.com
607-756-4307

Gift Certificates
Prepare for an Emergency

When you are stuck out there... We'll get you here!

Great Gift Idea for Students!

(315)-696-8844



Exit 14 Interstate 81
5719 Meetinghouse Rd.
Tully NY 13159



Walburgers Garage & Towing



COUNTRY KITCHEN II

A Family Style Restaurant

Homemade **PIES**
Homemade **SOUPS**

SPECIALS
BREAKFAST LUNCH DINNER



145 Clinton Ave. Cortland, NY
607/756/2356

Tues. NY Strip Steak Dinner \$5.99
Starting at 4pm

Thurs. Meatloaf Dinner \$6.50
ALL DAY Starting at 11am

Friday is Fresh Fish Day - Try our Fresh Haddock Sandwich Or
Homemade Mac & Cheese Dinner, Fresh Haddock Dinner \$9.75
ALL DAY Starting at 11am

Sat - Prime Rib Dinner \$13.99
Starting at 4pm

Daily Senior Discounts



and **COUNTRY KITCHEN**
2884 US Rt. 11 Whitney Point, NY
607/692/4952

Product Line Contains 650+ Quality Products Including:
Herbs • Vitamins
Minerals • Essential Oils

Call for Hours!



607-756-5558

www.mynsp.com/toombs
dtoombs1@twcny.rr.com

11 Venette Street in Cortland, NY 13045

Diane Toombs, CNHC
Specializing In:
Compass Tests
Detox Foot Spas
& Nutritional Consultations

Creative Touch

Schedule Your Appointment Today With
MASTER STYLISTS

Hair & Nail Salon

10 W. Main Street • Dryden
(607) 844-9920

Men, Women & Children • Walk-ins Welcome

Booth Rental Available
For Licensed Stylist With Clientele

SPECIALIZING IN:

- Designer Haircuts • Perms
- Coloring • Updos • Highlighting
- Waxing • Nails
- Massage Therapy

FROM YOUR HAIR DOWN TO YOUR TOES, WE ARE THE SALON THAT KNOWS!



Pam Centra

Lynn Houghtling

Amanda Mullen

NAIL TECH **MASSAGE THERAPIST**



Sharon Graham
Owner

TC Pelletier

Welcoming Stylist
ANGELA FLOOR



NAILS • PEDICURES • HAIR • WAXING • PERMS • COLOR • CUTS • STYLING

DOUBLE "J" BIKER SHOP

For the MOTORCYCLE Rider
WE CARRY A COMPLETE LINE OF
HELMETS • LEATHER JACKETS • CHAPS • SADDLE BAGS
BOOTS • GLOVES • RAINSUITS • GOGGLES • DURAGS
and an assortment of interesting accessories
for your shopping pleasure.



1845 Route 13, Cortland
607-756-5989

Hours: Wed-Fri 12:30-6 • Sat 10-4



ACCESS DENTAL CARE
- S. Ali, D.D.S. -

To Serve You Better
NEW HOURS
Mon-Fri 8-5
CareCredit FINANCING AVAILABLE

- Now Accepting New Patients
- Most Insurances Welcome

607-898-5006

119 W. South St., Groton, NY 13073

Enter to win a free oil change from Robinson's Repair Shop!

(One free oil change to be drawn on the 1st of each month). One winner per month. Winners will be posted at Robinson's. Value not to exceed \$45.00. (Customer must agree to pay any amount exceeding \$45.00)

10% Veterans & Active Servicemen Discount
5% Senior Discount

NOT TO BE COMBINED WITH OTHER OFFERS - FULL PAYMENT AT TIME OF DISCOUNT - \$50 MAX DISCOUNT



Grumman Canoe Dealer

Think Ahead for Summer Travel: Get a Check Up and Tune Up Before Hitting the Road!

ROBINSON'S REPAIR SHOP
Call Today!
(607) 849-6410

3 CORTLAND STREET - MARATHON, NY



2175 NYS RT. 392, Virgil, NY 13045

www.gatheringsrestaurant.com

607-849-3580



RESTAURANT LOUNGE
SPECIAL EVENTS
CABIN RENTALS

OUTDOOR CONCERT
featuring
FabCats Aug. 6th

Serving Dinners Thurs. - Sat. 4-10, Sun 2-8
Friday Fish Fry ~ Saturday Prime Rib ~ Sunday Dinner Specials
Open for Cabin Rentals & Events 7 Days a Week!
Check website for music schedules



FuzzFest

"THE Festival for Pets and the People Who Love Them"

AUGUST 13 at the J. M. McDonald Sports Center, Cortland

10 a.m. to 3 p.m. Admission : *Whatever you can give!!*



- Meet 'Shorty & Hercules' from AP's "Pit Boss"
- Great pet crafts, products, and services for sale!!
- Meet rescue groups & their adoptable animals
- Demos & workshops for you and your pet
- Enter our prize winning dog walkathon or pooch pageant
- Bounce house!!
- Animal Communicator Janet Ridgeway!
- Ithaca Dog Trainers CGC Certification!



- Tractor Supply Company's Off Leash dog play yard!
- Fun day for you & your dog - **YES!! Dogs are allowed!!**

We need your help raising \$9000 for medical treatment and on-going care of the abused and unwanted animals taken in this year

For more details visit Cortlandspca.org.
With your support, we can all work together to help our furry friends!!

SPONSORED BY:



SNYDER AUTO REPAIR



SATURDAY, AUG 13

J. M. McDonald Sports Center, Cortland

10 a.m. to 3 p.m.



Shorty & Rossi

Stars of Animal Planet's Hit Series "Pit Boss"



Hercules!

Admission to FuzzFest is whatever you can give!!

FuzzFest



FuzzFest - THE Festival for Pets and the People Who Love Them

And all donations go to help neglected and abandoned animals of Cortland.



THE CORTLAND AREA TRIBUNE



TAILS ON TRAILS WALK-A-THON KICKS OFF 2ND ANNUAL FUZZFEST AT THE JM MCDONALD SPORTS COMPLEX SATURDAY AUG 13TH!

COME MEET SHORTY ROSSI, THE star of animal planet's hit TV show "Pit Boss" with his K9 Companion extraordinaire Hercules at the 2011 Fuzz Fest and Tails on Trails Walkathon! Walk your dog, maybe win a prize, and most importantly- SAVE A LIFE! Did you know that the average cost of an animal coming through the shelter is more than \$275.00 each? Last year, your Cortland Community SPCA saved over seven hundred lives, and this year the need is more dire while expenses are higher than ever. So go RIGHT NOW to cortlandspca.org, download the form, and start getting sponsors for you and your k9 to walk for this incredible and deserving cause-TODAY. Prizes for Most Sponsors Signed up, most money raised, and most laps done! Visit the website at cortlandspca.org or call Jessie at 607-753-8885 for more information and to get started today.

SUMMER & FALL FUN WITH DRYDEN RECREATION 2011 MUSIC LINE UP

Music in the Hollow - Ellis Hollow Community Center

Tuesday Shows in the Hollow 6:00-8:00 PM

- August 2: John Stetch
- August 9: The Small Kings
- August 16: The Lost Sailors
- August 23: Joe Crookston and Peter Glanville
- Sunday, Sept. 4: Hee Haw Nightmare 5:00-7:00 PM

Music in the Park in Dryden at Montgomery Park (located behind the Dryden Hotel)

Wednesdays 6:30-8:00

- 8/3: The Blind Spots
- 8/10: The Gunpoets

Attention Business Owners

Would you like to have an article with photos printed about your business?! Call Judy Kilmer at 607-227-0606 or email tcatribune@yahoo.com to find out how!

The Cortland Area Tribune

*What People Are
Saying...*

Advertising in the CAT increased my coverage area from just Tompkins County to include Cortland County. This has increased my customer base substantially. An added bonus is that Judy Kilmer is a delight to work with.

*Karen Hewitt
Barnhouse Antiques
Lansing, NY*

Thank you for this opportunity to inform the public about our motorcycle organization. I would like to add that we received a few email inquires about our local chapter which I believe was a direct result of the article in your paper so I thank you for that...thank you for the generous offer [to advertise future events], I will be sure and take you up on that.

*Jan Aguirre
ABATE of Tompkins County
Secretary and Webmaster*

Thanks Judy for the ad you helped me tweak. It is just right, I knew you would understand my vision. It is always a pleasure to work with you and see my business ads in the CAT. I am pleasantly amazed when friends and relatives living downstate say they have seen my ad or an article I may have submitted. Good to do business with you.

*Kathy Beardsley
A Touch of Glass Antiques & Collectibles
Homer, NY*

The Cortland Tribune has been a big help to my business. The prices are excellent and Judy is very helpful. I always get a good response when I do an article. The graphic department does a really nice job on my ads too.

The business directory in the middle of the paper brings in a lot of new customers. I highly recommend advertising in THE CAT.

*Michael Moffitt, Owner
Pets A Plenty*

It's time for the Annual CCSPCA Tails On Trails Walk-a-Thon Saturday August 13th

First Name: _____ Last Name: _____

I plan to walk at least _____ laps for Cortland Community SPCA FUZZFEST 2011.

Dear Potential Sponsor,

I am participating in the CCSPCA's Tails on Trails Walk-A-Thon. All proceeds will go directly to the cost of saving the lives of the homeless animals of Cortland County. You can sponsor me for an amount per lap and can name a maximum amount that you are willing to contribute. After the walk-a-thon, I will return to tell you how many laps I walked and collect your contribution. Make checks to CCSPCA. All contributions are tax-deductible.

