

FREE

May 4-17, 2011

Mother's Day & Lawn and Garden Edition

FREE

THE CORTLAND AREA TRIBUNE

YOUR REGIONAL BI-WEEKLY COMMUNITY NEWSPAPER
CORTLAND • ITHACA • DRYDEN • HOMER • GROTON • MARATHON • MORAVIA • TULLY • LAFAYETTE
Est. 2002

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NOW ONLINE: CHECK OUT CORTLANDAREATRIBUNE.COM!



Have you ever thought about the high cost of cancer?

Pinckney Insurance Agency Inc
41 Port Watson Street
Cortland, New York 13045

Allstate Life Insurance Company of New York

AWD15483NYX The cancer insurance is provided by Limited Benefit policy CBP2PNY. The Cancer Screening benefit is provided by Rider WBR3NY. Policies issued by Allstate Life Insurance Company of New York. This material is valid as long as information remains current, but in no event later than August 1, 2012. Allstate is a marketing name used by Allstate Life Insurance Company of New York (Home Office, Huppauge, NY). ©2009 Allstate Insurance Company. www.allstate.com

Cancer can cost you more than just your good health!

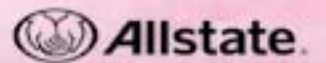
For just pennies a day, many people own a Cancer insurance policy to supplement other medical insurance they may have. These policies will pay benefits to you, the insured (unless assigned), and can be used to help your family pay for expenses you would most likely incur when undergoing treatment.

And you can get a benefit each year if you have one of several potentially life saving cancer screenings including:

- Mammography
- Cervical Cancer Screening (Pap Smear)

The benefits from this insurance can be used to cover things like lost income, childcare expenses, extraordinary housekeeping expenses, special diets, even meals and lodging away from home. It's peace of mind at the time when your mind needs to be focused on getting better.

For more information on this increasingly important insurance, please call my office at 607-756-8505.



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GIFT CERTIFICATES AVAILABLE

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\$3.09/lb. pkg.
While Supplies Last

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Gopher's Garden

- Gently used books
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1 W. Main St., Dryden Next door to the Dryden Café!
Wed-Thurs 10-7, Fri 10-2, Sat 10-7, Sun 10-4 Other days and hours by chance.

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View our entire book inventory online at: www.gophersgardenbooks.com

RESTAURANT • LOUNGE • SPECIAL EVENTS • CABIN RENTALS

THURS 4-10PM
FRI & SAT 4PM-1AM
KITCHEN CLOSSES AT 10PM
CHECK OUR WEBSITE FOR MORE INFO REGARDING SUNDAY HOURS

THURSDAYS ARE ROCKIN' AT GATHERINGS

All you can eat pasta every Thursday and... Johnny & Lonnie every other Thursday
2 for 1 Ladies Special Drinks - 1/2 Price Selecte Appetizers
Johnny & Lonnie Dates: May 12; June 2 & 30; July 14; Aug. No Dates; Sept. 8 & 22; Oct 6 & 20
7:30pm - 8:30pm

Fri. May 13th - Howie Bartolo 7:30-10:30
Fri. May 20th - Frenay & Lenin 7:30-10:30
Fri. May 27th - Marty & Shannon 7:30-10:30

THANK GOD FOR FRIDAYS AT GATHERINGS

Fridays keep giving all night long with Gatherings Signature Fish Fry, Drink Specials
Friday All Night Long 2 for 1 Wells & House Wines; \$2.50 Domestic Beers, Live Music
Also.....Saturdays are Prime Rib Night



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WELCOME TO THE MOTHER'S DAY & LAWN AND GARDEN EDITION

The Cortland Area Tribune, nicknamed The CAT is published and distributed every other Wednesday. Look for it at 100's of area businesses in Cortland, Dryden, Groton, Homer, Marathon, Moravia, Ithaca, Tully & LaFayette.. Here's some upcoming editions for you to look forward to!

May 18 – Memorial Day & Restaurants Offering “Outdoor Dining” Edition (Deadline 5/13)

June 1 – “Camping,” Dairy Days & Pre-Grad/Dad Edition (Deadline 5/27)

June 15 – Graduation & Father's Day Edition (Deadline 6/10)

June 29 – Bed & Breakfast, 4th of July & Taste of Downtown Edition (Deadline 6/24)

July 27 – Welcome Back NY Jets, Fans, Families & Press Edition (Deadline 7/22)

August 10 – Need for “Speed” Edition (Deadline 8/5)

August 24 – Pamper Your Pets & Labor Day Edition (Deadline 8/19)

CHECK OUT THE BUSINESS SERVICE GUIDE!

Easily accessible at the back of the paper! Growing with every Edition! Take this handy pull-out 4 page directory with you in your car and leave it in your glove box for quick reference! Area businesses are listed alphabetically by services. When you patronize the businesses listed in the directory, please tell them you saw them listed in The CAT! Shop local and save gas!

HAVE SOMETHING TO SELL?

Take advantage of our FREE CAT CLASSIFIED ADS! Make some extra money – clean out that attic or garage! Free classifieds are for “articles for sale” or “garage sales” only, non-commercial, no real estate. Deadline is 6 pm on Friday, May 13th. Email your classified to tcatribune@gmail.com or use the mail-in form in this Edition. Only emailed, mailed or faxed classifieds accepted. Fax to 607-330-8012. Remember your unwanted items may be someone else's treasures!

FREE HAPPY ADS!

Share a birthday or anniversary wish for free, include a photo! Email to tcatribune@gmail.com, or mail it to The CAT, P.O. Box 67, Dryden, NY 13053. Deadline is 6 pm on Friday, May 13th for the next Edition.

CAT KITCHEN RECIPE CORNER!

Share your tasty recipe with our readers! To have your special recipe published, please email it to tcatribune@gmail.com or mail it to The CAT, PO Box 67, Dryden, NY 13053! Deadline is 6 pm on Friday, May 13th for the next Edition.



WELCOME NEW ADVERTISERS:

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COVER PHOTO CONTEST



DO YOU KNOW WHERE THIS IS?

See what you can WIN
if you know WHERE this picture is!
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Gary Allen, Jr.
of Richford

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THE HARFORD EXCHANGE
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FRESH BREADS, CINNAMON ROLLS AND OTHER SWEETS
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OPEN WED. 9-5 THURS-FRI. 9-7
SAT. 9AM TO 4PM SUN 11-4**



Answer from the Previous Edition:
St. Stephens Roman Catholic Church in Marathon

MYSTERY PHOTO CONTEST!

Our cover photos are old pictures of our area towns, businesses or landmarks. If you know where this edition's cover picture is - call 607-844-8228 or email tcatribune@gmail.com. Leave us your name, address & phone number along with your guess. If your guess is correct – your name is entered into our contest! A name is picked by random drawing & we print the winner's name in our next issue! All decisions are final. Businesses from around the area have generously donated a prize! Deadline for your guess is 6 pm on Friday, May 13th for this edition. By entering, you automatically give us permission to print your name in our next issue.

Each contest generates hundreds of entries! The winner of last edition's contest is Gary Allen, Jr. Gary won a gift certificate from Doug's Powersports Unlimited located at 4019 Route 281 in Cortland! The winner of this edition will win a gift certificate from Beth's Natural Way located at 3728 State Route 13 in Truxton! Enter your guess today!

We are looking for old photos to stump our readers! Do you have an old photo we could use?! Please call us or email us – THANK YOU!

The Cortland Area Tribune
P.O. Box 67 • Dryden, NY 13053
(607) 844-8228 • Fax: 1-607-330-8012
e-mail: tcatribune@gmail.com



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DEDRICK'S FOR MOTHER'S DAY!

NOW OPEN FOR THE SEASON and just in time for Mother's Day - Dedrick's Fruit/Flower/Vegetable Stand located just North of Dryden on Route 13. If you are looking for fresh fruits and vegetables and a selection of nice, hardy flowers - including beautiful hanging baskets, begonias, geraniums, miniature roses, annual mums, combo pots and more - stop down to Dedrick's Fruit/Flower/Vegetable Stand on Route 13, across from the entrance to TC3, where you can "see and smell the flowers"!

Open Monday through Saturday from 9am to 6pm. Closed Sunday. No debit or credit cards accepted.

John and Michelle look forward to seeing you this season!



BACK TO BASICS BULK FOOD BRAND NAME FOOD WITH- OUT THE FANCY PACKAGE

BACK TO BASICS BULK FOOD, located at 2207 Dryden Road (Rt. 13 South) on the corner of Irish Settlement Rd, is stocked to serve you with high-quality brand name foods at lower prices. Owners Jeff and Kim Schenck, are excited about what they can offer at Back to Basics Bulk Food, your local grocery, deli and supplier of bulk goods.

At Back to Basics, they follow a few simple philosophies that translate into higher quality product and lower prices for you. They buy in bulk and break it down into smaller packages, saving you money. "Here you aren't paying for the fancy packaging, so you benefit from a lower cost while still getting the quality you're looking for in a convenient package size," states Kim. "We provide quantities from a half-pound to as much as a pallet load." Back to Basics specializes in

carrying all types of baking supplies. This includes over 75 varieties of sprinkles and baking decoratives, nuts and grains, specialty flours (including gluten free) and flavorings. Snack lovers will find an amazing selection; with 25 kinds of pretzels, two dozen snack mixes along with roasted nuts and seeds and dried fruits. Back to Basics carries a huge array of spices, as well as pre-made just-add-water mixes, such as bread mixes, biscuit mixes, and angel food cake mixes. Back to Basics also offers items for those with dietary restrictions, such as gluten-free products for baking; and don't forget the nuts! There's a great variety available for consumers to go nuts over: peanuts, walnuts, hazelnuts, pecans, almonds, and many others. For extreme snackers - look for 5 types of wasabi snacks! The store sells all kinds of cereals and candies, and over 200 different spices. In the deli, Back to Basics is always stocked with all kinds of meats and cheeses, including Amish Yogurt cheese, Lebanon bologna, sweet bologna and other favorites



from John F. Martin of Lancaster County, PA. Teas; both loose and in bags, are another favorite at Back to Basics, as well as Barrie House whole bean coffees. Also available is local raw honey, or you can bring in your own jar and have it filled. And don't forget the Blue Bunny ice cream for those hot summer days!

Jeff and Kim attribute the success of Back to Basics not only to the various quantities, rare items, and good pricing, but also to great customer service and the fact that it is a small local business. One of the things they enjoy most about owning the business is dealing with the people who come into the store and trying to service

their needs. "People really need to stop in and see what we have to offer," Jeff said. "I've often met new people

Just For Mom

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THE SEVENTYSEVEN CLUB Nightly Specials

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<p>WEDNESDAYS</p> <p>BOTTLE NIGHT All Bottled Beer \$3.00 Pabst Blue Ribbon Pounders \$2.00</p>	<p>THURSDAYS</p> <p>ALL Pints & Bottles \$3.00</p>	<p>FRIDAYS <i>Late Night Heavy Haul</i> with Mr. Oscar \$3.00 Pabst Miller LT \$3.00 Heinekens - All Day Moon \$3.00 Yuengling Pints</p>
<p>SATURDAYS</p> <p>Corona Night 2 for \$6.00 \$2.00 Yuengling Pints</p>		

that come in and say they've driven by Back to Basics for the past five years and then ultimately stopped in to check out what's in the store."

The store also offers custom gift baskets or Gift certificates; the perfect gift for Mother's Day! In the future, Jeff and Kim at Back to Basics would like to continue to meet the needs of the community by expanding their product line. Back to Basics Bulk Food is open Tuesday through Friday from 9am to 6pm, and open Saturday 9am - 4pm. For more information, call them at (607) 844-8074, or stop into the store at 2207 Dryden Road to see just what they have to offer. And remember to stop by May 3 through May 7 to help them celebrate their 14th anniversary. Enjoy the free hot dog roast everyday from 11:30 to 5:30 along with 35 cent Adirondack sodas, frees samples and savings!



COLLEGE GRADS FINALLY MAKING MONEY, BUT CAN THEY MANAGE IT?



"TODAY'S COLLEGE GRADS ARE EDUCATED and sophisticated individuals," said Allstate Agent Shirley Eizember, of the Pinckney Insurance Agency, 41 Port Watson Street, Cortland NY 13045.. "However, many of them have lived their college lives dependent on their parents for financial support. Now that they are employed and establishing their independence, it is important to understand a few personal finance basics."

Eizember and Allstate Financial Services, LLC, offers some tips for recent grads so they can start planning for the future.

- Pay Yourself First – Set aside a fixed amount of money each month for a saving or investment account.
- Automatic Deductions Are Your Friend - Having money automatically deducted from your paycheck into savings and retirement accounts assures that you'll actually put money away.
- Open an IRA - Seriously consider a Roth Individual Retirement Account. Although Roth IRAs are built with after-tax dollars, they offer tax-deferred growth and tax-free distributions after age 59.
- Buy Life While You're Young - Many people may feel they don't need life insurance when they are young. While your financial needs may be lower at a younger age, the rates may also be

substantially cheaper when you're young.

For additional information call Shirley Eizember, Exclusive Allstate Agent, Pinckney Insurance Agency, 41 Port Watson Street, Cortland NY 13045 Phone 607-756-8505

FREE RABIES CLINICS FOR DOGS, CATS AND FERRETS

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ENVIRONMENTAL HEALTH DIVISION
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All Clinics 7:00-9:00 p.m.

2011 SPRING CLINICS

- Lansing Central Fire Station
Wednesday May 4
- Danby Fire Station Thursday May 5
- Dryden Tompkins Co. SPCA
Wednesday May 11
- Enfield Highway Garage Thursday
May 12
- Ithaca Highway Garage Wednesday
May 18

Fall Clinics: September-October 2011
Newfield-Groton-Caroline-Trumansburg-Ithaca

Vaccine Expires in 1 Year without Proof of Prior Vaccination. Rabies tags are not proof

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We Have JUNIOR MEALS FOR KIDS, SENIORS OR PEOPLE WITH SMALLER APPETITES!



PICCADILLY LANE COUNTRY & PRIMITIVE STORE

PICCADILLY LANE COUNTRY AND PRIMITIVE Store is ready for spring with new items arriving weekly for all your decorating needs. The store welcomes you to come on the porch and through the red door to find that something special you or a loved one just can't live without.