Thank you!

Name of Sponsor	Pledge per Lap (Example: \$1.00)	Maximum Pledge	Amount Collected from Sponsor	Business Matching Pledge Amount
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				

1/2 PRICE SANDALS



**ALL REMAINING
WOMEN'S SANDALS
1/2 PRICE**

Styles by Clarks,
Hush Puppy, Taos,
Born and Minnetonka

SHOP SOON FOR YOUR BEST SELECTION!
Prior sales excluded. Not to be combined with any other offer or discount.



~SHOE COMPANY~
fit happens!

50 MAIN ST., DOWNTOWN CORTLAND
PHONE: 756-9312

COMMUNITY CALENDAR



Now thru October 30 - Cortland Farmers' Market
Tuesdays and Saturdays 8 am- 2pm on Main Street, Cortland. The 39th season at the same location! Local produce (from a 30 mile radius) and fruit in season. Also flowers, honey, wine, and a variety of surprises throughout the season. Convenient location, plenty of free parking, and close to fine restaurants, shops, and the Main Street merchants. For more information call (607) 753-8570 or e-mail tsandstrom@ocmboces.org.

July 27 - Ulysses Philomathic Library Book Discussion
12pm. Books from Europe.

July 28 - Groton Public Library Annual Ice Cream Social
Summer Reading Awards at 7:00 p.m. ~ ice cream to follow at 7:30 p.m. This is free and open to the Groton Community and any Summer Readers.

July 28 - Summer Concert Series: "Steve Daniels Jazz Quartet"
7 pm, Court House Park. All concerts are free and open to the public. Bring a lawn chair or blanket. Presented by Cortland Youth Bureau. For more information call (607) 753-3021.

July 29 - Main Street Music: "Kenny Neal"
6pm (gates open at 5:30), Main Street Stage by Marketplace Mall in downtown Cortland. Louisiana swamp blues. Free parking, free admission. Donations accepted. Food and beverages available (no coolers!).

July 29 & 30 - Garage Sale
Huge Multi-Family Garage Sale on July 29 and 30th (Friday and Saturday 9am-?) 399 South Danby Road, Spencer. Multi-families come together. Excellent condition kids items, tools, household items, gorgeous huge area rug, furniture, books, and more.

July 30 - Garage Sale
8am 3388 Colegrove Road in Trumansburg. The items being sold are quality, no junk here. Lots of name brands and brand new and never have been used items, still in packaging (especially baby stuff) and many more misc. items as well. Something for everyone!

July 31 - Ithaca Antiques Center Wine & Cheese Reception
The Ithaca Antiques Center will be hosting a wine and cheese reception on Sunday, July 31 from 2 to 5pm. Featuring some works of the famous Florida Highwaymen Artists. The display will run through Labor Day.

August 1 - Ulysses Philomathic Library Summer Music Concerts
Open Jam Trumansburg All of T-Burg is invited to an open folk jam. Sheet music will be provided. Beginners welcome and all manner of instruments. Singers welcome as well.

August 4 - Suicide Support Group
Survivors Of a Loved One's Suicide support group provides a safe, supportive environment for you to talk about your lost loved one. The group meets every first Thursday of the month. The August meeting is Thursday, August 4 at 7:00pm at the Beard Building, 9 Main Street in Cortland.

Please contact Cecile at (607) 753-3021 ex 26 or Cecile@cortland.org for more information. The group is facilitated by peers who have survived a loved one's suicide.

August 5 - Gallery 54 Opening
Notes of Color: Paintings by Kathy Schneider and Flameworked Glass Jewelry by Heather Hennigan opening Friday August 5 from 6-9 p.m. at Gallery 54. Music by Christopher Molloy and his Electric Blue Harp. Meet the artists and enjoy refreshments at Gallery 54, 54 E. Genesee St Skaneateles. www.gallery54cny.com. Mon-Wed 10-5, Thurs-Sat 10-6, Sun 11-5. Notes of Color runs through August.

August 6 - Varna Church BBQ
The Methodist Church (the little church with a big heart) located on Route 366 will be hosting another chicken barbecue starting at 12 noon and going until sold out. The menu includes: chicken half, potato salad, baked beans, carrot salad, roll and cake. Sit down or carry-outs. Price is \$8.00 for the full dinner and \$5.00 for a chicken half.

August 6-7 - Family Concerts
Dryden Area Intergenerational Band and Chorus. Participants span 75 years and represent 13 communities. Saturday, August 6, 7pm, at Groton High School Auditorium. Sunday, August 7, 3pm, at Dryden High School Auditorium. Free, donations gratefully accepted. Celebrating 16 years. Sponsored by Town of Dryden Recreation Dept. with grant support from Community Arts Partnership. More info, Jody Earle, 347-4792.

August 7 - Bluegrass Festival
Bill Knowlton's 39th Blue Grass Festival- The Blue Grass Festival is held at the Dwyer Memorial Park in Little York, NY next to the Pavilion, starting at 10am and going until the Bands are finished. In the Pavilion will be Crafters and plenty of Great Food to benefit The Cortland Repertory Theater.

The Delaney Brothers Band will be the Host band, along with 18 additional Blue Grass and Old Time Bands for Bill Knowlton.

August 8 - Ulysses Philomathic Library Summer Music Concerts
Doolin O'Dey A celebration of Celtic proportions! Come hear the Irish twitterin' and your foot will be stomping to an upbeat.

August 13 - Garage Sales
9th Annual Newfield Community Garage Sales. 9 a.m. --till. Library Book Sale, Chicken Bar-B-Que. Maps available @363 Main Street morning of sale.

August 13 - Parkside Christian School Fun Fest
9am to 3:30pm. Free pony rides and free ice cream cone. Bounce houses, pets, games and prizes. 78 Homer Avenue in Cortland. 607-756-7114.

August 14 - Gospel Concert
At 11 A.M. Threshold (Jim and Mary Swope), a Southern and Country Gospel Duet from Southern P.A. will be appearing at the Varna United Methodist Church (located on Route 366). Please join us for the morning service filled with inspiring music.

August 20 - Groton Public Library Book Sale
9am - 2pm. The sale will be held at the fire station next door to the Library. The location is East Cortland St. (Rte 222) just before it ends at Main St. (Rte 38) in Groton. Any questions call the Library at (607) 898-5055 or email to director@grotonpubliclibrary.org

August 23 - Annual Concert to Benefit LaFayette Outreach
The LaFayette Community Band will perform it's annual concert to benefit LaFayette Outreach on Tues. August 23 at 7:30, at the Columbian Presbyterian Church, routes 11 & 20, LaFayette. LaFayette Outreach is our local food pantry and service-referral agency, and requires donations to continue to serve our neighbors in need. There will be refreshments and fellowship after the concert. Free-will offerings will be gladly accepted.

October 6-7 - Bus Trip to Lancaster
Cortland County Historical Society. Trip includes: Round trip travel on luxury bus Ticket to "Joseph" at the Sight and Sound Theatre, Stop at Rockvale Outlets, Dinner, Hotel stay w/ Breakfast, Tour of Amish Country.

For more details, call 756-6071. Cortland County Historical Society, 25 Homer Ave, Cortland, NY.

**FOR A COMPLETE LISTING OF UPCOMING EVENTS:
CORTLANDAREATRIBUNE.COM
TWITTER.COM/TCATRIBUNE**

HAVE A COMMUNITY EVENT TO SHARE?
Please send all pertinent information, including a date, location, time, price, and a brief description to us at tcatribune@gmail.com, and we'll be happy to help inform the public!



BUSINESS OWNER PHOTO CONTEST



DO YOU KNOW WHO THIS LOCAL BUSINESS OWNER IS?

Welcome to our new contest! It was suggested by a local business to try a new contest - print pictures of local business owners when they were "younger" and see if anyone can recognize them! This contest can be entered the same as our famous cover photo contest - email your guess to tcatribune@gmail.com or call 607-844-8228 and include your name, address and phone number. If your guess is correct, you will be entered into the contest. A name will be picked by random drawing and the winner's name will be printed in the next issue and they will win a gift certificate donated by local businesses! Enjoy!

Last Issue's Business Owner Photo Contest

Answer
Misty Leonard - Owner of Highlight Your Life Beauty Salon located at 2315 Dryden Road (Rt. 13) in Dryden.
Winner
Pamela Seaman of Harford - Pamela won a gift certificate from Highlight Your Life Beauty Salon!

CAT KITCHEN RECIPE CORNER



PORTOBELLO MUSHROOM BURGERS (A GREAT VEGGIE BURGER!)

4 portobello mushroom caps
1/4 cup balsamic vinegar
2 tablespoons olive oil
1 teaspoon dried basil
1 teaspoon dried oregano
1 tablespoon minced garlic
salt and pepper to taste
4 (1 ounce) slices provolone cheese

Place the mushroom caps, smooth side up, in a shallow dish. In a small bowl, whisk together vinegar, oil, basil, oregano, garlic, salt, and pepper. Pour over the mushrooms and let stand at room temperature for 15 minutes or so, turning twice.

Preheat your grill for medium to high heat.

Brush grate with oil. Place the mushrooms on the grill, reserving marinade for basting. Grill for 5 to 8 minutes on each side, or until tender. Brush with marinade frequently. Top with cheese during the last 2 minutes of grilling.