All the rooms, upstairs and down, are overflowing with new one of a kind merchandise. As always, there are framed prints, furniture, placemats, linens, rugs, soy blend candles, cards, jewelry, swags, garlands, tinware, signs, pottery, including antiques for the collecting enthusiast to go along with the country décor! Plus, a holiday room was added! Something for everyone! Plus, curtains! Many designs, colors and patterns to brighten up your home in with popular styles from Sturbridge, York, Park and more!

The wonderful smell as you walk in the store is from their full line of soy candles. Piccadilly Lane owners Joyce & David Ballard, along with their friendly staff, will assist you in finding that unique item to accent your home and prides themselves with having unique and one of a kind items! Spring is the time to redecorate - your home, office, porch, patio or cottage! Piccadilly Lane boasts of berry and flower wreaths, garland and

garden accents to brighten up any living space - take the short drive to Whitney Point and check out the 8 rooms of giftware to beautify your home. Save some money with the coupon on the front page of this edition with the 25% off coupon - good on any one item in the store!

Mother's Day is this weekend and Piccadilly Lane has gift items that adorn every room. As you stroll through - be thinking of mom, grandma, sister or aunt - take your time and check out every wall, corner and table! Still not sure what SHE would like... buy HER a gift certificate and let her pick out her favorite item!

The store is located on 2634 Main Street in Whitney Point. For your shopping convenience the store is also open Monday 11-3, Tuesday, Wednesday & Friday 10-6, Thursday 10-7, Saturday 11-3 and Sunday closed. Questions or looking for something special - 607-692-7418 or email piccadillylane1@aol.com



MOTHER'S DAY AT VALLEY VIEW GARDENS AND THE CINNAMON APPLE COTTAGE GIFT SHOPPE!

MOTHER'S DAY IS THIS SUNDAY!

This is the year, folks! Treat that wonderful woman in your life to the new landscape she has been dreaming of for years! The addition of gorgeous, flowering shrubbery, trees and perennials to her garden will bring a big smile to her face! A lovely gift from Valley View Gardens Retail Nursery or The Cinnamon Apple Cottage Gift Shoppe will help her do what she loves best: sprucing up the homestead with elegant touches for the inside or outside of her home just in time for the Spring/Summer season. Truckloads of ZERRILLO'S locally grown, superior hanging baskets, annuals and vegetables are arriving this week!

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Not sure exactly what she has in mind? Delight her with a Gift Certificate from Valley View Gardens and The Cinnamon Apple Cottage Gift Shoppe and she'll love you forever! Show her how much you care with one of our pretty Gift Certificates that can be used inside the gift shop OR outside in the nursery. Best of all, it will never expire and will be there just when she needs it! You can't go wrong with one of our Gift Certificates!

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How about you? Are YOU longing for a brand new landscape, searching for unique home décor or in need of a distinctive gift for that special someone? Look no further! Valley View Gardens Retail Nursery, The Cinnamon Apple Cottage Gift Shoppe AND a fantastic shopping experience await you at 3797 Luker Road in Cortland! Truckloads of stunning plants and eye-catching giftware have just arrived, including many new items and varieties!

Whether you desire quality plants to enhance your garden or our professional expertise to help with your landscape design and installation, Valley View Gardens can provide both to ensure your complete satisfaction. In addition to our forty years experience designing beautiful landscapes, we are able to advise those who need a professional when planning their own projects. Finding the right plant for a particular environment is our specialty!

JUST AROUND THE CORNER!

We have been in operation for eighteen years in Central New York and are beginning our sixth year at our current location on 3797 Luker Road, in Cortland. For your convenience, we are 'just around the corner' off of Route 281, opposite Builder's Best Do-It-Center. You will be amazed at the quality and



variety of our selection of shrubbery, shade trees, fruit trees, ornamental trees, topiaries and more! Valley View Gardens will provide a stronger, healthier plant than can be obtained in department store garden centers and our convenient location eliminates those costly trips out of town, ensuring a savings to you!

For that splash of color in your garden, you can choose from any number of gorgeous flowering annuals and hanging baskets that will fill our five greenhouses shortly. Our perennials are a sight to behold! If you want to fill niche in that sunny or shady corner of your garden, we have an impressive assortment of perennials located in our perennial houses

and outdoor displays that will do just that. Looking for that unique ornamental grass that caught your eye? We have many varieties from which you can choose to bring texture and motion to your landscape!

The Cinnamon Apple Cottage is a unique gift shop located adjacent to Valley View Gardens. Time and again we have been told by our customers that they love to shop in our ten-room store. The lovely music of musician Scott Adams, born and raised in Groton, as well as the romantic instrumentals of composer/pianist Stuart Dudley are sold and heard throughout the shop, creating a delightful backdrop for your shopping experience! Each room has its own ambience and related product lines. Floral decorations, fragrant candles and potpourri, art work, whimsical figurines, children's books and toys; outdoor décor and gift items; jams and fruit butters;

soup, scone and bread mixes and much, much more! If you need a pick-me-up for yourself or your friends and loved ones, you are sure to find it at The Cinnamon Apple Cottage Gift Shoppe.

Valley View Gardens Retail Nursery and The Cinnamon Apple Cottage Gift Shoppe are located just around the corner on Luker Road opposite Builder's Best Do-It Center. Our May hours are Monday through Friday, 10 to 6 o'clock; Saturday, 9 to 5 o'clock and Sunday, 10:30 - 3:30!

SUNDAY HOURS!

Our Sunday hours have begun! Beginning Mother's Day, May 8 and continuing through Sunday, July 3, 2011, we will also be open on Sundays from 10:30 to 3:30 for your shopping convenience. We will also be open on Monday, July 4th from 10-3 o'clock! Stop in and shop at our retail nursery and gift shop. Call Dan, Andrew and Pat Mones at 607-749-3130 to set up a consultation to help your landscaping dreams come true! You will be glad you came to Valley View Gardens on Luker

Road! We look forward to meeting and serving you! See you then!





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THE PICTURE HOUSE PLANS MAY EVENTS

IN THE GALLERY BEYOND ITS freshly painted green door, The Picture House staff will be holding its annual Spring Open House on Thursday, May 19, from 5:00 pm to 7:00 pm. The Picture House Gallery and Frame Shop is located on 85 Homer Ave. in Cortland.

A new gallery exhibit of work by David and Kathie Beale and Emily Gibbons will be on display and one-time specials on both original art work and framing will be featured. The Picture House Gallery and Frame Shop has been spruced up with a new look including a green door to represent the Irish Heritage of the staff and a 2nd renovated gallery wall. Refreshments will be provided.

In response from many requests, The Picture House will also be offering the first of a series of two-hour workshops on framing topics. "Matting Essentials" will cover the basics of choosing and designing mats that enhance and complement art work. Attendees will be requested to bring a painting or photograph to mat and will leave with a custom mat chosen and cut during the workshop. Enrollment is limited. The enrollment fee is \$10.00. To preregister, call 607-753-7786 or email at email@picturehouseonline.com.