BACON WRAPPED BURGERS

1/2 cup shredded Cheddar cheese
1 tablespoon grated Parmesan cheese
1 small onion, chopped
1 egg
1 tablespoon ketchup
1 tablespoon Worcestershire sauce
1/2 teaspoon salt
1/8 teaspoon pepper
1 pound ground beef
6 slices bacon
6 hamburger buns

Preheat your grill for medium to high heat.

In a large bowl, mix together the Cheddar cheese, Parmesan cheese, onion, egg, ketchup, Worcestershire sauce, salt and pepper. Crumble in the ground beef, and mix together by hand. Form into 6 patties, and wrap a slice of bacon around each one. Secure bacon with toothpicks.

Place patties on the grill, and cook for 5 minutes per side, or until well done. Remove toothpicks before serving on hamburger buns.

BLUE CHEESE BURGERS

3 pounds lean ground beef
4 ounces blue cheese, crumbled
1/2 cup minced fresh chives
1/4 teaspoon hot pepper sauce
1 teaspoon Worcestershire sauce
1 teaspoon coarsely ground black pepper
1 1/2 teaspoons salt
1 teaspoon dry mustard
12 French rolls or hamburger buns

In a large bowl, mix together the ground beef, blue cheese, chives, hot pepper sauce, Worcestershire sauce, black pepper, salt, and mustard. Cover, and refrigerate for 2 hours.

Preheat your grill for high heat. By hand, gently form the burger mixture into about 12 patties.

Oil your grill grate. Grill patties 5 minutes per side, or until well done. Serve on rolls.

TIPS FOR A PERFECTLY GRILLED STEAK

Choice: Favorable grilling candidates include New York strip, T-bone, porterhouse, sirloin, filet mignon and rib-eye.

Size: Choose cuts that are 1- to 1-1/4 inch thick. Pay special attention to bone-in cuts of meat: make sure the steak is an even thickness. Meat near the bone will take longer to cook.

Marinades: Over-marinating can result in tough or mushy meat. For additional ways to flavor-up a steak, try a dry rub or top cooked steaks with herbed butter.

Handling hot coals: Sear steaks over direct heat, then move them to indirect heat to finish cooking. For a 1-inch thick steak, a general guide is 5 to 7 minutes per side for medium-rare. For an accurate reading--and to avoid cutting into your steak, use a meat thermometer to test for doneness

MARINADES

Marinades are flavor-infusing liquids. In addition to herbs, condiments, spices and oils, marinades typically include an acid, such as lemon juice, wine, vinegar or dairy. The acid goes to work on the proteins, tenderizing your meat while balancing out sweet or spicy flavors in the marinade. Adding sweet ingredients to the marinade can help form appealing caramelized, crispy coatings on grilled meats. Try adding a sweet taste of maple syrup or jam preserves to your marinade. Marinades are best for tougher cuts of meat.

Remember to always marinate in the refrigerator. If you are basting with a liquid in which raw meat marinated, do not apply it during the last 3 minutes of grilling for your safety.

BBQING - ALL ABOUT BEEF

Beef is a culinary favorite in all its forms: tender roasts, juicy burgers, buttery steaks and delectable cutlets. Americans love their beef. Now it's easier than ever to prepare!

BUYING BEEF

Looking for just the right cut of beef? What should you consider?

The surface of fresh beef should be bright red in color (the inside is typically a darker, purplish red). Once exposed to air, beef turns a familiar bright red.

Be sure to look for meat packages that are well-chilled, tightly-wrapped and not excessively juicy. Beef should be purchased on or before the “sell-by” date. Refrigerate or freeze beef as soon as possible after your purchase. Don't leave it in a hot car – bring a cooler if you are not going directly home.

Beef is aged to maximize flavor and naturally tenderize it. Most beef is aged using a “wet aging” process; some beef offered at high-end groceries and steakhouses is “dry aged” for extra tenderness and distinct flavor. Consult your meat counter personnel for recommendations of particular cuts of beef.

Ground beef varies in leanness from 70% (30% fat) to more than 90% (less than 10% fat). The higher fat content of ground chuck and ground round provides moisture and keeps beef from sticking to the pan or grill during cooking, while very lean ground sirloin needs to be cooked in a bit of cooking spray to prevent drying and sticking.

Check the deli counter for cooked and ready-to-eat pot roasts, beef brisket, beef ribs, meat loaf, shredded barbecued beef and beef tips

Fully cooked beef now comes shredded in resealable pouches for soups, salads, side dishes and pizzas. And you'll find fully-cooked and lightly seasoned ground beef crumbles for chili, tacos and spaghetti.

Planning a kid-friendly beef meal? Try cooked burger bites, beef jerky, microwavable bowls of macaroni, cheese and steak pieces, stars, hearts and dinosaur steak shapes and beef meatballs with cheese, barbecue or ketchup-filled centers. Look for frozen and microwavable steak quesadillas or potato skins stuffed with fajita steak strips.

You'll find slow cooker-ready beef dishes in the fresh meat aisle, along with one-step beef meals and quick-cooking, thinly-filleted beef steaks for casseroles, pita bread stuffing, tortillas and sandwiches or crackers.

In dinner hurry-up mode? Try Betty Crocker Complete Meal® Beef Stroganoff or Hamburger Helper® entrée mixes, including Cheeseburger Macaroni, Three Cheese, Cheddar Cheese Melt, Lasagna, Four Cheese Lasagna, Cheesy Italian Shells, Cheesy Enchilada, Chili Macaroni, Cheesy Nacho and Beef Pasta.

COOKING GROUND BEEF

When it comes to cooking ground beef, there are a few key guidelines to follow:

Cook ground beef thoroughly until brown and well done. Hamburger patties and meatballs should be cooked until their centers are no longer pink and juices are clear.

Drain fat with a spoon or baster to reduce fat content and enhance presentation.

Be sure to use a meat thermometer to take the guesswork out of determining ground beef doneness—you'll eliminate any doubts about salmonella and e. coli by ensuring that your beef dish is safe to eat and cooked thoroughly.

Remember—thaw frozen ground beef only in the microwave or refrigerator, never at room temperature. Beef should be cooked and eaten on the same day you thaw it.

BROILING & GRILLING BEEF

Broiling and grilling are ideal cooking techniques for steaks and other tender cuts of beef. High heat seals in moisture and browns beef to perfection. Try these tips for absolutely delicious broiled or grilled beef:

1) Position the oven or grill rack so the meat is at the recommended distance from the heat.

2) Set oven to Broil or heat the grill coals or gas grill to Medium.

3) Remove excess fat before cooking to avoid flare-ups. Insert a meat thermometer to check for doneness. to broil: Place meat on the rack in the broiler pan. Line the pan with aluminum foil for easy clean-up. to grill: Place meat on the grill at the recommended distance from heat (check your recipe for specific instructions).

4) Broil or grill beef for about half the recommended time or until it's brown on one side. Turn beef and continue broiling or grilling until it's done to taste.

5) If you like, season the meat after it's done.



THE CAT BUSINESS SERVICE GUIDE

\$99/4 MONTH
per listing! Includes 1
FREE 1/16 Page Black &
White Ad Inside &
Discounted Ad Rates!
**CALL FOR
DETAILS!**

Keep this handy directory in your home and car for quick reference! Support local business!

TO ADVERTISE: The Cortland Area Tribune • P.O. Box 67 Dryden, NY 13053 • (607) 844-8228 • tcatribune@gmail.com

ADULT BOUTIQUE

Tikka's Adult Boutique
1136 Rt. 222
Groton Ave. Plaza, Cortland
753-8800
www.tikkisadultboutique.com
Lingerie, Corsets, Leather, High Heels, Club Dresses, Adult Novelties

ADVERTISING

The Cortland Area Tribune
Your Regional Bi-Weekly Newspaper
(607) 844-8228 Fax: 1-607-330-8012
email: tcatribune@gmail.com
Judy Kilmer **607-227-0606**

AEROBICS & FITNESS

JAZZERCISE
Classes in Freeville
Call for schedule **607-279-6131**
skol@cornell.edu

AMISH FURNITURE & SHEDS

Midway Sales THE COUNTRY STORE
(607) 692-2180 • 3106 Rte. 11 Lisle, NY • Mon-Sat 9-5
Storage Sheds - Garages - Gazebos - Lawn
Indoor - Picnic Tables - Handcrafted Gifts

ANIMALS & PETS

CORTLAND SPCA
879 McLean Road • Cortland
753-9386
cortlandspca.org

ANTIQUES

A Touch of Glass Antiques & Collectibles
Buying & Selling OLD GLASS
Depression - Elegant - Decorative
Downsizing Consultant
607.749.3504
Kmbearde@twcny.rr.com **607.345.0608**

BARN HOUSE ANTIQUES & Collectibles
308 Peruville Rd., Rt. 34B
Lansing, NY
607-533-8636
FingerLakesAntiques.com

The Birds Nest Antiques & Collectibles
215 Main St. Groton, NY
Tues-Sat 10-5
Closed Sun & Mon
Shop **607-898-1030** **LOOKING FOR CONSIGNMENTS**
Cell **607-745-1014**
BUYING GOLD AND SILVER

impulsive ANTIQUES & TRUNK RESTORATION
JAN & CARINE
607-785-3762
Call: 607-760-1006
regis@impulsiveantiques.com • PO Box 1381, Biggleswade, NY 13902

ANTIQUING AT ITS BEST... IN A COZY, COUNTRY SETTING
Fri., Sat., Sun., 10-5
(and Monday holidays)
Antique Yard Sales
Aug. 27 - 28
315-497-2688
Visit our online store!
www.newhopesantiques.com

ARCHITECT. DESIGN & PROJECT MGMT.