FOUR KEYS TO HAVING A BRILLIANT BODY

IN MY LAST TWO COLUMNS I started a new discussion about how to be brilliant or at least awfully smart. I mentioned the four keys so will start discussing them now. Key #1 is Core Health. If you strengthen your core your core will strengthen you right back. Even the American Medical Association recommends taking a multivitamin supplement to fill in the nutritional gaps in your diet. I couldn't agree more. Our food is grown in soil that is depleted of nutrients. Most times it is picked before it is ripe and then gassed to make it ripen faster. If you don't eat it raw then cooking depletes it further. So getting the basics is very important.

Nature's Sunshine Products can fill in these needs with such products as Super Trio. This provides three amazing nutritional formulas including Super Supplemental Vitamins and Minerals for excellent nutrition in a unique herbal base. It also contains Super ORAC - super powerful antioxidants, including mangosteen pericarp, green tea, turmeric, resveratrol, quercetin and acai berry. The third product is Super Omega - 3 EPA. This fish oil product is great for circulation and nervous system support. Another Core product is Clean Start. Cleansing and detoxifying is an important first step to good health. This product provides fiber, aloe vera, chlorophyll and special herbs designed to effectively remove toxins from the body and enhance elimination. Directions are to take one drink and one capsule packet morning and evening for incredible results. The complementary products include Super Supplemental Vitamins and Minerals (with or without Iron). This formula supports your daily nutrition needs with generous

amounts of vitamins A, C, D, E, B1, B2, B6, B12, niacin, folic acid, biotin, pantothenic acid, plus iron, iodine, magnesium, zinc, selenium, copper and manganese. It also provides chromium, inositol, choline, lycopene, lutein, alfalfa herb, asparagus stem, barley grass juice, broccoli and cabbage powders, hesperidin, rose hips and more. Proactazyme Plus contains plant-based enzymes that break down all types of food. It improves digestion, facilitates absorption of needed vitamins

that may otherwise be wasted. Probiotic Eleven provides 11 species of live microorganisms that help rebalance intestinal flora levels. It supports digestion, promotes immunity and aids in the elimination of toxins. Nature's Three rounds out the last product in this category. It provides fiber from psyllium, oats and apple pectin. It helps support normal bowel function. It may aid in the movement of waste through the colon and help expedite the removal of waste and toxins from the body.

Key #2 is Weight Management. A simple yet brilliant weight management plan is to use Smart Meal which comes in three delicious flavors Vanilla, Chocolate and Chai in place of your breakfast and lunch each day. Eat a sensible dinner (no more than 600 calories). Fill your plate 2/3 full with colorful steamed vegetables, and eat a lean protein that is baked such as chicken, fish or turkey. Limit breads and starches. Make a goal to exercise for at least 20 minutes each day. When you reach your goal weight, use Smart Meal in place of either breakfast or lunch each day. Very few people need to gain weight but if you are one of those rare exceptions then you can eat three meals a day and add one or two Smart Meal shakes to help put the weight on. Each Smart Meal shake has only 130 - 140 calories per serving. Each provides 15 grams of protein per serving to build lean muscle mass and help curb hunger. They deliver beneficial levels of 21 essential nutrients. They contain cold-pressed flax seeds, provide omega-3 fatty acids and may help contribute to a feeling of fullness. They provide nutrients for energy. Some complementary products are Metabostart Plus which is a 14 day program that combines several products to give you the most comprehensive weight-management assistance possible. Components in this product increase fat burning, boost metabolism and energy, reduce fat stores, partially prevent carbohydrate digestion, help prevent the digestion of some dietary fat and cholesterol, stimulate important metabolic hormones and help build lean muscle. The products in this program include MetaboMax Plus which increases thermogenesis and fat burning, 7 Keto to increase base metabolic rate, Fat Grabbers, Carbo Grabbers and CLA which is an essential fatty acid to help sustain lean muscle mass and break down fat stores.

Well once again I have run out of space so will finish up the third and fourth keys next time.

Till next time,



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MIKE'S FISH TANK CLOUDY WATER

A LOT OF PEOPLE ARE asking me about cloudy water. Remember if you have just set up a tank, new or old, you have to be careful not to overstock it. A beneficial bacteria has to grow. It will eat the ammonia the fish produce. However it takes a good 4 to 6 weeks for this bacteria to grow. One way to know that you have the good bacteria is your tank will all of a sudden clear up and the tank will start to smell better. Ammonia stinks. If you have a lot of fish and no beneficial bacteria, your tank may smell. That smell is ammonia.

I tell people to wait at least 6 weeks for the tank to really be established. Then start adding fish a few each week.

Be sure to do weekly water changes. That will alleviate some of the cloud and smell.

Also, sometimes well water in the Spring and Fall can cause cloudy water. A lot of things happen in well water that can cause cloudiness.

There are chemicals that you can use in well water to help clear it. But these only work if your tank is at least 6 weeks old.

Remember cloudy water can be caused by overfeeding too. If there is a lot of excess food on the bottom of your tank, as it decays and spoils, it will cause cloudy water. Feed your fish small amounts of food 3 to 4 times a day. Don't feed a lot of food at one time.

If a lot of food sinks to the bottom, you've fed too much.

A lot of people use things like crystal clear, accu clear or sparkling clear in the hopes of getting rid of their cloudy water. These products are pretty good but they only work in certain circumstances. If your tank has only been setup a few weeks, those products will not work.

Clearing products bind small particles together so that your power filter can catch them in the cartridge. If your tank is cloudy because of too many fish too soon, those products will not work.

I also have a lot of people come in for medication to treat fin rot. 99% of the time, it is not fin rot. Usually when

several fish have tattered fins, it's due to an aggressive fish picking on them. Fin rot is highly contagious and all your fish would have bad fins. What happens is one fish becomes aggressive and starts attacking your other fish. So next time you think your fish have fin and tail rot, check to see who still has good fins. That's your real culprit.

• *Pets A Plenty is located in the Blockbuster Video Plaza, Rte 281 Cortland, 753-9213. Open 7 days a week. We now have a website. WWW.PETSAPLENTY.BIZ. check it out. I post care sheets, coupons, new animal arrivals, contests and more. Any questions, email me at friskyy@hotmail.com*



MIKE'S FOOD FOR THOUGHT

THIS WEEK I ATE AT Amelia's at 152 Port Watson St. It's a very nice restaurant serving mostly Italian food although the menu is quite varied. They offered the usual fare of fettucini alfredo, ravioli, eggplant parmesan, chicken parmesan, lasagna and spaghetti with meatballs. However they also offered several steaks, veal dishes, chicken entrees and on Friday, haddock and on Saturday prime rib.

Appetizers included: prawn cocktail, chicken strips, calamari, mussels, bruschetta, and crab rolls to name a few. They even had stuffed cherry peppers and sauteed chicken livers. Now that's Italian. They offer a house, caesar or mozzarella salad and you can order antipasto.

The dining room is small but you do not feel crowded. A very homey atmosphere. They also have a very nice bar area on the other side of the restaurant. The wine list was extensive and had a nice selection of wines by the glass and I may add, at a very affordable price.

A glass of wine between \$4.00 and \$6.00 is exceptional.

They offered some California wines as well as quite a few N.Y. State, Italian, and Australian. You could also

purchase the wines by the bottle. I also noticed that they had a good variety of beers and mixed drinks as well.

I started out my dinner with a cup of homemade corn beef and cabbage soup. Large chunks of corn beef, potatoes, and cabbage in a rich beef broth. Very flavorful and hot. I might add that a cup of soup with an entree is only \$1.50. Now that's a deal. I have eaten here numerous times and the soups have always been outstanding. For my entree I ordered Penne ala Vodka. It had sauteed red onions and tomatoes with pancetta in a creamy vodka sauce served over penne pasta. It arrived nice and hot and was a sizeable portion. I was hungry but I still had to take some of it home. It was a very tasty dish, one of my favorites at Amelias.

I should add that you also get a very nice tossed salad with a variety of greens and homemade croutons and a basket of bread with your dinner. I also like the fact that my entree was served on a hot plate and my salad was served on a cold plate. I like that attention to detail. Our server Sue was friendly and very efficient. Our courses were timed perfectly. I know Amelias offers some fantastic desserts however on the night I ate, I did not have room for dessert. But don't let that stop you, give them a try. I've had them in the past and they were very good. If you've never been to Amelias, go and try it. Good food, good wine, nice people. You'll like it.

BENEFIT FOR MISSY REYNOLDS

This event is planned to start at 12:00 pm on May 15, 2011 at Cortland American Legion.

Missy (our wonderful bartender at O'Grayds) suffered a double brain aneurysm and is currently in ICU. The benefit will help with the cost of medical bills along side the cost of being out of work as she is raising her grandchildren. Sure to be a good time while supporting a wonderful person. Currently have two bands and a DJ lined up, raffles and a auction. Will continue to take donations for the raffles.

Thanks and looking forward to seeing you all there! This event is open to all.

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PENCIL POINTS

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I WANT TO ADD AN ATTACHED GARAGE TO MY EXISTING TWO STORY HOME. IS SOME TYPE OF FIRE SEPARATION REQUIRED?

AN ATTACHED GARAGE OR EVEN a separate structure less than three feet away from the primary dwelling requires a fire separation of at least a 45-minute fire resistance rating along the common wall. Such barrier can be achieved by various combinations of fire-rated gypsum board, masonry or other noncombustible/fire retardant materials that extend from the noncombustible floor up to the underside of the roof. A

45-minute horizontal fire barrier can be achieved at the garage ceiling plane by installing one layer of 5/8" fire-rated gypsum board below the ceiling trusses. Openings in a horizontal fire barrier such as storage attic stairs or sky lights are not permitted except where protected by fire-rated enclosures or opening protectives approved by the local code official.

The garage floor is to be of noncombustible construction sloped toward the main door opening to facilitate drainage of liquids and water run-off from vehicles. Where concrete is selected as the floor material, the minimum thickness of the slab shall be 3-1/2 inches with adequate concrete strength and reinforcing to withstand specific vehicle weight(s) and local soil conditions. Concrete floor surfaces are to be finished with a penetrating, water/solvent resistant sealer to minimize the destructive action of water, salts, and various vehicle fluids.

Door openings within the fire-rated wall must have a minimum fire rating of 45-minutes and be equipped with a self-closing protective (hydraulic closer or spring hinges) and a positive latching mechanism. No door from the garage shall open directly into any sleeping area. Windows are not permitted in garage fire walls unless protected by a sprinkler system or other automatic opening protective such as a detector activated fire shutter.

When gas-fired heating equipment is installed in the garage or an adjoining utility space at the same level (or lower), the heating unit must be installed with the ignition source not less than 18" above the floor and in accord with the manufacturer's additional clearance instructions. Ducts that pass through the fire wall must

be constructed of minimum 26 gauge sheet metal and have no opening into the garage unless protected at the wall plane by a self-activating fire damper.

It is advisable to review applicable zoning regulations pertaining to expansion of the primary dwelling unit where close property lines and building setback dimensions could be an issue. An older home on an undersized lot may also be classified as a legally nonconforming structure such that any addition or alteration would require zoning board review and variance approval before the project could proceed.

ADRA good practice design recommendations (not code requirements)

Establish the elevation of the garage floor at least 8" below any adjacent habitable floor to prevent the migration of toxic or flammable fuel vapors into the dwelling. Where possible, avoid interior stairs that lead from the garage directly down to basement rooms.

When constructing an attached garage next to a two story dwelling, extend the fire separation horizontally along the ceiling plane of the garage a minimum of 48 inches away from the vertical fire wall to provide additional protection for the frame dwelling wall above the garage roof.

FUNDRAISER

RENEWED HOPE FOR MISSING BROOME COUNTY WOMAN

By: Carmen Perez

THREE YEARS AGO WAS THE last time anyone saw Broome County resident Bethanie Dougherty. Even after countless dead-ends in her search, her family has yet to give up hope. Sunday, the family held a fundraiser to get the ball rolling again. Our Carmen Perez tells us how this family is going about the search with a renewed sense of perspective.

Billie-Jo Nuckolls, Bethanie Dougherty's sister, still can't believe she is missing.

"I honestly thought that she would turn up that night. That she just went some place and didn't tell anybody and she would be home that evening but its three years later and she is still not here."

Officials aren't any closer to figuring out what happened to then 40-year-old Bethanie Dougherty, but her family has never given up hope and they are ready to search again.

"You just kind of try and go on with your life and hope that she is still there," said William Curtis, Dougherty's brother.

A fundraiser Sunday reminded Bethanie's family that she is very much at the forefront of people's minds. The family has hired a private investigator to pick up the search for Dougherty and they are hopeful about what a fresh set of eyes can bring to the case.

"It just seems like people have shut down to the police or just haven't been forthcoming. Hopefully the private investigators can get more information about Buffy's whereabouts or what happened," said Curtis.

The money raised at this fundraiser will go directly toward funding a private investigator to continue the search and it's an idea that the Broome County Sheriff's office welcomes.

Broome County Sheriff David Harder said, "If they have a private investigator that might be able to dig something up and is willing to pass that on to us, we are more than willing to look into it."

The private investigator says although the case is more than three years old, for him it is brand new.

Michael Bidwell the private investigator working on the case said, "We are going to treat this as a brand new investigation. We going to start with the family as all cases should be and we will proceed from that point."

So with a renewed sense of purpose, Bethanie Dougherty's family is ready and willing to do whatever it takes to bring their "Buffy" home.

"I love you, I miss you and I want you home, whatever way we can get you home," said Dougherty's mother.

If you have any information about Bethanie Dougherty's whereabouts you are asked to call the investigator's tip line at (607) 758-6199.

Also if you could not make the fundraiser but would like to donate to the search you can mail a donation to this address:

Bucks For Buffy
50 N. Main St. Apt. B
Homer, NY 13077

CROSS'S ANTIQUE CENTER

CROSS ANTIQUES- CHANGES TO PAPA BEARS ANTIQUES

Jennifer & Jim Reynolds are the New Owners of Cross Antiques in Marathon, NY, as of April 1, 2011.

Cross Antiques has been in operation for years under several prior owners, they had always carried items for the eclectic to the common Collector's desires. This tradition will continue under the new ownership, and name "Papa Bears Antiques." Jennifer & Jim look forward to serving new visitors, accepting new vendors and taking full advantage of the spacious location and potential.