Applied Design Research Associates
5 Main Street, P.O. Box 306 • Freeville
adra@twcny.rr.com **844-4601**

ARCHERY EQUIP. & SALES

KLEIN'S ARCHERY
Full Service Pro Shop
30 Yard Indoor Range
30 Outdoor Range
Joe Guemsey, President
Phone: 607-844-3474
email: jguemsey001@twcny.rr.com
119 Freeville Rd.
Dryden, NY 13053

ASSISTED LIVING

Elizabeth Brewster House
41 S. Main St.
Homer, NY 13077
(607) 749-2442
Warm and gracious accommodations available for men, women & couples

ATVS

CNU POWER SPORTS
New & Used
3871 US Route 11
www.cnupowersports.com
756-6578

DOUG'S POWERSPORTS UNLIMITED
4019 Rt. 281
Cortland
753-1263
http://www.dougspowersports.com

AUTO PARTS

NAPA AUTO PARTS
161 MAIN STREET • CORTLAND **753-9601**
52 1/2 NORTH STREET • DRYDEN **844-8175**
3862 WEST RD. (ROUTE 281) • CORTLAND **753-9671**
napaonline.com
Also stores in Moravia and LaFayette

AUTOMOBILE BODY & PAINT

GL MULLEN'S Body Shop
290 Cortland Road
DRYDEN
844-9336

Ron's Body & Paint
31 Cortland Street
Marathon NY
607-849-6898
www.ronsbodyandpaint.com

AUTO MECHANICS

ROBINSON'S REPAIR SHOP
3 Cortland Street - Marathon NY
(607) 849-6410 or (607) 849-8400
Also, a "Grummons Canoe Dealer"

AUTOMOBILE REPAIR & SERVICE

BELL'S AUTO CARE
116 NORTH ST in DRYDEN
844-8333
945 DRYDEN RD in ITHACA (VARNA)
275-0611

AUTOMOBILE REPAIR & SERVICE

CUTTING'S GARAGE
1834 Dryden Road
Freeville **347-4873**

SCOTTIE'S AUTO REPAIR
2171 DRYDEN ROAD
RT. 13 FREEVILLE
FOREIGN & DOMESTIC **844-4307**
For All Your Service Needs
M-F 8:00-5:30

ROYAL AUTO COMPLEX
Rt. 281 • Cortland
756-7555
Chevrolet • Buick • Pontiac • Nissan • Subaru
www.royalautogroup.com

Willcox Centers
Ithaca
607-273-6310
233 Elmira Road
Mon-Fri 8-5:30 Sat 8-1
willcoxtirecenter.com
Like us on Facebook!

AUTOMOBILE SALES

damiano AUTO
985 Tompkins St
Cortland
607.283.1775

AUTOMOBILE SALES & SERVICE

Byron's Auto Sales & Service Centers
SERVICE **607-756-7676** SALES **607-756-7677**
230 Port Watson St. Cortland, NY 13045
397 Tompkins St. Cortland, NY 13045

BAIL BONDS

When in Jail and Need Bail Call
THOMAS E. BACKUS
Bail Bonds
PO Box 710 - Dryden, NY 13053
607-844-8649

BEAUTY PRODUCTS

The Sand Dollar
Avon & More PLUS HAND MADE JEWELRY!
(607) 758-7788
(607) 753-7109
37 Main St.
Cortland, NY 13045
Downstairs in The Beach House Mall next to Lavish Salon

BEAUTY SALON

Creative Touch Hair & Nail Salon
607-844-9920
10 W. Main Street • Dryden

Highlight Your Life
2315 Dryden Rd (Rt. 13) • Dryden
Missty Leonard
Jennifer Conway
Shelly Luce
(607)-844-4111
FULL SERVICE BEAUTY SALON

BEAUTY SALON

Shear Obsession
2006 The Best of Cortland County Beauty Shop
WALKING DISTANCE FROM COLLEGE
607-756-5832
6 Homer Ave. • Cortland

BED & BREAKFAST

BENNGONGER INN
www.benncongerrinn.com
206 West Cortland St.
Groton, NY
607-898-5817

BICYCLE SERVICE & ACCESSORIES

ACTION SPORTS
85 Main Street
Cortland
753-9612
We sharpen & wax skis & snowboards
-- REPAIR SHOP ON PREMISES --
M, W, Th, F 10 - 5:30, Sat 10-3 -- Closed Sun & Tues

BILLIARD & SPORTS LOUNGE

The SeventySeven Club
77 Main Street in Downtown Cortland
607-758-POOL (7665)
the77club@yahoo.com
the77club.com
A GREAT PLACE TO PLAY POOL

BOOKKEEPING/ACCOUNTING SERVICES

Michelle Marshall-King, MBA
12 Years experience
Professional knowledge in all aspects of Financial Management
A/R, A/P General Ledger, Budgets, Payroll, Benefits, Not-For-Profit Fund Management
Benefits of outsourcing: Reduce employee benefit costs, Lower overhead and Security of a well rounded Professional at a reduced rate!
(607) 423-2910

BUILDINGS - STEEL/WOOD

ESSEX STRUCTURAL STEEL CO., INC
607 Route 13
Cortland, NY 13045
607-753-9384
Fax 607-753-6272
essexsteel.com

BULK FOODS & DELI

Back to Basics Grocery & Deli
2207 Dryden Road
(Rt. 13) Dryden
844-8074
Brand Name With-Out The Fancy Package
Tues-Fri 9-6 • Sat 9-4 -- Closed Sun & Mon

CHAMBER OF COMMERCE

Cortland County Chamber of Commerce
37 Church Street, Cortland, NY 13045
(607) 756-2814
www.cortlandchamber.com

TOMPKINS COUNTY CHAMBER OF COMMERCE
904 East Shore Drive, Ithaca, NY 14805
(607) 273-7080

CHINESE RESTAURANT



Sunfat Buffet
Chinese & Japanese Cuisine • Catering

TEL: (607) 753-8122
FAX: (607) 753-8124

OPEN 7 DAYS A WEEK
Sun - Thurs: 11:00am - 10:00pm
Fri. & Sat.: 11:00am - 10:30pm

854 Rt. 13 Cortlandville Crossing (Shopping Center) Cortland, N.Y. 13045

CLOTHING & ACCESSORIES

Trader K's 2

Lansing Village Place on Triphammer Rd. behind McDonald's
607.266.9600

TRADERK'S.NET
BRAND NAMES & MORE
BUY - SELL - TRADE

Clothes • Shoes • Purses • Accessories for the Whole Family!
Also Trader K's 119 The Commons Ithaca • 607.272.4011

CLOTHING & FOOTWEAR

HOMER MEN'S & BOY'S STORE
- Quality Family Clothing Since 1951 -
Men's • Boy's • Women's • Girl's Clothing

(607) 749-3314

9-11 South Main Street
P.O. Box 268
Homer, NY 13077
homermensandboys.com

COMPUTER SALES & SERVICE

DAVELLE OFFICE EQUIPMENT

15 W. Main Street Ste. B
Dryden **(607) 844-9661**
email: davelle13@yahoo.com

COUNTRY & PRIMITIVE STORE

Piccadilly Lane

2634 Main St.
Whitney Point, NY 13862
607-692-7418
piccadillylane1@aol.com



CROP & FEED CENTER

Tully Ag Center LLC

FEED • SEED • FERTILIZER • APPLICATION

20 Chondaga Street, Tully, NY 13159-1004
Phone: 315-696-6400 • Fax: 315-696-6008

CROP & FEED CENTER

Tim Atkinson Fertilizer Chemicals
Cell: (315) 447-9514 H.M. & Dry Corn
e-mail: Tim@tullyagcenter.com Feeds & Seeds

CUSTOM MADE UTILITY SHEDS

KENNEDY HARDWOOD

749-7890 Flooring & Utility Sheds
888-953-6633 P.O. Box 242, Clark Road

CUSTOM PICTURE FRAMING

Custom Framing
Antiques and Gifts
Art Gallery

Cortland Picture Frame Co.
0 N. Main, Cortland, NY 13045 (807) 755-6499

THE PICTURE HOUSE

- Custom Framing
- Gallery • Studio
- Quality Crafts

85 Homer Ave.
753-7786
www.picturehouseonline.com

DECONSTRUCTION & REUSE CENTER

Finger Lakes ReUse
fingerlakesreuse.org

Deconstruction Services
A Green Alternative
to Demolition
Call for Details

Triphammer Mall
Ithaca NY 14850
(807)257-9899



DENTISTRY

ACCESS DENTAL CARE
- S. Ali, D.D.S. -

Finance Plan Available

- NOW ACCEPTING NEW PATIENTS
- MOST INSURANCES WELCOME

607-898-5006

428 W. South St., Dryden, NY 13077

DENTISTRY

CORTLAND DENTAL

4313 N. Homer Ave.
Cortland, NY 13045
(607) 753-9361

Baljinder Singh, D.D.S.

New Patients accepted!
Most Insurances accepted!

ELITE DENTAL + DENTURE P.C.