Jim is the Owner of Papa Bears Stoves which is located in the attached building and they have been there for over 3 years now. Jim is originally from the Marathon area and both him and his wife express the pleasure of such a wonderfully warm community and the quality of common local businesses.

The basic concepts of an antique or memorabilia item are described below and this is the concept that the Reynolds will operate under.

"An antique is an old collectible item. It is collected or desirable because of its age, beauty, rarity, condition, utility, personal emotional connection, and/or other unique features. It is an object that represents a previous era or time period in human society. It is common practice to define "antique", as applying to objects at least 100 years old. Collectibles are, generally speaking, the possible antiques of the future and generally less than 100 years old.

Antiques are usually objects which show some degree of craftsmanship, or a certain attention to design such as a desk or an early automobile. They are most often bought at antique shops, or passed down as an estate.

Memorabilia are objects treasured for their memories; however, unlike souvenirs, memorabilia are valued for a connection to an event. Examples include sporting events, historical events, culture and entertainment. Such items include cigarette cards, publicity photographs, posters, entertainment-related merchandise, movie memorabilia, pins and other, often-licensed, items."

Please stop by and take a look for yourself, this writer feels that you Will be impressed!



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A few Sections through out the Antique shop.



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- New Vendor/Offerings
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- New Owners: Jennifer & Jim Reynolds took ownership on April 1st, 2011.
- Large Show space and numerous vendors.



ARNOLD'S FLORIST & GREENHOUSES & GIFTS KEEPS IT IN THE FAMILY

By Shannon R. Noble

NOW THAT SPRING HAS FINALLY arrived, people are making their warm-weather to-do lists, getting busy cleaning out and beautifying their gardens. Arnold's Florist is no different; they are preparing for a busy month ahead, with Mother's Day, Memorial Day, Father's Day, the local proms, graduations, and of course, the busy season of weddings (June being the most popular wedding month) just around the corner.

One of the best ways to offer congratulations, appreciation, or to express sympathy is by presenting a thoughtful, well-prepared flower arrangement.

Arnold's Florist, Greenhouses & Gifts can provide that fine floral arrangement, gift, and more. Arnold's longevity is a testament to its quality products and services – the business, started in 1893, is nearly 120 years old! Arnold's still stands in its original location at 29 Cayuga Street in Homer, NY.

Arnold's Florist, Greenhouses & Gifts has passed through four generations of family members. Carlette & Stephen Wallace purchased the business four years ago, sparked by the interest of her niece, Kellie McKane, who graduated from SUNY Morrisville with a degree in floral design and landscaping.

Kellie now helps manage Arnold's Florist, working alongside her sister Kattie McKane, Lynn Mitchell, and Annette McKane. Carlette has many family members involved in Arnold's everyday operations including her parents Carl & Kathy Hicks, and many siblings, nieces, and nephew.

Arnold's offers a large inventory of fresh flowers, contemporary, traditional, and high-style fresh and silk floral arrangements, as well as wide array of tropical house plants and dish gardens, with a fully stocked greenhouse of seasonal plants.

One of Arnold's specialties is their grave side service. Arnold's prepares urns for your loved ones, planting annuals in the urns and delivering them to cemeteries on May 31st. They have a maintenance option for the plants during the summer, so they look good all summer long. When summer is over, they pick up the urns on or around October 1st and store them for the winter for you. This service is repeated each year.

Arnold's Florist can professionally accommodate your event, whether the event is one of the happiest or one of the most somber.

Since Carlette & Stephen purchased Arnold's Florist, they have put in a new gift shop which now carries many new items like Yankee Candles, Donna Sharp purses, Westerwald and Tumbleweed pottery; a large selection of garden décor, including garden flags, spinners, decorative stepping stones, and solar lights adorned with whimsical patterns such as ladybugs and butterflies (not your average solar lights); and Harry London gourmet chocolates. One of the new things Arnold's has implemented is a wine accessories section that offers such giftware as wine glasses, holders, and corks.

Arnold's Florist is committed to offering only the finest floral arrangements, gifts, and efficient, friendly service, and is open six days a week: Monday through Friday from 8 a.m. to 5 p.m. and Saturday from 8 a.m. to 2 p.m., with other times available upon request, because they are here to serve you.

For additional information about Arnold's Florist & Greenhouses, you can access their website at <http://www.arnoldsfiorist.net> or give them a call at (607) 749-2631.



Annual Mother's Day Brunch Buffet

Sunday May 8th, 2010
11:00am-3:00pm
Chef Carving of

Prime Rib Au Jus & Pineapple Glazed Ham

Buffet Includes

- | | |
|---------------------------|----------------------------|
| Omelet and Waffle Station | Bacon and Sausage |
| Citrus Haddock | Home style Mashed Potatoes |
| Candied Yams | Rice pilaf |
| Variety of Fresh Salads | Chef Vegetable Medley |
| Corn on the Cob | Spring Peas |
| Scratch Made Soup | |

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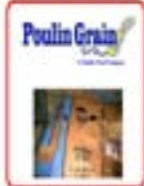
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COMMUNITY CALENDAR



Mondays - Runaround!
Come to The Runaround! It's a free informal playtime for moms and their children ages 0-5. Held biweekly at the First Baptist Church gymnasium, near the Main Street intersection in Marathon. Spring dates are Mondays May 9 & 23. 9:00-10:30 AM. In case of school cancellation, we will not be hosting The Runaround that day. We will just cancel and plan on meeting again the following date. Everyone welcome. For any questions or additional information, please call (607) 849-7865.

Now thru June 9 - Call for Art
Access to Independence of Cortland County is having an Art-Ability Expose on July 22nd at the Homer Center for the Arts, as part of their Annual ADA celebration. We are looking for individuals with disabilities their friends and or family members to submit works of art. In addition individuals submitting work must; live in Central New York, and be at least 8 years old. To receive a submission packet please contact Fran Pizzola by phone: 753-7363, or by e-mail: fpizzola@aticortland.org.

May 5 & 7 - Homer Plays
At the Homer High School Auditorium. The Actor's Nightmare-May 5 & 6 at 7:30pm. Black Comedy-May 5 & 7 at 7:30pm. The Complete Works of William Shakespeare [abridged]-May 6 & 7 at 7:30. Tickets available at the door.

May 7 - Varna Church Chicken BBQ
11-12 til Gone: Chicken BBQ at the Varna Community Center (943 Dryden Rd./Rte. 366). Halves available at noon, Dinners starting at 1 PM. Halves \$5; Dinners \$8 for adults; \$5 for kids. Includes

Chicken Half, Salt Potatoes, Baked Beans, Applesauce and Dessert. Take out or eat-in available, Drinks provided with eat-in.

May 7 - Chicken BBQ
At the Freeville United Methodist Church on Main Street in Freeville at 11am till gone. \$5 half

May 7 - Rummage Sale
At the Dryden United Methodist Church on Friday, May 6 from 9am to 7:30pm. Saturday, May 7 from 9am to noon. \$1 Bag Day!

May 7 - Happenin' in the Hamlet
McLean Fire Station. All day events including:

9 am - breakfast served and vendors open, Noon - duck race, 1:30 - parade, 2:00 - giant ice cream sundae served by Tompkins County Dairy Princess, 3:30 - Billy Goat Bingo, 4 - Pulled pork dinner, 7 - hoedown, 9 - bonfire, Much more!

May 7 - Pulled Pork Supper
The Groton Community Church, United Church of Christ will offer a Pulled Pork Supper, with dessert from 4:30 p.m. till gone on Saturday, May 7 in the lower hall of the church. The cost is \$8 for adults and \$7 for Senior Citizens (age 62 & over) and children ages 5-10. Children under age 5 may eat for free. Please enter the lower hall via the Church Street side entrance of the church, which is also handicapped accessible. Everyone is welcome!

This will be the last "First Saturday of the Month Supper" offered by the church's Supper Committee until fall. Thank you to everyone who has come and supported our church fundraisers.

May 7 - Habitat for Humanity
Would you like to own your own home? Habitat for Humanity of Tompkins Cortland Counties is building TWO homes in Groton.

Come learn about becoming a partner family!

Saturday, May 7 10 am - 1 pm at the Assembly of God Church Fellowship Hall at 701 S. Main St., Groton.

Pick up an application, get information about the Groton site, ask questions, and talk with current partner families. Free refreshments available!

Contact Habitat at (607) 898-4148 or see the website www.tchabitat.com

May 8 - Mother's Pancake Breakfast
Pancake Breakfast at the Varna Community Center. \$6 - Adults, \$5 - Seniors, \$4 - ages 5-12, 5 & under free. Includes Pancakes, French Toast, Ham, Bacon, Scrambled Eggs, Potatoes, Fresh Fruit, Breakfast Breads & Beverages. 50/50 Raffle Tickets also available (last drawing this season).

May 9 - Dryden Seniors Lunch
The Dryden Senior Citizens will meet on Monday, May 9, 2011 at the Dryden Fire Hall. Lunch is served at 12:15 p.m. with announcements starting at 11:45 a.m. Please bring your own table service. The meal cost for members is \$6.00 and \$8.00 for non-members.

The menu will be baked ham, yams, 3 bean salad, peaches, rolls and apple dessert.

Our speaker will be Dana Carruth who will discuss Acupuncture and Oriental Medicine.

Are you new to the area? Want to join a great group? Then consider joining the Dryden Senior Citizens for only \$5.00 a year. Anyone over 55 can join our group. We have great programs,

wonderful fellowship, and bus trips. Bring a friend to our next meeting.

May 14 - Spring Fling Bazaar & Luncheon

Saturday, May 14, 2011 from 9:00 a.m. to 3:00 p.m. Lunch from 11:30 a.m.-1:00 p.m. Masonic Temple of Main St. in Moravia, NY, to benefit 2014 Order Eastern Star Project.

May 14 - For the Children Benefit
6:30-10:30 pm. Immaculate Conception School. 320 West Buffalo Street, Ithaca. Dinner & Dessert Provided - Catering by Joe's. Cash Bar. Tickets - \$25 each (includes admission to auction and raffle ticket for gift cards). Tables of 8 - \$300 each. Live & Silent Auction Items; Lucky 10 Raffles; Mystery Boxes; Dining Balloons..and more!

May 14 - Bike & Skateboard Rodeo
9am to 11am at the Dryden Elementary Parking Lot. Sponsored by Dryden Sertoma. Free helmets and fittings. Free bike safety inspections. All participants must wear helmets. 2 Free bikes will be given away! For questions, email drydensertoma@gmail.com or go to www.drydensertoma.org

May 14 - Ladies Night Out!
Mother-Daughter Banquet by Harmony Church...for the community at Harford

Town Hall on Route 38 on Saturday, May 14 at 5:30pm. Dish to pass. Dinner and prizes! (Dessert and beverage provided). Musical entertainment. Prizes and good fellowship. Theme: Tea Party with Friends!

May 14 - Steak Dinner
McLean Community Church will be hosting a steak dinner on Saturday May 14 starting at 4 pm at McLean Fire Station. Tickets are available for \$13 by calling 607-838-3450. Reservations appreciated.

May 14 - Quilt Show & Tea
A quilt show and tea is slated for Saturday, May 14th at the United Presbyterian Church in Cortland. Members of the Ps and Qs quilting group and friends will present a collection of wall hangings, bed-size and art quilts, along with wearable art and antique quilts. A display of Linus quilts, made for critically ill babies and children, will be on view prior to being sent to hospitals. Demonstrations will feature applique quilting, Long Star quilt construction, and caring for and cleaning older sewing machines.


The show is open from 10 AM until 3 PM with a small admission fee that includes tea and refreshments. The United Presbyterian Church is located at 25 Church Street in the city.

May 14 - Ithaca Spring Garden Fair & Plant Sale

Saturday, May 14, 9:00am -1:00pm. NEW THIS YEAR- at NYS Armory, 1765 Hanshaw Road off Rt. 13, Ithaca

Cooperative Extension Master Gardener volunteers and other garden groups offer perennials, specialty plants and gardening advice at the largest plant Fair of its kind in the Finger Lakes! Visitors will find organically grown vegetable transplants and heirloom varieties, a huge variety of annuals, herbs and many specialty perennials offered by over 40 area growers. Flowering shrubs, trees, hardy roses and fruit crops round out the selection. Free soil pH testing is available and educational exhibits and information are offered. Kids can join the Ithaca Children's Garden for a fun hands-on activity. Bring baskets, wagons, and other containers for transporting plants. For more information, call (607) 272-2292.

June 11 - Dryden Dairy Day
Get Ready for Dryden Dairy Day! The Dryden Dairy Day Committee is currently planning for the 27th Annual Dairy Day! This event will be on June 11th, 2011. The day will start at 9:30 with the parade down Dryden Main Street and continue with activities, food and craft vendors at Montgomery Park, located behind the Dryden Hotel. Mark the date for a day of family fun! More information will follow as the committee finalizes plans.



HAVE A COMMUNITY EVENT TO SHARE?
Please send all pertinent information, including a date, location, time, price, and a brief description to us at tcatribune@gmail.com, and we'll be happy to help inform the public!

BUSINESS OWNER PHOTO CONTEST



DO YOU KNOW WHO THIS LOCAL BUSINESS OWNER IS?

Welcome to our new contest! It was suggested by a local business to try a new contest - print pictures of local business owners when they were "younger" and see if anyone can recognize them! This contest can be entered the same as our famous cover photo contest - email your guess to tcatribune@gmail.com or call 607-844-8228 and include your name, address and phone number. If your guess is correct, you will be entered into the contest. A name will be picked by random drawing and the winner's name will be printed in the next issue and they will win a gift certificate donated by local businesses! Enjoy!

Last Issue's Business Owner Photo Contest

Answer

Kathy Perkins - Owner Toads Too Ice Cream Oasis located on Route 38 in Freeville.

Winner

Katrina Blair of Freeville - Katrina won a gift certificate from Toads Too Ice Cream Oasis!