15 CLINTON AVE,
CORTLAND
607.758.7700

MOST INSURANCES ACCEPTED

DJ SERVICE

Blueyz Mobile Sound

Providing Music for Year Memorable Occasions

Serving Cortland, Ithaca and Surrounding Areas!
(607) 592-6369

THE MUSIC MAN
D.J. Service

366 George Rd. Freeville
844-3660
www.djmusicman.com
mm64@twcny.rr.com

DOORS - OVERHEAD

FLGD
Finger Lakes Garage Door

137 S. Main St. in Homer, NY
607.749.7779
www.fingerlakesconstruction.com

GENSON OVERHEAD DOOR, INC.
Serving the Finger Lakes Area Since 1979

SALES • INSTALLATION • SERVICE

Cortland: (607) 753-3380
Ithaca: (607) 272-2494

11710 State Rte 90
Locke, NY 13092
(315) 497-0912
gensondoor.com

DRINKS & EATS

Ho-beau's Fireside Grill

10 South West Street
(Route 281) Homer, NY 13077
607-749-2334

DRY CLEANERS

Cortland Dry Cleaners & Laundry Service

- 10% Senior Citizen Discount
- FREE Pick-Up & Delivery
- All Dry Cleaning Done On Premises
- Leather - Suede - Fur Our Specialty
- Wedding Gowns Sealed & Preserved
- Winter-Summer Storage FREE
- All Dry Cleaning Done In 24 HOURS

25 Pomeroy Street • Cortland, NY
753-8681
Hours: Mon-Fri 7am-6pm • Sat 9am-1pm

ELECTRIC

CWE Cortland Wholesale Electric, Inc.

201 Homer Avenue
Cortland, NY 13045

Since 1930 Phone 607-753-7561
Fax 607-756-8612
Authorized Square D Distributor

James K. Reagan President
james@cortlandelectric.com
www.cortlandelectric.com

ENERGY SUPPLY

Easy to switch.
Guaranteed to save.

AMBITENERGY
INDEPENDENT MEMBER

www.switch2joinambit.com
Todd A. Lyndaker 607-229-5092

FIREPLACES & INDOOR STOVES

Hearth & Home of Ithaca

Stoves • Fireplaces • Relining & Repair • Chimney Sweeping

Tel (607) 273-3012 726 W. Court Street
Fax (607) 273-6906 Ithaca, NY 14850
www.hearthhome.com

FLOORING

BISHOPS CARPET ONE FLOOR CARE

The ONE store for your perfect floor.

430 W. State St., Suite 1 (607) 273-8807
Ithaca, NY 14850 bishopscarpetone.com

FLOORING

R.H. OSBORNE'S 4073 West Road (Rte. 281) • Cortland 13045
(607) 753-9504
www.osbornesflooring.com
M,T,W,F 8-6 • Thurs 8-8 • Sat 9-2

"World of Floor Coverings"

Carpet, Wood, Ceramic Tile,
Vinyl & Laminate

FLORIST

Arnold's Florist
Carlette & Stephen Wallace

29 Cayuga St., Homer, NY 13077
607-749-2631 • arnoldsflorist.net

Wildflowers

Sarah E. White, Owner
175 North Road
Dryden, NY 13053
607-844-3597
swhite61@twcny.rr.com
www.sarahwhitewildflower.blogspot.com

FLOWERS, FRUITS & VEGETABLES

DEDRICK'S

"Stop By and Smell the Flowers"

Open Mon-Sat 9am - 6 pm North of Dryden Rt. 13
Across from TC3 entrance

OPEN FOR THE SEASON

FURNITURE - INDOOR/OUTDOOR

The Real Wood Furniture Store

REAL WOOD FURNITURE

206 Taughannock Blvd. • Ithaca, NY
607-273-4233 • onlyrealwood.com
Daily 10-6 • Sat 10-5

GARDENS & HERBS

SCHOOLYARD GARDENS & MAIN STREET FARMS

On Rte 281-Homer
(Across from Cindy's Diner)
607-749-0086
www.mainstreetfarms.com

GIFT SHOPS

Cinnamon Apple Cottage Gift Shoppe
ENCHANTING GIFTS + HOME DECOR

Gift Certificates!

★ Mon-Fri 10-6 Sat 9-5
3797 Luker Rd., Cortland * (607) 749-3130

at **Valley View Gardens Retail Nursery**
QUALITY PLANTS + LANDSCAPE DESIGN ZERRILLO'S HANGING BASKETS

GIFTS & ANTIQUES

the Second Knob
Gifts & Antiques

128 West Main St.
Dryden, NY 13053
607-844-KNOB (5662)
Unique Gifts & Antiques

GOLF

Willowbrook Golf Club

3267 NYS Rt. 215
Cortland, NY 13045
607-756-7382

Offering 18 scenic & challenging holes for your golfing pleasure
Family owned & operated for 79 years!
www.willowbrookgccortland.com

GRAVEL

CORTLANDVILLE SAND & GRAVEL S&G

765 RTE. 13
CORTLAND, NY 13045
(607)756-2115
Crushed Gravel & Stone • Residential or Commercial

RMS Gravel

Mott Road • Dryden
844-8196

HAIR SALON

CREATIONS HAIR SALON

43 N. Main St.
Cortland, NY 13045
607.756.2512

10% New Customer Discount with this ad

HARDWARE HOME, GARDEN, PET & LUMBER

AGWAY

Dryden Agway **607-844-8663**
59 W. Main St. • Dryden FAX **607-844-9744**
adryden1@twcny.rr.com

HEALTH & FITNESS

TC3 Fitness Center and Pool
"Open to the community!"

170 North Street • Dryden
607.844.6555 (Fitness Center)
www.tc3.edu/student/rec_fitness.asp
607.844.6525 (Pool)
www.tc3.edu/student/rec_pool.asp

HEATING & AIR CONDITIONING

J.B. SMITH
Heating & Air Conditioning
Sales-Service & Installation

730 Route 13
Cortland, NY 13045
jbsmithheating.com
JBSmithHeating@gmail.com

SCOTT SMITH
(607) 753-1004
Cell (607) 745-1287
Fax (607) 753-1022

HEAVY EQUIPMENT

BECK EQUIPMENT
FULL SERVICE SHOP

WELDING • PAINTING • FABRICATING • CYLINDERS REBUILT

www.beckequipment.com
Ph. **749-7950** Fax **749-5640**
2090 Preble Road, Preble, NY 13141

HERBS

Beth's Natural Way

3728 State Route 13 Truxton NY 13158
Tel/Fax: 607-842-6863
Email: bethsnaturalway@yahoo.com

Organic Bulk Foods - Herbs & Spices
Natural Health Consulting

Store Hours: Wednesday & Thursday 8am to 6pm
Consultation Hours: Wednesday & Thursday, by Appt. only

HOT TUBS & SPAS

HOT TUBS • SPAS • GAZEBO'S • WATER GARDENS

CNY HOT TUBS

Sales | Service | Rentals
Chemicals | Accessories

Shop Online:
www.cnytubs.com
email: info@cnytubs.com

607-533-9411
Open By Appointment Or We Come To You

ADVERTISE WITH US

The Cortland Area Tribune
P.O. Box 67 • Dryden, NY 13053
(607) 844-8228 • Fax: 1-607-330-8012
e-mail: tcatribune@gmail.com



ICE CREAM

Toad's Too Ice Cream Oasis

Rt. 38 FREEVILLE
Serving Ice Cream & More
OPEN DAILY!



INCOME TAXES

CNYS
INCOME TAX SERVICE
Part of the HANSON GROUP Family

114 North Street
Dryden
607-844-4410
(607-748-1400)

INSURANCE
LEE NEWHART INSURANCE
Like a good neighbor,
State Farm is there.
AUTO • HOME • LIFE
(607) 273-6391
1011 West State Street • Ithaca

Pinckney Insurance Agency Inc
Allstate Insurance Company
41 Port Watson Street
Cortland, NY 13045
Phone 607-756-8505 / 607-756-8595
Auto, Home, Business Life
allstateagencies.com/SEizember2/Welcme

ADVERTISE WITH US
The Cortland Area Tribune
P.O. Box 67 • Dryden, NY 13053
(607) 844-8228 • Fax: 1-607-330-8012
e-mail: tcatribune@gmail.com

LAWN MOWERS
Dryden Lawn & Recreation, Inc.
54 North Street
Dryden
844-8671
www.drydenlawn.com

LIMOUSINE SERVICE
Superior LIMOUSINE
758-3333
www.superiorlimos.com
991 Tompkins Street • Cortland

MASSAGE THERAPY
Kristen Augusta, LMT
97 Elm Street
Cortland, NY
(607) 662-0156

MCGRAW EVENTS
**McGraw Pumpkin Launch & Kids
Pumpkin Decorating Contest**
Saturday, October 15, 2011
McGraw Recreation Park - Fun Starts at 10 a.m.
For Contest rules and entry forms contact the
McGraw Village Office at (607) 836-6294

MOTOR RE-BUILDER
B & I DISTRIBUTORS
6 Cortland St.
Marathon, NY
(607) 849-6430

MOTORCYCLE ACCESSORIES
After Market Parts
For Your Harley
"Buy From Bikers
For Bikers"
UNDERGROUND CYCLE
Half Helmets
Leather Goods
Professional Body Piercing
Riding Accessories
607-756-4205
11 Clinton Ave
Cortland, NY 13045

MOTORCYCLES
BINGHAMTON HONDA
120 E. Arterial Hwy. • Binghamton
607-722-RIDE
BINGHAMTONHONDA.NET

M/C DYNO WORKS
207 Main Street Groton, NY
607-898-5972
Mon-Fri 9-5
Custom Bikes - Restorations - Service -
Repair - Dyno Testing - Super-Chargers -
Specialized Services

MOVING & STORAGE
HICKS
MOVING & STORAGE
PO Box 538
Dryden, New York 13053
(607) 844-9771 (607) 277-9777
Fax: (607) 844-4884
Steven Hicks, Owner

NAILS & ACRYLIC FINGERNAILS
Creative Touch 607-844-9920
Hair & Nail Salon
10 W. Main Street • Dryden

NURSERY & LANDSCAPING
Valley View Gardens
RETAIL NURSERY
QUALITY PLANTS + LANDSCAPE DESIGN
3797 Luker Road • Cortland
Mon-Fri 10-6 Sat 9-5
(607) 749-3130
at the
Cinnamon Apple Cottage Gift Shoppe
ENCHANTING GIFTS + HOME DECOR

NURSING FACILITY
**BEECHTREE
CARE CENTER**
607-273-4166 318 S. Albany Street
Ithaca

ORTHODONTICS
Dr. Achilles M. Filos 18 Church Street
Cortland
Dr. Robert W. Baker, Jr. Cortland
Dr. John D. Duthie & Associates 607-753-3371
www.fismiledocs.com
Orthodontics for Children & Adults
Invisalign Certified

OUTDOOR STOVES & FIREPLACES
**Hearth & Home
of Ithaca**
Stoves • Fireplaces • Relining & Repair • Chimney Sweeping
Tel (607) 273-3012 726 W. Court Street
Fax (607) 273-6906 Ithaca, NY 14850
www.hearthhome.com

PET STORE
PETS A PLENTY
3925 West Road (607) 753-9213
Cortland email: frisky@hotmail.com
Open 7 Days A Week

PHOTOGRAPHY
DigiPro photography
CORTLAND
129 Main Street
(607) 756-8587
www.digiprophotography.com

PHYSICIANS
RENAISSANCE OB/GYN OF CORTLAND, PLLC
103 North Main St Cortland, NY
607-758-9977
2333 North Triphammer Rd Ithaca, NY
607-319-4679
www.renaissanceobgyn.com
Anna Marie Garcia, M.D., Ph.D

PIZZERIA
WE DELIVER
All Day Every Day
To Cortland, Homer
and McGraw!
"SIMPLY THE BEST"
MARK'S PIZZERIA
OPEN LATE
105 Main Street • Cortland, NY
(607) 753-6066 | (607) 753-9464
www.markspizzeria.com

PRINTING
American Printing
4000 West Road
Route 281
Cortland
607-753-3034
Fast & Professional Business Printing,
Promotional Products & Signs™

5¢ B&W Copies*
29¢ Color Copies*
*self serve
MAX graphics
Call us for a
quote on your
next project!
(607) 753-1234
www.MaxGraphicsOnline.com
177 Homer Ave. Cortland - next to Fabio's Restaurant

RECREATION SPORTS & LOCAL EVENTS
J.M. McDONALD
4292 Fairgrounds Drive
Cortland, NY 13045
(607) 753-8100
www.jmcdonaldsportscomplex.com
"For Fitness & Fun, We are the ONE!"

**Town of Dryden
Recreation
Department** 93 East Main Street
Dryden
www.dryden.ny.us/recreation-department 607-844-8888

RESTAURANTS
OPEN FOR BREAKFAST
Saturday & Sunday
SERVING LUNCH DAILY
DINNERS & LATE SNACKS
844-4466
151 North Street - Dryden 844-9556

BENN CONGER
• INN •
Bed & Breakfast
Restaurant
Catering & Event Planning 607-898-5817
www.benncongerinn.com
206 West Cortland St.
Groton, NY

COUNTRY KITCHEN II
145 Clinton Street
Cortland, NY 13045
(607) 756-2356

**Crown City
STEAK HOUSE**
607-756-4431
2 River Street • Cortland
Breakfast Buffet, Lunch & Dinner
"Where every Hour is Happy Hour"
hicort@cnyemail.com

Denny's
Route 281, Preble
749-PIGS
**Mountain
View
RESTAURANT**

**Dryden
BAR & GRILL**
OPEN FOR BREAKFAST
Saturday & Sunday
SERVING LUNCH DAILY
DINNERS & LATE SNACKS
844-4466
151 North Street - Dryden 844-9556

**Garcia's
MEXICAN
RESTAURANT**
879 Tompkins Street • Cortland
753-1151
344 Elmira Road • Ithaca
277-3600
Lunch 11am-2:30pm Mon-Sat
Sun 12-9, Mon-Thurs 11-9,
Fri 11-10, Sat 12-10

Gatherings
Restaurant • Lounge • Special Events • Cabin Rentals
2175 NYS Rte. 392 Cortland, NY 13045
607-849-3580
www.gatheringsrestaurant.com

**GREEK PEAK
MOUNTAIN RESORT**
2177 Clute Road
Cortland, NY 13045
GreekPeakMtnResort.com
Acoty Grill
Serving Breakfast,
Lunch & Dinner
Open to the Public!
800-955-2754
Option 6 for the Restaurant

(607) 849-6434
**REILLY'S
CAFE**
8 Main St.
Marathon
Mon-Fri 6am-9pm
Sat 7am-8pm
Sunday Brunch 7am-2pm
CATERING FOR ALL OCCASIONS

Your Neighborhood diner owned by your neighbor!
Joe's Diner
Rt. 38 Freeville • 844-5229
Open 8am-8pm • Closed Wed
Free Parking, Air Conditioned, Come As You Are, Handicap Accessible

SENIOR & LIVING CENTER
Creamery Hills Senior Center
Creamery Road SEPP Management Co., Inc
Harford, NY Luxury Living at Affordable Pricing
(607)844-8229 1, 2, and 3 bedroom
(607)723-0439 Apartments EHO/AD

SEPTIC PLUMBING
Mark Thomas Septic Service
90 Pleasant Hlw Road
Freeville, NY 13068
807 530-7842 or 272-6038

SIGNS
Fast & Professional Business Printing,
Promotional Products & Signs™
MAX graphics
Call us for a
quote on your
next project!
(607) 753-1234
www.MaxGraphicsOnline.com
177 Homer Ave. Cortland - next to Fabio's Restaurant

SPECIALTY STORE
The Country Peddler
Toys & Games • Quality Baby Furniture • Household & Kitchen Items
Quality Clothing For The Entire Family • Bargain Prices
22 State Street • Tully, New York 13159
(315) 696-5219
Tuesday, Thursday & Saturday 10-3 • Wednesday & Friday 12-3

SKI SERVICE & ACCESSORIES
CROSS COUNTRY - SHOWSHOES
**ACTION
SPORTS**
85 Main Street
Cortland
753-9612
We sharpen & wax skis & snowboards
-- REPAIR SHOP ON PREMISES --
M, W, Th, F 10 - 5:30, Sat 10-3 -- Closed Sun & Tues

SNOWMOBILES & ACCESSORIES
**DOUG'S
POWERSPORTS
UNLIMITED**
4019 Rt. 281
Cortland
753-1263
http://www.dougspowersports.com

SPA & SALON
**Crystal's
SPA & SALON**
2416 N. Triphammer Rd
Ithaca, NY 14850
607.257.3334
www.crystalspa.com
Monday 10am-6pm
Tuesday-Friday 9am-7pm
Saturday & Sunday 9am-5pm

**GREEK PEAK
MOUNTAIN RESORT**
2177 Clute Road
Cortland, NY 13045
GreekPeakMtnResort.com
Waterfalls Spa
Full Service Spa & Salon
Including Massages, Facials,
Manicures, Pedicures & more!
Open to the Public!
800-955-2754
Option 4 for the Spa

Joy's Day Spa
LICENSED ESTHETICIAN • SKIN • WAXING SPECIALIST
Whitney Point Estates at 85 Cayuga Drive in Lisle
607.349.3012
jtrushell@stny.rr.com

STORAGE
**CORTLAND
SELF-STORAGE**
www.cortlandself-storage.com
(607) 756-4307
(fax) 607-756-2180
P.O. Box 227
Homer NY, 13077

STOVES & ANTIQUES
GRILLS -- ANTIQUES
96 Cortland Street
Marathon, NY 13803
607-760-0555
papabearsstoves.com
T, W 10-5, Th 10-6, F-Sa 10-5, Su 10-5

TENT RENTAL

Jim Neal's

PREBLE TENT & CATERING
 4295 West Road
 Cortland
607-753-3746


TIMBER HARVESTING


Gutches Timbering Harvesting
Quality Work Guaranteed
 742 Sherman Road Cortland
758-4924 Cell 745-2790


WATERCRAFT SERVICE & ACCESSORIES


DOUG'S POWERSPORTS
 4019 Rt. 281
 Cortland
753-1263
 http://www.dougspowersports.com


ADVERTISE WITH US


The Cortland Area Tribune
 P.O. Box 67 • Dryden, NY 13053
 (607) 844-8228 • Fax: 1-607-330-8012
 e-mail: tcatribune@gmail.com


ADVERTISE WITH US


The Cortland Area Tribune
 P.O. Box 67 • Dryden, NY 13053
 (607) 844-8228 • Fax: 1-607-330-8012
 e-mail: tcatribune@gmail.com

VETERINARIAN


ANIMAL CLINIC
 James A. Zwart, D.V.M.
 2034 Dryden Road
 Freeville, NY 13068
(607) 844-9788
Office Hours By Appointment