COMMUNITY COUPONS

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Sun 12-9, Mon-Thurs 11-9,
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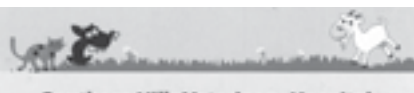
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CAT PUZZLES & GAMES

WORD FIND

Find the 'Mother's Day' related words below! Can you find them all? Good luck! Check our next edition for the solution!

b	m	r	s	y	h	p	a	m	p	e	r	h	y
f	s	o	e	b	l	d	d	l	i	h	c	c	i
h	t	t	m	a	s	s	a	g	e	a	l	a	t
n	r	g	y	b	l	n	u	r	t	u	r	e	c
n	h	b	a	i	t	y	g	e	f	e	n	t	t
p	r	u	l	s	a	c	h	i	l	d	r	e	n
g	r	a	n	d	m	o	t	h	e	r	u	h	f
t	c	o	n	o	t	u	e	r	e	q	c	l	a
s	s	u	t	d	a	l	r	i	u	y	o	o	m
d	s	h	u	e	b	e	v	o	l	w	o	v	i
e	e	a	b	p	c	o	b	o	e	p	k	e	l
r	s	p	i	l	u	t	n	r	m	e	m	f	y
s	a	p	a	c	c	u	s	d	r	a	c	i	o
d	u	y	h	e	n	p	o	r	d	o	y	i	s

mother • mom • grandmother • flowers • lilacs • tulips • plants
 bouquet • teach • play • cook • baby • son • daughter • may
 sunday • child • protects • tender • bond • nurture • love • cards
 happy • family • children • massage • pamper • beautiful

SUDOKU

It's easy to play Sudoku! Simply fill every column, row and 3x3 box so they contain every number between 1 and 9. Don't go too fast! The game is easy to play but difficult to master!

		6						
		7	1				2	9
			9			4		1
	7			3	4			6
				1				
2			5				7	
7		5			3			
9	4				8	2		
						3		

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 (See page 3 for deadlines)

PLEASE PRINT ONLY ONE WORD PER SPACE

(Limit of 21 words)

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NAME _____ PHONE _____

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For Sale: Riding lawn mower. Needs works, runs well. Needs work with deck. Bought last year. they saw me coming. I paid \$150. Used it once. You can have it for \$75. Call 607-591-6907. AS is. I will not deliver. Cash please. Evenings.

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Stair Lift; Eazy Lift model EZ450 purchased new, gently used 1 1/2 years. Straight track is 14 feet long, this is for the right (when looking up the stairs) side install. Rose color seat and foot rest fold up and out of the way. Chair pivots at top of stairs. 300 lb. weight capacity. Has battery backup in case of power failure. Comes complete with 2 remotes and operating instructions. Asking \$1200.00.-Cortland area. Call for more details (518)588-6159.

Set of 2 Oak Dining Table Chairs. TELL CITY CHAIR COMPANY. PATTERN 1900. FINISH CODE 19. \$60/Set. 280-7460

For sale: Sears riding lawnmower 42" cut, like new, 22" push mower with bagger used only 4times. Two person glider swing used only 1 season. Call for prices. 607-844-3660

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Apartment for rent - Large 1 bedroom w/ den or office area, private entrance, private driveway, large yard and Heat included. Quiet home, non-smoker preferred and NO PETS. \$800.00 a month. First, last and security required, along with references. Call- (607) 423-2910

For Sale: Autographed baseballs. Aaron \$100.00, Mize \$100.00, Brooks Robinson \$50.00, Bob Feller \$150.00 607-657-2667

For Sale: Old 7" marigold footed carnival glass lustre rose bowl \$85.00, also 6" marigold cherry wreath plate \$15.00 607-657-2667

FOR SALE: ELECTRIC BOAT WINCH WITH DOUBLE DRUM. FORWARD/REVERSE SWITCH; 1 H.P. MOTOR; 5 PULLEYS AND CABLE; 2- 8 FOOT STEEL BEAMS FOR SUPPORT. I USED IT TO LIFT A WOOD INBOARD BOAT. ASKING \$175.00 CALL 607-898-5908.

FOR SALE: USED 6 FOOT OUTDOOR WATER HYDRANT. GOOD FOR ON THE FARM, WASHING VEHICLES OR WATERING GARDEN. ASKING \$25.00. CALL 607-898-5908

Free: Horse Manure (when ground is hard enough to get into a yard) if you load it with your tools; \$15 a load if I load it with loader (pay for gas and my time!). You MUST call first. Nights after 4:00 pm and some weekends pickups after 4 pm. 607-898-3808, 607-591-6907. Peruville.

For sale: Appendix Mare, 16 years old, bay, 15.3 hands, 4-H project for barrels, poles, riding, also trail rides, great neck rein, healthy and sound. coggins & wormed. \$1600 or BO. Good home a must. 607-898-3808. I can email pics.

1997 Mercury Grand Marquis. Excellent condition. 63,000 original miles. A steal at \$5000.00. 607 756-7399.

2 English saddles, both new, 15" seat, no stirrups, leathers or girth. 1 is dark brown, the other is 2 tone tan and brown. \$60 each. 607-564-9375 or cbc1@hughes.net for pics.

Pilates Reformer Stamina Aero machine rebounder & stand - \$325. It is 3 years old and hardly used, it is in great shape. It includes the machine, the stand that lifts the machine off the ground, and 3 DVDS. Email me (cms44@cornell.edu) for actual pictures.

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FREE CLASSIFIEDS are our way of thanking you for supporting our paper by reading it each issue and supporting the local businesses that advertise with us to help make this paper happen! Please feel free to email your submission to tcatribune@gmail.com, or fax it using the form on page 14! Remember, it's entirely free!

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Please visit these fine establishments, a small selection of the hundreds of businesses that receive our papers, for a copy of The Cortland Area Tribune:

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- Express Mart • Ithaca Wegman's • Rite Aid Dryden
- Gregg's Market Marathon • Dryden Agway
- Elite Dental • Pinckney Allstate Insurance Agency
- Tompkins Trust Company Banks

LAST EDITION'S PUZZLES

SUDOKU

1	9	6	3	4	2	7	8	5
4	3	7	1	8	5	6	2	9
8	5	2	9	7	6	4	3	1
5	7	1	2	3	4	8	9	6
3	6	9	8	1	7	5	4	2
2	8	4	5	6	9	1	7	3
7	1	5	4	2	3	9	6	8
9	4	3	6	5	8	2	1	7
6	2	8	7	9	1	3	5	4

WORD FIND

t	o	v	i	d	s	l	b	o	n	n	e	t
e	p	i	r	g	m	f	l	o	w	e	r	s
t	g	s	o	u	v	e	n	i	r	a	e	p
u	b	a	s	k	e	t	t	e	c	o	g	u
x	r	i	s	l	a	b	f	l	o	g	t	
e	c	s	e	r	a	l	f	r	n	s	t	
d	b	h	r	r	o	o	l	s	i	e	y	e
o	u	o	d	u	g	c	s	w	r	r	a	r
k	n	e	u	g	d	o	s	u	l	e	w	o
a	n	s	r	q	e	h	t	e	n	w	r	c
r	i	e	a	l	u	c	w	i	e	d	i	s
m	e	m	o	r	i	e	s	c	o	t	a	f
n	s	h	f	p	j	e	t	g	a	l	f	y



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