ADVERTISE WITH US


The Cortland Area Tribune
 P.O. Box 67 • Dryden, NY 13053
 (607) 844-8228 • Fax: 1-607-330-8012
 e-mail: tcatribune@gmail.com

WINE & SPIRITS


Dryden Wine & Spirits Inc.
 23 West Main Street
 Dryden
844-8135

THEATRE - LIVE PERFORMANCE


CORTLAND REPERTORY THEATRE
 PO Box 783
 Cortland, NY 13045
 Admin Office: **607-753-6161**
 Box Office: **800-427-6160**
 www.cortlandrep.org

Southern Hills Veterinary Hospital


Southern Hills Veterinary Hospital
 38 Clinton St., PO Box 700, Tully, NY 13159
315-696-6699
 F 315-696-6680
 Dr. Lydia Aris www.TullyVET.com

WEB DESIGN / DEVELOPMENT

DUSTIN HORTON
 - web design/development -
 - graphic design (layout, identity, etc.) -
 - photograph restoration -
 DJH8670@RIT.EDU • (607) 423-4747

GROTON AVE. LIQUOR STORE


GROTON AVE. LIQUOR STORE
 87 Groton Ave.
 Cortland, NY 13045
607.753.3101
 Open 7 Days A Week

CAT PUZZLES & GAMES 

WORD FIND

Find the 'Summer' related words below! Can you find them all?
 Good luck! Check our next edition for the solution!

c	a	i	d	b	n	e	k	c	i	h	c	d	e
h	k	p	r	o	u	b	k	e	o	h	m	r	s
i	o	a	i	l	g	u	b	o	t	c	o	a	i
p	n	p	n	c	n	n	s	q	o	c	u	t	u
s	u	e	k	h	n	s	l	a	o	c	h	s	s
g	o	r	s	e	m	i	t	r	e	m	m	u	s
o	y	p	n	i	c	e	c	r	e	a	m	m	p
d	a	l	a	s	o	t	a	t	o	p	s	d	o
t	l	a	e	p	o	t	e	u	a	p	r	s	r
o	p	t	b	n	e	u	c	k	b	b	e	e	t
h	a	e	g	r	i	l	l	f	o	r	l	c	s
o	e	s	r	e	g	r	u	b	v	i	o	e	i
f	t	m	e	o	r	n	c	e	s	o	o	w	a
g	o	e	q	a	r	e	p	h	l	n	c	q	n

- bbq • tongs • grill • hotdogs • potato salad • beans • buns • sauce
 ketchup • mustard • burgers • coals • beef • cool • drinks • fun
 summertime • hot • play • sports • brown • cook • relish • serve • chips
 paper plates • chicken • coolers • picnic table • ice cream

SUDOKU

It's easy to play Sudoku! Simply fill every column, row and 3x3 box so they contain every number between 1 and 9. Don't go too fast! The game is easy to play but difficult to master!

4			2					
	7			4				1
6	1			3				
	4						3	
		1	6		7	5		
	5						8	
				6			1	9
5				2			4	
					8			7

PLEASE PRINT ONLY ONE WORD PER SPACE

(Limit of 21 words)

ARTICLES FOR SALE ONLY! (Non-commercial)

For contact purposes only

NAME _____ PHONE _____

ADDRESS _____

CITY _____ STATE _____ ZIP CODE _____

CAT CLASSIFIEDS

They're only words...and they're entirely free!

USE THIS HANDY FORM TO MAIL OR FAX YOUR FREE CLASSIFIED TODAY



To mail:
 The CAT
 P.O. Box 67
 Dryden, NY 13053

To fax:
 607-330-8012

Or e-mail your submission to tcatribune@gmail.com
 (See page 3 for deadlines)



COMMUNITY CLASSIFIEDS

They're only words...and they're entirely free!

TO SUBMIT FOR FREE: tcatribune@gmail.com • FAX: (607) 330-8012 (See page 14 for form)

BE YOUR OWN BOSS!
Independent Sales Position for The Cortland Area Tribune covering Cortland, Homer, Dryden, or Ithaca areas. Set your own hours! Work when you choose and when and where you want! Stress-free bi-weekly deadline. Generous commission. Must have own transportation, computer and cell phone. Email Judy at tcatribune@yahoo.com Serious inquires only.

Wanted - Dr. Kilmer Swamproots bottles. 607-844-8084

"MANS" GARAGE SALE - 160 CHIPMAN CORNERS ROAD, GROTON, N.Y. 13073. Call 1-607-898-9964 any questions, ask for Jim . STUFF SET UP IN GARAGE JULY 25-JULY 30 OR TILL GONE. WOOD WORKING TOOLS, TOOLBOXES, CABINETS, TABLES CHAIRS and more.

2 new (boxed) 21 Sun System Sun Blaze T5 Strip-Light High output fluorescent fixtures. 2 foot (for growing plants) 607-756-1951 \$35.00 new. Will sell for \$30.00 each or BO.

Beautiful yellow Glouster canary hen for sale. Flight cage included. \$50.00. Call 607 319-0725

Students moving out / leftovers from garage sales/items you don't use anymore... we'd love to have them for an upcoming auction. We'll have our third annual auction in a few months and all proceeds from donated items will be given to the SPCA here in Tompkins County. We could come get your items with our pick up truck or trailer or you could drop them off at our facility on Rt. 13 in Newfield. Please call 607-592-8699.

For sale: 10 year old blue eyes red and white kid safe mare for trail riding, 14.3 hands, does it all. \$1400 6075916907

Items left from garage sale household a little of everything plus 2 fish tanks 30 and 90 gallon with accessories and a pellet stove used 5 months make and offer on yard sale items call for prices on fish tanks and wood stove. We are located on Route 89 call 607-209-4059 anytime.

20'x4' above ground pool. Made of Kevlar - no liner needed. Winter and summer covers, plus vacuum and chemicals. All you need is water. \$1500.00 or BO Ready to go 607-756-1951.

Futon bed-lounge. Light hardwood frame, single size, and excellent condition. \$50.00 607-898-9553

Glass Ceiling Tiffany style lamp shade. Paid \$120.00. Sell \$60.00 607-898-9553

OLD VINTAGE TOBOGGAN, Vintage Paper Mache Bait Bucket. \$20 each. 607-345-7237. leave message

COMPOUND BOW with hard case. PSE FREE SPIRIT ex. cond. \$50 607-345-7237 leave message.

MILLER OIL FURNACE, rv/mobile home type, 81k btu, on "cottage" base. Works great, good for cabin or camp. \$450. oo. (607) 634-4169.

Above-ground pool, 20 x 4 feet, made from kevlar by KD Pools, seasonal covers, vacuum, skimmer, \$1500 or BO ready to go 607-756-1951

Hereford western 15" saddle, semi quarter horse bars, nice fit for anyone, show or pleasure, dark brown, with front and back cinches, real nice saddle, this is not a cheap one, ALL LEATHER, will ride real nice! \$350. Call 607-591-6907

BLUE EYED Paint Mare, 11 years old, 14.3 hands, red and white, quiet enough for beginner, great on trails, just right for ladies horse, utd on shots, shod all around. neck reins. \$1600; Black and white Paint mare, DEAD broke, excellent on trails, 100% quiet for anyone, Been trail riding all spring at Brookfield, Doing obstacles for Trail trials classes. Does not refuse anything anytime. Trailers fine, fly sprays, bathes, clips, loads, ties, neck reins. I ride her in a hackamore (much easier on her and me!) 14.2 hands. \$2500 for peace of mind for you and your family! 607-591-6907. She will be at NYS Horse Council Spring Pleasure Ride at Pure Country Campgrounds June 10-12th if you would like to ride and try her!

English saddle, 16" forward seat with knee rolls, good kids saddle, made in england, complete with pad, leathers, irons and girth, good buy for \$65! 607-591-6907

Yakima rack with two sets of different sized crossbars (48-inch and 58-inch), 4 Q towers, Q clips, SKS locks, 4 Hullyrollers, and 4 Mako saddles, straps, etc. I've used this on a Honda Civic and a Nissan Versa. \$300 (a \$700 value new). Stored indoors. Used for (2) 18-foot Current Design kayaks. Call 607-708-4121 or email to djl243@cornell.edu

Crested yellow with dark wing bars, 4 years old, healthy and beautiful. Good home only. \$35.00. Call 607 319-0725.

ATTENTION READERS
FREE CLASSIFIEDS are our way of thanking you for supporting our paper by reading it each issue and supporting the local businesses that advertise with us to help make this paper happen! Please feel free to email your submission to tcatribune@gmail.com, or fax it using the form on page 14! Remember, it's entirely free!

LOCAL DROP OFFS

Please visit these fine establishments, a small selection of the hundreds of businesses that receive our papers, for a copy of The Cortland Area Tribune:

- McLean Gas Station • Cortland Kmart • CNY Powersports
- Main Street in Downtown Cortland • The Marketplace Mall
- Doug's Powersports • Valley View Gardens • Action Sports
- Doug's Fish Fry • Pets-A-Plenty Pet Store • Ithaca TOPS
- Cortland TOPS • Riverside Plaza • Colonial Laundromat
- Ramada Inn • Main St. Downtown Homer • Back to Basics
- Natoli's Market • Dryden Food Market • Groton Hotel Groton
- Express Mart • Ithaca Wegman's • Rite Aid Dryden
- Gregg's Market Marathon • Dryden Agway
- Elite Dental • Pinckney Allstate Insurance Agency
- Tompkins Trust Company Banks • Toad's Diner
- Queen Diner Dryden • Gregg's Market Whitney Point
- Country Kitchen Whitney Point • Country Kitchen II Cortland
- Hope Lake Lodge • Gatherings Restaurant

LAST EDITION'S PUZZLES

SUDOKU

4	8	5	1	9	6	7	3	2
9	7	2	5	4	3	8	6	1
3	6	1	8	2	7	4	5	9
8	3	4	7	6	9	2	1	5
5	2	6	3	1	4	9	7	8
7	1	9	2	8	5	6	4	3
2	5	8	6	7	1	3	9	4
6	4	3	9	5	8	1	2	7
1	9	7	4	3	2	5	8	6

WORD FIND

s	e	a	s	o	n	i	n	g	s	l	a	o	c	z
h	c	s	f	r	e	e	d	o	m	o	o	b	e	r
a	n	i	o	s	e	t	g	t	y	s	e	s	e	n
m	e	h	t	n	a	l	a	n	o	i	t	a	n	k
b	d	s	t	o	t	f	t	r	i	y	j	s	i	h
u	n	n	s	n	i	a	s	b	l	r	l	j	o	
r	e	o	r	a	e	r	r	o	i	e	l	u	e	t
g	p	i	p	e	s	e	t	p	m	h	l	i	r	d
e	e	t	y	s	l	w	d	a	y	w	e	r	o	
r	d	a	t	k	c	o	e	a	p	r	t	i	c	g
s	n	c	r	o	v	r	o	e	n	t	t	i	w	s
s	i	a	e	b	t	k	w	c	o	i	n	i	a	t
g	p	v	b	s	m	s	u	n	s	c	r	e	e	n
s	a	q	i	m	t	n	g	l	i	g	a	c	s	
e	s	a	l	a	d	s	i	p	r	r	n	m	t	



Cortland County
Chamber of Commerce

Investment in Business... Investment in Community...

Ph (607) 756-2814
Fax (607) 756-4698
info@cortlandchamber.com

37 Church Street
Cortland, NY 13045



COMMUNITY COUPONS

Cut out these handy coupons and save while visiting some of the area's great businesses!

TO ADVERTISE: The Cortland Area Tribune • P.O. Box 67 Dryden, NY 13053 • (607) 844-8228 • tcatribune@gmail.com

The GlassSmith, Inc.
 124 S. Main St., Homer • 749-2072
 Mon.-Fri. 8-5 • SAT. 9-12
 Replacement Glass for
Wood & Coal Stoves
ALL WINDOWS REPAIRED
10% OFF IN-SHOP WINDOW REPAIRS
 with this ad
 OFFER EXPIRES 9/30/11
 MIRRORS • TABLETOPS • CUSTOM SHOWERS

ALL SCREENS REPAIRED
 (Fast Service)
 WE MAKE PATIO TABLES
10% OFF IN-SHOP SCREEN REPAIRS
 OFFER EXPIRES 9/30/11
The GlassSmith, Inc.
 124 S. Main St., Homer • 749-2072 • Mon.-Fri. 8-5 • SAT. 9-12

New (and old) merchandise arriving weekly!
 We are open Tuesday-Saturday from 10am-6pm
 *with extended hours until 9pm on Thursdays!!

the Second Knob
 Gifts & Antiques
 128 W. Main St.
 Dryden NY
 Ph: 844-KNOB

SAVE 10% ON ANY ONE GIFT ITEM *with this coupon*

A unique and affordable country-primitive shop!
 "Like" The Second Knob on Facebook to get merchandise previews and special deals!

Gatherings 2175 NYS RT. 392, Virgil, NY 13045
 www.gatheringsrestaurant.com
 607-849-3580

RESTAURANT • LOUNGE • SPECIAL EVENTS • CABIN RENTALS

Serving Dinners Thurs. - Sat. 4-10, Sun. 2-8
 Friday Fish Fry - Saturday Prime Rib - Sunday Dinner Specials
 Open for Cabin Rentals & Events 7 Days A Week!
 Check website for music schedules.

Present this coupon to your server for 50% off lower priced entree when purchasing 2 or more.

(Limit 1 coupon per guest table)
 Not valid with any other specials. Exp 9/30/11

Wine & Spirits
OPEN SUNDAYS NOON TO 5 PM
10% OFF ANY WINE PURCHASE
 with this ad -- expires 8/15/11
 - GIFT CERTIFICATES AVAILABLE -

ALWAYS FEATURED AT DRYDEN WINE AND SPIRITS
 • 15% DISCOUNT ON WINE CASE BUYS MIXED OR SOLID - 1.5 liter is considered 2 bottles
 FREE PERSONALIZED WEDDING LABELS OR SPECIAL OCCASION LABELS WITH YOUR WINE PURCHASE
 A Wine & Spirits Store & So Much More!
 ...We Are Service Driven...

23 West Main Street • Dryden
 607-844-8135
 Phone or Fax

PETS A PLENTY Located on Rte. 281 in Blockbuster Plaza
 Open 7 Days A Week
 (607) 753-9213

WE ARE NOW STOCKED WITH ALL TYPES OF POND FISH...GREAT PRICES...GREAT QUALITY. POND SUPPLIES & PLANTS AVAILABLE TOO!

\$500 OFF Any \$25 Purchase
\$200 OFF Any \$10 Purchase
\$100 OFF Any Pond Fish

60 Tanks of Small Animals • Birds • Fish • Reptiles and PLENTY of PET SUPPLIES

Highlight Your Life
 FULL SERVICE BEAUTY SALON
 Men, Women & Children Welcome

Get Ready for the **Summer!**
BRING THIS COUPON IN AND SAVE \$10 OFF
 ANY COLOR, PERM OR HIGHLIGHT
 New Clients Only - With Jen Only

Call Missty, Jennifer or Shelly
 Booth Rental Available For Licensed Stylist With Clientele

2215 Dryden Road (Rt. 13) in Dryden
 (607) 844-4111

Beautify Your Decks and Gardens For Summer Parties!

3797 Luker Rd. Cortland, NY • (607) 749-3130
 (Opposite Builders Best Do-It-Center)

QUALITY Flowers, Flowering Trees & Shrubs

VALLEY VIEW GARDENS NURSERY

"Just Around the Corner!" and the **CINNAMON APPLE COTTAGE GIFT SHOPPE**

ENCHANTING GIFTS & DECOR FOR HOME & GARDEN

\$5 OFF Plants or Giftware Purchase of \$50 or more
\$10 OFF Plants or Giftware Purchase of \$150 or more

Annals! Baskets! Veggies + Herbs!

CANNOT BE COMBINED WITH ANY OTHER COUPON OR DISCOUNT. WITH THIS AD ONLY. EXPIRES 8/31/11.
 Monday - Friday 10-6 • Saturday 9-5

Try a **FREE CLASS** with this ad!

jazzercise

BEGINNERS CAN START ANYTIME - OUR SCHEDULE IS:
 Classes at Holy Cross Church on George Road in Dryden M & W 5:45 PM • at TC3 in Dryden SAT 8:30 AM

FOR MORE INFORMATION ABOUT CLASSES CALL Sue Karn at 607-279-6131

QUALITY WORK ON TIME, AT THE RIGHT PRICE

American Printing
 "We Print Everything Except Currency"

- Commercial & Personal
- Business Cards & Letterheads
- Envelopes, Newsletters
- Laminating, Wedding Invitations

607-753-3034
 4000 West Rd. • Cortland, NY 13045 (Rte. 281)

SERVING THE AREA FOR OVER 30 YEARS

MasterCard VISA

844-9336
 290 Cortland Road
 Dryden, NY 13053

G.L. Mullen BODY SHOP

FREE ESTIMATES - All Makes & Models
 Insurance Claims
ALL WORK GUARANTEED

WE DO EVERYTHING-IF IT'S PAINTABLE, WE DO IT

**DOES YOUR CHIMNEY
LOOK LIKE THIS?**



**AT HEARTH & HOME, WE CAN
MAKE IT LOOK LIKE THIS!**



We Offer

Full Masonry Services Interior Stone and Tile Work -- Exterior Masonry Work

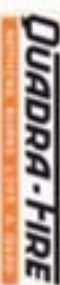
At Hearth & Home of Ithaca, we don't only sell the highest quality Stoves and Fireplaces, we also work with you to solve any problems with your chimney



**CALL NOW TO
SCHEDULE YOUR
APPOINTMENT.**

**REMEMBER, NOW IS THE TIME FOR CHIMNEY
CLEANING. DON'T WAIT UNTIL THE FALL.**

Our Certified Chimney Sweeps / Inspectors can help you identify any issues with your chimney system and assist you in making the right choices.



Fireplaces • Stoves & Inserts

273-3012

726 W. Court Street, Ithaca

M-F 8-5 Sat 9-4

www.HearthHome.com



Hearth & Home

Enjoy your

OUTDOOR HEARTH!

Customize the look that's right for you!

*Featuring a Full line of
Stone Age Outdoor Fireplaces
and Fine Magic Grills*



Fire Magic
The Ultimate Barbecue
STONE AGE FIREPLACES



Your Design... Your Choices

Hearth & Home

273-3012 • 726 W. Court Street • Ithaca

www.HearthHome.com • Weekdays 8-5 / Sat. 9-4

